

MOUNTAIN DOIN'S

Central Office Newsletter

MARCH 2004



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80). Address: 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Phone: Buncombe County: 254-8539. Elsewhere in WNC: 1-800-524-0465

Updated Addresses

In connection with a statement regarding contribution addresses, which appeared on page 1 of the April *Mountain Doins*, some outdated addresses were published. The corrected addresses are published below.

Central Office

N.C. Mountain Central Office
107 Park Place Offices
70 Woodfin Place
Asheville, NC 28801

General Service Office

P.O. Box 459
Grand Central Station
New York, NY 10164

Area 51

NCGSC Treasurer
P.O. Box 4648
Cary, NC 27519-4648

District 70

District 70 Treasurer
P.O. Box 8574
Asheville, NC 28814-8574

District 80

District 80 Treasurer
C/O Bob Kiley
3695 Middle Creek
Otto, NC 28763



District 71 Spring Eating Meeting

Saturday, March 27

at the

Mt Pisgah Lutheran Church
in Henderson County

located on U.S. 64
about a half mile east of I-26



GSRs will meet at 2 pm
Eating will be at 4 pm
Speaker at 5 pm

Bring a covered dish.

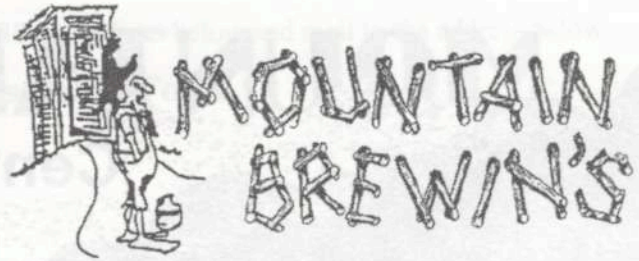


Please email all information for the Mt. Doins (including birthdays and jokes), Where and When updates, etc. to the office email address at:

NCMCO@bellsouth.net

(NCMCO - North Carolina Mt. Central Office)

Mountain Doin's is published monthly as an informational service to all A.A. members in Western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or by the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.



New Brevard meetings:

TUESDAY

- (O) 8 PM Cedar Mt. Community Center.

FRIDAY

- (O) 8 PM Cedar Mt. Community Center.
- (O) 8 PM United Methodist Church, Rosman.

Meeting cancellation: Original Recipe Group at the 1st Christian Church Fellowship Hall will no longer be meeting.

A drunk was proudly showing off his new apartment to a couple of his friends late one night, and led the way to his bedroom where there was a big brass gong.

“What’s up with this big brass gong?” one of the guests asked.

“It’s not a gong. It’s a talking clock,” the drunk replied.

“A *talking clock*? Seriously?” asked his astonished friend.

“Yup,” replied the drunk.

“How’s it work?” the friend asked, squinting at it.

“Watch,” the drunk replied. He picked up the mallet, gave it an ear-shattering pound, and stepped back. The three stood looking at one another for a moment.

Suddenly, someone on the other side of the wall screamed, “You jerk...it’s ten past three in the morning!”

The drunk, smiling triumphantly, said, “See, I *told* you it was a talking clock.”



Please email your drunk jokes (appropriate for publication in the Mt. Doin's) to NCMCO@bellsouth.net.

Central Office Phone Log



“I am responsible... When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And, for that, I am responsible.

Phone Log 1/1/04 - 1/30/04

Answering Service Calls.....	221
General Information.....	28
A.A. Help.....	4
Family Help (Al-Anon).....	5
Meeting Information.....	62
Central Office Business.....	13
P.I. Calls.....	1
Medical Help (Hospital, Detox, etc.).....	2
Others.....	0
Visitors.....	90



Acceptance Group

Lisa C	3-11-99	5 years
Jane W	3-17-86	18 years
Dan B	2-15-94	10 years
Mike G	3-19-89	15 years
Johnel V	3-29-01	3 years

Conscious Contact Group

Amy B	3-28-03	1 year
Barbara D	3-28-81	23 years
Eva H	3-27-99	5 years
Janet K	3-15-81	23 years
Joshua R	3-28-02	2 years

Daily Decisions Group

Ron S	3-1-00	1 year
David P	3-10-03	2 years
Judi S	3-15-89	

Edneyville Group

Jim P	3-23-83	21 years
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Fellowship Group

