

Mountain Doings

Central Office
Newsletter



Inside Features

Bridging the Gap

Holiday Events Flyers

This Simple Cornerstone

2011 COR Mtg Schedule

December 2010

Office will be closed
Christmas Eve and New Year's Eve

Events Calendar

DEC

8

Asheville Big Book Step Study Group's 11th Annual Anniversary Dinner
Wednesday **December 8** • Fellowshiping & Dinner at 6p • Two Fine Speakers at 7:30p
Emma United Methodist Church • End of N. Louisiana Road • West Asheville

DEC

10

Christmas at the Big Town Group • Friday **December 10**
Speaker at 7:00p & Dinner at 8:00p • Etowah United Methodist Church • 110 Brickyard Road • Etowah • *Bring your family and a covered dish.* More info inside this newsletter.

DEC

**24
25**

Hendersonville Group Holiday Alcothon • Friday **December 24**
Noon to Midnight & Saturday **December 25** Noon to Midnight • 1620 Willow Road • Hendersonville • *Meetings on the even hours.* More info inside this newsletter.

Central Office closed Friday **December 24**

DEC

**31
JAN
1**

Hendersonville Group Holiday Alcothon • Friday **December 31** Noon to Midnight & Saturday **January 1** Noon to Midnight • 1620 Willow Road • Hendersonville • *Meetings on the even hours.* More info inside this newsletter.

Central Office closed Friday **December 31**

Mountain Doings is published monthly for all A.A. members in Western North Carolina's Districts 70, 71, and 80. Opinions expressed herein are not attributed to A.A., nor does publication of any feature imply endorsement by A.A. or the NMCO. Office hours are M, W, and F 10:00 am to 1:00 pm; Tu and Th 1:00 pm to 4:00 pm. Phone (828) 254-8539 or write ncmco@bellsouth.net.

Hendersonville Group, 1620 Willow Road, Hendersonville, Sunday 6:00 pm (O,D,SM) meeting has been *cancelled*. Thursday and Friday 7:00 pm (BB & SS, SM) meetings are now at 8:00 pm

Spruce Pine's Sisters in Sobriety, Tuesday 5:30 pm meeting, Trinity Episcopal Church, 18 Hemlock Ave, Spruce Pine, has been *cancelled*.

Asheville's Against All Odds, Friday 7:00 pm closed discussion meeting (C, D), Groce United Methodist Church, 954 Tunnel Road, has moved from the Charter Hall to inside the church; enter in the back, 2nd floor. The last Friday of the month is an open speaker meeting (O, SP). *Needs support!*



Districts 70, 71 & 80 News

- Where to get info from your district: District 70 www.ashevilleaa.org; District 71 www.district71nc.org; District 80 www.aawnc80.org.
- In Memoriam: honor the memory of A.A. members who have passed away by sending info (name, home group, date of passing and/or years sober) to ncmco@bellsouth.net.
- District 70 GSRs meet at 2:00 PM on the 2nd Sunday of every month at the St. Luke's Episcopal Church Parish House, 219 Chunn's Cove Road, Asheville.

➔ Bridging the Gap in District 70

“Part of Bridging the Gap between a treatment program and A.A. is the Temporary Contact Program, which is designed to help the alcoholic in an alcoholism treatment program make that transition.”

Bridging the Gap, A.A. Pamphlet No. 49

District 70's Treatment Facilities Committee is looking for volunteers with at least one year of sobriety who will be temporary contacts for people leaving treatment facilities. volunteers' contact information will be held in strict confidence and will only be available to the Treatment Facilities Committee Chair and the BTG Coordinator (both A.A. members, of course).

—Marky S.

How Bridge the Gap Works

A member of A.A. signs up to be a volunteer with the BTG Coordinator ➔ A client who is nearing discharge from a treatment facility contacts the BTG coordinator ➔ The BTG coordinator calls volunteers, checking for their availability ➔ the BTG coordinator gives the volunteer the client's contact information ➔ the volunteer makes contact with the client before, if possible, the client leaves the treatment facility. If unable to do

so, the contact and meeting should occur within the first 24 hours following discharge.

