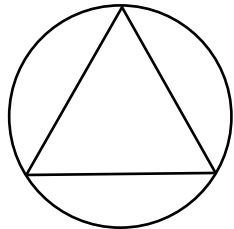


Mountain Doings Central Office Newsletter

April 2010



Published for Districts 70, 71 & 80 by the North Carolina Mountain Central Office (NCMCO)
• 206 Park Place Offices • 70 Woodin Place • Asheville NC 28801 • (828) 254-8539
ncmco@bellsouth.net • www.ashevilleaa.org • www.district71inc.org • www.aawnc80.org
Office Hours 10:00am–1:00pm Monday through Friday (closed major holidays)

\$\$\$ Help your Central Office save money on postage! If you'd like to receive the *Mountain Doin's* and *Where & When* by email, in pdf format, send your e-mail address. ncmco@bellsouth.net. Thanks!

Marion Group

hosts a

Potluck Dinner

& Speaker Meeting

April 18 from 5pm to 8pm

**St. John's Parish House, 315 S. Main Street-
Marion NC**

Questions? Contact Sandy (828) 559-6126

Bring a covered dish



Calling All

Central Office Reps!

Sunday, April 25, 2010 • 2p

St. Luke's Church Parish House, 219 Chunn's Cove Road, in Asheville, is now the permanent site for your quarterly Central Office Representatives' meetings (the COR General Assembly). Progress on the Central Office website will be shared at the next meeting. See this issue for full 2010 schedule.

The Incredible Shrinking Recovery Dollar

Compared to last month, group donations are down by a lot. Please help your Central Office stay on a stable financial basis with regular group donations. See pamphlet P-16, "The A.A. Group," for more info.



Mountain Doin's is published monthly for all A.A. members in western North Carolina's districts 70, 71 & 80. Opinions expressed herein are not attributed to A.A., nor does publication of any feature imply endorsement by A.A. or the NMCO. Material reprinted from A.A. World Services, Incorporated, or from *The Grapevine* is published by permission.



Meeting Updates

Burnsville Group: Thursday, 7:30pm, **Caduces**, Higgins Methodist Church Annex, corner of Avery & Academy Streets is a closed discussion (C, D)

Burnsville A.A. is invited to the **New Day Group** (Saturday, 8p: O, D), Newdale Presbyterian Church basement, Hwy 19E (Yancey Cty) – on the left, behind Kid’s Storage; 1st Sat. O, SP

Pisgah Group, has a new closed literature meeting Thursday 8:00 pm

Hendersonville Group (Willow Road) has changed its Thursday and Friday meeting times from 8:00 pm to 7:00 pm.

Fletcher’s Fellowship Group is handicap accessible.

But for the Grace of God Group’s Monday 7:00 pm meeting is now a closed Big Book meeting (C, BB)

Three Alarm Meeting (Leicester, 7:00pm, Thursday has a new location: at the New Beginnings Christian Fellowship, 876 New Leicester Highway

New meeting: Cherokee’s **New Hope Group**, Tuesday 8:00 pm, meets at the Cherokee Forestry Bldg. Its format will be noted in upcoming newsletters and meeting schedules.

From the Archives

The earliest organizational meetings for “Intergroup of North Carolina” were held in late spring/early summer of 1974. Here are some fun facts:

Earliest A.A. Member Count in WNC: 168 (taken in 1974)

First Funds: \$692 collected between June 16–July 21, 1974; grew to \$855 by July 22.

“Chairman Smiley noted that it was tremendous what AA has done in one month in Western North Carolina and predicted Intergroup may well become the greatest small Intergroup by such efforts.”

How It Worked

The “Intergroup Council” arranged for an office coordinator to be in the office weekdays in the morning with volunteers manning the phone in the afternoon. Brevard supplied volunteers on Fridays and Hendersonville covered Wednesdays. Intergroup planned to compile a list of speakers for groups to use.

If you have copies of early Central Office/Intergroup minutes, By-laws, etc., we’d love to add them to our archive! Contact Myra for more info.

Open call for
recovery-related
writing: short essays,
personal reflections

*Send Your Pix
for the New
Photo-Feature!*

Deadline for May Issue: April 15

Step Four

Made a searching and fearless moral inventory of ourselves.

“We began to see that the world and its people really dominated us. In that state, the wrongdoing of others, fancied or real, had power to actually kill. How could we escape? We saw that these resentments must be mastered, but how? We could not wish them away any more than alcohol.”

