

# April 2008



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80)  
206 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801  
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The next Central Office meeting for Central Office Representatives will be on April 20, 2008 at 2:00 PM in Hendersonville, NC. The Agenda will be published in the April Mountain Doins.

If you have an item to be included on the Agenda please send it via E-mail to [NCMCO@bellsouth.net](mailto:NCMCO@bellsouth.net). This is your Central Office. Thank You!

Central Office hours are 10:00 A.M. to 1:00 P.M., Monday through Friday.

The office will be closed on Saturdays!

## Calendar

### Saturday, April 12, 2008

#### **District 71 Business Meeting & Pot Luck Dinner**

Fletcher United Methodist Church  
Hwy 25 (Hendersonville Rd), Fletcher,  
across from CVS Pharmacy

*Business Mtg 2:00 PM*

*Pot Luck Dinner 4:00 PM*

*Speaker 5:00 PM*



### Sunday, April 13, 2008

#### **District 80 Business Meeting**

Cherokee UMC, Soco Rd (Hwy 19)

*Business Mtg 1:30 PM*

All GSRs Please Attend

### Sunday, April 20, 2008

#### **Central Office Representatives (COR) Meeting**

Mt. Pisgah Lutheran Church

Hwy 64 E. 1/2 mi east of I-26, Hendersonville

Just past Ingles Supermarket

*2:00 PM, All CORs please plan to attend*

### Sunday, April 13, 2008

#### **District 70 Business Meeting**

St. Luke's Church, 219 Chunn's Cove Rd.,  
Asheville

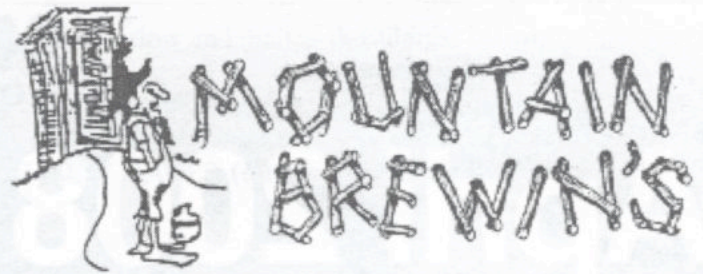
*2:30 PM*

The Mountain Doins is your newsletter. We are asking for contributions of articles, jokes, poems, and any other material or suggestions you have. We especially ask that you provide us with any events your group or district is having so we can inform all about it. Also remember to send in your group member's anniversaries including the date. The deadline for submissions is the first of the month prior to the issue month. For example; the cutoff for the March issue is February 1st. If you have flyers for your event please submit an electronic version in MS Word, Adobe Illustrator, PageMaker, or Acrobat PDF or call to discuss. Our e-mail is [NCMCO@bellsouth.net](mailto:NCMCO@bellsouth.net) or call Jim at 828-275-6280. Thanks for you help.

*Mountain Doins* is published monthly as an informational service to all A.A. members in western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.



# Treasurer's Report



## N.C Mountain Central Office, Inc.

February 29, 2008 - Profit and Loss

<b>INCOME</b>	
Group Contributions .....	2248
Individual Contributions .....	25
Sales Income .....	1986
Interest Income .....	0
Gross Profit	<b>4259</b>
<b>EXPENSE</b>	
Answering Service .....	343
Other Telephone .....	378
Rent .....	400
Literature, Chips, Medallions .....	1519
Postage .....	35
Copier Costs .....	185
Supplies .....	56
Maintenance .....	100
Total Expense	<b>3016</b>
<b>NET INCOME</b>	<b>1243</b>

### Treasurer's Note

We spent \$954 in February on a new and necessary Dell computer which is now installed in our office and is linked to the old computer. The price included cabling and linkage costs as well as software. The new configuration allows us to do jobs like upgrading the Where and When, preparing Mountain Doin's and doing financial tasks without interfering with the daily office routine. And we were able to tuck away another \$500 into the Prudent Reserve, to a new total of \$1570.

