

July 2010

Mountain Doings Central Office Newsletter



Published for Districts 70, 71 & 80 by the North Carolina Mountain Central Office (NCMCO)
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**Get this pub in full color! To receive the *Mountain Doin's* or *Where & When* by email, in Adobe Acrobat pdf format, send your e-mail address.
ncmco@bellsouth.net.**

Central Office has changed its Tuesday & Thursday hours to 1–4 pm...Central Office has changed its Tuesday & Thursday hours to 1–4 pm...Central Office has changed its Tuesday & Thursday hours to 1–4 pm...Central Office

Central Office Sober Day Supper

Spaghetti • Skits • Service
Sat, Aug 21 • 5–7:30p • Tuton Hall

\$5 per person • Menu

Pasta with Marinara (vegetarian) and Meat Sauce

Salad with Dressings

Garlic bread served w/ whipped butter & herb-infused olive oil

Sponge cake with fresh strawberries & whipped cream

Served with love by Chef Harry S.

See inside for more info on how you and your AA friends can put on your very own recovery skit!

Not a fund-raiser... more like a fun-raiser!

Central Office Supports the AA Grapevine—Won't You Do the Same?

See story inside

And from a recent Grapevine Online Poll...

Question: What does having a drunk dream mean to you?

Total Responded: 2,598

14.59%

I need more meetings 379 votes

7.24%

I can drink without consequences and wake up with my sobriety intact 188 votes

34.06%

There's something else I need to deal with in my life 885 votes

35.3%

It means nothing 917 votes

8.81%

I haven't had one 229 votes

Central Office Reps' FYI



Central Office Representatives (CORs) meet on a quarterly basis, on the last Sunday of the first month of the quarter. The remainder of the 2010 schedule is as follows:

July 25 • October 31



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Meeting Updates



Asheville Traditional Group (Sunday 8:00 pm) meeting has been cancelled.

East Flat Rock Upward Group (Tuesday 6:00 pm) meeting has been cancelled.

The Penrose Strange Camels Group (Thursday 6:30 pm) has moved to Brevard, St Timothy's UMC on the Asheville Hwy. Burnsville Group: Thursday, 7:30 pm, Caduces, Higgins Methodist Church Annex, corner of Avery & Academy Streets is a closed discussion (C, D)

Arden Living in the Solution Group (Wednesday, 6:30 pm, St. Barnabas Catholic Church) has been temporarily cancelled

The Women's Way Step Study meeting (New Creation ICCC in Fletcher) is closed.

The Marion Group's Sunday, Wednesday, and Friday meeting times have changed to 7:00 pm. at St. Matthew's Lutheran Church, 241 W. Court Street. The Monday meeting has been cancelled.

*Send Your Pix
Deadline for August Issue is
July 15*

GOOD WORDS

Eleanor

She smiled and in that smile lived the sun.
Her presence warmed my being.
Pursuing the task she'd begun
of those imprisoned, freeing.
Demonstrating freedom in her walk,
expressing its principles in her talk.
She leaves a chasm in time and space
where once I saw her smiling face.
I choose to focus on her gift
when my Spirit needs a lift
I shall not forget her smile
and how she walked her path.
This aching shall pass, in a while.
Her memory shall last.

—Ocean Shackleton, Marshall

In this issue you'll read Pete Solet's reflections about The Grapevine, AA's "meeting in print." This summer, our North Carolina Mountain Central Office begins a **new venture** to raise awareness of the GV as an important recovery resource for all AAs. Single issues of The Grapevine will be for sale at the Office. Members' stories, photos of meeting rooms around the world, jokes, and reprints from the archives—it's all there in The Grapevine. (*En Español, too!*) And, your own subscription to the *digital* Grapevine lets you access special audio features, a monthly cartoon caption contest, and the entire Grapevine archive. Just think—over 65 years of AA experience available at the click of a mouse! Come by the office and pick up a copy for yourself or an AA friend. You might find your own story somewhere in it.

Open call for
recovery-related
writing: short essays,
personal reflections

In Memoriam

Eleanor Dorman passed away Monday, June 7, 2010. She was a member of the Pisgah Group in Asheville.

Stephen J. ("Baptist") House passed away on Monday, June 14, 2010. He was sober since 1998, belonged to the Lambda Group in Asheville, and was a member of the Oneida tribe of Wisconsin.

