

# Mountain Doin's

Serving AA in Western  
North Carolina's Districts  
70, 71, and 80 since 1974

May 2013

## ANNIVERSARIES



Group secretaries, email June anniversaries to [info@ncmco.net](mailto:info@ncmco.net) by May 15!

### Acceptance Group

Fred J. 5/13/2012 1yr

### Around the Room Group

Hugh H. 5/11/1978 35yrs

### AVL Big Book Step Study Group

Rachel E. 5/18/2004 9yrs

### Brevard Serenity Group

Linn B. 5/15/1996 17yrs

Pam P. 5/26/1984 29yrs

### Cumberland Group

Lee R. 5/8/1992 21yrs

Rusty M. 5/10/1983 30yrs

Scott B. 5/15/2009 4yrs

Michael S. 5/19/2005 8yrs

Karl 5/24/2008 5yrs

Scott F. 5/2/2006 7yrs

Tom H. 5/27/2006 7yrs

Anna N. 5/23/2011 2yrs

### Grace Group

Jen L. 5/6/2011 2yrs

Dave L. 5/7/1991 22yrs

Casey C. 5/10/2010 3yrs

Mark M. 5/14/1986 27yrs

Anthony T. 5/15/1998 15yrs

Debbie P. 5/18/2006 7yrs

Ed H. 5/20/2005 8yrs

Charlene L. 5/24/1997 16yrs

### Grace Group, con't.

Shirley E. 5/27/1985 28yrs

Cherie M. 5/28/1995 18yrs

### Happy Hour Group HVL

Vee S. 5/20/1979 34yrs

Michael N. 5/24/2002 11yrs

Buzz H. 5/29/2008 5yrs

### Hendersonville Group

Kelly McG. 5/26/2001 12yrs

### KISS Candler Group

Jon M. 5/31/1983 30yrs

### Leicester Home Group

Clay H. 5/16/2009 4yrs

### Library Group

Michael B. 5/9/1986 27yrs

### Mars Hill Group

David T. 5/28/2009 4yrs

Ray C. 5/25/2009 4yrs

### Serenity Seekers

John A. 4/15/1996 17yrs

Buford D. 4/19/2004 9yrs

### Serenity Sisters

Pam G. 5/14/2010 1yr

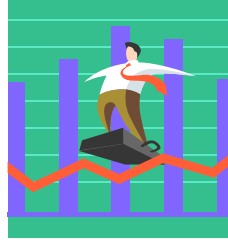
### Women of Grace

Pam B. 5/1/1985 28yrs

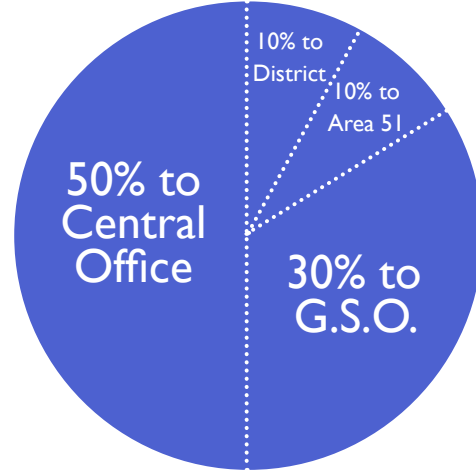
Vivian Grace N. 5/31/1979 34yrs

# Profit & Loss YTD Comparison Accrual Basis

	Mar 13	Jan - Mar 13
<b>Income</b>		
<b>Sales Income</b>		
Conf/GV Approved	1,646.96	4,332.56
Non-Conf/GV-approved	570.18	2,176.88
Handling & Shipping	16.31	61.93
<b>Total Sales Income</b>	<b>2,233.45</b>	<b>6,571.37</b>
<b>Other Income</b>		
Subscriptions	12.00	34.00
Interest Income	0.22	0.41
Group Contributions	1,710.13	7,077.74
Individual Contributions	10.00	30.00
<b>Total Other Income</b>	<b>1,732.35</b>	<b>7,142.15</b>
<b>Total Income</b>	<b>3,965.80</b>	<b>13,713.52</b>
<b>Cost of Goods Sold</b>		
Freight	21.06	131.89
Non Conf/GV Approved	398.75	1,359.96
Conf/GV Approved	1,446.95	3,841.93
5000 · Cost of Goods Sold	8.22	8.22
<b>Total COGS</b>	<b>1,874.98</b>	<b>5,342.00</b>
<b>Gross Profit</b>	<b>2,090.82</b>	<b>8,371.52</b>
<b>Expense</b>		
Office Equipment and Repairs	0.00	1,500.00
