

MOUNTAIN DOIN'S

Central Office Newsletter

JUNE 2001



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80). Address: 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Phone: Buncombe County: 254-8539. Elsewhere in WNC: 1-800-524-0465

District 70 Eatin' Meeting and Central Office Meeting

**Come help us celebrate
Alcoholics Anonymous
66th Birthday
June 10th, 2001**

**at Fellowship Hall on the corner of
Aston St. and South Lexington St.
Asheville, NC**

**GSR Mtg. at 2.00 pm
Central Office Mtg. at 3.00 pm
Eating at 4.00 pm
Speaker at 5.00 pm**

**Meats & Drinks provided.
Please bring a covered dish.**

**Co-sponsors:
Women's First
Step Farm
The Traditional Group
Serenity Service Group**

**For more information con-
tact
Stan O. @ 650-6586**



District 71 Eatin' Meeting and GSR Meeting

**Sunday
June 3, 2001**

**at
Polk County 4-H
Locust Street
Columbus, NC**

**GSR Meeting at 2.30 pm
Eating at 4.00 pm
Speaker at 5.00 pm**

How to get there:

Take Exit 36 off I-26 (route to Highways 74 and 108). Stay in right lane at exit and head toward Highway 108 (Columbus). Turn left at Stop Sign (Highway 108) and go through three Stop lights. Locust Street is slightly beyond the 3rd light and is on your right. There is a "4-H" sign at Locust Street.



Details of District 80 Eatin' Meeting, June 10, 2001 on page 4 of this *Mountain Doin's*

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Fellowship News

Meeting Changes: The Hendersonville Group has decided that all future meetings of the group (listed in the *Where and When*) will be nonsmoking.

Meeting Cancellation: The Columbus Group's 6:30P.M. meeting, held at the Columbus Presbyterian Church, has been cancelled.

Readers Forum

LIVE LETTERS

To Thine Own Self . . .

We often hear it said at meetings just as we often see it on our bronze medallions and other A.A. materials. A certain quote from Shakespeare's *Hamlet*. But we seldom hear the full quote that Polonius stated in Act 1, Scene 2 of Shakespeare's *Hamlet*

The full quote, which expands so poignantly on that simple remark reads: *This above all: to thine own self be true, and it must follow, as the night the day, that though canst not then be false to any man.*

In other words, if we are genuinely honest with



"I've changed it slightly to God is my cope-pilot."

ourselves, we will be just as honest with others. And that's what life is all about. Real, genuine honesty, both inside and outside. We don't have to be false to any man (or woman). —JB

Spiritual Awakening—What Is It?

I often wondered about a spiritual awakening. Nobody had yet explained to me exactly what it was. Then I read just a few sentences from Bill W. that put the matter in proper perspective. He wrote:

"Is sobriety all that we are to expect of a spiritual awakening? No, sobriety is only the beginning; it is only the first gift of the first awakening. If more gifts are to be received, our awakening has to go on. As it does go on, we find that bit by bit we can discard the old life—the one that did not work—for a new life that can and does work under any conditions whatever."

That statement from Bill W. opened my eyes into the realization that our spiritual awakening is a journey into proper living, which begins with sobriety and continues on into turning our whole lives and attitudes toward a new and proper way of life. —EM

Central Office Phone Log



"I am responsible . . . When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And, for that, I am responsible."

Phone Log 4-2-01—4-27-01

Answering Service Calls	256
General Information	1
A.A. Help	4
Family Help (Al-Anon)	7
Meeting Information	119
Central Office Business	83
P.I. Calls	0
Medical Help (Hospital, Detox, etc.)	5
Others	0
Visitors	61

Edneyville Group

Eatin' Mtg. & B/day Celebration

Birthday Celebration: The Edneyville Group is celebrating Myrtle D.'s birthday of fourteen years clean and sober on Sunday, July 8, 2001. The Celebration will be in the form of an Eatin' Meeting, held after the regular 2.30 P.M. Sunday open meeting at St. Paul's Church, St. Paul's Road, Edneyville. Please bring a covered dish and a friend.



