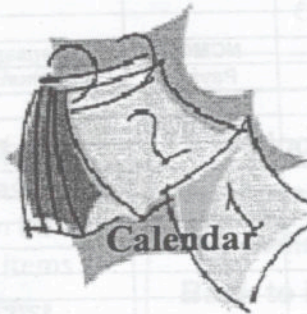


AUGUST 2007



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Phone: 254-8539 or 1-800-524-0465 Email: ncmco@bellsouth.net



Wednesday, AUGUST 1, 2007

District 70

Treatment Committee Mtg.

Trinity Episcopal Church, Tuton Hall
Church St., Asheville
(use back entrance)

1st Wednesday of every month

6:00 PM

Contact Eleanor D. (828) 403-2887

Sunday, AUGUST 12, 2007

District 70 Eating Meeting

St. Luke's Church

219 Chunn's Cove Rd., Asheville

4 PM Cookout -Bring a dish

5 PM Speaker

*Hosted by Acceptance and BBSS
Groups*

Saturday, AUGUST 4, 2007

District 70 Unity Day

United Methodist Church (Abernathy Hall)

1418 Patton Ave., Asheville

AM Workshops and a Traditions Skit

9:30 AM to 3 PM

Sunday, SEPTEMBER 9, 2007

Central Office Representatives Mtg.

Serenity Service

697-G Haywood Road

Asheville, NC

All COR's please plan to attend

2:00 pm

Sunday, AUGUST 12, 2007

District 70 Business Meeting

St. Luke's Church

219 Chunn's Cove Rd., Asheville

All District 70 GSRs

Please plan to attend

2:30 pm

Sunday, OCTOBER 21, 2007

District 80 Business Meeting

Cherokee Methodist Church

Soco Road, Highway 19

Cherokee, NC



Treasurer's Report

N.C Mountain Central Office, Inc. Financial Report for
6/16/07 through 7/17/07

				NCMCO	Operating	Account	Balance	
06/12/2007							\$2,498.95	
Date	Income Deposited	Item	Rent	NCMCO Payroll	Expenses Commun.	Paid Out Books, etc.	Total Exp.	
6/16		Adm. Asst.		\$80.00			\$80.00	\$2,418.95
6/16		AT&T Ph./ Internet			\$719.53		\$719.53	\$1,699.42
6/19	\$761.18							\$2,460.60
6/20		NC Sales Tax June				\$182.06	\$182.06	\$2,278.54
6/20		Grapevine				\$146.00	\$146.00	\$2,132.54
6/20		AA World Serv.				\$448.96	\$448.96	\$1,683.58
6/20		Metrolina				\$933.83	\$933.83	\$749.75
6/20		MCI 800 #			\$271.59		\$271.59	\$478.16
6/20		Rent	\$35.00				\$35.00	\$443.16
6/20		Daniels Answering			\$251.07		\$251.07	\$192.09
6/25	\$619.40							\$811.49
6/26	\$412.50							\$1,223.99
6/29	\$413.36							\$1,637.35
7/3	\$1,096.19	Office Mgr./mo.		\$600.00			\$600.00	\$2,133.54
7/3	\$1,409.34	Rent	\$400.00				\$400.00	\$3,142.88
7/3		MCI (dup. Paymt.)			\$379.42		\$379.42	\$2,763.46
7/7		Metrolina				\$914.52	\$914.52	\$1,848.94
7/7		Adm. Asst.		\$287.50			\$287.50	\$1,561.44
7/11	\$406.15							\$1,967.59
7/13		Grapevine				\$109.30	\$109.30	\$1,858.29
7/15		NC Sales Tax July				\$272.98	\$272.98	\$1,585.31
7/16	\$951.11							\$2,536.42
7/17	\$479.40							\$3,015.82
	\$6,548.63	Totals / period	\$435.00	\$967.50	\$1,621.61	\$3,007.65	\$6,031.76	\$3,015.82



NEW MEETINGS and CHANGES

The Murphy No Place Like Home Group that meets on Saturday at Noon, has moved from the Murphy Presbyterian Church to the 409 building on the same street (Valley River Ave.).

