

# Mountain

December  
2013

# Down's

Serving AA in Western North Carolina's  
Districts 70, 71, and 80 since 1974

Office Hours  
Mon-Fri 10:00am-1:00pm

## DECEMBER ANNIVERSARIES

### Acceptance Group

Derek	12/9/2012	1 yr
Mark P.	12/12/2010	3 yrs
Nancy H.	12/20/2005	8 yrs
Will B.	12/25/2012	1 yr
Jack W.	12/27/1991	22 yrs
Bobbi Jo E.	12/28/2007	6 yrs
Jerry	12/31/2011	2 yrs

### AVL Women's Big Book

#### Step Study Grp

Linda F.	12/12/1986	27 yrs
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### Brevard Serenity Group

Jan N.	12/7/1981	32 yrs
Ben G.	12/18/2011	2 yrs
Tommy G.	12/25/2004	9 yrs
Dave B.	12/28/1998	15 yrs

### Conscious Contact

Melvin	12/2012	1 yr
Melvin L.	12/2012	1 yr
Shannon	12/1998	15 yrs
Joe T.	12/1996	17 yrs
Jennye J.	12/1985	28 yrs

### Cumberland Group

Dave B.	12/1/1987	26 yrs
Debbie P.	12/3/2011	2 yrs
Bill L.	12/3/2010	3 yrs
Candy T.	12/12/2004	9 yrs
Lynne K.	12/16/2006	7 yrs

### Fletcher Group

Joe T.	12/8/1996	17 yrs
Tommy	12/29/1992	21 yrs

### Grace Group

Jim Ha	12/1/1982	31 yrs
Autumn T.	12/5/2010	3 yrs
David L.	12/5/2010	3 yrs
Vickie S.	12/6/2012	1 yr
Kathy H.	12/9/1994	19 yrs
Nancy F.	12/10/1977	36 yrs
Patrick C.	12/11/2010	3 yrs
Sara H.	12/15/2010	3 yrs
Carter M.	12/17/2006	7 yrs

### Grace Group con't.

Jon L.	12/17/2010	3 yrs
Kris W.	12/17/2003	10 yrs
Lawrence R.	12/23/2011	2 yrs
Mark McK.	12/25/2007	6 yrs
Tim H.	12/27/2004	9 yrs
Lloyd W.	12/29/1986	27 yrs
Jeff H.	12/30/2009	4 yrs

### Happy Hour Group

Kate A.	12/14/1992	21 yrs
Maurice F.	12/21/1980	33 yrs

### Hendersonville Group

Ted A.	12/7/1988	25 yrs
Mary Jo L.	12/8/2000	13 yrs
Norma H.	12/11/1989	24 yrs
Brooks L.	12/20/2011	2 yrs
Richard D.	12/20/2011	2 yrs
Chris K.	12/26/1985	28 yrs
Mitzi D.	12/27/2001	12 yrs
Lynn B.	12/28/2000	13 yrs
Nick J.	12/31/2006	7 yrs

### Last Chance Grp - First Step Farm

Kent H.	12/20/12	1 yr
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### Leicester Group

Ralph A.	12/4/2010	3 yrs
Perry C.	12/20/1986	27 yrs
Jo B.	12/31/2007	6 yrs

### Safe and Sound Group

Tammy C.	12/1/2012	1 yr
Betsy M.	12/7/1990	23 yrs
Ginger C.	12/15/1990	23 yrs

### Serenity Seekers - Marion

Billy	12/24/2009	4 yrs
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### Serenity Sisters - Waynesville

Candy T.	12/12/2004	9 yrs
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### Three Alarm Group

Gary S.	12/28/2008	5 yrs
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### Women of Grace

