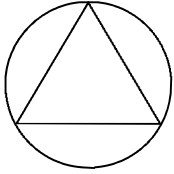


JUNE 2009



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NCMCO 206 Park Place Offices. 70 Woodfin Place Asheville, NC 28801
Phone: (828) 254-8539 Email: ncmco@bellsouth.net
www.ashevilleaa.org www.aawnc80.org

OFFICE HOURS: 10:00AM—1:00PM, Monday thru Friday (closed major holidays)

\$\$\$ HELP YOUR CENTRAL OFFICE SAVE MONEY ON POSTAGE \$\$\$

If you'd like to receive the *Mountain Doin's* and *Where & When* by email in PDF format, please send your e-mail address to ncmco@bellsouth.net. Thanks!

Where & When is Now Available in Pocket Sized Booklets

We have a new format for the *Where and When*. We will now offer a pocket sized booklet that has print big enough to read. You've asked for it and we listened. Thanks for the many hours of work by Liz G. and Suzanne T. as well as input from many other folks who have made this new booklet possible. They are professionally printed for us by Imaging Technologies. We thank them for their support in giving us special pricing.

The new booklets have additional information that we are not able to put into the folded paper version. It has the Twelve Steps and the Twelve Traditions, info on how to reach each district treasurer, contact info for detox centers and longer term treatment facilities, and other resources as well.

We will still offer the 8-1/2 by 14 folded paper ones that only cost 10 cents. The new booklets cost 50 cents each (below our cost) and they are now available at Central Office. We hope all the area groups will get some for their members and help us get the word out about the new format.

Where & When Alcoholics Anonymous Meeting List Western North Carolina – May 2009



Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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The North Carolina Mountain Central Office serves Alcoholics Anonymous in Western North Carolina (districts 70, 71, and 80). Office hours are Monday – Friday, 10am to 1pm. Our 24-hour answering service links one alcoholic to another, and also provides automated meeting information. Call us during the listed hours to make general inquiries about A.A., learn about our monthly newsletter, or to buy literature, chips, & medallions.

The **Mountain Doin's** is *your* newsletter. Contributions of articles, jokes, poems, and any other material or suggestions are most welcome. Please be sure to provide us with any events your group or district is having so we can inform all about it. Also, remember to send in your group members' anniversaries including the date. (Note—we don't keep them from year to year.) **The deadline for submissions is the first of the month prior to the issue month.** For example, the cutoff for the June issue is May 1st. If you have flyers for your event please submit an electronic version in MS Word, Adobe Illustrator, PageMaker, or Acrobat PDF, or call Central Office if you're not sure how to send us your flyer. You can email Central Office at: ncmco@bellsouth.net. Please contact our Office Manager, at: 828-254-0454 or 800-524-0465.

Mountain Doins is published monthly as an informational service to all A.A. members in western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.

NCMCO Board of Directors NEEDS YOUR HELP!!! NCMCO Board Secretary *still* Needed

Can you type? Are you comfortable using a computer and know how to send emails? Do you know how to use a copy machine? Then Central Office Board of Directors needs your help! The Secretary takes minutes for COR and board meetings and then sends them to each of the groups in Western North Carolina. You will be a voting member of our Board of Directors. Please help us to get important information out to all of our groups!

**If you'd like to volunteer for this position,
please call the Central Office: 828-254-8539**

Central Office Phone Log

April 2009

A.A. Crisis: 0 (this is a good thing!)

General Information: 9

Family Help: 3

Meeting Information: 51

Central Office Business: 45

Referrals for Medical Help, Detox,
Hospital, Etc.: 2

Visitors: 59

A request from a tele-service volunteer: If anyone has any information on low-cost or free emergency animal boarding for people in crisis please call the Central Office.



**Nurture your sobriety every day
and watch it grow!**

MEETING CHANGES

Fletcher: New Womens's Group meets Sat. 10:30am (CD) Calvary Episcopal Ch.

Spruce Pine: Cancelled—Tues 7:30pm (CBB)

Correction—Brevard (Not Cashiers): Tuesday/Friday 6:30 CBB group name is The Principles Group (Not Primary Purpose) New: Friday CBB at 6:30p – The Principles Group - Selica Meth.Ch. 529 Selica Rd.

