

Mountain Doins

June 2012

*Serving AA in Western North Carolina's
Districts 70, 71, and 80 since 1974*

North Carolina Mountain Central Office, 70 Woodfin, Park Place Bldg Ste 206, Asheville NC
Open Mon, Wed & Fri 10-1 and Tues, Thurs 1-4 • (828) 254-8539 • ncmco@bellsouth.net

ANNIVERSARIES

Acceptance Group

Michelle P.	6/2/11	1 year
Bob S.	6/5/07	5 years
Ursula	6/13/11	1 year
Stewart	6/15/11	1 year
John C.	6/21/10	2 years
Matt J.	6/22/98	14 years
Mike D.	6/23/11	1 year

Asheville BB Step Study

Adam K.	6/6/11	1 year
---------	--------	--------

Back to Basics

Bill M.	6/1/74	38 years
Carla B.	6/21/84	28 years

Black Mountain Group - May

Mark	5/10/08	4 years
Rodger	5/13/01	11 years
Jimmy	5/25/85	27 years

Brevard Serenity Group

Deborah B.	6/5/93	19 years
------------	--------	----------

Cumberland Group

Robe K.	6/7/08	4 years
Scott S.	6/4/87	25 years

Fletcher Group

Phil	6/9/95	17 years
Joyce	6/28/92	19 years

Grace Group

Liz N.	6/1/10	2 years
Bob P.	6/2/92	20 years
Pete H.	6/2/00	12 years
Norman L.	6/4/09	3 years
Casey C.	6/5/10	2 years
Susan R.	6/7/05	7 years
Marky S.	6/8/05	6 years
Paul S.	6/10/85	27 years

Grace Group con't.

Gayle R.	6/12/09	3 years
Donna C.	6/13/09	3 years
Katie K.	6/13/97	15 years
Valerie S.	6/16/08	4 years
Jananne	6/18/10	2 years
Mary Scott H.	6/18/86	26 years
Mica W.	6/20/10	2 years
Bill A.	6/21/10	2 years
Joanne F.	6/21/89	23 years
Mark M.	6/21/03	9 years
Patricia S.	6/30/09	3 years
Ted E.	6/30/88	24 years

Happy Hour Group

Doug B.	6/7/11	1 year
Mary D.	6/16/78	34 years
Karen B.	6/16/10	2 years
Mark H.	6/22/95	17 years

Leicester Group

Mark S.	6/7/04	8 years
Luanne V.	6/12/08	4 years
Rebecca E.	6/19/09	3 years
Terri G.	6/26/10	2 years

New Life Literature

Brenda C.	6/86	26 years
-----------	------	----------

Serenity Sisters Group

Mary Ann B.	6/6/71	41 years
Beverly B.	6/10/88	24 years
Kim M.	6/11/04	8 years
Brenda F.	6/15/87	25 years
Vicky H.	6/19/10	2 years

Women of Grace

Gina A.	6/4/10	2 years
Brenda W.	6/30/86	26 years



Contact Central Office
(828) 254-8539
ncmco@bellsouth.net



Sobriety Tip #42: Don't drink, go to meetings

EXPERIENCE
STRENGTH
 &
HOPE

Send in your thoughts, letters, jokes, and hopes to ncmco@bellsouth.net.

Powerless

Alcohol, you are my everything. I need you close.

You are my lover~you make me feel good...

I will stay close~ you will abandon your partner.

You are my support~your love is unconditional...

I will stay close~ you will abandon your family.

You are my council~you are always by my side...

I will stay close~ you will abandon your friends.

You are my champion~I can do no wrong before you...

I will stay close~ you will abandon those who believe in you.

You are my confidant~nothing about me escapes you...

