

Mountain Doin's

Serving AA in Western North Carolina's
Districts 70, 71, and 80 since 1974

January
2014

Office Hours
Mon-Fri 10:00am-1:00pm

**Central Office will be
closed on New Year's Day**

January Anniversaries

Acceptance Group

Ethan C. 1/12/2012 2 yrs

Around the Room Group

Tom W. 1/01/1991 23 yrs

Sam M. 1/05/2012 2 yrs

Bambi S. 1/19/1975 39 yrs

AVL Big Book Step Study Grp

Suzanne T. 1/01/1992 22 yrs

Ed R. 1/03/1988 26 yrs

Taylor S. 1/03/2013 1 yr

Kitty 1/27/2009 5 yrs

Brevard Serenity

Kristine N. 1/09/2004 10 yrs

Dave R. 1/20/1996 18 yrs

Johnny P. 1/25/2013 1 yr

Candler K.I.S.S

Deborah W. 1/09/2012 2 yrs

Randy L. 1/24/2011 3 yrs

Conscious Contact

Amy P. 1/2012 2 yrs

David B. 1/2004 10 yrs

Nancy B. 1/1983 31 yrs

Suzanne B. 1/1975 39 yrs

Cumberland Group

Myra B. 1/01/1994 20 yrs

Judy M. 1/19/1982 32 yrs

Daily Decisions

Mike M. 1/01/1985 29 yrs

Fletcher Group

Pete 1/12/2007 7 yrs

Grace Group

Robin L. 1/01/2009 5 yrs

Tennessee H. 1/03/2013 1 yr

Kit R. 1/06/2012 2 yrs

Steve W. 1/11/1997 17 yrs

Andi K. 1/14/1999 15 yrs

Dina R. 1/20/2007 7 yrs

Tony W. 1/20/2000 14 yrs

Ellen S. 1/24/2001 13 yrs

Ryan J. 1/24/2005 9 yrs

Amie S. 1/25/2009 5 yrs

Happy Hour Group

Eunice D. 1/15/1983 31 yrs

Last Chance Grp - 1st Step Farm

Neill C. 1/19/2013 1 yr

Leicester Group

Renee Mc. 1/10/2005 9 yrs

Maple Grove Group

Stacy R. 1/02/1988 26 yrs

Don 1/02/2012 2 yrs

Carol T. 1/06/1980 34 yrs

Lisa W. 1/23/2011 3 yrs

Gordy S. 1/28/1978 36 yrs

Safe and Sound Group

Leah M. 1/07/2010 4 yrs

Carolyn C. 1/20/2012 2 yrs

Serenity Sisters - Waynesville

Nancy B. 1/02/1991 23 yrs

Derinda C. 1/06/2010 4 yrs

Lisa S. 1/23/2013 1 yr

Three Alarm Group

Carol C. 1/19/2003 11 yrs

Women of Grace

Sandy T. 1/01/2010 4 yrs

Terry G. 1/10/1984 30 yrs

Cay F. 1/16/1983 31 yrs

Cynthia M. 1/18/1985 29 yrs

A Note to Groups & Treasurers

A biiiiig, grateful "Thanks!" to all groups who have paid their 2013 invoices. Timely payments help keep the Central Office shelves stocked and the lights on. Groups with outstanding balances, please take care of them as soon as possible. Treasurers, feel free to call or write us if you'd like a copy of a past invoice or a current statement balance.

