

Mountain Doin's

July 2012

CLOSED ON THE FOURTH!

**CORs meet
Sunday July 22,
2:00, at 219
Chunn's Cove
Rd • AVL**

Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974

North Carolina Mountain Central Office, 70 Woodfin, Park Place Bldg Ste 206, Asheville NC
Open Mon, Wed & Fri 10-1 and Tues, Thurs 1-4 • (828) 254-8539 • ncmco@bellsouth.net

ANNIVERSARIES

Acceptance Group

Karen G.	7/4	12 years
Abbie S.	7/11	3 years
Ron G.	7/15	15 years
Curry	7/19	23 years
Dan B.	7/20	2 years
Ken A.	7/20	10 years
Elizabeth H.	7/26	6 years
Barb B.	7/29	30 years
Dee A.	7/29	9 years
Mary Jane	7/31	25 years

Asheville Big Book Step Study

Jef P.	7/28/10	2 years
--------	---------	---------

Asheville Women's Big Book Step Study

Emily S.	5/4/10	2 years
Alexandra M.	6/4/11	1 year
Linda S.	7/22/83	29 years
Laurie G.	7/27/04	8 years
Kara C.	7/28/11	1 year

Back to Basics

Rita S.	7/1/96	16 years
---------	--------	----------

Brevard Serenity Group

Elizabeth H.	7/5/87	25 years
Claudia S.	7/7/06	6 years
Dale M.	7/7/94	18 years
Barry	7/22/77	35 years

Cumberland Group

Matt J.	7/10/02	10 years
Melvin L.	7/18/11	1 year
David T.	7/21/93	19 years

Fletcher Group

Dave	7/11/90	22 years
------	---------	----------

Grace Group

George P.	7/1/08	4 years
Paul J.	7/2/08	4 years
Judy M.	7/3/94	18 years
Blair T.	7/4/89	23 years
Alan B.	7/5/06	6 years
Scott B.	7/7/10	2 years
Anne R.	7/8/07	5 years
Cathy K.	7/10/10	2 years
Carol V.	7/10/07	5 years
Jim D.	7/14/08	4 years
Jonathan J.	7/14/09	3 years
Vanessa D.	7/17/07	5 years
Stan W.	7/19/06	6 years
Joe T.	7/22/07	2 years
Dean W.	7/24/09	3 years
Linda M.	7/24/06	6 years
Joe P.	7/25/10	2 years
John P.	7/25/05	7 years
Elizabeth H.	7/26/06	6 years
Carla W.	7/28/07	5 years
Bob Pa.	7/31/01	11 years

Happy Hour Group

Chris F.	6/26/10	2 years
Caryl	7/21/84	28 years

Leicester Group

Calvin M.	7/1/11	1 year
Debbie W.	7/4/08	4 years

New Life Literature

Todd	7/2003	9 years
------	--------	---------

Serenity Sisters Group

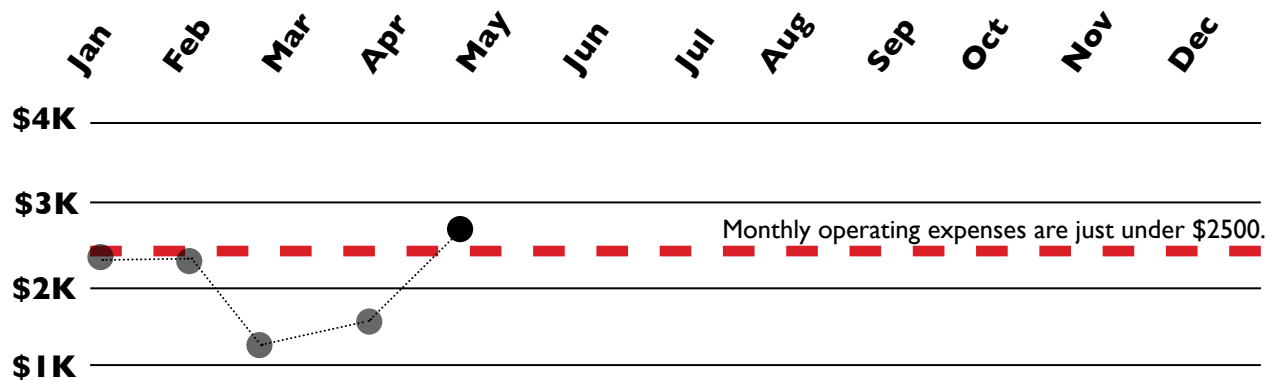
Carol L.	7/2/07	5 years
Beth E.	7/8/11	1 year

