

MOUNTAIN DOIN'S

Central Office Newsletter

MARCH 2005



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80)
107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801
Phone: 254-8539 or 1-800-524-0465 Email: ncmco@bellsouth.net

CALENDAR

FEBRUARY 13th 2:30 PM

District 71: Eating & GSR Meeting

Grace Lutheran Church, 1245 W 6th Avenue,
Hendersonville. (Corner of 64W and Blythe Street.)

GSR Meeting: 2:30PM

Eating: 4PM

Speaker: 5 PM

Please bring a covered dish to share.

FEBRUARY 13th 4 PM

AA Eating Meeting

YANA Club, 191 Lyman Street.

Potluck: 4 PM

Speaker meeting: 5 PM

Sponsored by the Acceptance Group.

FEBRUARY 19th

Spring Committee Meeting

Hilton North Raleigh, 3415 Wake Forest Rd. Raleigh.

FEBRUARY 27th 2 PM

AA Central Office: Volunteer Phone Service Meeting

YANA Club, 191 Lyman Street.

Central Office representatives encouraged to attend.

April 29—May 1st

Correctional Facilities Conference

Holiday Inn Conference Center, U.S. 1 N., Southern Pines, NC.

MAY 13-15

Spring Assembly

Hilton North Raleigh, 3415 Wake Forest Rd. Raleigh.

JUNE 30-JULY 3rd

International Convention

Toronto, Canada.

JULY 28-31st

58th NC State Convention

Hilton North Raleigh, 3415 Wake Forest Rd. Raleigh.

AUGUST 27-28th

Fall Committee Meeting

Hilton North Raleigh, 3415 Wake Forest Rd. Raleigh.

NOVEMBER 18-20th

Fall Assembly

Hilton North Raleigh, 3415 Wake Forest Rd. Raleigh.



"Then, in 1949, I said to myself—why not live by your wits?"

Mountain Doin's is published monthly as an informational service to all A.A. members in Western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or by the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.



Fellowship News

New Meetings:

The YANA Clubhouse, located at 191 Lyman Street (in the river district—Asheville) has the following new meetings:

Sunday 12:30 PM: Brunch Bunch. Open discussion.
Tuesday 5:30 PM: Happy Hour. Open discussion.
Thursday 5:30 PM: Happy Hour. Open discussion.
Friday 5:30 PM: Happy Hour. Open discussion.
Saturday 9:30 PM: Saturday Night Live. Open discussion.

For more info call (828) 252-3911

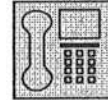
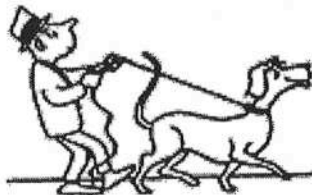
Service Opportunities:

The Correctional Facilities Committee (CFC) is in need of AA's interested in taking AA meetings into WNC correctional facilities. If interested, please call Michael C. (828-777-7334) or Frank H. (828-250-0990).

District 70 is in need of an archivist, to help preserve the District's AA history. Outgoing archivist will train. Please call Becky H. for more information at 628-1381.

Online Resources:

www.aa.org
www.ashevilleaa.org
www.aaroundtable.com
www.aagrapevine.org



Dear Members of AA in WNC,

On January 9, 2005, at Serenity Service Group's meeting room, representatives and board members of the NC Mountain Central Office voted to continue development of an All-AA Volunteer Phone Service. This effort will replace the phone answering service currently in use. A canvas of local groups has shown that enough AA's are willing to man such a service when the Central Office is closed, seven days a week. A volunteer will have calls switched to his/her own phone by means of a PIN, and a numeric code. It's very simple, and District 80 has successfully used a similar service for some time now.

These calls would generally be for meeting information and directions, AA help resulting in a 12 step call (about 2%) and calls about other people's drinking. Any business type calls would be referred back to NCMCO (the Central Office) during the office's business hours. Regardless of the nature of the call, our job would be to provide pleasant, prompt and efficient service to the individual who calls. We hope to have this system ready to go by April 2005.

Enclosed in this month's Mt Doin's is a page with an explanation and sign up list for volunteers from our area. Please pass at your group and return by mail to the Central Office (see address on page 4) as soon as possible.

