

# MOUNTAIN DOIN'S

Central Office Newsletter

# NOVEMBER 2004



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80)  
107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801  
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## SATURDAY, OCTOBER 16th, 2004

### **4th Annual District 71 Unity Day**

Mt. Pisgah Lutheran Church  
Hwy 64 E., Hendersonville, NC

**Traditions Workshop: 11AM**  
**Tradition 1 Presentation: NOON**  
**Covered Dish Dinner: 1PM**  
**Speaker: 2PM**

*All are welcome!*

## SUNDAY, OCTOBER 17th, 2004

### **District 80 Eating/Business Meeting**

Asbury Methodist Church  
Otto, NC (8 mi. South of Franklin on 441 S.)

**Eat: 2PM**  
**Speaker: 3PM**  
**Business meeting: 4PM**

*All (District 80) GSRs please plan to attend.*  
MORE INFO: MARION M. (828) 524-2312

## SUNDAY, OCTOBER 24th, 2004

### **NC Mt. Central Office Meeting**

Serenity Service Meeting Place  
697-G Haywood Road, W. Asheville

**Meeting: 2PM**

*All AA members are welcome!*  
HOSTED BY: HENDERSONVILLE & ROUNDTABLE GROUP

## SUNDAY, NOVEMBER 7th, 2004

### **District 71 Eating Meeting**

Cedar Mountain Community Center

**GSR: 2:30 PM**  
**Eat: 4PM**  
**Speaker: 5PM**

*Kanuga Rd. to Crab Creek Rd., make a left onto Dupont. At end of Dupont go left. Go to next stop sign and make a right. Second bldg. on right.*

MORE INFO: Dawn C. (828) 697-4311

## WEDNESDAY, NOVEMBER 10th

### **5th Anniversary ABBSS Group**

Emma United Methodist Church  
59 Adams Hill Rd., Asheville, NC.  
(Corner of N. Louisiana Blvd. & Adams Hill)

**Eat: 6PM**  
**Meeting: 7:30 PM (Step 11)**

*Potluck. Please bring sides, beverages, or desserts.*

## NOVEMBER 11-14th, 2004

### **11th NC Native AA Convention**

Cherokee Convention Center

*All are welcome to attend.*

MORE INFO:  
Herb W. (828) 497-7103  
Or  
Deb C. at sobergirl93@hotmail.com



## **SATURDAY, NOVEMBER 13th, 2004**

### **District 70, 71, 80 Service Conference**

Highlands Community Center

**10AM-1:30PM**

### **Speakers from CFC, CPC/PI and Treatment Facilities**

*US 64 to Highlands. East of Main St. across from the Phillips 66 gas station (if coming from Asheville it will be on right/if coming from Franklin it will be on left).*

HOSTED BY: District 80

MORE INFO: Jim B. (828) 524-4088

## **SUNDAY, NOVEMBER 28th, 2004**

### **20th Anniversary: Round Table Group**

Mt. Pisgah Lutheran Church

Hwy. 64E. Past Ingles at Howard Gap Rd.

**Eat: 6PM**

**Meeting: 8PM**

## **THURSDAY, DECEMBER 16th, 2004**

### **Candlelight Dinner Meeting**

Black Mountain United Methodist Church  
Black Mountain, NC (across from Dripolator on Hwy. 70)

**Eat: 7PM**

**Discussion meeting: 8PM**

*Please bring candle, holder, and covered dish.*

SPONSORED BY: BLACK MOUNTAIN GROUP



#### Online Resources:

[www.aa.org](http://www.aa.org)

[www.ashevilleaa.org](http://www.ashevilleaa.org)

[www.aaroundtable.com](http://www.aaroundtable.com)

[www.aagrapevine.org](http://www.aagrapevine.org)

#### Change:

The phone log has been moved to page 5.

## **NEVER TOO LATE**

From Grapevine 1992

Bill W. said that "Nobody invented Alcoholics Anonymous, it just grew." One wonders whether he or other early members of Alcoholics Anonymous ever imagined what the Fellowship would grow into, that in a comparatively short space of time, some fifty-five years, this program of recovery would find its way into over a hundred countries and our literature would be translated into scores of different languages. Did any of these early AAs realize that they had set in motion what was to become a truly unique Fellowship, where color, creed, religion, politics, status, language and ideology would not matter? The only requirement for membership would be a desire to stop drinking. It would matter not who or what you are, only how you are.

As AA spread to more and more countries, the need for communication among them became apparent, and in October 1969 the first AA World Service Meeting was held, with twenty-seven delegates from sixteen countries.

The World Service Meeting takes place every two years, alternating between New York and a host country somewhere else in the world. Two delegates from each participating country usually attend.

Bill W. spelled out the objectives of the World Service Meeting:

1. To consider the future development of world services.
2. To strengthen the general service work already existing abroad.
3. To increase the number of service centers.
4. To provide for them an orderly plan of evolution.
5. To assist in strengthening their self-support.

The World Service Meeting is a working meeting, an exchange of ways and means. It encourages discussion about public information, cooperation with the professional community, the growth of the Fellowship, what happens to the people who don't seem to stay, and our relationship with churches and hospitals.

