

# MOUNTAIN DOIN'S

Central Office Newsletter

# February 2008



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80)  
206 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801  
Phone: 254-8539 or 1-800-524-0465 Email: ncmco@bellsouth.net

Effective Jan. 4th, the office will NOT be open on Saturdays. If you have an item you want included in the Mountain Doins please send it via E-mail to NCMCO@bellsouth.net. This is your Central Office. Thank You!

## Calendar



### Sunday, February 10, 2008

#### **District 70 Business Meeting**

St. Luke's Church  
219 Chunns Cove Rd., Asheville  
*Please plan to attend*  
2:30 PM

### Tuesday, February 12, 2008

#### **District 70 Treatment Committee Mtg.**

Trinity Episcopal Church  
60 Church St., Asheville  
6:45 PM

### Saturday/Sunday, March 1-2, 2008

#### **Area 51 Committee Meeting**

North Raleigh Hilton  
3415 Wake Forest Rd. Exit 10 off I-440  
Raleigh, NC 27609  
Phone 919-872-2323

### Friday-Sunday, March 14-16, 2008

#### **Area 51 Corrections Conference**

Days Inn  
650 US Hwy 1 Service Rd W  
(Morganton Road Exit)  
Southern Pines, NC 28387  
Phone 910-692-8585 or  
Toll Free 800-262-5737

### Friday-Sunday, May 16-18, 2008

#### **Area 51 Spring Assembly**

North Raleigh Hilton  
3415 Wake Forest Rd. Exit 10 off I-440  
Raleigh, NC 27609  
Phone 919-872-2323

The Mountain Doins is your newsletter. We are asking for contributions of articles, jokes, poems, and any other material or suggestions you have. We especially ask that you provide us with any events your group or district is having so we can inform all about them. Also remember to send in your group members' anniversaries including the date. The deadline for submissions is the first of the month prior to the issue month. For example; the cutoff for the March issue is February 1st. If you have flyers for your event please submit an electronic version in MS Word, Adobe Illustrator, PageMaker, or Acrobat PDF or call to discuss. Our e-mail is NCMCO@bellsouth.net or call Jim at 828-275-6280. Thanks for you help.

Mountain Doins is published monthly as an informational service to all A.A. members in western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.





# Treasurer's Report

N.C Mountain Central Office, Inc.

Year End Balance Sheet - Dec. 31, 2007	
<b>ASSETS</b>	
Checking/Savings	
Checking 2774	
Money Mkt	570
Petty Cash	50
Accts. Receivable	431
Inventory	3517
<b>Total Current</b>	<b>7342</b>
Office Furniture & Equipment	2000
<b>TOTAL ASSETS</b>	<b>9342</b>
<b>LIABILITIES &amp; EQUITY</b>	
Accts. Payable	0
Sales Tax Payable	0
<b>Total Current Liabilities</b>	<b>0</b>
Equity	9342
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>9342</b>
<b>12/31/2007 Yearend</b>	
<b>INCOME</b>	
21977	Group Contributions
Individual Contributions	1548
Sales Income	31657
Interest Income	15
<b>Gross Profit</b>	<b>55197</b>
<b>EXPENSE</b>	
Answering Service	5091
Other Telephone	5043
Rent 4543	
Payroll	9972
Sales Tax	1732
Literature, Chips, Medallions	25713
Postage	1543
Copier Costs	2422
Bank Charges	38
Insurance	400
Fees - Consultants, Legal	623
Supplies	1244
<b>Total Expense</b>	<b>58364</b>
<b>NET INCOME</b>	<b>-3167</b>

## NEW MEETINGS and CHANGES

The new **Thursday Night Open Discussion Meeting** is at the New Hope Presbyterian Church, 3070 Sweeten Creek Rd., just across from Givins Estates.

The **Young People's Group** will now have a speaker at the Sunday 7 PM meeting.

