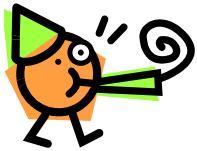


Mountain Doins

Serving AA in Western
North Carolina's
Districts 70, 71, and 80
since 1974

November
2012

North Carolina Mountain Central Office, 70 Woodfin, Park Place Bldg Ste 206, Asheville NC
Open Mon, Wed & Fri 10-1 and Tues, Thurs 1-4 • (828) 254-8539 • ncmco@bellsouth.net



Please read the letter "To All Groups" inside. It presents important information regarding the Board of NCMCO. Thanks!

ANNIVERSARIES

Around the Room Group

Wayne D. 11/9/1970 42yrs

Asheville Big Book Step Study Group

Amanda H. 11/6/2011 1yr

Asheville Women's Big Book Step Study

Katie B. 11/20/2011 1yr

Diana C. 11/24/2011 1yr

Brevard Serenity Group

Cathy B. 11/4/2005 7yrs

Bill L. 11/22/1986 26yrs

Cumberland Group

Cecille C. 11/3/2003 9yrs

Charles H. 11/5/1991 21yrs

Adam H. 11/5/2007 5yrs

John K. 11/23/2009 3yrs

Joshua Mc. 11/28/2008 4yrs

Bill G. 11/30/1983 29yrs

Happy Hour Group-Hendersonville

Crystal D. 11/6/2011 1yrs

Brenda S. 11/13/2004 8yrs

Rob L. 11/19/2008 4yrs

Hendersonville Group

Norman M. 10/4/2011 1yr

John S. 10/7/2001 11yrs

Hendersonville Group

Debbie M. 10/10/2003 9yrs

Bette S. 10/10/1999 13yrs

Ellie 10/17/2006 6yrs

Stan S. 10/20/1986 26yrs

George N. 10/27/2009 3yrs

Jerry B. 11/9/1988 24yrs

Ed S. 11/9/1990 22yrs

Bill S. 11/16/2011 1yr

Rob L. 11/19/2008 4yrs

David L. 11/28/2008 4yrs

Maple Grove Group

Ken B. 11/8/1983 29yrs

Mars Hill Group

Tony V. 11/14/1974 38yrs

Mountain View Group

Polly D. 11/3/1974 38yrs

Fran G. 11/4/1985 27yrs

Jerry W. 11/15/1987 25yrs

Wendy D. 11/24/2007 5yrs

Serenity Sisters

Paulette C. 11/1/2008 4yrs

Terry M. 11/5/1997 15yrs

Rocky W. 11/21/1981 31yrs

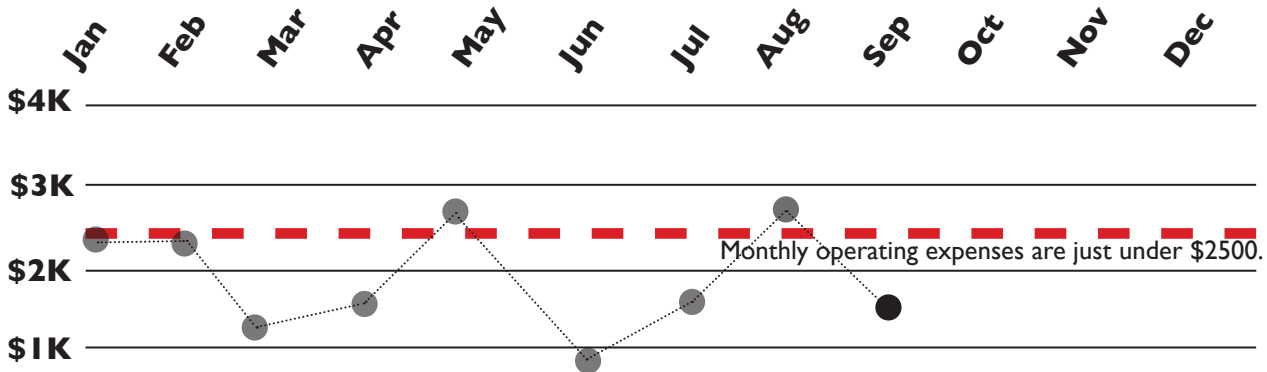
Group secretaries, send in December
anniversaries by November 15!

