

# Mountain Doins

Serving AA in Western  
North Carolina's Districts  
70, 71, and 80 since  
1974

August  
2012

North Carolina Mountain Central Office, 70 Woodfin, Park Place Bldg Ste 206, Asheville NC  
Open Mon, Wed & Fri 10-1 and Tues, Thurs 1-4 • (828) 254-8539 • [ncmco@bellsouth.net](mailto:ncmco@bellsouth.net)

## ANNIVERSARIES

### Acceptance Group

Howard S.	8/3/10	2 years
Jason M.	8/4/09	3 years
Bill S.	8/11/75	37 years
Demeseh C.	8/15/01	11 years

### Asheville Big Book Step Study

Harry S.	8/6/84	28 years
Mary T.	8/21/87	25 years

### Cumberland Group

Lynda M.	8/6/85	27 years
Wilson D.	8/8/08	4 years
Wayne B.	8/15/05	7 years
Tom H.	8/23/05	7 years
Kerry V.	8/31/05	7 years
Tommy G.	8/18/08	4 years
Georgia P.	8/22/11	1 year

### Grace Group

Wendy B.	8/30/06	6 years
Terry G.	8/26/11	1 year
Brent R.	8/25/00	12 years
Jananne	8/23/11	1 year
Tom M.	8/9/10	2 years
Le'Ann M.	8/8/08	4 years
Sue T.	8/6/03	9 years
Russell C.	8/5/11	1 year
Ed B.	8/3/09	3 years
Lynette G.	8/3/10	2 years
Brad S.	8/2/01	11 years
Brian F.	8/2/11	1 year
Dana K.	8/2/10	2 years

### Happy Hour Group

Steve E.	8/11/10	2 years
Charlene O.	8/20/02	10 years

### Hendersonville Group

Carol P.	8/11/94	18 years
Joe T.	8/24/96	16 years
Tabby D.	8/26/11	1 year

### Leicester Group

Ann I.	8/6/89	23 years
Wayne B.	8/15/05	7 years

### Mars Hill Group

Diane McG.	8/9/93	9 years
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### Serenity Sisters Group

Royal P.	8/15/70	42 years
Ronda I.	8/6/97	15 years
Adria C.	8/8/08	4 years
Kristi S.	8/11/01	11 years
Candy P.	8/15/87	25 years
Mary W.	8/15/10	2 years
Elise C.	8/17/02	10 years
Melanie H.	8/30/10	2 years

### Women of Grace

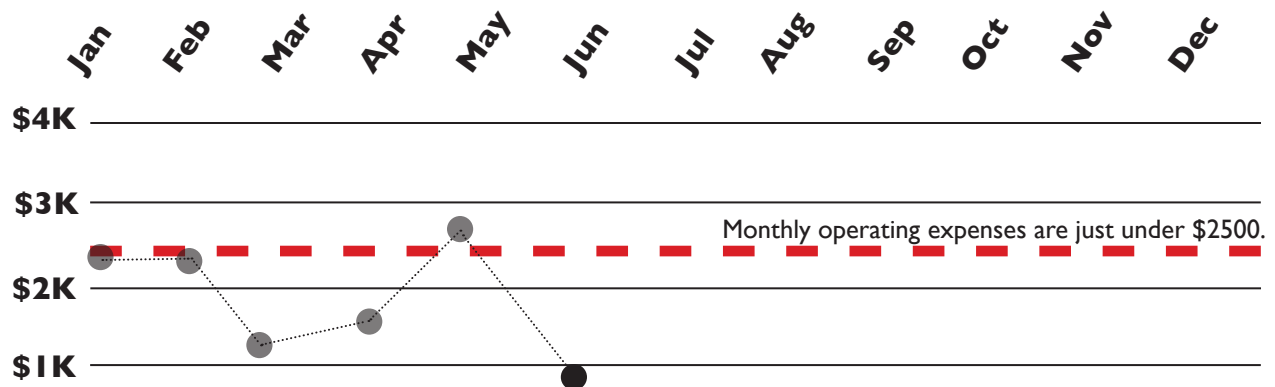
Debbie P.	8/26/01	11 years
Denise D.	8/13/99	13 years
Jacquelyne	8/28/98	14 years

EXPERIENCE  
STRENGTH  
&  
HOPE

Send in your thoughts, letters,  
jokes, and hopes to  
[ncmco@bellsouth.net](mailto:ncmco@bellsouth.net).