Volunteers' Responsibilities

Basically, volunteers introduce the newcomer to the program of Alcoholics Anonymous. Suggestions for how to do so are: explaining the importance of sponsorship • introducing them to other sober people in their community • introducing them to A.A. literature; specifically, pointing out the book *Alcoholics Anonymous* is our basic text • explaining the recovery process through the 12 Steps • explaining meeting formats • answering any questions the newcomer may have.

It's difficult to walk out of the treatment facility and into A.A.—to make a transition into the “real world.” Ideally, the volunteer will bring the newcomer to a variety of meetings for a couple of weeks, stressing the importance of getting meeting lists and phone numbers.

The volunteer is not expected to sponsor the newcomer.

If you have questions about BTG or want to sign up as a volunteer, you may contact Marky S. at (828) 242-6723 or markynola@gmail.com.

Calling All Groups! Time to Elect Your 2011 COR!

- CORs bring group events, needs, and suggestions to the attention of the Central Office Board*
- CORs meet four times a year (January / April / July / October)
- CORs make motions and vote on the operations of Central Office, which is an AA service center established in accordance with Traditions Eight and Nine.

* A COR links the group to Central Office in the same way that a GSR connects the group to the District and a DCM connects the District to the Area.

Central Office Profit & Loss Report October 2010

Income

Sales Income	
Conference Approved	1198.60
Non-Conference Approved	561.55
Sales Tax, S&H	176.79
Total Sales Income	<u>1936.94</u>

Other Income

Group Contributions	1969.77
Individual Contributions	12.64
Total Other Income	<u>1982.41</u>

Total Income 3919.35

Cost of Goods Sold

Conference Approved	-1148.51
Non-Conference Approved	-446.06
Total Cost of Goods Sold	<u>-1608.97</u>

Gross Profit \ Loss 2310.38

Expense

Freight	-11.77
Editor	-100.00
Copier Rental	-176.71
Office Supplies	-75.59
Payroll Expenses	-733.93
Postage	-76.11
Rent	-444.00
Sales Tax	-277.18
Answering Service	-317.93
Internet and Telephone	-172.09
Insurance	-36.33
Total Expense	<u>-2401.98</u>

Net Income -91.60

Call & Visitor Log October 2010

A.A. Crisis 3
 General Information 11
 Family Help 1
 Meeting Information 32
 Central Office Business 24
 Referrals (Detox, etc.) 0
 Visitors 60
 Calls Taken By Answering Service 2
 (1 each general and meeting info)



Working Capital October 2010

Savings	5030.20
Checking	1638.75
Petty Cash	150.00
Total	6823.95

Fellowship Info

Southeast Regional Forum
Springmaid Beach Resort
December 10–12

Myrtle Beach, So. Carolina
AA's can speak directly with GSO!
Register w/GSO by Dec 6 • No fee
Paper form at Central Office or <http://aa.org>

AA GRAPEVINE *featurette*

Single issues (English and Spanish)
are for sale at Central Office!

- **Recovery Events**
- **Story of the Day** *online only*
- **iPoll Results** *online only*
- **Step 12/Trad 12**
- **Much, much more!**

Recovery Linkups

Looking for lots of recovery-related
links—clubhouses, regional meeting
info, A.A. resource sites? Go to the
Metrolina Intergroup Association's
website, www.charlotteaa.org and
click the Helpful Links link.

Factoid

To get the **Mountain Doings** or
Where & When by email (Adobe
Acrobat pdf, full-color format),
send your e-mail address to
ncmco@bellsouth.net.

Help Wanted

Central Office Volunteers

Applicants should have

- Computer and copier skills
- People skills
- Minimum of 1 year of sobriety

QUESTIONS? MYRA B., OFFICE MANAGER
AT (828) 254-8539

This Simple Cornerstone

Here's a new feature for 2011, brainstormed by Amber M. of the Pisgah Group! Each month, starting in January, she invites A.A.s to write poems, scribble musings, or photo-illustrate (no faces, please) a specific recovery topic. Send your work to Central Office ncmco@bellsouth.net. (Include your first name, last initial, and home group. NCMCO only publishes signed pieces.) As always, the deadline is the 15th of the month prior to publication. December 15 for January.