Profit & Loss YTD Comparison Accrual Basis - November 2013



An Example of How Groups
Might Contribute to the
A.A. Service Structure*

*from the pamphlet
[The A.A. Group Treasurer](#)

Income

40000 · Sales Income	
42000 · Conf/GV Approved	1,473.21
43000 · Non-Conf/GV-approved	610.00
44000 · Handling & Shipping	19.45
Total 40000 · Sales Income	2,102.66

45000 · Other Income	
45300 · Interest Income	0.17
45400 · Group Contributions	2,420.81
45600 · Individual Contributions	13.09
Total 45000 · Other Income	2,434.07

Total Income 4,536.73

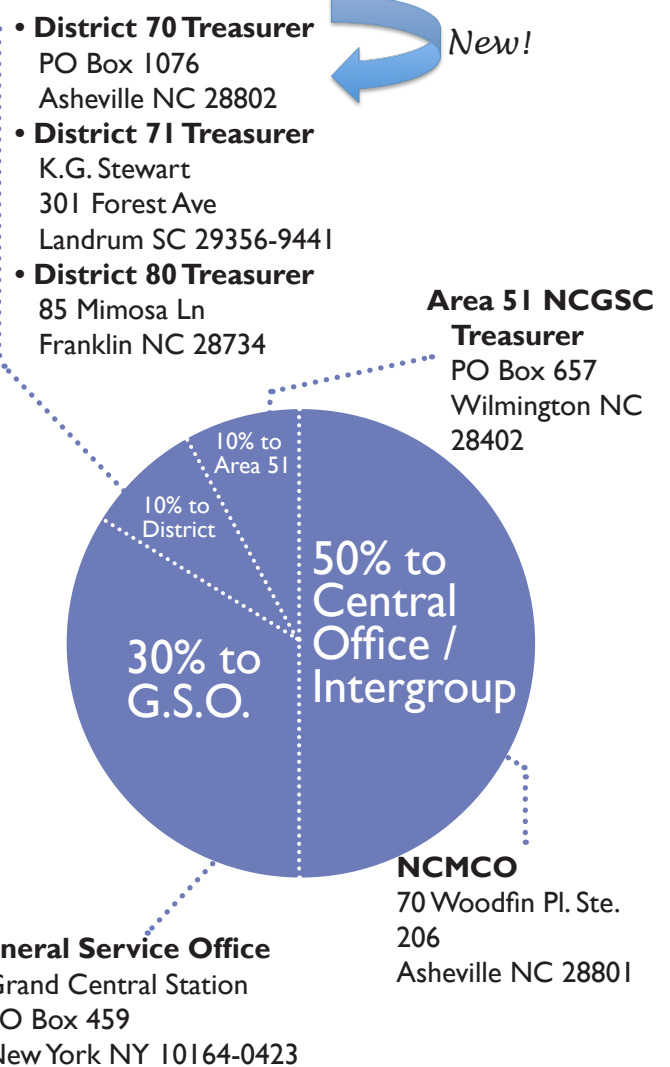
Purchases - books, medallions, chips

AA World Services	1,107.92
Hazelden	128.25
Metrolina Intergroup	124.15
Recovery Emporium	128.71
	1,489.03

