

# Mountain Doin's

Serving AA in Western  
North Carolina's Districts  
70, 71, and 80 since 1974

June 2013

## ANNIVERSARIES



### Acceptance Group

Jon C. 6/21/2010 3 yrs

### Around the Room Group

Tom H. 6/26/2009 4 yrs

### Asheville Big Book Step Study Group

Adam K. 6/6/2011 2 yrs

### Cumberland Group

Scott S. 6/4/1987 26 yrs

Robe K. 6/7/2008 5 yrs

### Grace Group

Bob Po. 6/2/1992 21 yrs

Pete H. 6/2/2000 13 yrs

Norman L. 6/4/2009 4 yrs

Casey C. 6/5/2010 3 yrs

Susan R. 6/7/2005 8 yrs

Paul S. 6/10/1985 28 yrs

Gayle R. 6/12/2009 4 yrs

Donna C. 6/13/2009 4 yrs

Katie K. 6/13/1997 16 yrs

Mary Scott H. 6/18/1986 27 yrs

Mica W. 6/20/2010 3 yrs

Bill A. 6/21/2010 3 yrs

JoAnne F. 6/21/1989 24 yrs

Mark Me. 6/21/2003 10 yrs

Patricia S. 6/10/2009 4 yrs

Ted E. 6/30/1988 25 yrs

### Happy Hour Group - Hendersonville

Karen B. 6/16/2010 3 yrs

Mary D. 6/16/1978 35 yrs

### Hendersonville Group

Marshall D. 6/17/1982 31 yrs

Geoff G. 6/11/2012 1 yr

Dee 6/20/1995 18 yrs

### KISS Candler Group

Cindy B. 6/14/1993 20 yrs

Mike D. 6/23/2011 2 yrs

Rose S. 6/15/2012 1 yr

### Leicester Home Group

LuAnne V. 6/12/2008 5 yrs

Rebecca E. 6/19/2009 4 yrs

Terri G. 6/26/2010 3 yrs

Mark S. 6/7/2004 9 yrs

### Mars Hill Group

Bruce U. 6/3/1979 34 yrs

Sam B. 6/4/2012 1 yr

Rick G. 6/26/1995 18 yrs

### Serenity Sisters

MaryAnn B. 6/6/1971 42 yrs

Beverly B. 6/10/1988 25 yrs

Kim M. 6/10/2004 9 yrs

Allison S. 6/14/2012 1 yr

Brenda F. 6/15/1987 26 yrs

### Traditional Group

Joe S. 6/6/2011 2 yrs

Ryan S. 6/15/2011 2 yrs

### Women's Big Book Step Study Group

Alexandra M. 6/4/2011 2 yrs

### Women of Grace

Carolyn S. 6/21/1989 24 yrs

Gina A. 6/4/2010 3 yrs

Margaret H. 6/17/2011 2 yrs

Regina T. 6/10/2011 2 yrs

**Profit & Loss YTD Comparison  
Accrual Basis**

	<u>Apr 13</u>	<u>Jan - Apr 13</u>
<b>Income</b>		
<b>Sales Income</b>		
Conf/GV Approved	1,585.49	5,918.05
Non-Conf/GV-approved	962.96	3,139.84
Handling & Shipping	10.09	72.02
<b>Total Sales Income</b>	<u>2,558.54</u>	<u>9,129.91</u>
<b>Other Income</b>		
Subscriptions	0.00	34.00
Miscellaneous	0.23	0.23
Interest Income	0.21	0.62
Group Contributions	2,025.35	9,103.09
Individual Contributions	11.58	41.58
<b>Total Other Income</b>	<u>2,037.37</u>	<u>9,179.52</u>
<b>Total Income</b>	4,595.91	18,309.43
<b>Cost of Goods Sold</b>		
Freight	22.58	154.47
Non Conf/GV Approved	837.62	2,197.58
Conf/GV Approved	1,393.82	5,235.75
5000 · Cost of Goods Sold	2.00	10.22
<b>Total COGS</b>	<u>2,256.02</u>	<u>7,598.02</u>
<b>Gross Profit</b>	2,339.89	10,711.41
<b>Expense</b>		
Accounting Services	0.00	159.43
Miscellaneous	0.00	0.19
Bank Service Charges	6.00	6.00
Copier Rental	165.77	722.98
Editor	120.00	480.00
Office Supplies	112.11	412.35
Payroll Expenses	1,081.36	4,140.24
Payroll Taxes	0.00	56.40
Postage	64.40	265.28
Rent	485.10	1,871.10
Sales Tax	15.57	45.04
Telephone		
Answering Service	211.00	901.33
Office Telephone	204.11	828.80
<b>Total Telephone</b>	<u>415.11</u>	<u>1,730.13</u>
<b>Total Expense</b>	<u>2,465.42</u>	<u>9,889.14</u>
<b>Net Income</b>	<u><b>-125.53</b></u>	<u><b>822.27</b></u>

