

# Mountain Doin's

**August  
2013**

*Serving AA in Western North Carolina's  
Districts 70, 71, and 80 since 1974*



## ANNIVERSARIES

### Asheville Big Book Step Study

Mary T. 8/21/1987 26 yrs

### Brevard Serenity Group

Barb E. 8/21/1990 23 yrs

Paul W. 8/3/1997 16 yrs

Ken B. 8/13/1984 29 yrs

### Cumberland Group

Lynda M. 8/6/1985 28 yrs

Wilson D. 8/8/2008 5 yrs

Wayne B. 8/15/2005 8 yrs

Tom H. 8/23/2005 8 yrs

Kerry V. 8/31/2005 8 yrs

Tommy G. 8/8/2008 5 yrs

Georgia P. 8/22/2011 2 yrs

### Grace Group

Brad S. 8/2/2001 12 yrs

Brian F. 8/2/2011 2 yrs

Ky K. 8/2/2012 1 yr

Ed B. 8/3/2009 4 yrs

Russell C. 8/5/2011 2 yrs

Tom M. 8/9/2010 3 yrs

Eddy B. 8/11/2011 2 yrs

Brendan P. 8/15/2010 3 yrs

Jananne 8/23/2011 2 yrs

Brent R. 8/25/2000 13 yrs

Cecilia F. 8/26/2012 2 yrs

Terry G. 8/26/2011 2 yrs

Wendy B. 8/30/2006 7 yrs

### KISS Candler Group

Doug W. 8/17/2010 3 yrs

Rick H. 8/15/2004 9 yrs

Tammy B. 8/15/1997 16 yrs

Wayne B. 8/15/2005 8 yrs

### Happy Hour H'vl Group

Charlene O. 8/20/2002 11 yrs

John A. 8/27/1978 35 yrs

Robert L. 8/8/1980 33 yrs

### Hendersonville Group

Diane C. 8/6/2012 1 yr

Mike J. 8/12/2012 1 yr

Chris T. 8/10/2012 1 yr

Doug D. 8/5/1996 17 yrs

### Leicester Home Group

Ann I. 8/6/1989 24 yrs

Wayne B. 8/15/2005 8 yrs

### Mars Hill Group

Diane McG 8/9/1993 20 yrs

### Serenity Seekers

Sam 8/1/2009 4 yrs

John 8/15/2011 2 yrs

Sheila H. 8/16/2012 1 yr

### Serenity Sisters

Royal P. 8/5/1970 43 yrs

Ronda I. 8/6/1997 16 yrs

Adria C. 8/8/2008 5 yrs

Kristi S. 8/11/2001 12 yrs

Michelle P. 8/11/2012 1 yr

Candy P. 8/15/1987 26 yrs

Mary W. 8/15/2010 3 yrs

Elise C. 8/17/2002 11 yr

Jody M. 8/28/1983 30 yrs

Melanie H. 8/30/2010 13 yrs

### Three Alarm Group

Gene Ma. 8/29/2010 3 yrs

### Traditional Group

Richard T. 8/7/1984 29 yrs

Lee R. 8/1/2005 8 yrs

Joe S. 8/13/2006 7 yrs

Stephen T. 8/11/2011 2 yrs

Edward B. 8/22/2012 1 yr

Tracy B.

### Women of Grace

Debbie P. 8/26/2001 12 yrs

Denise D. 8/13/1999 14 yrs

Jacquelyne R. 8/28/1998 15 yrs

Julie F. 8/28/2011 2 yrs

Michele F. 8/10/2006 7 yrs

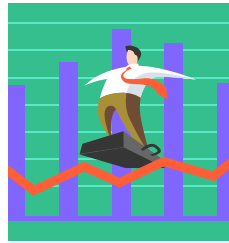
Vicki A. 8/14/2011 2 yrs

A.A. members, you can share your anniversary on this page by emailing your first name, last initial, home group, month, day, and year to [info@ncmco.net](mailto:info@ncmco.net). Send it in by the 15th of the month prior!

