

SEPTEMBER 2007



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80)
206 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801
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The Steering Committee of the Central Office regrets that Herb C., Manager of the Central Office, has tendered his resignation effective September 15, 2007. We thank Herb for a job well done and wish him well in the future.

Wednesday, SEPTEMBER 5, 2007

District 70 Treatment Committee Mtg.

Trinity Episcopal Church, Tuton Hall Church St., Asheville

(use back entrance)

1st Wednesday of every month

6:00 PM

Contact Eleanor D. (828) 403-2887

Sunday, SEPTEMBER 9, 2007

District 70 Business Meeting

St. Luke's Church

219 Chunns Cove Rd., Asheville

All District 70 GSRs

Please plan to attend

2:30 pm

Sunday, SEPTEMBER 9, 2007

Central Office Representatives Mtg.

Serenity Service

697-G Haywood Road, Asheville

All COR's please plan to attend

2:00 pm

Tuesday, SEPTEMBER 18, 2007

District 71 CPC/PI Committee Mtg.

Golden Corral, Hwy 64 (across from Wal Mart), Hendersonville

5:30 pm

Sunday, SEPTEMBER 23, 2007

District 80 Eating Meeting

First Presbyterian Church, Sylva

Exit 83 off Hwy 74, 1/2 mile on left.

2:00 pm Eating

3:00 pm Speaker

Saturday, OCTOBER 13, 2007

District 71 Business Meeting & Elections

Temple Baptist Church, Brevard

US 64W, left at 276S, left at Ecusta

Rd.(Lowe's), right on Morris Rd. church on left

2:00 pm

Saturday, OCTOBER 13, 2007

District 71 Unity Day

Temple Baptist Church, Brevard

Directions above

1:00 pm Fellowship & games

3:30 pm Unity Presentation

4:00 pm Traditions Play

5:00 pm Speaker

6:00 pm Pot Luck

Sunday, OCTOBER 21, 2007

District 80 Business Meeting

Cherokee Methodist Church

Soco Road, Highway 19

Cherokee, NC 1:30 pm

Calendar





Treasurer's Report

NEW MEETINGS and CHANGES

N.C Mountain Central Office, Inc. Cash Flow Statement for

7/17/07 through 8/16/07

BEGINING BANK BALANCE 7/16/07 1,585.00

INCOME

Total group contributions	2,370.00
Individual contributions	25.00
Cash on hand	35.00
Bank interest	0
Gross Sales	3147.00
Return postage	N/A
Other income	0
TOTAL	5,577.00

EXPENSES

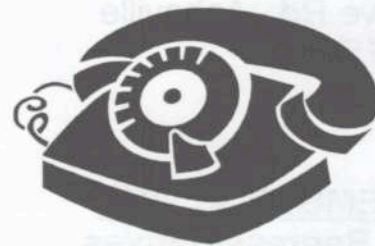
Rent	400.00
Payroll	810.00
Payroll tax	30.00
Telephone: Bell South	832.00
Telephone: MCI/Verizon	90.00
Answering service	214.00
Printing: <i>Where & When</i>	N/A
Printing: <i>Mountain Doin's</i>	N/A
Sales tax	115.00
Literature, chips and medallions	3,238.00
Postage	N/A
Postage: <i>Mountain Doin's</i>	N/A
Bank service charge	0
Office supplies	100.00
Maintenance for copier	0
Miscellaneous expenses	50.00
TOTAL	5,879.00

ENDING BALANCE 8/16/07 1283.00

The Pisgah Group started a new Open Speaker meeting on 8/30/07. It will be **Thursdays at 8:00 PM** at the First Presbyterian Church, 40 Church St. (corner of Church & Aston), Asheville.