[At publication time we were unable to establish exact sobriety dates. Further info, if available, will appear in a future issue.—Ed.]

Central Office Profit & Loss Report May 2010

INCOME	
Sales Income	
Conference Approved	1276.23
Non-Conf Approved	521.95
Sales Tax, S&H	166.37
Total Sales Income	<u>1964.55</u>
OTHER INCOME	
Group Contributions	2914.91
Individual Contributions	10.69
Total Other Income	<u>2925.60</u>
TOTAL INCOME	<u><u>4890.15</u></u>
COST OF GOODS SOLD	
Conference Approved	-1148.84
Non-Conference Approved	-320.31
Total Cost of Goods Sold	-1502.55
GROSS PROFIT \LOSS	<u><u>3387.60</u></u>
EXPENSE	
Freight	-23.27
Editor	-100.00
Copier Rental	-160.25
Office Supplies	-124.79
Payroll Expenses	-710.75
Postage	-84.06
Rent	-444.00
Sales Tax	-180.10
Answering Service	-337.00
Internet and Telephone	-285.68
Insurance	-36.33
Total Expense	<u><u>-2508.45</u></u>
NET INCOME	<u><u>879.15</u></u>

Call & Visitor Log May 2010

A.A. Crisis	0
General Information	6
Family Help	7
Meeting Information	53
Central Office Business	30
Referrals (Detox, etc.)	1
Visitors	64



Working Capital May 2010

Savings	4820.20
Checking	2145.33
Petty Cash	150.00
Total	7115.53

Conference Info

2010 Big Book Step Study Convention July 24–25

Lancaster County, Pennsylvania
Lancaster Convention Center

Speakers on all 12 Steps!

Special room rates available. For more info:

24th Annual Tampa Bay Fall Roundup

Labor Day Weekend!

September 3–6

Tampa, Florida

www.Tampabayfallroundup.com
or email

G.Luker@verizon.net

63rd North Carolina State Convention

*Fellowship
of the Spirit*

July 22–25

Charlotte, N.C.

Registration \$12

Alateens Welcome (must register)

Speakers

Old-Timers' Panel

Meetings / Free Coffee

See flyer/registration form in this issue!

SERCYPAA

Southeastern Regional Conference
of Young People in Sobriety

July 29–Aug 1

Louisville, Kentucky

Registration \$15 til Jul 1 / \$20 after

www.sercypaa2010.org

15th Annual Southeast Region
Woman to Woman Seminar

For sober A.A. and Al-Anon women.

August 20–22

Sheraton Charleston Airport Hotel

Registration \$30 by July 15

Call or write Central Office or flyer
and contact information

Of Note

Sober Day Supper: Open Call

Here's your chance to have everyone's attention on you at center stage! AA skits are a lot of fun to write, direct (!), cast, rehearse and, of course, perform. Central Office is looking for fun, fast, and furious (but in a good way) 5-minute recovery skits by enthusiastic AAs, for the upcoming Sober Day Supper (August 21, at Tuton Hall in Asheville). Questions? Contact Rob W., ("The Skit Dude") at robw28731@bellsouth.net.

—Your Central Office Board of Directors

From the Archives: Been There, Done That

From the Intergroup of WNC Minutes of April 20, 1975

"...Neil said a new member was at Victoria Road Sunday morning and has now made four meetings since his last drink Wednesday, after finding AA through Intergroup. It was noted that the secretary must carry out the Group Conscience in seeing that contributions go to Intergroup. Neil noted the deteriorating balance from some \$800 to \$359 in the last nine months but said this can be brought back up again...."

"...Smiley discussed the value of Alanon, noting that we buy Alanon literature and service their calls, receiving limited contributions to cover the cost of literature. John A. and Peggy T. [Office Coordinator] commented on the help from and requests for Alanon. ...It was decided not to ask for contributions [for Intergroup] at District meetings."

July

Group secretaries, save time and trouble! Email all your group members' anniversaries for 2010. (Otherwise, send announcements to the office at least one month before the anniversary date. We'll do our best to include late submissions.)