January Selfishness

February Spiritual Experience

March Vigorous Action

April Fourth Dimension

May Daily Reprieve

June Growing in Understanding and Effectiveness

July Fear, the Corroding Thread

August Character Defects

September Maximum Service to God and the People
About Us

October Third Step Prayer

November The Great Reality Deep Down Within Us

December Loss of Control

Support The Grapevine and La Viña
Buy single issues at your Central Office!
Obtenga el suyo hoy!
See the GV Featurette to find out
what you've been missing.

December Anniversaries

Acceptance Group

Jack K. December 7, 1982 28 years
 Sandi V. December 17, 2007 3 years
 Nancy H. December 20, 2005 5 years
 Jack W. December 27, 1991 19 years
 Chris P. December 28, 2009 1 year

Asheville Big Book Step Study Group

Jeff S. December 1, 2009 1 year
 Melody J. December 18, 2003 7 years

Back to Basics Group

Manley N. December 10, 2006 4 years
 Rich Y. December 18, 2000 10 years

Brevard Serenity Group

Dave B. December 28, 1998 12 years

Conscious Contact Group

Valerie R. 2008 2 years
 Doug S. 2009 1 year

Cumberland Group

Dave B. December 1, 1987 23 years
 Jake B. December 7, 2006 4 years

Edneyville Group

Chris K. December 26, 1985 25 years

Fletcher Group

Joe December 8, 1996 14 years
 Greasy Tommy December 29, 1992 18 years

Good Livers Group

Janet B. December 21, 1987 23 years
 Bruce C. December 24, 1982 28 years
 Lucy K. December 26, 2004 6 years

Grace Group

Jim H. December 1, 1982 28 years
 Eric C. December 10, 2009 1 year
 Nancy F. December 10, 1997 13 years
 Lisa B. December 11, 2005 5 years

Grace Group cont.

Shannon K. December 12, 1998 12 years
 Sarah H. December 13, 2005 5 years
 Donna P. December 16, 2008 2 years
 Carter M. December 17, 2006 4 years
 Kris W. December 17, 2003 7 years
 Leslie B. December 18, 2009 1 year
 Mel D. December 21, 2006 4 years
 Mark McK. December 25, 2007 3 years
 Tim H. December 27, 2004 6 years
 Lloyd W. December 29, 1986 24 years
 Jeff H. December 30, 2009 1 year

Hendersonville Group

Ted A. December 7, 1988 22 years
 Norma H. December 11, 1989 21 years

Leicester Home Group

Pamela M. December 1, 2007 3 years
 Calvin M. December 3, 2008 2 years
 Perry C. December 20, 1986 24 years
 Jo B. December 31, 2007 3 years

Traditional Group

Bill S. December 5, 2001 9 years
 Mike H. December 7, 2002 8 years
 Alex N. December 8, 2009 1 year
 Keith B. December 25, 2001 9 years
 Red D. December 28, 2005 5 years

Upward Group

Maurice S. December 21, 1980 30 years

Young People's Group

Jessica W. December 2, 2001 9 years
 Jason R. December 10, 2004 6 years
 Harry A. December 15, 2007 3 years
 Ivy K. December 20, 2004 6 years

Sadly, some anniversaries were left out of the print version of the November *Mountain Doings*. The e-version has been corrected and re-mailed; you can reprint it from the archive at www.ashevilleaa.org, D70's website. I'm making every effort to ensure that it doesn't happen again. Sincere apologies to each of you. —ed.

Conscious Contact Group

Steven M 1994 16 yrs
 Kay G. 1984 26 yrs
 Frank T. no date
 Debbie S. 1992 18 yrs
 Peggy H. 1986 24 yrs

Young People's Group

Aaron L. 11/22/08 2 yrs
 April M. 11/25/05 10 yrs

Mars Hill Group

Jack A. 11/5/90 20 yrs
 Charlie H. 11/5/91 19 yrs
 Rodney E. 11/9/09 11 yrs
 Tony V. 11/14/74 36 yrs

