

MOUNTAIN DOIN'S

Central Office Newsletter

JULY, 1998



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80). Address: 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Phone: Buncombe County: 254-8539. Elsewhere in WNC: 1-800-524-0465

THE HAND OF A.A.



**51st
North Carolina
Convention of
Alcoholics
Anonymous**

Pre-register by July 11, 1988

\$12 Pre-registration

\$15 at the Convention

(No refund after July 11, 1998)

Marathon Meetings

Old-Timers Panel

Thursday—Early Bird Meeting

Saturday Night Dance

Six Speakers

Convention Room Rates

\$63 Single or Double

\$71 Triple or Quad

For Reservations call 1-800-444-2326

(Please inform them you are attending the N.C. State Convention to receive discounted room rates)

July 23, 24, 25, 26, 1998

**Adam's Mark Winston Plaza Hotel
& M.C. Benton Convention Center
Winston-Salem, N.C.**

Make checks payable to:

N.C. Convention Committee

P.O. Box 11401

Winston-Salem

NC 27116-1401

1997 Per Capita Contributions to G.S.O. from North Carolina Second Highest in Nation

The General Service Office reports in its June/July issue of *Box 4-5-9* that in North Carolina (Area 51) the per capita number of contributions for 1997 was found to be the second highest in the nation. Only Delaware

surpassed that figure. Total group contributions for North Carolina from the 470 Groups contributing totaled \$77,830.53, with the per capita contribution totaling \$5.53.

Mountain Doin's is published monthly as an informational service to all A.A. members in Western North Carolina: Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or by the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.

Summer/Fall Where & When

A revised and updated *Where and When* is now available from N.C. Central Office.

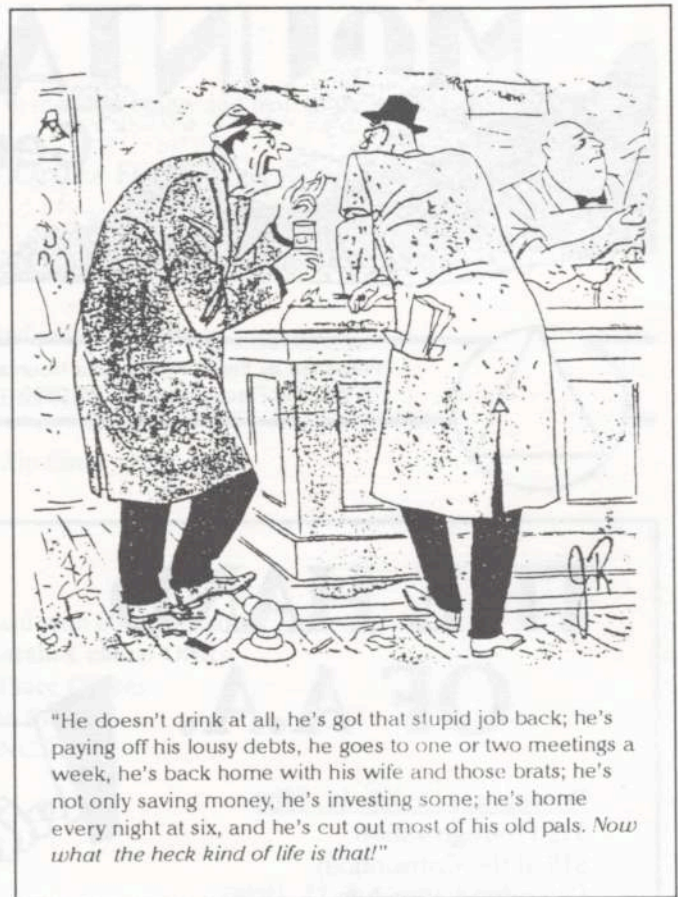
The new Summer/Fall, 1998 *Where and When* is priced at 5¢ per copy. Phone in your orders at the number shown on page 1 of *Mountain Doin's* or pick up copies from the Office.