The **Skyland Group** has a new Closed Big Book meeting Monday at 7:30 PM. at Skyland UMC 1984 Hendersonville Rd. Asheville

The **Clyde Central Meeting** is an Open Discussion at 5 PM Saturday at the Clyde Central UMC, 410 Charles St. in Clyde behind the firehouse.

The **Serenity Group** meeting in Maggie Valley Tuesday and Friday at 7 PM is cancelled.

The **At Ease Group** has cancelled all meetings at ABCCM, 207 Coxe Ave. Asheville

The **Big Town Group** has a new Open Speaker meeting every Friday night at 7:00 PM starting December 21st at Etowah United Methodist Church, 110 Brickyard Rd., Etowah, NC. Upstairs in the Fellowship Hall. Contact 828-458-1529

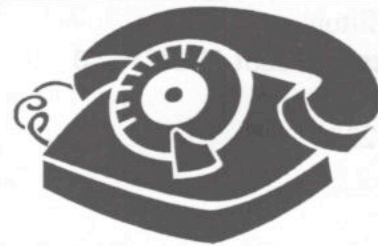
The **Speed Bump Group** in Brevard has added two meetings. Tuesday at Noon, a Closed Step/Tradition and Thursday at Noon, an As Bill Sees It meeting, both at St. Timothys UMC, Brevard, NC on Asheville Hwy.

The **Men's Step Study Mtg.** is an open Big Book study at the YANA Club, Tuesdays at 5:30 PM. 191 Lyman St., Asheville.

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Did you know that NC Mountain Central Office has a PI lending library with TV and radio public service announcements from the General Service Office?  
Come on by.

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## Phone Log November, 2007

### Answering Service Calls

A.A. Crisis .....	11
General Information .....	27
Family Help .....	11
Meeting Information .....	63
Central Office Business .....	29
Medical Help/Detox, Hosp, etc.....	0
Visitors .....	30





### NCMCO Happenings

As of January 4, 2008, the Central Office will no longer be open on Saturdays. Any group or individual needing to pick up materials on a Saturday can do so by calling the office at 828-254-8539 the previous week to make arrangements for a Saturday pick up.

At the Central Office Representatives meeting on January 20, 2008, Carl I., Cullowhee, was elected Chairman of the Board and John G., Asheville, was elected Co-chair. Elections for the three Trustee positions were as follows: Suzanne T., Asheville, was elected Trustee for the District 70 groups; George D., Hendersonville, was elected Trustee for the District 71 groups; and Charlie P., Almond, was elected Trustee for the District 80 groups.

The CORs voted unanimously to have the Central Office Carry non-conference approved material which will be separated from conference approved material and labeled as such.

### Treasurer's Note

The 2007 year-end figures – balance sheet, profit and loss statement, group contributions - are printed elsewhere in this issue. In December we were able to reduce the loss for the year by almost \$1000 and add back \$500 to the nearly-depleted prudent reserve. Our recordkeeping and our procedures are now on an acceptable basis, and the all-volunteer crew that directs and staffs the office is working smoothly. So we continue to believe that our financial condition will improve month by month, and that by the end of this year we'll have rebuilt all of the prudent reserve that was drawn down in 2007.

Some considerable thank-you's are in order:

- to the groups who contributed to the office. You're identified in this and other issues;
- to the individuals who in 2007 made donations in increasing numbers and with increasing generosity. You continue to remain anonymous;
- to all groups and individuals who cheerfully paid up past due balances. It's been just plain wonderful to experience the willingness and good humor you have displayed;
- to all those who have given so many hours of their time on a volunteer basis. You know who you are, and you know the value and rewards of service.

### District 70

District 70 elected Jim B. as Secretary and Christine G. as treasurer. Please send any concerns you want addressed to Brenda W., DCM, PO Box 8574, Asheville, NC 28814 or reply to the DCM through the Website, [ashevilleaa.org](http://ashevilleaa.org) in the *Contact Us* section.