IMPORTANT NUMBERS

Neil Dobbins Detox Center, Asheville	(828) 253-6306
Asheville VA Medical Center, Asheville	(282) 298-7911
Memorial Mission Hospital, Asheville	(828) 213-1111
Pardee Hospital, Hendersonville	(828) 696-8501
The Balsam Center, Waynesville	(828) 454-1098
24 hour hot line	(828) 849-6127



Phone Log July, 2007

Teleservice

Answering Service Calls

A.A. Crisis.....	34
General Information.....	41
Family Help.....	16
Meeting Information.....	166
Central Office Business.....	84
Medical Help/Detox, Hosp, etc.....	9
Misc. Calls.....	33



District 70's 1st Annual Unity Day

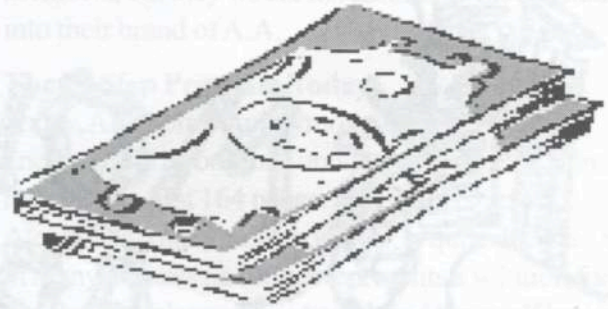
District 70's Annual Unity Day, held on August 4th, was a great success. Approximately 58 people attended. The workshops were great! The first workshop was "How to Chair a Meeting", chaired by Jim B. from District 80. He explained how to handle difficult situations that come while chairing a meeting. The second workshop was "The Home Group". Becky, our area secretary and past DCM, chaired. She read out of *The Home Group*, published by the Grapevine. The last workshop, chaired by Herb, our Central Office Manager, was "Singleness of Purpose". Herb did a lot of research on the topic and provided handouts. Thanks to the three of them for helping make our 1st Annual Unity Day a success. I know I sure learned a lot.

A special thanks to all the groups that donated books. I'm sure a lot of people's sobriety will be enhanced by reading those books or by giving them to someone who doesn't have one.

The Traditions Play was very funny and educational. The actors and actresses deserve a standing ovation. They really put a lot of effort into it. It was very funny, but it got the point across.

Last, but not least, thanks to the committee chair people for all their hard work: Wayne P. & Danny L. for set-up and clean-up, Ruthie C., Bill C., & Dale L. for supplies & kitchen, Bill T. for registration, Michele P. & Karen F. for coffee, Walter T. for Traditions play.

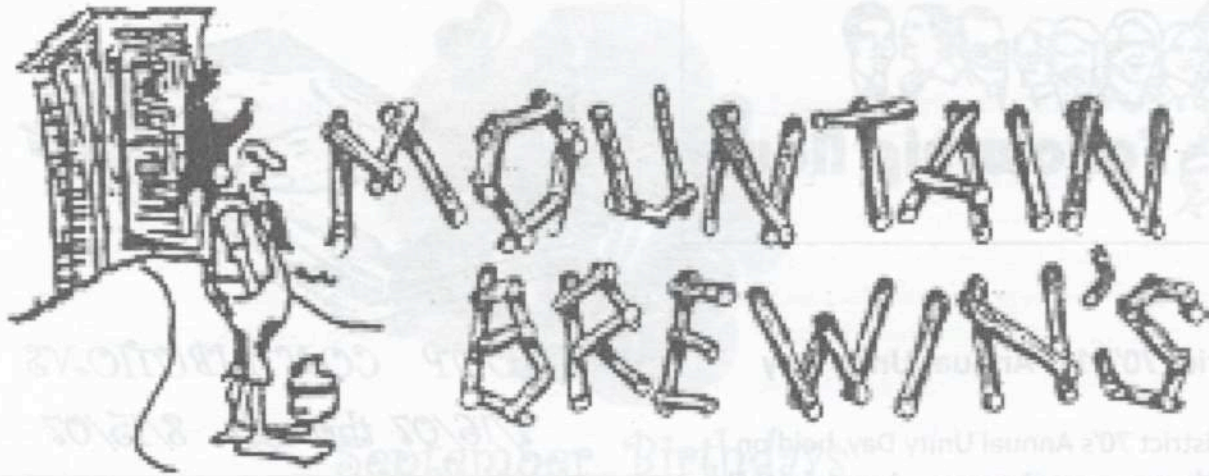
Love in Service,
Brenda W.
Alt. DCM, Dist. 70



