

MOUNTAIN DOIN'S

Central Office Newsletter

AUGUST 2000



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80). Address: 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Phone: Buncombe County: 254-8539. Elsewhere in WNC: 1-800-524-0465

District 70

Eatin' Meeting

also

*N.C. Mountain Central Office Meeting
and District 70 GSR Meeting*

Sunday, August 13

*Grace Covenant Presbyterian Church
Merrimon Avenue (behind McDonald's)*



3 p.m. Central Office Meeting

3 p.m. District 70 GSR Meeting

4 p.m. Eating

5 p.m. Speaker

Bring side dishes, salads, desserts
(Main dish and drinks provided)

Hosted by Asheville Grace Group

Y'all come on out now!

Mountain Doin's is published monthly as an informational service to all A.A. members in Western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or by the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.

Readers' Forum
LIVE LETTERS

Freedom From Bondage—Conference Report

As District 70 DCM and a member of the Area 51 CFC Committee, I had the opportunity and privilege to attend the 12th Annual Area 51 CFC Conference in Southern Pines on June 9 - 11. It proved to be a very powerful and motivating experience. The conference was opened by Area 51 Chair Jim M. and this was followed by comments from invited non-A.A. guest speaker Superior Court Judge, The Honorable Michael Beale. Judge Beale has long been a friend of A.A. and his familiarity and appreciation of A.A. frequently impact his judicial decision-making. Three wonderful speakers shared their experience, strength, and hope with us. Karen H. from Greenville, N.C., Ronnie C. from Capitan, N.M., and Chuck C., from Rocky Mount, N.C. Four workshops were given and our own Judy M. from Asheville was the moderator on one related to the family. She did a wonderful job.

The new CFC Chair for the period 2001 - 2003 was elected and will be Tom I., from Southern Pines. He helped pioneer the DART program in this State and has been influential and helpful furthering and expanding A.A. in the area of correctional facilities.

A huge percentage of crimes are committed by individuals under the influence of alcohol and hearing Ronnie C.'s story brought home to me again the wonderful fact that miracles happen for many behind the walls of prisons as a result of A.A. and God's grace.

—KG, DCM District 70



(Voice from the bed)
 "Twelve Steps? Bud, I can't even take ONE!"

HELP!

District 70 Correctional/Treatment Center Facilities Committee needs your help to carry the message to local Prisons, First Step Farms, Detox, Homeless Shelters (we're not in them yet, but we're working on it), and Hospital Substance Abuse Units.

Please volunteer a little of your time

The District 70 Correctional/Treatment facilities committee will meet every month on the third Tuesday at Trinity in downtown Asheville at 7 P.M. (July meeting on Tuesday, July 18.)

Anyone interested may contact either Kay G. at 299-1271 or Calvin M. at 285-9250

Central Office Phone Log



"I am responsible . . .
 When anyone, anywhere,
 reaches out for help, I
 want the hand of A.A.
 always to be there.
 And, for that, I am
 responsible."

Phone Log 5-29-2000—6-23-2000

Answering Service Calls	311
General Information	6
A.A. Help	7
Family Help (Al-Anon)	8
Meeting Information	89
Central Office Business	70
Medical Help (Hospital, Detox, etc.)	4
P.I. Calls	0
Others	4
Visitors	53



Fellowship News

New meeting: **The Asheville Paso A Paso Group**, a Spanish speaking group, now meets at 531 Haywood Rd., Calvary Baptist Church (in rear). The meetings are held on Fridays at 8 P.M. and are Open, Discussion, non-smoking.

New Meeting: **Daily Decisions Group**, will begin holding meetings Mondays through Fridays at 7 A.M., at First Christian Church, Fellowship Hall, downstairs, at 20 Oak Street, Asheville. The meetings are Closed, Discussion, Non-smoking.



Acceptance Group

Constance H.	8-9-96	4 years
Carl D.	8-17-99	1 year
Ellen B.	8-19-92	8 years

Back To Basics Group

Chris P.	8-15-98	2 years
Linda Mc	8-6-85	15 years
Pete Mc.	8-8-83	17 years

Conscious Contact Group

Dale N.	8-30-86	14 years
Frank W.	8-15-94	6 years
Kathleen	8-18-96	4 years
Lee W.	8-17-91	9 years
Liz D.	8-12-85	15 years
Rita Y.	8-17-92	8 years
Yvonne M.	8-17-98	2 years

Grace Group (Asheville)

Dreman C.	8-10-91	9 years
Wayne F.	8-11-84	16 years
Rob A.	8-03-89	11 years
Dennis M.	8-15-89	11 years
Larry S.	8-17-96	4 years
Caroline D.	8-19-97	3 years