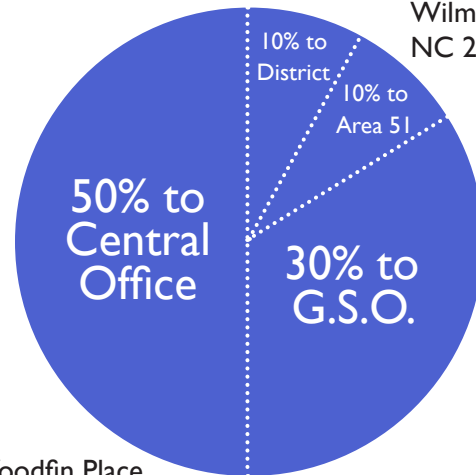


**An Example of  
Group Contributions to the  
A.A. Service Structure\***

\*from the pamphlet  
[The A.A. Group Treasurer](#)

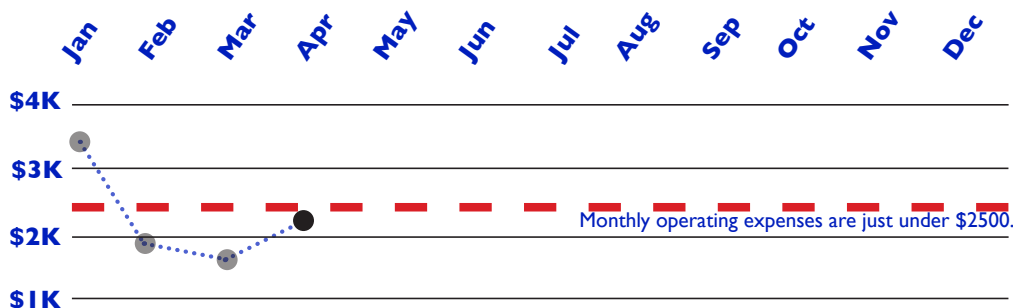
- **District 70 Treasurer**  
PO Box 8574  
Asheville NC 28814-8574
- **District 71 Treasurer**  
K.G. Stewart  
301 Forest Ave  
Landrum SC 29356-9441
- **District 80 Treasurer**  
PO Box 854  
Murphy NC 28906

**Area 51 NCGSC  
Treasurer**  
PO Box 657  
Wilmington  
NC 28402



70 Woodfin Place  
Suite 206  
Asheville NC 28801

**General Service Office**  
Grand Central Station  
PO Box 459  
New York NY 10164-0423



2013 Financial  
Security Snapshot

## Group Contribution\$ • April 2013 & YTD

Acceptance Group	\$167.78	\$445.80	Serenity Seekers -	\$22.50	\$57.50
Anonymous	\$31.65	\$164.65	Serenity Service 110-498	\$50.00	\$200.00
Around the Room Group	\$53.00	\$153.00	Skyland Meeting 693-372		\$60.00
AVL Big Book Step Study Grp		\$62.92	Sylvan Valley AA Group		\$50.00
AVL Women's BBSS Grp		\$85.50	Sunshine AA Group		\$50.00
Big Town Grp 671-200		\$115.96	The Principals Group 127-575	\$59.00	\$59.00
Black Mountain Grp 117-117		\$100.00	Total Surrender Group		\$180.00
Candler Kiss Grp 163-148		\$100.00	Tryon 12 & 12 690-877	\$26.00	\$26.00
Cashiers Valley Grp 122-589	\$87.33	\$265.66	Tryon Monday Group		\$100.00
Cedar Mountain Grp		\$25.00	Waynesville Grace		\$600.00
Conscious Contact, Asheville	\$500.00	\$900.00	We Think Not Group	13.75	\$32.41
Cumberland Group 122-472		\$300.00	Women of Courage		\$68.74
Daily Decisions Grp 643-869		\$312.10	Women of Grace	\$53.00	\$109.00
Day by Day Group 159-058		\$596.73	Young Peoples Group 645-646	\$84.10	\$147.10
Fellowship Group, Fletcher		\$150.00	4th Dimension	\$100.00	\$100.00
Fletcher Group 110-465		\$368.00	<i>Total Group Contributions</i>	\$1,935.35	\$9,013.09
Fireside Group	\$300.00	\$601.57	Individual Contributions		
Grace Group of Asheville		\$780.81	Anonymous	\$1.58	\$1.58
Grace of God Group HVL		\$75.00	In Memory of B.G.	\$10.00	\$40.00
Hendersonville Group	\$80.00	\$80.00	Kenneth Stewart	\$90.00	\$90.00
Hand-in-Hand Group		\$100.00	<i>Total Individual Contributions</i>	\$101.58	\$131.58
Kanuga Group	\$22.50	\$67.50	<b>Grand Total</b>	\$2,036.93	\$9,144.67
Lambda Group 617-035	\$69.41	\$69.41			
Leicester Group 143-417	\$50.00	\$100.00			
Library Group		\$72.50			
Mid Day Group		\$123.25			
Mill Spring Group 656-821		\$7.00			
Monday Night Open Meeting		\$192.05			
Mountain View, Highlands		\$248.00			
Murphy Big Book Group	\$10.00	\$10.00			
New Freedom Group		\$80.00			
New Life Literature		\$25.00			
Pisgah Group	\$155.33	\$155.33			
Recovery by the River 674-892		\$100.60			
Roundtable Group		\$100.00			
Sat. Morning Men's Meeting		\$40.00			