## NC Mountain Central Office Profit & Loss YTD Comparison June 2012

	Jan 12	Jan - Jun 12
<b>Income</b>		
<b>Sales Income</b>		
ContIGV Approved	1,358.01	9,453.10
Non-ContIGV-approved	719.85	4,973.37
Shipping & Handling	6.25	208.16
<b>Total Sales Income</b>	<b>2,084.11</b>	<b>14,634.63</b>
<b>Other Income</b>		
Subscriptions	9.00	11.00
Interest Income	0.50	4.88
Group Contributions	951.60	11,220.12
Individual Contributions	3.85	299.03
<b>Total Other Income</b>	<b>965.11</b>	<b>11,535.03</b>
<b>Total Income</b>	<b>3,049.22</b>	<b>26,169.66</b>
<b>Cost of Goods Sold</b>		
Freight	0.00	10.00
Non-ContIGV Approved	506.49	3,410.82
ContIGV Approved	1,220.91	8,251.43
SME - Cost of Goods Sold	2.00	2.00
<b>Total COGS</b>	<b>1,729.40</b>	<b>11,674.25</b>
<b>Gross Profit</b>	<b>1,319.82</b>	<b>14,495.41</b>
<b>Expenses</b>		
Accounting Services	196.84	340.95
Miscellaneous	0.00	105.14
Bad Debt	0.00	14.53
Bank Service Charges	0.00	0.00
Copier Rental	310.92	958.31
Editor	120.00	720.00
Fees - Consultants, Legal, Audit	0.00	120.00
Office Supplies	76.30	402.12
Payroll Expenses	759.41	4,987.33
Postage	77.35	646.48
Rent	462.00	2,736.00
Telephones		
Accounting Service	724.71	2,114.26
Office Telephones	355.49	1,295.52
<b>Total Telephones</b>	<b>1,080.20</b>	<b>3,410.80</b>
<b>Total Expenses</b>	<b>3,091.02</b>	<b>14,441.66</b>
<b>Net Income</b>	<b>-1,771.20</b>	<b>53.75</b>



NCMCO sincerely thanks the groups for their ongoing support. For suggestions on how your home group might allot donations to AA service structures—GSO, Area, District, and Central Office—check out the pamphlets [Self Support: Where Money & Spirituality Mix](#) or [The AA Group](#).

# Group Contribution\$ June 2012 & YTD

4th Dimension	\$150.00	Monday Night Open Meeting	\$354.00
Acceptance Group	\$476.33	Mtn View (Highlands) 110-598	\$400.00
Around the Room Group \$35.00	\$150.47	Murphy Big Book Group	\$30.00
A'VL Women's BB Step Study	\$87.55	New Freedom Group	\$70.11
A'VL BB Step Study Grp 637-843	\$133.52	Pisgah Group	\$75.00
Back to Basics	\$75.00	Plan B Group	\$200.00
Big Town Group	\$246.00	Recovery by the River 674-892	\$188.00
Black Mountain Group	\$100.00	Safe N Sound 645-654	\$124.13
Candler Kiss Grp 163-148	\$160.00	Second Chance Grp- Cherokee	\$13.01
Cashiers Valley Grp 122-589	\$254.86	Serenity Service 110-498 \$30.00	\$180.00
Columbus Group \$50.00	\$91.25	Serenity Sisters Grp	\$80.00
Common Sense Group	\$34.57	Skyland Meeting	\$10.00
Conscious Contact (AVL)	\$1,400.00	Sunshine AA Group	\$50.00
Daily Decisions Group	\$190.33	Sylva Group	\$50.00
Day by Day Group \$385.08	\$670.87	Sylvan Valley AA Grp \$50.00	\$100.00
Downtown Serenity	\$225.00	Three Alarm Group	\$31.00
Fellowship Group	\$120.00	Total Surrender Group	\$50.00
Fireside Group	\$150.00	Traditional Group	\$100.00
Fletcher Group	\$100.00	Tryon 12 and 12 \$20.00	\$112.00
Good Livers 666-360	\$331.00	Tryon Thursday Meeting	\$175.00
Grace Group of Asheville	\$1,348.49	Tues Men's Big Book \$42.10	\$42.10
Grace of God Group of H'VL	\$100.00	Waynesville Group	\$632.80
Happy Hour Group \$150.00	\$150.00	Women of Courage	\$38.94
Joy of Living-Brevard \$25.00	\$25.00	Women Of Grace \$52.00	\$104.00
Kanuga Group \$22.50	\$112.50	Young Peoples Grp 645-646	\$52.29
Leicester Group 143-417	\$150.00	<b>Total Group Contributions</b> \$941.68	<b>\$11,205.12</b>
Living in the Solution Grp 685-693	\$122.00	<i>Individual Contributions</i>	
Mars Hill \$80.00	\$80.00	Anonymous \$3.85	\$223.03
Men's Attitude Adjustment	\$10.00	In Memory of B.G. \$10.00	\$60.00
Mid Day Group	\$600.00	Bob H.	\$30.00
Mill Spring Group 656-821	\$18.00	<b>Total Individual Contributions</b> \$13.85	<b>\$313.03</b>
Mission Grp of Sylva 606-119	\$80.00	<b>Grand Total</b>	<b>\$955.53 \$11,518.15</b>