Phone Log June, 2007 Teleservice

Answering Service Calls

- A.A. Crisis.....29
- General Information.....48
- Family Help.....18
- Meeting Information.....103
- Central Office Business.....97
- Medical Help/Detox, Hosp, etc.....12
- Misc. Calls.....21

EMOTIONAL MATURITY

The mature person has developed attitudes in relation to himself and his environment which have lifted him above "childishness" in thought and behavior.

**My Mind Is My Garden
My Thoughts Are My Seeds.
I Will Harvest
Either Flowers or Weeds.**

1. He accepts criticism gratefully, being honestly glad for an opportunity to improve.

2. He does not indulge in selfpity. He has begun to feel the laws of compensation operating in all life.

3. He does not expect special consideration from anyone.

4. He controls his temper.

5. He meets emergencies with poise.

6. His feelings are not easily hurt.

7. He accepts the responsibility of his own acts without trying to "alibi".

8. He has outgrown the "all or nothing" stage. He recognizes that no person or situation is wholly good or wholly bad, and he begins to appreciate the Golden Mean.

9. He is not impatient at reasonable delays. He has learned that he is not the arbiter of the universe and that he must often adjust himself to other people and their convenience.

10. He is a good loser. He can endure defeat and disappointment without whining or complaining.

11. He does not worry unduly about things he cannot help. He is not given to boasting or "showing off" in socially unacceptable ways.

12. He is honestly glad when others enjoy success or good fortune. He has outgrown envy and jealousy.

13. He is open-minded enough to listen thoughtfully to the opinions of others.

14. He is not a chronic "fault finder".

15. He plans things in advance rather than trusting to the Inspiration of the moment.

Last of all, we think in terms of spiritual maturity.

1. He has faith in a Power greater than himself.

2. He feels himself an organic part of mankind as a whole, contributing his part to each group of which he is a member.

3. He obeys the spiritual essence of the Golden Rule: "Thou shall love thy neighbor as thyself."

5¢

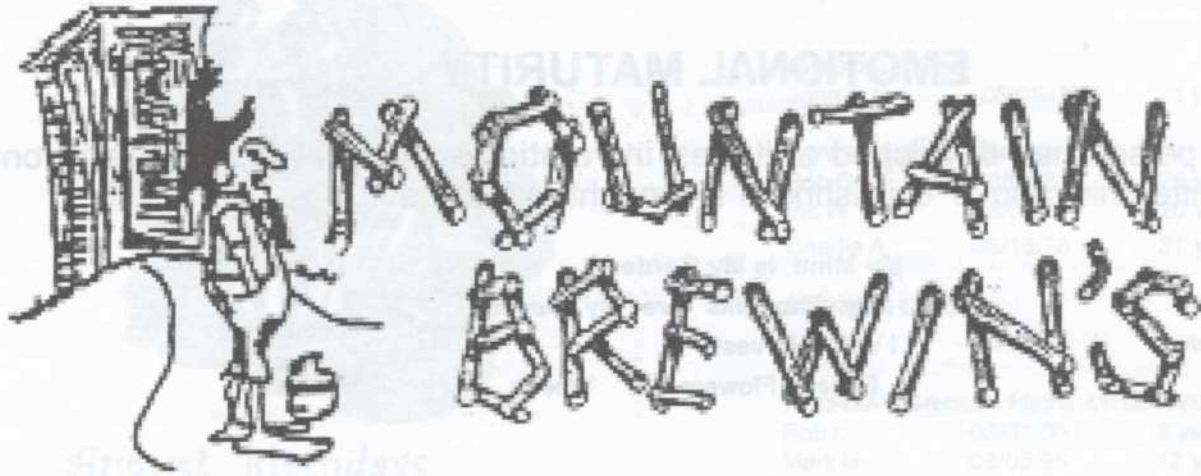
ALCOHOLICS ANONYMOUS

MEZZANINE#6

CLEVELAND, OHIO 44113

ONE PUBLIC SQUARE

PHONE: 241-7387



The Only Requirement for Membership

Review of the current scene in AA reveals an almost infinite variety of meetings and groups. These meetings and groups run the gamut from arch-conservative fundamental groups that feature back to basics, the Big Book and traditions all the way to new wave recovery groups. This wide range of styles of meetings and groups may be partially attributable to the proliferation of programs using the twelve steps, the development of treatment programs all over the country and the inclusion of many human disorders under the heading of addiction. This melting pot approach to treating addiction has led to the widely held belief that a drug is a drug, is a drug, is a drug, and to the coining of terms to label the modified beliefs regarding alcoholism and drug addiction; etc. I refer to terms such as chemical dependency, cross addiction, co-dependency, substance abuse and on and on.