Marjorie T.	12/5/1978	35 yrs
Debbie L.	12/10/2011	2 yrs



Central Office will be closed on Christmas Day and on New Year's Day

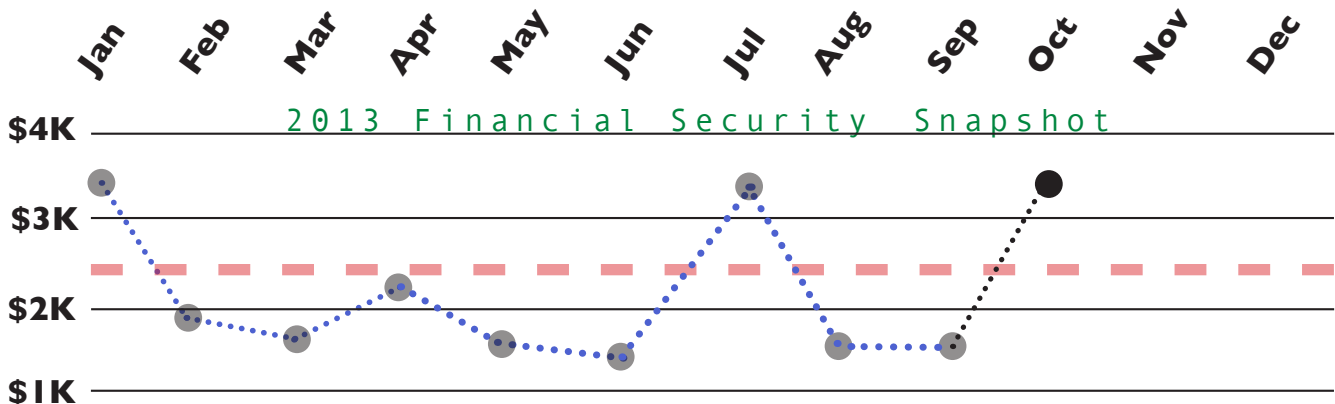
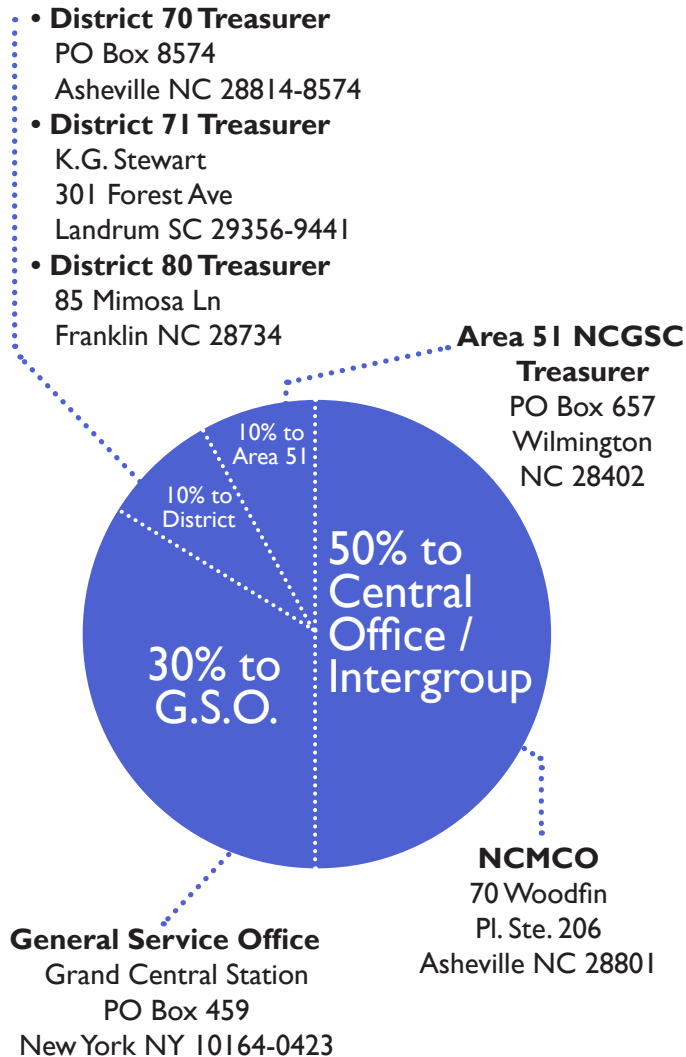
# Profit & Loss YTD Comparison Accrual Basis