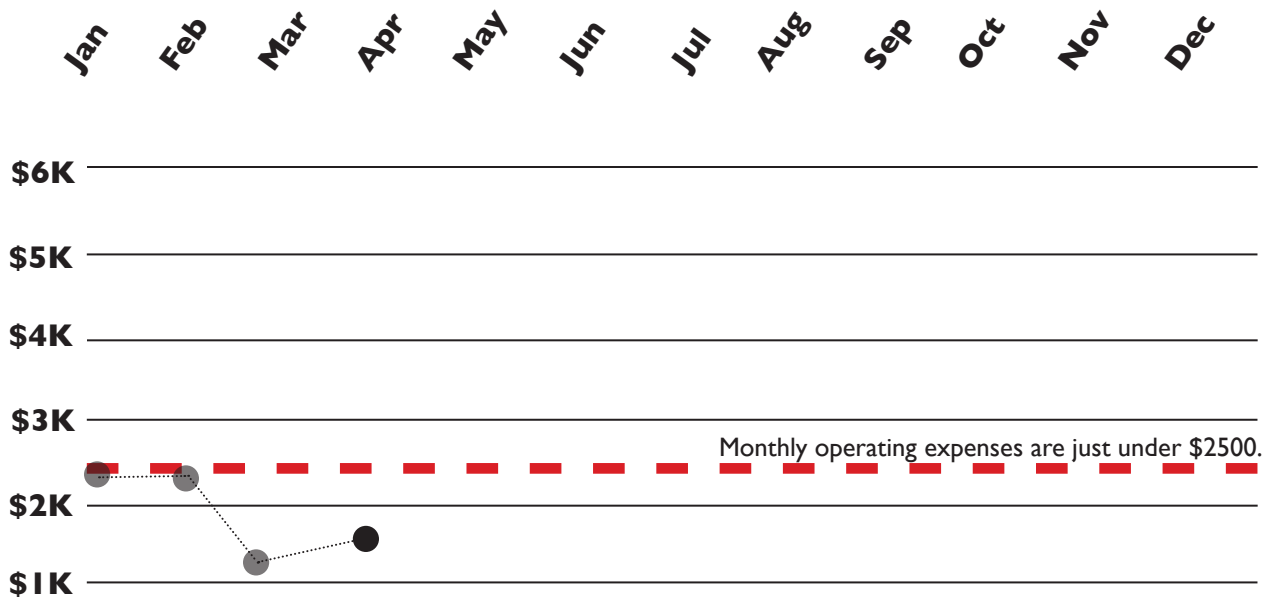
I will stay close~ you will abandon those who trust you

You are my guardian~no pain or fear can touch me...

I will stay close~ you will abandon your children

~Catherine G.

2012 Financial Security Snapshot
 Monthly group contributions compared to average monthly expenses



2012 Self Support

NCMCO sincerely thanks the groups for their ongoing support. For suggestions on how your home group might allot donations to AA service structures—GSO, Area, District, and Central Office—check out the pamphlets [Self Support: Where Money & Spirituality Mix](#) or [The AA Group](#).

Central Office Profit & Loss Report

Jan - Apr 12

Income		
Sales Income		
Conf/GV Approved	6,893.93	
Non-Conf/GV-approved	3,675.28	
Shipping & Handling	159.16	
Total Sales Income	10,728.37	
Other Income		
Subscriptions	2.00	
Interest Income	3.71	
Group Contributions	7,626.40	
Individual Contributions	84.63	
Total Other Income	7,716.74	
Total Income	18,445.11	
Cost of Goods Sold		
Freight	10.00	
Non Conf/GV Approved	2,505.64	
Conf/GV Approved	6,006.96	
Total COGS	8,522.60	
Gross Profit	9,922.51	
Expense		
Accounting Services	144.11	
Miscellaneous	105.14	
Bad Debts	14.53	
Bank Service Charges	0.00	
Copier Rental	526.48	
Editor	480.00	
Office Supplies	229.73	
Payroll Expenses	3,468.50	
Postage	465.04	
Rent	1,812.00	
Telephone		
Answering Service	1,115.68	
Office Telephone	729.41	
Total Telephone	1,845.09	
Total Expense	9,090.62	
Net Income	831.89	

Central Office Cash on Hand

Checking Account	\$2830.00
Money Market (Prudent Reserve)	\$7014.00
Rent Deposit	\$400.00
Total	\$10244.00

