

# DECEMBER 2005



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80)  
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## ANNOUNCEMENTS

Central Office will be closed on November 24 and 25, on December 26 and on January 3, 2006.

Any and all corrections to the *Where and When* must be in writing and sent to Central Office.

As of preparation of this issue, no group has notified NCMCO of a planned Alcothon.

To get more involvement from groups as well as add liveliness to the newsletter, *Mountain Doin's* will begin printing materials sent in by readers, starting next issue.

Guidelines for acceptance include:

- You must provide a first name and last initial, which we will print with your submission
- Limited to 300 words or less
- You may not name groups or members directly or implicitly
- Poetry and cartoons accepted
- Must be in good taste: no profanity or vulgarity
- Subject must relate to AA recovery

A three-person committee consisting of the Editor, the Office Manager and one board member will make decisions on what to print. We reserve the right to edit for length or content without prior approval from the writer.

Send materials to NCMCO via post or email. We hope to hear from you!

Cashiers Valley Group made a \$132.00 donation to our Katrina relief victims of AA. As soon as they have relocated we will send them literature.

NCMCO seeks to hire an Office Manager. Part-time paid position responsible for day-to-day operations of Central Office in Asheville. Position prepares and delivers reports at quarterly board meetings; conducts inventory and supervises the sale of literature and other items to groups and individuals; prepares financial reports through work with Treasurer. Also assists in newsletter compilation, printing and mailing. Office Manager assures the office operates within the 12 Steps and Traditions of Alcoholics Anonymous and within the bylaws of Central Office Inc. Position currently works 10 a.m. to 1 p.m., Monday through Friday, with required attendance at all Board meetings. Position also requires continuous sobriety; an active record of AA service work; strong communication skills; computer skills; and a desire to work with the general public. Sales experience is desirable. Drop off applications/resumés at Central Office, for review by NCMCO Board. **Deadline is December 15.**

Notice to groups: NCMCO is updating its 12th Step List. In order to do so, a form is enclosed in this issue of *Mountain Doin's*. (The form will only be included in copies distributed directly to groups.) Please announce at meetings to allow interested parties to sign up, and return completed form to Central Office.

A resounding **Thank You!** to Charlene Z. for her tireless service to the Western North Carolina AA community as Office Manager for NCMCO.



## SERVICE OPPORTUNITIES

Teleservice seeks AA members willing to cover shifts answering the AA phone line. All training provided. Spanish and other foreign language speakers sought. Contact Harry S. at YANA Club or Acceptance Group; 828-252-7500; or harrys8684@charter.net

Teleservice needs a Chairperson. Duties include maintaining and overseeing the entire phone service; maintaining and updating printed materials such as volunteer guidelines, 12th Step List and volunteer phone list; chairing monthly volunteer meetings (forming agenda, keeping minutes); communicating with volunteers via email or phone; overseeing the volunteer coordinators who run the phone service; training new recruits. Accountable to the NCMCO Board. As member of the board, attends quarterly meetings to give a report.

Qualifications: several years of sobriety; working knowledge of 12 Traditions and AA service structure; good communication skills; knowledge of MS Word, Excel, email; minimal administrative and organizational skills. Helpline experience helpful but not essential. Willingness to be consistent, to follow through with tasks, be available for calls at odd times for help and instruction, and to occasionally fill in as a volunteer, is indispensable. Time requirement varies, but usually doesn't exceed 8 hours per month. Contact Harry S. (contact information listed above).

The Correctional Facilities Committee (CFC) needs AAs interested in taking AA meetings into WNC correctional facilities. If interested, contact Michael C. at 828-777-7334 or Frank H. at 828-250-0990.

