

May 2010

Mountain Doings Central Office Newsletter



Published for Districts 70, 71 & 80 by the North Carolina Mountain Central Office (NCMCO)
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To receive the *Mountain Doings* or *Where & When* by email, in Adobe Acrobat pdf format, send your e-mail address to ncmco@bellsouth.net.

Central Office is changing its Tuesday and Thursday hours to 1-4 pm...Central Office is changing its Tuesday and Thursday hours to 1-4 pm...Central Office is changing its Tuesday and Thursday hours to 1-4 pm...Central Office

The District 70 Events Committee is hosting an

Ice*Cream*Social

Trinity Episcopal Church • Church & Aston Sts. • Asheville

May 8 • 1-4p

\$3 Donation

Three Speakers • 50/50 Raffle
Sobriety Countdown • Door Prizes

Bring a dessert to share

Contact: Ruthie C. (828) 668-9861



Join us in a day of fun in service at a

Regional Service Rally

Speaker: Richard B.

June 5 • 9:30a-5:30p

Tuton Hall • 60 Church St • Asheville

Workshop Panels!

Corrections • Treatment
Coop w/the Professional Community/Public
Information

Chicken Dinner

Bring your appetite and a side dish or dessert

* Presented by Districts 11, 15, 70, 71 & 80 *

Celebrate AA's 75th Anniversary!

June 6 • Fellowship at 3p • Dinner at 4p • Speaker at 5p
Trinity Episcopal Church's Tuton Hall • 60 Church Street • Asheville

Guest Speaker! **Tommie D. (49 years sober)**
Mountain Group, Ft. Lauderdale FL

Co-sponsored by Women of Grace Grp-Black Mtn, Daily Decisions Grp-Asheville, District 70's Events Committee, and the generous support from anonymous friends within the A.A. community



Meeting Updates

Burnsville Group: Thursday, 7:30 pm, **Caduces**, Higgins Methodist Church Annex, corner of Avery & Academy Streets is a closed discussion (C, D)

Arden **Living in the Solution Group** (Wednesday, 6:30 pm, St. Barnabas Catholic Church) has been temporarily cancelled

The **Women's Way Step Study** meeting (New Creation ICCC in Fletcher) is closed.

Please note that all **Hendersonville Group** meetings on Willow Road are located opposite the Valley Hill Fire Department.

Fletcher **Fellowship Group** meetings are accessible to the handicapped.

Hendersonville **But for the Grace of God Group's** Monday 7:00 pm meeting is now a closed Big Book study (C, BB).

Three Alarm Meeting (Leicester, Thursday, 7:00 pm) has a new location: at the New Beginnings Christian Fellowship, 876 New Leicester Highway.

New meeting: Cherokee's **New Hope Group**, Tuesday, 8:00 pm, meets at the Cherokee Forestry Bldg. Its format will be noted in upcoming newsletters and meeting schedules.

What Is A Central Office?

From Wikipedia.com In the field of telecommunications, a *central office* is the physical building used to house inside plant equipment including telephone switches, which make telephone calls “work” in the sense of making connections and relaying the speech information.

The **North Carolina Mountain Central Office** maintains a phone line (the local A.A. “hotline”) so that the suffering alcoholic can reach a recovering alkie—not to mention get meeting info, order literature, and learn of local A.A. events.

From the General Service Office's A.A. Guidelines – Central Offices or Intergroups A central office (or intergroup) is an A.A. service office that involves **partnership among groups** in a community—just as A.A. groups themselves are partnerships of individuals. A central office is established to carry out certain functions common to all the groups—functions which are best handled by a centralized office—and it is usually **maintained, supervised, and supported by these groups** in their general interest. It exists to aid the groups in their common purpose of carrying the A.A. message to the alcoholic who still suffers.

If you have copies of early Central Office/Intergroup minutes, By-laws, etc., we'd love to add them to our archive! Contact Myra for more info.

Open call for
recovery-related
writing: short essays,
personal reflections

*Send Your Pix
for the New
Photo-Feature!*

Deadline for June Issue: May 15

In Memoriam

The Midday Group of Hendersonville and all of Western North Carolina have lost a cherished member. Charlie Porter, "The Elder Statesman of Gratitude," passed away on Monday, March 29, 2009. On March 17, Charlie had become a 27-year member of our wonderful fellowship. Charlie will be sorely missed by all who knew him.

