

MOUNTAIN DOIN'S

Central Office Newsletter

APRIL 2009



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80)
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If you'd like to receive the *Mountain Doin's* and *Where & When* by email in PDF format, please send your e-mail address to ncmco@bellsouth.net. Thanks!

DISTRICT BUSINESS MEETINGS

District 71 Business Meeting

April 11th, 2009, 2:00pm

Location To Be Announced

Central Office Representatives Meeting (C.O.R. Meeting)

Sunday, April 26th, 2:00pm,
First Presbyterian Church in Sylva

District 80 Business Meeting*

***Note: NEW LOCATION**

**Jackson County Resource Center
in the Old Rock School House
1528 Old Webster Road
Webster, NC**

April 19th, 2009, 1:30pm

District 70 Business Meeting

2nd Sunday in April, (April 12)

2:30 PM

St. Luke's Episcopal Church
219 Chunn's Cove Road
Asheville

Corrections Committee

Wednesday April 1 at 6 pm

Trinity Episcopal Church
Downtown Asheville



The **Mountain Doin's** is *your* newsletter. Contributions of articles, jokes, poems, and any other material or suggestions are most welcome. Please be sure to provide us with any events your group or district is having so we can inform all about it. Also, remember to send in your group members' anniversaries including the date. (Note--we don't keep them from year to year.) **The deadline for submissions is the first of the month prior to the issue month.** For example, the cutoff for the May issue is April 1st. If you have flyers for your event please submit an electronic version in MS Word, Adobe Illustrator, PageMaker, or Acrobat PDF, or call Central Office if you're not sure how to send us your flyer. You can email Central Office at: ncmco@bellsouth.net. Please contact our Office Manager, at: **828-254-0454** or **800-524-0465**.

Mountain Doins is published monthly as an informational service to all A.A. members in western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or the N.C. Mountain Central Office.

April Birthdays

Acceptance Group

Nancy E.R.	4/6/04	5 years
Pat P.	4/13/08	1 year

Back to Basics Group

Kelsey S.	4/12/83	26 years
Perry B.	4/15/86	23 years
Paul P.	4/16/04	5 years
Margaret N.	4/29/86	23 years

Black Mountain Group

Philip T.	4/11/08	1 year
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Brevard/Sylvan Valley Group

Linda M	5/05/03	6 years
David H	5/05/06	3 years
George D	5/13/81	28 years
Isabel L	5/16/85	24 years
Dawn C	5/20/06	3 years

Fletcher Group

Jerry L.	4/4/01	8 years
Bob F.	4/21/83	26 years

Flat Rock Group

Robert B.	4/9/08	1 year
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Grace Group

Christopher C.	4/4/03	6 years
Marsha L.	4/4/07	2 years
Mike D.	4/4/08	1 year
Jeff B.	4/7/91	18 years
Nicole M.	4/8/08	1 year
Nate H.	4/9/02	7 years
Christopher C.	4/10/08	1 year
Sally K.	4/11/97	12 years
Mike A.	4/12/98	11 years
Catherine P.	4/20/03	6 years
Glenn R.	4/21/08	1 year
Brian M.	4/22/78	31 years
David L.	4/25/05	4 years
Virgil J.	4/25/82	27 years
Ray C.	4/26/90	19 years
Beth T.	4/30/93	16 years

Hendersonville Group

Stewart R.	4/16/97	12 years
Donna W.	4/27/97	12 years

Library Group

Lucy B	4/16/85	24 years
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Mid Day Group in Hendersonville

Joe P.	4/1/04	5 years
Adley	4/24/88	21 years
Dorothy J.	4/28/92	17 years
Bob A.	4/29/06	3 years

Serenity Service

Rocky	4/1/99	10 years
Martha	4/2/07	2 years
Danny N.	4/3/08	1 year
James F.	4/4/06	3 years
Walter H.	4/7/08	1 year
Rachel F.	4/9/03	6 years
Kathy C.	4/10/07	2 years
Chris D.	4/11/97	12 years
Janet M.	4/12/08	1 year
Nancy L.	4/15/06	3 years
Lee M.	4/17/07	2 years
Doug C.	4/18/07	2 years
Alicia L.	4/20/04	5 years
Zeb N.	4/21/97	12 years
Spencer K.	4/22/07	2 years
Rob M.	4/23/04	5 years
Brad D.	4/23/90	19 years
Cherie H	4/24/07	2 years
Amy L.	4/24/08	1 year
Jennifer K.	4/26/07	2 years
Lamont F.	4/26/00	9 years
Marianne N.	4/29/96	13 years