### Central Office Cash on Hand

Money Market (Prudent Reserve)	\$7,018.02
Operating Account (Checking)	\$2,465.03
Rent Deposit	\$500.00



# Call & Visitor Log April 2013

AA Crisis 0  
General Info 6  
Family Help 3  
Meeting Info 28  
Central Office Business 22  
Medical/Detox 1  
Visitors 83  
Answer Svc (Operator-Asst) 49

## North Carolina Mountain Central Office News

### COR Meetings Now at...

Suite 210, 70 Woodfin (in the Park Place Bldg., just off Charlotte St at the I-240 interchange).

### Attention All Groups & CORs

The next COR meeting will be held at 6:00 pm on Thursday, July 11.

### From the Finance Department...

Groups, please pay your bills within 30 days so the Office can continue to stock its shelves. Group treasurers, please contact the office to check about any outstanding balances.

### Next Board Meeting Will Be...

Thursday June 13, 2013, at 6:00 pm, at Central Office. All are welcome. If you'd like to suggest an agenda item, feel free to email [info@ncmco.net](mailto:info@ncmco.net) (a few days in advance, please). Be sure to include your phone number.

### Our Phone Work

Supported by group contributions to our NCMCO mission to serve Western North Carolina, a professional answering service takes calls when the Office is closed. Most folks use the service's automated recordings to get up-to-date meeting information. There's also a Spanish option for meeting info.



## Meeting Updates Districts 70, 71, 80

### New Meetings

- Asheville.** *Women in Progress* Thursday 7pm, Center for Spiritual Living, 2 Science of Mind Way (L, O, D)
- Cherokee.** *Sisters in Sobriety* Friday 6:00 pm, St. Francis Episc. Church (C, W, BBSS)
- Fletcher.** New Beginnings Group, Saturday 10:00 am. Fletcher U.M. Church, 50 Library Rd (Hendersonville Rd/U.S. 25 & Cane Creek Rd) (W, C, D)
- Waynesville.** Monday–Friday 9:00 am. Triangle Club, 65 Branner Ave (O, BB)
- Waynesville.** Monday–Friday 5:30 pm. Triangle Club, 65 Branner Ave (O, D)
- Waynesville.** Saturday, 12 noon. Triangle Club, 65 Branner Ave (O, D)
- Hendersonville.** *Hendersonville Group* Sunday, 6:00 pm. 1620 Willow Rd, opposite Valley Hill Fire Dept.; handicap accesible (O, LS)

### Meeting Changes

- Asheville.** *Acceptance Group* Monday 12:30 pm is a closed Big Book discussion (C, D, BB)
- Asheville.** *Acceptance Group* Tuesday 12:30 pm is a closed beginners' step study (C, BG, SS)
- Asheville.** *Dry Dock* will no longer meet at ABC-CM "Vets' Quarters at 5:00 pm. New place, Mondays and Thursdays at 5:30 pm, at Abiding Savior Lutheran Church, in Fairview, 801 Charlotte Hwy (Route 74A).
- Leicester.** *Leicester Group* Wednesday and Saturday meetings' times will change from 8:00 pm to 7:00 pm starting **May 1**.
- Waynesville** *The Great Fact Group*. Sunday, 11:00 am. has moved to the Triangle Club at 65 Branner Ave (O, D)

### Cancelled Meetings

- Fletcher.** *Fellowship Group*, 11:30 am. Calvary Episcopal Church (W, C, D)

# A.A. GRAPEVINE.....



"The principles we have set down are guides to progress." —Bill W., Alcoholics Anonymous

In this month's special section, AA members celebrate the many ways the Steps have changed their lives. Learn more in the letter from the editor.