Readers' Forum

LIVE LETTERS

Let Others Share

At most discussion meetings it takes about ten minutes to go through the preamble and group meeting information, How It Works, the Traditions, The Promises, and the Chairperson asking for a subject and finally coming up with his or her own. Then you get the usual run of old-timer regulars who have learned to expand on recent personal events, often ignoring the A.A. subject but egotistical enough to know that no one is going to interrupt them. Then when they stop talking, and what they've said inevitably reminds another old-timer about something that he experienced (and also had nothing to do with the chairperson's subject as it applies to A.A.). After they've brought us up to date with their personal reminiscences there's about twenty minutes left to go through the remaining crowd of perhaps twenty or thirty members eager to share their strengths and hopes about the subject introduced at the start of the



"He doesn't drink at all, he's got that stupid job back; he's paying off his lousy debts, he goes to one or two meetings a week, he's back home with his wife and those brats; he's not only saving money, he's investing some; he's home every night at six, and he's cut out most of his old pals. *Now what the heck kind of life is that!*"

meeting by the chairperson.

Who's to blame? The self-centered talkathoners of course. Who can stop it? The chairperson could, and should. It isn't spelled out in any A.A. rules, because there aren't any. But I think it ought to be the chairperson's responsibility to steer the meeting into an A.A. direction and to interrupt the incessant talkers as soon as they stray from the subject. —FB

Central Office Phone Log



"I am responsible . . .
When anyone, anywhere,
reaches out for help, I
want the hand of A.A.
always to be there.
And, for that, I am
responsible."

Phone Log 5-4-98—5-29-98

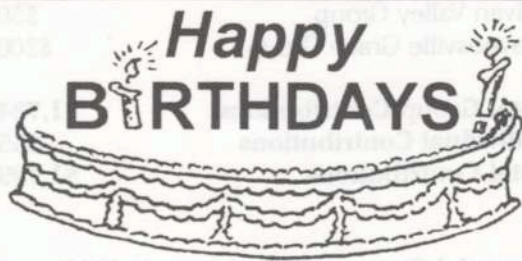
| | |
|--------------------------------------|-----|
| Answering Service Calls | 193 |
| General Information | 8 |
| A.A. Help | 6 |
| Family Help (Al-Anon) | 5 |
| Meeting Information | 58 |
| Central Office Business | 68 |
| Medical Help (Hospital, Detox, etc.) | 4 |
| P.I. Calls | 0 |
| Others | 4 |
| Visitors | 44 |



Fellowship News

New Group. Asheville **Pass It On Group** has formed and meets at Emma United Methodist Church, 59 Adams Hill Rd, Asheville, on Wednesdays at 8 P.M. The meetings are Closed, nonsmoking, Big Book Study and Step Study.

Meeting change. Waynesville **Lakeside Group** has moved to 1st United Ch., Old parsonage Home, 104 Academy St. Also, the Sunday meeting time has changed from 10 A.M. to 1 P.M. All other meetings will remain at the times listed in *Where and When*.



Acceptance Group

| | | |
|------------|---------|----------|
| Bill B. | 7-4-84 | 14 years |
| Gary P. | 7-4-96 | 2 years |
| Barbara K. | 7-4-91 | 7 years |
| Loretta C. | 7-7-94 | 4 years |
| Barbara B. | 7-8-75 | 23 years |
| Billy G. | 7-8-91 | 7 years |
| Otis K. | 7-8-91 | 7 years |
| Ron G. | 7-17-97 | 1 year |
| Malcolm S. | 7-18-97 | 1 year |
| Ron D. | 7-19-96 | 2 years |
| John K. | 7-27-?? | ? years |
| Bart B. | 7-29-82 | 16 years |

Arden Group

| | | |
|--------|---------|----------|
| Mac M. | 7-18-78 | 20 years |
|--------|---------|----------|

Back To Basics Group

| | | |
|---------|---------|---------|
| Judy M. | 7-3-94 | 4 years |
| Liz H. | 7-12-92 | 6 years |
| Lisa | 7-19-89 | 9 years |

Black Mountain Group

| | | |
|--------|---------|---------|
| Ed. B. | 7-18-90 | 8 years |
|--------|---------|---------|

Cumberland Group

| | | |
|----------|--------|----------|
| Joal L. | 7-?-88 | 10 years |
| Steve H. | 7-?-90 | 8 years |
| David T. | 7-?-93 | 5 years |
| Jerry P. | 7-?-94 | 4 years |
| Pam P. | 7-?-95 | 3 years |