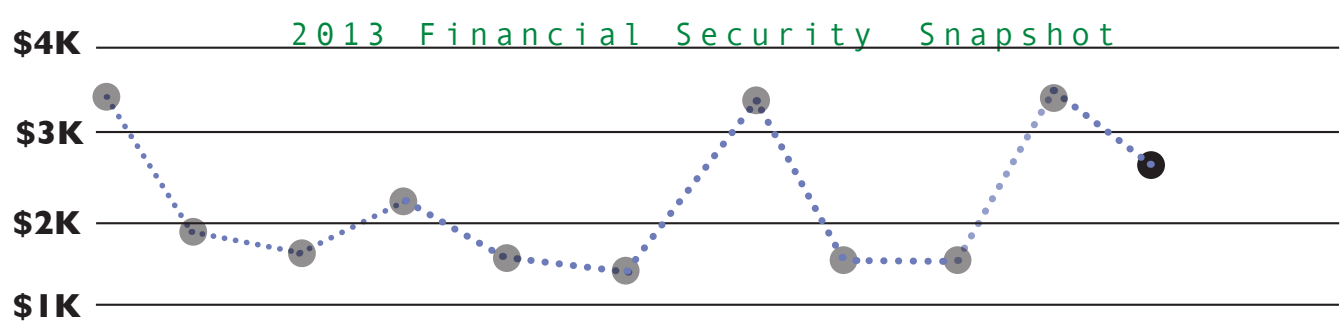
Expenses

60800 · Office Supplies	12.84
60900 · Bank Service Charges	4.35
61000 · Copier Rental	148.72
61100 · Editor	120.00
61300 · Insurance	5.64
61500 · Payroll Expenses	1,071.26
61700 · Postage	96.10
61800 · Rent	471.00
61900 · Sales Tax	10.36
62000 · Telephone	
62100 · Answering Service	220.00
62200 · Office Telephone	215.61
	2,375.88

Total Expense 3,864.91



Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec



Group Contribution\$ • November 2013 & YTD

	Nov	YTD		Nov	YTD
Acceptance Grp		\$1,640.41	New Beginnings		\$47.98
Anonymous	\$172.00	\$499.18	New Freedom Grp		\$150.00
Around the Room Grp	\$50.00	\$383.14	New Life Literature		\$25.00
AVL Big Book Step Study Grp	\$71.25	\$262.90	Pisgah Grp		\$155.33
Asheville Women's BBSS Grp		\$147.50	Plan B Group 670-567		\$100.00
At Wit's End Group		\$49.87	Recovery by the River	\$156.10	\$617.73
Back to Basics (Marion)		\$0.41	Roundtable Grp		\$100.00
Back to Basics (Weaverville)		\$50.00	Rule 62 Grp		\$113.09
Big Town Grp 671-200		\$243.03	Sat. Morning Men's Mtg		\$40.00
Black Mountain Grp		\$282.17	Second Chance Grp		\$20.95
Brevard Sylvan Valley Grp		\$50.00	Serenity Group - Sylva		\$50.00
Candler Kiss Grp 163-148	\$100.00	\$435.00	Serenity Seekers - Marion	\$0.11	\$38.21
Cashiers Valley Grp 122-589		\$567.79	Serenity Service 110-498	\$50.00	\$522.50
Cedar Mountain Grp		\$125.00	Skyland Meeting 693-372		\$147.50
Columbus Grp	\$60.00	\$150.00	Sunshine AA Grp		\$100.00
Conscious Contact (AVL)	\$591.83	\$2,759.40	Surrender Group - Blk Mtn		\$133.00
Cumberland Grp 122-472		\$300.00	Sylvan Valley AA Grp		\$100.00
Daily Decisions Grp 643-869	\$170.00	\$752.10	The Principles Grp 127-575		\$59.00
Day by Day Grp 159-058		\$1,269.29	Total Surrender Grp	\$200.00	\$680.00
District 71		\$300.00	Tryon 12 & 12 690-877		\$60.50
Downtown Serenity		\$100.00	Tryon Monday Grp		\$215.00
Early Birds		\$155.45	Warren Wilson Grp		\$39.40
Fellowship Grp (Fletcher)		\$150.00	Waynesville Grace Grp		\$1,032.00
Fireside Grp		\$926.57	We Think Not Grp	\$0.68	\$43.59
Fletcher Grp 110-465		\$368.00	West Asheville Grp 110-501		\$40.00
Good Livers Group		\$285.00	Women of Courage		\$218.05
Grace Grp of Asheville		\$2,447.45	Women of Grace		\$215.00
Grace of God Grp of H'ville		\$75.00	Young Peoples Grp	\$64.34	\$262.92
Hand-in-Hand Grp		\$100.00	4th Dimension		\$100.00
Happy Hour Grp		\$150.00	11-11-11 Grp		\$15.00
Hendersonville Grp		\$193.00	<i>Total Group Contributions</i>	\$2420.81	\$24,203.50
Hot Springs Meeting	\$60.00	\$60.00	Individual Contributions		
Joy of Living 629-397		\$50.00	Anonymous	\$3.09	\$173.00
Kanuga Grp		\$157.50	In Memory of B.G.	\$10.00	\$110.00
Lambda Grp 617-035	\$387.00	\$581.45	Total Individual Contributions:	\$13.09	\$283.00
Leicester Grp 143-417		\$150.00	Grand Total	\$2,433.90	\$24,486.50
Library Grp		\$72.50			
Marion AA Group 110-621	\$75.00	\$77.00			
Mars Hill Group		\$100.00			
Marshall Group		\$95.00			
Mid Day Grp (H'ville)	\$200.00	\$876.43			
Mill Spring Grp 656-821	\$12.50	\$44.50			
Monday Night Open Meeting		\$519.91			
Mountain View (Highlands)		\$749.80			
Murphy Big Book Grp		\$10.00			