Accounting Services	0.00	159.43
Miscellaneous	0.00	0.19
Copier Rental	232.62	557.21
Editor	120.00	360.00
Office Supplies	17.27	300.24
Payroll Expenses	967.54	3,058.88
Payroll Taxes	0.00	56.40
Postage	64.40	200.88
Rent	462.00	1,386.00
Sales Tax	0.00	29.47
<b>Telephone</b>		
Answering Service	211.00	690.33
Office Telephone	204.30	624.69
<b>Total Telephone</b>	<b>415.30</b>	<b>1,315.02</b>
<b>Total Expense</b>	<b>2,279.13</b>	<b>8,923.72</b>
<b>Net Income</b>	<b>-188.31</b>	<b>-552.20</b>

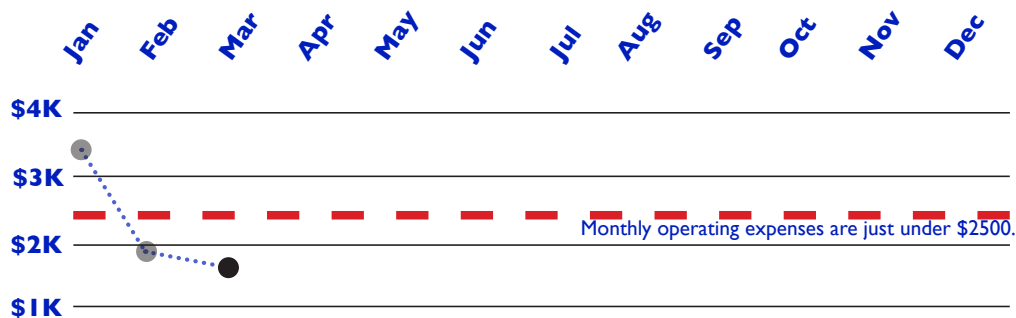


Examples of  
Group  
Contributions to A.A.  
Service Entities\*



\*From The A.A. Group Treasurer

- **General Service Office (G.S.O.)**  
Grand Central Station  
PO Box 459  
New York NY 10164-0423
- **Area 51 NCGSC Treasurer**  
PO Box 657  
Wilmington NC 28402
- **District 70 Treasurer**  
PO Box 8574  
Asheville NC 28814-8574
- **District 71 Treasurer**  
K.G. Stewart  
301 Forest Ave  
Landrum SC 29356-9441
- **District 80 Treasurer**  
PO Box 854  
Murphy NC 28906



2013 Financial  
Security Snapshot

# Group Contribution\$ March 2013 & YTD

	March'12	YTD
Acceptance Group		\$278.02
Anonymous	\$48.00	\$133.00
Around the Room Group		\$100.00
AVL Big Book Step Study Grp		\$62.92
AVL Women's BBSS Grp		\$85.50
Big Town Grp 671-200		\$115.96
Black Mountain Grp 117-117		\$100.00
Candler Kiss Grp 163-148		\$100.00
Cashiers Valley Grp 122-589		\$178.33
Cedar Mountain Grp	\$25.00	\$25.00
Conscious Contact - AVL		\$400.00
Cumberland Group 122-472		\$300.00
Daily Decisions Grp 643-869	\$312.10	\$312.10
Day by Day Group 159-058	\$596.73	\$596.73
Fellowship Group, Fletcher 655-542		\$150.00
Fletcher Group 110-465		\$368.00
Fireside Group		\$301.57
Grace Group of Asheville		\$780.81
Grace of God Group HVL		\$75.00
Hand-in-Hand Group		\$100.00
Kanuga Group	\$22.50	\$45.00
Leicester Group 143-417		\$50.00
Library Group		\$72.50
Mid Day Group	\$123.25	\$123.25
Mill Spring Group 656-821		\$7.00
Monday Night Open Meeting	\$94.55	\$192.05
Mountain View (Highlands)	\$248.00	\$248.00
New Freedom Group		\$80.00
New Life Literature		\$25.00
Recovery by the River		\$100.60
Roundtable Group		\$100.00
Sat. Morning Men's Meeting		\$40.00
Serenity Seekers - Marion		\$35.00
Serenity Service 110-498	\$30.00	\$150.00
Skyland Meeting 693-372	\$60.00	\$60.00
Sylvan Valley AA Group	\$50.00	\$50.00
Sunshine AA Group	\$50.00	\$50.00
Total Surrender Group		\$180.00
Tryon Monday Group	\$50.00	\$100.00

