

October 2010

Mountain Doings



Central Office Newsletter

Published for Districts 70, 71 & 80 by the North Carolina Mountain Central Office (NCMCO) • 206 Park Place Offices • 70 Woodfin Place • Asheville NC 28801 • (828) 254-8539
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Calling All Central Office Reps!

Your North Carolina Mountain Central Office will host a meeting of all CORs at the St. Luke's Episcopal Church Parish House, **219 Chunn's Cove Road**, Asheville. The Board members and office manager will be on hand to answer queries and offer reports.

We encourage every home group to send a representative!

Sunday 2:30, October 31

9th Annual
**Fall into
Recovery**
Women's Retreat

November 5–7

Camp Grier NC

*Registration deadline October 22; see
form inside*

fallintorecovery at aol.com

**West Asheville Group
Soberfest**

Sunday, October 24

10:00am – 2:00pm

West Asheville Park Shelter

end of Vermont Street, off Haywood Rd.

Please bring a side dish.

Mountain Doin's is published monthly for all A.A. members in western North Carolina's districts 70, 71 & 80. Opinions expressed herein are not attributed to A.A., nor does publication of any feature imply endorsement by A.A. or the NMCO. Material reprinted from A.A. World Services, Incorporated, or from *The Grapevine* is published by permission.

Meeting Updates

- New Asheville meeting: **Downtown Serenity**, Fridays at 5:30 p.m. at Central United Methodist Church, 297 Haywood St; open discussion (O, D).
- The **Dry Dock Meeting** at the ABCCM Vet's Quarters, 1329 Tunnel Road, Asheville, is held daily, Monday through Sunday, at 5:00 p.m.; open discussion (O, D).
- Weaverville's **Good Livers Group** meets Fridays at 12 noon, at the Weaverville United Methodist Church, on Main Street; closed step study (C, SS).
- Hendersonville: **Nuevo Despertar** (Spanish meeting) meets *Miercoles* (Wednesdays) at 8:00 p.m., 505B Brookside Camp Road *en las oficinas del centro comunitario* (in the offices of the community center).
- Asheville: **Nuevo Despertar** (Spanish meeting) meets *Lunes, Miercoles, Viernes, y Sabado* (M, W, F, Sa) at 8:00 p.m., 16 Ridgelawn Street.
- Starting October 3, **Grace Group's** Sunday night speaker meeting (O, S) at 5:30 moves to Central United Methodist Church, 297 Haywood St. (at Patton Av., across from Hunter Volvo. Meeting and entrance is on the basement level. Park and enter around the back (side with the Mountain view).

*Deadline is Oct 15
for November issue*

GOOD WORDS

The Many Faces of My Higher Power

I'm grateful for the many faces my Higher Power has had through the years. It began the night before my sobriety date of November 13, 2003, when my HP, the Florida police, arrested me for driving drunk (*I wasn't drunk, they just thought I was. Everyone drinks like this!*). A few months later the judge, another HP, sentenced me to two AA meetings a week, 500 hours' community service, weekly AA counseling, drug school, 1 year's probation, 48 hours in jail, 30 days on a clunky ankle bracelet device, interlock, and they took my license away for 5 years (*Holy crap, I don't deserve this! I don't have a problem! I was just unlucky, in the wrong place at the wrong time!*).

It took four months for me to hear my story from the third face of my HP and to think for the first time I may have a drinking problem and another four months of crying at meetings because of that realization. During those eight months, many women in the rooms had the face of a HP. They invited me to coffee, lunch, special occasions; they loved me unconditionally. Since then I've been able to form my own understanding of a Higher Power, and I continue to see its face everywhere I look. I am grateful for those early faces of my HP that I resented so much—and to live in a large recovery community that continues to love me, unconditionally.

—Monique

Leaf-lookers on the Road

Sunlight slanting on the ridge tops
Burning polka-dots of red, orange and gold
A glowering of dark gray clouds

Sharpens the sunset,

highlights the colors,

gladdens the eye.

