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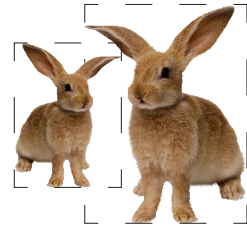
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Asheville NC 28801

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Mountain Doin's

Central Office Newsletter
June 2011

June Anniversaries

Asheville Big Book Step Study Group

Jeremy M.	6/13/08	7 years
Joyce D.	6/26/90	11 years
Laurie G.	6/29/04	7 years
Marky S.	6/8/05	6 years
Pete H.	6/2/00	11 years
Steve E.	6/28/00	11 years

Back to Basics Group

Bill M.	6/1/74	37 years
Carla B.	6/21/84	27 years
Ted S.	6/26/05	6 years

Cumberland Group

Brad K.	6/1/98	13 years
Sean S.	6/18/06	5 years
Robe K.	6/7/08	3 years

Fletcher Group

Joyce	6/28/92	19 years
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Grace Group

Valerie S.	6/16/08	3 years
Mary Scott H.	6/18/86	25 years
Jananne	6/18/10	1 year
Mica W.	6/20/89	22 years
Joanne F.	6/21/89	22 years
Mark M.	6/21/03	8 years
Bill A.	6/21/10	1 year
Ted E.	6/30/88	23 years
Patricia S.	6/30/09	2 years

Happy Hour Group

Greg S.	6/10/03	8 years
John S.	6/10/10	1 year
Karen B.	6/16/10	1 year

Happy Hour Group *continued*

Mary D.	6/16/78	33 years
Chris F.	6/26/10	1 year

May Happy Hour

Claudia R.	5/21/05	6 years
Michael N.	5/24/02	9 years

Hendersonville Group

Steven G.	6/20/97	14 years
Mark H.	6/22/95	16 years

Leicester Group

Luanne V.	6/12/08	3 years
Kim R.	6/15/05	6 years
Stacey B.	6/27/10	1 year

Mars Hill Group

Bill Mcl.	6/1/74	37 years
Bruce U.	6/3/79	32 years
Randy R.	6/4/09	2 years
Barbara J.	6/14/99	12 years
Rick G.	6/26/95	16 years
Sean F.	6/29/10	1 year

Serenity Seekers – Marion

Doyle F.	6/6/98	13 years
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Serenity Sisters – Waynesville

Mary Ann B.	6/6/71	40 years
Beverly B.	6/10/88	23 years
Kim M.	6/11/04	7 years
Brenda F.	6/15/87	24 years
Vicky H.	6/19/10	1 year

Women of Grace Group

Regina T.	6/7/03	8 years
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24th

June A.A. Calendar

- Lambda Group's Annual Cookout. Potluck sides; hamburgers and hot dogs provided; 6:00p; All Souls Episcopal Church, 9 Swan St., Biltmore Village. The candlelight meeting will follow at 8:00p.
- Big Town Group's 5th Anniversary in Etowah (see flier)

25th

- Serenity Service Picnic, 10a-4p, in West Asheville (see flier insert)
- Service Rally, 9:30a-5p, in Asheville (see District Info, below, and flier insert)

Districts 70, 71 & 80

D70 GSRs meet June 12 at 2:30pm at St. Luke's Parish House, 219 Chunn's Cove Rd., Asheville.

Cooperation with the Professional Community/Public Information (CPC/PI)

Did you know about Adopt-A-Doc? Individual AA members can take brochures to physicians' offices. CPC-PI can provide stands and brochures to GSR's to take to home groups for distribution.

As always, please bring old Grapevines to the monthly meeting, for distribution to medical facilities. —Janey S

Central Office Representatives (CORs)

Central Office Representatives meet at 2p.m. on the *last Sunday of the first month of each quarter.*

The remaining 2011 schedule is July 31 & October 30. Your next General Assembly is at 2:30p Sunday, July 31. At this quick, 60- to 90-minute meeting you'll hear about the Office's financial health as well as current and upcoming service opportunities, such as

- 2012 Board of Directors (see service descriptions elsewhere in this newsletter)
- Office volunteers openings
- 12th Step Call Volunteer List

and get a chance to let the Board know what your groups want or need, such as

- Literature
- Webpages
- Special events

Questions about the next COR meeting?

Contact Central Office at nmco@bellsouth.net.