**Just for Today** meeting at Neil Dobbins Detox needs support. Meetings take place Monday through Friday at noon; 8 p.m. on Tuesdays and Saturdays; 2 p.m. Sundays. **Help carry the message to still-suffering alcoholics.**

## MEETING CHANGES

### New

**Library Group** meets Sundays at 7 p.m. in the Swannanoa Library, 101 Charleston Street.

A child-friendly discussion meeting now takes place Wednesdays at 4 p.m. in the library of the Oakley United Methodist Church on Fairview

Road. There's a separate nursery room next to the library.

**Turning Point**, Wednesdays at 6 p.m. on the 5th floor of the VA Medical Center, is an open speaker meeting.

The **Fellowship Group** of Arden now offers the following: a beginners' meeting on Tuesdays at 5:30 p.m., prior to the current 6:30 As Bill Sees It meeting; the meeting Fridays at noon is now a closed 12 & 12.

## Changed

**Day by Day** now meets in the School House of St. Eugene's Catholic Church, 72 Culvern.

**Sylva Lining Group's** holds its Monday night meeting at 7:30 at First Presbyterian Church, 46 Presbyterian Drive, in the Parish Hall.

**Conscious Contact** now meets at YANA.

**Franklin's Reborn Group** takes place in room 13 of the Latino Center, 33 East Main.

The formats for **Black Mountain Pathfinders'** Saturday 8 p.m. meetings are:

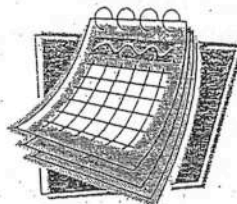
- First: closed Step Study, non-smoking
- Second: closed Big Book, non-smoking
- Third: closed discussion, non-smoking
- Last: open speaker/discussion, non-smoking

Waynesville's **Maple Grove Group's** Friday meeting has changed to 7 p.m.

## Cancelled

**Recovery by the River** no longer meets Fridays. All other meetings continue.

## CALENDAR



### **FEBRUARY 12, 2006**

#### **Central Office Meeting**

Serenity Service,  
697 Haywood Road  
Hosted by District 80  
2 p.m.



### HAPPY HOUR GROUP

Carol B.	12/6/02	3 years
Dave W.	12/7/98	7 years
Kate A.	12/14/92	13 years
Theresa B.	12/1/00	5 years

### ACCEPTANCE GROUP

Ed B.	12/21/04	1 year
Jack W.	12/25/91	14 years
Teresa C.	12/11/00	5 years

### ANDREWS GROUP

Bob W.	12/1/67	38 years
Glenn H.	12/15/77	22 years

### ASHEVILLE BIG BOOK STEP STUDY

Jaime S.	12/16/95	10 years
Linda K.	12/12/86	19 years

### BACK TO BASICS

Rich Y.	12/18/00	5 years
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### BLUE RIDGE

Anthony E.	12/4/04	1 year
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### CONSCIOUS CONTACT

Candy M.	12/4/84	21 years
Dean G.	12/18/04	1 year
Janet B.	12/21/87	18 years
Jennye J.	12/25/85	20 years
Judith T.	12/23/76	29 years
Margaret K.	12/12/03	2 years
Monica B.	12/7/93	12 years

### GRACE GROUP

Candy M.	12/4/89	16 years
Clarissa Z.	12/6/02	3 years
Doug M.	12/4/85	20 years
Georgeanne K.	12/19/04	1 year
Perrie R.	12/31/04	1 year
Scott L.	12/1/93	12 years
Shannon K.	12/12/98	7 years
Tim H.	12/27/04	1 year

### HENDERSONVILLE

Anna B.	12/13/04	1 year
Ben T.	12/15/04	1 year
Charlie S.	12/30/02	3 years
K.C. C.	12/19/01	4 years
Lonnie S.	12/14/01	4 years
Ted A.	12/7/88	17 years
Theresa B.	12/1/01	4 years
Tony T.	12/16/97	8 years

### MIDDAY GROUP, HENDERSONVILLE

Charlie S.	12/31/02	3 years
Norma H.	12/11/89	16 years

### SERENITY GROUP, WAYNESVILLE

Barbara Z.	12/6/02	3 years
Kathryn H.	12/29/94	11 years
Lee Mc.	12/16/85	20 years
Susie T.	12/25/98	7 years

