

# Mountain Doin's

March 2012

North Carolina Mountain Central Office, 70 Woodfin, Park Place Bldg Ste 206, Asheville NC  
 Open Mon, Wed & Fri 10–1 and Tues, Thurs 1–4 • (828) 254-8539 • [ncmco@bellsouth.net](mailto:ncmco@bellsouth.net)  
 Serving AA in Western North Carolina's Districts 70, 71, and 80 since 1974.

## Anniversaries

### Acceptance Group

Rick F.	3/13/07	5 years
Chris T.	3/15/09	3 years
Shane R.	3/17/09	3 years
Mike G.	3/19/89	23 years

### Around the Room Group

Michael W.	3/18/11	1 year
Robin S.	3/18/11	1 year
Linda H.	3/24/11	1 year

### Asheville Big Book Step Study Group

Ralph B.	3/2/87	25 years
Laurie S.	3/12/08	4 years
Sam S.	3/18/08	4 years

### Brevard Serenity Group

Debbie S.	3/12/03	9 years
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### Cumberland Group

Doug O.	3/9/72	40 years
Geoffrey B.	3/10/09	3 years

### Fletcher Group

Steve	3/23/06	6 years
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### Grace Group

Shari S.	3/8/02	10 years
Christopher C.	3/10/08	4 years
Betsy C.	3/13/95	17 years
Dick J.	3/15/81	31 years
Jacob T.	3/17/10	2 years
Conor E.	3/26/11	1 year

### Happy Hour Group

Gary O.	3/8/10	2 years
JoAnne B.	3/11/11	1 year

### Happy Hour Group con't.

Paul McK.	3/17/83	29 years
Janet C.	3/26/10	2 years
Walter C.	3/29/10	2 years

### Hendersonville Group

Chris W.	3/20/09	3 years
Jim P.	3/23/83	29 years
Irma D.	3/27/85	27 years

### Leicester Group

Charles B.	3/13/10	2 years
Ed M.	3/17/74	38 years
Shane R.	3/17/09	3 years

### Mars Hill Group

Gary R.	3/5/00	12 years
Mier G.	3/19	

### Serenity Seekers – Marion

John L.	3/1/02	10 years
Jimmy H.	3/1/05	7 years
Tommy H.	3/11/00	12 years
Kathy W.	3/15/11	1 year

### Serenity Sisters Group

Phoebe H.	3/3/85	27 years
Donna S.	3/25/87	25 years

### Women of Grace

April L.	3/2/11	1 year
Nancy J.	3/3/83	29 years
Julia J.	3/18/06	6 years
Jane Y.	3/28/02	10 years
Karen F.	3/29/71	41 years

# District 80 Workshop The Three Legacies

Saturday, March 24 • 10a-2p

First Presbyterian Church  
Tartan Hall, 26 Church St,  
Franklin NC

Go here for directions: <http://www.fpc-franklin.org/visitor-s-info/>

Drinks & a light lunch provided  
Desserts welcome!

All are welcome and encouraged to attend.  
Why come? Free Food, see friends, and to learn and discover more about being a member of Alcoholics Anonymous. What do Recovery, Unity, and Service really mean to AA as a whole? What do they mean to sponsees, sponsors, and home groups?

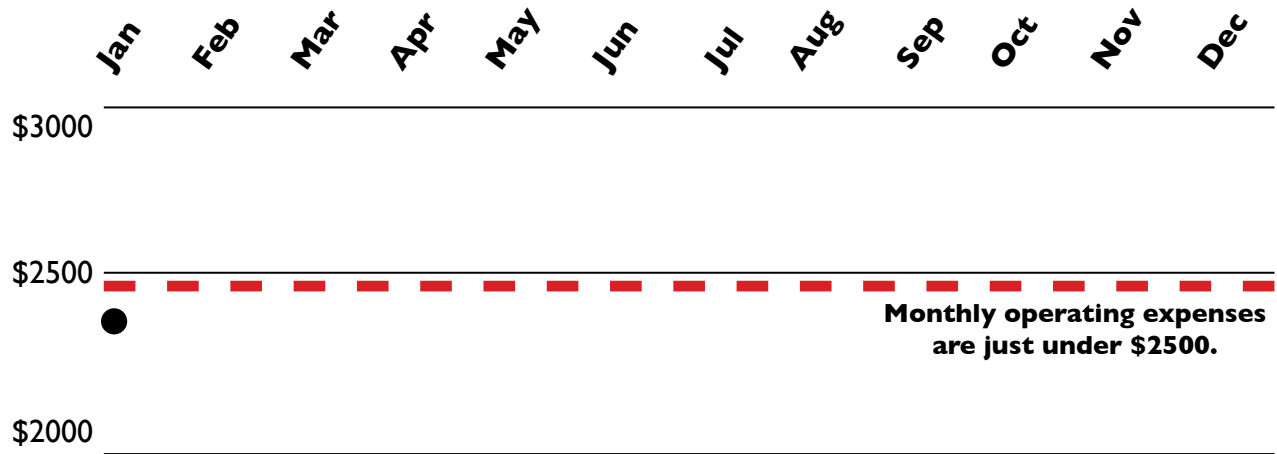
# The Etowah Group invites all A.A.s to a Dance & Potluck

Friday March 16 • Starts 7pm



Mills River Community Center

2012 Financial Security Snapshot



Monthly operating expenses are just under \$2500.