Anniversaries

Asheville Big Book Step Study Group			Grace Group (con't.)		
Linda S	July 22, 1983	27 years	Jim D	July 14, 2008	2 years
Blue Ridge Group			Joe S	July 13, 2006	4 years
Debra N	July 3, 2008	2 years	John P	July 25, 2005	5 years
Brevard Serenity Group			Jonathan J	July 14, 2009	1 year
Claudia S	July 7, 2006	4 years	Judy M	July 3, 1994	16 years
Black Mountain Group			Linda M	July 24, 2006	4 years
Todd	July 26, 2003	7 years	Paul J	July 2, 2008	2 years
Conscious Contact			Vanessa D	July 17, 2007	3 years
Anna L	July 16, 1993	17 years	Stan W	July 19, 2006	4 years
Jan C	July 23, 1986	24 years	Happy Hour Group		
Lynette	July 16, 2008	2 years	Bill S	July 11, 1995	15 years
Maria W	July 1, 1997	13 years	Valerie K	July 12, 2004	6 years
Sally S	July 19, 2003	7 years	Hendersonville Group		
Susan L	July 5, 2003	7 years	Darren K	July 20, 2001	9 years
Cumberland Group			Shawn K	July 2, 2006	4 years
David T	July 21, 1993	17 years	Steve D	July 5, 2009	1 year
John S	July 4, 2007	3 years	Tom L	July 25, 1994	16 years
Stacey R	July 6, 2009	1 year	Leicester Group		
Fletcher Group			Debbie W	July 4, 2008	2 years
Debra	July 3, 2008	2 years	Paula R	July 16, 2009	1 year
Smilin' Dave	July 11, 1990	20 years	Library Group		
Good Livers Group			Debbie P	July 29, 2001	9 years
Allan D	July 15, 2007	3 years	Traditional Group		
Barbara B	July 8, 1975	35 years	Chris S	July 10, 2008	2 years
Claire J	July 15, 1984	26 years	Dakota G	July 23, 2007	3 years
Luanne V	July 12, 2008	2 years	Garrick M	July 25, 2002	8 years
Sandy U	July 12, 1978	32 years	John L	July 24, 2002	8 years
Grace Group			Mitchel A	July 5, 1993	7 years
Alan B	July 5, 2006	4 years	Monica M	July 26, 1999	11 years
Anne R	July 8, 2007	3 years	Nathalie M	July 23, 2003	7 years
Bob Pa	July 31, 2001	9 years	Stanley H	July 27, 2000	10 years
Carla W	July 28, 2007	3 years	Tony P	July 15, 1987	23 years
Carol W	July 27, 2007	3 years	Tony S	July 10, 2008	2 years
Dean W	July 24, 2006	4 years	Trey B	July 16, 2007	3 years
Edward M	July 9, 2007	3 years	Young People's Group		
Elizabeth H	July 26, 2006	4 years	Daniel B	July 16, 2009	1 year
George P	July 1, 2008	2 years	Daryl G	July 29, 2009	1 year
Jaedee	July 13, 1998	12 years	Olivia P	July 17, 2006	4 years

Group Donations

	May	2010 YTD
Acceptance Grp 122-477	\$368.68	\$593.83
AVL BigBookStepStudy 637-843	\$69.68	\$120.49
Back to Basics 147-139	\$0.00	\$200.00
Big Book Study Grp	\$0.00	\$21.25
Big Town Grp	\$0.00	\$132.52
Blue Ridge Grp 110-557	\$0.00	\$50.00
Came to Believe Grp 611-288	\$0.00	\$50.00
Candler KISS Grp 163-148	\$45.00	\$45.00
Cashiers Valley Grp 122-589	\$0.00	\$156.40
Common Sense Grp 179-909	\$32.96	\$100.52
Conscious Contact (AVL)	\$500.00	\$1,100.00
Cumberland Grp 122-472	\$0.00	\$480.00
Day by Day Grp 159-058	\$0.00	\$269.63
Early Birds 612-780	\$0.00	\$344.91
Edneyville Group 605-968	\$0.00	\$50.00
Eleven-Eleven-Eleven Grp	\$0.00	\$35.00
Fellowship Grp, Fletcher 655-542	\$0.00	\$243.00
Fireside Group 06-550	\$0.00	\$100.00
Fletcher Group 110-465	\$25.00	\$25.00
Good Livers Grp	\$0.00	\$225.00
Grace Group 161-970	\$1,666.09	\$1,666.09
Grace of God Group of HVL	\$0.00	\$70.00
Hand-in-Hand Grp	\$0.00	\$75.00
Happy Hour Grp 169-182	\$0.00	\$225.00
Hendersonville Grp	\$0.00	\$20.00
High Noon Grp	\$0.00	\$100.00
Individual Contributions	\$4.62	\$9.24
Bob P.	\$0.00	\$200.00
In Memory of B.G.	\$10.00	\$50.00
Joy of Living Grp	\$0.00	\$25.00
Kanuga Grp	\$22.50	\$67.50
Last Chance Grp, The	\$0.00	\$30.00
Leicester Grp 143-417	\$0.00	\$25.00
Library Grp 672-283	\$0.00	\$30.00
Marion AA Grp 110-621	\$0.00	\$100.00
Mid Day Grp (HVL)	\$60.00	\$367.00
Mill Spring Grp 656-821	\$0.00	\$45.00
Mission Grp of Sylva 606-119	\$0.00	\$50.00
Monday Night Open Meeting	\$0.00	\$230.99
Murphy Big Book Grp	\$0.00	\$10.00
New Freedom Grp	\$0.00	\$60.00
Pisgah Grp	\$0.00	\$9.14
Plan B Grp	\$0.00	\$150.00