**NC Mountain Central Office
Profit & Loss YTD Comparison
September 2012**

	<u>Sep 12</u>	<u>Jan - Sep 12</u>
Income		
Sales Income		
Conf/GV Approved	1,204.49	13,507.44
Non-Conf/GV-approved	657.30	7,370.74
Shipping & Handling	11.05	282.71
Total Sales Income	<u>1,872.84</u>	<u>21,160.89</u>
Other Income		
Subscriptions	0.00	11.00
Interest Income	0.00	5.46
Group Contributions	1,499.57	18,167.68
Individual Contributions	0.00	334.65
Total Other Income	<u>1,499.57</u>	<u>18,518.79</u>
Total Income	3,372.41	39,679.68
Cost of Goods Sold		
Freight	17.79	97.59
Non Conf/GV Approved	396.36	4,965.72
Conf/GV Approved	1,065.49	11,821.25
5000 - Cost of Goods Sold	0.80	55.73
Total COGS	<u>1,480.44</u>	<u>16,940.29</u>
Gross Profit	1,891.97	22,739.39
Expense		
Software	129.99	129.99
Accounting Services	0.00	340.95
Miscellaneous	0.00	113.69
Bad Debts	6.51	21.04
Bank Service Charges	0.00	0.00
Copier Rental	376.56	1,497.15
Editor	120.00	1,080.00
Fees - Consultants, Legal, Audit	0.00	120.00
Office Supplies	31.43	578.31
Payroll Expenses	767.83	8,036.55
Postage	66.40	880.65
Rent	462.00	4,122.00
Telephone		
Answering Service	349.65	3,016.74
Office Telephone	210.43	2,054.47
Total Telephone	<u>560.08</u>	<u>5,071.21</u>
Total Expense	<u>2,520.80</u>	<u>21,991.54</u>
Net Income	<u>-628.83</u>	<u>747.85</u>

2012 Financial Security Snapshot

Monthly group contributions compared to average monthly expenses



NCMCO sincerely thanks the groups for their ongoing support. For suggestions on how your home group might allot donations to AA service structures—GSO, Area, District, and Central Office—check out the pamphlets [Self Support: Where Money & Spirituality Mix](#) or [The AA Group](#).