### TRADITIONAL GROUP

Bill S.	12/5/01	4 years
Dave N.	12/1/99	6 years
Katherine L.	12/19/03	2 years
Keith B.	12/25/01	4 years
Pat E.	12/26/93	12 years
Robert S.	12/28/95	10 years
Sophia B.	12/23/03	2 years
Trish E.	12/26/93	12 years
Walter C.	12/23/03	2 years
Walter F.	12/23/00	5 years

### UPWARD GROUP

Maurice S.	12/21/80	25 years
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### WEST ASHEVILLE

Paula M.	12/4/00	5 years
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NOTE: Please make sure your birthday is submitted with your primary home group only. Otherwise, be aware that your birthday may only appear once.

Email A.A. birthdays to NCMCO@bellsouth.net before the 1st of the previous month.  
Ex: April birthdays before March 1st. (Please submit names, dates, and years in above format.)

# TREASURER'S REPORT

N.C Mountain Central Office, Inc. Financial  
Report for the month of October 2005.

## GROUP CONTRIBUTIONS

Acceptance	137.00
Asheville Big Book Step Study	21.05
Back to Basics	101.45
Cashiers Valley	255.00
Columbus	25.00
Conscious Contact	320.00
Daily Bread	100.00
Day by Day	150.00
Happy Hour	67.01
Hendersonville	20.00
Joy of Living	52.50
Kanuga	22.50
Midday	50.00
Mills Springs	20.00
Practicing Principles	100.00
Safe 'N' Sound	100.00
6 O'Clock	202.00
Sunshine	25.00
Sylvan Valley	100.00
Traditional	9.50



"I am responsible  
...When anyone,  
anywhere, reaches out  
for help, I want the  
hand of AA always to  
be there. And, for  
that, I am responsible.

## Phone Log 10/3/05-10/31/05

Answering service calls	134
General information	40
AA help	3
Family help (Al-Anon)	3
Meeting information	84
Central Office business	16
P.I. calls	3
Medical help (hospital, detox, etc.)	0
Others	14
Visitors	88

<b>Beginning bank balance (10/1/05)</b>	<b>1268.53</b>
<b>INCOME</b>	
Total group contributions	1878.01
Individual contributions	00
Cash on hand	27.27
Bank interest	.21
Sales income	1940.90
Return postage	99.20
Other income	00
<b>TOTAL</b>	<b>3945.59</b>
<b>EXPENSES</b>	
Rent	162.00
Payroll	600.27
Payroll tax	00
Telephone: Bell South	191.09
Telephone: MCI	85.30
Answering service	00
Printing: <i>Where &amp; When</i>	00
Printing: <i>Mountain Doin's</i>	12.87
Editor, <i>Mountain Doin's</i>	150.00
Sales tax	135.87
Literature, chips and medallions	2081.68
Postage	25.73
Postage: <i>Mountain Doin's</i>	71.21
Bank service charge	2.10
Office supplies	3.45
Maintenance for copier/PC	30.00
Miscellaneous expenses	219.14
<b>TOTAL</b>	<b>3770.71</b>
<b>Ending bank balance (10/31/04)</b>	<b>1416.14</b>

To help Central Office maintain a healthy cash flow, we request that groups pay their bills for materials every two weeks. Thanks for your help.

## MINUTES FOR CENTRAL OFFICE MEETING, NOVEMBER 6, 2006

### In attendance:

Carl I., Cullowhee Valley  
Dave A., Treasurer; Black Mountain  
Bob K., former DCM, District 80; AWOL  
Marion M., AWOL  
Lina E., Good Livers  
Mike H., Conscious Contact  
Nathalie, Editor, *Mountain Doin's*;  
West Asheville  
Ray D., Chairperson; HWDV  
Darnell A., Co-Chair; Roundtable Group  
Charlene Z., Central Office Manager;  
West Asheville  
Byron B., Asheville Young People  
Harry S., Teleservice; Acceptance

The meeting took place at Serenity Service in West Asheville.

