

# Mountain Doings

Central Office Newsletter  January 2011



Happy New Year

Send event fliers, anniversaries, etc. to [ncmco@bellsouth.net](mailto:ncmco@bellsouth.net) by January 15

## Central Office Reps' FYI

The Central Office Representatives (CORs) meet quarterly, on the last Sunday of the first month of each quarter. The 2011 meeting schedule is January 30, April 24, July 31, and October 30.

## January Anniversaries

### Asheville Big Book Step Study Group

Suzanne T.	January 1, 1992	19 years
Ed R.	January 3, 1988	23 years
Jodie R.	January 8, 2004	7 years
Natalie B.	January 9, 2009	2 years
Amber M.	January 10, 2008	3 years

### Brevard Serenity Group

Kristine N.	January 11, 2004	7 years
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### Columbus Group

Keith S.	January 1, 2005	6 years
Janet W.	January 6, 1986	25 years
Dan S.	January 23, 1998	13 years
Linda S.	January 30, 1990	21 years

### Cumberland Group

Myra B.	January 1, 1994	17 years
Michael T.	January 1, 2005	6 years
Judy M.	January 19, 1982	29 years

### Fletcher Group

Pete M.	January 12, 2007	3 years
Kerry E.	January 26 1987	24 years

### Hendersonville Group

Tom R.	January 30, 1975	36 years
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### Upward Group

Chris R.	January 1, 1988	23 years
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### Women of Grace

Terry G.	January 10, 1984	27 years
Cay F.	January 16, 1983	28 years

*Mountain Doings* is published monthly for all A.A. members in Western North Carolina's Districts 70, 71, and 80. Opinions expressed herein are not attributed to A.A., nor does publication of any feature imply endorsement by A.A. or the NMCO. Office hours are M, W, and F 10:00 am to 1:00 pm; Tu and Th 1:00 pm to 4:00 pm. Phone (828) 254-8539 or write [ncmco@bellsouth.net](mailto:ncmco@bellsouth.net).

**Hendersonville Group**, 1620 Willow Road, Hendersonville, Sunday 6:00 pm (O,D,SM) meeting has been *cancelled*. Thursday and Friday 7:00 pm (BB & SS, SM) meetings are now at 8:00 pm  
**Spruce Pine's** Sisters in Sobriety, Tuesday 5:30 pm meeting, Trinity Episcopal Church, 18 Hemlock Ave, Spruce Pine, has been *cancelled*.

## Districts 70, 71 & 80 News

- Where to get info from your district: **District 70** [www.ashevilleaa.org](http://www.ashevilleaa.org); **District 71** [www.district71nc.org](http://www.district71nc.org); **District 80** [www.aawnc80.org](http://www.aawnc80.org).
- **In Memoriam**: honor the memory of A.A. members who have passed away by sending info (name, home group, date of passing and/or years sober) to [ncmco@bellsouth.net](mailto:ncmco@bellsouth.net).
- **District 70 GSRs** meet at 2:00 PM on the 2nd Sunday of every month at the St. Luke's Episcopal Church Parish House, 219 Chunn's Cove Road, Asheville.
- Want to know more about **Bridging the Gap**, or to sign up as a volunteer? Contact the Treatment Facilities Committee Co-Chair, Marky S., at (828) 242-6723 or [markynola@gmail.com](mailto:markynola@gmail.com).
- **Treatment Facilities, Corrections Facilities and Cooperation with Professional Community/Public Information (CPC/PI)** committees meet monthly, on the last Tuesday 6:00pm Trinity Episcopal, 60 Church St Asheville NC

## GOOD WORDS

The drunk twirls the wheel  
of his '54 Dodge  
which hovers on the brink--  
weak-kneed,  
like a punched-out boxer--  
before pitching down  
in slow motion,  
rolling the roof  
flat.  
The drunk, snagged by God's  
inscrutable toe-nail,  
slides out of the Dodge, not  
a scratch,  
goes into the bar,  
downs three shots of Turkey,  
neat.  
Finally, the drunk jumps off the deck  
in yet one more shipwreck,  
his last chance  
a plank of decking  
that gets torn from his grasp--  
and he goes under once, twice,  
feels himself hopelessly drawn  
down for the third time.  
But when he opens his eyes  
he's surrounded by smiles.  
He says: you won't believe  
what just happened to me,  
and they just nod and pull him  
to his knees. We were watching  
you they said,  
we knew you were coming.  
Welcome.



Thanks to Valerie K. for her photo.

# Send Your Elected Rep to the January 25<sup>th</sup> COR Meeting !

- CORs bring group events, needs, and suggestions to the attention of the Central Office Board\*
- CORs meet four times a year (January / April / July / October)
- CORs make motions and vote on the operations of Central Office, which is an AA service center established in accordance with Traditions Eight and Nine.

\* A COR links the group to Central Office in the same way that a GSR connects the group to the District and a DCM connects the District to the Area.

