

MOUNTAIN DOIN'S

Central Office Newsletter

SEPTEMBER 2004



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80). Address: 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Phone: Buncombe County: 254-8539. Elsewhere in WNC: 1-800-524-0465

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DISTRICT 71 GSR EATING MEETING

Sunday, September 19, 2004



Columbus Presbyterian Church
102 Peniel Road, Columbus, NC

GSR Meeting: 2:30 PM
Eating Meeting: 4:00 PM
Speaker: 5:00 PM

*Bring a covered dish, a friend,
and join us!*

CELEBRATORY MEETING

Thursday, September 30th, 2004
Fletcher United Methodist Church

Fletcher Group 28th Anniversary

7 PM Food, Refreshment
8 PM Speaker



**A side dish or dessert would be
appreciated.**

For more information email rpjjh4@charter.net

**Roundtable Group in Hendersonville
will have an Oldtimers Panel on**

October 31, 2004 at 8 PM

PLEASE JOIN US!

Mountain Doin's is published monthly as an informational service to all A.A. members in Western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or by the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.



Roundtable:

www.aaroundtable.com: The Roundtable Group invites all AA Groups (districts 70, 71, & 80) to post Groups News, Events, or AA Announcements on their website. The site also offers an online Big Book Study and Twelve Traditions and Concepts Study. Email news to darnell@aroundtable.com.

From the Office:

The Central Office can use volunteer help with various projects/tasks M-F 10am til 1pm. Need assistance for printing Mt. Doin's, Where & Whens, pricing materials received/literature in office. Reply to ncmco@bellsouth.net or 254-8539.

The Central Office has a fresh paint job paid for and done by members of AA. Thanks to everyone!

ATTENTION: The current telephone directory does not have a listing for Alcoholics Anonymous. Members are assigned to looking into this issue—meanwhile the number is listed with 411 and operator assistance. Please make sure to share the number with the general public and organizations who would benefit. The A.A. number is 254-8539.

July 19, 2004

Central Office Meeting Notes

Attendees:

- Darnell A.—Central Office Co-Chair—Roundtable Grp.
- Dave A.—Treasurer, Central Office—Bl. Mt. Grp.
- Charlene Z.—Central Office Mngr.—W. Ash. Grp.
- Debbie D.—Secretary, Central Office, Roundtable Grp.
- Mike S.—Visitor—Maggie Valley Grp.
- Bob C.—Past DCM District 80, Maggie Valley Grp.

Minutes

The meeting was held in conjunction with District 80's Eating Meeting held at Nantahala National Forest, Jackrabbit Mt. Campground on Lake Chatuge, Hayesville, NC, and sponsored by the Hayesville Lunch Bunch.

Darnell A. opened the meeting with the Serenity Prayer and called the meeting to order at 4:20.

Debbie D. read minutes of the previous Central Office

Meeting of 5/2/04. Motion was made and passed to accept minutes as read.

Treasurer, Dave A. stated the approximate balance to date is \$1,590. The recent Treasurer's Report has been published in the Mt. Doin's. Charlene Z., Hugh H. and Dave A. went to Mountain Savings to sign new signature cards. Dave A. and Charlene Z. are presently the co-signers on the account. Dave A. stated we are current in all our obligations and that NC sales and payroll tax deposits have been made.

Old Business

Charlene Z. reported the Central Office was painted Saturday, July 10. The paint was donated by a member and 3 members donated their time to scrape and paint.

The computer software has not been purchased but a member will be making the purchase soon at an approximate cost of \$279 of MS Word and Excel.

The Central Office is still open to receive email addresses pertaining to sobriety.

Charlene Z. states the Where & When is now 3 pages front and back (1 additional page front and back) and there will be an added printer & paper

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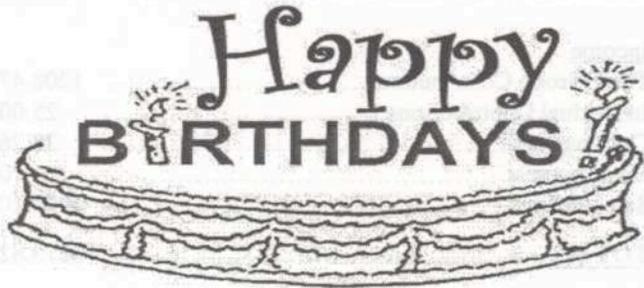
Central Office Phone Log



"I am responsible...When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And, for that, I am responsible.

