

Mountain Down's

Central Office
Newsletter
July 2011



July Anniversaries

**CORs meet July 31
2:30p • St. Luke's
Asheville**

Asheville Big Book Step Study Group		
Linda S.	7/22/83	28 years
Back to Basics Group		
Bob M.	7/7/06	5 years
Brevard Serenity Group		
Claudia S.	7/7/06	5 years
Dale M.	7/7/94	17 years
Columbus Group		
Jim R.	July	7 years
Cumberland Group		
John S.	7/4/07	4 years
David T.	7/21/93	18 years
East Flat Rock		
Pam D.	7/22/04	7 years
Fletcher Group		
David T.	7/11/90	21 years
Grace Group		
George P.	7/1/08	3 years
Paul J.	7/2/08	3 years
Judy M.	7/3/94	17 years
Blair T.	7/4/89	22 years
Alan B.	7/5/06	5 years
Scott B.	7/7/10	1 year
Anne R.	7/8/07	4 years
Edward M.	7/9/07	4 years
Cathy K.	7/10/10	1 year
Carol V.	7/12/07	4 years
Jaedee	7/13/98	13 years
Jim D.	7/14/08	3 years
Johathan J.	7/14/09	2 years
Vanessa D.	7/17/07	4 years
Stan W.	7/19/06	5 years
Joe T.	7/22/10	1 year
Linda M.	7/24/06	5 years

Grace Group <i>continued</i>		
Dean W.	7/24/09	2 years
John P.	7/25/05	6 years
Joe P.	7/25/10	1 year
Elizabeth H.	7/26/06	5 years
Sam S.	7/27/10	1 year
Carla W.	7/28/07	4 years
Bob Pa.	7/31/01	10 years

Grace Group (omitted from June)		
Liz N.	6/1/10	1 year
Bob Po.	6/2/92	19 years
Pete H.	6/2/00	11 years
Norman L.	6/4/05	6 years
Susan R.	6/7/05	6 years
Marky S.	6/8/05	6 years
Paul S.	6/10/85	26 years
Gayle R.	6/12/09	2 years
Katie K.	6/13/97	14 years
Donna C.	6/09	2 years

Hendersonville Group		
Shawn K.	7/02/06	5 years
Stephen O.	7/08/05	6 years
Brian S.	7/07/07	4 years
Steve D.	7/04/10	1 year
Jackie	7/14/10	1 year

Leicester Group		
Debbie W.	7/4/09	3 years

Mars Hill Group		
Sandy U.	7/12/78	33 years

Serenity Sisters – Waynesville		
Carol L.	7/2/07	4 years

Three Alarm Group		
Gene Ma.	7/13/05	6 years

Central Office is open Mon., Wed., & Fri. 10-1 and Tues/Thurs 1-4. (828) 253-8549

New to Central Office

Bob K., long-time Central Office volunteer, and Jeff R. (also a volunteer there) have shouldered the job of maintaining and growing the 12th Step Call List. They'll be refreshing the list; working closely with Daniels Communications, the answering service that handles calls during non-business hours; and with the volunteers and our office manager, Myra, at Central Office.

Thanks, Bob and Jeff, for demonstrating commitment to AA!



Districts 70, 71 & 80 Info Info Info Info

Central Office Representatives (CORs)

Central Office Representatives meet at 2p.m. on the *last Sunday of the first month of each quarter.*

The remaining 2011 COR General Assembly schedule is July 31 & October 30. We hope to see you at 2:30p Sunday, July 31, where you'll hear about the Office's financial health as well as current and upcoming service opportunities, such as • 2012 Board of Directors (see service descriptions elsewhere in this newsletter) • Office volunteers openings • 12th Step Call Volunteer List

and let the Board know what your groups want or need, such as • Literature • Webpages • Special events
Questions about the next COR meeting? Contact Central Office at ncmco@bellsouth.net.

D70 Treatment Facilities & BtGap

These treatment facilities meetings could use some outside support:

- VA - Mon and Fri at 12:30pm
- VA - Speaker Meeting Wed at 6:00pm
- ABCCM (Vets Inn) -Every day at 5:00. AA volunteers should check in at the desk.
- Women's First Step Farm -Tuesday at 6:30

Many AAs in the community who have signed up to be Bridging the Gap (BtG) volunteer are asking if the program has started. We want to let them all know that BTG is doing fabulous in District 70!

Apparently, people are wondering what is happening because they are not being called to help. Unfortunately, many of the 'bridges' have been made outside our community. If a 'bridge' was made in your area and you were not called could be due to several factors. Examples of which, you did not live in the area of town needed, another random volunteers in the area needed was called first and accepted the call, your gender did not meet the requirement...

Just as with the 12-step phone list at Central Office -we choose for the long list of volunteers and want to make sure that the 'bridge' is a good match. At this time the criteria is based on location and gender. We will soon add other criterias such as age group, languages spoken, and whether we can leave a phone message or not.

We will do our best not to call on the same person twice so that all will have a chance to participate. ■

D70 GSRs meet July 10 at 2:30pm at St. Luke's Parish House, 219 Chunn's Cove Rd., Asheville.

D71 GSRs meet August 14 at 1:30pm Eat 'n Greet/2:00pm Meeting at Columbus Presbyterian Church, 21 Penial Road, Columbus.

District Committee Coordinators, send updates on committee meeting times, recent activity, and upcoming service opportunities!