Group Contribution\$ April 2012 & YTD

4th Dimension		\$150.00
Acceptance Group	\$433.33	\$433.33
Around the Room Group		\$115.47
AVL BB Step Study Grp 637-843		\$133.52
Big Town Group	\$116.12	\$246.00
Black Mountain Group		\$100.00
Candler Kiss Grp 163-148		\$90.00
Cashiers Valley Grp 122-589	\$146.40	\$254.86
Columbus Group		\$41.25
Common Sense Group	\$34.57	\$34.57
Conscious Contact (Asheville)	\$100.00	\$1,200.00
Daily Decisions Group	\$190.33	\$190.33
Day by Day Group		\$285.79
Downtown Serenity		\$225.00
Fletcher Group		\$100.00
Good Livers 666-360		\$215.00
Grace of God Grp of Hendersonville	\$50.00	\$100.00
Kanuga Group	\$22.50	\$67.50
Leicester Group 143-417	\$50.00	\$100.00
Leicester Group 143-417		\$50.00
Living in the Solution Grp 685 - 693		\$122.00
Men's Attitude Adjustment		\$10.00
Mid Day Group	\$150.00	\$550.00
Mill Spring Group 656-821	\$10.00	\$18.00
Mission Group of Sylva #606-119	\$40.00	\$80.00
Monday Night Open Meeting		\$169.00
Mountain View (Highlands) 110-598		\$400.00
Murphy Big Book Group	\$10.00	\$30.00
New Freedom Group		\$70.11
Plan B Group		\$200.00
Recovery by the River 674-892	\$95.20	\$188.00
Safe N Sound 645-654	\$56.91	\$124.13
Second Chance Grp- Cherokee		\$13.01
Serenity Service 110-498	\$30.00	\$120.00
Serenity Sisters Group		\$80.00
Skyland Meeting		\$10.00
Sunshine AA Group	\$50.00	\$50.00
Sylvan Valley AA Group		\$50.00
Three Alarm Group		\$31.00
Total Surrender Group		\$50.00
Traditional Group		\$100.00
Tryon 12 and 12		\$50.00
Tryon Thursday Meeting		\$175.00
Waynesville Group		\$632.80
Women of Courage	\$38.94	\$38.94
Women Of Grace		\$52.00
Young Peoples Group 645-646		\$52.29
Total Group Contributions	\$1,624.30	\$7,598.90
Individual Contributions		
Anonymus	\$0.34	\$18.63
In Memory of B.G.	\$10.00	\$40.00
Bob Heuer		\$30.00
Total Individual Contributions	\$10.34	\$88.63
Grand Total	\$1,634.64	\$7,687.53

Call & Visitor Log May 2012

AA Crisis 0
General Info 8
Family Help 0
Meeting Info 30
Central Office Business 37
Medical/Detox 0
Visitors 70
Answer Svc (Oper-Asst) 38

Meeting Updates District 70, 71, 80

New Meetings

- Asheville.** *Serenity Service Group* Sunday, 3:30 pm, Living Sober Meeting, 697-G Haywood Rd (beside Ingles) O, LS
- Asheville.** *Serenity Service Group* Wednesday, 8:00pm, Women's Meeting, 697-G Haywood Rd. (beside Ingles) O, D
- Tryon.** *Tryon Meeting* Monday, 5:30 pm. Tryon United Methodist Ch, 195 New Market St (O, D)