# Profit & Loss YTD Comparison Accrual Basis

June 2013

	Jun 13	Jan - Jun 13
<b>Income</b>		
<b>Sales Income</b>		
Conf/GV Approved	1,070.35	8,806.31
Non-Conf/GV-approved	670.09	4,741.03
Handling & Shipping	29.42	118.68
<b>Total Sales Income</b>	<b>1,769.86</b>	<b>13,666.02</b>
<b>Other Income</b>		
Subscriptions	0.00	34.00
Miscellaneous	0.00	0.23
Interest Income	0.21	1.05
Group Contributions	1,342.05	12,011.13
Individual Contributions	10.00	55.50
<b>Total Other Income</b>	<b>1,352.26</b>	<b>12,101.91</b>
<b>Total Income</b>	<b>3,122.12</b>	<b>25,767.93</b>
<b>Cost of Goods Sold</b>		
Freight	55.11	269.98
Non Conf/GV Approved	448.16	3,454.88
Conf/GV Approved	956.07	7,739.37
5000 · Cost of Goods Sold	9.50	20.45
<b>Total COGS</b>	<b>1,468.84</b>	<b>11,484.68</b>
<b>Gross Profit</b>	<b>1,653.28</b>	<b>14,283.25</b>
<b>Expense</b>		
Office Equipment and Repairs	0.00	0.00
Accounting Services	0.00	159.43
Miscellaneous	0.50	0.69
Bank Service Charges	0.00	6.00
Copier Rental	164.78	1,052.54
Editor	120.00	720.00
Office Supplies	62.35	474.70
Payroll Expenses	967.54	6,189.15
Payroll Taxes	0.00	56.40
Postage	71.28	400.96
Rent	462.00	2,795.10
Sales Tax	0.00	51.11
Telephone		
Answering Service	215.14	1,405.95
Office Telephone	203.05	1,234.95
<b>Total Telephone</b>	<b>418.19</b>	<b>2,640.90</b>
<b>Total Expense</b>	<b>2,266.64</b>	<b>14,546.98</b>
<b>Net Income</b>	<b>-613.36</b>	<b>-263.73</b>

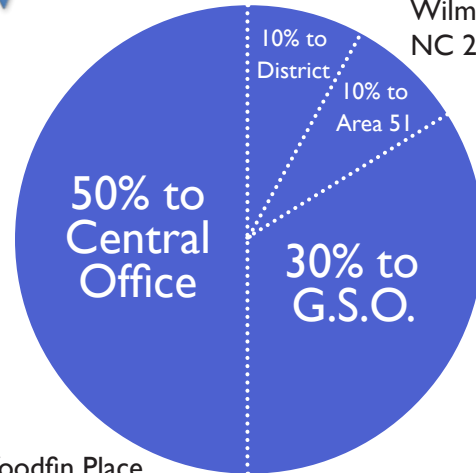


An Example of How Groups Might Contribute to the A.A. Service Structure\*

\*from the pamphlet [The A.A. Group Treasurer](#)

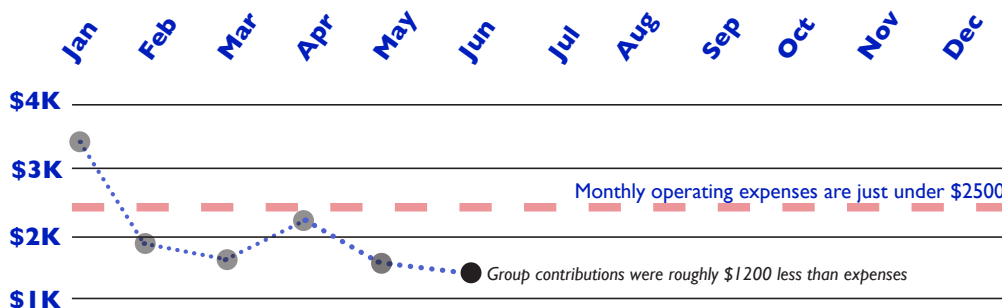
- **District 70 Treasurer**  
PO Box 8574  
Asheville NC 28814-8574
- **District 71 Treasurer**  
K.G. Stewart  
301 Forest Ave  
Landrum SC 29356-9441
- **District 80 Treasurer**  
85 Mimosa Ln  
Franklin NC 28734