Group Contribution\$ Sep 2012 & YTD

4th Dimension		\$150.00	Men's Attitude Adjustment		\$50.00
11-11-11 Meeting		\$35.00	Mid Day Group (Hendersonville)	\$70.60	\$1,020.60
Acceptance Group		\$988.38	Mill Spring Group 656-821		\$28.00
Anonymous		\$50.00	Mission Group of Sylva #606-119		\$80.00
Around the Room Group		\$299.26	Monday Night Open Meeting		\$722.56
AVL Women's Big		\$87.55	Mountain View (Highlands) 110-598		\$400.00
Book Step Study			Murphy Big Book Group		\$30.00
AVL Big Book Step Study Grp		\$151.85	New Freedom Group	\$40.00	\$140.11
Back to Basics		\$75.00	Pisgah Group		\$75.00
Big Town Group		\$376.34	Plan B Group		\$200.00
Black Mountain Group		\$190.00	Recovery by the River 674-892		\$316.80
Blue Ridge Grp 110-557		\$122.07	Safe N Sound 645-654		\$124.13
Candler Kiss Grp 163-148		\$285.00	Second Chance Group- Cherokee		\$13.01
Cashiers Valley Grp 122-589	\$122.82	\$486.10	Serenity Seekers - Marion 663-204		\$35.00
Columbus Group		\$91.25	Serenity Service 110-498	\$30.00	\$270.00
Common Sense Group	\$29.36	\$136.17	Serenity Sisters Group		\$80.00
Conscious Contact (Asheville)	\$500.00	\$1,900.00	Skyland Meeting	\$50.00	\$60.00
Daily Decisions Group		\$190.33	Sunshine AA Group		\$100.00
Day by Day Group	\$388.29	\$1,059.16	Sylva Group		\$50.00
Downtown Serenity		\$225.00	Sylvan Valley AA Group	\$50.00	\$150.00
Early Birds 612-780		\$502.55	Three Alarm Group		\$31.00
Fellowship Group		\$120.00	Total Surrender Group		\$200.00
Fireside Group	\$107.00	\$357.00	Traditional Group		\$100.00
Fletcher Group		\$100.00	Tryon 12 and 12		\$112.00
Good Livers 666-360		\$331.00	Tryon Thursday Meeting		\$175.00
Grace Group of Asheville		\$2,205.23	Tues Men's Big Book		\$50.52
Grace of God Group of Hendersonville		\$100.00	Waynesville Group		\$1,112.80
Happy Hour Group		\$300.00	Women of Courage		\$154.99
Joy of Living-Black Mountain		\$300.00	Women Of Grace		\$104.00
Joy of Living-Brevard		\$75.00	Young Peoples Group 645-646		\$52.29
Kanuga Group	\$22.50	\$180.00	Total Group Contributions:	\$1,485.57	\$18,153.65
Lambda Group 617-035	\$75.00	\$75.00	INDIVIDUAL CONTRIBUTIONS		
Leicester Group 143-417		\$200.00	Anonymous	\$4.00	\$228.65
Living in the Solu- tion Group 685 - 693		\$122.00	In Memory of B.G.	\$10.00	\$90.00
Log Cabin Group		\$38.60	Bob Heuer		\$30.00
Maggie Valley Group 158-950		\$20.00	Total Individual Contributions:	\$14.00	\$348.65
Mars Hill		\$80.00	Grand Total	\$1,499.57	\$18,502.30
Marshall Group 110-489		\$111.00			

Central Office
Cash on Hand

Checking Account	\$1358.23
Money Market (Prudent Reserve)	\$7016.02
Rent Deposit	\$400.00
Total	\$8874.25

Call & Visitor Log August 2012

AA Crisis 0
General Info 10
Family Help 2
Meeting Info 24
Central Office Business 36
Medical/Detox 0
Visitors 69
Answer Svc (Operator-Asst) 71

North Carolina Mountain Central Office News

Step 12 Call Coordinator Opening

This volunteer Board position liaises with the office manager and the paid answering service. Contact Cindy at the office for more info.

Board Secretary Opening

This volunteer position records the minutes of the monthly Board meetings and of the quarterly COR meetings. Contact Cindy at the office for more info.

District 71 Board Trustee Opening

Here's a great service opportunity for A.A.s with previous district-level service. Board members attend monthly meetings and quarterly COR meetings.

Accounts Receivables Department

Groups, please pay your bills in a timely fashion, so the Office can continue to stock its shelves. Group treasurers, please contact the office to check about any outstanding balances.

Next Board Meeting is...

Thursday November 13, 2012, at 6:00 pm, Central Office. All welcome. If you'd like to suggest an agenda item, email ncmco@bell-south.net in advance.

Meeting Updates District 70, 71, 80

New Meetings

- Asheville.** *Birds of A Feather* Saturday, 10:30 am, First Congregational UCC, 20 Oak St., Asheville-Room 103 (OD)
- Asheville.** *Came to Believe Group* Thursday, 7:00 pm UNCA, 102 Highsmith Auditorium (O, D)
- Asheville.** *Rule 62 Group*, Monday 7:00 pm. Trinity United Methodist Church, 587 Haywood Rd (O, D)
- Asheville.** Downtown Serenity Group, Monday 5:30 pm. 297 Haywood St (O, D)
- Franklin.** *Practical Sobriety* Thursday 7:00 pm. St. Cyprian's Episc Church, 216 Roller Mill Rd (O, BG)
- Hendersonville.** *Hendersonville Group* Sunday, 6:00 pm. 1620 Willow Rd, opposite Valley Hill Fire Dept.; handicap accesible (O, LS)
- Mills River.** *Turnpike Group* Monday & Thursday, 6:30 pm. Church of the Holy Family (O, D)