Waynesville Grace Grp		\$600.00
We Think Not Group		\$18.66
Women of Courage		\$68.74
Women of Grace		\$56.00
Young Peoples' Group		\$63.00
Total Group Contributions	\$1,710.13	\$7,077.74
Individual Contributions		
In Memory of B.G.	\$10.00	\$30.00
Total Individual Contributions:	\$10.00	\$30.00
Grand Total	\$1,720.13	\$7,107.74

## Central Office Cash on Hand

Money Market (Prudent Reserve)	\$7,017.81
Operating Account (Checking)	\$1,610.12
Rent Deposit	\$500.00



### In Memoriam: John J.

John J. passed away on Friday, April 19, 2013. John was a longtime member of the Acceptance Group of Asheville.



.....

The A.A. Traditions are neither rules, regulations, nor laws. We obey them willingly because we ought to and because we want to. Perhaps the secret of their power lies in the fact that these life-giving communications spring out of living experience and are rooted in love. —**A.A. Today**, p. 11

## Call & Visitor Log March 2013

AA Crisis 0  
General Info 9  
Family Help 1  
Meeting Info 19  
Central Office Business 31  
Medical/Detox 0  
Visitors 69  
Answer Svc (Operator-Asst) 36

## North Carolina Mountain Central Office News

### COR Meetings Now at...

Suite 210, 70 Woodfin (in the Park Place Bldg., just off Charlotte St at the I-240 interchange).

### Attention All Groups & CORs

The next COR meeting will be held at 2:00 pm on Sunday, April 28.

### From Our Finance Department...

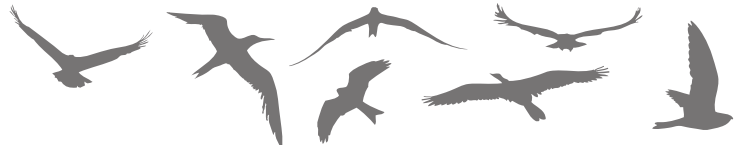
Groups, please pay your bills within 30 days so the Office can continue to stock its shelves. Group treasurers, please contact the office to check about any outstanding balances.

### Next Board Meeting Will Be...

Thursday May 9, 2013, at 6:00 pm, at Central Office. All are welcome. If you'd like to suggest an agenda item, feel free to email [info@ncmco.net](mailto:info@ncmco.net) (a few days in advance, please). Be sure to include your phone number.

### Our Phone Work

From group contributions made in support of the NCMCO mission to serve Western North Carolina, a professional answering service takes calls when the Office is closed. Most folks use the service's automated recordings to get up-to-date meeting information. There's a Spanish option too.



## Meeting Updates Districts 70, 71, 80

### New Meetings

**Cherokee.** *Sisters in Sobriety* Friday 6:00 pm, St. Francis Episc. Church (C,W, BBSS)

**Fletcher.** New Beginnings Group, Saturday 10:00 am. Fletcher U.M. Church, 50 Library Rd (Hendersonville Rd/U.S. 25 & Cane Creek Rd) (W, C, D)

**Hendersonville.** *Hendersonville Group* Sunday, 6:00 pm. 1620 Willow Rd, opposite Valley Hill Fire Dept.; handicap accesible (O, LS)

**Waynesville.** Monday–Friday 9:00 am. Triangle Club, 65 Branner Ave (O, BB)

**Waynesville.** Monday–Friday 5:30 pm. Triangle Club, 65 Branner Ave (O, D)

**Waynesville.** Saturday, 12 noon. Triangle Club, 65 Branner Ave (O, D)

### Meeting Changes

**Asheville.** *Acceptance Group* Monday 12:30 pm is a closed Big Book discussion (C, D, BB)

**Asheville.** *Acceptance Group* Tuesday 12:30 pm is a closed beginners' step study (C, BG, SS)

**Asheville.** *Acceptance Group* Thursday 12:30 pm is an open speaker meeting (O, Sp).

**Asheville.** *Dry Dock* will no longer meet at ABC-CM "Vets' Quarters at 5:00 pm. Instead, it will meet on Mondays and Thursdays at 5:30 pm at Abiding Savior Lutheran Church, in Fairview, 801 Charlotte Hwy (Route 74A).