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Central Office Cash on Hand as of 11/30/13

Money Market (Prudent Reserve)	\$7,019.33
Operating Account (Checking)	\$2,581.57
Rent Deposit	\$400.00
Petty Cash	\$150.00

Volunteers Needed!

There is a need for Spanish-speaking men at the Open Meeting - Mondays 7:00pm at the Hendersonville County Jail. (Clearance is required.) Contact Gene for more information - 828-606-1933

Get Literature and Chips After Central Office's Regular Hours!

Does the trusted servant in charge of getting your group's literature and supplies find our business hours less than convenient? NCMCO wants to help all A.A. groups get the recovery materials they need, so...



Here are two super-efficient ways to do group business with NCMCO / Central Office:

- call (828) 254-8539 during business hours M-F, 10:00am-1:00pm
- email info@ncmco.net a list of your items

The office will arrange for after-hours pickup (by you!) or shipping. This service is only available for groups, with no outstanding charge balances).

Cash or check only; no credit cards

North Carolina Mountain Central Office News

Attention All Groups & CORs

The next COR meeting will be held at 6:00 pm on Thursday, January 9, at 70 Woodfin Pl, Ste 210 (in the Park Place Bldg., just off Charlotte St at the I-240 interchange).

2014 Board Officers

Chair (2014-15) - Dani B.

Alternate Chair (2014-15) Melissa W

Treasurer (2013-14) - Mike M.

Secretary (2013-14) - Nathalie M.

District 70 Trustee - Danny S.

District 71 Trustee - Gene S.

District 81 - Doug V.

Nonvoting Board Members

Step 12 Call List Coordinator - Gene S.

Newsletter Editor - Suzanne T.

Call & Visitor Log November 2013

AA Crisis - 0

General Info - 10

Family Help - 0

Meeting Info - 22

Central Office Business - 38

Medical/Detox - 0

Visitors - 84

Answering Svc (Operator-Asst) - 45

Meeting info may be found at the District 70 site: www.ashevilleaa.org

A.A. GRAPEVINE *featurette*

When alcoholics come into AA in their teens, 20s and 30s, getting sober can be tough. For some, drinking used to mean fun and good times. Will sober life be boring and glum? On the contrary. "Your imagination will be fired," says the Big Book. "The most satisfactory years of your life lie ahead." In this month's special section, we feature stories by members who found AA early.



Special Section: Young & Sober: Stories by members who got sober in their teens, 20s and 30s. • **Hula Girl** - He won the best-dressed contest and a free trip to AA • **Transformed** - A past delegate tells how young peoples' meetings and service changed her life. *Related: Lipstick Before the Promises*
Sober So Young - He got to AA at 19, but learned the hard way to let go and grow up
• **Painting the City** - As a newcomer, he had AA and a backpack of spray paint. Now he's a GSR and his life is in full color • **4 Continents, 1 Great Summer** - Making new friends on a whirlwind trip of YPAA conventions. *Related: Game On!*

Special Holiday Meetings & Alcathons

Asheville. Conscious Contact Group is sponsoring an Alcathon on December 31st, 2:00pm-1:00am, North Asheville Community Center, 37 E. Larchmont Drive. Meetings at 2:00pm, 3:30pm, 5:00pm, 6:30pm, 8:00pm 9:30pm, and 11:00pm. Finger food welcome!