Meeting Changes

- Asheville.** *Safe and Sound Group* Tuesday 7:00 pm has moved to the 1st Congregational UCC, 20 Oak St., Fellowship Room (O, D)
- Asheville.** *Good Livers Group* 10:30 am has moved to St Mark's Lutheran, corner of E. Chestnut & Liberty Sts. (off Merrimon Ave.) (C, AB)
- Asheville.** *Veteran's Hospital* Friday, 12:30 pm is changing to Saturday 1:00 pm. Still meeting in multi-purpose room in basement, across from cafeteria.
- Fletcher.** *Fellowship Group* Saturday, 10:30 am at Calvary Episcopal (W, C, D) has changed from 10:30 am to 11:30 am
- Highlands.** *Mountain View Group* has moved its meetings to 1st Presbyterian Ch, lower level library, 5th St. entrance
- Marshall.** Friday night *Marshall Group* meeting is now held at 7:00 pm.

Cancelled Meetings

- Mills River** *Living in the Solution Group* Wednesday, 7:00 pm
- Weaverville,** *11th Step Meditation Meeting*, Thursday, 8:00 am, First Baptist Church

Sign up for your free, interactive Mountain Doin's subscription!
Write ncmco@bellsouth.net. Subject line: *Subscribe Me*.

A.A. GRAPEVINE *featurette*

Every November, we alcoholics love to stop and ponder our gratitude for AA. In a 1954 Grapevine, our co-founder, Bill W., put it this way: "We not only feel grateful, we say so with the joy of prisoners set free." In this issue, we feature classic, historic articles on gratitude from our Story Archive on aagrapevine.org. If you haven't explored our terrific complete collection of thousands of AA stories dating back to 1944, please check it out. Read more at www.aagrapevine.org



Most-Viewed Online Forum Topics on Grapevine Website as of October 20, 2012

- **Heard at Meetings** • seen 61,045 times
- **Burning Desire to Share** • seen 37,827 times
- **Steps** • seen 16,314 times

Least-Viewed Online Forum Topics on Grapevine Website as of October 20, 2012

- **Experience w/ A.A. Online?** • seen 174 times
- **12th Step** • seen 8,121 times
- **Service Experiences** • seen 8,328 times

Call Central Office
(828) 254-8539

In Memoriam: Joe G.

Joe died suddenly in September while on a trip to Ireland with his wife, Fran. Joe was a committed A.A. member, and conducted noon meetings faithfully for years in Highlands NC. Last January he picked up his 26-year medallion.

A.A. Events Calendar

19th Annual Native American A.A. Convention. Thursday–Sunday, Nov 8–11 (Veterans' Day weekend). Cherokee NC. Registration includes meals. Contact: shiy-onegada@gmail.com. See flier for full details and schedule.

46th Annual Las Vegas Roundup. Thursday–Sunday, Nov 22–25 (Thanksgiving weekend). Register online by 10/31, save \$5. www.lasvegasroundup.org. See the website for full details and schedule.

Conscious Contact Group's New Year's Eve Alcothon. 2:00 pm Monday, Dec 31, 2012–2:00 am Tuesday, Jan 1, 2013. North Asheville Community Center, 37 Larchmont Dr (below the Fire Dept).

Cooperation with the Professional Community

"A.A. is considered by many professionals to be a valuable resource for alcoholics who want help. When there is a good working relationship between A.A. members in the community and paid alcoholism workers, the sick alcoholic is the winner—he or she gets the help needed from both.

We are not in competition with these non-A.A.s; we have our separate functions."

Online, you can also see A.A.'s [Guidelines](#) for working with the professional community.