Meeting Changes

- Asheville.** *Dry Dock* meetings 5pm are now closed (C).
- Asheville.** *Pisgah Group* Tuesday (C, LS) and Thursday (O, SP) now meet at 7:00 pm. Calvary Baptist Church, 531 Haywood Rd
- Asheville.** *Acceptance Group* Monday, 12:30p, 219 Chunn's Cove Rd, is now a closed Big Book study (C, BB)
- Asheville.** *Good Livers Group* Monday, 10:30am has moved to St Mark's Lutheran, corner of E. Chestnut & Liberty Sts. (off Merrimon Ave.) (C, AB)
- Brevard.** *Friday Speed Bump Group* Friday noon, St. Timothy UMC, Asheville Hwy now a closed discussion meeting (C, D).
- Brevard.** *Speed Bump Group* Friday, 12 noon, St. Timothy UMC, Asheville Hwy, has changed from a closed literature study to closed discussion (C, D)
- Fletcher.** *Fellowship Group* Saturday, 10:30am at Calvary Episcopal (W, C, D) has changed from 10:30am to 11:30am.
- Highlands.** *Mountain View Group* has moved its meetings to 1st Presbyterian Ch, lower level library, 5th St. entrance.
- Marshall.** Friday night *Marshall Group* meeting is now held at 7pm.

Cancelled Meetings

- Asheville.** *Serenity Service Group* Saturday, 9am, 697-G Haywood Road, (O, BG)
- Brevard.** *Thursday Speed Bump Group* (C, BB Flat Rock. Blue Ridge Group Monday, 8:00 pm. St. John in the Wilderness Ch (O, D)
- Tryon.** *Tryon Thursday Group* Thursday, 8pm, Holy Cross Episcopal, 316 Melrose Av

North Carolina Mountain Central Office News

Board Opening

Here's a great service opportunity for A.A.s with previous district-level service. Board members attend monthly meetings that start at 6p every second Thursday, and a quorum must be present for the Board to do business.

Trustee, District 71. Term: 2012-2014

Booklet Publication

For several years now, a local and independent printer has published our Where & When booklets at their cost. Unfortunately, that printer has been acquired by a another company, and the new printing cost is so high that the Board voted in April to discontinue the booklets. You can still get inexpensive meeting schedules (these are the folded-sheet design) at the Office. Just stop by, or we'll be glad to mail a batch to your group.

Board Financials

Groups, please pay your bills in a timely fashion, so the Office can continue to stock its shelves. Group treasurers, please contact the office to check about any outstanding balances.

Board Meetings

The Board meets Thursday June 21 2010, at 6pm. All are welcome. if you'd like to suggest an agenda item, please email it to ncmco@bellsouth.net at least a few days in advance.

Sign up for your free, interactive Mountain Doin's subscription!
Write ncmco@bellsouth.net. Subject line: *Subscribe Me*.

A.A. Events Calendar

Service Rally. Saturday, June 6, 9:30–4:30.
Trinity Episcopal Ch, 60 Church St.,
Asheville. Main dish/beverages provided;
bring side dish or dessert to share. Email que-
ries through the Contact page asheville.org.

See the [website's Events page](#) for a schedule.

Founders' Day 2012. June 8–10, Akron
Ohio, "The Birthplace of A.A." Search term:
Founders' Day Registration.

Opportunities at the General Service Office

Starting April 2013. Two Class A (nonal-
coholic) trustee vacancies on the General
Service Board and two nontrustee directors
on the A.A. World Services, Inc., Board. For
more information, [contact G.S.O.](#) directly.
Resume forms are due December 15, 2012.

The "Informed" Group Conscience

From the pamphlet *The AA Group...Where It All Begins*, pp. 34–35

“The group conscience is the collective conscience of the group membership and thus represents **substantial unanimity** on an issue before definitive action is taken. This is achieved by the group members through the sharing of full information, individual points of view, and the practice of AA principles. To be fully informed requires a willingness to listen to minority opinions with an open mind.

“On sensitive issues, the group works slowly—discouraging formal motions until a clear sense of its collective view emerges. Placing principles before personalities, the membership is wary of dominant opinions. Its voice is heard when a well-informed group arrives at a decision. The result rests on more than a ‘yes’ or ‘no’ count—precisely because it is the spiritual expression of the group conscience. The term

A.A. GRAPEVINE *Featurette*

Every June, thousands of alcoholics and their families and friends descend on Akron to celebrate the anniversary of Dr. Bob's last drink and the birth of Alcoholics Anony-



mous. It's a fun-filled weekend of meetings, dances, bus tours, entertainment and fellowship—called Founders' Day.