—*Alcoholics Anonymous*, page 66 (“How It Works”)

Tradition Four

Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

“The A.A. group would have to stick to its course or be hopelessly lost. Sobriety had to be its sole objective. In all other respects there was perfect freedom of will and action. Every group had the right to be wrong.”

—*Twelve Steps and Twelve Traditions*, page 147

Central Office Profit & Loss Report February 2010

Income

Sales Income		
Conference Approved	\$1,476.88	
Non-Conf	\$ 609.75	
Sales Tax, S&H	\$ 146.69	
Total Sales Income	<u>\$2,233.32</u>	
Other Income		
Group Contributions	\$ 824.55	
Individual	\$10.00	
Total Other Income	<u>\$ 834.55</u>	
Total Income		<u><u>\$3,067.87</u></u>

Cost of Goods Sold

Conf Approved	(\$1,367.09)
Non-Conference	(\$387.25)
Total Cost of Goods Sold	<u>(\$1,754.34)</u>

Gross Profit/Loss

\$2,711.85

Expense

Freight	(\$34.16)
Copies	\$0.00
Editor	(\$100.00)
Copier Rental	(\$22.82)
Office Supplies	(\$68.04)
Payroll Expense	(\$849.78)
Postage	(\$112.19)
Rent	(\$435.00)
Sales Tax	(\$196.29)
Answering Service	\$244.49
Internet and Telephone	\$524.78
Insurance	\$36.33
Fees, Miscellaneous	(\$178.00)
Total Expense	<u>\$(2,801.88)</u>

Net Income (Loss)

(\$1,488.35)

Call & Visitor Log February 2010

A.A. Crisis	5
General Information	8
Family Help	6
Meeting Information	44
Central Office Business	48
Referrals (Detox, etc.)	1
Visitors	60

Conference Info

52nd ICYPAA
Int'l Conference of
Young People in
Alcoholics Anonymous

“A New Life”

August 26–29

Times Square :: New York

Registration \$30 thru Aug 4 / \$35 at
the door

Marriott Marquis Hotel -
Times Square

Online hotel booking and registra-
tion are available through

www.ICYPAAHOST.org

21st Annual
Roanake Women's
Recovery Workshop

(All 12 Step Programs Welcome)

May 21–23

Smith Mountain Lake, Virginia

Registration \$120 full conference
(includes meals and room) BY MAY 1

Skelton 4-H Educational
Conference Center

**womensrecoveryworkshop@
gmail.com**

or call Central Office for form

SERCYPAA
Southeastern Regional
Conference of Young
People in Sobriety

July 29–Aug 1

Louisville, Kentucky

Registration \$15 til Jul 1 / \$20 after

Kentucky International
Convention Center Hyatt
Regency Hotel

**www.resweb.passkey.com/go/
sercypaa**

Cards @ Letters

Dr. Bob's Thinking

In its first three printings, *The Little Red Book* was originally called *The Twelve Steps*. It was first published about six years before A.A.'s *Twelve Steps and Twelve Traditions*. The book was written by a gentleman named Ed Webster, with heavy proofreading and notes by Dr. Bob, making it one of the best examples we have of Dr Bob's thinking.

—xty

P.S. I abstracted this information from <http://hinds-foot.org>, where tons of early A.A. history and other recovery-related info can be found.

Lois Wilson Movie

A member of our fellowship wrote to tell us about the Lois Wilson movie *When Love Is Not Enough*, which will air on the CBS Network on Sunday, April 25, 9 pm EST.



Recycle this
newsletter!

Group secretaries, save time and trouble! Email all your group members' anniversaries for 2010. (Otherwise, send announcements to the office at least one month before the anniversary date. We'll do our best to include late submissions.)