Vicki T	3-3-00	4 years
Ed T	3-21-99	5 years
Carole H	3-23-03	1 year

Grace Group

Linda M	3-20-03	1 year
Diana F	3-1-03	1 year
Ruth P	3-20-02	2 years
Joyce B	3-11-02	2 years
Shari S	3-8-02	2 years
Ed T	3-21-99	5 years
Ronnie B	3-15-94	10 years
Dick J	3-15-81	23 years

Happy Hour Group

Jim P	3-25-83	21 years
Clark L	3-22-03	1 year
Laura H	3-8-94	10 years
Robin B	3-11-02	2 years
Vivian K	3-19-85	19 years

Hendersonville Group

Jim P	3-23-83	21 years
Deborag W	3-17-87	17 years
Irma D	3-7-85	19 years
Mike S	3-29-77	27 years

Hendersonville Thurs. Women's Group

Ruth G	3-30-74	30 years
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Maple Grove Group

Phoebe H	3-3-85	19 years
Paul M	3-6-02	2 years
Jimbo C	3-10-94	10 years
Eric C	3-20-03	1 year
Carol D	3-23-87	17 years

Midday Group

John E	3-6-96	8 years
Charlie P	3-17-83	21 years

Traditional Group

Shannon S	3-30-01	3 years
Valerie W	3-25-00	4 years
Adam S	3-21-02	2 years
Kenny W	3-8-00	4 years
Marin M	3-15-02	2 years
Merritt A	3-30-02	2 years
Michael W	3-17-02	2 years
Fran R	3-2-02	2 years

Tryon Group

Ralph B	3-2-87	17 years
Christopher M	3-6-00	4 years
Cy E	3-21-63	41 years

Upward Group

Dawn C	3-7-96	8 years
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Note: Your group can now email A.A. birthdays to NCMCO@bellsouth.net by the 1st of the previous month.
(Please submit names, dates, and years in above format.)



Treasurer's Report

N.C. Mountain Central Office, Inc. Financial Report for the month of December 2003. NOTE: A full December report is provided here to supplement the partial report in last month's issue.

<u>Group Contributions</u>	
Acceptance Group.....	50.00
AWOL.....	36.00
Brevard Group.....	50.00
Bryson City Group.....	10.00
Columbus Group.....	25.00
Cumberland Group.....	180.00
Hendersonville Group.....	45.00
H'ville Happy Hour Group.....	50.00
New Hope Group.....	200.00
Midday Group.....	25.00
Sunshine Group.....	25.00
Waynesville Grace Group.....	398.40
Young People Group.....	128.50
Happy Hour Group.....	30.00
Total Group Contributions.....	1252.90

To help Central Office maintain a healthy cash flow we request that groups pay their bills for material every two weeks. Thanks for your help.

BEGINNING BANK BALANCE (12/01/03).....	2531.40
<u>Income</u>	
Total Group Contributions.....	1252.90
Cash on Hand.....	2,26
Bank Interest.....	.04
Sales Income.....	2142.14
TOTAL.....	5953.74

<u>Expenses</u>	
Rent.....	170.00
Salary.....	600.27
Payroll Tax.....	298.35
Telephone: Bell South.....	57.89
Telephone: MCI.....	49.11
Answering Service.....	224.00
Printing: Where and When.....	154.18
Printing: Mountain Doin's.....	178.71
Editor.....	150.00
Sales Tax.....	136.57
Books & Chips.....	1057.04
Postage.....	46.28
Postage: Mountain Doin's.....	63.75
Bank Service Charges.....	.00
Office Expenses.....	*982.70
TOTAL EXPENSES.....	4166.85

END BANK BALANCE (12/31/03)..... 2784.89

*Includes purchase of new computer system for \$937.63.


From As Bill Sees It

"A.A. was born out of trouble, one of the most serious kinds of trouble that can befall an individual, the trouble attendant upon this dark and fatal malady of alcoholism. Every single one of us approached A.A. in trouble, in impossible trouble, in hopeless trouble. And that is why we came."
p. 82

"In every A.A. story, pain has been the price of admission into a new life."
p. 291

"Then came A.A. Here we learned that trouble was really a fact of life for everybody—a fact that had to be understood and dealt with. Surprisingly, we found that our troubles could, under God's grace, be converted into unimagined blessings." p. 110

"These are the growing pains of infancy, and we actually thrive on them. Surmounting such problems, in A.A.'s rather rugged school of life, is a healthy exercise." p. 143



Treasurer's Report

N.C. Mountain Central Office, Inc. Financial Report for the month of January 2004.