“We explained to the man on the bed the nature of his malady and told him our own stories of drinking and recovery.” —Bill W., “Dr. Bob: A

Tribute,” January 1951 *Grapevine*.

For the rest of the story, buy a copy of the June 2012 Grapevine (or La Viña) at Central Office. If you can't come to us, shipping options are available.

‘informed group conscience’ implies that pertinent information has been studied and all views have been heard before the group votes.”

Within the A.A. group, “substantial unanimity” means a two-thirds (2/3) majority whenever possible.

It is suggested that all members become familiar with the concepts pertaining to Right of Participation, Right of Decision, and Right of Appeal (III, IV, and V in [Twelve Concepts for World Service](#)). Those concepts are embedded in the above passages, but further study may be helpful in understanding how they are applied.”

AN OPEN LETTER TO THE MEMBERS OF ALCOHOLICS ANONYMOUS
IN THE CENTRAL OFFICE SERVICE AREA (DISTRICTS 70, 71, AND 80)

The Secular Alcoholic

Sometimes they try one of our meetings. At first they seem enthusiastic about A.A. Then it hits them. They just aren't comfortable with "the God bit." So, many leave—often, never to return.

There are many secular alcoholics. Only a few are agnostics or atheists. Most are simply non-religious in their world view and are not affiliated with an organized religion. Other secular alcoholics could be described as "not religious, but spiritual," since they have a personal non-traditional conception of a higher power.

With this demographic in mind, three A.A. members in Hendersonville (with a combined 91 years of sobriety) decided to form The Secular Group. The meetings would be like traditional A.A. meetings except they'd have a secular, humanist atmosphere. The objective would be to help alcoholics achieve sobriety through the A.A. Twelve Step program without having to accept anyone else's beliefs or having to deny their own.

So a flyer was created to announce the group's first meeting. It caused an unexpected and strong negative reaction. Many people seemed to fear The Secular Group would somehow undermine the A.A. program. This certainly is not the case. If you were to attend a meeting of The Secular Group, you'd discover that most of the content is similar to other meetings in the area. You'd find the Twelve A.A. Steps on display and that the A.A. preamble is read at the beginning of the meeting. Of course, being a secular meeting, there would be no recitation of the Lord's Prayer, which might appeal to alcoholics of non-Christian religions, especially those of the sizeable Jewish community in our area.

Many who have been critical of The Secular Group feel that it is not legitimate—that it violates A.A. traditions and could never be recognized by the General Service Organization. This is clearly not the case. The Secular Group meets the definition of an A.A. group according to the Fourth Tradition ("Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group provided that, as a group, they have no other affiliation.").

Some feel that The Secular Group could not be a real A.A. group because some members would be non-believers. The Third Tradition, however, points out that there are no belief requirements in A.A. This tradition evolved in A.A.'s early days when groups were asked to make a list of all their membership restrictions. It was found that nationwide there were so many restrictions that no one could join A.A. if all the restrictions had to be universally followed. Thus the Third Tradition evolved to state: "The only requirement for membership is a desire to stop drinking" and "We must never compel anyone to pay anything, believe anything, or conform to anything." [Twelve Steps and Twelve Traditions, page 141]

Later in life, Bill W. indicated acceptance of secular viewpoints. From the A.A. *Grapevine* of April, 1961, he said, "In A.A.'s first years I all but ruined the whole undertaking with...unconscious arrogance—God as I understood Him had to be for everybody. Sometimes my aggression was subtle and sometimes it was crude. But either way it was damaging—perhaps fatally so—to numbers of unbelievers." And from *A.A. Comes of Age* (1957) he wrote in regards to early atheists and agnostics, "They had widened our gateway so that all who suffer might pass through, regardless of their belief or lack of belief."