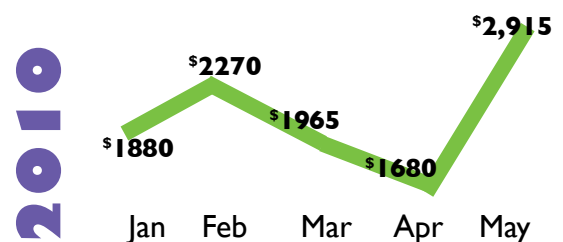
Practicing Principles Grp 667-311	\$0.00	\$40.00
Recovery by River 674-892	\$0.00	\$133.04
Second Chance Grp Cherokee	\$0.00	\$40.00
Serenity Service 110-498	\$50.00	\$250.00
Skyland Meeting 693-372	\$0.00	\$25.00
Soteria Staying Sober LLC	\$0.00	\$0.33
Speed Bump Grp	\$0.00	\$50.00
Sunshine AA Grp	\$50.00	\$100.00
Three Alarm Grp	\$0.00	\$60.00
Thurs Afternoon Woman's Grp	\$0.00	\$50.00
Total Surrender	\$0.00	\$80.00
Tryon Tuesday Grp	\$0.00	\$50.00
Tryon 12 & 12 690-877	\$0.00	\$63.25
Waynesvl Grace Grp 110-692	\$0.00	\$95.18
West Asheville Grp 110-501	\$25.00	\$25.00
Woman's Way Step Study Grp	\$0.00	\$31.00
Women of Grace Grp	\$0.00	\$65.05
Young People's Grp 645-646	\$0.00	\$196.00



Postage-paid. birthday contribution envelopes are free at Central Office. Send a dollar to G.S.O. for each year you're sober!

Become a **Faithful Fiver**—an AA member who, in gratitude, pledges to contribute at least \$5.00 each month toward the support of Central Office. Just contact Myra, and tell her you want to be a Faithful Fiver. Your monthly pledge will be noted here.

A dozen groups (out of the more than 100 in the Central Office service area) sent \$ in May (see graphic). Please, keep helping your Central Office to pay its rent, man the phones, and stock literature for you!



District News

- **Districts 70 and 71:** Central Office needs the contact info of your trusted servants. Write to ncmco@bellsouth.net.
- Where to get info from your district: **District 70** www.ashevilleaa.org ; **District 71** www.district71inc.org; **District 80** www.aawnc80.org
- In Memoriam: honor the memory of A.A. members who have passed away by sending info (name, home group, date of passing and/or years sober) to ncmco@bellsouth.net.
- Congratulations, **District 70**, on the launch of your fab new website! Check it out at www.ashevilleaa.org.

Grapevine: A Stalwart AA Friend

Have you looked through an issue of The Grapevine recently? It's our official journal. Been around a long time, since June, 1944—nearly as long as AA itself. Today, as then, the magazine, "Our Meeting In Print," brings the sorts of personal stories, timely articles, features for newcomer and old-timer alike, lively letters to the editor, and a comprehensive calendar, to members everywhere. Times and opinions change—an editorial in 1949 claimed that "few do follow the Steps in their numerical order, and it is not necessary to do so"—but The Grapevine continues to serve members of every stripe and opinion. Very much like a typical meeting.