The next volunteer meeting for the phone service will take place on Sunday, February 27th at Club YANA in Asheville (191 Lyman Street) at 2 PM. We will be firming up commitments for time slots, talking about how this process will actually work, procedure and phone etiquette.

For details call or email:

District 70:
Harry S. (828) 252-7500
harrys8684@charter.net

District 71:
Darnell A. (828) 859-9417
dtakpa@alltel.net

District 80:
Bob K. (828) 524-4759
aa349help@juno.com



Back to Basics Group

Gary R	3-5-00	5 years
Donna E	3-12-92	13 years

Daily Decisions

Eric S	3-1-04	1 year
Judi S	3-25-89	16 years
Mike G	3-19-89	16 years
Paul O	3-8-04	1 year
Tom P	3-13-04	1 year
Tim M	3-8-04	1 year
Ron S	3-5-00	5 years

Fellowship Group

Ed T	3-21-99	6 years
Bruce	3-15-88	16 years
Vicki T	3-3-00	5 years
Juie M	3-2-04	1 year
Carole H	3-23-03	2 years

Grace Group

Dick J	3-13-82	24 years
Ronnie B	3-15-94	11 years
Ed T	3-21-99	6 years
Shari S	3-8-02	3 years
Joyce B	3-11-02	3 years
Jim K	3-13-02	3 years
Ruth P	3-20-02	3 years
Dianna F	3-1-03	2 years
Betsy C	3-13-95	10 years
David M	3-14-03	2 years

Hendersonville Group

Jim P	3-18-83	23 years
Irma D	3-7-85	20 years
Chris F	3-18-04	1 year

Hendersonville Thur. Afternoon Women's Group

Ruth G	3-29-74	30 years
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Midday Group

Robert S	3-16-03	2 years
Mike S	3-29-77	28 years
Charlie P	3-17-83	22 years

Tryon Group

Ralph B	3-2-87	18 years
Christopher M	3-6-00	5 year
Cy E	3-21-63	42 years

Upward Group

Dawn C	3-7-96	9 years
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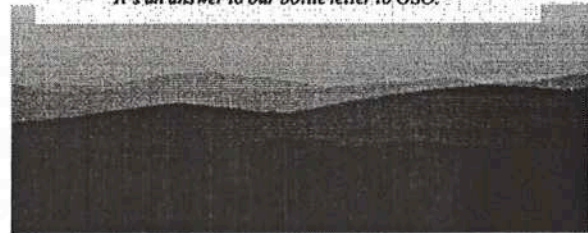
Waynesville Serenity Group

Phoebe H	3-3-85	20 years
Carol D	3-23-87	18 years
Ronnie B	3-15-94	11 years
Paul M	3-6-02	3 years
Candy P	3-31-89	16 years

NOTE: Please make sure your birthday is getting submitted with your primary home group only. Otherwise, simply be aware that your birthday may appear only once.



"It's an answer to our bottle letter to GSO."



Email A.A. birthdays to NCMCO@bellsouth.net by the 1st of the previous month.
(Please submit names, dates, and years in above format.)



Treasurer's Report

N.C. Mountain Central Office, Inc. Financial Report from the month of January 2005.

Group Contributions

AWOL	10
Edneyville	10
Etowah	12
Church Street	20
Columbus	25
Leicester	25
Locked in Forward	25
Serenity Service	25
Mars Hill	30
Sylva	30
Hendersonville	32.57
Cullowhee Valley	38
Kanuga	45
Acceptance	50
Blue Ridge	50
Happy Hour	50
Sylvan Valley	50
Early Birds	66.40
Ashe. Big Book Step Study	71.44
Daily Decisions	95.16
Hendersonville Midday	150



BEGINNING BANK BALANCE (1/3/05)..... 1545.55

Income

Total Group Contributions.....	910.57
Individual Contributions.....	29.00
Cash on Hand.....	26.27
Bank Interest.....	.06
Sales Income.....	1872.60
Return Postage.....	51.19
Other Income.....	0

TOTAL..... 2889.69

Expenses

Rent.....	181.00
Payroll.....	600.27
Payroll Tax.....	0
Telephone: Bell South.....	154.87
Telephone: MCI.....	56.24
Answering Service.....	218.50
Printing: Where and When.....	25.16
Printing: Mountain Doin's.....	10.76
Editor.....	150.00
Sales Tax.....	255.24
Literature, Chips & Medallions.....	2277.85
Postage.....	97.70
Postage: Mountain Doin's.....	48.00
Bank Service Charges.....	0
Office Supplies.....	20.38
Copier Maintenance.....	0
Misc. Expenses.....	61.40

TOTAL EXPENSES..... 4155.37

END BANK BALANCE (1/29/05)..... 253.60

To help Central Office maintain a healthy cash flow we request that groups pay their bills for materials every two weeks. Thanks for your help.