In spite of this diversion from operating revenues of almost \$1500 our cash position remained strong - our February month-end checking account balance was \$1703 and our accounts payable were \$0. We do not anticipate any further large expenditures in the coming months so we expect to quickly build our Prudent Reserve to an acceptable level.

Group support remains at a high level, with February group contributions at \$2248 and invoices, with very few exceptions, being paid promptly. Thanks!

### NEW MEETINGS and CHANGES

The **Pisgah Meeting** meets on Thursday night at 8:00 PM at the First Presbyterian Church at 40 North Church Street in Asheville. Please support this new meeting.

The **Cullowhee Group** has changed its Thursday night meeting from 7:30 PM to 5:30 PM.

The new **Dry Dock Group** meets at the ABCCM "Vets Inn, Room 411". Off Exit 55 (I-40). Turn left at light and look left next to Zaxby's Chicken. All meetings at 5 PM. Mon (MCBB), Thurs (MCSS), Sat (MCBG)

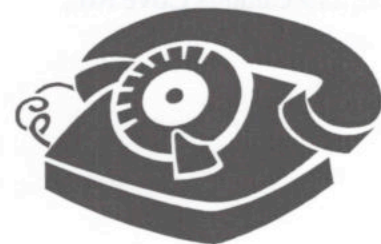
The **Dunns Rock Group** in Brevard/Cedar Mtn. has disbanded. All meetings are cancelled.

The **Mountain View Group** in Brevard has changed its name to **Fireside Group**.

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Did you know that NC Mountain Central Office has a PI lending library with TV and radio public service announcements from the General Service Office?  
Come on by.

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### Phone Log March, 2008

#### Answering Service Calls

A.A. Crisis .....	2
General Information .....	13
Family Help .....	7
Meeting Information .....	82
Central Office Business .....	25
Medical Help/Detox, Hosp, etc .....	1
Visitors .....	51



### NCMCO Happenings

There has been some confusion about the Central Office hours of operation. They are from 10:00am - 1:00 pm, Monday - Friday. The office is no longer open on Saturdays but in a dire emergency, you may contact Jack D., Office Mgr. at 828-779-8975, at least 24-hours in advance to schedule a Saturday pick-up.

The Central Office decided to become the collection point for literature for Correctional Facilities. Only soft cover books and other literature can be taken into these facilities. Please drop off any soft cover A.A. literature to the Central Office between the hours of 10 AM and 1 PM, Monday thru Friday.

### JOB OPENING

Effective June 1, 2008, the Office Managers position at the North Carolina Mountain Central Office will be open. Candidates for the position are being solicited. Candidates should have several years of sobriety, have significant experience in the AA service structure, have familiarity with AA operations in Districts 70, 71 and 80, and have a working knowledge of general office procedures and understanding of QuickBooks. A detailed job description is available at NCMCO. All applications must be submitted by email to Central Office and received by April 18<sup>th</sup>. All applicants will be notified by April 25<sup>th</sup> of the status of their application and selected candidates will be interviewed between April 28<sup>th</sup> and May 2<sup>nd</sup>. All candidates will be notified of the decision by May 9<sup>th</sup>.

North Carolina Mountain Central Office  
828-254-8539  
ncmco@bellsouth.net

### District 70

Anyone interested in taking meetings into Neil Dobbins Detox, please contact Mary C. at 828-681-0839.  
Thank You!

### District 71

District 71 has a newly formed Special Events Committee. Their first project is a Home Group Celebration with plans on the drawing board for a date sometime in May or June. This committee is also responsible for our Unity Day in Oct. Contact Debbie M., DCM, at 828-606-6000 if you are interested in being a part of this committee.

Once again we are attempting to establish a District 71 website. Details will be forthcoming during the 3rd qtr business meeting.

A special viewing of "Markings on the Journey" followed by an open discussion will be presented this July as a part of the 3rd quarterly eating meeting. This 35 min. video includes rare footage from the AA archives of Bill W., Sister Ignatia and others.

### District 80

No information received

### Notice

Please drop off any unwanted soft cover A.A. literature to the Central Office between the hours of 10 AM and 1 PM, Monday through Friday for distribution to Correctional Facilities.

