

# MOUNTAIN DOIN'S

Central Office Newsletter

OCTOBER 1999



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80). Address: 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Phone: Buncombe County: 254-8539. Elsewhere in WNC: 1-800-524-0465

## District 70 Eatin' Meeting Sunday, October 10

Hosted by West Asheville Group and Conscious Contact Group  
to be held at West Asheville's Meeting Place at

**Abernathy United Methodist Church**  
1418 Patton Avenue  
W. Asheville



**Dist. 70 Meeting**  
**3 P.M.**  
(Not just for GSRs —everyone  
is invited)  
**Eating at 4 P.M.**  
(Please bring a covered dish  
to share)  
**Speaker at 5 P.M.**



**COME AND JOIN US FOR FELLOWSHIP AND FUN**

## A.A.'s next World Service Mtg. to be in N.Y.C., Oct., 2000

At the latest World Service Mtg. (held every two years) held in Auckland, New Zealand, in October 1998, it was decided that the theme for the next meeting—to be held on October 22—26, in the year 2000, in New York City,—will be "A.A.: Our Future Is Our

Responsibility."

Full details of the World Service Meeting—the New York City location, registration fees, and other details—will be published in *Mountain Doin's* as soon as they become available.

*Mountain Doin's* is published monthly as an informational service to all A.A. members in Western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or by the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.



# Live Letters

## Sharing Shenanigans

I live in a small, edge-of-the-mountain town in N.C., and our meetings tend to be small and become very intimate in nature. This has its down side, as many times the people begin to express their concern in the form of deadly curse "advice." Look where our best thinking got each of us!

When sharing, we are asked to share our "experience, strength, and hope" nothing more. But, it seems there are some people who have monumental egos that tell them that extra bit of "advice" or that speaking for a second or even a third time in a meeting, will help another A.A. get sober, ever so much quicker! Nothing could be further from the truth. No one person can ever hope or believe what he individually says will get another sober. It is the combination of the group, the fellowship, the Big Book and the Steps that get and keep us sober. No ONE person, or their pearls of wisdom, no matter how many times they speak in a meeting, will do the job.

Maybe we need to get back to basics. Keep it simple always worked and always will, if we will allow it to work.

When we take advantage of the patience and tolerance rule in A.A. and subject those members in the meeting to our second and/or third time to TALK, we are teaching the newcomers to run rampant in their sharing, as well. If we can't say what we need to share in ONE effort, perhaps we need to PASS! There are



some people who even when they have "nothing" to share, talk anyway. Whatever happened to simply "passing or listening?" Ego is a killer to an A.A. and if you continue to raise your hand and talk, talk, talk in a meeting, you will be asking for some oldtimer's enlightenment. I personally close down when I see someone raise their hand to speak after they have already shared once. I am not the only A.A. who sees this behavior as a virus in a group, but sponsorship seems to be missing from these folks' programs. —NG

## Central Office Phone Log



"I am responsible . . .  
When anyone, anywhere,  
reaches out for help, I  
want the hand of A.A.  
always to be there.  
And, for that, I am  
responsible."

### Phone Log 8-2-99—8-27-99

Answering Service Calls	263
General Information	1
A.A. Help	6
Family Help (Al-Anon)	18
Meeting Information	90
Central Office Business	83
Medical Help (Hospital, Detox, etc.)	2
P.I. Calls	0
Others	3
Visitors	56

## Reminder to Web Site Users

From Box 4-5-9: To members posting Web sites and Web pages related to A.A.: Please bear in mind that these tools are part of a major public forum accessible to millions, that Traditions Eleven and Twelve, relating to anonymity, are as applicable to communication on the Internet as to press, radio, television, and films.



## Fellowship News

Address Change: The Asheville 7 P.M. Sunday **Young People's Meeting**, which used to meet at Karpen Hall, 006 UNCA, has moved to Cumberland Baptist Church, at the corner of Cumberland and Chestnut. The meetings are at the same time and day (7 P.M. Sunday) and are open, discussion, nonsmoking.