**Contact  
Central  
Office**

**(828) 254-8539**



**Central Office  
Cash on Hand**

Checking Account	\$628.41
Money Market (Prudent Reserve)	\$7015.44
Rent Deposit	\$400.00
<b>Total</b>	<b>\$8043.85</b>

## Call & Visitor Log June 2012

AA Crisis 2  
General Info 3  
Family Help 2  
Meeting Info 34  
Central Office Business 24  
Medical/Detox 0  
Visitors 80  
Answer Svc (Oper-Asst) 40

## Meeting Updates District 70, 71, 80

### *New Meetings*

- Asheville.** *Serenity Service Group* Wednesday, 9:30 pm. 697-G Haywood Rd (beside Ingles) (CD, Candlelight)
- Asheville.** *Serenity Service Group* Sunday, 3:30 pm, Living Sober Meeting. 697-G Haywood Rd (beside Ingles) (O, LS)
- Asheville.** *Serenity Service Group* Wednesday, 8:00 pm, Women's Meeting, 697-G Haywood Rd. (beside Ingles) (W, O, D)
- Franklin.** *Practical Sobriety* Thursday 7:00 pm. St. Cyprian's Episc Church, 216 Roller Mill Rd (O, BG)
- Mills River.** *Turnpike Group* Monday and Thursday, 6:30 pm. Church of the Holy Family (O, D)
- Pisgah Forest.** Wednesday, 5:00 pm. Shink Job Corp. Bldg., Pisgah Nat'l. Forest (C, BG)
- Tryon.** *Tryon Meeting* Monday, 5:30 pm. Tryon United Methodist Ch, 195 New Market St (O, D)

### *Meeting Changes*

- Asheville.** *Dry Dock* meetings 5:00 pm are now closed (C).
- Asheville.** *Pisgah Group* Tuesday (C, LS) and Thursday (O, SP) now meet at 7:00 pm Calvary Baptist Church, 531 Haywood Rd
- Asheville.** *Lambda Group* Saturday 8:30 pm has changed to 7:00pm Beginner's (BG)
- Asheville.** *Good Livers* Monday, 10:30 am has moved to St Mark's Lutheran, corner of E. Chestnut & Liberty Sts. (off Merrimon Ave.) (C, AB)
- Fletcher.** *Fellowship Group* Saturday, 10:30 am at Calvary Episcopal (W, C, D) has changed from 10:30a to 11:30a.
- Highlands.** *Mountain View Group* has moved its meetings to 1st Presbyterian Ch, lower level library, 5th St. entrance.
- Marshall.** Friday night *Marshall Group* meeting is now held at 7:00 pm.

### *Cancelled Meetings*

- Asheville.** *Serenity Service Group* Saturday, 9:00 am, 697-G Haywood Road, (O, BG)

## North Carolina Mountain Central Office News

### District 71 Board Trustee Opening

Here's a great service opportunity for A.A.s with previous district-level service. Board members attend monthly meetings that start at 6:00p (second Thursdays). A quorum must be present for the Board to do business so commitment is part of the job. Trustee, District 71. Term: 2012-2014

### Office Manager Needed

The Board of Directors of NCMCO is accepting resumes for the position of Office Manager through Wednesday, August 8. Cover letters should summarize experience in office management, including accounts payable/receivable, supply ordering, QuickBooks, and background in AA service, if applicable. A complete job description may be obtained by contacting [ncmco@bellsouth.net](mailto:ncmco@bellsouth.net) or (828) 280-0081. Qualified applicants will be interviewed in September, to start in early October.

