

MOUNTAIN DOIN'S

Central Office Newsletter

JULY 2005



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80)
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CALENDAR

JUNE 30–JULY 3

International Convention
Toronto, Canada

JULY 10

District 70 Meeting
St. Luke's Church, 219 Chunn's Cove Road
Meeting: 2:30 p.m.

JULY 10

District 80 Eating and Business Meeting
MARC Building. Bring a covered dish to share;
meat and drinks furnished.
Directions: Take Exit 102 off the Waynesville By-
pass (28-74). North on 276 (K-Mart will be on
left). Left at Bargains/MARC (approx. 1/2 mile
past K-mart).
Eating: 2 p.m.
Speaker: 3 p.m.
Business Meeting: 4:15 p.m.

JULY 28–31

58th NC State Convention
Hilton North Raleigh Hotel, 3415 Wake Forest
Road, Raleigh
For more info contact Vic L. (704) 694-3844;
Emily D. (919) 383-0808; Bill T. (919) 475-7177;
or mrvic94@hotmail.com

AUGUST 14

Central Office Meeting
Serenity Service: 697 Haywood Road, West
Asheville
Meeting: 2 p.m.

AUGUST 14

Marion Group Eating Meeting
St. John's Episcopal Parish House, South Main
Street across from police station, Marion.
Eating: 5 p.m.
Speaker: 6 p.m.

AUGUST 27–28

Fall Committee Meeting
Hilton North Raleigh, 3415 Wake Forest Road,
Raleigh

SEPTEMBER 30–OCTOBER 2

AAWS Seminar for Central Office Managers
Charlotte, NC
For more info contact Kathy Stubbs
(703) 377-0244 or info@charloteaa.org

NOVEMBER 18–20

Fall Assembly
Hilton North Raleigh, 3415 Wake Forest Road,
Raleigh





ANNOUNCEMENTS

As of July 1, 2005 all books (excluding the Big Book) will increase in price by \$1.00.

NCMCO will be closed July 1 and July 4.

SERVICE OPPORTUNITIES

District 80 seeks a *Grapevine* Representative. Interested individuals should contact the District 80 DCM, Latane C., and attend that district's business meeting on July 10. For more information, email iobst_ce@hotmail.com

District 70 is in need of a Treasurer. Outgoing will train. Short term. For more info, call Becky (828) 628-1381.

Volunteer Phone Service is looking for A.A. members willing to cover shifts for the A.A. phone line. All training information will be provided.

Spanish and other foreign language speakers needed.

If interested, contact Harry S. (828) 252-7500 or email harrys8684@charter.net

The Correctional Facilities Committee (CFC) is in need of A.A.s interested in taking A.A. meetings into WNC correctional facilities. If interested, call Michael C. (828-777-7334) or Frank H. (828-250-0990).

ONLINE RESOURCES

www.aa.org
www.ashevilleaa.org
www.aaroundtable.com
www.aagrapevine.org
www.charlotteaa.org

MEETING CHANGES

The **Brevard Serenity Group** has new meeting locations in effect at the following places and times:

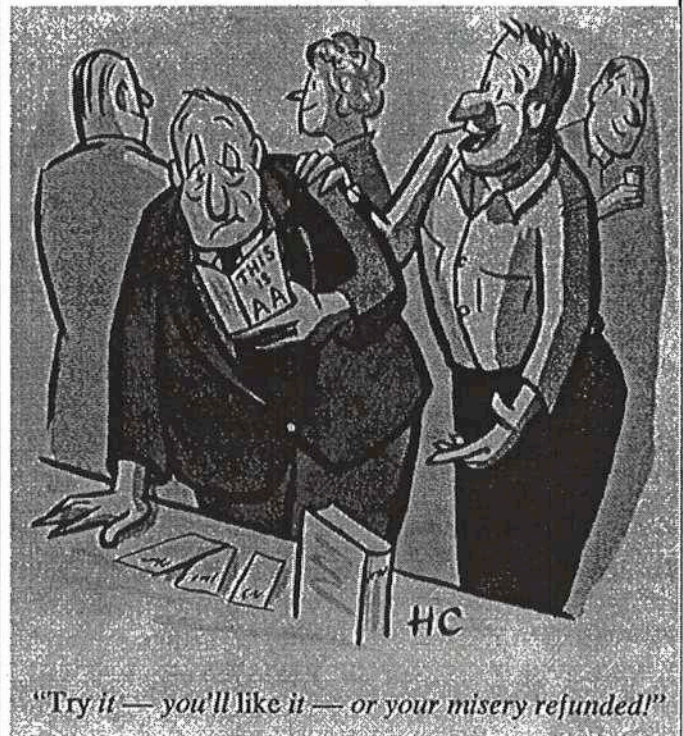
Mountain Laurel, 18 Hospital Drive: Mondays at 5:30 are open, Big Book study, non-smoking; Thursdays at 5:30 are open, Step study, non-smoking (with Traditions study on the 3rd Thursday of the month).