:::Carry the Message:::

A.A.s in Western North Carolina are working hard to “carry the message to the alcoholic who still suffers.” This new, monthly column, will highlight current outreach efforts by groups and districts. Each of these efforts is open to all A.A.s—they are opportunities for you to get involved in service! November’s featured service activity is **Bridging the Gap** in District 70.

You might be asking yourself what, exactly, is this “gap”? That’s easy to answer: the gap is the space between *treatment* (that is, non-A.A. centers that specialize in short- or long-term housing for newly sober people) and *Alcoholics Anonymous itself*.

Bridging the Gap is an A.A. service structure that helps connect the about-to-be-discharged person with a temporary recovery contact in A.A. Many of our region’s treatment centers are now actively working with A.A.s to get their clients connected with volunteer A.A.s (like you!). These include Neil Dobbins, Swain, Memorial Mission Hospital, and ADATC (in Black Mountain). Way to go, A.A. and **Bridging the Gap**!

To find out more about **BtG** in District 70, check out the foldable flier included in this newsletter, or attend a Service Committees Meeting (even-numbered months at Trinity Episcopal Church, 60 Church St, 6:00 pm). Questions? Write to one of the co-coordinators via the District 70 A.A. website <http://ashevilleaa.org>. (Click the Contact tab.) You can also visit <http://btgww.org>.

Other service opps to be featured in future issues...

Adopt-A-Doc

Making 12th Step Calls

Volunteering in Jails & Prisons

Serving Vets at the V.A. Hospital (& Beyond)

The Back Room Project

:::To All Groups:::

The Executive Board of the North Carolina Mountain Central Office (NCMCO) is facing a difficult decision—whether to restructure because of unfilled vacancies and less than ideal participation, or continue to operate as is and risk losing the cohesiveness and commitment necessary to fulfill its function as the crossroads of Intergroup 12-Step action, communication, and services.

Of the three Trustee positions from Districts 70, 71, and 80 who are part of the Board, only two are filled and only one has attended regularly. In January two other positions, that of Alternate Chair and Secretary, will become vacant because those members are “rolling off” their two-year commitment (which has stretched to three years in some cases). Already this year there have been several Board meetings where a quorum was not present and Board business could not be conducted as it should be.

At present, the Board meets monthly, but is only partially constituted with two (out of the needed three) Trustees, the Chair, Vice-Chair, Treasurer, and Secretary. In addition, the office manager also attends. We have not had a Step 12 Call List Coordinator at all this year. A suggestion for restructuring would be to lower the number of Trustees to one and to reduce meeting frequency to four times a year. This is, of course, only one possibility. Since this issue affects all of Districts 70, 71, and 80, it is essential that A.A.s make their opinions and suggestions known.

The issue will be brought up at the January 31, 2013, Central Office Representatives meeting. We urge you to contact the COR of your group or plan to attend the meeting to ensure that your voice is heard.

The District Express

NCMCO needs office volunteers from all three Districts. If you are good on the phone • want to help • are consistent • have a helpful attitude • some sobriety, please contact Central Office. (828) 254-8539 or ncmco@bellsouth.net.

All Districts: Committee Coordinators please send updates on committee meeting times, recent activity, and upcoming service opportunities! The December newsletter deadline is November 15.

Central Office Representatives (CORs) meet at 2p.m. on the last Sunday of the first month of each quarter, at St. Luke's Parish House, 219 Chunn's Cove Rd. Please read the "To All Groups" article.

District 70

Contact any District 70 trusted servant through the website <http://ashevilleaa.org> (click the Contacts link at the top of the page).

GSR District Meeting is Sunday, November 11, 2:30 pm, at St. Luke's Episc. Church Parish House, 219 Chunn's Cove Rd, Asheville

Bridging the Gap (with treatment facilities). For more info, please contact Monica G., the TFC Chair at ashevilleaa.org; Brad S., BTG Chair; or Janey K., Co-Coordinator, at the toll-free number (888) 830-3155. If you would like to participate in this vital program feel free to attend the Service Committee Meeting (see listing, below). Learn more about BTG at <http://btgww.org/>.