The Secular Group in Hendersonville would like to have its meetings included in the Where & When listings and mentioned in the *Mountain Doings* newsletter. This matter will be voted on at the next COR meeting [in July]. Please let your COR know how you feel about this. And please don't hesitate to try a meeting of The Secular Group if you feel it might meet your needs. And in your Twelve Step work please consider it a resource that can be recommended to secular alcoholics you meet. The Secular Group meets each Thursday at 7p.m. at the City of Hendersonville Operations Center, 305 Williams Street, in Hendersonville.

—Hoyt G.

The District Express

Central Office needs volunteers from all three Districts. If you are good on the phone • computer savvy (especially Quickbooks) • consistent • have a helpful attitude • one year's sobriety, please contact John at (828) 254-8539.

All District Committee Coordinators please send updates on committee meeting times, recent activity, and upcoming service opportunities! The July newsletter deadline is June 15.

Central Office Representatives (CORs) meet at 2p.m. on the last Sunday of the first month of each quarter, at St. Luke's Parish House, 219 Chunn's Cove Rd. Next meeting: **July 22, 2:00 pm**

District 70

DCM: Dale - go to ashevilleaa.org, click Contact tab **Bridging the Gap Coordinator** position opening up. For more info, see next two entries.

GSR District Meeting is Sunday, June 10, 2:30 pm, at St. Luke's Parish House, 219 Chunn's Cove Rd, Asheville

Bridging the Gap next meeting is Wednesday, June 13, 6:30pm, Oakley UMC (after 5:30 meeting)

Treatment Contact For more info, please contact Monica G., the TFC coordinator at cotamonica@yahoo.com, or Dana, the BTG coordinator toll-free at **(888) 830-3155**. Learn more about BTG at <http://btgwww.org/>.

Service Committees meeting Tuesday, June 26, 6:00 pm. Trinity Episcopal Church, 60 Church St, Asheville

Contact any District 70 trusted servant through the website <http://ashevilleaa.org> (click the Contacts link).

District 71

DCM: Whitney B.: foothillscal@gmail.com

District contributions are mailed to: R.L. Zipser, 86 Canterbury Trace, Brevard NC 28712

District 80

DCM: John E. - to contact go to www.aawnc80.org Groups, mail your **district contributions** to: Treasurer, PO Box 1599, Franklin, NC 28744

Central Office carries a wide selection of A.A. literature and recovery materials, such as

- Medallions
- Pamphlets
- Books
- Bumper/window stickers
- Greeting cards

Call to order, or stop by to browse the selection!

- A.A. events at the national, state, and district level are listed in one place.

- Fliers included, for your meeting announcements

- You get straight-to-the-source links to AA events:

email, web sites, and registration pages.

- Click any email address in the digital newsletter—it's

a live link!

Tickle your inbox!

Request your

free

digital

interactive

Mountain

Doin's.

Sign up by writing to ncmco@bellsouth.net

Subject line: **Subscribe Me**

Email your special-event flier as a pdf to NCMCO and it will be publicized in the *Mountain Doin's!* And if you like, we can make it a single-page insert, so that other meetings can include it in their announcements. Deadline for July issue: June 15

Annual Serenity Service Picnic

Sunday, June 24 at Carrier Park, Amboy Rd

Meeting at 11 a.m., eating at Noon



Free!

*The group will provide burgers,
hotdogs, and beverages.*

Please bring a covered dish or a dessert to share.

Families and friends welcome.

Bring outdoor games.

