

# MOUNTAIN DOIN'S

## Central Office Newsletter

### MAY, 1998



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80). Address: 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Phone: Buncombe County: 254-8539. Elsewhere in WNC: 1-800-524-0465

### Important A.A. Dates to Note

**May 22-24—Area 51 Spring Assembly**, at the Adams Mark Plaza Hotel, Winston-Salem. The number to call at the Hotel is (336) 725-3500. If you have a problem, ask for Mark, who is Reservations Manager. All meetings and workshops will be held at the M.C. Benton Center across the street from the hotel.

The theme for the Spring Assembly is **Pass It On**. Workshops will include: 1. Role of the G.S.R. 2. Chapter 7/Working With Others. 3. Singleness of purpose.

**July 23-26—State Convention**, Adams Mark Hotel, Winston-Salem and Benton Convention Center. See your G.S.R for registration information, and send your name, address, and the name you wish printed on your badge and your check for \$12 (provided you register before July 11) direct to:

Jim Key, Convention Chairman,  
4342 Withrow Road,  
Winston-Salem NC 27106

Hotel reservations should be made with the Adams Mark Hotel. Cut-off date for Hotel reservations is June 23. A powerful array of speakers has been lined up and there will be round-the-clock marathon meetings, plus a Saturday night dance.

### G.S.O. Contributions Declined in 1997

**A message from G.S.O. Trustee, Chuck C. to all A.A. Groups.**

During 1997, GSO. received \$3,854,600 in contributions compared to \$3,913,000 in 1996, a 1.5% decrease. A more interesting statistic to me is that out of approximately 56,300 groups listed with GSO. in 1997, only 24,400 contributed anything at all, which

### Spanish-speaking Volunteers Needed for Spanish Meeting

Central Office needs bi-lingual Spanish speaking people to help in starting a Spanish A.A. meeting. Please contact Central Office between 10 A.M. and 1 P.M. Monday through Friday (phone numbers shown above in masthead). All members from our 3 Districts are invited to offer their services for this important Twelfth Step work.

Please pass this message on to your Group.

means that just 43.3% of our Groups participated financially in helping to support our General Service Office. In 1987, 56.6% of our Groups were contributing financially.

One of the solid messages I was taught in my early sobriety and believe to be essential today is: "The key to continued sobriety and the continued existence of the A.A. Fellowship is my participation in all areas of the Fellowship." Those areas are: recovery by working the Steps and maintaining continuous sobriety; service to the Fellowship by carrying the message through my home group, my contribution to the basket, and my willingness to do Twelfth Step work; and the understanding that my . . . contributions be shared with all levels of the A.A. service structure (Group, District, Central Office, Area, and Worldwide)

We are self-supporting through our own contributions and literature sales. . . I believe strongly if each group would contribute to G.S.O. (it doesn't have to be much) it would allow us to provide our lifesaving literature to the Fellowship and the still-suffering alcoholic at a substantially lower cost. I would hope you could join me in this thought and encourage your group to contribute.

*Mountain Doin's* is published monthly as an informational service to all A.A. members in Western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or by the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.

# LIVE LETTERS

## Tips to Long-winded Ramblers

I agree with the writer of a letter in a recent issue of *Mountain Doin's* in which the writer criticized the long-winded ramblings of some who dribble on whether or not what they are saying has relevance to alcoholism or the subject in hand.

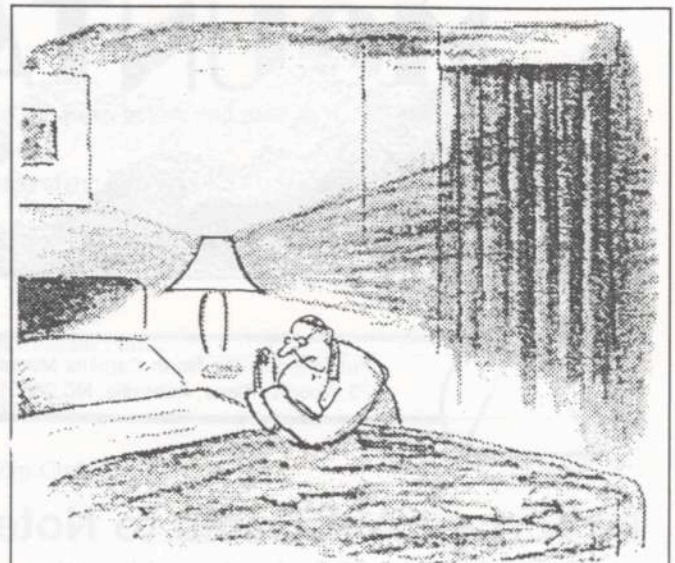
Here are a few tips for the droner if his or her ego will allow a glance around the room occasionally. If you see people glancing at their watches, you've probably been talking too long. If you see people looking at each other with uplifted eyebrows, you've probably been talking too long. If people start lining up at the coffee pot, you've been talking too long. If people get up and leave the room—too long.