An Example of How Groups  
Might Contribute to the  
A.A. Service Structure\*

\*from the pamphlet  
[The A.A. Group Treasurer](#)

	Oct 13
<b>Income</b>	
40000 · Sales Income	
42000 · Conf/GV Approved	1,553.81
43000 · Non-Conf/GV-approved	839.23
44000 · Handling & Shipping	19.11
<b>Total 40000 · Sales Income</b>	<b>2,412.15</b>
45000 · Other Income	
45300 · Interest Income	0.18
45400 · Group Contributions	3,406.20
45600 · Individual Contributions	65.27
<b>Total 45000 · Other Income</b>	<b>3,471.65</b>
<b>Total Income</b>	<b>5,883.80</b>
<b>Cost of Goods Sold</b>	
50000 · Cost of Goods Sold	
50300 · Freight	25.00
50200 · Non Conf/GV Approved	494.03
50100 · Conf/GV Approved	1,384.51
<b>Total 50000 · Cost of Goods Sold</b>	<b>1,903.54</b>
<b>Total COGS</b>	<b>1,903.54</b>
<b>Gross Profit</b>	<b>3,980.26</b>
<b>Expense</b>	
60100 · Buncombe Co Prop Tax	58.21
60800 · Office Supples	55.39
60900 · Bank Service Charges	5.80
61000 · Copier Rental	174.93
61100 · Editor	120.00
61300 · Insurance	534.57
61500 · Payroll Expenses	1,071.21
61700 · Postage	69.16
61800 · Rent	480.00
61900 · Sales Tax	13.92
62000 · Telephone	
62100 · Answering Service	220.00
62200 · Office Telephone	215.70
<b>Total 62000 · Telephone</b>	<b>435.70</b>
<b>Total Expense</b>	<b>3,018.89</b>
<b>Net Income</b>	<b>961.37</b>



