

# MOUNTAIN DOIN'S

Central Office Newsletter  
SEPTEMBER 2002



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80). Address: 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Phone: Buncombe County: 254-8539. Elsewhere in WNC: 1-800-524-0465

***Y'all Come!***



***District 71 Eatin' Meeting***  
**Sunday, September 22, 2002**  
**at Columbus Presbyterian Church**  
**Columbus, N.C.**

**G.S.R. Meeting at 2.30 P.M.**  
**Eating at 4 P.M.**  
**Speaker at 5 P.M.**

**How to get there:**

Take 26E to Exit 36. At Stop Light of the exit, take a left at Hwy 108. At the next Stop Light take a right. Go to the next Stop Sign. The Church will be seen in front of you on Peniel Street.

***Join us for fellowship and fun!***



**DISTRICT**  
**80**  
***EATIN'***  
***MEETING***

**Sunday, September 22, 2002**

**at**  
**East La Porte Recreation Area,**  
**Cullowhee**  
**Highway 107 South**

**Hosted by**  
**Cullowhee Valley Group**

**Eating at 12 NOON**  
**Speaker at 1.30 P.M.**

**For further information phone:**  
**Carl I. at (828) 293-0605**

***Please bring a covered dish and***  
***join us for fellowship and fun!***

*Mountain Doin's* is published monthly as an informational service to all A.A. members in Western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or by the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.



# Fellowship News

Meeting cancellations: **The Serenity Service Group** of Asheville canceled its 8 PM meetings on Sundays, Mondays, Tuesdays, Wednesdays, and Thursdays. Also canceled are its 10 PM Saturday meetings. The meetings were held at ABCCM Shelter, 207 Coxe Avenue, Asheville. All other Serenity Service Group meetings remain as listed in the *Where and When*.

Meeting Time Change: The open **Big Book/Step Study Meeting** held at Biltmore United Methodist Church, Asheville, at 5.45 PM on Fridays has been changed to Thursdays at 7 PM, at the same address. The meetings are held on the second floor (when using elevator, press "2R").

New Meetings: **The Burnsville Group** announces new meetings to be held at 12 NOON on Mondays, Wednesdays, and Thursdays. The meetings are all open, discussion. The meetings are held at the corner of Avery Street and Academy Street.

Meeting Change and Addition: **The Fellowship Group**, which meets at St. Barnabas Church in Arden has changed its Tuesday 6.15 PM meeting time to 6.30 PM. The meeting subject is now "As Bill Sees It" study



and is a closed, non-smoking meeting. In addition, a new meeting has begun on Wednesdays at noon, and is a Big Book Study meeting. The new Wednesday meetings at noon are closed, non-smoking.

## Speakers Needed

Speakers are needed for a one-year treatment program in Black Mountain. For information, please contact Scott O. at 253-9610

## Central Office Phone Log



"I am responsible . . .  
When anyone, anywhere,  
reaches out for help, I  
want the hand of A.A.  
always to be there.  
And, for that, I am  
responsible."

### Phone Log 7-01-02—7-26-02

Answering Service Calls	330
General Information	7
A.A. Help	2
Family Help (Al-Anon)	10
Meeting Information	95
Central Office Business	83
Medical Help (Hospital, Detox, etc.)	3
P.I. Calls	0
Others	0
Visitors	76

Correction: The A.A. Help calls in the August issue were incorrectly listed as 43. The correct number of calls was 3.

## Bryson City Group Picnic

on  
Sunday, September 29, 2002

at  
Morgan Pavilion  
West Deep Creek Road  
Bryson City

Eating at 12 NOON  
Speaker at 1:30 PM

for more information call:  
Maurice B. at (828) 488-3653



#### Acceptance Group

Lenny J.	9-7-94	8 years
Murri	9-12-84	18 years
Norma	9-30-94	8 years
Adira	9-30-86	16 years

#### Back To Basics Group

Robert H.	9-1-97	5 years
Jeff G.	9-6-89	13 years
Cate M.	9-25-82	20 years

#### Conscious Contact Group

Eric C.	9-2-96	6 years
Mary M.	9-29-92	10 years
Jake B.	9-28-93	9 years
Jim A.	9-23-89	13 years
Casey	9-11-00	2 years

#### Cumberland Group

Bob R.	9-7-83	19 years
Connie A.	9-30-92	10 years

#### Daily Decisions Group

Elizabeth E.	9-01-89	13 years
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#### Fellowship Group

Gerd S.	9-17-79	23 years
Becky H.	9-21-94	8 years
George D.	9-30-89	13 years

#### Grace Group (Asheville)

Evan R.	9-02-90	12 years
Jon C.	9-02-01	1 year
Steve C.	9-04-98	4 years
Mary P.	9-11-97	5 years
Michael J.	9-12-00	2 years
Sarah L.	9-13-99	3 years
Joy T.	9-17-99	3 years
Diana B.	9-28-96	6 years
Bill E.	9-30-94	8 years