Grace Group, Asheville

| | | |
|-------------|---------------|----------|
| Talmadge H. | No date given | 2 years |
| Michael C. | " " " | 5 years |
| Ron C. | " " " | 2 years |
| Fred H. | " " " | 8 years |
| Brian M. | " " " | 20 years |
| Margaret N. | " " " | 12 years |
| Michael R. | " " " | 11 years |
| Cricket H. | " " " | 9 years |
| Eric S. | " " " | 5 years |
| Bob P. | " " " | 6 years |
| Mark M. | " " " | 1 year |
| Paul S. | " " " | 13 years |
| Dan A. | " " " | 3 years |
| Julie M. | " " " | 2 years |

| | | |
|------------|---------|----------|
| Steve G. | 7-1-94 | 4 years |
| Don Mc | 7-1-95 | 3 years |
| Richard H. | 7-1-97 | 1 year |
| Keith S. | 7-2-94 | 4 years |
| Jill H. | 7-4-89 | 9 years |
| Maria M. | 7-5-89 | 9 years |
| Betty S. | 7-2-94 | 4 years |
| Barbara B. | 7-8-75 | 23 years |
| Frances R. | 7-14-97 | 1 year |
| Malcolm | 7-17-97 | 1 year |
| Mike S. | 7-23-93 | 5 years |
| Jewell C. | 7-25-96 | 2 years |
| Bob C. | 7-25-97 | 1 year |
| Melinda P. | 7-26-95 | 3 years |
| Robert J. | 7-28-96 | 2 years |
| Pat C. | 7-29-97 | 1 year |
| Joe M. | 7-30-96 | 2 years |
| Pat C. | 7-31-96 | 2 years |

Happy Hour Group

| | | |
|----------|---------|----------|
| Nancy G. | 7-16-76 | 22 years |
| Bill S. | 7-11-95 | 3 years |
| David R. | 7-5-92 | 6 years |
| Louie N. | 7-22-97 | 1 year |

Hendersonville Group

| | | |
|---------|---------|----------|
| Eric G. | 7-30-93 | 5 years |
| Bob P. | 7-10-83 | 15 years |
| Bob G. | 7-28-91 | 7 years |

Leicester Group

| | | |
|----------|---------|----------|
| Davey M. | 7-19-87 | 11 years |
|----------|---------|----------|

Midday Group

| | | |
|------------|---------|---------|
| Shirley B. | 7-5-92 | 6 years |
| Janet R. | 7-16-95 | 3 years |
| Roxanne W. | 7-6-92 | 6 years |

Serenity Service Group

| | | |
|------------|---------|----------|
| Loretta C. | 7-7-94 | 4 years |
| Charles A. | 7-11-91 | 7 years |
| Mac B. | 7-10-96 | 2 years |
| Ron D. | 7-21-96 | 2 years |
| Michael D. | 7-5-95 | 3 years |
| Richard R. | 7-24-88 | 10 years |
| Richard H. | 7-1-97 | 1 year |
| Lucille P. | 7-30-97 | 1 year |
| Cathy G. | 7-13-97 | 1 year |
| Martha M. | 7-10-97 | 1 year |
| Michele G. | 7-13-97 | 1 year |

Thurs. Afternoon Women's Group

| | | |
|------------|---------|---------|
| Jamie M. | 7-5-92 | 6 years |
| Shirley B. | 7-5-92 | 6 years |
| April C. | 7-11-89 | 9 years |

Note: A.A. Birthdays are published in *Mountain Doin's* for the month of the publication only. (August anniversaries only will be published in the August

issue. of *Mountain Doin's*.)

All birthday lists must reach our N.C. Central Office by 11 A.M. on the 5th of the preceding month.