How Support & Spirituality Mix



Your North Carolina Mountain Central Office sells A.A. literature "at cost," which is the price that G.S.O. charges for it, plus the cost of shipping and tax; that's how much it costs to get it to Asheville, and the prices are not marked up beyond that figure.

NCMCO sells Non-A.A. literature at a modest markup, which helps defray costs (mailings, phone service, etc.) not entirely covered by group donations.

clip & save

Central Office Profit and Loss

April 2009

Income

Group Contributions	\$2,410.55
Sales Income	\$3,090.19
Gross Income:	\$5,500.74

Cost of Goods Sold

Literature, Chips, Medallions	\$2,405.49
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Gross Profit: \$3,095.25

Expenses

Office Open House	\$132.76
Telephone	\$283.21
Rent:	\$420.00
Payroll	\$1,066.13
Postage	\$177.40
Office Supplies	\$60.79
Accounting Services	\$41.25
Consultant fees	\$100.00
Sales Tax	\$148.26
Total Expenses:	\$2,429.8

Net Income: \$665.45

Suggested Giving for Groups Handy Reference Chart

10% to District

District 70 Treasurer

P.O. Box 8574
Asheville, NC 28814-8574

District 71 Treasurer

DCM District 71
P.O. Box 214
Brevard, NC 28712-0214

District 80 Treasurer

P.O. Box 1251
Franklin, NC 28744

10% to Area Committee

Area 51 North Carolina Treasurer

NCGSC
P.O. Box 2566
Fairview, NC 28730

30% to GSO

General Service Office

Grand Central Station
P.O. Box 459
New York, NY 10164-0423

50% to Central Office/Intergroup

NCMCO (NC Mountain Central Office)

206 Park Place Office Building
70 Woodfin Place
Asheville, NC 28801

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Traditions Workshop

Hosted by District 80

When: Saturday June 6, 2009

Where: First Presbyterian Church, Tartan Hall
26 Church Street, Franklin, NC

Schedule:

Workshop 2:00pm, (please arrive early so we can begin on time)

Traditions Play: 3:30pm

Eating: 5:00-6:00pm Please bring a covered dish to share,
meat and drinks will be provided

Speaker: Area Delegate, Deborah A. 6:00-7:00pm

Contact: Penny (828) 631-3751 or John (828) 349-6038

Directions: From Hayesville take 64E, Franklin 441N Business Exit, bear left at 1st traffic light. Bottom of hill straight through light. Follow around to right. Left on 28N @ light. Just after Bryant Funeral Home, turn right on Church St. First Presbyterian Church is on left, parking in rear.

From Sylva: 441S. To first Franklin exit. Follow through to downtown. Take a right on 28N @ Bryant Funeral Home. Turn right on Church St. First Presbyterian Church is on left, parking in rear.

Follow signs into building. Tartan Hall is on right.

SERENITY SERVICE ANNUAL PICNIC

When: Sunday, June 14th

Where: W. Asheville Park off Vermont Avenue

Time: Meeting at 11:00am; eat at Noon



*Please
bring a
covered
dish to
share.*



AA Founders Day

74th Birthday Celebration Picnic

June 14th 2:00pm-5:30pm

Speaker 3:00-4:30pm

Riverside Park, Bryson City

Hosted by District 80

Please bring a side dish or dessert, entrée provided

Directions: Rte 74/23 to Bryson City exit 67,
go straight through 2 lights, cross bridge over river,
take first right at Mitchell St, immediately after Ford Dealer

AREA BIZ MEETINGS

District 70 Business Meeting

2nd Sunday, June 14 2:30pm
Eating meeting first, bring dish to share
St. Lukes Methodist Church
219 Chunns Cove Rd

District 71 Business Meeting

TBA

District 80 Business Meeting

Sunday July 12 1:30pm
Jackson County Family Resource Ctr
Rte 116 in Webster, NC

MORE UPCOMING EVENTS...