The impact of this explosion of meetings, groups and look-a-likes has resulted in many gatherings that bear little, if any, resemblance to AA meetings. People who venture into these settings are often unable to identify what they have experienced or to identify their problem. All too often they leave the meeting or group more confused than when they entered.

One of the unfortunate results of this erratic development of programs has been an increased superficiality in the AA program. There has also been an increasingly greater focus on discussing the problem versus the solution. It is common now to hear members in their first year or two years of sobriety refer to their counselor interchangeably with, or even instead, of their sponsor.

Many members claim affiliation with several recovery fellowships and emphasize a heavy self-focused kind of recovery, this leads to thinking in terms of "me and my program" rather than a sense of involvement in a

movement or recognition of the common welfare so vital to group and individual survival. Many groups and meetings have literature displays that are a mish mash of materials. A diligent search is required to find material that actually presents the program of recovery.

In developing this trend toward a more erratic program style, we have observed a marked diminution of the service ethic, a decrease in awareness of how alcoholics need other alcoholics that are new to the program with whom to work. We see much more emphasis and reliance on meetings as opposed to groups and a marked decrease in intensive work with each other on an individual basis. As treatment programs and a seemingly infinite variety of other types of public and private facilities for treating addiction have emerged large numbers of recovered people have become employed in the field. There is certainly nothing wrong with a recovered person working in the field and marketing marketable skills. However, one of the things we have seen in keeping with the lessening spirit of service in the program, has been the idea of selling the message as opposed to giving it away.

The preceding paragraphs reveal a number of legitimately troublesome issues about where we are as a fellowship. However, all is not gloom and doom. There seems to be reason for cautious optimism. There is a growing insistence on using the Big Book throughout the program. Big Book groups have sprung up around the country. Big Book seminars, studies, workshops, etc have contributed greatly. I would note, however, many personally have concerns about the "educational" approach so prevalent at this time. Our program is fundamentally based on experiential learning. What happens in the heart of an alcoholic is far more important than what happens in the mind.

It seems clear that what is needed is not new gimmicks, bells and whistles in the recovery program of AA. Quite the contrary, a return to basics is our route to a solid future. An effective program for flame generations hinges on the outcome of our endeavors.

In the spirit of the ideas expressed above, an AA group should be just that and nothing more. Members of the group must have a desire to stop drinking. The same principle applies to NA. On the face of it, this posture may appear rigid or unduly restrictive. We do not believe that is the case. Let's examine the issue of tradition three. "The only requirement for membership is a desire to stop drinking."

AA history reveals periods of time when there was much uncertainty and fear regarding people who might come to the program. There was concern about people coming who were different, i.e., addicts, homosexuals, ex-convicts, etc. Reacting to the specter of this "different" bunch invading our meetings groups all around began to establish various requirements for membership. In preparation for developing a position on membership, groups shared their local requirements with the national headquarters. Amazingly and almost humorously, it was found that if all requirements were in effect at once in the fellowship, literally no one could qualify for membership. Thus, the third tradition was the final expression of the collective wisdom and spiritual purpose. "The only requirement for membership is a desire to stop drinking."

AA is the easiest fellowship in the world to join. I am a member when I say I am a member and no one can dispute that. I remain a member until I quit or take a drink and automatically quit. There are no rules for membership, no initiation, no screening, no interview, no questions, no dues, no fees. No member can deny membership to another. "The only requirement for membership is a desire to stop drinking."

Very importantly, a desire to stop drinking is a requirement for one to be a member. This is certainly true in the sense of being a part of the program and in getting something from it. If there is no desire to stop drinking why bother. The stories aren't all that "good". The coffee quality is erratic at best and the discussions very dull, pointless and irrelevant if there is no desire to stop drinking. Under those conditions the program simply has nothing to do with me, or nothing to offer me.