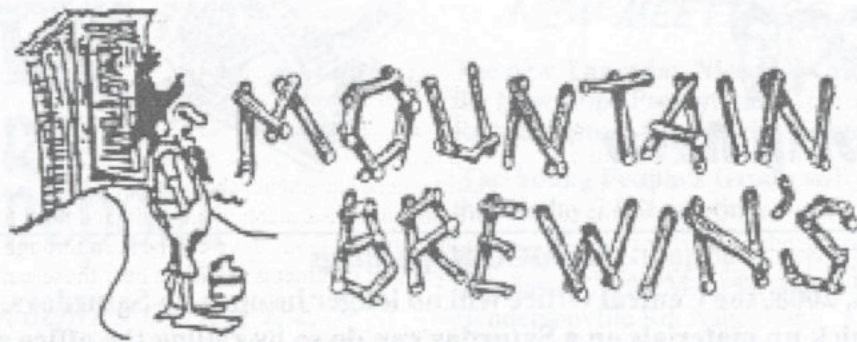
### District 71

District 71 is planning an eventful March calendar with a Treatment committee get together for the Pardee Hospital meeting volunteers. Also a CPC/PI meeting in Columbus to promote work in the professional community, and also, a meeting in March to promote Home Group participation and service. Please contact Debbie M., DCM, at 828-606-6000 for information and locations of these events. Dates and times will be published in next month's Mountain Doins.

### District 80

District 80 elected Penny J. as their new DCM. They also have several new projects in the planning stages for the coming months. These will all be announced in upcoming issues. For any concerns or questions, contact Penny J., DCM, at 828-631-3751





## Beware: Hard Drinkers & Fakers Inside!

We in AA have signs posted everywhere, each with slogans, such as: "Think" (as if my thinking didn't get me here and still can't kill me, even to this day); or "One Day At A Time" (like I can make it without total commitment allowing for some future "reservation"); and "Easy Does It," (which is advice offered in the Book to wife/husband whose spouse is beginning recovery, not to the alcoholic). None of those pieces of advice are in the original program of recovery. Yet we do not post the signs we should, such as ("The eye of the adulterer...disguises his face"); or (Beware: Hard Drinkers Inside"). Indeed, if you are a real alcoholic, the hard drinker may be a greater danger to you than alcohol itself.

I base that thesis on two comments from Bill Wilson himself. First, Bill said, in response to the rising rate of recovery failures that he began to see as a result of the message in the Book being warped through poor oral communication: "We cannot well content ourselves with the view that all these recovery failures were entirely the fault of the newcomer. Perhaps a great many did not receive the kind and amount of sponsorship that they so sorely needed. We did not communicate when we might have done so. So we AA's failed them." He also said that we must be ever vigilant to maintain the purity of our message, noting that "if AA is ever destroyed, it will be from within." Bill also warned us that the Washingtonian recovery program, which was quite successful long before AA ever existed, was ultimately destroyed from within because they had neither rules (Traditions) nor a basic text ("The Big Book") that could prevent the message from being twisted through oral communication.

So what problem can the hard drinkers cause us real alcoholics? Why can the killing things that are happening in AA be traced either to them or to alcoholics suffering from untreated alcoholism? First, early AA's, like Earl T. and Paul M., report that the 75% success rate reported in the Big Book continues throughout their early years as well. So why do fewer than 6% of real alcoholics stay around long enough to get a 10 year chip nowadays? Research shows that 20% of the American population suffer from serious drinking problems, but only about half of those problem drinkers are real alcoholics. That means that we in America have as many hard drinkers as we have real alcoholics, and since it is easier for them to "stop or moderate", we may well have more of them surviving in the fellowship than we have real alcoholics in recovery (program). And they offer opinions (instead of Book-based facts) and their opinions will kill us if we listen to them and follow their advice instead of the Book's. They do not have to adhere to the "rules" (as we must) in order to live. Their strain of the disease is not necessarily fatal—as is ours—if we do not follow the rules precisely. With our fellows dying at such high rates and with the fellowship suffering such a low rate of success, isn't it time we pay attention to our Traditions and the teachings of our program so that hard drinkers and alcoholics suffering the spiritual malady do not dominate our meetings with their lies? Some drinkers can stay sober by choice (pages 20-21 for the "moderate drinker" and the "hard drinker"). Furthermore, the Book says that a moderate or hard drinker "can quit upon a non-spiritual