Asheville. Serenity Service is having extra meetings over the holidays – December 31st: Extra meetings at 10pm & midnight; January 1st: Meetings at 10am, noon, 2pm, 4pm, 6pm, 8pm, and 10pm. Potluck (meat will be provided). 697-G Haywood Rd, Asheville

Hendersonville. Hendersonville Group is hosting several Alcathons – New Year's Eve & New Year's Day, 12:00 noon – 12:00 midnight (meetings on the even hours). 1620 Willow Rd (opposite the Valley Hill Fire Dept.), Hendersonville

Tryon. Tryon Meeting. Tuesday 8:00pm. On Tuesday, December 31, New Year's Eve, the meeting will be at White Oak Manor, 70 Oak St – the regular location for the last Tuesday of every month.

Meeting Updates Districts 70 71 80 New Meetings

Asheville. Higher Power Tower Meeting. Thursday 6:00pm, starting January 9. Aston Park Tower, 165 S. French Broad Ave (Room on first floor – come in the north entrance) (O,SP)

Marion. Back to Basics. Wednesday 7:00pm, St. John's Parish House, South Main St (O,BB)

Meeting Changes

Franklin. Common Sense Group. Saturday - Was at 8:00pm; new time 7:00pm. First UMC, 66 Harrison Ave (O,D) Last Saturday (O/SP) eating/speaker; food at 6:15pm, speaker at 7:00pm

Brevard. Brevard Sylvan Valley AA Group. Davidson River Presbyterian Church. Starting January, the Monday, Thursday and Saturday meetings will be at 7:00pm rather than 8:00pm. (Sunday 8:00pm to be discontinued Jan 2014.)

Hendersonville. Plan B Group. Friday 5:30pm, Cox House, 723 N. Grove St. Was (O/D); now (O/SS,BB)

Marion. Marion Group. Sunday 7:00pm, St Matthew's Lutheran Ch, 241 W. Court St (O/D) 3rd Sunday (O/SP)

Discontinued Meetings

Asheville. Women in Progress. Thursday 6:00pm. No longer meeting.

Brevard. Brevard Sylvan Valley AA Group. Sunday 8:00pm meeting is to be discontinued as of January 2014.

The District Express

Step 12! Phone volunteers needed for the Step 12 Call List. If you are good on the phone • have a helpful attitude and • are sober, please contact Central Office. (828) 254-8539 or write info@ncmco.net

All Districts: Committee Coordinators

please send updates on committee meeting times, recent activity, and upcoming service opportunities! The February newsletter deadline is January 15.

Central Office Representatives (CORs)

meet at Central Office on the **second Thursday of the first month of the quarter**, at 6:00pm (Jan 9).

District 70 ashevilleaa.org

Contact any District 70 trusted servant

through the website <http://ashevilleaa.org> (click the Contacts link at the top of the page).

GSR District Meeting is **Sunday, January 12,**

2:30 pm, at St. Luke's Episc. Church Parish House, 219 Chunn's Cove Rd, Asheville

Bridging the Gap (with treatment facilities) Contact Susan H., the TFC Chair, at ashevilleaa.org, or Brad S., BTG Chair or Janey K., Co-Coordinator, at **new number** (828) 581-9022; **new email**

bridgingthegap.asheville@gmail.com. If you would like to participate in this vital program, please attend the Service Committees Meeting (see listing, below). Learn more about BTG at <http://btgww.org/>.

Service Committees meet the last Tuesday of odd-numbered months. **Next meeting: January 28,** 6:00 pm, Trinity Episcopal Ch, 60 Church St, AVL

Archivist Stewart M. is the new archivist. Contact him at smillard@midpine.net.