Let's make our point: stop talking, and allow others to share. We might even learn from someone else a thing or two that could be helpful. —DA

## The Program Should Include Service

In response to the letter about "our" program, I agree that working the steps and attending meetings are vital aspects of the program. But, as they say, you can't keep it until you give it away.

For me, that means service work. And I don't mean only 12 stepping. Accepting offices in our home groups, such as secretary, chairman, treasurer, GSR, CPC/PI, Central Office Rep., and making coffee and arranging chairs—all these come under service work.



"Lord, please help me to be a better person, especially in traffic."

And all are not only satisfying but help discipline us to regularly attend meetings and become truly a part of the group.

And when we reach that goal of sustained striving to be present and to offer the helping hand, we truly live the right kind of life that will support us through life's ups and downs and keep us on that sunny road of recovery. —BB

## Central Office Phone Log



"I am responsible . . .  
When anyone, anywhere,  
reaches out for help, I  
want the hand of A.A.  
always to be there.  
And, for that, I am  
responsible."

### Phone Log 3-2-98—3-27-98

Answering Service Calls	187
General Information	3
A.A. Help	6
Family Help (Al-Anon)	3
Meeting Information	52
Central Office Business	77
Medical Help (Hospital, Detox, etc.)	0
P.I. Calls	0
Others	5
Visitors	61



## Fellowship News

Meeting cancellation. **The Enka, One Step At a Time Group** which met on Thursdays at 7 P.M. has been canceled.

New Meeting. **The Joy Of Living Group** has begun meetings in Black Mountain at the First Christian Church, at the intersection of Rte. 9 and Blue Ridge Road. The meetings are held on Wednesdays at noon, and are open, discussion.

Location Change. **The Highlands Mountain View Group** has moved to First Presbyterian Church, corner of 5th and Main.

New Meeting. **The Bryson City Group** has begun new meetings at 7 P.M. on Mondays at the United Methodist Church (next to P.O.). The meetings are Open, Discussion.

Meeting change. **The Burnsville Group** has moved next door to its former meeting place and is now on the corner of Avery St. and Academy St.



**Acceptance Group**

Rod B.	5-5-85	13 years
Vivian	5-13-79	19 years
Michael K.	5-15-92	6 years
Bob V.	5-17-80	18 years

**Black Mountain Group**

Hugh H.	5-11-78	20 years
Frank M.	5-16-88	10 years
Jimmy L.	5-25-85	13 years
The date listed in April for Tom B. was incorrect. The correct date should have been: 4-4-83		
		15 years

**Brevard Group**

Matt O'D.	5-3-79	19 years
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**Grace Group**

Will	5-7-83	15 years
Jack D.	5-7-86	12 years
Rowan R.	5-7-92	6 years
Molly W.	5-7-85	13 years
Cha Cha	5-7-89	9 years
Bob P.	5-7-86	12 years
John B.	5-7-97	1 year
Karen R.	5-7-95	3 years
Jim S.	5-7-91	7 years
Dick J.	5-7-81	17 years

**Happy Hour Group**

Carolyn T.	5-28-94	4 years
Bob G.	5-22-92	6 years
Johnny R.	5-24-96	2 years

**Hendersonville Group**

Glen H.	5-23-83	15 years
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**Hendersonville Ladies Thurs. Aft. Group**

Eleanor D.	5-15-88	10 years
Lorry F.	5-29-74	24 years

**Maggie Group**

Kevin	5-7-93	5 years
Mike W.	5-7-94	4 years

**Midday Group**

Larry F.	5-31-75	23 years
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**Newdale Group**

Bill C.	5-7-68	30 years
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**Serenity Service Group**

Skip A.	5-1-93	5 years
Jon M.	5-31-83	15 years
Kathy F.	5-17-92	6 years
Bob K.	5-29-94	4 years
Floyd M.	5-9-96	2 years
William S.	5-16-96	2 years
Donna McA.	5-4-95	3 years
Renee P.	5-22-97	1 year
Connie W.	5-2-97	1 year
Jerry McS.	5-1-97	1 year

**Traditional Group**

Stan O.	5-8-97	1 year
Mark E.	5-15-97	1 year
Bob K.	5-29-94	4 years
Eugene P.	5-11-91	7 years

Note: A.A. birthdays are published in Mountain Doin's for the month of the publication only. (June anniversaries only will be published in the June issue.) All birthday lists must reach Central Office by 11 a.m. on the 5th of the preceding month.