The August issue's deadline is July 15.

Central Office Profit & Loss Report

May 2011

Working Capital

May 2011

Savings	6541.19
Checking	4309.01
Petty Cash	150.00
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Total	10850.20

Check out the Treasurer's good-news note, on the next page, about Central Office's goal for the prudent reserve.



Call & Visitor Log

April 2011

- A.A. Crisis 6
- General Information 8
- Family Help 5
- Meeting Information 55
- Central Office Business 46
- Referrals (Detox, etc.) 3
- Visitors 82
- Answering Svc (Operator-Asst) 41

Income

Sales Income	
Conference Approved	1281.20
Non-Conference Approved	818.02
Sales Tax, S&H	171.21
Total Sales Income	2270.43

Other Income	
Group Contributions	2561.07
Individual Contributions	10.84
Total Other Income	2571.91

Total Income 4849.34

Cost of Goods Sold	
Conference Approved	-1204.79
Non-Conference Approved	-513.91
Total Cost of Goods Sold	-1718.70

Gross Profit \Loss 3130.64

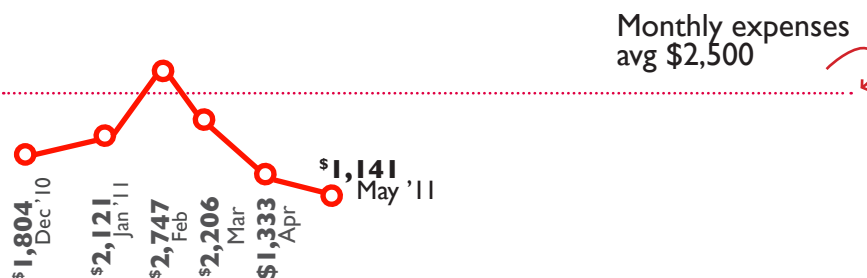
Expense

Freight	-25.91
Editor	0.00
Copier Rental	-44.12
Office Expenses, Mis	-36.35
Payroll Expenses	-760.82
Postage	-94.94
Rent	-453.00
Sales Tax	0.00
Answering Service	-361.64
Internet and Telephone	-267.00
Insurance	0.00
Total Expense	-1989.33

Net Income 1141.31

Contribution\$ at a Glance

2011





AA GRAPEVINE featurette

Each July, Grapevine publishes its annual prison issue which shares stories from prisoners and former prisoners, who demonstrate through their stories that they are free emotionally, physically and spiritually, through their recovery. Read about

- A member confined for committing murder during a relapse
- A former inmate returns to the last place he wants to be, in order to take a meeting to prisoners
- A woman is finally able to confront her alcoholism when she is sentenced to jail

You can find these stories and many more on the newly relaunched AA Grapevine Web site.

aagrapevine.org lavina.org

The digital Mountain Doin's is interactive! Sign up for your free, full-color issue at ncmco@bellsouth.net.

Do you go to meetings when you are travelling?

Yes, I hit a meeting every day when I'm in a new place.

Yes, I try to make at least one meeting when I'm out of town.

I bring meeting information but don't always make one.

No, I just can't find the time.

What's your story? Tell the Grapevine! (La Viña en Español) [Visit i-Poll](#) to vote on the above question.

AREA MEETING CHANGES

Fellowship Group (Fletcher): Time change **Saturday women's meeting (Calvary Episcopal Church)** is changing the time from 10:30am to 11:30

Horse Shoe: New meeting, "We Think Not," on Monday nights at 7:00pm at Cummings Memorial Methodist Church, 3 Banner Farm Road; closed, lead/discussion.

Columbus: A new, **8p Friday meeting** was mistakenly reported to us in the June Mountain Doin's.

Brevard: Cancellation - Friday, 5:30 **Serenity Group** meeting at French Broad Community Center

Hendersonville: Plan B Group has two new meetings at the Cox House, 723 Grove Street:

- Wednesday 5:30 "Back to Basics" meeting - open discussion
- Friday 10pm "Candlelite - Late Nite Meeting" - open discussion

Marion: Cancellations- **Both Wednesday & Friday 7pm meetings** at St Matthews Ch., 241 Court St.

Asheville: New Meeting Day by Day Group, Tuesday, 5:30pm, at 1st Presby. Church, 40 Church St. (enter off the side alley in back of the church). (CD)

Brevard: Joy of Living Group has **cancelled** the Thursday, 7:30pm women's meeting at Philips Episc. Church. They now meet on Saturday mornings at 10am at the Brevard Davidson River Church. (WOD)

East Flat Rock: Correction Upward Group - The last Friday of the month's 6:00pm meeting is an open speaker format. (O, SP)

Bryson City: Time change Bryson City Group, Thursday, 6:30pm meeting at Bryson City Presby. Ch, 311 Everest St., now meets at 12 noon. (OD)

Lake Toxaway: New Meeting Gloucester Group, Monday, 8:00pm Silverstein Community Center, 3329 Macedonia Rd. (OD)

Central Office

2ND
Annual **Sober Day
Supper**

Saturday August 20 6pm

Tickets \$7 • Catered Dinner

Trinity Episcopal Church • Tuton Hall

Lexington & Aston Streets • Asheville

Performers Needed Now
Musical • Recitation • Skit Players

Fun & sober skits are online—
or write your own!

Write ncmco@bellsouth.net - tell us what you'd like to do