# Group Contribution\$ • October 2013 & YTD

	Oct	YTD		Oct	YTD
Acceptance Grp	\$671.61	\$1,640.41	New Freedom Grp		\$150.00
Anonymous	\$84.00	\$327.18	New Life Literature		\$25.00
Around the Room Grp		\$333.14	Pisgah Grp		\$155.33
Asheville BBSS Grp 637-843		\$191.65	Plan B Group 670-567		\$100.00
Asheville Women's BBSS Grp	\$62.00	\$147.50	Recovery by the River 674-892		\$461.63
Back to Basics (Marion)		\$0.41	Roundtable Grp		\$100.00
Back to Basics (Weaverville) 147-139	\$50.00	\$50.00	Rule 62 Group		\$113.09
Big Town Grp 671-200		\$243.03	Sat. Morning Men's Meeting		\$40.00
Black Mountain Grp 117-117		\$282.17	Second Chance Grp		\$20.95
Brevard Sylvan Valley Grp		\$50.00	Serenity Group - Sylva		\$50.00
Candler Kiss Grp 163-148		\$335.00	Serenity Seekers - Marion		\$38.10
Cashiers Valley Grp 122-589	\$173.80	\$567.79	Serenity Service 110-498	\$50.00	\$472.50
Cedar Mountain Grp	\$25.00	\$125.00	Skyland Meeting 693-372		\$147.50
Columbus Grp		\$90.00	Sunshine AA Grp		\$100.00
Conscious Contact (Asheville)	\$240.57	\$2,167.57	Surrender Group - Blk Mtn		\$133.00
Cumberland Grp 122-472		\$300.00	Sylvan Valley AA Grp		\$100.00
Daily Decisions Grp 643-869		\$582.10	The Principles Grp 127-575		\$59.00
Day by Day Grp 159-058		\$1,269.29	Total Surrender Grp		\$480.00
District 71		\$300.00	Tryon 12 & 12 690-877	\$34.50	\$60.50
Downtown Serenity		\$100.00	Tryon Monday Grp		\$215.00
Early Birds		\$155.45	Warren Wilson Grp		\$39.40
Fellowship Grp (Fletcher)		\$150.00	Waynesville Grace Grp		\$1,032.00
Fireside Grp	\$325.00	\$926.57	We Think Not Grp		\$42.91
Fletcher Grp 110-465		\$368.00	West Asheville Grp 110-501		\$40.00
Good Livers Group	\$135.00	\$285.00	Wit's End Group	\$49.87	\$49.87
Grace Grp of Asheville	\$647.86	\$2,447.45	Women of Courage	\$63.42	\$218.05
Grace of God Grp of H'ville		\$75.00	Women of Grace	\$53.00	\$215.00
Hand-in-Hand Grp		\$100.00	Young Peoples Grp 645-646		\$198.58
Happy Hour Grp	\$100.00	\$150.00	4th Dimension		\$100.00
Hendersonville Grp	\$113.00	\$193.00	11-11-11 Grp		\$15.00
Joy of Living 629-397		\$50.00	<b>Total Group Contributions</b>	<b>\$3,406.20</b>	<b>\$21,782.69</b>
Kanuga Grp		\$157.50	Individual Contributions		
Lambda Grp 617-035		\$194.45	Anonymous	\$55.27	\$169.91
Leicester Grp 143-417		\$150.00	In Memory of B.G.	\$10.00	\$100.00
Library Grp		\$72.50	Total Individual Contributions	\$65.27	\$269.91
Marion AA Group 110-621		\$2.00	<b>Grand Total</b>	<b>\$3,471.47</b>	<b>\$22,052.60</b>
Mars Hill Group		\$100.00			
Marshall Group		\$95.00			
Mid Day Grp (Hendersonville)	\$100.00	\$676.43			
Mill Spring Grp 656-821		\$32.00			
Monday Night Open Meeting	\$73.11	\$519.91			
Mountain View (Highlands)	\$306.48	\$749.80			
Murphy Big Book Grp		\$10.00			
New Beginnings	\$47.98	\$47.98			

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## Central Office

### Cash on Hand as of 10/31/13

Money Market (Prudent Reserve)	\$7019.16
Operating Account (Checking)	\$1651.86
Rent Deposit	\$400.00
Petty Cash	\$150.00

## Get Literature and Chips After Central Office's Regular Hours!

Does the trusted servant in charge of getting your group's literature and supplies find our business hours less than convenient? NCMCO wants to help all A.A. groups get the recovery materials they need, so... Here are two super-efficient ways to do group business with NCMCO / Central Office:

- call (828) 254-8539 during business hours M-F, 10:00am-1:00pm
- email [info@ncmco.net](mailto:info@ncmco.net) a list of your items

The office will arrange for after-hours pickup (by you!) or shipping. This service is only available for groups with no outstanding charge balances).



Cash or check only; no credit cards

Dear A.A.,

After 6 years of service, first as a trustee and then as chair on the NCMCO Board, I'm ready to rotate out of office. It's been an honor and a privilege!

I feel like I've learned so much...about myself, most of all. Thank you, current and past board officers, office managers, and Step 12 call coordinators, for allowing me to play a teensy part in NCMCO's 39-year mission to serve Districts 70, 71, and 80!

—Suzanne T., 2012–2013 Chair

## North Carolina Mountain Central Office News

Attention All Groups & CORs

The next COR meeting will be held at 6:00 pm on Thursday, January 9: 70 Woodfin Pl, Ste 210 (in the Park Place Building., just off Charlotte St, at the I-240 interchange).