Acceptance Group

Ellen M.	6-29-86	15 years
Jay S.	6-25-99	2 years

Black Mountain Group

Cindy P.	No dates given	22 years
Mike T.	" " "	24 years
Jerry D.	" " "	27 years
Carolyn S.	" " "	12 years
Joel B.	" " "	6 years

Brevard Group

Steve H.	6-12-98	3 years
Kathy B.	6-??-91	10 years

Conscious Contact Group

Jim G.	6-27-89	12 years
John J.	6-2-86	15 years
Pamela D.	6-29-92	9 years
Julie Mac.	6-17-96	5 years

Cumberland Group

Sue T.	6-27-84	17 years
Brad K.	9-1-98	3 years

Daily Decisions Group

Phil P.	6-1-96	5 years
Bruce U.	6-3-79	22 years
Katie K.	6-13-97	4 years

Bill V.	6-17-86	15 years
Steve E.	6-28-00	1 year

Grace Group (Waynesville)

Ted S.	6-18-77	24 yrs
Gary J.	6-16-97	4 years
Ralph T.	6-8-96	5 years

Hendersonville Thursday Aft. Women's Group

Janet R.	6-10-89	2 years
Kay G.	6-24-82	19 years

Hendersonville Group

Marshall D.	6-17-82	19 years
Warren	6-15-92	9 years
Kenny S.	6-28-83	18 years
Anita S.	6-12-94	7 years
Al D.	6-10-99	2 years
Bill H.	6-14-77	24 years
Mark S.	9-12-90	11 years
Nadine G.	6-21-91	10 years

Midday Group

Nancy M.	6-17-95	6 years
Patsy S.	6-25-90	11 years
Irene	No date given	30 years
Jim	6-18-97	4 years

Maple Grove Group

Mary Ann B.	6-7-71	30 years
Beverly B.	6-10-88	13 years
Barbara C.	6-2-94	7 years
Andy M.	6-27-96	5 years
Sally G.	6-18-00	1 year

Serenity Service Group

Charity B.	6-23-99	2 years
Paula L.	6-26-00	1 year
Terry	6-27-00	1 year
Laurenn N.	6-24-94	7 years
Ken B.	6-30-82	19 years

Visiting Drinking Places

In our belief any scheme of combating alcoholism which proposes to shield the sick man from temptation is doomed to failure. . . .

So our rule is not to avoid a place where there is drinking, *if we have a legitimate reason for being there*. That includes bars, nightclubs, dances, receptions, weddings, even plain ordinary whoopee parties. To a person who has had experience with an alcoholic, this may seem like tempting Providence, but it isn't.

You will note that we made an important quali-

fication. Therefore, ask yourself on each occasion. "Have I any good social, business, or personal reason for going to this place? Or am I expecting to steal a little vicarious pleasure from the atmosphere of such places?" If you answer these questions satisfactorily, you need have no apprehension. Go or stay away, whichever seems best. But be sure you are on solid spiritual ground before you start and that your motive in going is thoroughly good. Do not think of what you will get out of the occasion. Think of what you can bring to it. But if you are shaky, you had better work with another alcoholic instead!

—Extracted from Alcoholics Anonymous pages 101-102

Treasurer's Report



N.C. Mountain Central Office, Inc.
Financial Report
for the month of April 2001

Group Contributions

Acceptance Group	\$50.00
Asheville Big Book	\$40.00
AWOL	\$20.00
Brevard Group	\$50.00
By The Book Group	\$62.67
Common Sense Group	\$38.00
Cumberland group	\$198.00
Hendersonville Group	\$70.20
Joy Of Living Group	\$60.22
Maggie Valley group	\$50.00
Roundtable Group	\$50.00
Total Group Contributions	\$\$\$689.09

Financial Position as of 04/30/01

Bank Balance as of 04/01/01	\$2339.92
Cash on Hand	\$27.26

Income	\$1979.40
Total	\$4346.58

Expenses

Rent	\$138.00
Salary	\$554.10
Payroll Tx	
Phone BellSouth	\$55.37
Phone AT&T	
Answering Service	\$167.50
Printing W & W	\$388.66
Printing Mountain Doin's	\$415.50
Publishing Expenses	\$150.00
Sales Tax	\$70.76
Books & Chips	\$1159.93
Postage	\$38.42
Postage Mountain Doin's	\$55.66
Bank Service Charge	\$1.50
Office Supplies	\$93.19
Copy Machine	\$0.00
Misc. Fire Inspection	\$45.00
Total	\$3333.62

Bank Balance as of 04/31/01	\$1012.96
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To help the Central Office maintain a healthy cash flow, we request that groups pay their bill for materials every two weeks. Thank you for your help.



District 80

Eatin' Meeting

Sunday, June 10, 2001

Community Bible Church
3645 Highway 64 E., Highlands
(1.5 miles on 64E from Main St. Highlands)

Eating at 2 pm (Bring covered dish)
Speakers at 3 pm
(Joyce I. & Joe G.)