New Meeting: **The Columbus Group** has added a new meeting on Mondays at 6.30 p.m. at the same location—Columbus Presbyterian Church. The meetings are open, discussion, nonsmoking.



**Acceptance Group**

Mary Mc No dates given 1 year  
 Don H. No dates given 31 years

**Back To Basics Group**

Jim T. 10-17-78 21 years  
 Ceil S. 10-17-87 12 years

**Brevard Group**

Jill K. No dates given 17 years

**Conscious Contact Group**

Ann W. 10-29-78 21 years  
 Bruce H. 10-15-89 10 years  
 Chuck G. 10-12-91 8 years  
 Dottie-S-G. 10-21-91 8 years  
 Janey W-K 10-24-90 9 years  
 Judy F. 10-19-91 8 years  
 Larry B. 10-13-97 2 years  
 Linda E. 10-3-96 3 years  
 Nita L. 10-10-87 12 years  
 Marti W. 10-19-79 20 years  
 Sharon O. 10-4-90 9 years

**Cumberland Group**

Karl S. 10-2-94 5 years

**Grace Group (Asheville)**

Julie B. 10-01-89 10 years  
 Susan D. 10-01-98 1 year  
 Barbara E. 10-6-95 4 years  
 Dee D. 10-07-68 31 years  
 Joy G. 10-12-83 16 years  
 Margaret K. 10-15-98 1 year  
 Tom H. 10-15-98 1 year  
 Watson J. 10-17-86 13 years  
 Ceil S. 10-17-87 12 years  
 Jane H. 10-21-89 10 years  
 Le Ann K. 10-26-98 1 year

**Grace Group (Waynesville)**

J.R.R. 10-7-86 13 years  
 Jay P. 10-14-95 4 years  
 Lisa B. 10-19-98 1 year  
 L.A.C. 10-2-82 17 years

**Happy Hour Group**

Pat K. 10-14-80 19 years  
 Mary P. 10-10-97 2 years

**Thursday Afternoon Ladies Group**

Joanie B. 10-22-94 5 years

**Maggie Group**

Steve A. 10-1-98 1 year  
 Bruce J. No dates given 10 years  
 Robin B. No dates given 16 years

**Maple Grove Group**

David S. 10-1-87 12 years

**Mars Hill Group**

Don B. 10-17-82 17 years

**Midday Group**

Joanie B. 10-22-94 5 years  
 Jim B. 10-24-86 13 years  
 Russ E. 10-11-94 5 years  
 Carlisle B. 10-5-97 2 years

**Traditional Group**

Tom B. 10-19-81 18 years  
 Erskine A. 10-19-93 6 years  
 Jesus A. 10-21-97 2 years  
 John M. 10-2-98 1 year  
 Russ B. 10-21-71 28 years  
 Tina P. 10-20-98 1 year  
 Dan S. 10-12-98 1 year  
 Maurice H. 10-27-78 21 years  
 Celestine L. 10-15-98 1 year  
 Aaron S. 10-22-98 1 year  
 Bill S. 10-15-90 9 years  
 Alberta W. 10-2-98 1 year  
 David G. 10-20-98 1 year  
 Matthew G. 10-21-98 1 year

**Q:**What do contributions to the General Service Office cover?

**A:** Of each dollar contributed—

- 43 cents goes to cover Group Services (this includes Box 4-5-9, A.A. Directories, the Spanish literature service, the Records and Contributions departments);
- 4 cents goes toward public information activity;
- 6 cents toward cooperation with the profes-

- sional community activity;
- 2 cents to treatment facilities activities;
- 4 cents toward correctional facilities services;
- 2 cents for loners;
- 7 cents for overseas services;
- 14 cents for General Service Conferences;
- 6 cents for Regional Forums;
- 6 cents for Archives; and
- 6 cents to support the activities of the General Service Board.