Meet the 2014–2015 Board Officers!

Board Chair - Dani B.

Board Alternate Chair - Melissa W.

2013 Board Roster - Voting Members

Chair - Suzanne T. • Alternate Chair - George D. • Treasurer - Mike M. • Secretary - Nathalie M. • District 70 Trustee - Danny S. • District 71 Trustee - Gene S. •

District 81 - Doug V.

Office Manager - Pam C.

Nonvoting Members

Step 12 Call List Coordinator - Gene S.

Newsletter Editor - Suzanne T.



## Call & Visitor Log

October 2013

AA Crisis - 0

General Info - 8

Family Help - 3

Meeting Info - 45

Central Office Business - 44

Medical/Detox - 0

Visitors - 101

Answering Svc (Operator-Asst) - 45

Meeting info may be found at [www.ashevilleaa.org](http://www.ashevilleaa.org)



# A.A. GRAPEVINE

*featurette*

## Record Your Story

Here's how you can get involved in the AA Grapevine, Inc.'s Audio Project. Call the voicemail box at (559) 726-1216. (Long distance charges will apply.)

*Remember that you have up to 7 minutes to tell your story.*

When you access the system, there are three options:

**Press 1** to record your story. Tell us your name and phone number, then start your story as you would in a meeting: i.e., My name is Jane and I'm an alcoholic. After you record your story, make sure to press the # button.

**Press 2** to listen to some helpful hints.

**Press 3** Before hanging up, you must press #3 and follow the instructions in order to give Grapevine permission to use your story. After giving permission to use your story, press the # button again.

### Click Any Link!

- A.A. events at the national, state, and district level.
- Your group's event flier goes out to over 200 subscribers.
- You get straight-to-the-source links to AA events: email, web sites, and conference pages.
- Click any email or URL in the digital edition—it's a live link!



**Tickle your inbox!**

**Request your free free free**

**colorful interactive**

**Mountain Doin's.**

**Sign up by writing to [info@ncmco.net](mailto:info@ncmco.net)**

Subject line: **Subscribe Me**

## Meeting Updates Districts 70, 71, 80 New Meetings

**Asheville.** *BYOC-Bring Your Own Coffee.* Wednesday 8:15-9:00am, The Relationship Center, 70 Woodfin Place, Park Place Bldg. 1st floor (W,C,D)

**Asheville.** *The Original Way Group.* Wednesday 6:00-7:05pm, Calvary Baptist Church, 531 Haywood Rd, West Asheville (BB Step Practice, BYOB)

**Asheville.** *Downtown Serenity.* Wednesday 5:30pm, 297 Haywood St campus of Central United Methodist Church (O,AB)

**Asheville.** *Men's BBSS.* Thursday 6:30pm, First Presbyterian Church, 40 Church St (M,C,BBSS)

**Asheville.** *Rule 62 Group.* Friday 7:00pm, Trinity United Methodist Church, 587 Haywood Rd (O,D)

**Asheville/Swannanoa.** *Moment of Clarity.* Saturday 7:00pm, Warren Wilson College, 701 Warren Wilson Rd, first WWC entrance on left for chapel, around back to Lower Fellowship Hall (C,BB)

**Candler.** *S.O.B.E.R.* Tuesday 8:00pm, Oak Hill United Methodist Church, 277 Oak Hill Rd (O,D)

**Marion.** *Back to Basics.* Tuesday 8:00pm, St. John's Parish House, South Main St (O,D)

## Meeting Changes

**Asheville/Swannanoa.** *Moment of Clarity.* Tuesday now meets at 7:00pm (was 6:00pm), Warren Wilson College, 701 Warren Wilson Rd, first WWC entrance on left for chapel, around back to Lower Fellowship Hall (O,D)

**Fletcher.** *New Beginnings.* Saturday. Starting Nov. 2 meets at 10:30am (was 10:00am) United Methodist Church, 50 Liberty Rd (W,C,D)