The Three Legacies Group

Stewart R.	7/1/99	13 years
------------	--------	----------

NC Mountain Central Office Profit & Loss YTD Comparison May 2012

	May 12	Jan - May 12
Income		
Sales Income		
Conf/GV Approved	1,201.16	8,095.09
Non-Conf/GV-approved	578.24	4,253.52
Shipping & Handling	42.75	201.91
Total Sales Income	1,822.15	12,550.52
Other Income		
Subscriptions	0.00	2.00
Interest Income	0.00	4.30
Group Contributions	2,664.54	10,268.44
Individual Contributions	210.55	295.18
Total Other Income	2,875.09	10,569.92
Total Income	4,697.24	23,120.44
Cost of Goods Sold		
Freight	0.00	10.00
Non Conf/GV Approved	398.69	2,904.33
Conf/GV Approved	1,023.56	7,030.52
Total COGS	1,422.25	9,944.85
Gross Profit	3,274.99	13,175.59
Expense		
Accounting Services	0.00	144.11
Miscellaneous	0.00	105.14
Bad Debts	0.00	14.53
Bank Service Charges	0.00	0.00
Copier Rental	112.91	639.39
Editor	120.00	600.00
Fees - Consultants, Legal, Audit	120.00	120.00
Office Supplies	96.09	325.82
Payroll Expenses	759.42	4,227.92
Postage	104.09	569.13
Rent	462.00	2,274.00
Telephone		
Answering Service	273.89	1,389.57
Office Telephone	211.62	941.03
Total Telephone	485.51	2,330.60
Total Expense	2,260.02	11,350.64
Net Income	1,014.97	1,824.95



NCMCO sincerely thanks the groups for their ongoing support. For suggestions on how your home group might allot donations to AA service structures—GSO, Area, District, and Central Office—check out the pamphlets [Self Support: Where Money & Spirituality Mix](#) or [The AA Group](#).

Group Contribution\$ May 2012 & YTD

4th Dimension		\$150.00	Monday Night Open Meeting	\$185.00	\$354.00
Acceptance Group	\$43.00	\$476.33	Mtn View (Highlands) 110-598		\$400.00
Around the Room Group		\$115.47	Murphy Big Book Group		\$30.00
Asheville Women's BBSS Grp	\$87.55	\$87.55	New Freedom Group		\$70.11
Asheville BBSS Grp 637-843		\$133.52	Pisgah Group	\$75.00	\$75.00
Back to Basics	\$75.00	\$75.00	Plan B Group		\$200.00
Big Town Group		\$246.00	Recovery by the River 674-892		\$188.00
Black Mountain Group		\$100.00	Safe N Sound 645-654		\$124.13
Candler Kiss Grp 163-148	\$70.00	\$160.00	Second Chance Grp Cherokee		\$13.01
Cashiers Valley Grp 122-589		\$254.86	Serenity Service 110-498	\$30.00	\$150.00
Columbus Group		\$41.25	Serenity Sisters Group		\$80.00
Common Sense Group		\$34.57	Skyland Meeting		\$10.00
Conscious Contact (Asheville)	\$200.00	\$1,400.00	Sunshine AA Group		\$50.00
Daily Decisions Group		\$190.33	Sylva Group	\$50.00	\$50.00
Day by Day Group		\$285.79	Sylvan Valley AA Group		\$50.00
Downtown Serenity		\$225.00	Three Alarm Group		\$31.00
Fellowship Group	\$120.00	\$120.00	Total Surrender Group		\$50.00
Fireside Group	\$150.00	\$150.00	Traditional Group		\$100.00
Fletcher Group		\$100.00	Tryon 12 and 12	\$42.00	\$92.00
Good Livers 666-360	\$116.00	\$331.00	Tryon Thursday Meeting		\$175.00
Grace Group of Asheville	\$1,348.49	\$1,348.49	Waynesville Group		\$632.80
Grace of God Group of HVL		\$100.00	Women of Courage		\$38.94
Kanuga Group	\$22.50	\$90.00	Women Of Grace		\$52.00
Leicester Group 143-417		\$100.00	Young Peoples Group 645-646		\$52.29
Leicester Group 143-417		\$50.00	Total Group Contributions	\$2,664.54	\$10,263.44
Living in the Solution Grp		\$122.00	Individual Contributions		
Men's Attitude Adjustment		\$10.00	Anonymous	\$200.55	\$219.18
Mid Day Group	\$50.00	\$600.00	In Memory of B.G.	\$10.00	\$50.00
Mill Spring Group 656-821		\$18.00	Bob Heuer		\$30.00
Mission Grp Sylva #606-119		\$80.00	Total Ind Contributions	\$210.55	\$299.18
			Grand Total	\$2,875.09	\$10,562.62