## Central Office Profit & Loss Report November 2010

### Income

#### Sales Income

Conference Approved	1533.34	
Non-Conference Approved	645.02	
Sales Tax, S&H	198.89	
<b>Total Sales Income</b>		<u>2377.25</u>

#### Other Income

Group Contributions	1585.73	
Individual and Other Income	115.52	
<b>Total Other Income</b>		<u>1701.25</u>

**Total Income** 4078.50

#### Cost of Goods Sold

Conference Approved	-1511.01	
Non-Conference Approved	-389.49	
<b>Total Cost of Goods Sold</b>		<u>-1900.50</u>

**Gross Profit \Loss** -2178.00

#### Expense

Freight	-12.26	
Editor	-120.00	
Copier Rental	-150.64	
Office Supplies	-121.95	
Payroll Expenses	-755.21	
Postage	-114.28	
Rent	-444.00	
Sales Tax	-165.50	
Answering Service	-243.70	
Internet and Telephone	-213.64	
Insurance	-36.33	
<b>Total Expense</b>		<u>-2378.51</u>

**Net Income** -200.51

## Call & Visitor Log November 2010

A.A. Crisis 0  
 General Information 17  
 Family Help 5  
 Meeting Information 49  
 Central Office Business 34  
 Referrals (Detox, etc.) 0  
 Visitors 75  
 Answering Service Calls 26



## Working Capital November 2010

Savings 5032.18  
 Checking 2546.44  
 Petty Cash 150.00  
**Total** 7728.62

## Fellowship Info

Find Holiday Alcothons in  
the December newsletter.

Go to the District 70 website  
[www.ashevilleaa.org](http://www.ashevilleaa.org)

Click the **News** menu link.

Other newsletters archived there too!

## AA GRAPEVINE featurette

Single issues (English and Spanish)  
are for sale at Central Office!

- **Recovery Events**
- **Story of the Day** *online only*
- **iPoll Results** *online only*
- **Step 1/Tradition I**
- **The Drunk Who Came In  
From the Cold**
- **Much, much more!**

## Recovery Linkups

Looking for lots of recovery-related  
links—clubhouses, regional meeting  
info, A.A. resource sites? Go to the  
Metrolina Intergroup Association's  
website, [www.charlotteaa.org](http://www.charlotteaa.org) and  
click the Helpful Links link.

## Factoid

To get the **Mountain Doings** or  
**Where & When** by email (Adobe  
Acrobat pdf, full-color format),  
send your e-mail address to  
[ncmco@bellsouth.net](mailto:ncmco@bellsouth.net).

## This Simple Cornerstone

Each month of 2011 is an open invitation to submit poems, scribbles, musings, and photos (no faces, please) on a specific recovery topic. Send your work to [ncmco@bellsouth.net](mailto:ncmco@bellsouth.net). (Include your first name, last initial, and home group. NCMCO only publishes signed pieces.) As always, the deadline is the 15th of the month prior to publication (January 15 for February's issue).

**January** Selfishness

**February** Spiritual Experience

**March** Vigorous Action

**April** Fourth Dimension

**May** Daily Reprieve

**June** Growing in Understanding  
and Effectiveness

**July** Fear, the Corroding Thread

**August** Character Defects

**September** Maximum Service to God and  
the People About Us

**October** Third Step Prayer

**November** The Great Reality Deep Down  
Within Us

**December** Loss of Control

## Selfishness

Selfishness is the beginning. It gnaws, pulls my hair, makes itself large and loud. It wants to be heard, and that's where the lies start. I am a creator of confusion precisely because my own selfishness operates through lies. I can veil it through calling it self-protection or self-care, but if I find myself attempting to rearrange life it's possible that I am blocked by selfishness. I cannot see the big picture when I am selfish.

I cannot be helpful to the larger plan helpful when I am selfish. I need the Light to come on and illuminate my motives. And when this Light shines on me (as it has always wanted to), I can be humbled and made ready to entrust my protection and care to my Creator. And it is only now that I may be made ready to receive gifts rather than have my wishes granted. My own selfishness actually blocks me from getting what I need. My own frantic actions to secure what I want create situations in which it is impossible for me to get what I need. I am human. I am flawed—I am going to be selfish. Yet, as an alcoholic I must be rid of selfishness or it kills me. Sounds like the kiss of death. But I see this as a blessing because nothing less would have brought me to seek God, who makes this possible.

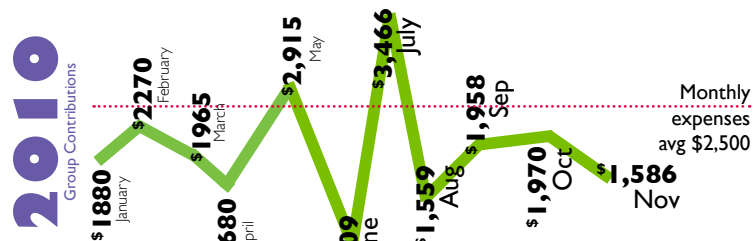
—L.S., Asheville Big Book Step Study Group

Support The Grapevine and La Viña  
Buy single issues at your Central Office!

Obtenga el suyo hoy!

See the GV Featurette to find out what  
you've been missing.