As a delegate from South Africa, I had the privilege of attending two World Service Meetings of Alcoholics Anonymous. I have memories that will stay with me all of my life.

The story of the World Service Meeting is too big to recount in an article of this nature. But I can give some highlights. First impressions are always important and my first impression of the meeting held in Mexico in 1986 was finding myself among people with whom I could not communicate. But I soon realized that language wasn't really a problem; one need only look into the eyes, look at the faces, and listen to the rise and fall of the voices to know that people were talking about the grace of God, the Fellowship of Alcoholics Anonymous, the program of recovery, and the challenges that lay ahead in passing on the message.





**Acceptance Group**

Lorraine B	11-3-99	21 years
Bob W	11-15-03	1 year
Dave A	11-24-85	19 years

**Black Mountain Group**

Danny L	11-15-02	2 years
Anne O	11-6-79	25 years
Bill G	11-30-83	21 years
Fred P	11-8-79	25 years

**Conscious Contact Group**

Peggy H	11-23-86	18 years
Steven M	11-4-94	10 years
Wayne D	11-9-70	34 years
Pat E	11-5-91	13 years
Kay G	11-5-84	20 years
Diane R	11-20-03	1 year

**Daily Decisions Group**

Fred S	11-1-01	3 years
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**Fellowship Group**

Skip	11-19-01	3 years
Dave S	11-11-02	2 years

**Grace Group**

John B	11-6-00	4 years
Edgar B	11-18-02	2 years
Isaac C	11-22-00	4 years
Chris W	11-24-01	3 years
Cita L	11-30-89	15 years
Dan L	11-15-01	3 years
Rachel E	11-11-01	3 years
Roper R	11-7-96	8 years
Mark M	11-13-01	3 years
Molly B	11-16-77	27 years
Michael B	11-25-97	7 years

**Hendersonville Group**

Joe M	11-19-03	1 year
Clay W	11-28-99	5 years
Julie H	11-21-00	4 years
Gary M	11-7-92	12 years
Marvin C	11-23-01	3 years
Mikey K	11-21-00	4 years
Joe B	11-27-03	1 year
Jerry B	11-11-88	16 years

**Hendersonville Women's Group**

Sue J	11-24-89	15 years
Karen B	11-28-03	1 year
Mary P	11-17-81	23 years

**Maple Grove Group**

Marta M	11-10-92	14 years
Tommy H	11-10-02	2 years

**Marion Group**

Lori H	11-26-03	1 year
George B	11-13-99	5 years

**Roundtable Group**

Debbie D	11-21-94	10 years
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**Tryon Group**

Chris S	11-30-02	2 years
Scott A	11-3-02	2 years



NOTE: Please make an announcement to your group, asking your members to make sure their birthdays are getting submitted with their primary home group only. Otherwise, simply be aware that birthdays may only appear with a secondary home group (as we try to minimize repetition).

Email A.A. birthdays to [NCMCO@bellsouth.net](mailto:NCMCO@bellsouth.net) by the 1st of the previous month.  
(Please submit names, dates, and years in above format.)





# Treasurer's Report

N.C. Mountain Central Office, Inc. Financial Report from the month of September 2004.

## Group Contributions

Acceptance Group	100.00
Common Sense Group	480.00
Edneyville Group	10.00
Fellowship Group	25.00
Hendersonville Group	23.56
Hendersonville Midday Group	75.00
Joy of Living Group	40.00
Kanuga Group	134.40
Marion Group	25.00
Robbinsville Mountainside Group	35.00
Six PM Group	301.00
Sylvan Valley Group	50.00
Brevard Noon Group	100.00
Waynesville Group	598.00



BEGINNING BANK BALANCE (9/1/04)..... 2739.90

## Income

Total Group Contributions.....	2011.96
Individual Contributions.....	100.00
Cash on Hand.....	27.26
Bank Interest.....	0
Sales Income.....	1646.55
Other Income.....	14.44

**TOTAL..... 3800.21**

## Expenses

Rent.....	156.00
Payroll.....	600.27
Payroll Tax.....	298.35
Telephone: Bell South.....	156.81
Telephone: MCI.....	77.71
Answering Service.....	278.00
Printing: Where and When.....	150.00
Printing: Mountain Doin's.....	213.00
Editor.....	150.00
Sales Tax.....	115.25
Literature, Chips & Medallions.....	1965.94
Postage.....	98.00
Postage: Mountain Doin's.....	21.42
Bank Service Charges.....	0
Office Supplies.....	9.63

**TOTAL EXPENSES..... 4290.64**

**END BANK BALANCE (9/28/04)..... 2275.26**

To help Central Office maintain a healthy cash flow we request that groups pay their bills for materials every two weeks. Thanks for your help.

At the World Service Meeting, people come from all over the world with their own ideas on what is good and what is not good for the Fellowship, what is the best and most effective way of performing a particular function. The sharing is not always of success. (I often think we do too much sharing of success stories in AA. We do make mistakes, but we learn from them and that is important.) At the World Service Meeting, I found that people shared about things that hadn't necessarily gone according to plan.