Transylvania County Hospital, Newland Conference Room: Wednesdays at 5:30 are open, beginners, non-smoking; Fridays at 5:30 are open discussion, As Bill Sees It, non-smoking.

Effective July 3, **Grace Group's** 5:30 Sunday meeting will move to the board room of the Asheville Housing Authority, 165 S. French Broad.

Daily Decisions Group has relocated to the basement of Trinity Episcopal Church, at the corner of Aston and Church Streets. Meeting times remain the same: Monday-Friday, 7 a.m., Saturday, 8 a.m.

The **Hendersonville Group** now meets at 1620 Willow Road. From downtown Hendersonville, take Church Street (Hwy 25 South), turn right on Kanuga Road, turn right on Willow Road, and it's on the right, across from Valley Hill Fire Dept.





Acceptance Group

Bart B.	7/29/82	23 years
Dee A.	7/28/03	2 years
Ron G.	7/17/98	7 years

Andrews

Chuck C.	7/23/03	2 years
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Asheville Big Book Step Study

Amy M.	7/14/84	21 years
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Back to Basics

Fran R.	7/14/97	8 years
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Conscious Contact Group

Adam H.	7/23/01	4 years
Gloria F.	7/13/03	2 years
Sally S.	7/19/03	2 years
Susan L.	7/5/03	2 years

Cumberland Group

David T.	7/21/93	12 years
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Daily Decisions

Melvin C.	7/27/97	8 years
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Happy Hour

Bill S.	7/11/95	10years
Dave B.	7/21/97	8 years
Ginnie S.	7/23/03	2 years
Kebbie S.	7/26/04	1 year
Kevin M.	7/19/04	1 year
Mel E.	7/14/03	2 years
Ryan C.	7/28/04	1 year

Hendersonville

Bob G.	7/28/91	14 years
Jim D.	7/27/89	16 years

Hendersonville Midday

Brad E.	7/24/04	1 year
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Robbinsville Mountainside

Bill W.	7/4/83	22 years
Jolly Jim	7/22/82	23 years

Serenity Service

John L.	7/24/02	3 years
Nathalie	7/21/03	2 years

Traditional

Bill W.	7/9/04	1 year
Garrick M.	7/25/02	3 years
Mike S.	7/1/04	1 year
Mikey B.	7/1/04	1 year
Monica M.	7/26/99	6 years
Stanley H.	7/27/00	5 years
Tony P.	7/15/87	18 years

Tuesday Night Tryon

Dick D.	7/21/71	34 years
Nate F.	7/12/98	7 years

Email A.A. birthdays to NCMCO@bellsouth.net **before** the 1st of the previous month.
 Example: April birthdays before March 1. (Please submit names, dates, and years in above format.)
NOTE: Please make sure your birthday is getting submitted with your primary home group only. Otherwise, simply be aware that your birthday may appear only once.



TREASURER'S REPORT

N.C. Mountain Central Office, Inc. Financial Report from the month of May 2005.

GROUP CONTRIBUTIONS

Acceptance	50.00
Big Book Step Study	100.00
Back to Basics	100.00
Common Sense	17.70
Conscious Contact	383.00
Daily Decisions	177.72
Early Birds	67.00
Fellowship	130.00
Grace	500.00
Grace of God	40.00
Hendersonville	26.00
Hendersonville Happy Hour	60.00
Hendersonville MIDDAY	50.00
Just for Today	50.00
Kanuga	45.00
Leicester	25.00
Mountain View	120.00
Serenity Service	50.00



To help Central Office maintain a healthy cash flow, we request that groups pay their bills for materials every two weeks. Thanks for helping.

