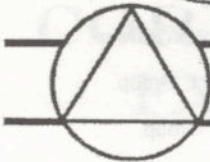


# MOUNTAIN DOIN'S

## Central Office Newsletter

### DECEMBER 2003



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80). Address: 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Phone: Buncombe County: 254-8539. Elsewhere in WNC: 1-800-524-0465



## Seventh Annual Alcathon

Starting at 6 P.M., Christmas Eve, December 24th,  
2003 to 6 P.M., Christmas Day, December 25th, 2003

&

Starting at 6 P.M., New Year's Eve, December 31st,  
2003 to 6 P.M., New Year's Day, January 1st, 2004

@

**The Blue Ridge Center, 356 Biltmore Avenue,  
Asheville (Lower level).**

(Opposite Neil Dobbins, next to St. Joseph's Hospital)

*Meetings every hour -  
Food and Fellowship.*

Food contributions will be appreciated.

For more information or to volunteer to chair/speak  
or to bring food, call:

Pat E. 251-1606 or Dan L. 649-1736.

Sponsored by the Asheville Grace Group.

## Central Office Meeting

December 7th 2 P.M.

@ Serenity Service  
Group

697 G Haywood Road  
(beside Ingles)



Mountain Doin's is published monthly as an informational service to all A.A. members in Western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or by the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.



# Central Office Meeting Minutes

10.05.03

**New Meeting: Up The River Group.**  
104 Academy Street, Waynesville. First Methodist Church. Tuesday/Thursday 12:30 P.M.

**New Spanish Speaking Meeting: Grupo Vida Nueva De AA** Reuniones Sabado y Domingo de 8 P.M. a 9:30 P.M. New Life Group of A.A. meets Saturdays and Sundays from 8:00 to 9:30 P.M. at El Centro, 1314 N. Main Street, Hendersonville.

**Meeting Move: Common Sense Group** is moving the Saturday 8 P.M. meeting from the Macon Co. Library to the 1st United Methodist Church (Franklin).

Attendees

- Norma H.:** Central Office Secretary - "We Don't Wine" Group.
- Hugh H.:** Central Office Treasurer - "Black Mountain" Group.
- Mike H.:** Central Office Rep. - "Conscious Contact" Group.
- Darnell A.:** Central Office Rep. - "Round Table" Group.
- Christine Mc.:** Central Office Rep - "Serenity Service" Group.
- Ray D.:** Central Office Co-chair. - "Hendersonville" Group.
- Bob V.:** Central Office Manager. - "Back to Basics" Group.

The meeting was held in conjunction with District 71's Eatin' Meeting held in Columbus, NC at the Columbus Presbyterian Church.

Ray D. chaired on behalf of Dan B., who was working out of town. At 3 P.M. Ray opened the meeting with the Serenity Prayer.

Secretary, Norma H., read the minutes of the 6/22/03 Central Office Meeting. Minutes were approved as read.

Hugh H., Treasurer, passed out the Sept. 2003 Treasury Report. He opened the floor to any questions. Bob V., Central Office Manager, explained the distribution of the new copier's maintenance fee and/or supplies. He also felt the Group's donations should be sufficient to cover year-end office expenses. Report was approved.

New Business

Bob V. announced a new email address for groups to send in the AA Anniversaries only: [visualism@hotmail.com](mailto:visualism@hotmail.com). This email address will be printed in future Mt. Doin's. Any other Group information should be called into the Mountain Doin's office as done in the past.

Bob V. announced that Alan W. was longer the editor for the Mountain Doin's. Mark Mc. of the Grace Group in Asheville will be Alan W's replacement. This change will be effective as of November 2003, Mountain Doin's edition. Mark can be contacted through his email address [mentioned above].

Bob V. said he's also ready to end his tenure as

## Central Office Phone Log



"I am responsible...When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And, for that, I am responsible.