This literature is needed badly and will be appreciated by the inmates who are seeking recovery behind the walls.  
Thanks!

## Sybil C. - The First Woman in A.A. West of the Mississippi by Nancy O.

Sybil C. was the first woman to enter A.A. west of the Mississippi. Her date of sobriety was March 23, 1941. Her name at the time as Sybil Maxwell, though she later opened her talks by saying, "My name is Sybil Doris Adams Stratton Hart Maxwell Willis C., and I'm an alcoholic."

She was born Sybil Doris Adams on May 20, 1908, in the small oil town of Simians, Texas. Her parents were poor but hardworking and she had a brother Herman, ten years her senior. Herman was called "Tex." Sybil adored her big brother. She remembered that when she was five and he fifteen, he would hold her and rock her to sleep.

Tex joined the Army during World War I, was reported missing in action, and when the family heard nothing further they assumed he was dead. However, when Sybil was thirteen they learned that he was alive and living in Los Angeles. The family immediately moved to California.

Sybil felt like a misfit in Los Angeles. She affected the flapper makeup popular at the time: heavy white powder on her face, and two big red spots of rouge on her cheeks and lots of lipstick and black eyebrows.

"I must have looked like a circus freak or something like that," she wailed. "I was in eighth grade out there in Los Angeles, and the other kids laughed at me. I had trouble making friends, being shy and timid by nature, but also my papa wouldn't let boys even walk home with me, let alone go to parties. I just wasn't allowed to do anything, and I knew I didn't belong anywhere."

"So naturally I started drinking at a very early age, against my better judgment, full of shame and remorse because of Papa's teachings. He was a good man. When I was fifteen, I got drunk one night, passed out, and had to be carried home and put to bed in my mother's bed. I cried the next day and promised that it would never happen again — and I meant it. But I didn't know myself; I didn't know the disease of alcoholism. The next Saturday night the kids handed me a bottle and I drank it. And I continued to do that through a couple of semesters of high school, and I stayed drunk through seventeen years of failed marriages and more jobs than I can count."

Sybil dropped out of high school and took a secretarial course and was hired as a secretary. It was the first in a long list of jobs. At various times she was a real estate broker, a taxi driver, a bootlegger, an itinerant farm worker, the editor of a magazine for pet owners, and a salesperson. "I didn't mind working," she said, "but I never seemed to get anywhere. I was just on a treadmill because of booze."

She had a child by her first husband, a sailor. She thought having the child would prevent her drinking, but she drank more than ever, and her parents eventually took the child from her.

She and her husband hitchhiked out of town to find grape picking jobs. They thought getting away from their city friends would help them quit drinking, but she soon was drunk again. During one of her drunks she heard music. At first she thought she was hallucinating, but she followed the sound and wandered into a tent where a revival meeting was in progress. The preacher asked for anyone to come forward who wanted to be saved.

"Well, that was me," Sybil told A.A. members. "I went all the way down while the people were singing. The preacher put his hand out and placed it on my head, and I threw up all over him. It was so terrible! I was so ashamed; I couldn't bring myself to tell anyone about it until I got into Alcoholics Anonymous eleven years later."

She left her sailor husband and hitchhiked back to Los Angeles to her mother's house. Her brother, Tex, now had a speakeasy on skid row, and to make money to take to her mother to support the child, she went into the boot-legging business with him. Eventually the speakeasy was raided and they were out of business. Then she went to work in a taxi-dance hall.

Little is known of her second husband, but she met her third husband, Dick Maxwell, while working in the taxi-dance hall. One night a rich, handsome stranger walked in and bought dance tickets with Sybil for the whole night. During intermission he bought several pitchers of beer (the girls got a dollar for every pitcher their partner bought), and she told him her sad story. He offered to marry her and adopt her child if she would promise not to drink any more.

Now she had a wonderful husband, a home, a housekeeper, and a car. But she couldn't stop drinking.

In 1939, while visiting her mother, she read the Liberty magazine article called "Alcoholics and God." She thought the story fascinating but did nothing about it and her downward spiral continued.