GROUP CONTRIBUTIONS

7/16/07 through 8/15/07

Acceptance Group	\$125.00
AWOL	\$100.00
Big Town Group	\$17.00
Burnsville Group	\$50.00
Cashiers Valley Group	\$43.16
Chunn's Cove Men's Group	\$200.00
Edneyville Group	\$60.00
Grace Group of Asheville	\$340.00
Happy Hour Group	\$160.00
Hendersonville Group	\$60.00
Joy of Living	\$50.00
Kanuga Group	\$22.50
Midday Group	\$80.00
Mountain View Group	\$200.00
New Day Group	\$20.00
No Name Group	\$300.00
Serenity Service	\$40.00
Spruce Pine Group	\$50.00
St. Timothy Speed Bump	\$50.00
Sylvan Valley Group	\$200.00
Tryon Tuesday Group	\$200.00
Individuals	\$25.00



Fellowship of the Spirit

In the beginning, that is, in 1939, there were two Alcoholics Anonymous. Alcoholics Anonymous the book, and Alcoholics Anonymous the fellowship of the original 100 members. There was no difference in the approach to sobriety between them.

Shortly after the publication of the volume, Alcoholics Anonymous (1939), a.k.a. "The Big Book", a third fellowship develops in Cleveland, Ohio (1940). This new fellowship is the first to use the Big Book as a part of their regular practice. A.A. pioneer, Clarence H. Snyder who was taken through the steps by Dr. Bob, modeled a style of one-on-one sponsorship in which a member of the fellowship experienced in the Twelve Step program would take a newcomer, under his wing, help him adjust to sobriety, and coach him through the Twelve Steps. The sponsor and newcomer would meet and work their way through the Big Book together, page by page.

Cleveland sponsors emphasized the Oxford Group's Four Absolutes (Honesty, Purity, Unselfishness, Love) and the importance of working with other alcoholics. Due to a sudden swell in membership, newcomers were often put to work taking other newcomers (both one-on-one and beginners classes) through the book before they have even finished the Steps themselves. Due to the same swell in membership, Cleveland's Big Book style sponsorship quickly becomes the most common form of AA.

Bill Wilson was constantly amazed at the growth and apparent success that Cleveland was having in sobering up alcoholics. He visited there every time that he went to Ohio. Bill later wrote in A.A. Comes of Age:



Clarence H. Snyder, Founder, Cleveland Group 1939

"Yes, Cleveland's results were of the best. Their results were in fact so good, and A.A.'s membership elsewhere was so small, that many a Clevelander really thought A.A.'s membership had started there in the first place. The Cleveland pioneers had proved three essential things: the value of personal sponsorship; the worth of the A.A.'s Big Book in indoctrinating newcomers, and finally the tremendous fact that A.A., when the word really got around, could now soundly grow to great size."

Clarence believed the difference between New York and Mid-West A.A. was the approach to sobriety. In Ohio the approach was, "Trust God, Clean House,

and Help Others.” Clarence felt that the approach in New York was, “*Don’t Drink and Go To Meetings*”.

Emphasis on spirituality was what had made Ohio A.A. so successful, according to Clarence. He noticed that New York A.A. had but a few members who were maintaining any sort of abstinence from alcohol, and that most Ohio members had achieved what was to become permanent sobriety and had numerous, strong A.A. meetings in evidence.

Moreover, Clarence thought that if the primary purpose of A.A. were only to stop drinking and, in order to maintain that abstinence, only go to meetings, A.A. was doomed to failure.

Clarence remembered Dr. Bob once saying:

“There is an easy way and a hard way to recovery from alcoholism. The hard way is by just going to meetings.”

Clarence stated that nowhere in the Steps of A.A. does it say one has to stop drinking. He was speaking of the A.A. statement that the only REQUIREMENT for membership is “a desire to stop drinking.”

If an A.A. member puts the steps into their lives, beginning with the first three steps, they have admitted that they are powerless over alcohol, they could not manage their own lives, and that they had made a decision to turn their lives and their will over to the care of God. They were no longer in charge. A Power Greater than themselves had been asked to take over.