Phone Log 6/1/04 - 6/30/04

Answering Service Calls.....	378
General Information.....	8
A.A. Help.....	2
Family Help (Al-Anon).....	12
Meeting Information.....	102
Central Office Business.....	12
P.I. Calls.....	0
Medical Help (Hospital, Detox, etc.).....	1
Others.....	6
Visitors.....	97



Acceptance Group

Michael P	9-7-02	2 years
Murri S	9-12-84	20 years
Louise	9-13-03	1 year
Kristy P	9-08-03	1 year
John G	9-10-91	13 years
Tibby T	9-21-01	3 years

Asheville Big Book Group

Elizabeth B	9-1-90	14 years
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Conscious Contact Group

Michelle P	9-24-91	13 years
Jim A	9-23-89	15 years
Mary M	9-29-92	12 years
Eric C	9-2-96	8 years
Casey C	9-11-00	4 years
Susie B	9-18-96	8 years
Bruce G	9-1-99	5 years
Mary C	9-3-87	17 years
Janice N	9-24-75	29 years

Daily Decisions Group

Elizabeth B	9-1-90	14 years
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Fellowship Group

George D	9-30-89	15 years
Becky H	9-21-94	10 years
Gerd S	9-17-79	25 years
Denise C	9-1-01	3 years

Hendersonville Group

Tina H	9-23-02	2 years
David R	9-20-03	1 year
Oscar F	9-20-95	9 years
Gerald B	9-30-03	1 year
H.C.O.	9-6-94	10 years

CONTINUED...

Please email A.A. birthdays to NCMCO@bellsouth.net by the 1st of the previous month.
(Please submit names, dates, and years in above format.)

Ray D	9-14-99	5 years
Raymond F	9-18-96	8 years
Paul K	9-2-90	14 years

Hendersonville Happy Hour Group

Beth P	9-4-98	6 years
Frank B	9-26-89	15 years
Nancy L	9-2-89	15 years
Karen T	9-1-00	4 years

Hendersonville Women's Group

Cleda S	9-3-94	10 years
Ann F	9-4-90	14 years
Maiji G	9-4-87	17 years

Maple Grove Group

Kieth M	9-27-02	2 years
Sam S	9-17-00	4 years
Marsha C	9-18-99	5 years

Marion Group

Chuck E	9-13-94	10 years
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Midday Group

Corbin W	9-21-03	1 year
Belinda P	9-15-02	2 years

Tryon Group

Alan B	9-11-88	16 years
Daniel A	9-4-01	3 years
Rosie D	9-6-02	2 years
Daingerfield A	9-19-97	7 years

Waynesville Group

Jill B	9-24-04	2 years
Keith M	9-27-04	2 years
Sam S	9-17-00	4 years

West Group

Calvin M	9-21-94	10 years
Liz R	9-1-03	1 year



Treasurer's Report

N.C. Mountain Central Office, Inc. Financial Report for the month of August 2004.

Group Contributions

Sylva Group.....	75.00
Day By Day.....	175.00
Early Birds Group.....	43.00
Hendersonville Group.....	40.00
Black Mountain Group.....	116.00
Hendersonville Middy Group.....	50.00
Common Sense Group.....	15.00
Pathfinders Group.....	75.00
6 PM Group.....	100.00
Candler KISS Group.....	30.00
Sylva Valley Group.....	25.00
Conscious Contact Group.....	276.00
Hendersonville Happy Hour Group.....	60.00
Acceptance Group.....	50.00
Grace of God Group.....	53.47
Serenity Service Group.....	25.00



Expense. Dave added that actually there will be 1/3 more copy expenses as postage will be the same. For now the charge to the groups will remain the same.

Group contributions are back to the regular level. At the last meeting we discussed ways to increase contributions and Charlene suggested we talk to our groups and ask individuals to contribute \$1 per sobriety year.

Central Office desires volunteers to help copy and assemble When & Where and Mt. Doin's. Could this be advertised in Mt. Doin's? [yes!] They are printing 200-300 When & Where's each week because it is a new summer edition.

The computer at the Central Office has virus protection that is expired. The only way to update is to use a credit card through the internet. In the past, Charlene has used her credit card, but this has not worked out well. Dave moved to have a meeting with

BEGINNING BANK BALANCE (7/1/04).....	1538.52
<u>Income</u>	
Total Group Contributions.....	1208.47
Individual Contributions.....	25.00
Cash on Hand.....	27.26
Bank Interest.....	0
Sales Income.....	1904.10
TOTAL.....	3173.82

Expenses

Rent.....	156.00
Payroll.....	600.27
Payroll Tax.....	0
Telephone: Bell South.....	136.73
Telephone: MCI.....	60.98
Answering Service.....	244.50
Printing: Where and When.....	5.98
Printing: Mountain Doin's.....	17.88
Editor.....	150.00
Sales Tax.....	133.29
Literature, Chips & Medallions.....	940.31
Postage.....	76.93
Postage: Mountain Doin's.....	63.10
Bank Service Charges.....	0
Office Supplies.....	10.62
TOTAL EXPENSES.....	2616.59

END BANK BALANCE (7/27/04)..... 2095.74

To help Central Office maintain a healthy cash flow we request that groups pay their bills for material every two weeks. Thanks for your help.