**Tryon.** *Tryon Meeting.* Tuesday 8:00pm, last Tuesday of the month is at White Oak Manor, 70 Oak St.

**Waynesville.** Waynesville Triangle Club has moved to new location: 142 Miller St.

## Discontinued Meetings

**Asheville.** *Dry Dock Group.* Tuesday 5:00pm, ABCCM "Vets' Restoration Quarters," 1329 Tunnel Rd, next to Zaxby's (M,O,SP/D) *If anyone has information to the contrary, please call Central Office at (828) 254-8539.*

**Asheville.** *Nuevo Despertar.* Monday, Wednesday, Friday, Saturday – 8:00pm, 16 Ridgelawn Rd (SN,O,D) Español. Looking for a new location; hope to start another Spanish-speaking meeting in the future.

**Burnsville.** *Burnsville Group.* Thursday 5:30pm.

**Hendersonville.** *Hendersonville Group.* Sunday 6:00pm. 1626 Willow Rd (O,LS)

## Special Holiday Changes

**Tryon.** *Tryon Meeting.* Tuesday 8:00pm. No meeting on Tuesday, Dec 24, Christmas Eve. On Tuesday, Dec 31, New Year's Eve, the meeting will be at its usual last-Tuesday-of-the-month spot: White Oak Manor, 70 Oak St

## The District Express

**Step 12!** Phone volunteers needed for the Step 12 Call List. If you are good on the phone • have a helpful attitude and • are sober, please contact Central Office. (828) 254-8539 or write [info@ncmco.net](mailto:info@ncmco.net)

**All Districts: Committee Coordinators** please send updates on committee meeting times, recent activity, and upcoming service opportunities!

The January newsletter deadline is December 15.

**Central Office Representatives (CORs)** meet at Central Office on the **second Thursday of the first month of the quarter**, at 6:00pm (Jan 9).

### District 70

**Contact any District 70 trusted servant** through the website <http://ashevilleaa.org> (click the Contacts link at the top of the page).

**GSR District Meeting** is **Sunday, December 8**, 2:30 pm, at St. Luke's Episc. Church Parish House, 219 Chunn's Cove Rd, Asheville

**Bridging the Gap** (with treatment facilities) Contact Susan H., the TFC Chair, at [ashevilleaa.org](http://ashevilleaa.org), or Brad S., BTG Chair or Janey K., Co-Coordinator, at **new number** (828) 581-9022; **new email** [bridgingthegap.asheville@gmail.com](mailto:bridgingthegap.asheville@gmail.com). If you would like to participate in this vital program, please attend the Service Committees Meeting (see listing, below). Learn more about BTG at <http://btgww.org/>.

**Service Committees** meet the last Tuesday of every even-numbered month. **Next meeting is December 31**, 6:00 pm, Trinity Episcopal Church, 60 Church St, Asheville.

**Archivist** A new archivist has been elected! Watch this space in January for updates.

**District contributions** mail to: District 70 Treasurer, PO Box 8574, Asheville, NC 28814

### District 71

**GSR District Meeting** is **Saturday, December 14**, 1:00pm, at 1620 Willow Rd, opposite Valley Hill Fire Dept., Hendersonville

**DCM:** Whitney B.: [foothillscal@gmail.com](mailto:foothillscal@gmail.com)

**Alt DCM:** David L.: [david.lanik@gmail.com](mailto:david.lanik@gmail.com)

**District contributions** mail to: K. G. Stewart, 301 Forest Ave, Landrum SC 29356-9441

### District 80

**DCM:** John E. - to contact go to [www.aawnc80.org](http://www.aawnc80.org) Groups, mail your **district contributions** to: Treasurer, 85 Mimosa Lane, Franklin NC 28734

## 2014 Area 51 Events

*Winter 2014 Assembly & Committee Meeting*

**February 28-March 1, 2014** for

Area Committee Members

Location: Hilton North Raleigh, 3415 Wake Forest Road (exit 10 off the I-440 Beltline) Raleigh, NC 27609-7316