Acceptance Group History

Asheville's Acceptance Group, which holds seven weekday meetings, celebrates its 30th anniversary this year. Started with five group members, it was listed with G.S.O. on January 22, 1981. Wilton B. served as the first G.S.R. and John M. was an additional group contact. Meetings were held Monday through Saturday on Wall Street. (This history was put together from the G.S.O. record, which is made up solely of information sent to it by A.G. members over the years. We invite A.A.s with any additional info to help us out, and we will record it through Area 51. The A.G. has been meeting for over 20 years now at 219 Chunn's Cove Road.

2011 Regional Service Rally

Saturday, June 25 • 9:30a-5:00p

Trinity Episcopal Church • *Tuton Hall*
60 Church Street • Asheville, NC

presented by

Districts 11, 15, 70, 71, & 80
Morning & Afternoon Keynote Speakers

Treatment Facilities/Bridging the Gap
Corrections Committee

Panel Presentations from District 70

Treatment Facilities • Correctional Facilities

Cooperation w/the Professional Community/Public Information (CPC/PI)

Lasagna, bread, and salad will be provided.

Feel free to bring a side dish or dessert to share.

If your District is interested in participating in this Regional Service Rally please email a committee chairperson in District #70 at ashevilleaa.org.



Central Office Profit & Loss Report

April 2011

Working Capital April 2011

Savings	5540.24
Checking	4420.72
Petty Cash	150.00
Total	10,110.96

Income

Sales Income	
Conference Approved	1091.65
Non-Conference Approved	897.10
Sales Tax, S&H	201.59
Total Sales Income	2190.34
Other Income	
Group Contributions	1333.48
Individual Contributions	0.00
Total Other Income	1333.48
Total Income	3523.82

Cost of Goods Sold	
Conference Approved	-1032.39
Non-Conference Approved	-573.28
Total Cost of Goods Sold	-1605.67

Gross Profit \Loss -1918.15

Expense

Freight	-13.81
Editor	-120.00
Copier Rental	-337.08
Office Expenses, Mis	-100.00
Payroll Expenses	-371.25
Postage	-102.70
Rent	-444.00
Sales Tax	0.00
Answering Service	-565.53
Internet and Telephone	-187.00
Insurance	-169.68
Total Expense	-2411.15

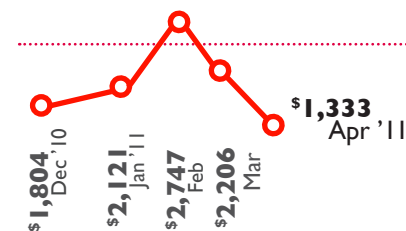
Net Income -493.00

Call & Visitor Log April 2011

A.A. Crisis 1
 General Information 8
 Family Help 3
 Meeting Information 42
 Central Office Business 49
 Referrals (Detox, etc.) 2
 Visitors 63
 Answering Svc (Operator-Asst) 50

Contribution\$ at a Glance

2011



Monthly expenses
avg \$2,500

For details, see the April Group Contributions list.

This Simple Cornerstone

Submit poems, scribbles, musings, and photos (no faces, please) to ncmco@bellsouth.net by the 15th. (Include your first name, last initial, and home group. NCMCO only publishes signed pieces.)

June Growing in Understanding and Effectiveness	October Third Step Prayer
July Fear, the Corroding Thread	November The Great Reality Deep Down Within Us
August Character Defects	
September Maximum Service to God and the People About Us	December Loss of Control

Growing In Understanding and Effectiveness

I began growing towards a new God-directed aim when I first admitted I was powerless over alcohol, though I didn't realize it at the time. This began a process of acceptance that results in a change in my inner life, which to me is where understanding is cultivated.

Growth is mentioned over and over in our program and in our Big Book. We are warned that if we fail to enlarge our spiritual life we are vulnerable to a strange mental blank spot. We are told that by opening the door with a willingness to believe in a Power greater than ourselves, we embark on a journey of spiritual growth that will allow us to accept things that were previously out of reach.

I am developing a relationship with God through an inventory of myself. Understanding is gifted to me as a by-product of participating in my life and my program with the help of an Infinite Power. Effectiveness is that Power as it chooses to work through me and others. I have a new Employer: as He puts me to use, there I am most effective. Ideally, I work for Him even if I don't understand—though I struggle with this frequently. This is our worthy and beautiful struggle as alcoholics, and it ultimately is the fertile ground for growth.