Ray D. opened the meeting at 2 p.m. with the Serenity Prayer. All attendees introduced themselves.

The minutes of the previous meeting were read. A motion was made and passed to accept them as read.

Dave A. read the Treasurer's report. Expenses closely followed revenue while maintaining sufficient inventory for the winter months. Dave also mentioned that all Central Office records are on file at Central Office and may be reviewed by anyone. Charlene Z. announced that Central Office has about \$1000 in outstanding bills from area groups.

### OLD BUSINESS

A motion was made and passed to publish letters to the editor and articles written by area members in the *Mountain Doin's*. Guidelines were discussed.

Charlene Z. gave an account of her attendance at the Office Managers' Workshop. She explained in particular that the General Service Office will soon begin printing AA brochures with new graphics. She spent \$400.24 on the trip. Darnell A. and Bob K. also described workshops they attended.

Harry S. moved that NCMCO produce a pamphlet explaining what Intergroup/Central Office do for the area. No vote taken.

Darnell A. was unable to find NCMCO's bylaws. Dave A. will continue looking for them in other locations.

### NEW BUSINESS

The Board was asked to draft job descriptions for Central Office's two paid positions (Office Manager and *Mountain Doin's* Editor).

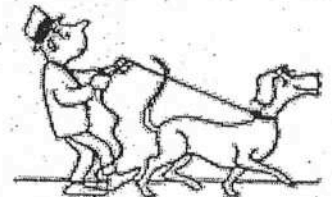
Dave A. explained the reason for errors in the new *Where and When*: it was as accurate as could be determined at the time of proof-reading prior to printing. It is each group's responsibility to communicate correct meeting information to Central Office in a timely fashion to keep the bulletin up-to-date. Motion passed that prior to each future printing (planned to occur quarterly), Central Office will send a draft to DCMs for proofing.

NCMCO needs to hire a new Office Manager. Motion made and passed to publicly thank Charlene Z. in *Mountain Doin's* to commend her on her service. Motion passed to place an announcement to hire for the position in the December issue of the newsletter, with a deadline for receiving resumés of December 15. Hiring decision to be made by the four elected NCMCO Board members.

Teleservice report was read aloud. Harry S. has not yet found his replacement. He will step down February 1, 2006. If nobody is found to take over the position, Harry recommends having that duty transferred to the NCMCO Office Manager. No discussion made nor vote taken.

Meeting adjourned at 4:10 p.m.

*Meeting notes taken by Nathalie in the absence of the Secretary, Debbie. Notes were subsequently looked over by Debbie and approved.*



Would you like a subscription to *Mountain Doin's*? Just fill in the form below and mail to the address below.

### ***Mountain Doin's Order Form***

#### ***Mountain Doin's Annual Subscriptions:***

**Groups:**

3 copies monthly

No charge

5 additional copies

*Pick up from Central Office*

*Deliver by mail*

10 additional copies

\$10.00 per year

\$20.00 per year

15 additional copies

\$20.00 per year

\$35.00 per year

20 additional copies

\$25.00 per year

\$45.00 per year

\$60.00 per year

**Individual Members:**

Single copy monthly

\$6.00 per year

Please circle which of the above you wish to receive and make out check or money order accordingly. Subscription rates are subject to change, dependent upon USPS rates.

Clip and mail with check or money order to:

**N.C. Mountain Central Office  
107 Park Place Offices  
70 Woodfin Place  
Asheville, NC 28801**

Group of Individual Name \_\_\_\_\_

Street/P.O. Box No. \_\_\_\_\_

Town and Zip Code \_\_\_\_\_

North Carolina Mountain Central Office  
107 Park Place Offices  
70 Woodfin Place  
Asheville NC 28801

Place  
Postage  
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Address correction requested