4th Step Workshop

Saturday, July 11, 10am–2pm

Emma United Methodist Church
59 Adams Hill Road – West Asheville
9 Speakers • Outdoor Eating Meeting
Sponsored by the Asheville Big Book Step Study Group

62nd NC State Convention

**July 16-19, Hilton N. Raleigh Hotel
Raleigh, NC**

Hotel reservations: \$79 up to 4 people before 6/24
(919) 872-2323 Convention code: AAS
www.NorthRaleigh.Hilton.com
For Convention Info & Registration Form, contact:
Joanne L (704) 694-3844 or Tom K. (919) 286-6717
ncconference@nc.rr.com

Group Donations



Group	April	YTD	Group	April	YTD
Acceptance		\$.11	Locked in Forward		\$40.00
Against All Odds			Log Cabin		
Andrews			Lunch Bunch-Sylva		
Ash. Big Book Step Study	\$19.62	\$78.33	Maggie Valley		
AWOL	\$10.00	\$10.00	Maple Grove		
Back to Basics	\$150.00	\$150.00	Marion AA		
Bethel Up the River			Mars Hill	\$150.00	\$150.00
Big Town		\$91.24	Marshall	\$50.00	\$50.00
Black Mtn. Group	\$85.00	\$85.00	Men's Attitude Adjust.		
Blue Ridge	\$25.00	\$45.00	Mid-Day	\$50.00	\$283.35
Brevard Serenity		\$150.00	Mill Spring		\$20.00
Brevard Sylvan Valley			Mission of Sylva		
Bryson City			Monday Night Open	\$112.94	\$112.94
Burnsville	\$50.00	\$50.00	Mountain View	\$180.00	\$180.00
Candler KISS			Mountainside		
Cashiers Valley	\$59.20	\$201.40	Murphy Big Book	\$10.00	\$20.00
Chunn's Cove Men's		\$175.00	New Day		
Clyde			New Hope		
Columbus		\$25.00	No Name		
Common Sense Group	\$25.00	\$54.86	No Nonsense		
Conscious Contact Ash.	\$152.00	\$724.77	No Place Like Home		
Conscious Contact Saph.			Nuevos Amigos		
Cullowhee Valley			Nuevos Despertar		
Cumberland			Old Fort		
Daily Decisions		\$335.39	Pathfinders		
Day by Day	\$311.23	\$552.08	Pisgah		
Dry Dock			Plan B	\$150.00	\$150.00
Early Bird	\$325.00	\$407.70	Practicing Principles	\$75.00	\$75.00
Edneyville	\$20.00	\$20.00	Principles	\$4.47	\$4.47
11-11-11			Recovery By The River	\$31.65	\$65.65
Fellowship		\$187.50	Renacimiento		
Fireside			Roundtable		
Fletcher		\$1.73	Safe & Sound		
Fourth Dimension		\$40.00	Second Chance		
Franklin			Serenity- Waynesville		
Friday Women's			Serenity Seekers- Marion	\$40.00	\$40.00
Good Livers	\$100.00	\$100.00	Serenity Service	\$50.00	\$200.00
Grace Grp Asheville		\$400.00	Sisters in Sobriety		
Grace Grp Waynesville			Speed Bump	\$100.00	\$100.00
Grace of God		\$20.00	Spruce Pine	\$50.00	\$50.00
Hand in Hand	\$200.00	\$200.00	Steppin' Up		
Happy Hour	\$150.00	\$150.00	Sunshine	\$50.00	\$50.00
Hayesville			Sylva		
Hayes. Lunch Bunch			Three Alarm	\$30.00	\$60.00
Hendersonville			Thurs. Afternoon Women's		
High Noon			Total Surrender		
Hilltop			Traditional		
Hot Springs			Tryon Thurs.		
Joy of Living	\$40.00	\$44.97	Tryon Tues.		
Kanuga	\$22.50	\$45.00	Tuesday Night Men's		
Lambda	\$150.00	\$150.00	Upward		
Ledger			West Asheville		\$100.00
Leicester		\$25.00	Women of Courage	\$178.00	\$278.00
Library		\$35.00	Women of Grace		
			Young People's Group		\$130.34

June Birthdays

Asheville Big Book Step Study

Pete H.	6/2/00	9 years
Marky S.	6/8/05	4 years

Acceptance Group

Mark P.	6/2/07	2 years
Rick W.	6/10/95	14 years
Bart B.	6/29/82	27 years

Black Mountain Group

Brenda W.	6/30/86	23 years
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Brevard/Sylvan Valley Group