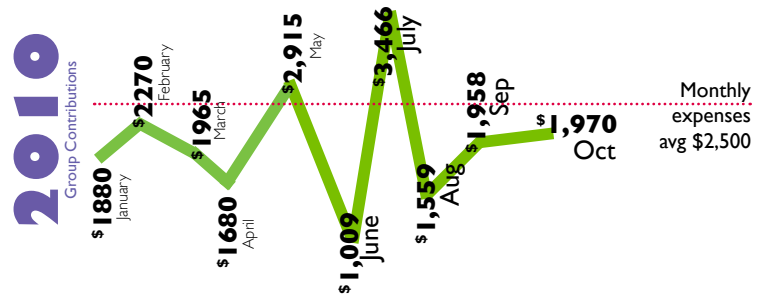
Good Livers Group

Wayne D. 11/9/70 40 yrs
 Joe L. 11/8/08 2 yrs

Cumberland Group

Cecile C. 11/3/03 7 yrs
 Charles H. 11/5/91 19 yrs
 Adam H. 11/5/07 3 yrs
 Joshua Mc. 11/28/08 2 yrs
 Lore 11/13/05 5 yrs
 Bill G. 11/30/83 17 yrs

Group Contributions



	October	2010 YTD
Acceptance Grp 122-477	\$336.00	\$1293.83
AVL BigBookStepStudy 637-843	\$0.00	\$172.44
Women's BigBookStepStudy Grp	\$0.00	\$94.94
Back to Basics 147-139	\$0.00	\$400.00
Big Book Study Grp	\$21.25	\$21.25
Big Town Grp	\$102.58	\$301.64
Black Mountain Group	\$25.00	\$25.00
Blue Ridge Grp 110-557	\$25.00	\$100.00
Brevard Serenity Group 631-231	\$0.00	\$75.00
Came to Believe Grp 611-288	\$0.00	\$50.00
Candler KISS Grp 163-148	\$90.00	\$225.00
Cashiers Valley Grp 122-589	\$155.00	\$563.40
Columbus Group	\$0.00	\$150.00
Common Sense Grp 179-909	\$3.54	\$312.57
Conscious Contact (AVL)	\$150.00	\$2,000.00
Cullowhee Valley Group	\$0.00	\$98.90
Cumberland Grp 122-472	\$0.00	\$649.58
Daily Decisions 643-869	\$0.00	\$202.14
Day by Day Grp 159-058	\$0.00	\$838.14
Early Birds 612-780	\$0.00	\$598.44
Edneyville Group 605-968	\$0.00	\$110.00
Eleven-Eleven-Eleven Grp	\$25.00	\$100.00
Fellowship Grp, Fletcher 655-542	\$80.00	\$398.00
Fireside Group 655-542	\$0.00	\$200.00
Fletcher Group 110-465	\$0.00	\$25.00
Good Livers Grp 666-360	\$0.00	\$590.00
Grace Group 161-970	\$0.00	\$1,773.13
Grace of God Group of HVL	\$0.00	\$182.50
Hand-in-Hand Grp	\$0.00	\$175.00
Happy Hour Grp 169-182	\$0.00	\$435.00
Hendersonville Grp	\$60.00	\$80.00
High Noon Grp	\$0.00	\$220.00
Hot Springs Meeting	\$0.00	\$100.00
Individual Contributions (Misc.)	\$0.00	\$10.08
Bob P.	\$0.00	\$200.00
Geoff Smith	\$0.00	\$15.52
In Memory of B.G.	\$10.00	\$90.00
Joy of Living Grp 629-397	\$0.00	\$125.00
Kanuga Grp	\$22.50	\$180.00
Last Chance Grp, The	\$0.00	\$50.00
Leicester Grp 143-417	\$0.00	\$50.00
Library Grp 672-283	\$0.00	\$30.00
Marion Group 110-621	\$0.00	\$143.38
Marshall Group 110-489	\$0.00	\$75.00