Central Office Cash on Hand

Checking Account	\$7014.86
Money Market (Prudent Reserve)	\$1626.79
Rent Deposit	\$400.00
Total	\$9041.65



Contact Central Office
(828) 254-8539
ncmco@bellsouth.net

Call & Visitor Log May 2012

AA Crisis 1
General Info 4
Family Help 3
Meeting Info 25
Central Office Business 41
Medical/Detox
Visitors 69
Answer Svc (Oper-Asst) 79

Meeting Updates District 70, 71, 80

New Meetings

- Asheville.** *Serenity Service Group* Sunday, 3:30 pm, Living Sober Meeting, 697-G Haywood Rd (beside Ingles) O, LS
- Asheville.** *Serenity Service Group* Wednesday, 8:00pm, Women's Meeting, 697-G Haywood Rd. (beside Ingles) O, D
- Columbus.** *Happy Joyous & Free* Thursday noon. Columbus U.M. Church, 76 N. Peak St (across from Stearn's Gym) O, D
- Franklin.** *Practical Sobriety* Thursday 7pm. St. Cyprian's Episc Church, 216 Roller Mill Rd (O, BG)
- Murphy.** *Murphy Big Book* Monday 8pm, St. William's Catholic Church, 765 Andrews Hwy (C, M, D)
- Tryon.** *Tryon Meeting* Monday, 5:30 pm. Tryon United Methodist Ch, 195 New Market St (O, D)

Meeting Changes

- Asheville.** *Dry Dock* meetings 5pm are now closed (C).
- Asheville.** *Pisgah Group* Tuesday (C, LS) and Thursday (O, SP) now meet at 7:00 pm. Calvary Baptist Church, 531 Haywood Rd
- Asheville.** *Acceptance Group* Monday, 12:30p, 219 Chunn's Cove Rd, is now a closed Big Book study (C, BB)
- Asheville.** *Good Livers Group* Monday, 10:30am has moved to St Mark's Lutheran, corner of E. Chestnut & Liberty Sts. (off Merrimon Ave.) (C, AB)
- Brevard.** *Speed Bump Group* Friday, 12 noon, St. Timothy UMC, Asheville Hwy, has changed from a closed literature study to closed discussion (C, D)
- Fletcher.** *Fellowship Group* Saturday, 10:30am at Calvary Episcopal (W, C, D) has changed from 10:30am to 11:30am.
- Highlands.** *Mountain View Group* has moved its meetings to 1st Presbyterian Ch, lower level library, 5th St. entrance.
- Marshall.** Friday night *Marshall Group* meeting is now held at 7pm.