basis", depending upon "the extent to which he has lost the power to choose whether he will drink or not". So I ask: if they can do it on their own; and if they are not here to work the steps; and if they are not helping guide others to a spiritual experience, what the heck are they doing hanging our around us? I don't have cancer, so I don't hang out on a cancer ward. If I did, I might be sicker, in fact, than the people there with cancer who don't have a choice. Why would I want to associate with sick people in a cancer recovery program if I don't have a fatal form of cancer? Several possibilities exist to explain why I'm on that ward if I'm not dying of cancer. Maybe I overcame a mild form of cancer and now I want to tell them how they should treat their severe, fatal form—maybe I like the "expert" role that I think that allows me. Maybe my social skills have been so poorly developed that I am not welcome among the well people in our society—I need a captive audience of sick people who won't walk out on me, no matter how obnoxious I might be. Maybe I sincerely think I can do them some good, though my mild form of the disease gives me no real understanding of their illness and what they really need to get well. Maybe I'm hanging out on the cancer ward because I just can't handle life's daily issues and I need someone to talk to. Maybe they even have free therapy sessions that I like to sit in on rather than pay a therapist myself. Maybe I'm even looking for someone to get into a relationship with, and it seems like a good place to look (now that is really a strange belief system, isn't it? I'm going to go where people are dying to find me a life-long relationship! Man—I'm sicker than I thought, if I'm doing that.)

The danger in my roaming the cancer ward rests in the false information I might spread. I might say, since I had a mild form of cancer, "Hey—you really don't have to do everything the doctor says. And you don't have to do everything precisely or specifically the way he tells you to do it. In fact, let me share with you my opinions about treatment because this is all I had to do to get well, and it's an easier, softer way than the way the doctors are telling you". I might even tell them: "And forget this holistic approach to recovery—I did not have to pray. I did not have to turn to God. That part if their recovery program is really not needed—I'm living proof of that. Just treat the physical aspect of the disease." My gosh. Simply by what I'm saying, simply by virtue of the words coming out of my mouth, I would be doing killing things on that ward, wouldn't I? And don't you think the people in charge would run my butt out of there in seconds? They would not sit by idly and let me spread information that will kill the people who are there seeking recovery.

The fact is that our hard drinkers (and some of our alcoholics suffering from untreated alcoholism) do all of that—they often use AA for social or self-serving purposes rather than for the purpose of working steps to "continued spiritual growth". Like us real alcoholics, they, too, were told in their old drinking days to "Get out!". Then they find AA (by some route) and we say, "Come back". Wow—that's new...that's neat. So they also use AA as a Lonely Hearts Club, or for \$1/hour therapy instead of \$150/hour therapy, or for a place "to vent—to share—to air their issues".



They can live without evidencing a spiritual experience (they do not have to—they are not real alcoholics) and they do not extend true compassion for the struggle to do what they were able to do in a much easier fashion. Their attitude: “Hey, it was easy for me—so the heck with you. But keep coming back, O sick alky. It’ll get better”. (So what is the sign to those judgmental, pompous asses when I get better? Do I become like them? Are they the model? The prototype? I’m starting to feel the need for a new Fourth Step just thinking about them!). Though we real alcoholics at first glance might look just like the hard drinkers, we are, in truth, very different. We must meet “requirements”—hard drinkers do not have to. We real alcoholics must do the work “precisely” and “specifically” and “Thoroughly”—hard drinkers do not have to. We must have a “psychic change”—they do not. We must undergo a “revolutionary change”—they do not have to. We are told that we have a “necessary element; namely, we are “required” to follow a “few simple rules”—they don’t have to. We are on a “life and death errand”—they aren’t. We must seek it “like a drowning man”—they do not have to. Thus comes the danger of being in a meeting with them: we hear from them the exact opposite of what we need to hear, the opposite of what our Book tells us. We hear statements and opinions that may be the truth for them but are fatal lies for us.