April Anniversaries

Acceptance Group

John J.	April 1, 1996	13 years
Nancy E.R.	April 6 2004	6 years
Ocean S.	April 9, 1971	39 years
Pat P.	April 13, 2008	2 years
Tom B.	April 14, 1983	27 years

Asheville Big Book Step Study Group

Phil G	April 18, 2006	4 years
--------	----------------	---------

Back To Basics Group

Julie M.	April 1	4 years
Kelsey S	April 12	27 years
Perry B	April 15	24 years
Margaret N.	April 29	24 years

Blue Ridge Group

Robert B	April 9, 2008	2 years
----------	---------------	---------

Conscious Contact Group

Dan J	April 5, 2001	9 years
Horace M	April 21, 2005	5 years
Karen A	April 15, 2004	6 years
Kelly M	April 25, 1998	12 years
Nanci M	April 19, 2006	4 years
Zoe H	April 26, 1987	23 years

Grace Group

Ali L	April 1, 2009	1 year
Beth T	April 30, 1993	17 years
Brian M	April 22, 1978	32 years
Christopher C	April 4, 2003	7 years
David L	April 25, 2005	5 years
Glenn R	April 21, 2008	2 years
Jeff B	April 7, 1991	9 years
Marsha L	April 4, 2007	3 years
Mike A	April 12, 1998	12 years
Mike D	April 4, 2008	2 years
Nate H	April 9, 2002	8 years
Nicole M	April 8, 2008	2 years
Tony M	April 21, 2007	3 years
Sally K	April 11, 1997	23 years
Virgil J	April 25, 1982	28 years

Good Livers Group

David C	April 16, 2006	4 years
Nikki M	April 14, 1989	21 years
Priscilla H	April 30, 1989	21 years
Sally K	April 11, 1997	13 years

Happy Hour

Barb K	April 30, 1995	15 years
Craig C	April 22, 2005	5 years
Dave B	April 21, 1997	13 years
David E	April 12, 2008	2 years

Hendersonville Group

Irma D (with apologies!)	March 7, 1985	25 years
Stuart R	April 16, 1997	13 years

Leicester Group

Bob F	April 21, 1983	27 years
Regina I	April 16, 1988	22 years

Library Group

Lucy B	April 16, 1985	25 years
--------	----------------	----------

Marion Group

Buford D	April 29, 2004	6 years
----------	----------------	---------

Strange Camels Group

Catherine L	April 20, 2003	7 years
-------------	----------------	---------

Traditional Group

Amber	April 25, 2009	1 year
Carlton H	April 4, 2007	3 years
Charlie J	April 10, 2003	7 years
Cindy T	April 12, 2008	2 years
David M	April 17, 2007	3 years
John G	April 29, 1980	30 years
Quinston	April 22, 1999	11 years
Susie L	April 21, 2007	3 years
Tracy B	April 29, 2008	2 years