## 2012 Self Support

NCMCO sincerely thanks the groups for their ongoing support. For suggestions on how your home group might allot donations to AA service structures—GSO, Area, District, and Central Office—check out the pamphlets *Self Support: Where Money & Spirituality Mix* or *The AA Group*.

# Group Contribution\$ January 2011 & YTD

Around the Room Grp	\$35.00	\$35.00
AVL BigBookStepStudy Grp 637-843	\$133.52	\$133.52
Candler Kiss Grp 163-148	\$90.00	\$90.00
Cashiers Valley Grp 122-589	\$108.46	\$108.46
Conscious Contact (Asheville)	\$350.00	\$350.00
Conscious Contact (Asheville)	\$350.00	\$350.00
Good Livers 666-360	\$215.00	\$215.00
Grace of God Grp of HVL	\$50.00	\$50.00
Leicester Group 143-417	\$50.00	\$50.00
Leicester Group 143-417	\$50.00	\$50.00
Living in the Solution Grp 685 - 693	\$122.00	\$122.00
Mill Spring Group 656-821	\$8.00	\$8.00
Mission Group of Sylva 606-119	\$40.00	\$40.00
Mountain View (Highlands) 110-598	\$400.00	\$400.00
Murphy Big Book Grp	\$20.00	\$20.00
New Freedom Grp	\$50.00	\$50.00
Recovery by the River 674-892	\$92.80	\$92.80
Safe N Sound 645-654	\$67.22	\$67.22
Second Chance Grp- Cherokee	\$13.01	\$13.01
Serenity Service 110-498	\$30.00	\$30.00
Serenity Sisters Grp	\$80.00	\$80.00
Sylvan Valley AA Grp	\$50.00	\$50.00
Young People's Group 645-646	\$52.29	\$52.29
<b>Total Group Contributions</b>	<b>\$2,457.30</b>	<b>\$2,457.30</b>
Individual Contributions		
Anonymous	\$8.69	\$8.69
In Memory of B.G.	\$10.00	\$10.00
Bob Heuer	\$30.00	\$30.00
<b>Total Group Contributions:</b>	<b>\$48.69</b>	<b>\$48.69</b>
<b>Grand Total</b>	<b>\$2,505.99</b>	<b>\$2,505.99</b>

## Central Office Profit & Loss Report January 2012

	Jan 12
<b>Income</b>	
<b>Sales Income</b>	
Conf/GV Approved	1,661.49
Non-Conf/GV-approved	954.23
Shipping & Handling	60.77
<b>Total Sales Income</b>	2,676.49
<b>Other Income</b>	
Subscriptions	0.00
Interest Income	1.19
Group Contributions	2,457.30
Individual Contributions	49.69
<b>Total Other Income</b>	2,508.18
<b>Total Income</b>	5,184.67
<b>Cost of Goods Sold</b>	
Non Conf/GV Approved	668.26
Conf/GV Approved	1,419.39
5000 · Cost of Goods Sold	0.00
<b>Total COGS</b>	2,087.65
<b>Gross Profit</b>	3,097.02
<b>Expense</b>	
Miscellaneous	13.95
Bank Service Charges	7.00
Copier Rental	5.00
Editor	120.00
Office Supplies	166.25
Payroll Expenses	759.42
Postage	148.18
Rent	453.00
Telephone	
Office Telephone	55.41
<b>Total Telephone</b>	55.41
<b>Total Expense</b>	1,728.21
<b>Net Income</b>	1,368.81

Suggested  
by your  
G.S.O.