Who, therefore, needs to be wary of the hard drinkers, the “adulterers of AA?” Anyone who is a real alcoholic, for these wolves in sheep’s clothing are indeed the ones telling real alcoholics the lies, the myths, the fiction, the “middle-of-the-road-solutions” that we hear around the tables. And too often, we real alcoholics who (when sober) were withdrawn, were loners, were not comfortable speaking before crowds, find ourselves taking a back seat in AA to those more vocal, more self-assured, more authoritative hard drinkers who, though they may mean well, are really a danger to your chances at recovery and the very existence of our fellowship, too. If hard drinkers are not a part of the “common welfare”, carrying the common message—the “common solution”, then they have not met the requirements for AA membership. How long shall we sit by and forfeit ownership of our program through inaction? So if we need to be wary of them, how do we identify the hard drinkers? Actually, they can help us identify them, if we are observant. First, the hard drinker often presents himself as the “Model AA”. (In reality, he is, because a “model” is defined as “an imitation of the real thing”. He will say to the newcomer, “I feel your pain”, but he will not roll up his sleeves and offer the many hours of service called for to sit-one-on-one with that newcomer and take him through the Book page by page. He is the guy in his second decade of sobriety who recently scoffed at those of us who get up earlier that usual each day for prayer and meditation. He is the one who I heard say recently to a real alcoholic: “I’m sick of your relapsing, and I’m sick of hearing you say you need more help than you’re getting. I don’t even want to be around you”. He is the one who I heard say recently: “I have double-digit sobriety, I worked the steps once when I came in 17 years ago, and my sponsor had me take it slow and easy, working the steps when I was comfortable”. (The hard drinker can do that—we real alcoholics, on the other hand, will die if we wait until we get comfortable before taking action). The hard drinker is the one with advanced years in the fellowship who says he “chose not to drink this morning”. He may be telling the truth. We, on the other hand, don’t have that privilege. Additionally, he is the one who stays sober even as he contradicts the information in the Book. He says the Book is subject to “interpretation” (what he really means is “mis-interpretation”). He may be the one who has ordained himself the group’s elder statesman. He is the one who does not take

his proteges from the cover to page 164, explaining every sentence and doing everything that the Book says exactly as prescribed in the Book’s “precise, specific, clear-cut directions”. He is the one who said recently, “That is not the way I work my program”. (Interesting...since when did he create a program? Can his program guarantee fulfillment of promises to us real alcoholics as the program of AA can?) Note: if any who are making those statements above happen to be real alcoholics, they are suffering untreated alcoholism again and need to get back to working the steps so that God’s love can be seen through their service and through their comments. So if we hear those same comments from a real alcoholic, he is back to suffering from untreated alcoholism, from the spiritual malady, from allowing unmanageability to creep back into his life because he stopped working the steps in a circular fashion, as was intended originally. How, then, can we tell the two groups apart? Know that we need to, because if the real alcoholic is suffering from untreated alcoholism, we can help him. The hard drinker, on the other hand, can hurt us. We need to tell them apart. The alcoholic not working the steps will eventually separate himself from the hard drinker in several ways:

- a. he will meet the description of the untreated alcoholic in the middle paragraph of page 52;
- b. he will eventually go out and drink; or
- c. he will commit suicide, that event occurring at a rate among us that is 75 times higher than among the general population. Remember: the hard drinker is the one who can stay sober while contradicting (through thought, word and deed) the instructions presented in the Book.