If an A.A. member is constantly, on a daily basis, fighting taking a drink, (i.e. Just for today I will not take a drink.) there is no one in charge but the A.A. member. There is no power greater than oneself. The A.A. book states:

And we have ceased fighting anything or anyone - even alcohol. pg. 84 A.A. 4th edition

Mid-West A.A. puts the reliance on God, a Higher Power, and not the A.A. meetings or other A.A. members. New York places reliance on a human power. The A.A. book clearly states:

That probably no human power could have relieved our alcoholism. pg. 60 A.A. 4th edition

Bill Wilson made numerous trips to Ohio to try and find out what they had that worked so well. He spoke with Clarence and with Dr. Bob and attended meetings. He tried to bring back the program of recovery as it was in Ohio to the New York

members, but they would not assimilate the spirituality into their brand of A.A.

The 12 Step Program Today

Today, Alcoholics Anonymous, the Big Book is unchanged. The original, undiluted solution remains intact in the first 164 pages. The fellowship of Alcoholics Anonymous however, is quite different and in many cases no longer represents a solution for the chronic relapser who has placed himself beyond human aid.

There is a wide assortment of Twelve Step guides and recovery literature available. Big Book sponsors claim a place of priority for Alcoholics Anonymous and often reject other works, including AA approved literature, as inadequate deviations from the original. Big Book sponsors also tend to place greater emphasis upon the spiritual aspects of the AA program. In meetings hosted by a network of Big Book sponsors, one is likely to hear a great deal about God and how God has transformed the lives of those who have worked the Twelve Steps as they are laid out in the Big Book.

***“Inheritors of the Big Book sponsorship tradition find themselves a minority perspective within the rapidly growing recovery culture. Generally, Big Book sponsors are unhappy with the prevailing presentation of the Twelve Steps. Some see the recovery culture as: proliferating victim groups, a sort of endless Oprah Winfrey show that claims the A.A. Twelve Step method as its inspiration, but in which the real meaning of the Twelfth Step is lost amid an incessant whine about the injured self.”*

***Quoted in “A.A. at the Crossroads,” by Andrew Delbanco and Thomas Delbanco. The New Yorker, March 20, 1995, p. 51.*

(This article will be continued next month)





September Birthdays

ASHEVILLE GRACE GROUP

Jon B.	09/01/03	4 years
Don B.	09/02/90	17 years
Marsha L.	09/09/06	1 year
Katie P.	09/15/06	1 year
Dave M.	09/17/96	11 years
John M.	09/18/02	5 years
Audrey Y.	09/21/02	5 years
Steve L.	09/24/88	19 years
Bill E.	09/30/94	13 years
David C.	09/30/05	2 years

BACK TO BASICS

Jeff G.		18 years
Tadd C.		20 years
Cate M.		25 years

CONSCIOUS CONTACT

Bruce G.	09/01/99	8 years
Eric C.	09/02/96	11 years
Mark W.	09/15/06	1 year
Susie B.	09/18/96	11 years
Janice N.	09/24/75	32 years
Nelson P.	09/30/97	10 years

FELLOWSHIP GROUP

Mary C.	09/03/87	20 years
Dennis C.	09/15/04	3 years
Gerd S.	09/15/79	28 years
Becky H.	09/21/94	13 years
Michelle P.	09/24/91	16 years
George D.	09/30/89	18 years

GOOD LIVERS'

Randi B.	09/08/90	10 years
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HAPPY HOUR, HENDERSONVILLE

Kevin M.	09/01/99	8 years
Randall D.	09/11/04	3 years
Persis C.	09/17/05	2 years
Kathryn E.	09/18/05	2 years
Paul E.	09/27/04	3 years
Frank B.	09/27/89	18 years
Julie S.	09/30/06	1 year

MID-DAY GROUP, HENDERSONVILLE

Thomas H.	09/11/04	3 years
Cherie K.	09/11/06	1 year
Anne M.	09/14/79	28 years
Peki C.	09/16/05	2 years
Paul E.	09/27/04	3 years

PATHFINDERS GROUP

Ruthie C.	09/14/91	16 years
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TRADITIONAL GROUP

Rickie T.	09/01/05	2 years
John E.	09/07/99	8 years
Dean C.	09/11/03	4 years
Janis B.	09/16/02	5 years
Mary M.	09/16/04	3 years
LeeAnne G.	09/28/02	5 years
Tracy B.	09/30/01	6 years

WEAVERVILLE BACK TO BASICS

Bob V.		27 years
Peter S.		30 years
Vivian G.		28 years

HELP US HELP YOU

The N.C. Mountain Central Office needs your financial support Now. Please consider all the many services being provided to you and what your group or you as an individual can do to support your Central Office.