Treasurer's Report

N.C. Mountain Central Office, Inc.
Financial Report
for the month of May, 1998

INCOME

| | |
|-------------------------|----------|
| Acceptance Group | \$291.00 |
| Brevard Group | \$50.00 |
| By The Book Group | \$45.00 |
| Came To Believe Group | \$25.00 |
| Candler KISS Group | \$50.00 |
| Conscious Contact Group | \$251.88 |
| Day By Day Group | \$45.00 |
| Grace Group | \$230.00 |
| Growing Together Group | \$100.00 |
| Happy Hour Group | \$50.00 |
| Hendersonville Group | \$141.04 |
| Marshall Group | \$100.00 |
| Midday Group | \$50.00 |
| Pathfinders Group | \$10.00 |
| Serenity Service Group | \$13.35 |
| Six O'Clock Open Group | \$32.00 |

| | |
|-------------------------|----------|
| Sylvan Valley Group | \$50.00 |
| Waynesville Grace Group | \$200.00 |

| | |
|----------------------------------|-------------------|
| Total Group Contributions | \$1,734.27 |
| Individual Contributions | \$65.00 |
| Total Contributions | \$1,799.27 |

Financial Statement as of June 1, 1998

| | |
|-------------------------------------|-------------------|
| Bank Balance 05-13-98 | \$2,887.41 |
| Deposits 05-15-98 & 06-01-98 | \$2,907.17 |
| Cash on Hand | \$28.08 |
| Accounts Receivable | \$702.10 |
| Sub-Total | \$6,524.76 |
| Outstanding checks | (\$1,916.70) |
| Reserve for Copy Machine | (\$300.00) |
| Reserve for Tax Liability | (\$1,183.60) |
| Reserve for Correctional Facilities | (\$957.93) |
| Total | \$2,166.53 |

Note: Since approval by the Board on 3/9/97 \$2,031.24 in A.A. literature has been used by Groups bringing meetings to correctional facilities.

Is Sponsorship Vanishing?

"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics." (Big Book page 89)

How well is our Fellowship doing with this vital practice since the time when our co-founders Bill W. and Dr. Bob first put this most basic principle of A.A. into action? Is your home group geared toward our primary purpose—to carry its message? Are our A.A. sponsors passing on to newcomers what A.A. is really all about? Are we living up to our responsibility to share our experience, strength, and hope?

A.A. groups composed of members who are actively engaged in sponsorship tend to have a warm, open atmosphere for newcomers and traveling A.A.s who want or need a meeting. That kind of group is a good source of practical experience for those beginning the habit of sponsorship to draw on.

These same groups often are willing to help new groups get under way by carrying A.A. in until the newest get strong enough to continue on their own. When asked, local A.A.s will often respond to difficulties being experienced by an established group by sharing their experience and how they practice our Traditions to insure group unity and the survival of A.A.

Some A.A. members share their participation in general service with those they sponsor. We often hear a D.C.M. or area delegate say their sponsor took

them to their first assembly. Many A.A. members learned the importance of our Central Offices when their sponsor suggested Many A.A. members learned the importance of our Central Offices when their sponsor suggested a visit to their Central Office. They volunteer to answer phones at the local A.A. office or Intergroup. And at the biennial World Service meetings, new countries invariably demonstrate the sharing brought to them by members from other countries.

Bill W. wrote on several occasions of the profound effect that his friend Ebby had on him when Bill was barely sober, lying in a hospital bed. Ebby told Bill "admit you're licked; . . . get honest with yourself; . . . talk it out with somebody else; . . . make restitution to the people you have harmed; . . . give of yourself without stint; . . . and pray to whatever God you think there is." In a nutshell, Ebby handed Bill the germ of what we now call A.A.'s Twelve Step program. It is what we as sponsors have the responsibility to share with newcomers.

Bill's words on sponsorship offer a promise for each of us and for our Fellowship: "Showing others who suffer how we were given help is the very thing which makes life seem so worthwhile to us now. Cling to the thought that, in God's hands, the dark past is the greatest possession you have—the key to life and happiness for others. With it you can avert death and misery for them." Excerpted from Box 4-5-9, April 1991



Calendar of Events

Events listed here are presented solely as a service to readers, not as an endorsement by the General Service Office or by the North Carolina Mountain Central Office. For any additional information please use the addresses or phone numbers provided.