Why do I think I know so much about them? Because their advice dang near killed me. I listened to them long enough that I got “comfortable” at 7-1/2 years. In truth, I was the most uncomfortable since coming in, because I let them convince me to let up on the work. I heard so many of them pontificating about how they were doing it in their double-digit years (without having to do the work continuously) that I fell for it. Heck, if they can do it that way, I can too. They appealed to my “softer-easier-way-mentality”. I no longer worried about those contingencies required for my daily reprieve. They helped reconstruct my ego (“We can do it on our own”) and I stopped looking at them honestly and failed to realize that I don’t want what they have, even if it is easier. I was at fault for I allowed them to influence me, and I DAMN NEAR DIED!!! Today, I know that because I am a real alcoholic, the continuous working of the steps is “vital” (that is, “necessary for life”)—not for them, but definitely for me. And since that is my experience, please let me share: please stay vigilant, for I have learned the hard way that the enemy who brings a false message is as cunning and baffling and powerful as the disease itself. So, if you are a real alcoholic, know the criteria; watch out for the overblown war stories they use to convince you they are one of us; look out for the statements that are truth for the hard drinkers but are lies for the real alcoholics. Know that we real alcoholics have no choice—we have no control and never will. Know that the only hope for us—continued work and spiritual growth—is not required for those vocal hard drinkers. Know that only by working the steps vigorously can we continue to have the renewed spiritual experience that we must have on a daily basis in order to remain sober and happy and joyous and free. And always beware the message coming from the mouth of the hard drinker (or any non-alcoholic in our groups), for he “disguises his face”. He is seated next to you, and though what he shares is really the truth as he sees it, he will unconsciously try to kill you when you’re least suspecting. That is my experience, so if you are a real alcoholic, I urge you to beware. If you are a real alcoholic, do it the way the Book says; do it the way the Book says; do it the way the Book says!

By: Floyd H

Editors Note: Opinions expressed are those of the author and not of the Mountain Doins or AA as a whole.





## February Birthdays

### Asheville Big Book Step Study

Chris L.	02/23/04	4 years
Suzane T.	02/15/07	1 year

### Asheville Grace Group

Mary B.	02/10/81	27 years
Jack D.	02/12/86	22 years
Susan D.	02/15/86	22 years
John W.	02/28/86	22 years
Meghan J.	02/26/88	20 years
Bill P.	02/17/89	19 years
Barbara B.	02/08/02	6 years
Carolyn D.	02/16/03	5 years
Seth C.	02/26/03	5 years
Chris W.	02/20/04	4 years
Margery K.	02/22/04	4 years
Patrick S.	02/12/05	3 years
Steve K.	02/28/05	3 years
Vanessa D.	02/03/07	1 year
Lu P.	02/10/07	1 year

### Back To Basics

Ralph M.		31 years
Dick M.		28 years
Jamie P.		20 years
Jeri S.		5 years

### Black Mountain Group

Kristy E.	02/15/05	3 years
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### Brevard-Sylvan Valley Group

Kathleen M.		26 years
Jimmy S.		16 years
David M.		14 years
Mary Beth C.		3 years
Ken P.		2 years
Billy VA.		1 year

### Conscious Contact

Marsha P.	02/14/87	21 years
Terry H.	02/09/88	20 years
Rowan	02/14/92	16 years
Kathie K.	02/12/94	14 year
Shean F.	02/07/99	9 years
Ed F.	02/03/02	6 years

### Happy Hour, Hendersonville

Maureen M..	02/14/69	39 years
Phil R..	02/12/86	22 years
Penny L.	02/22/94	14 years
Larry R.	02/09/04	4 years
Joanne A	02/16/06	2 years

### Hendersonville Group

Kraft S.		27 years
Bill G.		25 years
Phill		21 years
Mike T.		2 years
Greg W.		1 year

### Mid-Day Group, Hendersonville

Ruth B..	02/15/74	34 years
Phil R.	02/12/86	22 years
Tom K.	02/23/87	21 years
Janice P.	02/11/89	19 years
Art I.	02/15/92	16 years
Anne Y.	02/14/01	7 years
David H.	02/08/06	2 years
JoAnne A.	02/16/06	2 years
Jessica S.	02/24/06	2 years