## A.A.'s True Purpose

A.A. does not promise that we'll never be hurt or feel pain. When A.A. talks about serenity, it is not talking about absence of calamity but peace of heart, mind, and spirit in the midst of calamity. A.A. is not saying that we'll have no more problems; A.A. is saying that we'll be given what we need to deal with, and go through, those problems. the absence of trouble is not the purpose of A.A.

What then is the purpose of A.A.?

A.A. is a program of action for treating a problem of reaction. The A.A. program provides Twelve Steps whereby we, as individuals, can live comfortably with ourselves without a drink. A.A. shows us how to recover from a "seemingly hopeless state of mind and body" called alcoholism.

The purpose of A.A. and its members is simply to carry the message!

*Excerpted from The Grapevine*

## A.A. Outreach Program

Dana O. is looking for fellow A.A. members who would like to join her in starting an A.A. Outreach Group. The purpose of the Group will be to take A.A. meetings to the homes of fellow A.A. members who are shut-in for any reason.

Anyone interested in joining Dana to take meetings on the road, or anyone in need of having an A.A. meeting is invited to contact Dana at 669-4278.



# Treasurer's Report

N.C. Mountain Central Office, Inc.  
Financial Report  
for the month of March, 1998

## INCOME

Acceptance Group	\$50.00
Bethel Up The River Group	\$32.00
Brevard Group	\$35.00
Burnsville Group	\$50.00
Common Sense Group	\$29.87
Conscious Contact Group	\$239.62
Day By Day Group	\$45.00
Fletcher Group	\$100.00
Happy Hour Group	\$50.00
Hayesville Group	\$25.00
Hendersonville Group	\$128.00
KISS Group	\$25.00
Lakeside Group	\$15.50
Marshall Group	\$100.00
Midday Group	\$50.00
Mountain View Group	\$200.00
Move A Mountain Group	\$185.00
Nooners Group	\$3.50
Otto Group	\$15.00
Pathfinders Group	\$10.00
Reaching Out Group	\$5.00

Six O'Clock Group	\$29.00
Thursday Afternoon Ladies Group	\$50.00
Traditional Group	\$100.00
Tryon Group	\$25.00
Tuesday Night Men's Group	\$60.00
West Asheville Group	\$15.50

<b>Total Group Contributions</b>	<b>\$1,673.08</b>
<b>Individual Contributions</b>	<b>\$55.00</b>
<b>Total Contributions</b>	<b>\$1,728.08</b>

## Financial Statement as of March 31, 1998

Bank Balance 03/13/98	\$3,766.60
Deposits 03/16/98 & 03/31/98	\$3,339.35
Cash on Hand	\$28.08
Accounts Receivable	\$473.65

**Sub-Total** **\$7,607.68**

Outstanding checks	(\$3,171.47)
Reserve for Copy Machine	(\$450.00)
Reserve for Tax Liability	(\$1,000.00)
Reserve for Correctional Facilities	(\$1,000.00)
<b>Total</b>	<b>\$1,986.21</b>

Note: Since approval by the Board on 3/9/97 \$1,917.85 in A.A. literature has been used by Groups bringing meetings to correctional facilities.

3/31/98 Contribution made to Gen. SVC. & N.C. State A.A. in amount of \$450.00

## Central Office Meeting

The N.C. Mountain Central Office held its March meeting at Robbinsville on Sunday, March 8, 1998. In attendance were: Bob K. (Otto Gp.) CO Vice Chairman, Jack D. (A'ville Grace Gp.) CO Treasurer, Bob V. (Acceptance Gp.) Office Manager, Molly W. (A'ville Grace Gp.) CO Trustee, Cha Cha D. (A'ville Grace Gp.) CO Rep., Bob . (A'ville Grace Gp.), Jim Barnette DCM Dist. 80, Buck C. (Waynesville Grace Gp.) GSR, Tom B. (Black Mountain Gp.) CO Rep.

Several items of financial interest were discussed.

1. **The Prudent Reserve.** Approximately \$4025 is held in a reserve account in the event of a catastrophe that would require replacement of the Office and its contents. It was approved that the Prudent Reserve should be maintained.