**Area 51 NCGSC Treasurer**  
PO Box 657  
Wilmington NC 28402



70 Woodfin Place  
Suite 206  
Asheville NC 28801

**General Service Office**  
Grand Central Station  
PO Box 459  
New York NY 10164-0423



2013 Financial Security Snapshot

# Group Contribution\$ • June 2013 & YTD

Acceptance Grp	\$94.35	\$540.15	Mountain View (Highlands)	\$248.00
Anonymous		\$214.65	Murphy Big Book Grp	\$10.00
Around the Room Grpv	\$58.00	\$211.00	New Freedom Grp	\$110.00
A'vl Big Book Step Study Grp		\$62.92	New Life Literature	\$25.00
Asheville Women's Big Book Step Study Grp		\$85.50	Pisgah Grp	\$155.33
Big Town Grp 671-200	\$69.25	\$185.21	Recovery by the River	\$207.18
Black Mountain Grp 117-117	\$125.00	\$225.00	Roundtable Grp	\$100.00
Brevard Sylvan Valley	\$50.00	\$50.00	Sat. Morning Men's Meeting	\$40.00
Candler Kiss Grp 163-148		\$195.00	Second Chance Grp	\$20.95
Cashiers Valley Grp 122-589		\$265.66	Serenity Seekers - Marion	\$57.50
Cedar Mountain Grp		\$50.00	Serenity Service 110-498	\$50.00 \$300.00
Columbus Grp		\$90.00	Skyland Meeting 693-372	\$60.00
Conscious Contact (A'vl)		\$900.00	Sylvan Valley AA Grp	\$50.00
Cumberland Grp 122-472		\$300.00	Sunshine AA Grp	\$50.00
Daily Decisions Grp 643-869		\$312.10	The Principals Grp 127-575	\$59.00
Day by Day Grp 159-058		\$596.73	Total Surrender Grp	\$180.00
District 71	\$300.00	\$300.00	Tryon 12 & 12 690-877	\$26.00
Downtown Serenity		\$100.00	Tryon Monday Grp	\$40.00 \$140.00
Early Birds	\$155.45	\$155.45	Warren Wilson Grp	\$39.40
Fellowship Grp, Fletcher		\$150.00	Waynesville Grace Grp	\$600.00
Fletcher Grp 110-465		\$368.00	We Think Not Grp	\$32.41
Fireside Grp		\$601.57	Women of Courage	\$68.74
Good Livers Group	\$150.00	\$150.00	Women of Grace	\$109.00
Grace Grp of Asheville		\$1,441.55	Young People's Grp	\$147.10
Grace of God Grp of H'vl		\$75.00	4th Dimension	\$100.00
Happy Hour Grp		\$50.00	11-11-11 Grp	\$15.00
Hendersonville Grp		\$80.00	<b>Total Grp Contributions:</b>	<b>\$1,332.05 \$11,991.13</b>
Hand-in-Hand Grp		\$100.00	Individual Contributions	
Kanuga Grp	\$45.00	\$112.50	Anonymou	\$5.50
Lambda Grp 617-035		\$112.91	In Memory of B.G.	\$10.00 \$60.00
Leicester Grp 143-417		\$100.00	<b>Total Ind. Contributions:</b>	<b>\$10.00 \$65.50</b>
Library Grp		\$72.50	<b>Grand Total</b>	<b>\$1,342.05 \$12,056.63</b>
Mars Hill Group	\$100.00	\$100.00	.....	
Marshall Group	\$95.00	\$95.00	<b>Central Office</b>	
Mid Day Grp		\$281.07	<b>Cash on Hand</b>	
Mill Spring Grp 656-821		\$7.00	Money Market (Prudent Reserve)	\$7018.45
Monday Night Open Meeting		\$304.05	Operating Account (Checking)	\$1869.60
			Rent Deposit	\$400.00
			AT&T Deposit	\$100.00