# Group Contribution\$



	November	2010 YTD
Acceptance Grp 122-477	\$0.00	\$1293.83
AVL BigBookStepStudy 637-843	\$0.00	\$172.44
AVL Women's BigBookStepStudy Grp	\$0.00	\$94.94
Back to Basics 147-139	\$0.00	\$400.00
Big Book Study Grp	\$0.00	\$21.25
Big Town Grp	\$0.00	\$301.64
Black Mountain Group	\$0.00	\$25.00
Blue Ridge Grp 110-557	\$0.00	\$100.00
Brevard Serenity Group 631-231	\$0.00	\$75.00
Came to Believe Grp 611-288	\$0.00	\$50.00
Candler KISS Grp 163-148	\$0.00	\$225.00
Cashiers Valley Grp 122-589	\$0.00	\$563.40
Columbus Group	\$0.00	\$150.00
Common Sense Grp 179-909	\$0.00	\$312.57
Conscious Contact (AVL)	\$100.00	\$2,100.00
Cullowhee Valley Group	\$0.00	\$98.90
Cumberland Grp 122-472	\$0.00	\$649.58
Daily Decisions 643-869	\$0.00	\$202.14
Day by Day Grp 159-058	\$0.00	\$838.14
Early Birds 612-780	\$300.00	\$898.44
Edneyville Group 605-968	\$0.00	\$110.00
Eleven-Eleven-Eleven Grp	\$30.00	\$130.00
Fellowship Grp, Fletcher 655-542	\$0.00	\$398.00
Fireside Group 655-542	\$200.00	\$400.00
Fletcher Group 110-465	\$0.00	\$25.00
Good Livers Grp 666-360	\$0.00	\$590.00
Grace Group 161-970	\$120.57	\$1893.70
Grace of God Group of HVL	\$0.00	\$182.50
Hand-in-Hand Grp	\$0.00	\$175.00
Happy Hour Grp 169-182	\$0.00	\$435.00
Hendersonville Grp	\$40.00	\$120.00
High Noon Grp	\$0.00	\$220.00
Hot Springs Meeting	\$0.00	\$100.00
Individual Contributions (Misc.)	\$3.54	\$17.62
Bob P.	\$0.00	\$300.00
Geoff Smith	\$0.00	\$15.52
In Memory of B.G.	\$10.00	\$110.00
Anonymous	\$100.00	100.00
Joy of Living Grp 629-397	\$100.00	\$225.00
Kanuga Grp	\$22.50	\$202.50
Last Chance Grp, The	\$0.00	\$50.00
Leicester Grp 143-417	\$50.00	\$100.00
Library Grp 672-283	\$0.00	\$30.00

Marion Group 110-621	\$0.00	\$143.38
Marshall Group 110-489	\$0.00	\$75.00
Mars Hill Group 130-895	\$0.00	\$100.00
Marion AA Grp 110-621	\$0.00	\$143.38
Mid Day Grp (HVL)	\$235.00	\$1318.28
Mill Spring Grp 656-821	\$0.00	\$67.50
Mission Grp of Sylva 606-119	\$0.00	\$100.00
Monday Night Open Meeting	\$158.15	\$678.65
Mountainside Group 133-504	\$0.00	\$60.00
Mountain View Group 110-598	\$0.00	\$240.00
Murphy Big Book Grp	\$0.00	\$30.00
New Freedom Grp	\$40.00	\$200.00
New Hope Group	\$0.00	\$11.29
No Name Group - Murphy	\$0.00	\$330.00
Pisgah Grp	\$0.00	\$9.14
Plan B Grp	\$0.00	\$150.00
Practicing Principles Grp 667-311	\$67.50	\$167.50
Principles Grp	\$0.00	\$6.06
Recovery by River 674-892	\$0.00	\$245.84
Safe and Sound 645-654	\$0.00	\$142.63
Second Chance Grp Cherokee	\$0.00	\$109.71
Serenity Seekers	\$0.00	\$40.00
Serenity Service 110-498	\$30.00	\$360.00
Serenity Sisters Group	\$0.00	\$60.00
Skyland Meeting 693-372	\$0.00	\$25.00
Soteria Staying Sober LLC	\$0.00	\$0.33
Speed Bump Grp	\$0.00	\$150.00
Strange Camels	\$5.00	\$25.00
Sunshine AA Grp	\$0.00	\$150.00
Three Alarm Grp	\$0.00	\$120.00
Thurs Afternoon Woman's Grp	\$0.00	\$100.00
Total Surrender	\$0.00	\$190.00
Tryon Tuesday Grp	\$0.00	\$50.00
Tryon 12 & 12 690-877	\$0.00	\$85.53
TuesNi Men's BBSSGrp 681-242	\$0.00	\$44.94
Waynesvl Grace Grp 110-692	\$0.00	\$308.18
West Asheville Grp 110-501	\$0.00	\$25.00
Woman's Way Step Study Grp	\$0.00	\$31.00
Women of Courage	\$0.00	\$160.62
Women of Grace Grp	\$35.35	\$130.50
Young People's Grp 645-646	\$51.66	\$354.45
<b>Total (not incl. Individuals)</b>	<b>\$1585.73</b>	<b>\$20554.49</b>