Eighteen months later God gave her another chance, when she read the Saturday Evening Post's March 1, 1941 issue which contained the famous Jack Alexander article about A.A... She wrote to New York and received a reply from Ruth Hock, then Bill Wilson's secretary, who told her that there were no women members in California, but that Marty Mann was sober in New York. Ruth referred her to the small group of men then in the area.

On Friday, March 23, Sybil's nonalcoholic husband, Dick Maxwell, drove her to the meeting. They found ten or twelve men seated around a table and three or four women seated against the wall. When the chairman began the meeting he announced "As is our custom before the regular meeting starts, we have to ask the women to leave." Sybil left with the

other women but her husband stayed and the members assumed he was the alcoholic. When he rejoined Sybil he said "They don't know you're alive. They just went on and on bragging about their drinking until I was about to walk out, when they jumped up and said the Lord's Prayer, and here I am." Sybil headed for the nearest bar and got drunk. But she remembered that Ruth Hock had written, "If you need help, call Cliff W." and had given her his phone number. He explained: "You didn't tell us you were an alcoholic. We thought you were one of the wives. If you had identified yourself as an alcoholic, you would have been welcome as the flowers in May."

When she returned the following week, Frank R. brought in a large carton full of letters bundled into bunches of twenty to fifty. He explained that they were all inquiries and calls for help from people in southern California. "Here they are! Here they are! If any of you jokers have been sober over fifteen minutes, come on up here and get these letters. We've got to get as many of these drunks as we can in here by next Friday, or they may die."

The last bundle was of letters from women. Frank said: "Sybil Maxwell, come on up. I am going to put you in charge of all the women."

Sybil liked the idea of "being in charge" but replied, "I can't, sir. You said I have to make all those calls by next Friday, or somebody might die. Well, I'll be drunk by next Friday unless you have some magic that will change everything so I can stay sober."

Frank explained that everything she needed to know was in the Big Book. "And it says right in here that when all other measures fail, working with another alcoholic will save the day. That's what you will be doing, Sybil, working with other alcoholics. You just get in your car and take your mind off yourself. Think about someone sicker than you are. Go see her and hand her the letter she wrote, and say: 'I wrote one like this last week, and they answered mine and told me to come and see you. If you have a drinking problem like I have, and if you want to get sober as bad as I do, you come with me and we'll find out together how to do it.' Don't add another word to that, because you don't know anything yet. Just go get 'em."

It worked, and she never had another drink.

When Bill and Lois Wilson made their first visit to Los Angeles in 1943, Sybil was one of the delegation of local A.A.'s who met them at the Town House hotel. Later she met Marty Mann.

But Dick Maxwell began to feel abandoned and lonely. He urged her to cut down on her A.A. activities so that they could have more of a home life. He had grown to hate A.A. and refused to read the Big Book or discuss the Twelve Steps. Finally he suggested that the solution to their marriage problems was for her to go back to drinking and he would take care of her.

Sybil quickly packed a bag and left. She left her lovely home and rented a housekeeping room with a gas hotplate and a bath down the hall for nine dollars a week and went to work for the L.A. Times to support herself. "A.A. just had to come first with me," she explained.

Her brother, Tex, joined the week after she did. He started the second A.A. group in the area, and appointed Sybil coffeemaker and greeter for the new group, and finally made her deliver her first shaky talk.

## Volunteers are needed!

We are currently seeking volunteers for the 12-Step list for incoming calls on the 24-hour answering service. For these calls, the service will call you and give you the crisis callers name and phone number for you to call back.