Cancelled Meetings

- Asheville.** *Serenity Service Group* Saturday, 9am, 697-G Haywood Road, (O, BG)

North Carolina Mountain Central Office News

District 71 Trustee Board Opening

Here's a great service opportunity for A.A.s with previous district-level service. Board members attend monthly meetings that start at 6p (second Thursdays). A quorum must be present for the Board to do business so commitment is part of the job.

Trustee, District 71. Term: 2012-2014

800 Number Discontinued

For many years now, the Office has maintained a toll-free "800" number. Our 12th Step Call Coordinators have often remarked on how many calls from this number are from callers well outside the NCMCO service area looking for meeting info in their area. Since "long distance" calls are now free with cell phones, and most Americans (including alcoholics!) have them, the 800 number has been discontinued.

Board Financials

Groups, please pay your bills in a timely fashion, so the Office can continue to stock its shelves. Group treasurers, please contact the office to check about any outstanding balances.

Next Board Meeting is...

Thursday July 12, 2012, at 6pm. All welcome. if you'd like to suggest an agenda item, email ncmco@bellsouth.net a few days in advance.

Sign up for your free, interactive Mountain Doin's subscription!
Write ncmco@bellsouth.net. Subject line: *Subscribe Me*.

Read A.A. e-Books on your mobile device!

English • French • Spanish

To learn more, go to www.aa.org and click the eBooks tab at the top of the page.

A.A. Events Calendar

5th Annual District 70 Eating Meeting.

Sunday, Aug 6, 2:00–6:00. Lake Julian, off Long Shoals Rd, Arden. \$5.00 to help pay for the main dish and beverages; bring summer salad or dessert to share. Contact: Events Committee at www.ashevilleaa.org.

See display ad for more detailed schedule.

N.C. State Convention. Friday–Sunday, July 12–15, Charlotte. \$15 convention registration fee (Hotel conference rate no longer in effect.) convention@aanorthcarolina.org. Free coffee!

See display ad for more detailed schedule.

Serenity in the Scenic City. Friday–Sunday, Aug 24–26. Chattanooga TN. Hotel convention rate deadline is Aug 10. Contact: hostcommittee@yahoo.com.

See display ad for more detailed schedule.

Opportunities at the General Service Office

Two Class A (nonalcoholic) trustee vacancies on the General Service Board and two non-trustee directors on the A.A. World Services, Inc., Board. For more information, [contact G.S.O. directly](#). Resume forms are due December 15, 2012.

A.A. GRAPEVINE *Featurette*



Every year, Grapevine gets hundreds of stories from AA members in correctional facilities as well as from those dedicated to service work, carrying the message behind prison walls. We are thrilled to share some of these powerful examples of hope, redemption and service in our annual July prison issue.

“We did not always come closer to wisdom by reason of our virtues; our better understanding is often rooted in the pains of our former follies.”
—Bill W., *As Bill Sees It*

In this month's special section are featured stories from prisoners who found AA.

A.A.'s, please feel free to suggest a regular feature, such as excerpts from *As Bill Sees It*, Box 459 (the G.S.O. newsletter mailed to G.S.R.s), or other A.A. literature. Just write us!

Hitting Bottom

AA members, post a story! Send submissions to ncmco@bellsouth.net by the 15th for the next issue. NCMCO only publishes signed work so be sure to include your first name, last initial, and home group.



Serenity in the Scenic City

August 24, 25 & 26, 2012

Alcoholics Anonymous with Al-anon participation

FEATURED AA SPEAKERS

Clancy I. / Los Angeles, CA.