Leaf-lookers like ants along the highways
clogging up traffic, taking pictures of the trees.
Why can't these gawkers appreciate God's creation

In their own towns,

backyards,

and fields?

—Anonymous
October 16, 2009

Central Office Reps' FYI

The Central Office Representatives (CORs) meet quarterly, on the last Sunday of the first month of each quarter. The 2011 meeting schedule will be posted in the November 2010 issue



Benefits of Serving Your Group as A COR

- Low-maintenance, short-term service work*
- You're the first to know some stuff
- A fully accredited AA position
- Stepping-stone to other group service
- Involved alcoholics can be grateful alcoholics

Volunteer at Your Home Group *Today!*

**Compared to serving as a GSR*

Central Office Profit & Loss Report August 2010

Income	
Sales Income	
Conference Approved	2230.79
Non-Conference Approved	783.43
Sales Tax, S&H	298.89
Total Sales Income	<u>3313.11</u>
Other Income	
Group Contributions	1538.73
Individual Contributions	10.00
Total Other Income	<u>1548.73</u>
Total Income	<u><u>4861.84</u></u>
Cost of Goods Sold	
Conference Approved	-2123.94
Non-Conference Approved	-433.07
Total Cost of Goods Sold	<u>-2557.01</u>
Gross Profit \Loss	<u><u>2304.83</u></u>
Expense	
Freight	-42.79
Editor	-100.00
Copier Rental	-164.12
Office Expenses	-169.13
Payroll Expenses	-710.78
Postage	-114.29
Rent	-444.00
Sales Tax	-184.14
Answering Service	-255.04
Internet and Telephone	-280.17
Insurance	-36.33
Total Expense	<u>-2500.56</u>
Net Income	<u><u>-195.72</u></u>

Call & Visitor Log August 2010

A.A. Crisis 1
 General Information 14
 Family Help 2
 Meeting Information 52
 Central Office Business 34
 Referrals (Detox, etc.) 1
 Visitors 72



Working Capital

Savings	5026.54
Checking	2678.82
Petty Cash	150.00
Total	7855.36

Factoid

To get the *Mountain Doin's* or *Where & When* by email (Adobe Acrobat pdf, full-color format), send your e-mail address. ncmco@bellsouth.net.

Fellowship Info

Area 51 Election Assembly
North Raleigh Hilton
November 19–21
Raleigh, North Carolina
[http://www.aanorthcarolina.org/
events.asp](http://www.aanorthcarolina.org/events.asp)
No registration necessary



Online: NCMCO Web Page

Quite some time ago, the NCMCO Board started kicking around ideas about a website that could serve AAs from Districts 80, 71, and 70. Of particular urgency was to have up-to-date meeting information online and to help folks find the office and other AA resources, such as helpful links. We were just about to launch the work of building just such a site when, lo and behold, District 70 materialized a super site that does just that—and more! Further, ashevilleaa.org will soon add a Central Office page, administered under the thoughtful eye of your Board of Directors. Share your thoughts about it via the email link you'll find there.

Of Note

New from Grapevine: Spiritual Awakenings II

The greatest gift that can come to anybody is a spiritual awakening” - Bill W. Grapevine, December 1957

Only in the challenging, dynamic daily lives of AA members do the Twelve Steps come to vibrant life. In these stories from the pages of Grapevine, published since 1944, sobriety’s message of miracles and redemptions is shared with passion and humor in 74 colorful voices.

Discover what a tremendous resource AA’s meeting-in-print can be for a sponsee, a group, a shut-in—or yourself. You can subscribe online for either the print or the digital version. www.aagrapevine.org.

Archive Anonymity in Akron

This statement comes from the Akron Archives section of their website: <http://akronaa.org/Archives/archives.html>

All materials are cared for to the best of our abilities, to ensure they are available for future generations. Anonymity of A.A. members, both living and deceased, is protected in accordance with Traditions 11 & 12 under our guidelines on anonymity. If you are considering a donation of archival materials we would be happy to explain how we safeguard anonymity by limiting access to sensitive items, as well as our conservation program for protecting the physical integrity of our holdings for future generations.