**Just a beginning** Pouring the bottle down the drain was great, but only the first step...

## Time out!

When the kids misbehave, mom's Steps come in for a touchdown

Stripping away the old ugly layers reveals the beauty inside

A man on a business trip gets the chance to make a most surprising amend

## The best is yet to come

With a sponsor's kick and a few Steps, his marriage got a lot better

**Steps and Traditions** *Related: My smart mouth*

**Lending the AA name? Tradition Six** reminds us to be careful not to endorse...

**My group got sick** A member searches for a cure when he stops liking his meeting...

**Emotional Sobriety** *My big fat sober wedding*  
Soggy flowers, black & blue bridesmaids, a black-out and an injured groom—Step Ten to the rescue!

## Losing my religion

Lost in raves after leaving his church, he discovers the truth about his drinking...

**These stories and more at**  
[www.aagrapevine.org](http://www.aagrapevine.org)

## A.A. Events Calendar

**Franklin NC.** Common Sense Group celebrates Founders' Day with an eating meeting. June 8. [See flier](#) for map and info.

**Brevard NC.** Covered-Dish Supper & Readers' Theater Presentation of "Akron Ohio - Spring 1935." 1st United Methodist Church. See flier.

**Akron OH:** 78th Annual Founder's Day 2013. June 7–9. Package plan (includes accommodations) registration ends May 15 and basic registration ends June 1.

<http://foundersdayregistration.akronaa.org>

**Horse Shoe NC.** Land of Sky Campout. June 14–16. To support the efforts of WNC-CYPAA to bring the North Carolina Conference of Young People in AA (NCCYPAA) to Asheville. Pre-registration \$30 before May 31. Email landofsky2013@gmail.com or get pdf flier/phone contacts from Central Office [info@ncmco.net](mailto:info@ncmco.net). Children under 10 free.

**Mount Pisgah NC.** Sunrise Sobriety Meeting & Campout. June 14–16. For Mt. Pisgah campground reservations (877) 444-6777. BBQ dinner/potluck Saturday night. Info: Tom (828) 506-0463 or Bless (828) 200-3430.

**32nd Music City Roundup: "Sunlight of the Spirit"**. July 4–7. Speakers • Workshops • Al-Anon. Registration deadline is June 21. For more info: [www.musiccityroundup.com](http://www.musiccityroundup.com) or see registration form / flier [here](#).

**Raleigh, NC:** North Carolina State Convention. July 18–21. Hotel discount rate deadline is June 27; use **code A51**. (800) 445-8667 [www.northraleigh.hilton.com](http://www.northraleigh.hilton.com)

**Hampton, VA:** 18th Annual Southeast Regional Woman to Woman Seminar. August 23–25. \$35 registration fee. A.A. women, with Al-Anon participation. Program/hotel info at [www.southeastwomentowomen.org](http://www.southeastwomentowomen.org) or get copy/pdf of the flier from [info@ncmco.net](mailto:info@ncmco.net).

**Hendersonville NC.** Women's Twelve-Step Retreat. September 19–22. Speakers, seminars, meditation, art therapy, energy work sessions, hiking and nature walks. [www.serenity-inthesmokies.com](http://www.serenity-inthesmokies.com)

## The District Express

**NCMCO** seeks office volunteers for its Step 12 Call List. If you are good on the phone • have a helpful attitude • are sober, please contact Central Office. (828) 254-8539 or [info@ncmco.net](mailto:info@ncmco.net).

**All Districts: Committee Coordinators** please send updates on committee meeting times, recent activity, and upcoming service opportunities! The June newsletter deadline is May 15.

**Central Office Representatives (CORs)** meet at Central Office on the last Sunday of the first month of each quarter, at 2:00 pm.

### District 70

**Contact any District 70 trusted servant** through the website <http://ashevilleaa.org> (click the Contacts link at the top of the page).