BEGINNING BANK BALANCE (01/01/04).....	2757.63
<u>Income</u>	
Total Group Contributions.....	2380.45
Cash on Hand.....	27.26
Bank Interest.....	.00
Sales Income.....	1586.31
TOTAL.....	6751.65

Group Contributions

Acceptance Group.....	50.00
Asheville Big Book-Step Study.....	15.66
Back to Basics Group.....	200.00
Black Mtn. Group.....	83.49
Blue Ridge Group.....	100.00
Bone Dry Group.....	40.00
Brevard Serenity Group.....	72.00
Cashiers Valley Group.....	175.00
Conscious Contact Group.....	650.00
Cullowhee Valley Group.....	48.00
Early Birds Group.....	30.00
Edneyville Group.....	10.00
Fellowship Group.....	200.00
Fletcher Group.....	25.00
Hendersonville Group.....	46.00
Joy of Living Group.....	85.80
Just for Today Group.....	100.00
Marshall Group.....	300.00
Midday Group.....	25.00
Old Mission Group.....	10.00
Tuesday Afternoon Women Group.....	50.00
Tuesday Men's Group.....	15.00
Young People Group.....	49.50

Expenses

Rent.....	150.00
Salary.....	600.27
Payroll Tax.....	0
Telephone: Bell South.....	389.63
Telephone: MCI.....	48.28
Answering Service.....	205.00
Printing: Where and When.....	14.18
Printing: Mountain Doin's.....	6.63
Editor.....	150.00
Sales Tax.....	102.00
Books & Chips.....	2219.60
Postage.....	20.84
Postage: Mountain Doin's.....	86.86
Bank Service Charges.....	.00
Office Supplies.....	2.51
Misc. Expenses.....	14.10
TOTAL EXPENSES.....	4009.90

END BANK BALANCE (01/30/04)..... 2741.75

To help Central Office maintain a healthy cash flow we request that groups pay their bills for material every two weeks. Thanks for your help.

From *Pass It On* p. 172

[Regarding differences between the Oxford Group and A. A.]

- The principle of aggressive evangelism so prominent as an Oxford Group attitude had to be dropped in order to get any result with alcoholics. Experience showed that this principle, which may have been absolutely vital to the success of the Oxford Group, would seldom touch neurotics of our hue.
- The principles of honesty, purity, unselfishness, and love are as much a goal for AA members and are as much practiced by them as by any other group of people; yet we found that when the word 'absolute' was put in front of these attributes, they either turned people

away by the hundreds or gave a temporary spiritual inflation resulting in collapse.

- In order to carry the principle of inclusiveness and tolerance still further, we make no religious requirement of anyone. All people having an alcohol problem who wish to get rid of it and make a happy adjustment with the circumstances of their lives, become AA members by simply associating with us. Nothing but sincerity is asked of anyone. In this atmosphere, the orthodox, the unorthodox, and the unbeliever mix happily and usefully together, and in nearly every case great spiritual growth ensues.

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Mountain Doin's Order Form

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5 additional copies	\$10.00 per year	\$20.00 per year
10 additional copies	\$20.00 per year	\$35.00 per year
15 additional copies	\$25.00 per year	\$45.00 per year
20 additional copies	\$30.00 per year	\$60.00 per year

Individual Members:

Single copy monthly \$6.00 per year

Please circle which of the above you wish to receive and make out check or money order accordingly. Subscription rates are subject to change, dependent upon USPS rates.

Clip and mail with check or money order to:

N.C. Mountain Central Office
107 Park Place Offices
70 Woodfin Place
Asheville, NC 28801

Group of Individual Name _____

Street/P.O. Box No. _____

Town and Zip Code _____

North Carolina Mountain Central Office
107 Park Place Offices
70 Woodfin Place
Asheville NC 28801

Address correction requested

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Postage
Stamp
Here