

MOUNTAIN DOIN'S

Central Office Newsletter

JUNE 2004



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80). Address: 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Phone: Buncombe County: 254-8539. Elsewhere in WNC: 1-800-524-0465

NCMCO@bellsouth.net

On **May 26th**, The Last Chance Group of Alcoholics Anonymous is having an eating meeting of AA at the Men's First Step Farm of WNC.

215 Black Oak Cove Road, Candler

The eating and picnic will begin at 5:30 pm, and the open AA speaker meeting will begin at 7:30 pm.

The Alcoholics Anonymous community is invited to join us for fun and recovery *farm style!*

THE A.A.
BIRTHDAY
JUNE 10TH
69 YEARS!

Western NC – Region I Service Center Conference

District 70's CFC / TC and CPC / PI Committees, in conjunction with committees from other regional Districts 71, 11 and 80 will hold the first Western NC – Region I Service Center Conference on **Saturday June 5th**.

The conference is to be held at Blue Ridge Center (356 Biltmore Avenue in Asheville) from 9:00 AM to 1:00 PM.

This gathering will bring together representatives from our area's CFC (Correctional Facilities Committee), CPC (Cooperation with Professional Community), TF (Treatment Facilities) and PI (Public Information) volunteer base. The purpose of the local Combined Service Center is to better identify the "needs" within our outreach area and to become a "gateway" that will help AA's to plug into any AA Service activity in our regional area.

After a general introduction for all attendees we will have breakout sessions for CFC / TC and CPC / PI groups. This will be a great opportunity to meet other AA's from our region and share experiences and insights into our service commitments.

Conference agenda will include Speakers, Panel Discussions and a session that allows for District Updates as well as a questions and answers. All persons interested in learning more about these vital AA service functions are encouraged to attend.

Any questions can be directed to Frank H. at 250-0990 or Judy M. at 298-7031.



New meeting:

11th Step Meeting. Mondays, 7pm. St. Luke's Church, 219 Chunns Cove Road (O)

New meeting: **Hayesville Lunch Bunch.**

Thursdays, noon. Immaculate Heart of Mary Church, Hwy. 64, 3 miles W. of Hayesville.

Contact info:

District 80 GSC Treasurer

160 Rose Street
Sylva, NC 28779



Spring
Swing Fling
Saturday, May 22, 2004
 Fletcher School of Dance
 in Asheville
 7-8pm—Open speaker meeting
 8pm-11pm dancing
Free instructions
with a Swing Disc Jockey
Bring snack foods or desserts
Coffee, water, and soft drinks \$1.00
Free coffee refills
 Suggested donation—\$8.00 couple/\$5.00 single
 Hosted by the Acceptance and Young People's Groups

2004 International Big Book Step Study Convention of Alcoholics Anonymous

Speaker Meetings on All 12 Steps of Recovery

July 29—August 1, 2004

Asheville-Buncombe Technical College
Laurel Auditorium
340 Victoria Road, Asheville NC



Register online at:

<http://www.bbstepstudy.org>

or call (828) 296-0202

Early Registration Fee (postmark deadline June 15) \$10
Late Registration Fee (postmark after June 15) \$15

Central Office Phone Log



"I am responsible...
When anyone,
anywhere, reaches out
for help, I want the
hand of A.A. always
to be there. And, for
that, I am responsible.

Phone Log 4/1/04 - 4/30/04

Answering Service Calls.....	250
General Information.....	6
A.A. Help.....	3
Family Help (Al-Anon).....	3
Meeting Information.....	88
Central Office Business.....	46
P.I. Calls.....	0
Medical Help (Hospital, Detox, etc.).....	3
Others.....	5
Visitors.....	404



Hendersonville Midday Group

Joyce K	6-28-92	12 years
Mark J	6-21-91	13 years
Blair J	6-7-03	1 year
Jim P	6-15-97	7 years
Loie L	6-25-73	31 years
Leonard A	6-4-00	4 years

Acceptance Group

Joe S	6-21-03	1 year
Lee H	6-16-02	2 years

Brevard Group

Richard C	6-20-93	11 years
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Daily Decisions Group