Bill L.	6/1/90	19 years
Joe G.	6/16/03	6 years
Richard C.	6/20/93	16 years
David J.	6/22/86	23 years
Charlie P.	6/29/05	4 years
Gail H.	6/30/86	23 years

Conscious Contact Group

John J.	6/02/86	23 years
Spencer A.	6/18/05	4 years
Charles M.	6/19/01	8 years
Carolyn S.	6/21/89	20 years
Joyce D.	6/26/90	19 years
Terry C.	6/26/05	4 years
Sue T.	6/27/84	25 years
Melanie C.	6/29/91	18 years

Cumberland Group

Brad K.	6/1/98	11 years
Sean S.	6/18/06	3 years
Brandon C.	6/28/07	2 years
Robe K.	6/7/08	1 year

Fletcher Group

Debra N.	6/2/08	1 year
Phil S.	6/9/95	14 years
Joyce K.	6/28/92	17 years

Grace Group

Bob P.	6/2/92	7 years
Susan R.	6/7/05	4 years
Paul S.	6/10/85	24 years
Robert B.	6/15/03	6 years
Valerie S.	6/16/08	1 year
Mary Scott H.	6/18/86	23 years
Joanne F.	6/21/89	20 years
Mark M.	6/21/03	6 years
Sean B.	6/27/04	5 years
Ted E.	6/30/88	21 years

Hendersonville Group

Marshall D.	6/17/82	27 years
Joe M.	6/21/05	4 years
Nadine G.	6/21/91	18 years
Matt J.	6/22/98	11 years
Mark H.	6/22/95	14 years

Mid Day Group in Hendersonville

Eugenia S.	6/2/02	6 years
Leonard	6/4/00	9 years
Blair T.	6/9/03	6 years
Jim R.	6/15/97	12 years
Mark J.	6/21/92	17 years
Cecil M.	6/24/06	3 years
Loie L	6/25/74	36 years
Robin S.	6/26/87	22 years

Traditional Group

Barbara P.	6/06/04	5 years
Ronald C.	6/08/94	15 years
Becky N.	6/10/08	1 year
Jim W.	6/14/05	4 years
Michael C.	6/18/08	1 year
Greg C.	6/21/74	35 years
David M.	06/21/04	5 years
Melvin W.	6/27/97	12 years

Serenity Service

Lawrence E.	6/4/03	6 years
John R.	6/6/87	22 years
Joel G.	6/6/08	1 year
Craig K.	6/8/08	1 year
Teresa J.	6/10/05	4 years
Rob L.	6/10/08	1 year
Rebecca C.	6/12/03	6 years
Bill E.	6/15/06	3 years
Martin R.	6/23/92	17 years
Kent	6/25/84	25 years
Joe	6/26/04	5 years
Stephanie S.	6/28/08	1 year
Troy G.	6/28/07	2 years

Serenity Seekers

Doyle F.	6/6/98	11 years
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Please send us your birthday announcements one month prior to the anniversary date. The deadline for July Birthdays is June 1. We don't keep them from year to year so you must send them in for each year. Email to NCMCO@bellsouth.net

Would you like a subscription to *Mountain Doin's*?

Contact Central Office: (828) 254-8539 or ncmco@bellsouth.net

Mountain Doin's Annual Subscriptions:

Groups:

2 copies mailed monthly

No charge

Pick up from Central Office

Deliver by mail

5 additional copies

\$10.00 per year

\$22.00 per year

10 additional copies

\$20.00 per year

\$37.50 per year

15 additional copies

\$25.00 per year

\$48.00 per year

20 additional copies

\$30.00 per year

\$65.00 per year

Individual Members:

Single copy monthly

\$7.00 per year

Please circle which of the above you wish to receive and make out check or money order accordingly. Subscription rates are subject to change, depending upon USPS rates.

Clip and mail with check or money order to:

N.C. Mountain Central Office

206 Park Place Offices

70 Woodfin Place

Asheville, NC 28801

Group &/or Individual Name _____

Street/P.O. Box No. _____

Town, State and Zip Code _____

Amount enclosed _____

North Carolina Mountain Central Office

206 Park Place Offices

70 Woodfin Place

Asheville, NC 28801

Address correction requested

Town and Zip Code