# Treasurer's Report

N.C. Mountain Central Office, Inc.  
Financial Report  
for the month of August, 1999

## INCOME

### Group Contributions

Acceptance Group	\$50.00
Acceptance Group	\$305.91
AWOL Group	\$9.00
Brevard Group	\$50.00
Burnsville Group	\$50.00
Common Sense Group	\$40.00
Grace Group (Asheville)	\$250.00
Happy Hour Group	\$50.00
Hayesville Group	\$25.00
Hendersonville Group	\$129.53
KISS Group	\$100.00
Locked In Forward Group	\$26.40
Marshall group	\$100.00
Midday Group	\$90.00
Reaching Out Group	\$10.00
Six O'Clock Group	\$100.00

Total Group Contributions \$1,385.84

Individual Contributions \$50.00

Total Contributions \$1,435.84

### Financial Position as of 8-13-99

Bank Balance	\$359.29
Deposits 8-16, 8-26, & 9-1-99	\$1,809.89
Cash on Hand	\$28.08
Accounts Receivable	\$579.45
<b>Subtotal</b>	<b>\$2,776.63</b>

Outstanding checks -\$2,550.00

Reserve for Tax Liability -\$183.60

Reserve for Copy Machine -\$150.00

Reserve for Correctional Facilities -\$187.63

**Total \$294.60**

Note: Since approval by the Board on 3-9-97 \$2,930.83 in A.A. literature has been used by Groups bringing meetings to correctional facilities.

Note: The Central Office financial position as reflected in this report will be discussed in detail at the Central Office Meeting on 9-19-99.

## A.A.'s International Convention, Minneapolis, 2000

### "Pass It On - Into the 21st Century"

A.A.'s International Convention, to be held June 29 - July 2, 2000, celebrating A.A.'s 65th Birthday, will be in Minneapolis, Minnesota (Convention Center, Hubert H. Humphrey Metrodome, Hilton, Hyatt, and Regal Headquarter Hotels in downtown Minneapolis).

Held every five years to celebrate our founding, our International Conventions have grown to be some of the largest events of their kind in the world. The objectives are:

- To provide opportunities for a rededication of attendees to the primary purpose of A.A.
- To enable attendees to witness the success and growth of the A.A. program around the world.
- To let the world know that A.A. is alive, flourishing and available as a community resource, locally and internationally.

Registration: All Group GSRs and Central Offices have received supplies of registration forms. You may also be able to download a registration from G.S.O.'s A.A. Web Site ([www.alcoholics-anonymous.org](http://www.alcoholics-anonymous.org)).

A preliminary program, to be mailed in late Spring, 2000, will provide additional information about

the International Convention activities.

A.A. World Services, Inc., states that the Registration Form on the last page of the Convention notices may be duplicated for Group or personal distribution.

### Maintenance and Growth

It is plain that a life which includes deep resentment leads only to futility and unhappiness. To the precise extent that we permit these, do we squander the hours that might have been worthwhile. But with the alcoholic, whose hope is the maintenance and growth of a spiritual experience, this business of harboring resentment is infinitely grave. For then we shut ourselves off from the sunlight of the spirit. The insanity of alcohol returns and we drink again, and with us, to drink is to die.

If we were to live, we had to be free of anger. The grouch and the sudden rage were not for us. Anger is the dubious luxury of normal men, but for us alcoholics, it is poison

From *As Bill Sees It*





# Calendar of Events

Events listed here are presented solely as a service to readers, not as an endorsement by the General Service Office or by the North Carolina Mountain Central Office. For any additional information please use the addresses or phone numbers provided.

**33rd Annual Las Vegas Roundup.** November 25—28, 1999. Riviera Hotel, 2901 Las Vegas Boulevard South, Las Vegas, Nevada, 89109. For further information call (702) 598-1888 Monday to Friday 8 A.M. - 4P.M.