2. **Workers Compensation.** The Treasurer reported th

3. **The Financial Report** was discussed. The financial status will be reviewed at the end of March, based on a formula previously agreed to, to determine if excess funds are available for distribution.

4. **I.R.S. Tax Status.** The Treasurer stated that the I.R.S. in Baltimore stated that "... can find no record that organization is exempt from Federal Income Tax." A discussion was held and it was agreed that the Treasurer should retrace the steps taken thus far to confirm our status. (Post meeting note: The Treasurer visited I.R.S. Asheville on 3-09-98, and a search confirmed that 501C3 status was approved in 1992 which granted exemption from paying unemployment tax, but not exemption from Fed. Income Tax.)

Next C.O. mtg. will be held in Asheville in August.

## Area 51's New Newsletter

Area 51 now has its own Newsletter. Published quarterly, *Area 51 Pipeline* is full of information regarding activities in Area 51 (which includes our three Districts 70, 71, and 80). The newsletter also contains a number of features regarding matters of general interest to all A.A. members. If you would like to subscribe to the newsletter, ask your D.C.M. or G.S.R. for details.



# Calendar of Events

Events listed here are presented solely as a service to readers, not as an endorsement by the General Service Office or by the North Carolina Mountain Central Office. For any additional information please use the addresses or phone numbers provided.

**Founders' Day. 63rd Anniversary of A.A.** June 5,6,7, in Akron, Ohio, the birthplace of A.A., will consist of a wide variety of activities, including meetings, a two-act play, a 12 Traditions skit, all-night alcahthon, speaker meetings, workshops, motorcade to Dr. Bob's grave, a dance, and many other activities. For full information write to Founders' Day committee, P.O. Box 12, Akron, OH 44309-0012.

**S.E.R.C.Y.P.A.A. (South East Regional Conference of Young People in A.A.)** will be held in Charleston, South Carolina, at the Sheraton Charleston Hotel on June 18, 19, 20, and 21. Great Speakers, Workshops, Archives Display, Spirituality, Dance, Entertainment, and Fellowship. For hotel reservations call Sheraton Charleston Hotel, 170, Lockwood Dr., Charleston, SC 29403, at (803) 723-3000 or (800) 968-3569. For full information call Patty W. (803) 588-0192, or Marvin F. (803) 795-3319, or Chrissy R. (803) 571-1540.

**11th Annual Choo Choo Roundup.** August 14-16. At Chattanooga's Choo-Choo-Holiday Inn and Conference Center, 1400 Market St. Chattanooga, TN 37402. Speakers. Workshops, Alcahthon, Ice Cream Social, Dance, child care provided. Pre-registration: \$12 until July 25. Registration: \$15 after July 25. Alateens Special Registration: \$6. Make checks payable to "Choo-Choo Roundup." Mail to Choo-Choo Roundup, P.O. Box 2105, Chattanooga, TN 37409.

**NCCYPAA II The N.C. Conference of Young People in A.A.,** August 20—23. Sheraton Airport Plaza Hotel, 3315 South I-85 at Billy Graham Pkwy., Charlotte, N.C. For information call Erik M (704) 525-5542.

## Dr. Bob—Living Proof

Asked why he kept going to so many meetings after years of sobriety, Dr. Bob S. replied: "The first reason is that this way is working so well. . . . The second reason is that I don't want to deprive myself of meeting, greeting, and visiting with fellow alcoholics. . . . The Third reason is, I belong at that meeting for the sake of the man or woman who might walk through the door. I am living proof that A.A. works as long as I work A.A."

From Dr. Bob and the Good Oldtimers, page 334

# MOUNTAIN BREWING'S



*Mountain Doin's. NC Mtn. Central Office*

Alky Tom to his drinking buddy: "When I got home last night our house was full of smoke and I asked my wife who had been there."

"Why, Mary, my girl friend, dropped in just to say Hi!, and to have a couple of drinks."

"Well, Mary left her pipe on the piano."

x            x            x

"It was a beef and stew romance."

"What is that?"

"She was always beefing and he was always stewed."

x            x            x

Said the alky to her pal, "Why do you want a divorce?"

"Cos every time I sit on my husband's lap he starts dictating letters."

x            x            x

"I had an accident in my car—the car went from one side of the street to the other."

"The tires were loose?"

"No, I was tight."

x            x            x

"I took her to the swankiest restaurant in town," said the alky to his friend. "We drank the best champagne. I bought her flowers and candy and took her home. And d'you know what she said?"

"No."

"That's right!"

x            x            x

Nancy: "What's your husband's average income?"

Janet: "His income? Oh, around midnight."

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