**Leicester.** *Leicester Group* Wednesday and Saturday meetings' times will change from 8:00 pm to 7:00 pm starting **May 1**.

**Waynesville** *The Great Fact Group*. Sunday, 11:00 am. has moved to the Triangle Club at 65 Branner Ave (O, D)

### Cancelled Meetings

**Fletcher.** *Fellowship Group*, 11:30 am. Calvary Episcopal Church (W, C, D)

# A.A. GRAPEVINE

featurette

**On the Cover: Fun in Sobriety**

## **The Happy Campers**

Grilling, tubing, bonfires and smoothies—nothing's off limits for this fun-loving crew

**Related Story:** 50 Preambles

## **Enjoy the Ride**

Learning to have fun again was a trip of its own

## **Best Deviled Eggs in Memphis**

As his sobriety improved, so did his recipe!

## **A Grand Hike**

At one year, a member gathers a sober posse for an adventure they'll never forget

## **Let the Music Play**

A DJ gets sober and thinks life is over, but the party hasn't really started

## **Look Out for Two Old Ladies**

Girlfriends hit the road for shopping trips, museums—and 3 a.m. bologna sandwiches!

For a free monthly copy of the digital Mountain Doin's, write [info@ncmco.net](mailto:info@ncmco.net)

Subject line:  
Subscribe Me

## **A.A. Events Calendar**

Calendars and fliers of regional and national A.A. events is on the Events page of **the Area 51 site**, at [www.aanorthcarolina.org](http://www.aanorthcarolina.org).

**Cherokee NC:** Spring Sobriety Campout. May 9–12. Pre-reg \$35 includes food/tent or camper site. Call CO or [info@ncmco.net](mailto:info@ncmco.net) for flier/pdf.

**Fort Caswell, NC:** 18th Annual Oak Island Lighthouse Retreat. May 10–12. Register online at [www.oakislandlighthouse retreat.org](http://www.oakislandlighthouse retreat.org) or request a printable pdf of the paper flier from Central Office [info@ncmco.net](mailto:info@ncmco.net)

**Fayetteville, NC:** Spring Committee Meeting & Area Assembly. May 17–19. Hotel discount rate deadline April 19; use code NAA. Get the AA flier at <http://www.aanorthcarolina.org>. Click the Flier link on the Events page

**Akron, OH:** 78th Annual Founder's Day 2013. June 7–9. Package plan (includes accommodations) registration ends May 15 and basic registration ends June 1.

<http://foundersdayregistration.akronaa.org>

**Horse Shoe NC:** Land of Sky Campout. June 14–16. To support the efforts of WNC-CYPAA to bring the North Carolina Conference of Young People in AA (NCCYPAA) to Asheville. Pre-registration \$30 before May 31. Email [landofsky2013@gmail.com](mailto:landofsky2013@gmail.com) or get pdf flier/phone contacts from Central Office [info@ncmco.net](mailto:info@ncmco.net). Children under 10 free.

**32nd Music City Roundup: "Sunlight of the Spirit"**. July 4–7. Speakers • Workshops • Al-Anon. Registration deadline is June 21. For more info: [www.musiccityroundup.com](http://www.musiccityroundup.com) or [contact Central Office](mailto:contact@musiccityroundup.com) to get a pdf or pick up a copy of the registration form / flier.

**Raleigh, NC:** North Carolina State Convention. July 18–21. Hotel discount rate deadline is June 27; use code A51. (800) 445-8667 [www.northraleigh.hilton.com](http://www.northraleigh.hilton.com)

**Hampton, VA:** 18th Annual Southeast Regional Woman to Woman Seminar. August 23–25. \$35 registration fee. A.A. women, with Al-Anon participation. Program and hotel info at [www.southeastwomentowomen.org](http://www.southeastwomentowomen.org) or contact Central Office for copy/pdf of the flier.