Carol Papola 1/24/43-4/26/09

Sober since April 6, 2008

and

Christopher Dufner 7/12/60-2/22/10

Sober since December 26, 2008
members of Happy Hour Group
Hendersonville

Central Office Profit & Loss Report March 2010

Income

Sales Income

Conference Approved	\$1,510.11
Non-Conf	\$ 585.10
Sales Tax, S&H	\$195.57
Total Sales Income	<u>\$2,290.78</u>

Other Income

Group Contributions	\$ 1,749.92
Individual	\$214.62
Total Other Income	<u>\$ 1,964.54</u>

Total Income

\$4,255.32

Cost of Goods Sold

Conf Approved	(\$1,329.55)
Non-Conference	(\$431.77)
Total Cost of Goods Sold	<u>(\$1,761.32)</u>

Gross Profit/Loss

\$2,494.00

Expense

Freight	(\$60.35)
Copies	\$0.00
Editor	(\$100.00)
Copier Rental	(\$156.33)
Office Supplies	(\$194.22)
Payroll Expense	(\$1,066.13)
Postage	(\$113.20)
Rent	(\$435.00)
Sales Tax	(\$186.23)
Answering Service	(\$305.83)
Internet and Telephone	(\$280.69)
Insurance	(\$36.33)
Fees, Miscellaneous	(\$178.00)
Total Expense	<u>(\$2,934.31)</u>

Net Income (Loss)

(\$440.31)

Call & Visitor Log March 2010

A.A. Crisis	1
General Information	14
Family Help	5
Meeting Information	49
Central Office Business	50
Referrals (Detox, etc.)	0
Visitors	93

Working Capital March 2010

Savings	\$4,516.55
Checking	\$1,629.31
Petty Cash	\$ 150.00
Total	<u>\$6,295.86</u>

Conference Info

52nd ICYPAA
Int'l Conference of
Young People in
Alcoholics Anonymous

“A New Life”

August 26–29

Times Square :: New York

Registration \$30 thru Aug 4 / \$35 at
the door

Marriott Marquis Hotel -
Times Square

Online hotel booking and registra-
tion are available through
www://ICYPAAHOST.org

15th Annual Indians In
Sobriety Campout
May 13–16
Cherokee, North Carolina

Registration \$45 (pre)/\$50 at door
See [page 9](#) for registration form/flier

18th Annual Primary
Purpose Conference
“Spiritual Living”

June 18–20

Richmond, Virginia

Registration \$20 (no deadline)

Contact Charles H. (804) 912-1944

See [page 8](#) for registration form/flier

SERCYPAA
Southeastern Regional
Conference of Young
People in Sobriety

July 29–Aug 1

Louisville, Kentucky

Registration \$15 til Jul 1 / \$20 after

Kentucky International
Convention Center Hyatt

Regency Hotel

<http://sercypaa2010.org/>

Cards @ Letters

Half Empty, Or Half Full?

When you expect everything, you get nothing; when you expect nothing, you get everything. The majority of the people in this world expect too much and therefore have a gloomy outlook. You are either full of negativity or full of gratitude. The only middle ground is ignorance. If you put a small fraction of energy into optimism that would otherwise be put into pessimism, this dark space in some of our lives would all but disappear. I say this because I am in the people business; I meet a lot of people in any given day. Beginning in conversation you can tell within a few phrases which category this person falls. The

ones who are full of gratitude, you can carry on as if you have been best friends since school. The ignorant ones are teachable. And for the ones who are deliberately opposed and unwilling...I will attempt to help bring them up for a little while, but most likely they will have to follow through on this matter in their own time, not mine. In the meantime, instead of lowering myself to their level, I find myself having to push these people back; unfortunately some of these people are the same ones that I love.

—Rob Lawrence

Group secretaries, save time and trouble! Email all your group members' anniversaries for 2010. (Otherwise, send announcements to the office at least one month before the anniversary date. We'll do our best to include late submissions.)