	October	2010 YTD
Mars Hill Group 130-895	\$0.00	\$100.00
Marion AA Grp 110-621	\$0.00	\$143.38
Mid Day Grp (HVL)	\$225.00	\$1,083.28
Mill Spring Grp 656-821	\$12.50	\$67.50
Mission Grp of Sylva 606-119	\$0.00	\$100.00
Monday Night Open Meeting	\$0.00	\$520.49
Mountainside Group 133-504	\$0.00	\$60.00
Mountain View Group 110-598	\$0.00	\$240.00
Murphy Big Book Grp	\$0.00	\$30.00
New Freedom Grp	\$0.00	\$160.00
New Hope Group	\$0.00	\$11.29
No Name Group - Murphy	\$300.00	\$330.00
Pisgah Grp	\$0.00	\$9.14
Plan B Grp	\$0.00	\$150.00
Practicing Principles Grp 667-311	\$0.00	\$100.00
Principles Grp	\$0.00	\$6.06
Recovery by River 674-892	\$57.20	\$245.84
Safe and Sound 645-654	\$85.45	\$142.63
Second Chance Grp Cherokee	\$0.00	\$109.71
Serenity Seekers	\$0.00	\$40.00
Serenity Service 110-498	\$0.00	\$300.00
Serenity Sisters Group	\$0.00	\$60.00
Skyland Meeting 693-372	\$0.00	\$25.00
Soteria Staying Sober LLC	\$0.00	\$0.33
Speed Bump Grp	\$100.00	\$150.00
Strange Camels	\$5.00	\$20.00
Sunshine AA Grp	\$0.00	\$150.00
Three Alarm Grp	\$30.00	\$120.00
Thurs Afternoon Woman's Grp	\$0.00	\$100.00
Total Surrender	\$50.00	\$190.00
Tryon Tuesday Grp	\$0.00	\$50.00
Tryon 12 & 12 690-877	\$0.00	\$85.53
TuesNi Men's BBSSGrp 681-242	\$0.00	\$44.94
Waynesvl Grace Grp 110-692	\$0.00	\$308.18
West Asheville Grp 110-501	\$0.00	\$25.00
Woman's Way Step Study Grp	\$0.00	\$31.00
Women of Courage	\$0.00	\$160.62
Women of Grace Grp	\$0.00	\$95.15
Young People's Grp 645-646	\$0.00	\$302.79
Total (not incl. Individuals)	\$1,969.77	\$18,968.76



Christmas at the Big Town Group

Friday December 10th 2010

Big Town Group Etowah UMC 110 Brickyard Rd.

Open Speaker Meeting @ 7:00 pm

Eat @ 8:00 pm

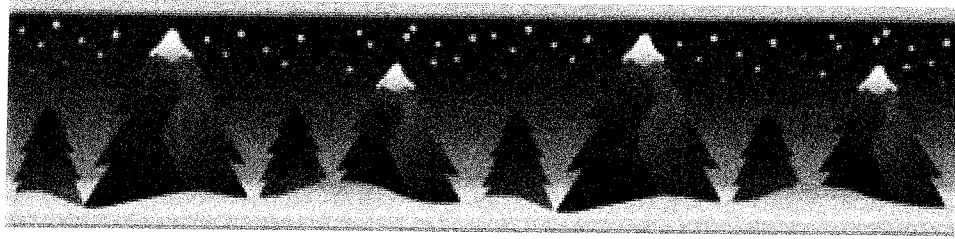
Bring Family & Coverd Dish

Speaker

Marie E. Murrells Inlet, SC



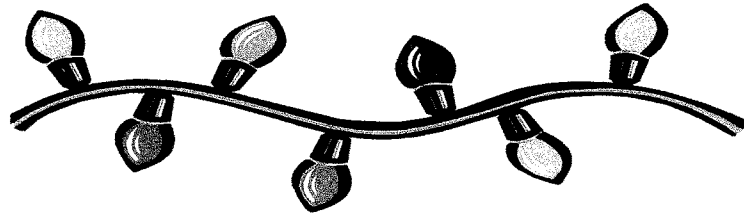
For Directions Go To Our Web Site



Hendersonville Group

16 20 Willow Road – opposite Valley Hill Fire Dept.
(handicap accessible)

Holiday Alco-thons



Christmas Eve & Christmas Day
Friday, Dec. 24th, Saturday, Dec. 25th
12 noon to 12 midnight
both days ~ meetings every even hour



New Year's Eve & New Year's Day
Friday, Dec. 31st, Saturday January 1st
12 noon to 12 midnight
both days ~ meetings every even hour