Traditional Group

Carlton H.	4/4/07	2 years
Jerry N.	4/6/08	1 year
Charlie J.	4/10/03	6 years
Susie L.	4/21/07	2 years
Carolyn O.	4/22/80	29 years
Quinston	4/22/99	10 years
Mellissa G.	4/26/08	1 year
Tracy B.	4/29/08	1 year
John G.	4/29/80	29 Years



Please send us your birthday announcements one month prior to the anniversary date. The deadline for June Birthdays is May 1. We don't keep them from year to year so you must send them in for each year. Email to NCMCO@bellsouth.net

Central Office Volunteer Appreciation

April 18th, 2009 at 2:00 PM

At the Central Office

Room 206, 70 Woodfin Place, Asheville

*Open to all Central Office volunteers-
former, prospective, current and tele-service volunteers!*

If you are a current Central Office volunteer in any capacity, or are interested in service opportunities available at the Mountain Central Office, please attend this event to discuss opportunities and changes in the office, and to meet other volunteers for food and fellowship.

We want to thank all of our current volunteers, both in the office and our dedicated 12-step list volunteers, for all you do for the AA community in Western North Carolina.

We are hoping to expand our office hours very soon and will need volunteers in order to do so- if you have afternoon or evening hours available we would love to talk to you!

Anyone interested in the tele-service is also encouraged to attend the meeting. We will have tele-service guidelines available if you are curious about how the service works and what role the volunteers play. Current tele-service volunteers please come to meet other volunteers and give us your valuable insight into the service and discuss how we might streamline and improve its operation!

Meeting Changes

Serenity Service 697-G Haywood Rd Asheville has added two new meetings:
2pm Sunday OD and 9am Saturday OBG

Speed Bump Group in Brevard Noon Saturday St Timothy's UMC Asheville Hwy

Pathfinders Group St James Episcopal Church in Black Mountain has changed from
7pm to 10am on Saturday

Lambda Group meetings in Asheville are all Open meetings

Big Town Group in Etowah--New meeting at 7:30pm Sundays, CSS, 4th Sunday Literature

Dix Creek Group in Leicester is now known as the **Three Alarm Group**

The Pisgah Group Presents...

LIVING SOBER IV

ASHEVILLE MINI-CONFERENCE

Saturday, April 18, 2009

Calvary Baptist Church
531 Haywood Road
Asheville, NC 28806

SCHEDULE OF EVENTS

11:00 AM — Matt B. from Arlington, VA
Spiritual Malady, Spiritual Solution

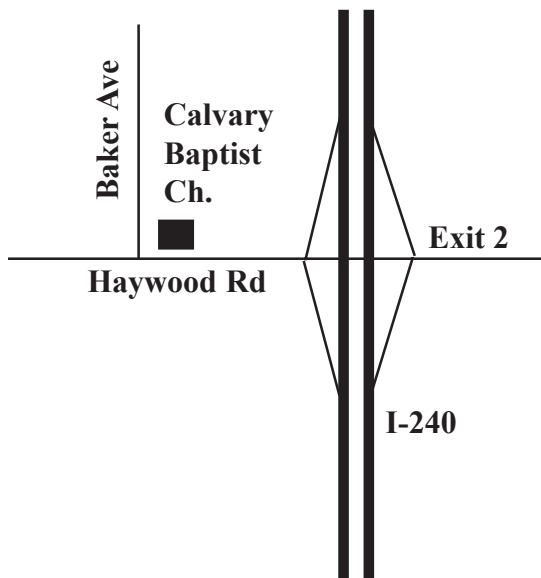
LUNCH – Potluck lunch with baked ziti entrée provided.
Please bring side dishes and desserts to share.

1:15 PM — Sarah N. from Raleigh, NC
Homegroup and Commitments

2:30 PM — Bob M. from Greenville, SC
Sponsorship

Questions? Contact Jeremy G. at (828) 768-2087

There is *no registration fee* for this event; the basket will be passed in the spirit of the our seventh tradition.