May Anniversaries

Acceptance Group		
Scott F	May 2	? years
Teri T	May 26	? years
Back To Basics Group		
Peter S	May 15, 1977	33 years
Vivian G	May 31, 1979	31 years
Black Mountain Group		
Roger D	May 13, 2001	9 years
Blue Ridge Group		
Tony E	May 18, 1992	18 years
Conscious Contact Group		
Cari B	May 23, 1990	20 years
Bill Y	May 10, 2002	8 years
Kevin M	May 14, 2006	4 years
Lee P	May 15, 2007	3 years
Michelle M	May 31, 1988	22 years
Tom H	May 27, 2007	3 years
Cumberland Group		
Lee R	May 8, 1992	18 years
Michael S	May 19, 2005	5 years
Ross S	May 12, 1994	16 years
Rusty M	May 10, 1983	27 years
Scott B	May 15, 2009	1 year
Fletcher Group		
Ron	May 31, 1995	15 years
Stan	May 8, 1997	13 years
Good Livers Group		
Andy S	May ?, 2008	2 years
Cherie M	May 28, 1994	16 years
Christine G	May 7, 2000	10 years
Gwen C	May 10, 2008	1 year
Hugh H	May 11, 1978	32 years
Julie S	May 5, 2005	5 years
Happy Hour		
Claudia R	May 21, 2005	5 years
Michael N	May 24, 2002	8 years
Pete P	May ?, 1982	28 years

Leicester Group		
Clay H	May 16, 2009	1 year
Serenity Group (Brevard)		
Deborah R	May 27, 1985	25 years
Linn B.	May 15, 1996	14 years
Strange Camels Group		
Jim R	May 11, 2005	5 years
John L	May 25, 1994	16 years
Dave L	May 7, 1991	19 years
Traditional Group		
Bob K	May 29, 1993	17 years
Brad B	May 1, 1996	14 years
Eugene P	May 11, 1991	19 years
James L	May 14, 2009	1 year
Johnny K	May 26, 2006	4 years
Kathy H	May 17, 1992	18 years
Kevin N	May 11, 2009	1 year
Michael M	May 20, 2009	1 year
Roscoe H	May 3, 1985	25 years
Stan O	May 8, 1997	13 years
Upward Group		
Buzz	May 29, 2008	2 years
Vee S	May 20, 1979	31 years
Women of Grace		
Kathy R	May 8, 1988	22 years
Vivian Grace N	May 31, 1979	31 years
Young People's Group		
Andrew W	May 1, 2001	9 years
Brian M	May 2, 2008	2 years
Jenna R	May 31, 2006	3 years
Kelly J	May 28, 2002	8 years
Sarah C	May 29, 2005	5 years

Birthday contribution envelopes
are available at Central Office.