Phil P	6-1-96	8 years
Martha M	6-25-02	2 years
Lee H	6-16-02	2 years
Ezekiel C	6-2-91	13 years
Steve E	6-28-00	4 years
Stephen T	6-24-03	1 year

Edneyville Group

Bill H	6-14-77	27 years
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Grace Group

Kent P	6-25-84	20 years
Paul S	6-10-85	19 years
Bob Po	6-2-92	12 years
Katie k	6-13-97	7 years
Dina G	6-12-99	5 years
Marty H	6-25-01	3 years
Steve K	6-1-02	2 years
Jonathan S	6-7-02	2 years
Ken G	6-5-03	1 year
Kathy S	6-13-03	1 year
Margie M	6-6-00	4 years
Mark M	6-21-03	1 year

Hendersonville Happy Hour Group

Jennifer V	6-25-03	1 year
Alan W	6-20-88	16 years
Patricia S	6-28-02	2 years
Annie K	6-12-90	14 years
Theresa H	6-2-03	1 year

Hendersonville Thursday Afternoon Women's Group

Regina T	6-7-03	1 year
Eugenia S	6-2-02	2 years

Marion Group

Doyle F	6-6-98	6 years
Harvey	6-9-98	6 years
Rick H	6-29-02	2 years

Roundtable Group

Darnell A	6-25-01	3 years
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Sylvan Valley Group

Bill L	6-1-90	14 years
Deborah	6-5-93	11 years
Jack K	6-21-81	23 years

Traditional Group

Elizabeth D	6-6-01	3 years
John Michael T	6-15-01	3 years
Bobby R	6-6-03	1 year
Terry G	6-7-01	3 years
Denise D	6-19-01	3 years
Mike B	6-26-01	3 years
Laura O	6-03-89	15 years

Tryon Tuesday Group

Amy C	6-25-03	1 year
Toby A	6-7-03	1 year

Waynesville Maple Grove Group

Mary Anne B	6-7-71	33 years
Beverly B	6-10-88	16 years
Sally G	6-18-00	4 years

Please email A.A. birthdays to NCMCO@bellsouth.net by the 1st of the previous month.
 (Please submit names, dates, and years in above format.)



Treasurer's Report

N.C. Mountain Central Office, Inc. Financial Report for the month of April 2004.

BEGINNING BANK BALANCE (4/1/04).....	2828.82
<u>Income</u>	
Total Group Contributions.....	764.56
Cash on Hand.....	27.26
Bank Interest.....	0
Sales Income.....	1773.11
TOTAL.....	5396.75

Group Contributions

Acceptance Group.....	60.00
AWOL Group.....	73.00
Black Mountain Group.....	85.00
Bryson City Group.....	10.00
Burnsville Group.....	50.00
Candler Kiss Group.....	32.00
Columbus Group.....	25.00
Cullowhee Group.....	40.00
Early Birds Group.....	73.00
Edneyville.....	10.00
Fletcher.....	1.00
Hendersonville Group.....	56.31
Hendersonville Happy Hour Group.....	100.00
Hendersonville Midday Group.....	50.00
Locked In Forward Group.....	20.00
Young People Group.....	79.25

Expenses

Rent.....	156.00
Salary.....	600.27
Payroll Tax.....	.00
Telephone: Bell South.....	158.53
Telephone: MCI.....	49.22
Answering Service.....	203.50
Printing: Where and When.....	6.05
Printing: Mountain Doin's.....	20.50
Editor.....	150.00
Sales Tax.....	111.52
Books & Chips.....	1912.99
Postage.....	58.37
Postage: Mountain Doin's.....	79.78
Bank Service Charges.....	0
Office Supplies.....	5.84
TOTAL EXPENSES.....	3512.57

END BANK BALANCE (4/30/04)..... 1884.18



To help Central Office maintain a healthy cash flow we request that groups pay their bills for material every two weeks. Thanks for your help.