Jericho Productions Presents

BILL W. AND DR. BOB

The entertaining portrayal of a remarkable event--the birth of AA

“The miraculous story, beautifully told, of the men who named
the disease and created the cure.” -Martin Sheen

Asheville Community Theater

Thursday April 2	7:30 pm	\$5 General Admission
Friday and Saturday April 3 & 4	7:30 pm	\$15/\$12 Reserved Seating
Sunday April 5	3:30 pm	\$10 General Admission

For Tickets, call (828) 254-1320

Or go online at www.ashevilletheatre.org

*Performance of this work does not imply affiliation with, nor approval
or endorsement from, Alcoholics Anonymous World Services, Inc.*

7th Carolinas Spring Fling

April 3rd, 4th, 5th 2009

Marriott Executive Park,
Charlotte, NC

Conference Speakers:

Fri 8pm **Mari G.** Toronto Ontario, Canada
Sat. 9am **Bob W.** Louisville, KY
Sat 10:30 am **Juanita W.** Louisville, KY
Sat 8pm **Bob B.** St. Paul, MN
Sun 10am **Cyndi M.** Louisville, KY

Workshops, AA Meetings, and Dance
Golf Tee Times available too!

Conference Registration

Pre-Registration \$20 by March 30, At the Door \$25
Contact: Bob R. (704) 651-1327 or John B. (704) 806-6758
Email: info@carolinasspringfling.com
Website: www.carolinasspringfling.com

Hotel Registration:

Marriott Executive Park
\$89 per night
(704) 228-9650 or 1-800-228-9290
Mention Carolinas Spring Fling

More Upcoming Events

14th Annual Indians in Sobriety Camp-Out

April 30th – May 3rd
KOA Campground, Big Cove Rd, Cherokee
Contact: sobergirl193@hotmail.com
Or Herb: (828)497-7103

Area 51 Assembly Spring, 2009

May 15-17 2009
All GSRs please plan to attend
Please see the "events" page at
www.aanorthcarolina.org

51st International Conference of Young People in Alcoholics Anonymous (ICYPAA)

May 21 – 24th, 2009
Atlanta Marriott Marquis, Atlanta, Georgia
www.icypaahost.org
info@icypaahost.org
registration@icypaahost.org

Todd: 770-364-7765
Lauren: 404-444-4555
Walker: 678-768-5222
ASL Meetings Available

26th Annual Women's Retreat ESSE QUAM VIDERI

May 21-24, 2009
Camp Greer near Old Fort, NC
For questions or to get a registration form, contact:
Ann C. at (919) 938-1400 or Meredith C. (704)987-8764.

CENTRAL OFFICE NEEDS YOUR HELP!!!

Are you looking for a way to do service?

A. A. in Western North Carolina needs your help!

Here's a volunteer position that we need to fill at Central Office:

Secretary



Can you type? Are you comfortable using a computer and know how to send emails? Do you know how to use a copy machine? Then Central Office needs your help! The Secretary takes minutes for COR and board meetings and then sends them to each of the groups in Western North Carolina. Please help us to get important information out to all of our groups!

If you'd like to volunteer for this position,
please call the Central Office: 828-254-8539

Central Office Phone Log *February 2009*

A.A. Crisis: 2
General Information: 15
Family Help: 4
Meeting Information: 38
Central Office Business: 46
Medical Help/Detox, Hospital, Etc.: 2
Visitors: 62



A request from a tele-service volunteer: If anyone has any information on low-cost or free emergency animal boarding for people in crisis please call the Central Office.