### Next Board Meeting is...

Thursday, August 9, 2012, at 6pm, Central Office. All welcome. If you'd like to suggest an agenda item, email [ncmco@bellsouth.net](mailto:ncmco@bellsouth.net) in advance.

Sign up for your free, interactive Mountain Doin's subscription!  
Write [ncmco@bellsouth.net](mailto:ncmco@bellsouth.net). Subject line: *Subscribe Me*.

## A.A. Events Calendar

**5th Annual District 70 Eating Meeting.** Sunday, Aug 5, 2:00–6:00. Lake Julian, off Long Shoals Rd, Arden. *Optional* \$5.00 to help pay for the main dish and beverages; bring summer salad or dessert to share. Contact: Events Committee at [www.ashevilleaa.org](http://www.ashevilleaa.org) or call Gina (225) 221-5228 or Dawn (585) 319-7165. *See display ad for more detailed schedule.*

**54th ICYPAA (Int'l. Conference of Young People in A.A.).** Thursday–Sunday, Sep 13–16. St. Louis MO. \$30 pre-registration ends Aug 31. Contact: [contact@icypaahost.org](mailto:contact@icypaahost.org). *See insert for full details and schedule.*

**Community Appreciation Pig Pickin'. First Step Farm (friends of A.A.)** Saturday, Sep 22, 12–3. 215 Black Oak Cove Rd, Candler. [info@firststepfarmofwnc.org](mailto:info@firststepfarmofwnc.org). *See insert for more information.*

## Read A.A. e-Books on your mobile device!

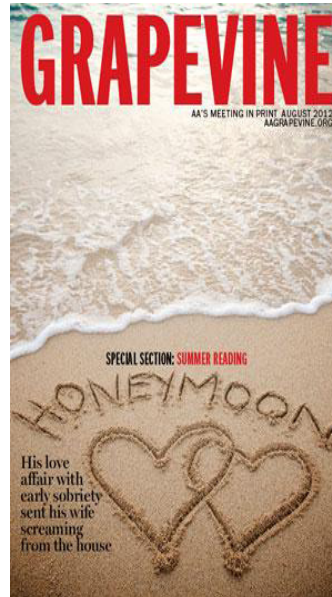
*As Bill Sees It* \$7 • *Living Sober* \$4

To learn more, go to [www.aa.org](http://www.aa.org) and click the eBooks tab at the top of the page.

## What Step(s) Are You Working?

AA members, post a story! Send submissions to [ncmco@bellsouth.net](mailto:ncmco@bellsouth.net) by the 15th for the next issue. NCMCO only publishes signed work so be sure to include your first name, last initial, *and home group*.

## A.A. GRAPEVINE *Featurette*



What better to do on a hot sober summer day but kick back on the beach and read a good book? Grapevine has many terrific books, filled with stories from AA members sharing their experience, strength and hope.

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“We did not always come closer to wisdom by reason of our virtues; our better understanding is often rooted in the pains of our former follies.” —Bill W., *As Bill Sees It*  
In this month's special section are featured great selections from Grapevine books.

## Web Exclusive: The Lowest Bottom.

Sign up for a digital or print subscription at [aagrapevine.org](http://aagrapevine.org).

## You Ain't Seen Nothin' Lately...

...if you haven't browsed the pamphlet stacks at Central Office! Some of these G.S.O. publications are rarely seen at meetings. They contain inspiring, sober, and helpful information on all kinds of special topics of interest to A.A.s. Come on in and get you some!

And they're reasonably priced.

# **District 70's 5th Annual Picnic & BBQ**

## **Sunday August 5 2-6pm**

**Lake Julian Park (off Long Shoals Rd in Arden)**

**Hotdogs • Hamburgers • Sausage**

**Beans & Cole Slaw**

**Coffee & Soda**

**Bring a summer salad or dessert to share**

**Questions? Gina (225) 221-5228 or Dawn (585) 319-7165**

**Brought to you by District 70's 2012 Events Committee**

Email your special-event flier as a pdf to NCMCO and it will be publicized in the *Mountain Doins!* And if you like, we can make it an single-page insert, so that other meetings can include it in their announcements.