If you would like to serve in this Primary Purpose service and give back some of what was given to you, complete and return the form to the address listed below. You will be contacted by our volunteer coordinator, Rick W. or call 828-254-8539 or 800-524-0465 or e-mail [ncmco@bellsouth.net](mailto:ncmco@bellsouth.net)

Name:

Address:

City/St/Zip:

Area Code/Phone:

Please return the completed form to:

Volunteers, NCMCO  
206 Park Place Office Bldg.  
70 Woodfin Place  
Asheville, NC 28801



## April Birthdays

### Andrews Groupy

Mark P. 04/05/88 20 years

### Asheville Big Book Step Study (March)

Eleanor D. 03/13/04 (Sorry Eleanor) 4 years

### Asheville Big Book Step Study (April)

Phil G. 04/18/06 2 years

### Asheville Grace Group

Dick J. 03/15/81 (Sorry Dick) 27 years  
 Brian M. 04/22/78 30 years  
 Virgil J. 04/25/82 26 years  
 Ray C. 04/26/90 18 years  
 Jeff B. 04/07/91 17 years  
 Beth T. 04/30/93 15 years  
 Sally K. 04/11/97 11 years  
 Nate H. 04/09/02 6 years  
 Christopher C. 04/04/03 5 years  
 Catherine P. 04/20/03 5 years  
 Marsha L. 04/04/07 1 year

### Back To Basics

Kelsey S. 25 years  
 Perry B. 22 years  
 Margaret N. 22 years  
 Paul P. 4 years

### Brevard-Sylvan Valley Group

Laura J. 04/12/77 31 years  
 Daniel H. 04/01/85 23 years  
 David B. 04/21/97 11 years  
 Bill B. 04/26/97 11 years  
 Branch P. 04/01/07 1 years  
 Louie G. 04/23/07 1 years

### Conscious Contact

Zoe H. 04/26/87 21 years  
 Kelly M. 04/25/98 10 years  
 Eleana L. 04/20/00 8 years  
 Dan J. 04/05/01 7 years  
 Karen A. 04/15/04 4 years  
 Horace M. 04/21/05 3 years  
 Tom H. 04/19/06 2 years

### Happy Hour, Hendersonville

Gene McF. 04/01/68 40 years  
 Dorothy J. 04/28/92 16 years  
 Dave B. 04/21/97 11 years  
 Robert M. 04/22/06 2 years

### Leicester Group

Bob F. 04/21/83 25 years  
 Regina I. 04/16/88 20 years  
 Dan C. 04/17/99 9 years

### Mid-Day Group, Hendersonville

Mike S. 03/27/77 31 years  
 Charlie P. 03/17/83 25 years  
 Mark J. 03/23/91 17 years  
 Art I. 03/18/92 16 years  
 Dawn B. 03/13/04 4 years  
 Claudia J. 03/04/05 3 years  
 Judy T. 03/07/05 3 years  
 Bryan S. 03/00/06 2 years

### Traditional Group (March)

Kerry W. 03/08/00 8 years  
 Biilly L. 03/21/02 6 years  
 Morin M.I. 03/15/02 6 years  
 Athenia G. 03/06/06 2 years  
 Keary H. 03/14/06 2 years  
 Will. 03/04/07 1 year  
 Kenneth W. 03/14/07 1 year

### Traditional Group (April)

John G. 04/29/80 28 years  
 Carolyn O. 04/22/80 28 years  
 Quinston 04/22/99 9 years  
 Charlie J. 04/10/03 5 years  
 Carlton H. 04/04/07 1 year  
 William J S.r 04/15/07 1 year  
 Susie L. 04/21/07 1 year

# GROUP CONTRIBUTIONS 2008

## NCMCO Group Contributions

	February	Total YTD
<b>District 70</b>		
Acceptance .....	50	482
Asheville Big Book SS .....	21	21
Back to Basics .....	150	150
Burnsville .....	100	100
Chuns Cove Men's .....	180	180
Conscious Contact .....	100	500
Daily Decisions .....	0	118
Day By Day .....	370	370
Fellowship .....	0	105
Good Livers .....	0	49
Grace .....	300	300
High Noon .....	45	45
Leicester .....	25	25
Marion .....	0	25
Serenity Seekers .....	0	50
Six O'Clock Open .....	100	225
Swannanoa Library .....	45	45
Traditional .....	0	125
<b>Subtotal District 70 .....</b>	<b>1630</b>	<b>3065</b>
<b>District 71</b>		
Big town .....	55	55
Blue Ridge .....	0	15
But for the The Grace of God .....	0	20
Hendersonville .....	20	40
Kanuga .....	23	23
Mid-Day .....	50	90
Mill Spring .....		25
Speed Bump .....	75	75
Upward .....	30	30
<b>Subtotal District 71 .....</b>	<b>253</b>	<b>373</b>
<b>District 80</b>		
Cashiers Valley .....	0	100
Common Sense .....	0	90
Mountainview .....	250	250
Murphy Big Book .....	0	40
No Name .....	50	50
No Place Like Home .....	34	34
Recovery by the River .....	0	108
Sunshine .....	0	30
<b>Subtotal District 80 .....</b>	<b>334</b>	<b>702</b>
<b>Total Contributions .....</b>	<b>2248</b>	<b>4327</b>