### Phone Log 9/29/03 - 10/31/03

Answering Service Calls.....	331
General Information.....	0
A.A. Help.....	4
Family Help (Al-Anon).....	6
Meeting Information.....	131
Central Office Business.....	102
P.I. Calls.....	0
Medical Help (Hospital, Detox, etc.).....	0
Others.....	0
Visitors.....	115



**Acceptance Group**

Theresa B	12-1-01	2 years
Dan B	12-2-88	15 years
Eric C	12-3-00	3 years
Don C	12-7-02	1 year
Stan B	12-10-76	27 years
Teresa C	12-11-00	3 years
Phil T	12-16-94	9 years
Melanie B	12-17-02	1 year
Wade R	12-18-02	1 year
Babs A	12-21-81	22 years
Jack W	12-25-92	11 years
Lee P	12-27-02	1 year

**Conscious Contact Group**

Judith T	12-23-76	27 years
Carla M	12-23-89	14 years
Monica B	12-07-93	10 years
Jennye J	12-25-85	18 years

**Happy Hour Group**

Dave W	12-27-98	5 years
Cheryl E	12-4-84	19 years
Kathy K	12-24-92	11 years
Pete P	12-5-82	21 years

**Grace Group**

Doug M	12-04-85	18 years
Candy M	12-04-89	14 years
Pat E	12-26-93	10 years
Clarissa Z	12-06-02	1 year

**Hendersonville Thursday Afternoon Women's Group**

Aileen S	12-5-82	21 years
Carol C	12-11-85	18 years
Jo Ann P	12-31-89	14 years
Jacki R	12-31-99	4 years

**Mid-Day Group**

Cheryl E	12-14-84	19 years
Marcia B	12-11-00	3 years

**Upward Group**

Maurice S	12-21-80	23 years
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**Note: Your group can now email A.A. birthdays to [visualism@hotmail.com](mailto:visualism@hotmail.com) by the 1st of the previous month. (Please submit names, dates, and years in above format.)**

Central Office Manager. Further he stated that his replacement should be computer literate to enable them to accomplish future Central Office work. He said the office will also need a computer and internet access to address Central Office's needs. Bob says the Central Office Board would have to pre-approve any purchase for these future computer needs/equipment, and internet access. Bob V. then asked the Board Members Represented at the meeting to vote on the approval of the computer equipment. All meeting attendees agreed that the Central Office should be brought into the 21st century.

Hugh H., Treasurer, made a motion to approve a computer expenditure of up to \$1500.00 and not to be exceeded. Motion was seconded by Mike H., Central office representative of the Conscious Contact Group. Motion passed.

Hugh H., Treasurer, opened discussion about who could be Bob V.'s replacement and hopefully by the next Central Office Meeting a decision could be made. He feels we have been very fortunate to have had Bob V. serve the Central Office for the last fourteen years. He further stated that whoever the person or persons are would have to be trained on the



# Treasurer's Report

N.C. Mountain Central Office, Inc. Financial Report for the month of September 2003.

## Group Contributions

Acceptance Group.....	50.00
Asheville Big Book Step Group.....	39.62
Black Mountain Group.....	98.00
Brevard Group.....	50.00
Candler Kiss Group.....	370.42
Cashiers Valley Group.....	150.00
Cedar Mountain Group.....	30.00
Cullowhee Valley Group.....	35.00
Daily Decisions Group.....	111.83
Edneyville Group.....	5.00
Fellowship Group.....	25.00
District 70.....	100.00
Early Bird Group.....	26.00
Grace of God Group.....	10.00
Hendersonville Group.....	63.32
Hendersonville Happy Hr. Group.....	50.00
Hendersonville Midday Group.....	25.00
Just for Today Group.....	40.00
Leicester Group.....	25.00
Maple Grove-Clyde Group.....	235.27
Six O'Clock Group.....	185.00
Sunshine Group.....	25.00
Tryon Group.....	40.00

BEGINNING BANK BALANCE (10/01/03).....	2802.39
<u>Income</u>	
Total Group Contributions.....	1789.46
Cash on Hand.....	27.26
Bank Interest.....	0
Sales Income.....	1787.70
<b>TOTAL.....</b>	<b>6406.81</b>

## Expenses

Rent.....	170.00
Salary.....	600.27
Payroll Tax.....	0
Telephone: Bell South.....	58.19
Telephone: MCI.....	43.39
Answering Service.....	211.50
Printing: Where and When.....	7.70
Printing: Mountain Doin's.....	16.07
Editor.....	175.00
Sales Tax.....	114.43
Books & Chips.....	1270.20
Postage.....	70.59
Postage: Mountain Doin's.....	124.70
Bank Service Charges.....	0
Office Supplies.....	49.79
Copier Maintenance.....	0
<b>TOTAL EXPENSES.....</b>	<b>3295.98</b>

**END BANK BALANCE (10/31/03)..... 3110.83**

To help Central Office maintain a healthy cash flow we request that groups pay their bills for material every two weeks. Thanks for your help.