Of recent years readership has fallen off and The Grapevine, which is supported solely by subscriptions, is losing money every issue. Some groups in the area provide current and past issues to members, and also encourage subscriptions, but individual subscriptions are down substantially. It's estimated that only 8 per cent of our membership currently subscribes. At this rate, the magazine could be on the road to extinction, a sorry end for a stalwart institution.

These days, with information so readily available, it's easy to assume that the Grapevine's demise would be of little consequence. However, when you consider the centrality of The Grapevine to AA's history and purpose, you might think again. Remember, many early concepts, including our Traditions, first saw the light of day in its

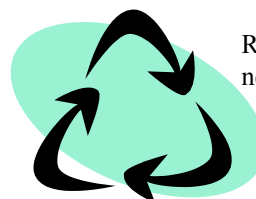


Thanks to Deborah B. for her photo.

pages. In fact, we AAs owe much to the magazine, which undoubtedly has played a critical role in helping to keep thousands of alcoholics sober, and therefore alive.

Next time you see a copy, look it over. Perhaps buy a subscription—only \$24 a year. Taking action will play a vital role in keeping this valuable resource available, a time-proven weapon against our powerful, cunning, and baffling disease.

—Pete Solet, Marshall



Recycle this newsletter!

63rd North Carolina State Convention

July 22nd thru 25th, 2010

“Fellowship of the Spirit”

Renaissance Suites

2800 Coliseum Centre Drive

Charlotte, NC

REGISTER NOW TO SUPPORT YOUR CONVENTION!

Convention Pre-Registration

\$9.00 per person

before *June 25, 2010*

\$12.00 per person June 25, 2010 and after
Alateens / No Charge but must register

(No Refunds after June 25, 2010)

Speakers

Thursday	8:30 pm	Jennifer D.	Wilmington, NC
Friday	8:30 pm	Sandy B.	Tampa, FL
▲ Saturday	10:00 am	Paula M.	Liberty, NC
Saturday	2:00 pm	Theresa F.	N. Hollywood, CA
Saturday	8:30 pm	Dave C.	Raleigh, NC
Sunday	10:00 am	Don M.	Louisville, KY

Hotel Registration

Convention Code: NCGS

\$109.00 for up to four people

Reservations: (704) 357-1414 / 800-266-9432

Or On-Line:

<https://resweb.passkey.com/go/NCGS>

Hotel cut-off for Conference rate is June 25, 2010

- **FREE** Convention Mug to First **500** Pre-Registrants! ★
- ‘Round the Clock **Marathon Meetings**
- Plenty of **FREE** Coffee
- Friday, 10:00 am / **Open Discussion Meeting** ▲
- Friday, 4:30 pm / **Open Discussion Meeting** ▲
- Saturday Night Dance

Friday, 3:00 pm / Old-Timers’ Panel

Bill C.	Greensboro, NC
Jim H.	Raleigh, NC
Jim T.	Durham, NC
“Lady Bugg” C.	Raleigh, NC

For More Information Contact:

Joanne L. (704) 695-6948

Tom K. (919) 286-6717

Gracie W. (910) 620-2957

Or

Email: ncconference@nc.rr.com

Note - For Your Convenience

Registration Desk Opens:

Thursday 5:30 pm

Friday 1:00 pm

Coffee Room Opens:

Thursday 3:00 pm

Friday 7:00 am

(Cut Here)

63rd North Carolina State Convention

Special Rate before June 25, 2010 - \$9.00

Alateen Members / No Charge but must register

Name _____

Address _____

City & State _____ Zip _____

Telephone (____) _____ - _____

Enclosed - \$ _____ for _____ registration (s)

Name(s) to be printed on badge(s) _____

Please Print}

Make checks payable to:

NC Convention Committee

Mail to:

NC Convention Committee

PO Box 71144

Durham, NC 27722-1144

Are You Ready for Primetime?

OPEN CALL FOR A.A. SKITS!

GRAB YOUR AA BUDDIES AND WRITE A
recovery-themed skit

On stage! Live! In Person!

TO BE PERFORMED

IN ***5 minutes*** (MORE OR LESS)

AT THE CENTRAL OFFICE 1ST ANNUAL

Sober Day Supper

Saturday, August 21

TUTON HALL, CORNER OF ASTON & LEXINGTON STS

Questions? Write to Rob W., The Skit Dude: robw28731@bellsouth.net