# The District Express

**NCMCO** seeks office volunteers from its service area. If you are good on the phone • are consistent • have a helpful attitude • some sobriety, please contact Central Office. (828) 254-8539 or [info@ncmco.net](mailto:info@ncmco.net).

**All Districts: Committee Coordinators** please send updates on committee meeting times, recent activity, and upcoming service opportunities! The June newsletter deadline is May 15.

**Central Office Representatives (CORs)** meet at Central Office on the **last Sunday of the first month of each quarter**, at 2:00 pm.

## District 70

**Contact any District 70 trusted servant** through the website <http://ashevilleaa.org> (click the Contacts link at the top of the page).

**GSR District Meeting** is Sunday, May 12, 2:30 pm, at St. Luke's Episc. Church Parish House, 219 Chunn's Cove Rd, Asheville

**Bridging the Gap** (with treatment facilities). Contact Susan H., the TFC Chair, at [ashevilleaa.org](http://ashevilleaa.org); Brad S., BTG Chair; or Janey K., Co-Coordinator, at the toll-free number (888) 830-3155. If you would like to participate in this vital program, please attend the Service Committees Meeting (see listing, below). Learn more about BTG at <http://btgww.org/>.

**Service Committees** meet the last Tuesday of every even-numbered month. Next meeting is **April 30, 6:00 pm**. Trinity Episcopal Church, 60 Church St, Asheville (note: April has five Tuesdays!).

**Events Committee** Watch this space for more info as it becomes available.

**District contributions** mail to: District 70 Treasurer, PO Box 8574, Asheville, NC 28814

## District 71

**DCM:** Whitney B.: [foothillscal@gmail.com](mailto:foothillscal@gmail.com)

**District contributions** mail to: K. G. Stewart, 301 Forest Ave, Landrum SC 29356-9441

## District 80

**DCM:** John E. - to contact go to [www.aawnc80.org](http://www.aawnc80.org)  
Groups, mail your **district contributions** to:  
Treasurer, PO Box 854, Murphy, NC 28906

We'll try to help you get your order when it works for you. Central Office stocks...

- Medallions & chips
- Pamphlets: certified A.A.
- Grapevine & LaViña
- Bumper/window stickers
- Meeting signage/pamphlet racks

Order by phone or email (we ship!). Stop by anytime to browse the shelves.

Central Office is open 10–1 M–F

### Click Any Link!

- A.A. events at the national, state, and district level.
- Your group's event flier goes out to over 200 subscribers.
- You get straight-to-the-source links to AA events: email, web sites, and conference pages.
- Click any email or URL in the digital edition—it's a live link!

*Tickle your inbox!*

**Request your free free free**

**colorful**

**interactive**

**Mountain**

**Doin's.**

**Sign up by writing to [info@ncmco.net](mailto:info@ncmco.net)**

*Subject line:* **Subscribe Me**

# *Annual District 70 Ice Cream Social* *Saturday May 4, 2013*

*2:00-4:00 pm*

*Calvary Episcopal Church*  
*2840 Hendersonville Rd • Fletcher NC*

*Speaker at 3:00 pm*

*Games! Prizes! A Drawing!*

*\$5 donation suggested*



## **Annual Sunrise Sobriety Meeting & Campout**

**June 14–16, 2013 • Mount Pisgah Campgrounds**

\$19 per night for campsite (or reserve a room at the Pisgah Inn)

**Meetings and activities all weekend long in Loop D!**

**Saturday Night Potluck BBQ Dinner (bring a dish)**

**Sunday Sobriety Sunrise Meeting at 5:58 am**

in the Mt. Pisgah Overlook parking lot; take the path on the right,  
walk about 50 yds to the overlook. Bring a coffee cup and a seat

*Fellowship breakfast\* at the Pisgah Inn Restaurant after the sunrise meeting*

**For more info: Tom (828) 506-0463 or Bless (828) 200-3430**

Get campground info/reservations at [www.recreation.gov](http://www.recreation.gov);  
use the search term "Mount Pisgah Campgrounds"

**\*At your own expense**