Deadline for Sep issue: Aug 15

A "Goodbye" and "Thankyou" to All:

It has been my pleasure to work as Central Office manager for the past three years and I want to thank all of you that have made my job a pleasant one. From the trusted volunteers, to the literature chairs and individuals coming in to shop for books & supplies, this has been a great place to be at all times. I'm not sure how I'm going to handle working in a serious accounting office without surprise visitors at my every turn. I guess it will be up to me to find a way. I'll still be around, of course, and am grateful for all the new friends I have had the privilege to meet through working here. Dave used to ask me how I knew so many people in the program and he got used to my reply: "they come in the office"! Please be patient with the new manager, as it took me quite a long time to learn the ropes. My predecessors paved the



*Sobriety Tip #11*  
*90 Meetings in 90 Days*

path and I have tried to continue to keep Central Office a thorough resource for our groups and passers-by, as in AA, one day at a time.

See you around the rooms!

Myra B.

## The District Express

**12th Step Call List** needs volunteers from all three Districts. If you are good on the phone • want to help • are consistent • have a helpful attitude • some sobriety, please contact John A. at (828) 254-8539. You tell him when you're free to take calls!

**All District Committee Coordinators** please send updates on committee meeting times, recent activity, and upcoming service opportunities! The September newsletter deadline is August 15.

**Central Office Representatives (CORs)** meet at 2p.m. on the last Sunday of the *first month of each quarter*, at St. Luke's Parish House, 219 Chunn's Cove Rd. Next meeting: **October 28, 2:00p**

### District 70

**DCM:** Dale - go to [ashevilleaa.org](http://ashevilleaa.org), click Contact tab

**GSR District Meeting** is Sunday, August 12, 2:30p, at St. Luke's Episc. Church Parish House, 219 Chunn's Cove Rd, Asheville

**Bridging the Gap** next meeting is Wednesday, August 8, 6:30p, Oakley UMC (after 5:30p meeting)

**Treatment Contact** For more info, please contact Monica G., the TFC coordinator at [cotamonica@yahoo.com](mailto:cotamonica@yahoo.com), or Dana, the BTG coordinator toll-free at **(888) 830-3155**. Learn more about BTG at <http://btgwww.org/>.

**Service Committees** now meets the last Tuesday of every even-numbered month. Next meeting is August 28, 6:00p. Trinity Episcopal Church, 60 Church St, Asheville

**District contributions** are mailed to: District 70 Treasurer, PO Box 8574, A'ville, NC 28814

Contact any District 70 trusted servant through the website <http://ashevilleaa.org> (click the Contacts link).

### District 71

**DCM:** Whitney B.: [foothillscal@gmail.com](mailto:foothillscal@gmail.com)

**District contributions** are mailed to: R.L. Zipser, 86 Canterbury Trace, Brevard NC 28712

### District 80

**DCM:** John E. - to contact go to [www.aawnc80.org](http://www.aawnc80.org) Groups, mail your **district contributions** to: Treasurer, PO Box 1599, Franklin, NC 28744

*Central Office carries a wide selection of A.A. literature and recovery materials, such as*

- Medallions
- Pamphlets
- Books
- Bumper/window stickers
- Greeting cards

*Call to order, or stop by to browse the selection!*

- A.A. events at the national, state, and district level are listed in one place.

- Fliers included, for your meeting announcements

- You get straight-to-the-source links to AA events: email, web sites, and registration pages.

- Click any email address in the digital newsletter—it's a live link!