**GSR District Meeting** is Sunday, June 9, 2:30 pm, at St. Luke's Episc. Church Parish House, 219 Chunn's Cove Rd, Asheville

**Bridging the Gap** (with treatment facilities). Contact Susan H., the TFC Chair, at [ashevilleaa.org](http://ashevilleaa.org); Brad S., BTG Chair; or Janey K., Co-Coordinator, at the toll-free number (888) 830-3155. If you would like to participate in this vital program, please attend the Service Committees Meeting (see listing, below). Learn more about BTG at <http://btgww.org/>.

**Service Committees** meet the last Tuesday of every even-numbered month. Next meeting is June 25, 6:00 pm. Trinity Episcopal Church, 60 Church St, Asheville.

**Events Committee** Watch this space for more information as it becomes available from District 70.

**District contributions** mail to: District 70 Treasurer, PO Box 8574, Asheville, NC 28814

### District 71

**DCM:** Whitney B.: [foothillscal@gmail.com](mailto:foothillscal@gmail.com)

**District contributions** mail to: K. G. Stewart, 301 Forest Ave, Landrum SC 29356-9441

### District 80

**DCM:** John E. - to contact go to [www.aawnc80.org](http://www.aawnc80.org)  
Groups, mail your **district contributions** to:  
Treasurer, PO Box 854, Murphy, NC 28906

## Secrets Women Don't Share

This year's theme is "Women in the Solution"

### 18th Annual Southeast Regional Woman to Woman Seminar

August 23–25, 2013 • Hampton, Virginia  
Embassy Suites, 1700 Coliseum Drive

Meetings • Workshops • Raffles  
Saturday Night Banquet Buffet • Speaker

\$35 • contact [neil.christian@JQH.com](mailto:neil.christian@JQH.com)  
& mention the seminar by name

*Hotel rates include complimentary cooked-to-order breakfast*

For more info: Shirley (757) 846-8699 • Margaret  
(757) 323-4164 • Veronica (757) 343-4068

For a printable (pdf) form, email or call Central Office, or register online at [www.southeastwomentowomen.org](http://www.southeastwomentowomen.org).

with AI-Anon participation

Central Office is open 10–1, M–F

  
**Old Fort  
Eating Meeting**  
**Saturday June 15**

Eating at 6:30  
Speaker at 7:30

*Bring food to share*

Kiwanis Bldg., across  
from the police station



# Land of Sky Campout

Friday June 14-Sunday June 16, 2013



Sponsored by WNCCYPA\*

Deerfields, 101 Watagnee Tr. • Horse Shoe NC

Pre-registration \$30 before May 31

Late registration \$40 June 1 & after

for form write [landofsky2013@gmail.com](mailto:landofsky2013@gmail.com)

Jacob (828) 458-9445 • Ali (732) 614-6757 • Ryan (828) 551-3228

\* "Winky-pah" Western North Carolina Conference of Young People in Alcoholics Anonymous

Speakers • meditation • yoga • drum circle • talent show • Saturday night  
dance • hiking • swimming • biking • disc golf • campfires • even more



## Serenity Service Annual Picnic

June 23 • Carrier Park

Take the Amboy Rd exit off I-240 E

Meeting at 11am • Eating at noon

Hamburgers, hot dogs & beverages provided • please bring a side dish or dessert to share