—Akron InterGroup Council

Open call for
recovery-related
writing: short essays,
personal reflections

Email to [info@ncmco@
bellsouth.net](mailto:info@ncmco@bellsouth.net)

AA GRAPEVINE *featurette*

October’s online and print issues showcase

- **Anonymity in the Age of the Internet**
- **Events (Roundups! Soberfests!)**
- **Story of the Day** *online only*
- **iPoll Results** *online only*
- **Step 10/Trad 10**
- **Much, much more!**

October Anniversaries

Asheville Big Book Step Study Group

Ed S October 15, 2005
 Rosanne G October 15, 2005

Back to Basics Group

Gail H October 30, 2008

Conscious Contact Group

Joyce B 2004
 Bruce G 2005
 Watson J 1986
 Marti W 1979
 Susan S 2009
 Susan H 1994
 Emily J 2009

Cumberland Group

John F October 5, 1998
 Stephanie F October 10, 2007
 Alec B October 15, 2007
 Isara October 28, 1999

Fletcher Group

Jim October 16, 1990
 Kris October 4, 1986
 Scott October 3, 1986

Good Livers Group

Gloria F October 10, 2005 5 years
 Patricia P October 22, 2006 4 years

Grace Group

Esaias J October 9, 1992
 Susan M October 10, 2001
 Charles B October 18, 2002
 Barbara W October 19, 2009
 Michael F October 21, 2004
 Dennis R October 25, 2008
 Carolyn K October 31, 1983
 Katy D October 31, 1982
 Ronnie J October 31, 1985

Hendersonville Group

Ike F September 1, 2007
 Ray D September 11, 1999
 Brian C September 7, 2002
 Raymond F September 18, 1996
 Oscar F September 20, 1995
 George W October 27, 2009
 Kristin Mc October 4, 2005
 Jo P October 16, 1984
 Stan S October 20, 1986
 John S October 7, 2001
 Debbie M October 10, 2003
 Bette S October 19, 1998

Mars Hill Group

Don B October 17, 1982
 Isara October 28, 1999

Upward Group

Patty A October 5

Young People's Group

Anna L October 13, 2008
 Micheal I October 26, 2003

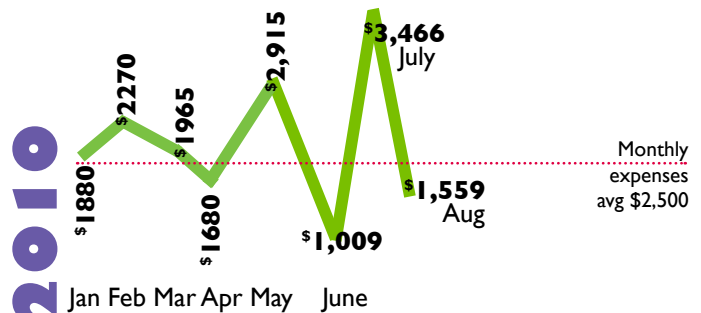
*Turn in announcements by
 the 15th of the month prior
 to the anniversary month.*

Thank You!