Group Donations

	March	YTD 2010		March	YTD 2010
11-11-11	\$-	\$15.00	Lunch Bunch (Sylva)	\$-	\$-
Acceptance	\$-	\$225.15	Maggie Valley	\$-	\$-
Against All Odds	\$-	\$-	Maple Grove	\$-	\$-
Andrews	\$-	\$-	Marion A.A.	\$-	\$71.40
AVL Big Book Step Study	\$-	\$72.06	Mars Hill	\$-	\$-
AWOL	\$-	\$-	Marshall	\$-	\$-
Back To Basics	\$200.00	\$200.00	Men's Attitude Adjustment	\$-	\$-
Bethel Up The River	\$-	\$-	Mid-Day	\$56.00	\$162.00
Big Town	\$-	\$80.01	Mill Spring	\$-	\$25.00
Black Mountain	\$-	\$-	Mission of Sylva	\$-	\$-
Blue Ridge	\$-	\$25.00	Monday Night Open	\$133.90	\$133.90
Brevard Serenity	\$-	\$-	Mountain View	\$-	\$-
Brevard Sylvan Valley	\$-	\$-	Mountainside	\$-	\$-
Bryson City	\$-	\$-	Murphy Big Book	\$-	\$10.00
Burnsville	\$-	\$-	New Day	\$-	\$-
Came To Believe	\$-	\$50.00	New Freedom	\$-	\$35.00
Candler KISS	\$-	\$-	New Hope	\$-	\$-
Cashiers Valley	\$-	\$93.40	No Name	\$-	\$-
Chunn's Cove Men's	\$-	\$-	No Nonsense	\$-	\$-
Clyde	\$-	\$-	No Place Like Home	\$-	\$-
Columbus	\$-	\$-	Nuevos Amigos	\$-	\$-
Common Sense	\$9.92	\$67.56	Nuevos Despertar	\$-	\$-
Conscious Contact (AVL)	\$-	\$1,200.00	Old Fort	\$-	\$-
Conscious Contact (Sapphire V.)	\$-	\$-	Pathfinders	\$-	\$-
Culowhee Valley	\$-	\$-	Pisgah	\$9.14	\$9.14
Cumberland	\$-	\$-	Plan B	\$150.00	\$150.00
Daily Decisions	\$480.00	\$480.00	Practicing Principles	\$-	\$-
Day By Day	\$269.63	\$269.63	Principles	\$-	\$-
District 71 CFC	\$-	\$-	Recovery By The River	\$-	\$83.04
Dry Dock	\$-	\$-	Renacimiento	\$-	\$-
Early Bird	\$-	\$344.91	Roundtable	\$-	\$-
Edneyville	\$25.00	\$50.00	Safe N Sound	\$-	\$-
Fellowship	\$-	\$108.00	Second Chance	\$-	\$40.00
Fireside	\$-	\$-	Seniors On Sobriety	\$-	\$-
Fletcher	\$-	\$-	Serenity (Waynesville)	\$-	\$-
Fourth Dimension	\$-	\$-	Serenity Seekers (Marion)	\$-	\$-
Franklin	\$-	\$-	Serenity Service	\$50.00	\$150.00
Friday Women's	\$-	\$-	Sisters In Sobriety	\$-	\$-
Good Livers	\$-	\$-	Six O'Clock Open	\$-	\$-
Grace (Asheville)	\$-	\$-	Skyland	\$25.00	\$25.00
Grace (Waynesville)	\$-	\$95.18	Soteria Staying Sober	\$0.33	\$0.33
Grace of God	\$50.00	\$70.00	Speed Bump	\$-	\$-
Hand In Hand	\$50.00	\$75.00	Spruce Pine	\$-	\$-
Happy Hour	\$-	\$150.00	Steppin' Up	\$-	\$-
Hayes Lunch Bunch	\$-	\$-	Strange Camels	\$-	\$20.00
Hayesville	\$-	\$-	Sunshine	\$-	\$-
Hendersonville	\$-	\$20.00	Sylvan Valley	\$-	\$-
High Noon	\$-	\$-	Three Alarm	\$-	\$30.00
Hilltop	\$-	\$-	Thursday Afternoon Women's	\$-	\$50.00
Hot Springs	\$-	\$-	Total Surrender	\$20.00	\$60.00
Individual (in memory of B.G.)	\$10.00	\$30.00	Traditional	\$-	\$-
Individual (Bob P.)	\$200.00	\$200.00	Tryon 12&12	\$-	\$43.25
Individual, Miscellaneous	\$4.62	\$4.62	Tryon Thursday Night	\$-	\$-
Joy of Living	\$-	\$-	Tryon Tuesday Night	\$-	\$-
Kanuga	\$-	\$45.00	Tuesday Night Men's Big Book	\$-	\$-
Lambda	\$-	\$-	Upward	\$-	\$-
Ledger	\$-	\$-	West Asheville	\$-	\$-
Leicester	\$25.00	\$25.00	Women of Courage	\$-	\$-
Library	\$-	\$30.00	Women of Grace	\$-	\$-
Locked In Forward	\$-	\$70.00	Young People's	\$196.00	\$196.00
Log Cabin	\$-	\$-			
				\$1,964.54	\$3,921.59

District Business

- **District 70 and 71:** Central Office needs the contact info of your trusted servants. Write to ncmco@bellsouth.net.
- **How to get info** from your district: **District 70** www.ashevilleaa.org ; **District 71** www.district71nc.org; **District 80** www.aawnc80.org
- The **District 70 Correctional Facilities Committee** (CFC) will meet at 6pm Thursday, April 8, in the basement of the First Presbyterian Church on Church St. Please attend if you are interested in taking meetings to correctional centers or if you would like to be a part of the committee's decision-making process.
- **In Memoriam:** honor the memory of A.A. members who have passed away by sending info (name, home group, date of passing or years sober) to ncmco@bellsouth.net.

The Evolution of Anonymity

As A.A.'s early members gained experience with anonymity, it took on new meanings—in their personal lives, in their groups, and in the world at large. Here are a few excerpts that reflect the changing views, from a simple description to the spiritual foundation of life.