Isn't it amazing that we seem to have the same kind of things go wrong in different ways throughout the world? I heard stories about good finances or lack of financial resources. I heard about those who came forward gladly to do service and those that have to be coerced. I notice that people talked about AA's growth, whether we are growing as quickly as we think we should; whether we are carrying the message as effectively and efficiently as we should; whether Alcoholics Anonymous remains a comfortable place alcoholics will be drawn to, where they feel they belong and will be made welcome.

I know this in relation to my own country. From the time that Alcoholics Anonymous was introduced to South Africa in 1947, the only requirement for membership has been

a desire to stop drinking. In South Africa we have unique problems of literature translations. We have four ethnic and two official languages into which our literature has to be translated. We learned quickly that there was a difference between a literal translation and an AA-meaning translation. We also have the problem of a very high percentage of illiteracy. We found, because of the dedication of our Black, Colored, and Indian members and through the use of good old fashioned tender loving care, the written word didn't matter as much as the spoken word shared one-on-one, one alcoholic with another. This was to bring recovery to many.

At the World Service Meeting in New York in 1988, there is a very special memory for me. We were taken to Stepping Stones to meet Lois W. I shall never forget this dear old lady, who was then ninety-four years old. She met us at the door of her home and made us welcome. She sat on the sofa while we had tea and she talked individually to as many of us as she could. I was given the opportunity to sit opposite Lois and talk about South Africa, a country she had visited. She asked many meaningful questions about how we were getting on. I walked about the house and went into the study; I read the original letters and looked at the documentation and Bill's writings. I even visited the garden.



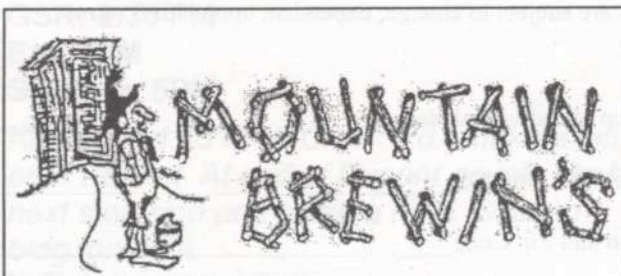
When I returned from the World Service Meeting, I was asked to communicate with other countries that had not participated. I remember the initial responses I got, the enthusiasm, the love, and the sharing that came from these distant lands. However, political differences were such that we had to abandon the project and I am always a little saddened because of it. So much could have been done had everything been left just to the members of Alcoholics Anonymous. I received letters that said, "John, it would be marvelous if we could carry on with this, if we could have our own special meeting somewhere, but just at this moment it is not possible. We wish you well and we love you." I shall always keep those letters. I remember sending out copies of our AA magazine, the Regmaker. They didn't come back. I hope they got to those they were meant for and contributed to their sobriety.

One night I had the opportunity of going to the inaugural meeting of an Alcoholics Anonymous group that was being established in Baragwanath Hospital, the biggest hospital on the continent of Africa, in Soweto, near Johannesburg. It was in the middle of troubled times and we were surrounded by turmoil--but nothing got in the way of that first meeting. After the meeting, I saw a Black man who had somehow distanced himself from the rest of us. He looked so alone, so lonely and afraid, he reminded me of myself.

I went across to him, looked at the gray hair, the tired, lined face, the look of despair in his eyes. I chatted away and tried to set up the rapport that one alcoholic has with another. We talked for a long time and he told me how he had struggled with this dreadful problem for most of his adult life. He told me that he was perhaps even ready to give up trying to get sober.

I talked about the meeting and the people I knew and the people I'd met. I told him about being overseas, going to a World Service Meeting of Alcoholics Anonymous where people came from all over the world. He listened and just before I left, he looked at me and said, "Is it not too late, John, is it not too late?" I looked hard at him for a moment, put my arm around his trembling shoulders, and was able to say--because I knew it to be true--it is never too late for Alcoholics Anonymous.

John H.



As one gal member explained her start towards alcoholism--"I just followed the crowd and got in the wrong line."

XXX

A kindly old lady accidentally walked up to a drunk and inquired how to get to the post office.

"The post office?" he answered. "Let's see. You go two blocks down this street, then turn to the left --no-o-o. You go three blocks to the left, then turn right and go --no-o-o. The post office? Lady, I'm sorry, you just can't get to the post office from here."



## Central Office Phone Log



*"I am responsible  
...When anyone,  
anywhere, reaches out  
for help, I want the  
hand of A.A. always  
to be there. And, for  
that, I am responsible.*

### Phone Log 9/1/04 - 9/30/04

Answering Service Calls.....	245
General Information.....	10
A.A. Help.....	1
Family Help (Al-Anon).....	5
Meeting Information.....	87
Central Office Business.....	7
P.I. Calls.....	0
Medical Help (Hospital, Detox, etc.).....	0
Others.....	9
Visitors.....	57

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Group of Individual Name \_\_\_\_\_

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