Group Donations

	August	2010 YTD		
Acceptance Grp 122-477	\$0.00	\$957.83	Mission Grp of Sylva 606-119	\$0.00 \$100.00
AVL BigBookStepStudy 637-843	\$25.00	\$172.44	Monday Night Open Meeting	\$0.00 \$341.99
Women's BigBookStepStudy Grp	\$22.28	\$22.28	Mountainside Group 133-504	\$0.00 \$60.00
Back to Basics 147-139	\$0.00	\$400.00	Mountain View Group 110-598	\$0.00 \$240.00
Big Book Study Grp	\$0.00	\$21.25	Murphy Big Book Grp	\$0.00 \$20.00
Big Town Grp	\$0.00	\$199.06	New Freedom Grp	\$0.00 \$110.00
Blue Ridge Grp 110-557	\$0.00	\$75.00	No Name Group - Murphy	\$57.43 \$57.43
Brevard Serenity Group 631-231	\$0.00	\$75.00	Pisgah Grp	\$0.00 \$9.14
Came to Believe Grp 611-288	\$0.00	\$50.00	Plan B Grp	\$0.00 \$150.00
Candler KISS Grp 163-148	\$0.00	\$135.00	Practicing Principles Grp 667-311	\$0.00 \$100.00
Cashiers Valley Grp 122-589	\$0.00	\$408.40	Principles Grp	\$0.00 \$6.06
Common Sense Grp 179-909	\$22.50	\$210.75	Recovery by River 674-892	\$0.00 \$188.64
Conscious Contact (AVL)	\$50.00	\$1,450.00	Safe and Sound 645-654	\$0.00 \$57.18
Cumberland Grp 122-472	\$99.00	\$579.00	Second Chance Grp Cherokee	\$107.04 \$147.04
Daily Decisions 643-869	\$51.95	\$254.09	Serenity Service 110-498	\$0.00 \$300.00
Day by Day Grp 159-058	\$0.00	\$485.83	Serenity Sisters Group	\$0.00 \$60.00
Early Birds 612-780	\$0.00	\$598.44	Skyland Meeting 693-372	\$0.00 \$25.00
Edneyville Group 605-968	\$0.00	\$60.00	Soteria Staying Sober LLC	\$0.00 \$0.33
Eleven-Eleven-Eleven Grp	\$0.00	\$35.00	Speed Bump Grp	\$0.00 \$50.00
Fellowship Grp, Fletcher 655-542	\$0.00	\$343.00	Strange Camels	\$94.94 \$10.00
Fireside Group 655-542	\$0.00	\$100.00	Sunshine AA Grp	\$300.00 \$400.00
Fletcher Group 110-465	\$0.00	\$25.00	Three Alarm Grp	\$0.00 \$90.00
Good Livers Grp 666-360	\$0.00	\$340.00	Thurs Afternoon Woman's Grp	\$0.00 \$100.00
Grace Group 161-970	\$105.00	\$1771.09	Total Surrender	\$43.38 \$163.39
Grace of God Group of HVL	\$0.00	\$70.00	Tryon Tuesday Grp	\$0.00 \$50.00
Hand-in-Hand Grp	\$0.00	\$75.00	Tryon 12 & 12 690-877	\$20.00 \$83.25
Happy Hour Grp 169-182	\$0.00	\$225.00	TuesNi Men's BBStepStudyGrp 681-242	\$0.00 \$44.94
Hendersonville Grp	\$0.00	\$20.00	Waynesvl Grace Grp 110-692	\$0.00 \$308.18
High Noon Grp	\$0.00	\$220.00	West Asheville Grp 110-501	\$0.00 \$25.00
Hot Springs Meeting	\$0.00	\$100.00	Woman's Way Step Study Grp	\$0.00 \$31.00
Individual Contributions (Misc.)	\$0.00	\$9.24	Women of Courage	\$0.00 \$119.00
Bob P.	\$0.00	\$200.00	Women of Grace Grp	\$0.00 \$95.15
In Memory of B.G.	\$10.00	\$80.00	Young People's Grp 645-646	\$169.58 \$302.79
Joy of Living Grp 629-397	\$0.00	\$125.00	Total	\$1558.73
Kanuga Grp	\$50.00	\$162.50		
Last Chance Grp, The	\$0.00	\$50.00		
Leicester Grp 143-417	\$70.70	\$95.70		
Library Grp 672-283	\$0.00	\$30.00		
Marion Group 110-621	\$10.00	\$43.48		
Marshall Group 110-489	\$0.00	\$75.00		
Mars Hill Group 130-895	\$0.00	\$100.00		
Marion AA Grp 110-621	\$0.00	\$100.00		
Mid Day Grp (HVL)	\$207.93	\$737.93		
Mill Spring Grp 656-821	\$0.00	\$55.00		