## Call & Visitor Log June 2013

AA Crisis 2  
General Info 3  
Family Help 2  
Meeting Info 34  
Central Office Business 24  
Medical/Detox 0  
Visitors 80  
Answer Svc (Operator-Asst) 47

## North Carolina Mountain Central Office News

### COR Meetings Now Held at...

Suite 210, 70 Woodfin (in the Park Place Bldg., just off Charlotte St at the I-240 interchange).

### Attention All Groups & CORs

The next COR meeting will be held at 6:00 pm on Thursday, Oct 10.

### Board Position Opening

**Treasurer.** From the By-Laws: has charge and custody of all funds of Central Office; is responsible for the accuracy of all financial records of Central Office; creates receipts and makes disbursements as approved by the Central Office's various committees; arranges for preparation and filing of all required tax returns; prepares an annual financial report and monthly financial report; presents it to the Central Office Board and CORs. At least five years' continuous sobriety at the time of taking office.

### Office Manager Position Open

Effective August 2, Cindy will be leaving for a full-time position. The Board is soliciting resumes/business references and will interview qualified candidates. Hours are M-F, 9:45 am-1:15 pm. (The office is open from 10 to 1.) \$13.50 per hour; paid holidays. Prefer applicants who have experience with Quickbooks, retail, and directing volunteer office helpers.

## Meeting Updates Districts 70, 71, 80

### New Meetings

**Asheville.** AA *The Original Way*. Wednesday 6:00 pm, Calvary Baptist Church, 531 Haywood Ave (C, BB, SS)

**Black Mountain.** *Phoenix Group* Monday Noon, St. James Episc. Church, Hwy 70 & Craigmont (C, SS)

**Black Mountain.** *Phoenix Group*, Friday Noon, St. James Episc. Church, Hwy 70 & Craigmont (O, BB)

**Brevard.** *Sharing House Group* Tuesday 4:00 pm, corner Oakdale & Duckworth (basement) (ODR D)

**Sylva.** *Brown Bag Group* Wednesday Noon, Love's Chapel U.M. Church, 41 Lovedale Rd. (O, D)

**Waynesville.** *12&12 Meeting* Wednesday 1:30pm Waynesville Triangle Club, 65 Branner Ave (O, LS)

### Meeting Changes

**Asheville.** *Serenity Service Group* Wed 8pm, 697-G Haywood Rd., beside Ingles (CD) *now coed*

**Leicester.** *Leicester Group* Wednesday and Saturday meetings' times have changed from 8:00 pm to 7:00 pm.

**Waynesville** *The Great Fact Group*. Sunday, 11:00 am. has moved to the Triangle Club at 65 Branner Ave (O, D)

### Cancelled Meetings

**Lake Toxaway.** Monday and Thursday 8:00 pm

### Central Office Hours 10-1, M-F

A central office (or intergroup) is an A.A. service office that involves partnership among groups in a community—just as A.A. groups themselves are partnerships of individuals. A central office is established to carry out certain functions common to all the groups—functions which are best handled by a centralized office—and it is usually maintained, supervised, and supported by these groups in their general interest.

—[A.A. Guidelines for Central or Intergroup Offices](#)

# A.A. GRAPEVINE.....

..... *featurette*

“We earnestly pray for the right ideal, for guidance in each questionable situation, for sanity, and for the strength to do the right thing.” —*Alcoholics Anonymous*, p. 70

## Special Section: Dating in Sobriety

“Two Garbage Trucks in the Night”

Sober dating doesn't always have to be messy

“Single and Happy”

She turned 40 and her date stood her up. That's just fine with her.