## 8th International Seniors in Sobriety

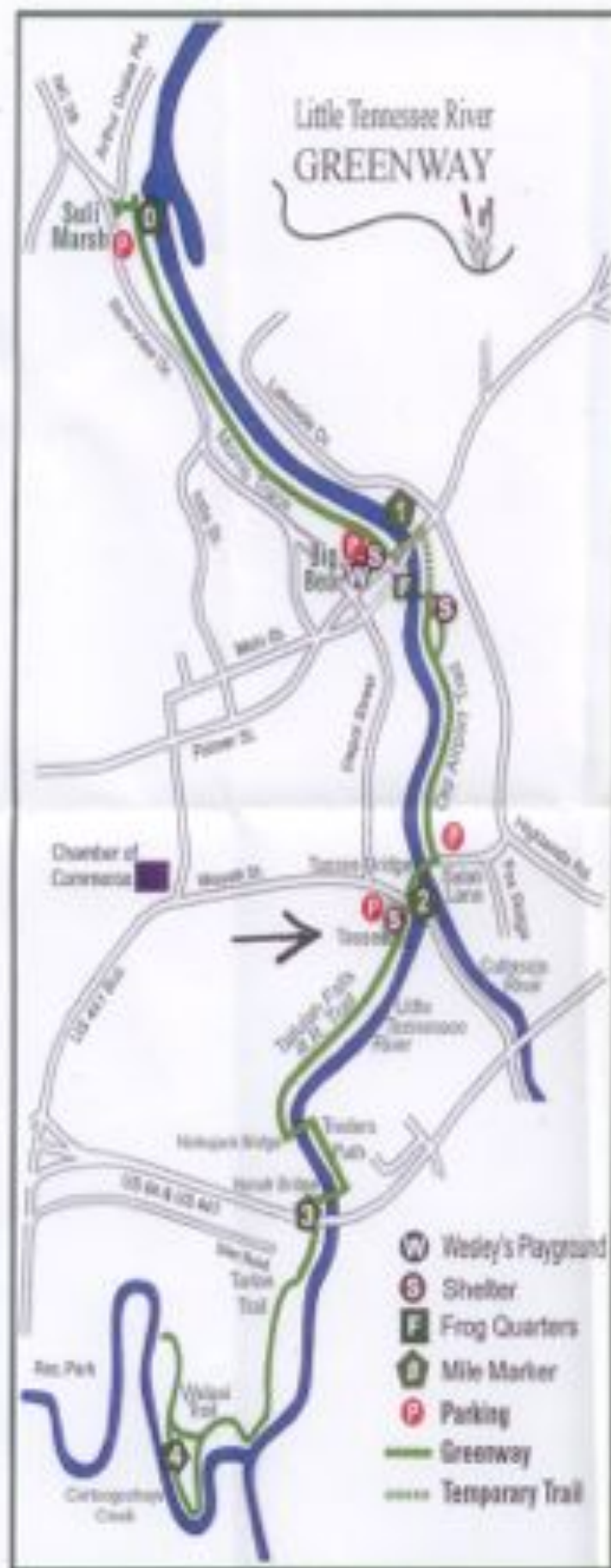
Town & Country Resort Hotel • San Diego, Calif.

September 5-8, 2013

To get the early bird discount, register by July 5 (800) 772-8527

for information write [sandiegoSIS2013@gmail.com](mailto:sandiegoSIS2013@gmail.com)

or call (855) 713-2300 • [www.aasis2013.org](http://www.aasis2013.org)



**The Common  
Sense Group of  
Franklin invites  
you to celebrate  
Founder's Day  
with us on June  
8th**

We will be gathering around noon for fellowship and fun at Tassee Park on the Little Tennessee River Greenway

We will begin serving our meal at 1pm, following our meal we will hear from our speaker Don who is celebrating 49 year of continuous sobriety on the 8<sup>th</sup>. Come join us and celebrate the miracle AA is in our lives and learn a little of what came before. Family and friends are welcome. Please bring a covered dish to share.



Come Help Celebrate

Total Surrender's

6 years of service

June 30<sup>th</sup>, 5-8 pm

Food and Fellowship

(bring a dish or dessert if you wish)

Speaker at 7



Located at: New Hope Presbyterian Church

3070 Sweeten Creek Road, S. Asheville

**July 4<sup>th</sup> - 7<sup>th</sup> 2013**

The Beautiful  
Music City Sheraton Hotel

Great Room Rates  
Starting at \$89.00 for single

Please stay at Hotel  
To help with our room block  
Hotel Phone Number  
888-627-7060

You can also book your room  
online at our website

[www.musiccityroundup.com](http://www.musiccityroundup.com)

Registration \$20 per person

You must book your room  
with the hotel separately;  
registering for the Roundup  
does not guarantee a room at  
hotel.

You must register to enter  
the ballroom no  
exceptions.

Register Alateens free

# 32<sup>nd</sup> Music City

## Roundup



*Sunlight of the Spirit*

### **Don't Miss This Three series Workshop**

Bob B.

St. Paul, MN

Don M.

Louisville, KY

### **AA Speakers**

Don L.

Bellingham, WA

Jennifer K.

Plano, TX

Reid H.

Sioux Falls, SD

Paul W.

Sunset Beach, CA

Nancy W.

Dundas, Ontario CAN

### **Al-Anon Speakers**

Ellen C.

Addison, TX

Kay L.

Los Angeles, CA

*Visit our Website for more info*

[www.musiccityroundup.com](http://www.musiccityroundup.com)

Registration \$20 per person

you must send payment with form to be registered

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

St. Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Name(s) on Badge(s): \_\_\_\_\_

Mail form to: POB 17068, Nashville, TN 37217

Must mail by 6/21/2013 or no guarantee