In AA there are closed meetings and open meetings. Closed meetings are for members or those who have a desire to stop drinking. Casual visitors who do not have such a desire are not welcomed in closed meetings. This is the arena where "drunks talk to drunks." Open meetings are exactly what the name

implies. These are meetings that are open to anyone. Generally, these are speaker type meetings, panel meetings, or occasionally discussion meetings.

Attendance is usually members, friends and families. It is not unusual to see others in attendance. Such as students, clergy, physicians, judges, criminal justice officials, health and social service workers and others who are interested in learning about the program to improve their effectiveness with clients who have drinking problems. Anyone may attend open meetings of AA.

In correctional facilities there are frequent violations of the principles described above. It is not uncommon to see groups with people who claim membership who are alcoholic, addicts, family or friend of, have some other disorder, or none. In some cases AA and NA meetings are merged to become a combined group.

There are some who say that tolerance for this kind of deviation must be given in correctional facilities because it is different. "Our case is different." You hear things like "its the only thing available, if we don't work with them who will, there really is no difference you know. The traditions can't be applied in this situation and on and on and on."

It is our belief that the traditions can be followed by any group meeting in correctional facilities without exception. It is further our belief, that there is no more vital place for the traditions to be followed.

It seems to me that the program of recovery works, when it is lovingly and honestly presented and when members have an opportunity to responsibly engage in active work in the program. Recovery Happens! Our rewards and blessings in recovery have been many. None have exceeded what has come from the deep sense of gratification that has come our way through working with thousands and thousands of men and women.

Tom I.
Big Book Group
Southern Pines, N.C.





August Birthdays

ACCEPTANCE GROUP

Marian B.	08/01/05	2 years
Eddie F.	08/08/06	1 year
Jacob S.	08/25/05	2 years
Jeannie	08/28/85	22 years

ANDREWS GROUP

Croft D.	08/12/91	16 years
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ASHEVILLE BIG BOOK STEP STUDY

Jan F.	08/05/84	23 years
Harry S.	08/06/84	23 years
Lee W.	08/17/91	16 years
Mary T.	08/21/87	20 years
Luke L.	08/28/04	3 years

ASHEVILLE GRACE GROUP

Bobby E..	08/02/98	9 years
Tom W.	08/05/80	27 years
Sue T.	08/06/03	4 years
Lynda Mc	08/06/85	22 years
Robert S.	08/10/91	16 years
Ed H.	08/12/04	3 years
Laura C.	08/15/05	2 years
Brent R.	08/25/00	7 years
Elizabeth H.	08/25/06	1 year

BLACK MOUNTAIN

Mitch	08/25/06	1 year
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CONSCIOUS CONTACT

Jason I.	08/04/06	1 year
Sue D.	08/06/90	17 years
Wayne F.	08/11/84	23 years
Jane A.	08/16/84	23 years
Rita V.	08/17/92	15 years
Ziggy S.	08/21/02	5 years

FELLOWSHIP GROUP

Dick S.	08/01/06	1 year
Heidi K.	08/02/00	7 years
Wayne A.	08/08/80	27 years
Susan W.	08/24/00	7 years
David T.	08/31/06	1 year

GOOD LIVERS

John B.	08/08/06	1 year
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JOY OF LIVING GROUP

Bob G.	08/01/81	26 years
Iris W.	08/05/87	20 years
Charlie A.	08/15/76	31 years

MARION GROUP

Travis	08/10/05	2 years
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MID-DAY GROUP, HENDERSONVILLE

Bob I.	08/01/05	2 years
Mark M.	08/05/95	12 years
Eric J.	08/10/03	4 years
Bill J.	08/19/79	28 years
Charlene O.	08/20/84	23 years
Bob P.	08/21/05	2 years
Ed L.	08/31/89	18 years