“Taking it Slow”

A sober guy learns that the best things take time

“Looking for ‘the One’”

Dating Rampage  
Three

coffee dates in one afternoon? A member tells how he survived. Related:

“Dumped on Valentine's Day”

“Moving Forward ... Not In”

You know two AAs are on a second date when you see the moving van in the driveway

## Sobriety Calling

A member shares how he feels about texting and calls during meetings

And, in every issue:

- Dear Grapevine
- AA News
- Alcoholism at Large
- At Wit's End

# An Open Letter to “Our” Fellowship

**M**y name is Doug H. My sobriety date is March 15, 1989. I have that date because someone cared enough to hand me an AA tract when I was sitting in jail waiting to go to trial.

I have that “sobriety date” because someone at Central Prison in the fellowship took the time in 1989 to bring the message of AA into Central Prison. I have that “SD” because someone brought the message of AA into Eastern C.I. in 1990-92. I have that “SD” because someone brought the message into a brand new Brown Creek C.I. in 1992 and helped to get meetings started on the right foot. I have that “SD” because someone brought the message of AA into Craggy C.I. in 1993. I have that “SD” because someone brought the AA message to another brand new close custody prison in 1995 named Marion C.I.

I could go on and list the dates but I'm sure you are getting the idea. Over the past 24 years I have been to the above-mentioned prisons—sometimes more than once—plus Burnsville, Goldsboro, Hoke, Hamlet, Johnston, Mountain View, Avery-Mitchell, and you know at every one of those I have found the “hand of AA” there—except now. Last year I was busted back to close custody and sent back to Marion C.I. You know what I found? No hand of AA. No active volunteers. Almost no interest by staff or inmates.

For these last 24 years I have made some of the truest friends I have ever known. Some have moved and far too many have moved to the Big Meeting in the Sky.

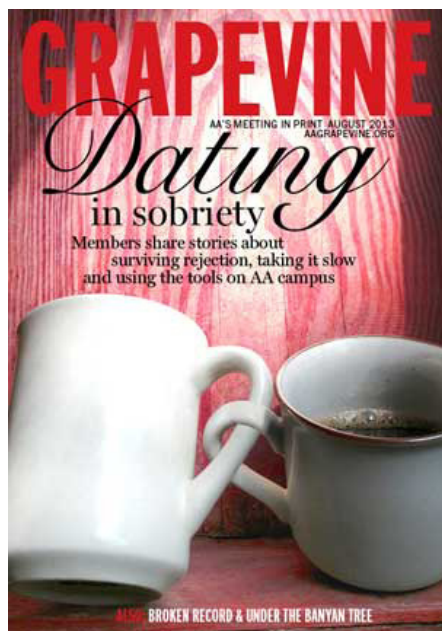
Here they make it hard for volunteers to come in, I'm sure. You can't bring a cell phone, you can't wear a belt with a metal buckle or shoes with metal shank support and a thousand other “can'ts” and “don'ts,” I'm sure.

But what you can do is bring the message of AA into this cold, heartless place. What you can do is bring your experience and hope. What you can bring is what it was like, what happened and what it is like now. What you can bring is the fellowship that has kept me sane and sober for the past 24-plus years.

A.A.'s “Responsibility Declaration” states: “I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.”

Well, Fellowship, I am reaching out. There is much work to be done in here and as an inmate I can do very little of it. But I'm going to keep on trying. How about you? To those who have been a part of my sobriety, thank you,

—Doug H.  
Marion, NC



These stories & more at [www.aagrapevine.org](http://www.aagrapevine.org)

## The District Express

**Step 12!** Phone volunteers needed for the Step 12 Call List. If you are good on the phone • have a helpful attitude and • are sober, please contact Central Office. (828) 254-8539 or write [info@ncmco.net](mailto:info@ncmco.net)

**All Districts: Committee Coordinators** please send updates on committee meeting times, recent activity, and upcoming service opportunities! The September newsletter deadline is August 15.  
**Central Office Representatives (CORs)** meet at Central Office on the **second Thursday of the first month of each quarter**, at 6:00 pm.