The International Convention of Alcoholics Anonymous Toronto, Ontario June 30—July 3, 2005

In approximately 13 months, the 2005 International A.A. Convention will take place in Toronto.

For comprehensive information go to the A.A. website online at www.aa.org.

Click "Services for members" > "2005 International Convention".

LAST EYEWITNESS OF AA'S ORIGINS DIES IN MEMPHIS

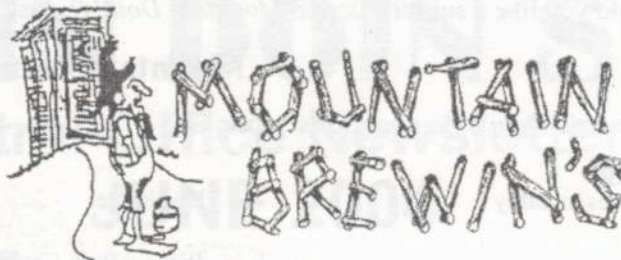
(Memphis, Tenn. April 22, 2004) Robert "Bob" Smith II, last eyewitness of the start of Alcoholics Anonymous, died of congestive heart failure at St. Francis Hospital in Memphis, Tenn. about 5 o'clock Thursday evening, April 22, 2004. "Smitty," his nickname in youth and later at recovery gatherings worldwide, was the only son of Anne Smith and Akron, Ohio physician Dr. Bob Smith.

Then a teenager, young Bob was there on Mother's day 1935 when his father met New York stockbroker Bill Wilson for the first time. The two co-founded Alcoholics Anonymous, a twelve step recovery program that has helped more than two million people worldwide recover from the disease of alcoholism.

AA's twelve step program has been replicated by more than 250 other groups that use the same steps to overcome addictions to drugs, gambling, food, sex and other behaviors. Bob Smith joined Al-Anon, a recovery program for the spouses, family, friends and other loved ones of alcoholics, when one of his family members began attending AA meetings in Nocona, Texas in the late 1970s.

It was only then, the younger Smith would say, that he realized the enormity of his father's contribution to the world in the co-founding of AA. In the past 27 years, Bob Smith accepted invitations to speak at AA and Al-Anon Conventions worldwide thirty to forty times a year. Smith made his last talk three weeks ago in Chicago's Indiana suburbs at the Talumet Round-Up. He had cut back on his speaking engagements to twenty to twenty-five a year only as he entered his mid-80s.

Smith would say of such invitations, "they didn't invite me for who I am. It's who I know," referring to the famous co-founders of AA who are regarded as spiritual giants by recovering alcoholics worldwide. Bob Smith would share his memories of AA's pioneering days at conferences, recalling how his parents and Bill Wilson allowed recovering drunks to stay in their Akron home at 855 Ardmore Avenue.



A tipsy lady sat through two cycles of the traffic lights, holding up everyone behind her. A nearby traffic cop came over and asked, "What's the matter, lady? Don't we have a color you like?"

XXXX

Two drunks were chatting at the bar. One was very unhappy. "What's the trouble?" asked his pal. "Well," replied the disgruntled drunk, "Not so long ago the pastor mumbled a few words in church and I was married. Then, just the other day, I mumbled a few words in my sleep, and now I'm divorced."

XXXX

After having had several drinks in a bar, a man staggers out and starts walking down the road with one foot in the gutter and the other on the curb.

A policeman runs up to the man and says, "Hey! You're drunk!". Whereupon the man says, "Gee thanks, Officer, I thought I was crippled".



A policeman pulled over a car and told the driver he had won \$5,000 dollars in the seatbelt competition.

"What are you going to do with the money?" asked the police man.

"Well, I guess I'm gonna get a driver's license", he answered.

"Oh, don't listen to him," said a woman in the passenger seat, "He always lies a lot when he is drunk."

Then the kid in the backseat said, "I knew we wouldn't get far on a stolen car."

At that moment there was a knock from the trunk and a voice said, "Are we over the borders yet?"

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N.C. Mountain Central Office

107 Park Place Offices

70 Woodfin Place

Asheville, NC 28801

Group of Individual Name _____

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Asheville NC 28801

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