Sponsored by Mtn. View Group, Highlands

AnyQuestions? Call:
Joan R. 828-526-3141 or Bobbie R. 828-526-3564

The Nonalcoholic Addict

Many treatment centers today combine alcoholism and drug addiction under "substance abuse" or "chemical dependence." Patients (both alcoholic and nonalcoholic) are introduced to A.A. and encouraged to attend A.A. meetings when they leave. *Anyone* may attend *open* A.A. meetings. But only those with a *drinking* problem may attend *closed* meetings or become A.A. *members*. People with problems other than alcoholism are eligible for A.A. membership *only* if they have a drinking problem.

Dr. Vincent Dole, a pioneer in methadone treatment for heroin addicts and for several years a trustee on the General Service Board of A.A., made the following statement: "The source of strength in A.A. is its single-mindedness. The mission of A.A. is to help alcoholics. A.A. limits what it is demanding of itself and its associates, and its success lies in its limited target. To believe that the process that is successful in one line guarantees success for another would be a serious mistake." Consequently, we welcome the opportunity to share A.A. experience with those who would like to develop self-help programs for the non-alcoholic addict using A.A. methods, but using the *experience* of the nonalcoholic addict during drug addiction and recovery.

—From A.A. World Services



Calendar of Events

Events listed here are presented solely as a service to readers, not as an endorsement by the General Service Office or by the North Carolina Mountain Central Office. For any additional information please use the addresses or phone numbers provided.

54th South Carolina State A.A. Convention in conjunction with the **57th Southeast Regional Conference. August 16, 17, 18, & 19, 2001** At Adam's Mark, Columbia, 1200 Main St. Columbia, S.C., 29201. Great workshops, Early Bird Meeting, Archives Display Room, Sharing Meetings, Delegates' Panel. Six speakers. Make room reservations directly with hotel (800)-444-2326. Or (803) 771-7000. Visit our website at www.scwebster.com

Sobriety @ Sea presents "The Great Alaskan Adventure" on September 9, 2001, aboard Royal Caribbean's new ship "Vision of the Seas." The seven night cruise aboard the Super-liner departs from Vancouver, British Columbia. For full information and free brochure call Bob at South Beach Cruises, (CruiseShopping.com) 800-650-7245 Ext. 111.

10th Annual Southeastern Women To Women Seminar; "Secrets Women Don't Share." September 21-23, 2001. At Hilton Hotel, Ocala, Florida. Listen and share on topics relating to women and sobriety in a safe and spiritual environment, in keeping with the A.A. tradition. Rotating workshops, marathon meetings, hospitality room, speaker meetings and others, including entertainment.

For additional information check the internet at www.women.to.women2001.homestead.com or call Patti V. 352-466-9098 or Carmel N. 352-591-4971 or Barbara F. 352-854-2473.

Correctional Facilities Workshop

Saturday June 2, 9A.M. - 1P.M.

Come and join us at the Blue Ridge Mental Health Services on Biltmore Avenue for a morning of:

- Great Speakers
- Informative video
- Updates on Area 51 happenings
- Meet and greet others active in the area of correctional facilities, both A.A. and non-A.A.
- Plus, most important, snacks and beverages available!

For additional information contact Kay G. at 299-1271.

MOUNTAIN BREWIN'S



Two drunks knock on the cabin door of their alky friend.

"Howdy, Joe; me and Ed just found the body of a dead man over there in the holler, and we thought

maybe it was you?"

"What'd he look like?"

"He was about your build, and—"

"Did he have on a flannel shirt?"

"Yup!"

With red and white checks?"

"No, it was plain grey."

(Closing the door) "Nope, it wasn't me."

x x x

Mary asked her alcoholic husband, "Henry, do you love me still?"

"Yes—better than any other way."

x x x

"Was it a case of love at first sight?"

"No, it was a case of whiskey first—then love came naturally."

x x x

Paddy was a chronic drunk who one day fell off a barge in the river and drowned. The insurance company paid his widow and her impoverished family the impressive sum of \$10,000.

At Paddy's wake, a friend approached the new widow with words of consolation. "Ah, Nora," he said, "he was a fine man, your Paddy, pity he never learned to read or write."

"Nor to swim, thanks be to God," sighed Nora.

x x x

Asked Alky Joe of his bar buddy: "How did you spend your weekend?"

"Fishing through the ice."

"Fishing through the ice—for what?"

"Olives."

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Individual Members:

Single copy monthly \$6.00 per year

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N.C. Mountain Central Office
107 Park Place Offices
70 Woodfin Place
Asheville NC 28801

Group or Individual Name _____

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Central Office Phone Log

North Carolina Mountain Central Office
107 Park Place Offices
70 Woodfin Place
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