SERENITY SERVICE

David R.	30 years
Keith	2 years
Mark	21 years

TRADITIONAL GROUP

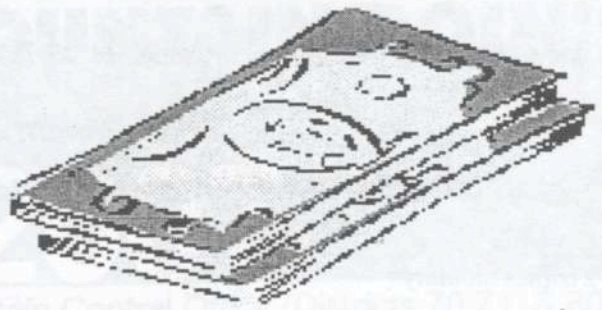
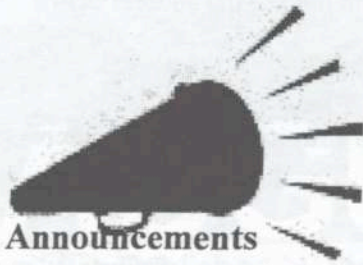
Mickey B.	07/01/04	3 years
Mitch F.	07/02/01	6 years
Mary McQ.	07/04/06	1 year
Kevin M.	07/13/06	1 year
Tony P.	07/15/87	20 years
Robert L.	07/21/06	1 year
TJ B.	07/23/02	5 years
Garrick McC.	07/25/02	5 years
Monica M.	07/26/99	8 years
Stanley H.	07/27/00	7 years
Sharon B.	07/30/02	5 years
Jerry W.	07/31/02	5 years
Donnie "Lee" R.	08/01/05	2 years
Timothy F.	08/08/02	5 years
Richard T.	08/07/84	23 years
Herb C.	08/11/83	24 years
Susan D.	08/15/00	7 years
Billy H.	08/14/87	20 years
Wayne B.	08/16/05	2 years
Ken W.	08/17/04	3 years
Travis B.	08/18/05	2 years
Wayne C	08/20/02	5 years
Sean B.	08/28/00	7 years
Larry B	08/28/01	6 years

TRYON TUESDAY

Ray J.	08/15/91	16 years
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WEAVERVILLE BACK TO BASICS

Pete M.	24 years
Diane M.	14 years
Ray C.	2 years



GROUP CONTRIBUTIONS

6/16/07 through 7/15/07

Area 51 Spring Assembly May 18, 2007

Out of 900 NC groups, only 263 were represented. If your GSR was not at the assembly it means your voice is not being heard. In District 70 there were 13 GSR's. Both agenda items passed. The agenda items were as follows:

Agenda item #1. The area 51 Corrections Conference ("Freedom from Bondage") will be held March 14 - 16, 2008 at the Days Inn in Southern Pines, NC.

Agenda item #2. That Area 51 approves a one-time expenditure not to exceed \$1,500 for the purchase of a laptop computer and a printer for the Area Chair.

Our delegate Newton P. gave his report. If you want a copy he will e-mail it to you. Incorporation will be brought up at the Fall Assembly.

Area 51 treasurer Craig P. reported there were some errors found in the reconciliation of the accounts. Craig, Newton and Donna B. spent many hours working on the books. They traced the errors back to 2005. No cash is missing. The errors were in balancing the books.

The evening workshops were a great. They were "The Role of the GSR" and "Increasing Participation".

Love in Service,
Brenda W.
Alt. DCM, Dist. 70

6 O'Clock Group	\$125.00
Acceptance Group	\$50.00
Asheville Big Book Step Study	\$26.43
Back to Basics	\$100.00
Blue Ridge Group	\$50.00
Conscious Contact	\$300.00
Cullowhee Valley Group	\$50.00
Daily Decisions	\$ 1,225.43
Early Birds	\$60.00
Fellowship Group	\$32.00
Fletcher Group	\$25.40
Good Times Group	\$70.00
Hayesville Lunch Bunch	\$25.00
Hayesville Group	\$28.00
Joy of Living	\$40.00
Kanuga Group	\$22.50
Lambda Group	\$18.55
Marshall Group	\$75.00
Murphy Big Book Group	\$25.00
Serenity Seekers	\$50.00
Sylva AA Group	\$80.75
Women of Courage	\$100.00
Bob K.	\$25.00
Deborah & Mary L.	\$500.00
Greg G.	\$32.10

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