### Spruce Pine Group

Charles R.	02/02/07	1 year
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### Serenity Service Group

Mike C.	02/02/86	22 years
Joanne W..	02/06/96	12 years
Nichole H.	02/13/98	10 years
Tobie M.	02/20/01	7 years
Patrick H.	02/11/07	1 year
Darryl C.	02/14/07	1 year
Rick A.	02/19/07	1 year

### Traditional Group

Ken H.	01/23/07	1 year
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### Upward Group, Flat Rock

Bobbie PR.	02/23/86	22 years
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## GROUP CONTRIBUTIONS 2007

	Dec	YTD
<b>District 70</b>		
Acceptance .....	50	1025
Asheville Big Book Step Study .....		136
Back to Basics .....		350
Black Mountain .....		87
Bone Dry .....		20
Burnsville .....		150
Came to Believe Women's .....		50
Candler KISS .....		425
Chunn's Cove Men's .....	100	510
Conscious Contact .....		1450
Cumberland .....		690
Daily Decisions .....		1225
Day by Day .....		683
Fellowship .....		217
Good Livers .....		545
Grace .....		1615
Lambda .....		19
Ledger Serenity .....		50
Leicester .....		50
Marion .....		128
Marshall .....		75
New Day .....		47
Pathfinders .....		30
Recovery by the River .....		187
Safe & Sound .....		100
Serenity Seekers .....		75
Serenity Service .....	300	557
Six O'Clock Open .....		580
Spruce Pine .....		201
Traditional .....		100
West Asheville .....	40	270
Women of Courage .....		250
Women of Grace .....		30
Young People's .....	92	454
<b>Subtotal District 70 .....</b>	<b>582</b>	<b>12131</b>

<b>District 71</b>		
Big Town .....		66
Blue Ridge .....		140
Brevard Serenity .....		150
Columbus .....		55
Early Birds .....		345
Edneyville .....		128
But for the The Grace of God .....		24
Hendersonville .....	20	240

<b>District 71 (cont.)</b>		
Henderson Happy Hour .....		481
Joy of Living .....		220
Kanuga .....	22	247
Mid-Day .....		648
Mill Spring .....		85
Round Table .....		144
Speed Bump .....		200
Sylvan Valley .....	200	700
Thursday Afternoon Ladies .....		207
Tryon Thursday Closed .....		200
Tryon Tuesday .....		14
Upward .....		60

**Subtotal District 71 ..... 242    3616**

<b>District 80</b>		
Andrews .....		31
AWOL .....	25	281
Bethel Up the River .....		210
Bryson City .....		75
Cashiers Valley .....		418
Common Sense .....		296
Cullowhee Valley .....		50
Hayesville .....		113
Hayesville Lunch Bunch .....	50	125
Locked in Forward .....		354
Men's Attitude Adjustment .....		25
Mission .....		75
Mountainside .....		35
Mountain View .....	200	760
Murphy Big Book .....		95
No Name .....	50	350
Practicing Principles .....		221
Recovery by the River .....		187
Serenity .....		75
Sunshine .....		30
Sylva .....		141
Waynesville Grace .....	900	1460

**Subtotal District 80 ..... 1225    4998**

**Total Contributions ..... 2049    22145**

Would you like a subscription to *Mountain Doin's*? Just fill in the form below and mail to the address below.

### **Mountain Doin's Order Form**

**Mountain Doin's Annual Subscriptions: \*\*\*PLEASE NOTE NEW RATES (due to Postal rate increase)**

**Groups:**

2 copies monthly	No charge	
	<i>Pick up from Central Office</i>	<i>Deliver by mail</i>
5 additional copies	\$10.00 per year	\$22.00 per year
10 additional copies	\$20.00 per year	\$37.50 per year
15 additional copies	\$25.00 per year	\$48.00 per year
20 additional copies	\$30.00 per year	\$65.00 per year

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