BEGINNING BANK BALANCE (4/1/05)..... 2417.05

Income

Total Group Contributions.....	1991.42
Individual Contributions.....	45.00
Cash on Hand.....	27.26
Bank Interest.....	.17
Sales Income.....	1540.95
Return Postage.....	10.34
Other Income.....	0

TOTAL INCOME..... 3614.97

Expenses

Rent.....	
Payroll.....	162.00
Payroll Tax.....	600.27
Telephone: Bell South.....	298.35
Telephone: MCI.....	172.76
Answering Service.....	64.90
Printing: Where and When.....	190.50
Printing: Mountain Doin's.....	10.99
Editor.....	9.01
Sales Tax.....	150.00
Literature, Chips & Medallions.....	107.87
Postage.....	1332.34
Postage: Mountain Doin's.....	8.40
Bank Service Charges.....	61.37
Office Supplies.....	0
Copier Maintenance.....	10.95
Misc. Expenses.....	107.91

TOTAL EXPENSES..... 3287.35

END BANK BALANCE (5/31/05)..... 2717.31

Self-Support: Where Money and Spirituality Mix

There are no dues or fees for A.A. membership; we are self-supporting through our own contributions.

From its earliest beginnings, A.A. has always incurred expenses—whether it be the cost of a pot of coffee or the price of a place to meet. In the early days, these costs were often absorbed by individual A.A.s or nonalcoholic friends who offered their parlors or livingrooms for A.A.s to meet in. However, as A.A. outgrew the generosity of these early friends and members, the Fellowship's need for income became more apparent.

...Some of the early A.A. members initially felt the only way for the Fellowship to survive was to solicit financial support from philanthropic institutions or individuals outside A.A.

One potential A.A. patron, however, when approached by the pioneering members for money, instead helped lay the groundwork for A.A.'s tradition of self-support: "I am afraid that money will spoil this thing," said John D. Rockefeller Jr., while at the same time endorsing the work of the fledgling Fellowship.

...As the reality of Mr. Rockefeller's statement sank in and A.A. members began to see the truth in the old cliché, "Who pays the piper call the tune," the seed of the Seventh Tradition took root.

With the realization that A.A. must steer clear of outside contributions in order to maintain its autonomy and independence came the understanding that the money necessary for A.A.'s survival would have to come from individual A.A.s. As Bill W. put it in 1957, "...this leaves us with a responsibility—one that every member ought to understand. We cannot skimp when the treasurer of our group passes the hat. Our groups, our areas, and A.A. as a whole will not function unless our services are sufficient and their bills are paid.

... "When we are generous with the hat we give a token that we are grateful for our blessings and evidence that we are eager to share what we have found with all those who still suffer."

Twelfth Step work is the lifeblood of Alcoholics Anonymous—carrying the message to the next suffering alcoholic. Without it, the Fellowship would wither and die. Yet even at its simplest level this vital contact between one alcoholic and another involves an investment of time and money.

"Let's begin with my own sponsor," writes Bill W. ... "When Ebby heard how serious my drinking was, he resolved to visit me. He was in New York, I was in Brooklyn; ...he had to take action and he had to spend money. He called me on the telephone, and then got on the subway; total cost, ten cents. At the level of the telephone booth and the subway turnstile, spirituality and money began to mix.

(cont. on page 5)

"Right then and there, Ebby established the principle that A.A. in action calls for the sacrifice of much time and a little money."

Self-support begins with me, because I'm part of us—the group. We pay our rent and utility bills, buy coffee, snacks and A.A. literature. We support our central office, our area committee, and our General Service Office. If it were not for those entities, many new people would never discover the miracles of A.A.

"Now where do A.A.'s services—worldwide, area, local—fit into our scheme of things?" asked Bill W. ... "Why should we provide these functions with money?"

... "The answer is simple enough. Every single A.A. service is designed to make more and better Twelfth Step work possible, whether it be a group meeting place, a central or intergroup office...or the world service Headquarters..."