—Laurie S., Young People's Group

We invite you to submit your experience, strength, and hope on a topic-of-the-month (see the list at the top of the page). Just write up a short piece and email it to ncmco@bellsouth.net by the 15th.

July's topic is "Fear, the Corroding Thread." Be sure to send your contribution in time: June 15.

2012 NCMCO BOARD OPENINGS

Back in 1974, the North Carolina Mountain Central Office was set up, with a Board of Directors to run it. At the end of 2011, some of its volunteer Board members will be rotating out of service, and the following positions will be open to qualified members of Alcoholics Anonymous. Elections will be held late this year and service begins January 2012.

ALTERNATE CHAIRPERSON

The alternate chair works with other Board members to set the agenda; assists the chair as needed. Current Alternate: George D. (District 71)

SECRETARY

The secretary keeps/updates written records for the Office—including, but not limited to, the minutes of Board meetings. Current Secretary: Pete S. (District 70)

TREASURER

The treasurer works closely with the Office manager in all matters financial; makes written reports to the Board. Current Treasurer: Bob S. (District 70)

TRUSTEE, DISTRICT 70

The trustee meets with other Board members to guide office operations; liaises with District's Central Office Reps. Current Trustee: Suzanne T.

Sober Acronyms: Telling A Story in One Word

R.E.L.A.T.I.O.N.S.H.I.P. Really Exciting Love Affair Turns Into Overwhelming Nightmare—Sobriety Hangs In Peril!

Heard any good sober slogans lately? Share them with the over 120 A.A. groups and hundreds of individual A.A.s who get this newsletter every month. Send your sober slogans to ncmco@bellsouth.net. We thank you!



AA GRAPEVINE featurette

Single issues of the *Grapevine* (English) and *La Vña* (Spanish) are for sale at Central Office. Great gift!

To save costs (and keep the GV and LV self-supporting), why not convert your print subscription to a digital one *today* at aagrapevine.org? You'll get it in your inbox two weeks earlier than the print issue!

Online right now • Recession-Proof Sobriety: AAs weigh in on keeping sane and sober during troubled economic times

June's print issue features • Taking Your Program On the Road • Giving Back • Low Bottom

Oh thank Heaven for 11/11/11

A potluck breakfast and Eleventh Step meeting celebrating the 4th Anniversary of Black Mountain's Eleventh Step study group

Sunday, June 12 • Eat 10 a.m. • Meeting 11 a.m.

Montreat Family Picnic Area

Directions: On I-40 from Asheville, exit 64 (Black Mountain) turn left off the ramp. Proceed through town and past the stone gates of Montreat, to the Y. Take the left fork, about a half-mile, to the sign that says Calvin Trail Picnic Grove and Campground. Turn right and park anywhere along that road. Picnic area is on the right.

Jude T. • cloudcottage@bellsouth.net • 828/669/0920

AREA MEETING CHANGES

Brevard: Cancellation - Friday, 5:30 **Serenity Group** meeting at French Broad Community Center

Hendersonville: **Plan B Group** has two new meetings at the Cox House, 723 Grove Street:

- Wednesday 5:30 "Back to Basics" meeting - open discussion
- Friday 10pm "Candlelite - Late Nite Meeting" - open discussion

Marion: Cancellations- **Both Wednesday & Friday 7pm meetings** at St Matthews Ch., 241 Court St.

Asheville: **New Meeting** Day by Day Group, Tuesday, 5:30pm, at 1st Presby. Church, 40 Church St. (enter off the side alley in back of the church). (CD)

Brevard: Joy of Living Group has **cancelled** the Thursday, 7:30pm women's meeting at Philips Episc. Church. They now meet on Saturday mornings at 10am at the Brevard Davidson River Church. (WOD)

Columbus: **New Meeting** Columbus Group has added a Friday, 8:00pm meeting at the Columbus Presby. Church, 21 Penial Road. (CD)

East Flat Rock: **Correction** Upward Group - The last Friday of the month's 6:00pm meeting is an open speaker format. (O, SP)

Leicester: Leicester Group's Saturday, 8:00pm meeting at Bell Methodist Church is now an open step study (O, SS).

Bryson City: **Time change** Bryson City Group, Thursday, 6:30pm meeting at Bryson City Presby. Ch, 311 Everest St., now meets at 12 noon. (OD)

Lake Toxaway: **New Meeting** Gloucester Group, Monday, 8:00pm Silverstein Community Center, 3329 Macedonia Rd. (OD)