First Annual July Jubilee, July 3, 4, and 5. at Ramada Universal Hotel and Conference Center, 3110 Olentangy River Road, Columbus, Ohio (614) 267-7461. Seven Speakers. For further information phone Sue D. (614) 848-3390, or Laura D. (614) 848-4783

The Hand of AA. 51st North Carolina Convention of Alcoholics Anonymous. July 23, 24, 25, 26. Adams Mark Winston Plaza Hotel and M.C. Benton Convention Center, Winston-Salem, N.C. Marathon meetings, Old-Timers Panel, Thursday Early Bird Meeting, Saturday Night Dance, Speakers. For reservations call 1-800-444-2326.

11th Annual Choo Choo Roundup. August 14-16. At Chattanooga's Choo-Choo-Holiday Inn and Conference Center, 1400 Market St. Chattanooga, TN 37402. Speakers. Workshops, Alcathon, Ice Cream Social, Dance, child care provided. Pre-registration:\$12 until July 25. Registration: \$15 after July 25. Alateens Special Registration: \$6. Make checks payable to "Choo-Choo Roundup." Mail to Choo-Choo Roundup, P.O. Box 2105, Chattanooga, TN 37409.

Estimates of Groups & Members as of Jan. 1998*

| | Groups | Members |
|------------------------|---------------|------------------|
| United States | 50,997 | 1,166,079 |
| Canada | 5,277 | 102,499 |
| Corr. Facilities** | 2,399 | 62,129 |
| Internationalists | | 108 |
| Lone Members | ----- | <u>312</u> |
| Total | 58,673 | 1,331,127 |
| Outside U.S. & Can.*** | <u>38,895</u> | <u>636,306</u> |
| Grand Total | 97,568 | 1,967,433 |

*The General Service Office does not keep membership records. The information shown here is based on reports given by groups registered with G.S.O., and does not represent an actual count of those who consider themselves A.A. members.

**U.S. and Canada only.

***We are aware of A.A. activity in approximately 150 countries, including 43 countries that have autonomous general service offices. Annually we attempt to contact G.S.O.s outside of US/Canada and groups that request to be listed in our records. Where current data is lacking we use previous year's figures.

—from June/July 1998 Box 4-5-9

August Central Office Mtg

The N.C. Central Office will meet in August. Full details will be announced in August *Mountain Doin's*.

MOUNTAIN Doin's BREWING'S



Mountain Doin's, NC Mtn. Central Office

A group of alkys were sitting around a coffee table talking about the program. Said one, emphatically, "I have nothing but praise for A.A."

"I notice that," piped up somebody across the table, "every time the basket is passed."

X X X

"Lips that touch liquor shall never touch mine!"

"Your lips?"

"No, my liquor!"

X X X

Joe was supposed to be home by eleven, but he got to talking and sipping, and it was early morning before he finally hustled home. He made it into his home just as the cuckoo clock chirped three times. Hoping to fool his wife he cuckooed a few more times, then went to bed, proud of his cleverness.

In the morning, his wife said, "Joe, you'll have to do something about the cuckoo clock."

Said Joe, baffled, "What's the matter with the cuckoo clock?"

"Well, his wife answered. "Last night when you came home, it cuckooed three times, then it burped, then said '@#*-*,' and then cuckooed eleven more times."

X X X

The drunk was lurching along with one foot on the curb and one foot in the gutter.

"Hey, buddy, why are you walking with one foot in the gutter and one on the curb?" called out an onlooker.

"Thank, God," cried the drunk. "I thought I was crippled!"

Would you like a subscription to *Mountain Doin's*? Just fill in the form below and mail to the address below

Mountain Doin's Order Form

Mountain Doin's Annual Subscriptions:

Groups:

| | |
|----------------------|------------------|
| 3 copies monthly | No charge |
| 10 additional copies | \$10.00 per year |
| 15 additional copies | \$15.00 per year |
| 20 additional copies | \$20.00 per year |
| 25 additional copies | \$25.00 per year |

Group or Individual Name _____

Street/PO Box No. _____

Town and Zip Code _____

Individual Members:

Single copy monthly \$5.00 per year

Please circle which of the above you wish to receive and make out check or money order accordingly. Subscription rates are subject to change, dependent upon USPS rates.

Clip and mail with check or money order to:

N.C. Mountain Central Office
107 Park Place Offices
70 Woodfin Place
Asheville NC 28801

North Carolina Mountain Central Office
107 Park Place Offices
70 Woodfin Place
Asheville NC 28801

Address correction requested

Place
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