- Perhaps you've ordered literature or medallions and have an outstanding bill at Central Office ? We need for groups and individuals to pay for these goods so that we can maintain a positive cash flow.
- Many individuals send a dollar per year of sobriety as a way of supporting their local Central Office.
- Look in the white pages of your local phone book and chances are you'll find a listing for Alcoholics Anonymous. This listing is paid for by your generous support of Central Office.
- If a newcomer has found your local meeting, chances are they got the meeting information from Central Office's new and improved automated phone service or from the current Where & When. The phone service, postage and office equipment is paid for by your generous support.
- If you're visiting downtown Asheville, drop in and see your new office and enjoy a cup of coffee with Herb and meet the volunteers who might be there helping.

These are just some of the ways that Central Office supports you and your group so that when someone reaches out for help the hand of AA will always be there. Your generous contributions continue to makethis possible.

Please mark as contribution and make checks payable to:

N.C. Mountain Central Office
206 Park Place Offices
70 Woodfin Place
Asheville, NC 28801

A.A.'s Legacy of Service by Bill W.

Our Twelfth Step-carrying the message- is the basic service that the A.A. Fellowship gives; this is our principal aim and the main reason for our existence. Therefore, A.A. is more that a set of principals; it is a society of alcoholics in action. We must carry the message, else we ourselves can wither and those who haven't been given the truth may die.

Hence, an A.A. service is anything whatever that helps us to reach a fellow sufferer-ranging all the way from the Twelfth Step itself to a ten-cent phone call and a cup of coffee, and to A.A.'s General Service Office for national and international action. The sum total of all these services is our Third Legacy of Service.

Services include meeting plaaces, hospital cooperation, and intergroup offices; they mean pamphlets, books, trustees, and conferences. And, not to be forgotten, they need voluntary money con;tributions from within the Fellowship.

Bill wrote these words in 1951, therefore, his words reflect that time period in their details.

Help Wanted

The Central Office is accepting applications for the paid position of **Office Manager**. Applicant must have some office experience and computer knowlege. **Applications will be accepted until September 15.**

The Central Office is seeking a volunteer for the position of **Communications Director**. This position entails upkeep of databases, Where & When, and 800 Hotline 12 Step Volunteer coordination.

The Central Office is seeking a volunteer for the position of **Secretary**. Attendance at Board Meetings and Quarterly COR meetings is required.

The Central Office is seeking a volunteer for **Treasurer**. Knowledge of Quick Books is required and basic accounting skills.

The Central Office is seeking a volunteer to coordinate office volunteers.

This is a great way to get involved and do the service that is so vital to our sobriety.

Call 254-0454 or e-mail Central Office if interested.

Would you like a subscription to *Mountain Doin's*? Just fill in the form below and mail to the address below.

Mountain Doin's Order Form

Mountain Doin's Annual Subscriptions: *PLEASE NOTE NEW RATES (due to Postal rate increase)**

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2 copies monthly	No charge	
	<i>Pick up from Central Office</i>	<i>Deliver by mail</i>
5 additional copies	\$10.00 per year	\$22.00 per year
10 additional copies	\$20.00 per year	\$37.50 per year
15 additional copies	\$25.00 per year	\$48.00 per year
20 additional copies	\$30.00 per year	\$65.00 per year

Individual Members:

Single copy monthly \$6.50 per year

Please circle which of the above you wish to receive and make out check or money order accordingly. Subscription rates are subject to change, depending upon USPS rates.

Clip and mail with check or money order to:

N.C. Mountain Central Office
206 Park Place Offices
70 Woodfin Place
Asheville, NC 28801

Group or Individual Name _____

Street/P.O. Box No. _____

Town and Zip Code _____

North Carolina Mountain Central Office
206 Park Place offices
70 Woodfin Place
Asheville, NC 28801

Address correction requested
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Place
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