Annual Address Update:

NC Mountain Central Office
107 Park Place Offices
70 Woodfin Place
Asheville, NC 28801

General Service Office
P.O. Box 459
Grand Central Station
New York, NY 10164

Area 51
NCGSC Treasurer
P.O. Box 2558
Highlands, NC 28741-2558

District 70 Treasurer

P.O. Box 8574
Asheville, NC 28814-8574

District 71 Treasurer

P.O. Box 6224
Hendersonville, NC 28793-6224

District 80 Treasurer

160 Rose Street
Sylva, NC 28779





Some people make A.A. so complicated they remind us of the fellow who was describing a new machine he'd seen to a friend. He said:

"By means of a pedal attachment a fulcrum lever converts a vertical reciprocal motion into a circular movement. The principal part of the machine is a huge disc that revolves in a vertical plane. Power is applied through the axis of the disc, and work is done on the periphery, and the hardest steel by mere impact may be reduced to any shape."

The friend asked: "What is this machine?"

Answer: "A grindstone."

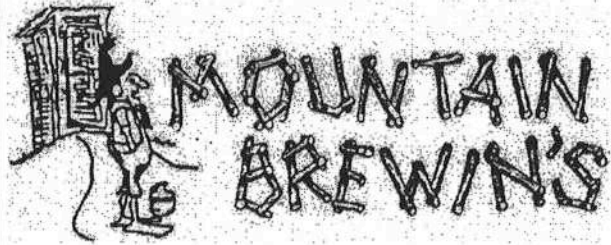
Central Office Phone Log



*"I am responsible
...When anyone,
anywhere, reaches out
for help, I want the
hand of A.A. always
to be there. And, for
that, I am responsible.*

Phone Log 1/3/05 - 1/31/05

Answering Service Calls.....	128
General Information.....	19
A.A. Help.....	4
Family Help (Al-Anon).....	3
Meeting Information.....	100
Central Office Business.....	26
P.I. Calls.....	1
Medical Help (Hospital, Detox, etc.).....	0
Others.....	15
Visitors.....	105



AN USHER IN A POSH MOVIE THEATER noticed a drunk sprawled across three seats. "Sorry, sir," the usher said, "but you're only allowed one seat."

The man groaned but didn't budge.

The usher became impatient. "Sir, if you don't get up from there, I'm going to have to call the manager."

Again, the drunk only moaned, which infuriated the usher who turned and marched back up the aisle in search of the manager.

In a few moments, both the usher and the manager returned and stood over the man. "All right, buddy," the manager said, "what's your name?"

"Sam," the drunk moaned.

"Where did you come from, Sam?"

With pain in his voice, Sam slurred, "The balcony."

XXX

A NONALCOHOLIC, a heavy drinker, and an alcoholic all went to a bar together and each ordered a draft beer. Three flies then zoomed in and one landed in each man's beer.

The nonalcoholic looked at the fly and pushed his glass away from him. The heavy drinker looked at the fly, flicked it off the foam, and took a gulp of the beer. The alcoholic picked up the fly and holding it over the glass, yelled, "Spit it out! Spit it out!"

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Please circle which of the above you wish to receive and make out check or money order accordingly. Subscription rates are subject to change, dependent upon USPS rates.

Clip and mail with check or money order to:

N.C. Mountain Central Office

107 Park Place Offices

70 Woodfin Place

Asheville, NC 28801

Group of Individual Name _____

Street/P.O. Box No. _____

Town and Zip Code _____

North Carolina Mountain Central Office
107 Park Place Offices
70 Woodfin Place
Asheville NC 28801

Address correction requested

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