Donna H. / Huntley, MT

Mary F. / Bowling Green, KY

Burns B. / Louisville, KY

FEATURED AL-ANON SPEAKER

Vanoy S. / Austin, TX

Rooms: Chattanooga Choo Choo Holiday Inn

1400 Market Street

Chattanooga, TN 37421

Phone: 423- 266-5000

Use code "LC12SR" when making your reservations

Reserve your room no later than: August 10, 2012

Room Rates: \$ 82.00 per night



Pre-Registration: \$20.00 per person Registration : \$25.00 day of

Registration includes: Fellowship Friday night, Workshops, Dance Saturday night, hospitality room

Please make check, money order or cashier's check payable to: Host Committee

MAIL PRE-REGISTRATION BY AUGUST 17TH, 2012

SERENITY IN THE SCENIC CITY

P.O. BOX 28042

CHATTANOOGA, TN 37424

Visit us online at: www.Serenityinthesceniccity.com

Have questions, email us at: hostcommittee@yahoo.com

Serenity in the Scenic City 2012

AA _____ Al-anon _____

AA _____ Al-anon _____

Name: _____

Name: _____

Address: _____

Address: _____

City: _____ State: _____

City: _____ State: _____

Zip: _____ Phone: _____

Zip: _____ Phone: _____

Name on Badge: _____

Name on Badge: _____

Poker Run on Saturday: \$15.00 per driver, \$5.00 for rider, and \$5.00 for extra hand

If included with Registration, please check here: _____

The District Express

12th Step Call List needs volunteers from all three Districts. If you are good on the phone • want to help • are consistent • have a helpful attitude • some sobriety, please contact John A. at (828) 254-8539. You can specify when you're free to take calls!

All District Committee Coordinators please send updates on committee meeting times, recent activity, and upcoming service opportunities! The July newsletter deadline is June 15.

Central Office Representatives (CORs) meet at 2p.m. on the last Sunday of the first month of each quarter, at St. Luke's Parish House, 219 Chunn's Cove Rd. Next meeting: **July 22, 2:00 pm**

District 70

DCM: Dale - go to ashevilleaa.org, click Contact tab
GSR District Meeting is Sunday, July 8, 2:30 pm, at St. Luke's Episc. Church Parish House, 219 Chunn's Cove Rd, Asheville

Bridging the Gap next meeting is Wednesday, July 11, 6:30pm, Oakley UMC (after 5:30 meeting)

Treatment Contact For more info, please contact Monica G., the TFC coordinator at cotamonica@yahoo.com, or Dana, the BTG coordinator toll-free at **(888) 830-3155**. Learn more about BTG at <http://btgww.org/>.

Service Committees meeting Tuesday, June 31, 6:00 pm. Trinity Episcopal Church, 60 Church St, Asheville

District contributions are mailed to: District 70 Treasurer, PO Box 8574, Asheville, NC 28814

Contact any District 70 trusted servant through the website <http://ashevilleaa.org> (click the Contacts link).

District 71

DCM: Whitney B.: foothillscal@gmail.com

District contributions are mailed to: R.L. Zipser, 86 Canterbury Trace, Brevard NC 28712

District 80

DCM: John E. - to contact go to www.aawnc80.org Groups, mail your **district contributions** to: Treasurer, PO Box 1599, Franklin, NC 28744

Email your special-event flier as a pdf to NCMCO and it will be publicized in the *Mountain Doins!* And if you like, we can make it an single-page insert, so that other meetings can include it in their announcements. Deadline for Aug issue: July 15

Central Office carries a wide selection of A.A. literature and recovery materials, such as

- Medallions
- Pamphlets
- Books
- Bumper/window stickers
- Greeting cards

Call to order, or stop by to browse the selection!

• A.A. events at the national, state, and district level are listed in one place.

• Fliers included, for your meeting announcements

• You get straight-to-the-source links to AA events:

email, web sites, and registration pages.

• Click any email address in the digital newsletter—it's

a live link!

Tickle your inbox!

Request your free

digital

interactive

Mountain

Doins.

Sign up by writing to ncmco@bellsouth.net

Subject line: **Subscribe Me**

65th North Carolina State Convention

July 12th thru 15th, 2012

“But for the Grace of God”

Renaissance Suites

2800 Coliseum Centre Drive

Charlotte, NC 28217

REGISTER NOW TO SUPPORT YOUR CONVENTION!