**Tickle your inbox!**

**Request your**

**free**

**digital**

**interactive**

**Mountain**

**Doin's.**

Sign up by writing to [ncmco@bellsouth.net](mailto:ncmco@bellsouth.net)

Subject line: **Subscribe Me**

Come celebrate the  
**PISGAH GROUP'S**  
**5th ANNIVERSARY** on  
**SATURDAY AUGUST 18, 2012**

Calvary Baptist Church  
531 Haywood Road, Asheville, NC 28806

5:00 pm—Linda J.—Charlotte, NC

6:00 pm                    **POTLUCK DINNER**  
**50/50 RAFFLE!**

7:00 pm—Tom I.—Southern Pines, NC

Questions? 828.707.3210



## **Bethel Up the River Group Celebrating 18<sup>th</sup> Anniversary!!**

**WHEN:** Saturday, September 15, 2012

**WHERE:** Bethel Baptist Church  
Route 276 South  
5868 Pigeon Rd  
Bethel, NC

**TIME:** Noon, Set-Up and Fellowship  
1:00pm Eating  
Local Live Blue Grass Band  
2:00pm Speaker, Gene S, Hendersonville  
3:00-4:00pm Band will continue to play

Group will provide BBQ, Beans, Coffee and Cold Drinks – Please bring Desserts or a Covered Dish to Share.

We will need help with the Setting Up and Taking Down so anyone that can please come early and stay a little afterwards.

**Directions:** Go through downtown Waynesville, at Exxon/Subway traffic light take a left on 276 south/ Pigeon St. Follow until you see church on right. Parking can be in either first or second parking lot. Any questions call: Penny 828-452-3798.

International Conference of Young People in Alcoholics Anonymous

# ICYPAA

"Animated by the spirit of service"

## St. Louis, Missouri

Historic Hotel St. Louis, 1418 Locust St., St. Louis, MO 63103

The Jefferson Hotel, 1418 Locust St., St. Louis, MO 63103

1000 Olive St., 10th Floor, St. Louis, MO 63101

1000 Olive St., St. Louis, MO 63101

1000 Olive St., St. Louis, MO 63101

1000 Olive St., St. Louis, MO 63101

1-800-325-7311, extension 4100

Online registration, travel link, and all Conference details at [icypaahost.org](http://icypaahost.org)



### PRE-REGISTRATION: \$30\*

\*Available until pre-registration ends on August 31, 2012. Registration at Conference will be \$30.

**You must register online at [icypaahost.org](http://icypaahost.org) to receive registration confirmation and receipt.**

To pre-register by mail, cut, complete and mail this form with payment to ICYPAA, P.O. Box 15628, St. Louis, MO 63113

Name \_\_\_\_\_

ZIP/Postal Code Where You Live \_\_\_\_\_ Country \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Sobriety Date \_\_\_\_\_ Birth Date \_\_\_\_\_  Male  Female

Please check one:  AA  Al-Anon  Alateen

Special needs (please circle): Deaf / Hearing Impaired / Wheelchair Access

Other \_\_\_\_\_

- I want to help with outreach for the conference
- I want to be of service at the conference
- I want to be added to the mailing list

**Please be sure to check all that apply and fill in the appropriate dollar amounts.**

Pre-Registration (\$30) \$ \_\_\_\_\_

I am a ready registrer

Pre-Conference Event (\$15) \$ \_\_\_\_\_

Scholarship Donation \$ \_\_\_\_\_

**TOTAL ENCLOSED \$ \_\_\_\_\_**  
Make checks payable to: 54th ICYPAA

For more information, email:  
[contact@icypaahost.org](mailto:contact@icypaahost.org)

To volunteer, email:  
[volunteer@icypaahost.org](mailto:volunteer@icypaahost.org)

*YA'LL COME*

**COMMUNITY APPRECIATION DAY**

***PIG PICKIN'***

**FIRST STEP FARM OF WNC, INC.**

info@firststepfarmwnc.org

***MEN'S FACILITY***

215 BLACK OAK COVE ROAD · CANDLER, NC 28715

**SEPTEMBER 22, 2012**

**NOON - 3:00 P. M.**

***FUN \* FRIENDSHIP \* FLOWERS \* MUSIC***

SERVING NORTH CAROLINA SINCE 1976  
"SUPERVISED LIVING" FOR SUBSTANCE ABUSE REHABILITATION  
LICENSED BY NC DHS - HEALTH SERVICE REGULATIONS

**NO CHARGE FOR MEAL**

DONATIONS ARE ACCEPTED AND APPRECIATED (TAX DEDUCTIBLE TO OUR NON-PROFIT CORPORATION).

THIS EVENT IS FUNDED BY THE SALE OF PRODUCE FROM THE FIRST STEP FARM GARDENS