Central Office Profit and Loss

February 2009

Income	
Group Contributions:	\$1,443.19
Sales Income:	\$2,518.35
Gross Income:	\$3,961.54
Cost of Goods Sold	
Literature, Chips, Medallions:	\$3,253.61
Gross Profit:	\$707.93
Expenses	
Answering Service:	\$250.64
Other Telephone:	\$288.10
Rent:	\$420.00
Payroll:	\$359.31
Postage:	\$38.79
Copier Costs:	\$329.97
Maintenance:	\$449.04
Supplies:	\$0
Sales Tax:	\$125.16
Total Expenses:	\$2,261.01
Net Income:	-\$1,553.08

Group Contributions

Group	Feb	YTD	Group	Feb	YTD
4 th Dimension		\$40	Log Cabin		
Acceptance		\$11	Lunch Bunch-Sylva		
Against All Odds			Maggie Valley		
Andrews			Maple Grove		
Ash. Big Book Step Study	\$28.41	\$28.41	Marion AA		
AWOL			Mars Hill		
Back to Basics			Marshall		
Bethel Up the River			Men's Attitude Adjust.		
Big Town		\$91.24	Mid-Day	\$53	\$128
Black Mtn.			Mill Spring		\$20
Blue Ridge		\$20	Mission of Sylva		
Brevard Serenity		\$150	Monday Night Open		
Brevard Sylvan Valley			Mountain View		
Bryson City			Mountainside		
Burnsville			Murphy Big Book		\$10
Candler KISS			New Day		
Cashiers Valley	\$142.20	\$142.20	New Hope		
Chunn's Cove Men's		\$175	No Name		
Clyde			No Nonsense		
Columbus	\$25	\$25	No Place Like Home		
Common Sense Group		\$29.86	Nuevos Amigos		
Conscious Contact Ash.	\$375	\$572.77	Nuevos Despertar		
Conscious Contact Saph.			Old Fort		
Cullowhee Valley			Pathfinders		
Cumberland			Pisgah		
Daily Decisions		\$335.39	Plan B		
Day by Day		\$240.85	Practicing Principles		
Dry Dock			Principles		
Early Bird			Recovery By The River	\$34	\$34
Edneyville			Renacimiento		
11-11-11			Roundtable		
Fellowship	\$187.50	\$187.50	Safe & Sound		
Fireside			Second Chance		
Fletcher		\$1.73	Serenity- Waynesville		
Franklin			Serenity Seekers- Marion		
Friday Women's			Serenity Service	\$50	\$100
Good Livers			Sisters in Sobriety		
Grace Grp Asheville	\$400	\$400	Speed Bump		
Grace Grp Waynesville			Spruce Pine		
Grace of God	\$20	\$20	Steppin' Up		
Hand in Hand			Sunshine		
Happy Hour			Sylva		
Hayesville			Three Alam		\$30
Hayes. Lunch Bunch			Thurs. Afternoon Women's		
Hendersonville			Total Surrender		
High Noon			Traditional		
Hilltop			Tryon Thurs.		
Hot Springs			Tryon Tues.		
Joy of Living	\$4.97	\$4.97	Tuesday Night Men's		
Kanuga	\$22.50	\$22.50	Upward		
Lambda			West Asheville		\$100
Ledger			Women of Courage		\$100
Leicester	\$25	\$25	Women of Grace		
Library	\$35	\$35	Young People's		\$130.34
Locked in Forward	\$40	\$40			

Please Note:

Donations are allocated by the month in which they are received.

If your January donation was received in February,

it will be noted as a donation received in February.

Would you like a subscription to *Mountain Doin's*?

Contact Central Office: 828-254-8539 or ncmco@bellsouth.net.

Mountain Doin's Annual Subscriptions:

Groups:

2 copies mailed monthly	No charge	
	<i>Pick up from Central Office</i>	<i>Deliver by mail</i>
5 additional copies	\$10.00 per year	\$22.00 per year
10 additional copies	\$20.00 per year	\$37.50 per year
15 additional copies	\$25.00 per year	\$48.00 per year
20 additional copies	\$30.00 per year	\$65.00 per year

Individual Members:

Single copy monthly \$7.00 per year

Please circle which of the above you wish to receive and make out check or money order accordingly. Subscription rates are subject to change, depending upon USPS rates.

Clip and mail with check or money order to:
N.C. Mountain Central Office
206 Park Place Offices
70 Woodfin Place
Asheville, NC 28801

Group &/or Individual Name _____

Street/P.O. Box No. _____

Town, State and Zip Code _____

Amount Enclosed

Clip and mail

North Carolina Mountain Central Office
206 Park Place offices
70 Woodfin Place
Asheville, NC 28801

Address correction requested
Town and Zip Code