Local (919) 872-2323 Toll-Free (800) 445-8667

*Freedom from Bondage XXIII*

**March 16-18, 2014 • \$12 reg. fee**

Location: Days Inn, Hwy 1 Southern Pines, NC

For registration form, see the flier

Special hotel rates until Feb 27

## A.A. Events

*Calendars and fliers of regional and national A.A. events may be found on the Events page of the Area 51 site, at [www.aanorthcarolina.org](http://www.aanorthcarolina.org).*

**November 28. Thanksgiving Day.** Hendersonville Group will be having an **Alcathon** from 12 pm to 12 midnight, with meetings on the even hours. Hendersonville Group, 1620 Willow Road, opposite the Valley Hill Fire Dept., in Hendersonville. Handicap accessible

Hendersonville Group will also be having **Alcathons** on Christmas Eve, Christmas Day, New Year's Eve and New Year's Day, starting at 12 pm and going until 12 midnight, with meetings on the even hours. Hendersonville Group, 1620 Willow Road, opposite the Valley Hill Fire Dept., in Hendersonville. Handicap accessible

**November 28. Thanksgiving Day.** Serenity Service is having an **Alcathon**. First meeting starts @ 11:00am. Eating @ 12:00pm. It's a pot luck; Serenity Service is supplying turkey only; please bring other dishes to share. Meetings every other hour, starting @ 2:00pm; last meeting starts at 10:00pm.

**February 6-9.** 50th International Women's Conference. Honolulu, Oahu, HI. Pre-registration \$35; increases after January 10. Meetings, tours [www.internationalwomensconference.org](http://www.internationalwomensconference.org)

*Contact Central Office for copies of event fliers and pdf registration forms.*



# **FREEDOM FROM BONDAGE XXIII**

**Area 51 AA Corrections Conference**

**March 16 - 18, 2012**

**Days Inn (Formerly the Holiday Inn)**

**805 SW Service Road; Southern Pines, North Carolina 28388**

**(Off US Highway 1 South)**

**Make Reservations at (800)262-5737 or (910)692-8585**

**Room Rates \$65.00 Single or Double Occupancy**

**Identify yourself with the conference: Freedom from Bondage**

**Room cut-off date: Feb. 27, 2012**

**“Sweet Thangs”!!!**

**As well as Panels, Workshops, Speakers, Fellowship, & All the Coffee You Can Drink!**

**Conference Registration Fee - \$12**

**Make Checks Payable to CFC**

**Mail to: 18 Jones Wood Court, Wendell, NC 27591**

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**Conference Registration Fee - \$12 Make Checks Payable to CFC**

**Mail to: 18 Jones Wood Court, Wendell, NC 27591**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Name(s) on badge:

\_\_\_\_\_

# Alcathon!!

December 31st @ 2 pm -1am

## North Asheville Community Center

37 E. Larchmont Dr., Asheville, NC

Meetings:

2:00 pm Conscious Contact

3:30 pm TBA

5:00 pm TBA

6:30 pm TBA

8:00 pm TBA

9:30 pm TBA

11:00 pm Conscious Contact

Finger food welcome!!!

Meeting Sponsor:

**Conscious Contact Group**

**Thanks to all of the AA community for a  
SOBER New Year!!!!**



~~~Hendersonville Group~~~

**\*\*\*Holiday Season\*\*\***

~~~Alcathon Schedule~~~

Location:

1620 Willow Rd

(opposite the Valley Hill Fire Dept.)

Hendersonville, NC

**\*\*Meetings on even hours\*\***

Thanksgiving Day

12:00 noon - 12:00 midnight

Christmas Eve & Christmas Day

12:00 noon - 12:00 midnight

New Years Eve & New Years Day

12:00 noon - 12:00 midnight