Hugh H. recommended Bob V. be cash reimbursed for any unused vacation. The Board agreed. Hugh H. made the motion to cash reimburse Bob. For any unused vacation time. Norma H. seconded the motion and the motion was passed.

A group discussion followed concerning Bob V's retirement. Bob V. said he would continue to serve as office manager until the Central Office Board Members decides on his replacement.

Bob V. said the next Central Office Meeting will be held in December 2003 and that the Board needs to come up with a candidate to replace him at that time. He further stated the Board could even consider getting two people to coordinate sharing the replacement duties. Backups will still be needed in addition to these two people. He said you could expect a certain loss of consistency if the Office Manager's job was a shared responsibility.

Bob said he felt this meeting had been very productive and he briefed the Board on the minimum requirements of his replacement. The Board will be responsible for searching and hiring a new Central Office Manager and their findings should be brought to the December 2003 Central Office Meeting.

Bob V. stated the October 5, 2003 minutes would be printed in the December 2003 Mountain Doin's.

At 3:55 PM Ray H. adjourned the meeting and closed with the Lord's Prayer.



# Carrying the Message

Into

## CORRECTIONAL FACILITIES AND TREATMENT CENTERS



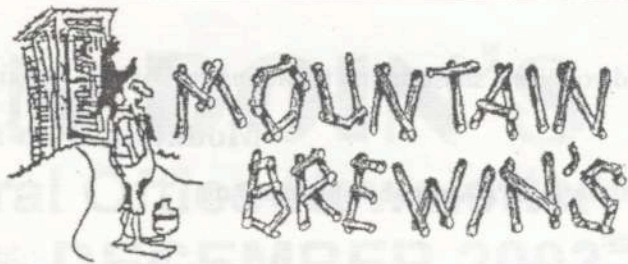
### District 70 Workshop

Saturday, December 6th, 2003 9:00am to 12:30pm

Blue Ridge Center 356 Biltmore Avenue (Exit 50, I-40, U.S. 25N) Asheville, NC

Great Speakers  
District Participation Meetings  
Films - Panel Discussions  
Fellowship - Service Opportunities

## See you there!



At a speaker's meeting...two AAs go outside for a smoke. Upon return to the meeting one nudges a fella in the back row, "aren't they done yet?". To which the fella responds, "sure, they just haven't stopped yet!".

XXX

Well Pop, are you going down to the grange tonight to get drunk?



Yeah, and God how I dread it!

XXX

A drunk goes into a bar. Above the bar reads a sign "All you can drink: \$1". The drunk calls out, "I'll have two bucks worth, please!".

XXX

Two sober AAs are chatting: "Which ever one of us dies first has to come back and let the other know if there is AA in heaven." ...Years later one comes back and reports, "I've got good news and bad news. The good news is there are plenty AA meetings in heaven...the bad news is that you are signed up to chair tomorrow night!"

Would you like a subscription to *Mountain Doin's*? Just fill in the form below and mail to the address below.

### Mountain Doin's Order Form

#### Mountain Doin's Annual Subscriptions:

**Groups:**

3 copies monthly	No charge	
	<i>Pick up from Central Office</i>	<i>Deliver by mail</i>
5 additional copies	\$10.00 per year	\$20.00 per year
10 additional copies	\$20.00 per year	\$35.00 per year
15 additional copies	\$25.00 per year	\$45.00 per year
20 additional copies	\$30.00 per year	\$60.00 per year

**Individual Members:**

Single copy monthly \$6.00 per year

Please circle which of the above you wish to receive and make out check or money order accordingly. Subscription rates are subject to change, dependent upon USPS rates.

Clip and mail with check or money order to:  
**N.C. Mountain Central Office**  
107 Park Place Offices  
70 Woodfin Place  
Asheville, NC 28801

Group of Individual Name \_\_\_\_\_

Street/P.O. Box No. \_\_\_\_\_

Town and Zip Code \_\_\_\_\_

North Carolina Mountain Central Office  
107 Park Place Offices  
70 Woodfin Place  
Asheville NC 28801

Address correction requested

Place  
Postage  
Stamp  
Here