Convention Pre-Registration

\$12.00 per person

before June 22, 2012

\$15.00 per person June 22, 2012 and after
Teenage & Younger Al-Anon Members
No Charge - Must Register
(No Refunds After June 22, 2012)

Hotel Registration

Convention Code: *NCGNCGA*

\$102.00 for up to four people

Reservations: (704) 357-1414 / 800-266-9432
Or: <https://resweb.passkey.com/go/ncgscaa0712>

Hotel cut-off for Conference rate is June 22, 2012

For More Information Contact:

Chair: Gracie W. (910) 620-2957

Alt. Chair: Melanie F. (704) 985-4194

Registrar: Lady C. (919) 812-6863

Email: convention@aanorthcarolina.org

Speakers

Thursday	8:30 pm	Donna B.	Wilmington, NC
Friday	8:30 pm	Mike M.	Cedar Rapids, IA
▲ Saturday	10:00 am	Valerie A.	Durham, NC
Saturday	2:00 pm	Traci M.	Keller, TX
Saturday	8:00 pm	Butch M.	Barrie, Ontario
Sunday	10:00 am	Frank D.	Silver Spring, MD

Friday, 3:00 pm / Old-Timers' Panel

Babs G.	Charlotte, NC
Julie C.	Raleigh, NC
Greg G.	Charlotte NC

Registration Desk Opens: Coffee Room Opens:

Thursday	4:30 pm	Thursday	4:00 pm
Friday	1:00 pm	Friday	7:00 am



- **FREE** Convention Mug to First **500** Pre-Registrants!
- ‘Round the Clock **Marathon Meetings**
- Plenty of **FREE Coffee**
- Friday, 10:00 am / **Open Discussion Meeting** ▲
- Friday, 4:30 pm / **Open Discussion Meeting** ▲
- Saturday Night **Dance**

..... (Cut Here)

65th North Carolina State Convention

Special Rate before June 22, 2012—\$12.00
Teenage & Younger Al-Anon Members / No Charge but must register

Name _____

Address _____

City & State _____ Zip _____

Telephone (_____) _____ - _____

Enclosed — \$ _____ for _____ registration (s)

Name(s) to be printed on badge(s) _____

(Please Print)

Make checks payable to:

NC Convention Committee
PO Box 71144
Durham, NC 27722-1144



Would you like to see workshops at future conventions? (Please check one)



Yes

Continue as is; no changes needed

No opinion



Serenity in the Scenic City

August 24, 25 & 26, 2012

Alcoholics Anonymous with Al-anon participation

FEATURED AA SPEAKERS

Clancy I. / Los Angeles, CA.

Donna H. / Huntley, MT

Mary F. / Bowling Green, KY

Burns B. / Louisville, KY

FEATURED AL-ANON SPEAKER

Vanoy S. / Austin, TX

Rooms: Chattanooga Choo Choo Holiday Inn

1400 Market Street

Chattanooga, TN 37421

Phone: 423- 266-5000

Use code "LC12SR" when making your reservations

Reserve your room no later than: August 10, 2012

Room Rates: \$ 82.00 per night



Pre-Registration: \$20.00 per person Registration : \$25.00 day of

Registration includes: Fellowship Friday night, Workshops, Dance Saturday night, hospitality room

Please make check, money order or cashier's check payable to: Host Committee

MAIL PRE-REGISTRATION BY AUGUST 17TH, 2012

SERENITY IN THE SCENIC CITY

P.O. BOX 28042

CHATTANOOGA, TN 37424

Visit us online at: www.Serenityinthesceniccity.com

Have questions, email us at: hostcommittee@yahoo.com

Serenity in the Scenic City 2012

AA _____ Al-anon _____

AA _____ Al-anon _____

Name: _____

Name: _____

Address: _____

Address: _____

City: _____ State: _____

City: _____ State: _____

Zip: _____ Phone: _____

Zip: _____ Phone: _____

Name on Badge: _____

Name on Badge: _____

Poker Run on Saturday: \$15.00 per driver, \$5.00 for rider, and \$5.00 for extra hand

If included with Registration, please check here: _____