Districts 70, 71 & 80 News

- Where to get info from your district: **District 70** www.ashevilleaa.org; **District 71** www.district71inc.org; **District 80** www.aawnc80.org.
- In Memoriam: honor the memory of A.A. members who have passed away by sending info (name, home group, date of passing and/or years sober) to ncmco@bellsouth.net.
- Congratulations, **District 70**, on the launch of your fab new website! Check it out at www.ashevilleaa.org.



9th Annual Fall Into Recovery Women's Retreat November 5 - 7, 2010

You are invited to join us for our ninth annual Fall Into Recovery Retreat. This Spiritual Retreat for **women in recovery** offers a special time and place where we can share our "experience, strength and hope" with each other.

Help us carry the news of this event by copying and sharing this flyer with the women in your area.

Mark your calendar for **November 5-7**. The retreat is an experience you won't want to miss. **Fall into the holiday season by making your recovery a priority.** Come and join us in a special celebration of fellowship. If you are seeking serenity, peace, and tranquility you don't want to miss this opportunity.

In consideration of the purpose of this retreat no drugs or alcohol are allowed. Any one not complying will be asked to leave.

Formal meetings are Friday night, Saturday morning, Saturday night and Sunday morning. There is plenty of free time to spend with the God of your understanding, shopping in nearby Black Mountain, or enjoying your surroundings and friends.

DIRECTIONS: Take Hwy 40 west toward Asheville. Get off at Exit 73 and turn right at exit ramp. Turn left after crossing RR tracks at Arrowhead monument. This is Hwy 70. Turn right on first paved road. This is Old Hwy 70. Wind uphill approx. 3/4 of a mile and look for Camp Grier sign. Turn right on dirt road (Camp Grier sign) and follow to the top. In case of emergency the phone number for Camp Grier is (828) 668-7793.

QUESTIONS: Contact Jeanne @ (828) 260-6189, Raeann @ (919) 795-5545, Lara Hambright (828) 737-7299, Susan @ (704) 460-9265 or email us at Fallin2recovery@aol.com

WHAT TO BRING: Linens for twin bed, sleeping bag, blanket, pillow, towels, toiletries, bug spray, flashlight, clothes for colder weather, and shower shoes (flip-flops). **Don't forget snacks and drinks.**

Registration fees are transferable but not refundable.

There will be a \$25.00 fee on all returned checks.

2010 REGISTRATION FALL INTO RECOVERY

_____ Thursday arrival \$95.00
_____ Friday arrival \$90.00
_____ Saturday arrival \$80.00

A minimum of \$30.00 deposit is required for registration

Prices include Dinner on Friday evening, breakfast, lunch and dinner on Saturday and Sunday breakfast and lunch. Early birds are responsible for their own meals.

Name _____
Address _____
City, State _____
Zip _____
Phone _____
Email Address _____

Please check your preference

Smoking Cabin
Non-Smoking

If you have any handicapped needs please let us know ahead of time.

Make checks or money orders payable to:
Fall Into Recovery and return to:

Fall Into Recovery Retreat
c/o Susan Halstead
201 Hoyle Cir
Gastonia, NC 28052

**Registration deadline is:
OCTOBER 22nd**

Serving AA Since 1974!

Central Office Manager Myra B
The Volunteers A Cast of Thousands!

2010 Board of Directors

Chair John G
Alternate Chair George D
Treasurer Bob S
Secretary Pete S

Trustee* (District 80) open; please apply within
Trustee (District 71) Rob W
Trustee (District 70) Suzanne T

*Trustees serve three-year terms.



Recycle this
newsletter!

Support The Grapevine
and La Viña
Buy single issues
at your Central Office!
Obtenga el suyo hoy!