### District 70

**Contact any District 70 trusted servant** through the website <http://ashevilleaa.org> (click the Contacts link at the top of the page).

**GSR District Meeting** is **Sunday, August 11**, 2:30 pm, at St. Luke's Episc. Church Parish House, 219 Chunn's Cove Rd, Asheville

**Bridging the Gap** (with treatment facilities). Contact Susan H., the TFC Chair, at [ashevilleaa.org](http://ashevilleaa.org), or Brad S., BTG Chair or Janey K., Co-Coordinator, at the toll-free number (888) 830-3155. If you would like to participate in this vital program, please attend the Service Committees Meeting (see listing, below). Learn more about BTG at <http://btgww.org/>

**Service Committees** meet the last Tuesday of every even-numbered month. **Next meeting is August 27**, 6:00 pm. Trinity Episcopal Church, 60 Church St, Asheville.

**Events Committee** Watch this space for more information as it becomes available from District 70.

**District contributions** mail to: District 70 Treasurer, PO Box 8574, Asheville, NC 28814

### District 71

**DCM:** Whitney B.: [foothillscal@gmail.com](mailto:foothillscal@gmail.com)

**Alt DCM:** David L.: [david.lanik@gmail.com](mailto:david.lanik@gmail.com)

**District contributions** mail to: K. G. Stewart, 301 Forest Ave, Landrum SC 29356-9441

### District 80

**DCM:** John E. - to contact go to [www.aawnc80.org](http://www.aawnc80.org)

Groups, mail your **district contributions** to: Treasurer, 85 Mimosa Lane, Franklin NC 28734

## 2013 Area 51 Events

### *Summer 2013 Committee Meeting*

**August 24-25** for Area Committee Members

Location: Hilton North Raleigh, 3415

Wake Forest Road (exit 10 off I-440

Beltline) Raleigh, NC 27609-7316

Hotel reservations use Group Code AGS

Deadline: July 26

Local (919) 872-2323 Toll-Free (800) 445-8667

### *Fall 2013 Assembly & Committee Meeting*

**November 15-17** Open to All A.A. Members

Location: Hilton North Raleigh, 3415

Wake Forest Road (exit 10 off I-440

Beltline) Raleigh, NC 27609-7316

Local (919) 872-2323 Toll-Free (800) 445-8667

### *Winter 2014 Assembly & Committee Meeting*

**February 28-March 1, 2014** for

Area Committee Members

Location: Hilton North Raleigh, 3415

Wake Forest Road (exit 10 off I-440

Beltline) Raleigh, NC 27609-7316

Local (919) 872-2323 Toll-Free (800) 445-8667

## ☀️ A.A. Events ☀️

*Calendars and fliers of regional and national A.A. events may be found on the Events page of the Area 51 site, at [www.aanorthcarolina.org](http://www.aanorthcarolina.org).*

**August 3.** District 70 BBQ at Lake Julian. 4:00 pm to dusk. Jam session, cookie contest, family fun. \$5 donation suggested. [See flier insert.](#)

**August 16–18.** 2013 Southeast “Additional” Regional Forum. Charleston Marriott Town Center, 200 Lee Street E, Charleston WV. (No registration fee but registering for the event helps GSO plan for setup.) Full schedule at [www.aa.org](http://www.aa.org)

**October 3–6.** NCCYPAA XVII. Hilton North Raleigh, 3415 Wake Forest Rd, Raleigh NC. Pre-registration \$20 (after 9/3 \$25). Hotel discount “Group Code”: YPA. [www.nccypaa.org](http://www.nccypaa.org)