Events Committee meets second Saturdays. Next meeting is November 10, 1:00 pm. Ingles Cafe, 1865 H'ville Rd (at Mills Gap, across from Earth Fare).

Service Committees meets the last Tuesday of every even-numbered month. Next meeting is December 18, 6:00 pm. Trinity Episcopal Church, 60 Church St, Asheville

District contributions are mailed to: District 70 Treasurer, PO Box 8574, Asheville, NC 28814

District 71

DCM: Whitney B.: foothillscal@gmail.com

District contributions are mailed to: R.L. Zipser, 86 Canterbury Trace, Brevard NC 28712

District 80

DCM: John E. - to contact go to www.aawnc80.org
Groups, mail your **district contributions** to:
Treasurer, PO Box 1599, Franklin, NC 28744

Need supplies but out of time? Call Central Office—we'll try to help you pick up your order when it works for you. We have...

- Medallions
- Pamphlets
- Grapevine & LaViña
- Bumper/window stickers
- Recovery greeting cards

Order by phone (we ship!) or stop by and browse the shelves.

• A.A. events at the national, state, and district level are listed in one place.

• Fliers included, for your meeting announcements

• You get straight-to-the-source links to AA events: email, web sites, and registration pages.

• Click any email address in the digital newsletter—it's a live link!

Tickle your inbox!

Request your free free free

colorful

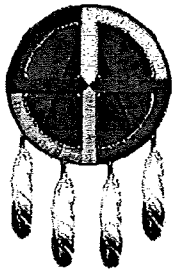
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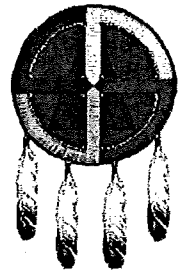
Doin's.

Sign up by writing to ncmco@bellsouth.net

Subject line: **Subscribe Me**



19th Annual Native American AA Convention



**November 8th – 11th 2012
Veterans Day Weekend!**



Location

Old Cherokee High School
1501 Acquoni Road
Cherokee, NC 28719

Registration

Beginning Thursday
@ 12 Noon.

(This address can also be used to direct you to our location on GPS)

<p>Events and Happenings:</p> <p>Sunrise Services Talking Circles Speaker Meetings Al-Anon Meetings Marathon Meetings Entertainment Sobriety Pow-Wow Sobriety Count Down T-shirts Raffles Money Drum New Comers & Young Peoples Panel</p>	<p>Lodging Separate from registration fee. Please call and make your own reservation. Nearby Motels within walking distance: Magnuson (828) 497-2020 Cherokee Lodge (828) 497-2226 Baymont Inn (828) 497-2102</p> <p>Chestnut Tree Inn (828) 497-9181 (Formerly Holiday Inn, located on Hwy. 19)</p>
<p>Celebrate AA in a Native Cultural way beginning with a Morning Sunrise Service. Native and Non-native AA speakers. Bring your Regalia and participate in the Sobriety Pow-Wow. Talent Show Friday night~ Bring your talent and/or musical instruments and the stage will be yours. A prize will be awarded to the lucky winner. Saturday Night Entertainment Still in the planning stage</p>	<p>Registration Information: Advance Registration = \$45.00 per person Deadline for early registration October 19, 2012. \$50.00 at the door. Children under 10 are Free This includes dinner on Thur. Breakfast, Lunch & Dinner both Friday and Saturday Volunteers are needed and appreciated. For more information please contact: Jody Taylor - Phone: (828) 736-7510 Email: shiyonegada@gmail.com</p>
<p>NO PETS ALLOWED EXCEPT SERVICE DOGS Personal checks, Money Orders or Cashiers Checks should be made out to: NAAAC There will be a charge of \$25.00 for any returned checks. Please mail your payment and registration to: Jason Taylor, Treasurer P.O. Box 548 Cherokee, NC 28719</p>	
<p>Name: _____ # in Party: _____ Amount Enclosed: \$ _____</p>	
<p>Address: _____</p>	
<p>Email: _____</p>	