NOTE: Errors in last issue's financial section have corrections reflected above.

Bank, Asheville Savings, with he and Charlene to apply for a debit card for the checking account. They will put a \$500 limit on debits. Debbie seconded motion and it was approved unanimously.

Charlene has been informed by Metrolina in Charlotte that the price of the Big Book will go up \$1. She ordered 5 cases (20 books per case) before the price went up for a savings of \$100.

There will be a new book available in the Central Office; The Little "Big Book" Dictionary and Concordance, and it is AA approved. This will be announced in the Mt. Doin's.

Dave questioned on how the sorting by zip code of the 12 Step List is going. Charlene states the answering service tends to refer most wet calls to the same people on the top of the list and opposed to by

Continued...

zip code. This may be due to the fact that they have a high employee turnover and the new employees are not familiar with the system. They do have a script to read.

Darnell states the next Central Office meeting will be in District 71 in October or November. He will try and schedule it the same time as an eating meeting.

Charlene thanked everyone for attending and is open to suggestions for upping contributions to the Central Office.

Dave suggested an article in the Mt. Doin's that folks having birthdays contribute \$1 per sobriety year and have it brought up at the meetings. Central Office is meeting expenses month to month. Central Office has a prudent reserve of \$2,000.

Bob C., past DCM for District 80, asked if the Central Office is aware or involved with the Service Center meetings for CPC/PI. Charlene says no, the Central Office has no involvement.

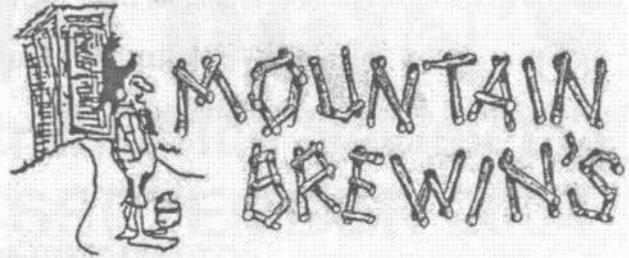
4:50 PM Darnell makes a motion to adjourn. Meeting was closed with the Lord's Prayer.

Respectfully Submitted,
Debbie D.—Central Office Secretary.

"You are asking yourself, as all of us must: 'Who am I?'...'Where am I?'...'Whence do I go?'"

The process of enlightenment is usually slow. But, in the end, our seeking always brings a finding. These great mysteries are, after all, enshrined in complete simplicity. The willingness to grow is the essence of all spiritual development."

From *As Bill Sees It*, p. 171



A guy goes into a bar. He's sitting on the stool, enjoying his drink when he hears, "You look great!" He looks around—there's nobody near him. He hears the voice again, "No really, you look terrific."

The guy looks around again. Nobody. He hears, "Is that a new shirt or something? Because you are absolutely glowing!" He then realizes that the voice is coming from a dish of nuts on the bar.

"Hey," the guy calls to the bartender, "What's with the nuts?"

"Oh," the bartender answers, "They're complimentary."

XXXX

The policeman had stopped the man for obvious drunken driving, but since the guy had a clean record, he made him park the car and took him home in the patrol car. "Are you sure this is your house?" the cop asked as they drove into a rather fashionable neighborhood.

"Shertainly!" said the drunk, "and if you'll just open the door f'me, I can prove it to ya." Entering the living room, he said, "You shee that piano? Thash mine. You shee that giant television set? Thast mine too. Now follow me."

The police officer followed the man as he shakily negotiated the stairs to the second floor. The drunk pushed open the first door they came to. "Thish ish my bedroom," he announced. "Shee the bed there? Thast mine! Shee that woman lying in the bed? Thash my wife. An' see that guy lying next to her?"

"Yeah?" the cop replied suspiciously. Beginning at this point to seriously doubt the man's story.

"Well, thash me!"



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N.C. Mountain Central Office

107 Park Place Offices

70 Woodfin Place

Asheville, NC 28801

Group of Individual Name _____

Street/P.O. Box No. _____

Town and Zip Code _____

North Carolina Mountain Central Office

107 Park Place Offices

70 Woodfin Place

Asheville NC 28801

Address correction requested

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