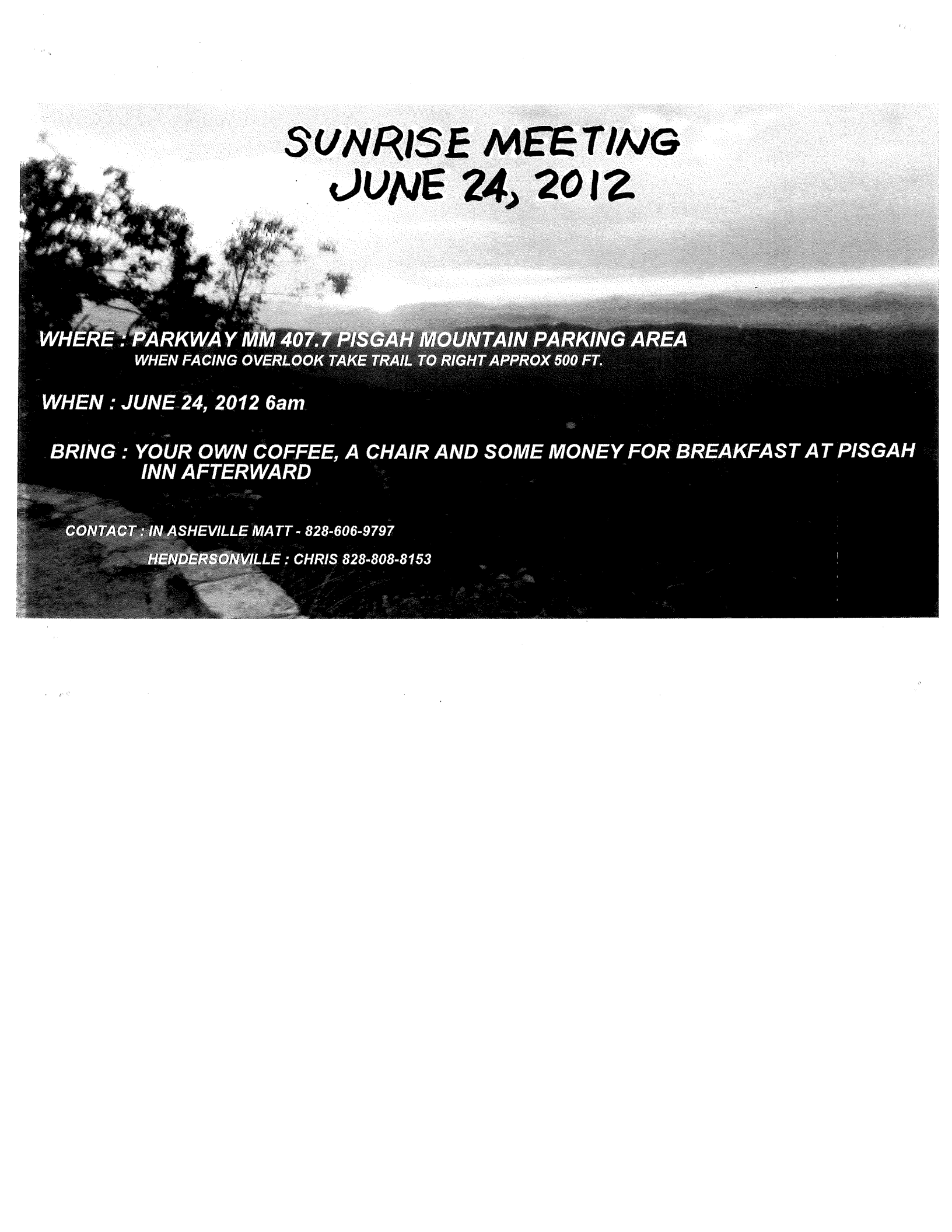


Friday June 29th, 2012
Big Town Group Etowah UMC 110 Brickyard Rd.
Etowah, NC

Speaker
Stu B.
Severna Park, MD.

Open Speaker Meeting @ 7:00 pm
Eat @ 8:00 pm
Bring Family & Coverd Dish

For Directions Go To Our Web Site
thebigtownaagroup.com



SUNRISE MEETING JUNE 24, 2012

WHERE : PARKWAY MM 407.7 PISGAH MOUNTAIN PARKING AREA
WHEN FACING OVERLOOK TAKE TRAIL TO RIGHT APPROX 500 FT.

WHEN : JUNE 24, 2012 6am

**BRING : YOUR OWN COFFEE, A CHAIR AND SOME MONEY FOR BREAKFAST AT PISGAH
INN AFTERWARD**

CONTACT : IN ASHEVILLE MATT - 828-606-9797

HENDERSONVILLE : CHRIS 828-808-8153