"Though not costly, these service agencies are absolutely essential to our continued expansion... Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition...that A.A. must everywhere function in full strength—and that under our Tradition of self-support, *we are all going to foot the bill.*"

To help support A.A.'s essential services, the General Service Committee suggests that individual groups, through an informed group conscience, adopt a specific contribution plan.

Once the basic group expenses have been met...and a "prudent reserve" has been set aside...the group may decide to further carry the message by sending money to the following A.A. service entities.

The local district, which communicates directly with the groups, providing the district group conscience for the area assemblies, and serving as a link between the area delegates and the G.S.R.s.

The area committee, which coordinates vital A.A. activities over a broad geographic area; sends a delegate to the annual General Services Conference; holds area assemblies to determine the needs of the Fellowship; and provides information at all levels of service.

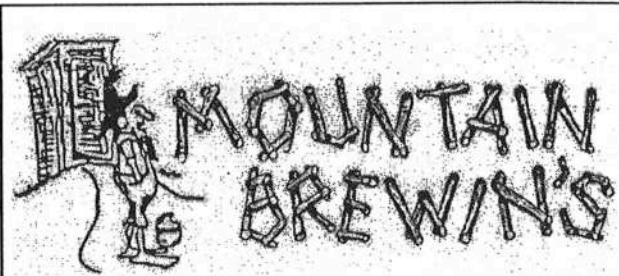
The local intergroup or central office, which may provide phone service for Twelfth Step calls and other inquiries; coordination of group activities; A.A. literature sales; institutions work; public information and cooperation with the professional community activities.

A.A.'s General Service Office, which functions as a storehouse of A.A. information, communicating with members and groups around the world; publishes A.A. literature; and supplies information and experience to professionals and others interested in A.A.

Money has never been a requirement for A.A. membership, and to keep it that way all of A.A.'s trusted servants have an ongoing obligation to inform groups and individuals about the value of self-support and the need for voluntary contributions....

...To ensure that the hand of A.A. will always remain outstretched, money and spirituality must continue to mix. And for that, we are all responsible. ■

Excerpted from *Self-Support: Where Money and Spirituality Mix*, A.A. pamphlet F-3.



■ Directions for getting to A.A.: Just go straight to hell, and make a U-turn.

■ Reflections on A.A. romances: The odds are good...but the goods are odd.

■ Definition of an alcoholic: someone who refuses to give up a life of failure without a fight.

■ Nervous about hearing his first Fifth Step, a young priest asked an older priest to sit in on the session. After the A.A. member had described a few of his experiences, the older priest motioned the young one to step out into the hall.

"Cross your arms over your chest and rub your chin with one hand like this," the older priest directed him. The young priest tried it.

"Good," said the older priest. "Try saying, 'I see. Yes, go on.' And, 'I understand. How did you feel about that?'" The young priest complied.

"Now don't you think that's a little better than slapping your knee and saying, 'No way! What happened next?'"

Central Office Phone Log



"I am responsible
...When anyone,
anywhere, reaches out
for help, I want the
hand of A.A. always
to be there. And, for
that, I am responsible.

Phone Log 5/2/05 - 5/31/05

Answering Service Calls.....	234
General Information.....	14
A.A. Help.....	13
Family Help (Al-Anon).....	5
Meeting Information.....	73
Central Office Business.....	25
P.I. Calls.....	0
Medical Help (Hospital, Detox, etc.).....	0
Others.....	16
Visitors.....	80

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Mountain Doin's Order Form

Mountain Doin's Annual Subscriptions:

Groups:

3 copies monthly	No charge	
	<i>Pick up from Central Office</i>	<i>Deliver by mail</i>
5 additional copies	\$10.00 per year	\$20.00 per year
10 additional copies	\$20.00 per year	\$35.00 per year
15 additional copies	\$25.00 per year	\$45.00 per year
20 additional copies	\$30.00 per year	\$60.00 per year

Individual Members:

Single copy monthly \$6.00 per year

Please circle which of the above you wish to receive and make out check or money order accordingly. Subscription rates are subject to change, dependent upon USPS rates.

Clip and mail with check or money order to:
N.C. Mountain Central Office
107 Park Place Offices
70 Woodfin Place
Asheville, NC 28801

Group of Individual Name _____

Street/P.O. Box No. _____

Town and Zip Code _____

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