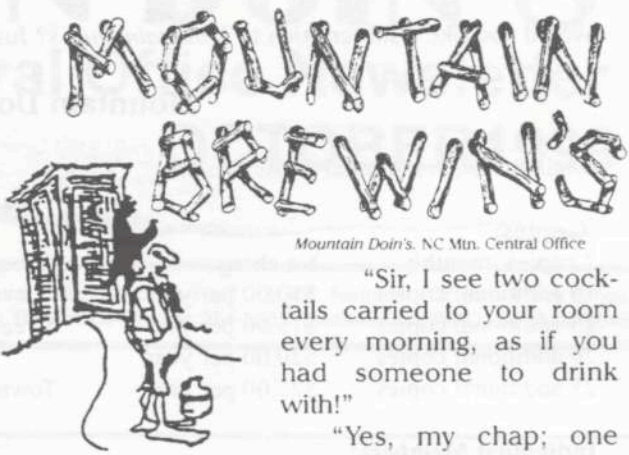
**A.A. Endorsed Event: Sobriety In Paradise, 6th Annual A.A. Convention** in Nassau, Bahamas, at the Radisson Cable Beach Hotel, October 22, 23, & 24, 1999. For further information call Jill T. (242) 394-5010 (home) (242) 326-4328 (work); Floyd M. (242)364-0124 (home) (242) 393-3715 (work), Keith E. (242) 394-5010 (home) (242) 394-2952 (work), or the Nassau Group at (242) 322-1685. E-Mail [jill@destinationsbyparagon.com](mailto:jill@destinationsbyparagon.com) [doubleb@batelnet.bs](mailto:doubleb@batelnet.bs)

## Carrying the message A.A. Goes to Prison

San Quentin's enlightened and liberal warden, Clinton T. Duffy had, prior to 1942, given much thought to the urgent and pressing problem of prison reform, including the special needs of inmates imprisoned for crimes committed while drinking.

As warden Duffy said, the program he now proposed "would include education, vocational training, medicine, psychiatry, and religion. But the alcoholic did not seem to fit completely into this program . . . all the rest would not help him if the problems which drove him to drink were not solved. If every offender were to receive full advantage of the new program, then the alcoholic too must receive the assistance and understanding of all available knowledge and procedures. And in line with this new approach to rehabilitation, I looked upon Alcoholics Anonymous as a tool to help rebuild lives."

To warden Duffy's aid came Warren and other members in the San Francisco area and thus began the pioneering of A.A.'s first prison group in 1942. As Warden Duffy has since said, "Had it not been for the regular help and understanding given by our A.A. friends outside, the San Quentin chapter of Alcoholics Anonymous would most assuredly have failed. And by the same token, if it had not been for the persistence of that first group of alcoholic inmates who realized their serious problem and their need for help, we could never have continued beyond the first few meetings. From *Alcoholics Anonymous Comes of Age*



*Mountain Doin's, NC Mtn. Central Office*

"Sir, I see two cocktails carried to your room every morning, as if you had someone to drink with!"

"Yes, my chap; one cocktail makes me feel like another man, and, of course, I'm bound to treat the other man."

x      x      x

Said the policeman to an intoxicated man who is trying to fit his key into a lamp-post, "I'm afraid there's nobody home there tonight."

"Mus' be. Mus' be," said the drunk. "There's a light upstairs!"

x      x      x

Alky Tom was chatting to his bar friend Bill. "So, she proved untrue to you, eh?"

"Yes," said Bill. "She went back to her husband."

x      x      x

"Is there any brandy in cider?"

"Inside who?"

x      x      x

First alky: "What would you do if you won the first prize in the Sweepstakes?"

Second alky: "I'd have the park benches upholstered."

x      x      x

Asked alky Alec: "Did anybody drop a roll of bills with a rubber band around them,?"

"Yes, I did," said several voices in the bank lobby.

"Well, I just picked up the rubber band," said alky Alec.

x      x      x

"Henry, do you love me still?"

"Yesh, better than any other way."

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**Asheville NC 28801**

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