**50%** Central  
Office

**30%** G.S.O.

**10%** District

**10%** Area

# Meeting Updates for Districts 70, 71 & 80

## New Meetings

- Hendersonville.** Sunday 5:30pm: Women's meeting, Cox House, Grove St
- Hendersonville** Tuesday 5:30pm: Men's meeting, Cox House, Grove St
- Lake Toxaway.** Thursday 8pm, *Gloucester Group*, Silversteen Community Ctr, 3329 Silversteen Rd (O, BB)
- Tryon.** Thursday, 5pm: *Tryon Group*, United Methodist Church, 195 New Market St. (O, D)
- Penland.** Tuesdays and Fridays, 7pm: *Penland Group*, Penland School of Crafts, Bldg 38, Conley Ridge Rd, Ridgeway (O, D)

## Meeting Changes

- Asheville.** Tuesday & Thursday *Pisgah Group*, starting March 1 time will change from 8pm to 7pm.
- Brevard.** Thursday, 6:37pm *Strange Camels Group*, St. Timothy UMC, has converted to Thursdays, 6:30pm, *Speed Bump Group*, St. Timothy UMC, Asheville Hwy. (C, AB)
- Fletcher.** Saturday, 10:30am: *Fellowship Group* at Calvary Episcopal (W, C, D) has changed from 10:30am to 11:30am.
- Hendersonville.** *Hendersonville Group*: all meetings are now non-smoking.
- Lake Toxaway.** *Gloucester Group*, Monday 8pm, Address correction: Silversteen Comm. Center, 3329 Silversteen Rd.
- Marshall.** Friday night *Marshall Group* meeting is now held at 7pm.

## Cancelled Meetings

- Arden.** Fridays, 7:30: *Morning Glories*
- Asheville.** Tues. 5:30pm: *Men's Step Study*, 1st Congregational Ch. 20 Oak St. (M, O, SS)
- Franklin.** Thursday 8pm: *Franklin Group*, St. Cyprians Episc. Church, is cancelled for January, February, and March.
- Mills River.** Wednesday 7pm: *Living in the Solution*
- Weaverville.** Tuesdays, 9:30pm: *Emotional Sobriety Group*, First Baptist Church, Main Street

Send meeting-changes to [ncmco@bellsouth.net](mailto:ncmco@bellsouth.net)

## NC Mountain Central Office Board News

### 2012 Board Openings

These are great service opportunities for A.A.s with previous district-level service. Board members attend monthly meetings that start at 6p every second Thursday, and a quorum must be present for the Board to do business.

**Trustee, District 70. Term: 2012-2014**

**Trustee, District 71. Term: 2012-2014**

### Welcome New 12-Step Coordinator

We would like to welcome a new (non-voting) member to the North Carolina Mountain Central Office. John A., from Hendersonville (District 71) has volunteered to be our new 12th-Step Call Service Coordinator. His 33 years of sobriety and previous service positions should be valuable to his new position. Having been on 12-Step lists in three districts, including his current one, John is cognizant of the difficulties he may encounter. We look forward to his input at Mountain Central Office meetings. Jeff R. will continue assisting the coordinator as he has been doing since 2011, and help John become familiar with his new duties.

John writes:

The responsibilities of being part of a 12th-Step call list require many principles we get from working our Steps. **Patience** during a call for real help may be challenging. **Humility** to realize that some requests we of A.A. just don't address and as humans those requests may not be our responsibility. **Caution** that our exuberance breaks no anonymity or Traditions. Providing hope and care may be all we accomplish.

—John A.  
(828) 489 4644

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*It has been repeatedly proven among us that upon this simple cornerstone a wonderfully effective spiritual structure can be built.*

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Write [ncmco@bellsouth.net](mailto:ncmco@bellsouth.net). Subject line: "Subscribe Me."

## A.A. Events Calendar

**Area 51 Corrections Conference - Freedom from Bondage XXIII.** March 16–18, 2012. Days Inn, Southern Pines, NC. Discounted hotel reservations deadline has passed. (Rooms still available at regular rates.) (910) 692-8585 [www.daysinn.com](http://www.daysinn.com).

**Spring 2012 Assembly & Committee Meeting.** May 4–6, 2012, [Hilton North Raleigh](http://Hilton North Raleigh) (919) 872-2323.

**5th International Big Book Step Study Convention.** March 30–April 1, 2012. St. Augustine FL. See registration flier insert or go to [www.bbssconvention.com](http://www.bbssconvention.com).

## Why I Joined My Home Group

AA members, post a thought! Send submissions to [ncmco@bellsouth.net](mailto:ncmco@bellsouth.net) by the 15th for the next issue. NCMCO only publishes signed work so be sure to include your first name, last initial, and home group.



## AA GRAPEVINE *featurette*

In the March 2012 issue...

members share how they use new technology  
to help them get and stay sober  
**Check out the iSay Forum,  
a free AA online feature!**

The iSay Forum includes topics such as Burning Desire To Share, Heard At Meetings, and Suggest A Topic. Go to [www.aagrapevine.org/forums/i-say-forum](http://www.aagrapevine.org/forums/i-say-forum)

For more sober stuff, head to [www.aagrapevine.org](http://www.aagrapevine.org). Hate reading screens? Buy your fresh paper copies of Grapevine (English) or La Viña (Spanish) at Central Office. See [page one](#) for the address, phone, and email.