District contributions mail to: District 70 Treasurer, PO Box 1076, Asheville, NC 28802

District 71 district71inc.org

GSR District Meeting will be **Saturday, March 8,**

1:00 pm, at 1620 Willow Rd, opp. Valley Hill Fire Dept., H'ville. Other district meetings will be 2nd Saturdays in June, September, and December of 2014.

DCM: David L. david.lanik@gmail.com; **Alt DCM:** Annette K., netsyl162@yahoo.com

Mail district contributions to: K. G. Stewart, 301 Forest Ave, Landrum SC 29356-9441

District 80 aawnc80.org

DCM: John E. - to contact go to www.aawnc80.org
Groups, mail your **district contributions** to: Treasurer, 85 Mimosa Lane, Franklin NC 28734

2014 Area 51 Events

Tar Heel Mid-Winter Conference

January 16–19, 2014: see flier

Winter 2014 Assembly & Committee Meeting

February 28–March 1, 2014

for Area Committee Members

More info at: www.aanorthcarolina.org

Freedom from Bondage XXIII

March 16–18, 2014 • \$12 reg. fee

Days Inn, Hwy 1, Southern Pines, NC

For registration form: info@ncmco.net

Special hotel rates until Feb 27

🌟 Area 51 News 🌟

The Area 51 Fall Assembly met on November 16–17, 2013 at the North Raleigh Hilton/Midtown in Raleigh, N.C. There were 260 voting members in attendance. On Saturday night, the Area conducted its first inventory in 20 years with small and large group sharing. During business sessions, the Assembly voted on four motions, adopting three.

The Assembly approved:

- That the 2014 Area 51 Corrections Conference, "Freedom from Bondage XXVI," be held at the Hampton Inn & Suites in Aberdeen, N.C. on March 14-16, 2014
- That all Area Committee Meetings, Assemblies and State Conventions at the Hilton North Raleigh from August 2015 to August 2017 passed
- the Area 51 2014 budget

The Assembly rejected:

- After much discussion, the motion [re: a help link] was sent back to the Website subcommittee with awareness of the Area group conscience—it was felt that visitors who select the "get help" button should be given more than one option, including but not limited to the online intergroup.



Tar Heel Mid-Winter Conference

January 16, 17, 18 & 19, 2014

3415 Wake Forest Road

Hilton North Raleigh

Raleigh, NC 27609

“Early Bird” Notice

Conference Pre-Registration

\$20.00 per person

before **January 6, 2014**

\$23.00 per person January 6th and after
Al-Anon Members 16 & under /
No Charge - Must Register

Hotel Registration

\$96.00 for up to four people

Reservations: (919) 872-2323 (Raleigh hotel)
Or 1-800-371-8104 (Toll Free)

Group Code: TMW

Hotel cut-off for Conference sleeping room rate is:

January 6, 2014

Speakers

- Jerry J., Dallas, TX
- Nancy K., Elkridge, MD
- Amy M., Rocky Mount, NC
- Dee M., Roanoke, VA ▲
- Lee N., Wilson, NC
- Sterling W., Greenville, SC

Overview

- Old-Timers' Panel
- Conference Approved Literature ▲▲
- Morning 'til Midnite Coffee
- Saturday Night Dance
- Coffee Mug for Earliest Registrants
- Good Fellowship

??? Questions ???

Dave C. - Raleigh - (919) 847-5467

Bill A. - Durham (919) 971-0714

Jim F. - Kenansville - (910) 296-0906

Email: ncconference@nc.rr.com

Web Information: www.tarheelmidwinter.org

2014 Tar Heel Mid-Winter Conference Registration Form

(Please Print)

Name _____

Address _____

City/State/Zip _____

Number of Registrations enclosed _____ for a total of \$ _____

(Prior to January 6, 2014 - Pre-registrations are \$20.00 per person; thereafter \$23.00)

Name(s) on Badge _____

Make Check Payable to:

Tar Heel
Mid-Winter Conference

Mail Registration to:

Conference Chairman
PO Box 18412
Raleigh, NC 27619-8412