We do not know who first used [“Alcoholics Anonymous”]. After we New Yorkers had left the Oxford Groups in 1937 we often described ourselves as “a nameless bunch of alcoholics.” From this phrase it was only a step to the idea...” —Bill W., A.A. Comes of Age

Still fearful of being stigmatized, they [alcoholics and their families] regard our anonymity as an assurance their problems will be kept confidential; that the alcoholic skeleton in the family closet will not wander the streets.
—Bill W., AA Grapevine, March 1946

Anonymity is “the sure key to all the rest of our Traditions...True consideration for the newcomer if he desires to be nameless; vital protection against the misuse of the name Alcoholics Anonymous at the public level; and to each of us a constant reminder that principles come before personal interest—such is the wide scope of this all-embracing principle. In it we see the cornerstone of our security as a movement, at a deeper spiritual level it points us to still greater self-renunciation. —Bill W., AA Grapevine, November 1948

Anonymity protects the reputation of AA from public criticism not only of “slips” but also of failures, internal tensions, and all deviant behavior...Equally important, anonymity keeps the groups from exploiting prominent



Florida grove stand

Thanks to Anonymous for her photo.

names for the sake of group prestige; and it keeps individual members from exploiting their AA connection for personal prestige or fame...It encourages honest catharsis and utter frankness.—Milton Maxwell, The Washingtonian Movement

AA members generally think it unwise to break the anonymity of a member even after his death, but in each situation the final decision must rest with the family. —1971 GSC Advisory Action, reaffirmed in 1988



Recycle this newsletter!

18TH ANNUAL

PRIMARY PURPOSE CONFERENCE

Richmond, VA



Conference Dates

June 18, 19, & 20, 2010

Location

Holiday Inn Central
3207 North Boulevard, Richmond, VA



“Spiritual Living”

Guest Speakers

Sandy B. - Tampa FL
Barbara W. - Richmond, VA
Ted J. - Silver Springs, MD

Wayne G. - Hampton, VA
Bill W. - Charlottesville, VA
Yolanda W. - Washington, DC

Spiritual Solution Workshop 50/50 Raffle Marathon Meetings

Conference Registration: \$20.00

Name: _____ Address: _____

Association: AA ___ ACOA ___ Alanon ___ Teen Alanon ___ Other: _____

Make checks or money orders to: **Primary Purpose Conference**

P.O. Box 5646

Midlothian, VA 23112

Hotel Reservations: Contact the Holiday Inn Central for special room rates. The hotel's telephone number is 804-359-9441. Mention the group “Primary Purpose Conference” for the discounted rate. Register early because rooms are limited.

For more information contact: Charles H. - (804)912-1944



15TH ANNUAL INDIANS IN SOBRIETY CAMPOUT



May 13th through May 16th 2010



**KOA CAMPGROUND
BIG COVE ROAD, CHEROKEE, NC**

BRING: Pot luck dish to share Thursday night, chairs, your sponsor, camping gear, always an umbrella, blankets, warm clothes, your swimsuit, and your regalia for the Pow Wow!

Registration begins Thursday, November 13th at Noon!

*Extra nights before/after CampOut are extra & paid directly to KOA



ALL RESERVATIONS GO THROUGH KOA first @ (828) 497-9711////Limited Tent/RV riverfront sites so make reservations early! Cabin rental is extra & will not change registration price.

~ AA/AL-ANON SPEAKERS ~ TALKING CIRCLES ~
~ MARATHONS MEETINGS ~ RAFFLES ~ T-SHIRTS ~
~ SOBRIETY POWWOW ~ SOBRIETY COUNTDOWN ~

Need more information? **CONTACT:**
Jill: touchofcherokee@yahoo.com 828-736-9068 or
Jason: masterofcherokee@aol.com 828-736-7511

PREREGISTRATION: \$45/PERSON; \$50 (cash or money order) at the door (kids under 10 free).

Price includes food and tent/camper site for three (3) nights

NAME(S): _____

ADDRESS: _____

EMAIL(S): _____

PHONE #: H) _____ (C) _____ (C) _____

In Party: _____ Amount Enclosed: _____ Interested in purchasing Tee Shirts?

Tent/RV Site (you must get this from KOA prior to mailing registration)

Yes, please indicate size: S M L XL 2XL 3XL 4XL 5XL

No

Cut & Mail Registration Form

With Checks Made Payable to:

**Indians In Sobriety
PO Box 1063
Cherokee, NC 28719**



Subscription Order Form

Annual Subscription Rate

Groups

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