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# 2012 INTERNATIONAL BIG BOOK STEP STUDY CONVENTION OF ALCOHOLICS ANONYMOUS

HOW WE HAVE RECOVERED THROUGH  
STUDYING AND WORKING THE 12 STEPS

March 30, 31 & April 1,  
2012

Mark Lance National  
Guard Armory  
190 San Marco Ave,  
St. Augustine FL.

Please fill out the registration form and  
make personal checks or money orders  
payable to:

**BBSS Convention 2012, Inc.**

Mail registration form and your  
payment to:

**BBSS Convention 2012, Inc.**  
**PO Box 830564**  
**Ocala, FL 34483-0564**

For more Information visit  
[www.bbssconvention.com](http://www.bbssconvention.com)

## FRIDAY, MARCH 30

<i>Time</i>	<i>Event</i>
1:00 pm	Registration Opens
5:00 pm	Opening Ceremonies
5:15 pm	Step 1 & 2
9:30 pm	Questions & Prayer

## SATURDAY, MARCH 31

<i>Time</i>	<i>Event</i>
9:00 am to 12:15pm	Steps 3, 4-1(Resentments), 4-2 (Fear)
12:15pm to 1:30 pm	Lunch
1:30 pm to 5:30 pm	Steps, 4-3(Sex), 5, 6&7, 8&9 & Prayer
7:30 pm to 9:00 pm	Dinner
9:00 pm Till?	Entertainment

## SUNDAY, APRIL 1

<i>Time</i>	<i>Event</i>
9:00 am to 1:15pm	Steps 10, 11, 12-1 & 12-2
1:15 pm	Closing & Prayer
1:30pm	Goodbyes & Convention ends

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Home Group \_\_\_\_\_ Meets On \_\_\_\_\_

Are you willing to be a contact for your group? \_\_\_\_\_

- Early Registration Fee (Postmarked before February 15<sup>th</sup> 2012) \$35.00ea \_\_\_\_\_
- Late Registration Fee (Postmarked after February 15<sup>th</sup> 2012) \$45.00ea \_\_\_\_\_
- Please list any special needs (i.e. hard of hearing, w/c bound etc) \_\_\_\_\_

## The District Express

**Central Office** wants volunteers from all three Districts. If you are good on the phone • computer savvy (especially Quickbooks) • consistent • have a helpful attitude • one year's sobriety, please contact John at (828) 254-8539.

**All District Committee Coordinators** please send updates on committee meeting times, recent activity, and upcoming service opportunities! The April newsletter deadline is March 15.

**Central Office Representatives (CORs)** meet at 2p.m. on the last Sunday of the first month of each quarter, at St. Luke's Parish House, 219 Chunn's Cove Rd. Next meeting: April 29, 2:00 pm

### District 70

**Women's First Step Farm**, 200 Pete Luther Cove Rd., Candler, needs outside support and willing sponsors. Tuesdays 6:30p (C).

Looking for women to chair Saturday meetings at

**Buncombe County Jail**. Need only 6 months' sobriety and one year "off paper." Call Bambi S. at (828) 252-6500 for more information.

**Service Committees** meeting Tuesday, March 27, 6:00 pm. Trinity Episcopal Church, 60 Church St, Asheville

**GSRs** meet Sunday, March 11, 2:30pm February 12 at 2:30pm at St. Luke's Parish House, 219 Chunn's Cove Rd., Asheville.

**Bridging the Gap** next meeting is Wednesday, March 14, 6:30pm. Oakley UMC (after 5:30 meeting)

**Treatment Contact** For more info, please contact Monica G., the TFC coordinator at [cotamonica@yahoo.com](mailto:cotamonica@yahoo.com), or Dana, the BTG coordinator toll-free at (888) 830-3155. Learn more about BTG at <http://btgww.org/>. Contact any District 70 trusted servant through the website <http://ashevilleaa.org> (click the Contacts link).

### District 71

Groups, mail district contributions to the **new treasurer**: R.L. Zipser, 86 Canterbury Trace, Brevard NC 28712

**District Committee Member** (DCM) position is open. To stand, attend next meeting (no date avail.).

### District 80

**Three Legacies Workshop** Saturday, March 24, 10am–2pm. Franklin First Presbyterian Church, 26 Church St, Franklin, NC

## Let Literature Carry the Message Too

### Central Office Carries a Large Selection of Pamphlets

Get yours today or tomorrow for sure.



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- The Grapevine Featurette clues you in to great online features, like the eye-opening online iPoll and web-only features and stories.