Susanne B.	8-25-92	8 years
Ray B.	8-27-95	5 years
Frank H.	8-28-89	11 years
Tim M.	8-29-97	3 years

Grace Group (Waynesville)

Bob D.	8-11-61	39 years
Wayne A.	8-8-80	20 years
Richard O.	8-22-88	12 years
Howdy W.	8-25-94	6 years
Stephen G.	8-1-99	1 year

Hendersonville Group

Michalene P.	8-4-96	4 years
Joe Mc	8-19-97	3 years
Carol P.	8-11-94	6 years
Marc T.	8-1-86	14 years
Stewart S.	8-31-95	5 years

H'ville Thursday Aft. Women's Group

Nancy S.	8-17-97	3 years
Ellen B.	8-19-92	8 years

Maple Grove Group

Libby B.	8-15-92	8 years
Cindy D.	8-11-89	11 years
Pam J.	8-4-99	1 year
Ken T.	8-23-90	10 years

Midday Group

Nancy S.	8-17-97	3 years
Larry W.	8-6-97	3 years
Ellen B.	8-9-92	8 years
Greg G.	8-15-89	11 years
Bill J.	8-18-79	21 years
Bill F.	8-28-87	13 years

A.A.'s Singleness of Purpose

Today, many A.A.'s find themselves faced with difficulties that ostensibly have nothing to do with their alcoholism. One recurring problem faced by A.A.'s who carry the message into Correctional and Treatment Facilities (CF and TF) is the increasing number of non-alcoholic drug addicts being referred to A.A. A.A.'s who carry the message into CF and TF often find that drug addicts are encouraged by staff to attend A.A. meetings within the facilities.

A.A. policy regarding nonalcoholic drug addicts is clear. *Open* meetings are available to anyone interested in the A.A. program of recovery from alcoholism. *Closed* meetings are for A.A. members only, or for those who have a drinking problem and "have a desire to stop drinking."

A.A.'s singleness of purpose must be communicated to the administrators and staff of CF and TF by

the CF/TF Committee, as that committee has the task of informing and sharing with these professionals about A.A. policy and Traditions. A.A. meetings within a facility cannot be "substance abuse meetings." Although enlightening CF and TF personnel on the reasons for abiding by A.A. policy on this matter is often difficult and time consuming, experience has shown that the most effective communication by A.A.'s is handled in a cordial manner and in the spirit of cooperation.

Regardless of our sympathies, Bill W. explained that it is the first duty of A.A. members to ensure our own survival. History has indicated that we cannot remain effective if we attempt a focus unrelated to recovery from alcoholism. To stray from our singleness of purpose will result in the collapse of the A.A. Fellowship, leaving the suffering alcoholics who follow us with no place to go.

Extracted from GSO's *Treatment Facilities Workbook*

Treasurer's Report



N.C. Mountain Central Office, Inc.
Financial Report
for the month of June, 2000

INCOME

Group Contributions

Acceptance Group	\$500.00
Acceptance Group	\$50.00
Asheville Big Book Group	\$37.00
AWOL Group	\$10.00
Brevard Group	\$50.00
Brevard Serenity Group	\$200.00
By The Book Group	\$50.00
Cumberland Group	\$288.00
Day By Day Group	\$100.00
Etowah Group	\$25.00
Happy Hour Group	\$50.00
Hendersonville Group	\$116.67
Just For Today Group	\$40.00
Midday Group	\$90.00
Roundtable Group	\$50.00

Serenity Service Group	\$30.00
Tryon Tuesday Group	\$25.00
Waynesville Grace Group	\$389.76

Total Group Contributions	\$2101.43
Individual Contributions	\$0.00

Total Contributions	\$2101.43
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Financial Position as of June 30, 2000

Bank Balance	\$1276.04
Deposits 6/14 & 7/03	\$3331.12
Cash on Hand	\$27.76
Accounts Receivable	\$722.62

Subtotal	\$5357.54
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Outstanding checks	-\$2566.31
Reserve for July AT&T Bill	-\$100.00
Reserve for Tax Liability	\$0.00
Reserve for Copy Machine	-\$550.00
Reserve for Correctional Facilities	-\$173.50
Reserve for CPC/PI use	-\$100.00

Total	\$1,867.73
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It's a Party, and You're Invited!

The Hendersonville Group cordially invites you to help them celebrate their 55th Anniversary, to be held on Sunday, August 27, from 3 P.M. to 5 P.M. We will have an archives display and there will be some speakers and great fellowship for you to enjoy. For more information call Norma H at (828) 697-6866

at

St. John In The Wilderness Church

Greenville Hwy, (US.25S), Flat Rock (Corner of Rutledge and Greenville Hwy.)