#### Happy Hour Group

Karen T.	9-01-00	2 years
Frank B.	9-27-89	13 years

#### Hendersonville Group

H.C.	9-06-94	8 years
Susan J.	9-16-85	17 years
John K.	9-17-01	1 year
Ray D.	9-14-99	3 years
Raymond F.	9-18-96	6 years

#### Maggie Group

Fran C.	No date given	13 years
Bruer J	No date given	13 years

#### Midday Group

Debbie M.	9-21-95	7 years
Ilena R.	9-26-97	5 years

#### Thursday Afternoon Women's Group

Cleta S.	9-03-99	3 years
Maija G.	9-04-87	15 years
Ann F.	9-04-88	14 years
Camile R.	9-09-78	24 years
Carol H.	9-28-72	30 years

## Deadline Dates Reminder

This is a reminder that the N.C. Mountain Central Office has set new deadline dates for publication in *Mountain Doin's* regarding Districts 70, 71, and 80 special events such as Eatin' Meetings, A.A. Birthday lists, and any announcements that groups would like to see published in *Mountain Doin's*.

All information must be received at Central Office by the first of the month prior to the month of the event. For example, information regarding an event planned for a date in October must be received at Central Office by September 1st. But since the first of September 2002 is a Sunday, the Central Office receipt date could be extended to Monday, September 2nd, since there is no mail on Sundays.

However, it is suggested that the easiest plan for groups to work by is to consider forwarding material so that it can arrive at Central Office by

the last Friday of the preceding month, since **Central Office is not open to handle mail on Saturdays or Sundays.** Nevertheless, anyone may deliver the information personally at Central Office on a Saturday or Sunday (if the building is open) by entering the building and placing the information through the mail slot in the Central Office door at the address shown in this *Mountain Doin's* masthead on the front page.

Any questions? Call Central Office at 254-8539 in Buncombe County, or 1-800-524-0465 outside Buncombe County. Please call during business hours, which are Mondays - Fridays between 10 AM and 1 PM.

**When it comes to giving,  
some people stop at nothing.**



## Treasurer's Report

N.C. Mountain Central Office, Inc. Financial Report for the month of July 2002.

### INCOME

#### Group Contributions

Acceptance Group	\$50.00
Asheville Big Book Study Group	\$54.00
AWOL Group	\$20.00
Bone Dry Group	\$45.00
Brevard Group	\$50.00
But For the Grace of God Group	\$10.00
Candler KISS Group	\$140.00
Conscious Contact Group	\$300.00
Cullowhee Group	\$20.00
Daily Decisions Group	\$112.50
Day By Day Group	\$100.00
District 70	\$132.00
Easy Does It Group	\$25.00
Franklin Group	\$25.00
Happy Hour Group	\$50.00
Hendersonville Group	\$47.21
Joy Of Living Group	\$95.85
Just For Today Group	\$35.00
Mars Hill Group	\$100.00
Maple Grove Group	\$666.55
Marion High Noon Group	\$100.00
Midday Group	\$25.00
Mountain View Group	\$80.00
Six O'Clock Open Group	\$100.00
Sunshine Group	\$15.00
Tuesday Night Men's Group	\$100.00
Thursday Afternoon Women's Group	\$100.00

<b>Total Group Contributions</b>	<b>\$2598.11</b>
<b>Financial Position as of 07-01-02</b>	<b>\$2874.95</b>
Cash on Hand	\$27.26
Income	\$4833.59
<b>Total</b>	<b>\$7735.80</b>

### Expenses

Rent	\$144.00
Salary	\$600.27
Payroll Tax	—
Phone S.Bell	\$57.57
Phone AT&T	\$148.44
Answering Service	\$263.00
Printing W & W	\$272.75
Printing Mountain Doin's	\$272.75
Editor Expense	\$150.00
Sales Tax	\$118.82
Books & Chips	\$2002.54
Postage	\$77.90
Postage Mountain Doin's	\$58.20
Bank Service Charge	\$10.00
Office Supplies	\$34.21
Transfer to Copier Fund	\$500.00
Misc. Returned checks	\$141.80
<b>Total Expenses</b>	<b>\$4852.24</b>

**Bank Balance as of 07-31-02** **\$2883.56**

To help Central Office maintain a healthy cash flow we request that groups pay their bills for material every two weeks. Thanks for your help.

## Tradition Four

... Let us look more closely at Tradition Four. The first sentence guarantees each A.A. group local autonomy. With respect to its own affairs, the group makes any decisions, adopts any attitudes that it likes. No overall or intergroup authority should challenge this primary privilege. We feel this ought to be so, even though the group might sometimes act with complete indifference to our Tradition. For example, an A.A. group could, if it wished, hire a paid preacher and support him out of the proceeds of a group nightclub. Though such an absurd procedure would be miles outside our Tradition, the group's "right to be wrong" would be held inviolate. We are sure that each group can be granted, and safely granted, these extreme privileges.