## A Brief History of The Leicester Group: "Celebrating Our 22nd Anniversary!"

In January, The Leicester Group of Alcoholics Anonymous had an anniversary party to celebrate 22 years of active AA in Leicester. Group members enjoyed a pizza party and some reminiscing from long-time members, including the following history.

### Our Beginnings

The first meeting was held on January 22, 1986 at the Leicester Community Center on Leicester Highway, where the group continued to meet every Wednesday night at 8 p.m. for the following 19 years. Three years ago, the group moved its meeting location to the nearby Bell United Methodist Church, on the corner of Leicester Highway and Old Newfound Road, and continues to meet there on Wednesday nights.

Throughout the years, the Leicester Group's meeting format has been either discussion meeting or book study; reading from AA's Twelve Steps and Twelve Traditions or from the Big Book of AA. On special occasions, guest speakers tell their stories to the group.

Tracy T. was the chairperson for the very first meeting. Gene M., a founding member of the group, wasn't able to attend the first meeting, but has been at almost every meeting since. He recalls that in the first year, there might be only two or three people in attendance. He and Ken A. would faithfully open the building each Wednesday night, but would not turn on the heat or make coffee right away in case no one else showed up.

### Attracting New Members: A Sign is Born

To help people locate the meeting, which was in a building set back from the main road, a large handmade wood sign (the letters "AA" were more than three feet tall and painted white) was donated to the group by Malcolm O. At meeting time, the sign was placed at the driveway entrance to the community center.

In the following months, two newcomers - David H. and Grady O. - began attending the Leicester Group regularly and made it their home group. While still new in sobriety, David agreed to become the group's treasurer, not realizing that he would hold this service position until another willing treasurer appeared- 21 years later!

### A Little Bit Different

In our group's first years, one of its unique traditions was to have members sign their names in the front or back pages of the group's copy of the Big Book, along with their sobriety date, making these pages a handwritten "archive" of AA's 22-year history in the Leicester area.

Back then, it was also customary to give a silver dollar to group members on their AA birthdays, with one hole drilled in it for each year of sobriety. As the years of sobriety increased, the coins had less and less room remaining for new holes (a good thing!) Eventually, the group switched to presenting gold AA medallions on birthdays.

### Small, But Mighty — And Growing!

Although the Leicester Group had many supportive people attending over its long history, it remained for the most part, a very small, welcoming, and close-knit group which led to the adoption of its unofficial motto: "Small, But Mighty."

In the last few years, however, we have been happy to see our small group growing rapidly - meetings have more than tripled in size. We now have 12 home group members and many more people who come almost every week. New faces and old friends alike are all welcome to come join us at the Leicester Meeting!

Submitted by Regina I.

## JOB OPENING

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Phone: 828-254-8539 e-Mail: ncmco@bellsouth.net

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10 additional copies	\$20.00 per year	\$37.50 per year
15 additional copies	\$25.00 per year	\$48.00 per year
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206 Park Place Offices  
70 Woodfin Place  
Asheville, NC 28801**

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Town and Zip Code \_\_\_\_\_

North Carolina Mountain Central Office  
206 Park Place offices  
70 Woodfin Place  
Asheville, NC 28801

Place  
Postage  
Stamp  
Here

Address correction requested  
Town and Zip Code