The Hendersonville Group of A.A., formed on August 25, 1945, is the oldest group in Western Carolina and is accepted as the oldest continuous group in all of North Carolina.

The first meetings were held on the fourth floor of what is now the Northwestern Bank Building in a judge's office. The charter members of the group were a corporate attorney, a chicken fighter, a bondsman, a prominent businessman, and a man who had become a destitute bum. This last man, Smiley M., after obtaining his sobriety, rose to become one of the most prominent and successful businessmen in Henderson County. Because of the efforts of this man and his love for A.A., the Group has been successful in bringing the A.A. message to hundreds of men and women in the Western part of the State.

In the beginning, the meetings were held for men only, but in 1953, the first woman joined the group and since then the number of women members has increased, as is true everywhere in A.A.

In 1951 the Hendersonville Group was instrumental in helping organize a group in Brevard, N.C., which has been active ever since.

As the group continued to grow, some of the members decided that it was time to form another group in Henderson County. In May, 1970, the Blue Ridge Group started at Flat Rock, by members of the Hendersonville Group.

To celebrate it's 55th anniversary, the Hendersonville Group invites everyone to join in the fun and nostalgic reminiscing about our oldest Group's early days and its progress through the years.



Calendar of Events

Events listed here are presented solely as a service to readers, not as an endorsement by the General Service Office or by the North Carolina Mountain Central Office. For any additional information please use the addresses or phone numbers provided.

2000Orlando. 44th Florida State Convention,
August 9-13th, 2000, Orlando, Fla.

Speakers, workshops, fun and fellowship. For full information call (407) 423-7952 or E-mail: cap3@bell-south.net

Sobercruise.Com 7-night Fall Foliage Cruise,
October 1-8, 2000—from Montreal to Quebec and Sydney, in Canada, Portland, ME, Newport, RI, and New York.

Join your friends in recovery for 7 days of sober fun and relaxation; speakers, meetings, fellowship, on Premier Cruise Line's *The Rembrandt*. For registration information phone (561) 844-7655 or info@sobercruise.com

Sobriety @ Sea. 5th annual "Winter Escape." December 3, 2000. Aboard the *Carnival Destiny*. Your 7-night cruise aboard the beautiful 100,000 ton superliner departs from San Juan, Puerto Rico. Ports of call in the Caribbean are St. Thomas, Antigua, Guadeloupe, and Aruba. Please call Bob at South Beach Cruises (CruiseShopping.com) at 800-650-7245 for details and your free brochure.

There Is a Solution

We are average Americans. All sections of this country and many of its occupations are represented, as well as political, economic, social, and religious backgrounds.

We are people who normally would not mix. But there exists among us a fellowship, a friendliness, and an understanding which is indescribably wonderful. We are like the passengers of a great liner the moment after rescue from shipwreck when camaraderie, joyousness, and democracy pervade the vessel from steerage to Captain's table. Unlike the feelings of the ship's passengers, however, our joy in escape from disaster does not subside as we go our individual ways. The feeling of having shared in a common peril is one element in the powerful cement which binds us. But that in itself would never have held us together as we are now joined.

The tremendous fact for every one of us is that we have discovered a common solution. We have a way out on which we can absolutely agree, and upon which we can join in brotherly and harmonious action.

From Alcoholics Anonymous, p. 47

MOUNTAIN BREWING'S



Alky Alice was chatting to her girlfriend, Mary. "Why do you want a divorce?" asked Alice.

"Because," responded Mary. "every time I sit on my husband's lap, he starts dictating letters."

X X X

Alky Tom gazed proudly at the engagement ring he had placed on his fiance's finger just a few days before.

"Did your friends admire it?" he asked, tenderly.

"They did more than that," she replied. "Three of them recognized it!"

X X X

Said Alky Alec to his wife: "Let's have some fun this evening!"

Said his wife: "O.K., and please leave the hall light on if you get home before I do."

X X X

On doctor's orders the alky cut down his alcoholic intake by twenty percent—he switched from 100 proof to 80 proof.

X X X

The Al-Anon wife told her husband that if he didn't stop drinking she was going to have him buried face down, when he died, so he could see where he was going.

X X X

At the A.A. meeting a member heard a chronic slipper bemoan the fact that he had been in and out of the detox center many times, and never felt any serenity at all.

Replied another member, "Anyone feeling any degree of serenity in a detox center must be over-sedated."

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