— Bill W., *Grapevine*, March 1984

... Tradition Four is yet another significant declaration of mutual trust and love as it flows from each

A.A group to the other. We give each group full autonomy, the undisturbed right to manage its own affairs.  
—Bill W., *Grapevine*, November 1960

## A Full and Thankful Heart

One exercise that I practice is to try for a full inventory of my blessings and then for a right of acceptance of the many gifts that are mine—both temporal and spiritual. Here I try to achieve a state of joyful gratitude. When such a brand of gratitude is repeatedly affirmed and pondered, it can finally displace the natural tendency to congratulate myself on whatever progress I may have been enabled to make in some areas of living.

I try to hold fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one's heartbeat must surely result in outgoing love, the finest emotion that we can ever know.  
—from *The Grapevine*, March 62



# Calendar of Events

Events listed here are presented solely as a service to readers, not as an endorsement by the General Service Office or by the North Carolina Mountain Central Office. For any additional information please use the addresses or phone numbers provided.

The North Carolina Conference of Young People in Alcoholics Anonymous (N.C.C.Y.A.) is holding the 6th Annual convention this year at the Y.M.C.A. Blue Ridge Assembly in Black Mountain (near Asheville), Thursday Sept. 26th—Sunday Sept. 29th, 2002. For registration information please dial (828) 285-0911

## Area 51 Events Schedule

2002 Fall Committee Mtg. Sep. 14-15  
2002 Fall Committee & Assembly Nov. 1-3

## Home Group—The Heartbeat of A.A.

It seems to be that, in the beginning, a home group is all most of us can possibly handle. It's where we first find a sponsor, where someone first sees that we get a Big Book, where we first see the Steps on the wall, where we learn again to pray, and where we first begin to recover. But most of all, because of the trust that develops through the meetings of a home group, it is where we might first begin to care about someone else so that we might eventually begin to love again, both in A.A. and among our friends and family.

It is where we first learn to take responsibility so that we might eventually take responsibility for our lives. In my case, that began with the simple chore of cleaning out ashtrays. (How wise they knew I could do no more!) It was there we learned to do Twelfth Step work so that we could eventually pass on to others what was so freely given to us, thereby assuring the very future and survival of the Fellowship. It was there that someone began answering the questions about all the mysteries of what makes it all work.

Oh yes, the home group is the heartbeat of the Fellowship. There are many reasons why the groups need each and every member running through their life veins. But most important, we need our home groups. That's where it all began, and it's where it will all end for us. Yes, all of us have also had the job of burying some of those who passed the recovery program on to each of us.

—from *The Home Group: Heartbeat of A.A.*

# MOUNTAIN BREWING'S



Alky Harry came home from the railway station complaining that he felt ill because he had been riding backward for two hours on the train.

"Why didn't you ask someone sitting opposite you to change seats?" his father asked.

"I couldn't," replied Alky Harry. "There wasn't anybody sitting opposite me."

x x x

A couple of alxies were discussing their wives. One said he loved his wife, but every time they get into an argument, she becomes hysterical.

"You mean 'hysterical,'" said his friend.

"No 'hysterical.' Whenever she gets upset, she keeps bringing up the past."

x x x

Upon arriving home the alky's wife screamed at him: Why, you're half drunk!"

"I know, I ran out of money."

x x x

Two boozing buddies met on the street. One was using crutches.

"What happened to you?" asked the other.

"I was in a car accident six months ago," he explained.

"And you're still on crutches?"

"Well, my doctor says I could get along without them. But my lawyer says I can't."

x x x

Paddy left the bar and began driving toward his home. He was weaving from side to side of the road when a cop pulled him over.

"Paddy," said the cop, "you must be drunk."

"Thanks be to God," said Paddy. "I feared it was the steering."

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### Mountain Doin's Order Form

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5 additional copies	\$10.00 per year	\$20.00 per year
10 additional copies	\$20.00 per year	\$35.00 per year
15 additional copies	\$25.00 per year	\$45.00 per year
20 additional copies	\$30.00 per year	\$60.00 per year

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Please circle which of the above you wish to receive and make out check or money order accordingly. Subscription rates are subject to change, dependent upon USPS rates.

Clip and mail with check or money order to:

**N.C. Mountain Central Office**  
**107 Park Place Offices**  
**70 Woodfin Place**  
**Asheville NC 28801**

Group or Individual Name \_\_\_\_\_

Street/P.O. Box No \_\_\_\_\_

Town and Zip Code \_\_\_\_\_

North Carolina Mountain Central Office  
107 Park Place Offices  
70 Woodfin Place  
Asheville NC 28801

Place  
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Address correction requested