**October 18–20.** 1st SMAACC Southern Motorcyclists in A.A. Camping Convention. Fall Creek Falls State Park, Pikeville TN. Pre-registration \$35 (after 8/31 \$40). Reg fee includes camping in cabins. [www.smaacc.org](http://www.smaacc.org)

*Contact Central Office for copies of these fliers!*

# 12th Step volunteers needed in...

Bethel Black Mountain Bakersville Bryson City Burnsville Candler  
Cashiers Cedar Mountain Cherokee Clyde Columbus Cullowhee  
Fletcher Franklin Highlands Horseshoe  
Hot Springs Lake Toxaway Ledger  
Leicester Linville Maggie Valley Marion  
Mars Hill Marshall Mill Spring Newdale  
Newland Old Fort Otto Saluda  
Spruce Pine Swannanoa Sylva Tryon  
Waynesville Weaverville Webster



**Requirements** One year's sobriety & a willingness to be there for the sick and suffering alcoholic "whenever anyone, anywhere reaches out for help."

**How it Works** The Central Office 12-Step Call List Coordinator creates a list of first names, phone numbers, town, and hours of availability. Central Office uses this list whenever a call for help comes in. When the office is closed, a professional answering service uses the list to call you, to check if you can return that call for help (your phone number is never given out!).

Each call is unique and there are no set rules or guidelines, though it is suggested that you share only your experience, strength, and hope with the caller and refrain from giving opinions on outside issues.

**To volunteer** for this rewarding service, contact Central Office at (828) 254-8539 Monday through Friday 10:00 am to 1:00 pm, or write: [info@ncmco.net](mailto:info@ncmco.net)

Please announce at meetings/use page as a flier

# DISTRICT 70's

Annual  
BBQ

at **Lake Julian**  
on **August 3rd**

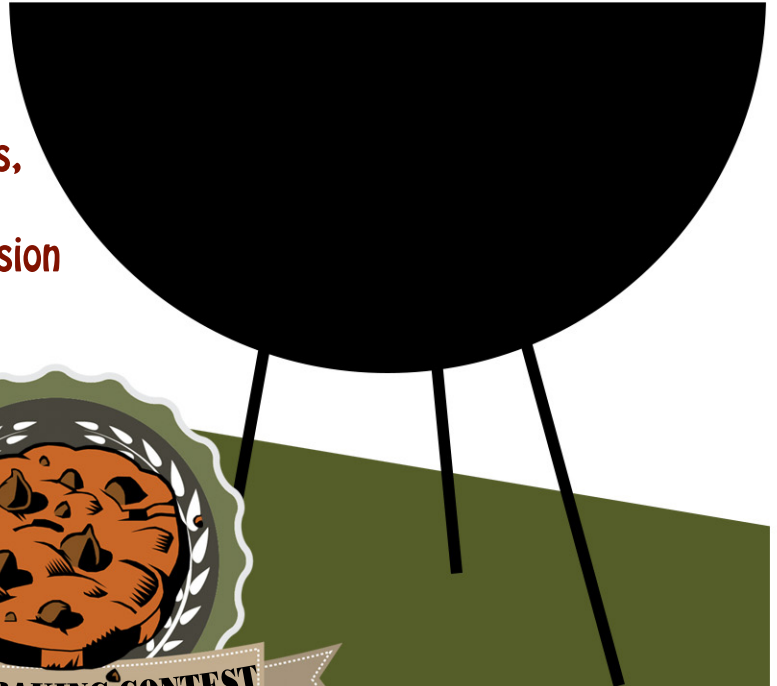
**4pm to Dusk**

\$5 suggested donation.

We are gonna be located right by the playground on the lake, so bring the family for a fun filled evening. District 70 and a few volunteers are providing the food. Any questions or volunteers please contact Joy W. [joywilliamson1976@gmail.com](mailto:joywilliamson1976@gmail.com)



**Musicians bring  
your instruments,  
we are gonna  
get a Jam Session  
by the lake.**



**Bring your best cookies for us to judge.  
Winners will be announced at 7:00pm!**