Young People's Group

Brad W	April 28, 2009	1 year
--------	----------------	--------

Group Donations

	February	YTD 2010		February	YTD 2010
11-11-11	\$-	\$15.00	Log Cabin	\$-	\$-
Acceptance	\$-	\$225.15	Lunch Bunch (Sylva)	\$-	\$-
Against All Odds	\$-	\$-	Maggie Valley	\$-	\$-
Andrews	\$-	\$-	Maple Grove	\$-	\$-
AVL Big Book Step Study	\$-	\$72.06	Marion A.A.	\$-	\$71.40
AWOL	\$-	\$-	Mars Hill	\$-	\$-
Back To Basics	\$-	\$-	Marshall	\$-	\$-
Bethel Up The River	\$-	\$-	Men's Attitude Adjustment	\$-	\$-
Big Town	\$-	\$80.01	Mid-Day	\$50.00	\$106.00
Black Mountain	\$-	\$-	Mill Spring	\$-	\$25.00
Blue Ridge	\$-	\$25.00	Mission of Sylva	\$-	\$-
Brevard Serenity	\$-	\$-	Monday Night Open	\$-	\$-
Brevard Sylvan Valley	\$-	\$-	Mountain View	\$-	\$-
Bryson City	\$-	\$-	Mountainside	\$-	\$-
Burnsville	\$-	\$-	Murphy Big Book	\$-	\$10.00
Came To Believe	\$-	\$50.00	New Day	\$-	\$-
Candler KISS	\$-	\$-	New Freedom	\$-	\$35.00
Cashiers Valley	\$-	\$ 93.40	New Hope	\$-	\$-
Chunn's Cove Men's	\$-	\$-	No Name	\$-	\$-
Clyde	\$-	\$-	No Nonsense	\$-	\$-
Columbus	\$-	\$-	No Place Like Home	\$-	\$-
Common Sense	\$34.55	\$57.64	Nuevos Amigos	\$-	\$-
Conscious Contact (AVL)	\$600.00	\$1,200.00	Nuevos Despertar	\$-	\$-
Conscious Contact (Sapphire V.)	\$-	\$-	Old Fort	\$-	\$-
Cullowhee Valley	\$-	\$-	Pathfinders	\$-	\$-
Cumberland	\$-	\$-	Pisgah	\$-	\$-
Daily Decisions	\$-	\$-	Plan B	\$-	\$-
Day By Day	\$-	\$-	Practicing Principles	\$-	\$-
District 71 CFC	\$	\$-	Principles	\$-	\$-
Dry Dock	\$-	\$-	Recovery By The River	\$-	\$83.04
Early Bird	\$-	\$344.91	Renacimiento	\$-	\$-
Edneyville	\$-	\$25.00	Roundtable	\$-	\$-
Fellowship	\$-	\$108.00	Safe N Sound	\$-	\$-
Fireside	\$-	\$-	Second Chance	\$-	\$40.00
Fletcher	\$-	\$-	Seniors On Sobriety	\$-	\$-
Fourth Dimension	\$-	\$-	Serenity (Waynesville)	\$-	\$-
Franklin	\$-	\$-	Serenity Seekers (Marion)	\$-	\$-
Friday Women's	\$-	\$-	Serenity Service	\$50.00	\$100.00
Good Livers	\$	\$-	Sisters In Sobriety	\$-	\$-
Grace (Asheville)	\$-	\$-	Six O'Clock Open	\$-	\$-
Grace (Waynesville)	\$-	\$95.18	Speed Bump	\$-	\$-
Grace of God	\$-	\$20.00	Spruce Pine	\$-	\$-
Hand In Hand	\$-	\$25.00	Steppin' Up	\$-	\$-
Happy Hour	\$-	\$150.00	Strange Camels	\$10.00	\$20.00
Hayes Lunch Bunch	\$-	\$-	Sunshine	\$50.00	\$-
Hayesville	\$-	\$-	Sylvan Valley	\$-	\$-
Hendersonville	\$20.00	\$20.00	Three Alarm	\$-	\$30.00
High Noon	\$-	\$-	Thursday Afternoon Women's	\$-	\$50.00
Hilltop	\$-	\$-	Total Surrender	\$20.00	\$40.00
Hot Springs	\$-	\$-	Traditional	\$-	\$-
Individual (in memory of B.G.)	\$10.00	\$20.00	Tryon 12&12	\$-	\$43.25
Joy of Living	\$-	\$-	Tryon Thursday Night	\$-	\$-
Kanuga	\$22.50	\$45.00	Tryon Tuesday Night	\$-	\$-
Lambda	\$-	\$-	Tuesday Night Men's Big Book	\$-	\$-
Ledger	\$-	\$-	Upward	\$-	\$-
Leicester	\$-	\$-	West Asheville	\$-	\$-
Library	\$-	\$30.00	Women Of Courage	\$-	\$-
Locked In Forward	\$-	\$70.00	Women Of Grace	\$-	\$-
				\$847.05	\$1,957.05

District Business

- **District 70, 71, and 80 Webmasters:** Central Office wants your input about its soon-to-be website. Please contact Suzanne T., Board Trustee, District 70, at suzannetourtillott@gmail.com. Planning meetings will be happening soon and *we need your input!*
- **In Memoriam:** honor the memory of A.A. members who have passed away by sending info (name, home group, date of passing or years sober) to ncmco@bellsouth.net.
- April 18 1:30-4:30pm **District 80 Business Meeting** at the Old Rock School, Webster. There will be a treasurers' forum during the meeting. (Free food for all treasurers who attend.)



Apostrophe Tree

Thanks to Rosanne G., member of the Asheville Big Book Step Study Group, for her photo.

Sharing Our Experience, Strength and Hope

So often in life we want to know, “How long has it been?” “How’s it work?” “How can I benefit from it?” When I came into Alcoholics Anonymous those were some of the many questions I was asking, but most of all, I was asking, “How does AA work?” All I know is that my disease didn’t want me to come up with an answer because it wanted me to walk out the door. The more I thought about it, the more I realized and appreciated the fact that bumblebees—I love to watch them—by rights, they’re not supposed to fly. Their wings are so small and their bodies so big and, according to aerodynamics, it just ain’t supposed to happen. But you know, these little boogers fly!

And, AA also works. I have come to appreciate that it is going into its eightieth year and who am I to ask “Why?” All I need to do is what’s in front of me. Apply the principles, the knowledge and the examples set before me, and I’ll never have to drink again.

—James Payne
Hendersonville
October 23, 2009