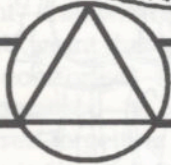


MOUNTAIN DOIN'S

Central Office Newsletter
SEPTEMBER 1997



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80). Address: 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Phone: Buncombe County: 254-8539. Elsewhere in WNC: 1-800-524-0465

DISTRICT 71 EATIN' MEETING AT ST. JOHN IN THE WILDERNESS EPISCOPAL CHURCH GREENVILLE Hwy., Flat Rock *Sunday, September 7*

EATING AT: 4P.M.

SPEAKER AT: 5P.M.

PLEASE BRING
COVERED Dish

Y'all COME, FOR
Food, Fun and Fellowship!



Cooperation with the Professional Community

by Bob R., Panel 45, N.C.

(In this article, Bob R. explained to the S.E. Regional Forum held at Asheville N.C. the function of the CPC Committees. *Mountain Doin's* publishes his comments to enlighten the many of our readers who have asked for information about this topic.)

The purpose of C.P.C. Committees is to inform professionals about A.A. From reading A.A. history, I

believe the first C.P.C. Committee consisted of our co-founders, Bill W. and Doctor Bob, when they phoned a nurse at Akron City Hospital and told her that they thought they had an answer for alcoholism and asked for permission to visit patients that had been hospitalized because of drinking problems. Our co-founders were telling medical professionals that there was hope of recovery for the suffering alcoholics.

continued on page 2

Mountain Doin's is published monthly as an informational service to all A.A. members in Western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or by the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.

Cooperation with the Professional Community
(continued from page 1)

Some say that doing this type of work violates our Tradition of Anonymity. Tradition Eleven states that we remain anonymous at the public media level. Dr. Bob, in a statement that he made on the Eleventh Tradition, said that he felt that to remain anonymous at any other level was violating this Tradition. I feel that carrying the message to professionals is a fulfillment of the Twelfth Step, Tradition Five, and our Responsibility Pledge. Many of you probably first heard of A.A. through a doctor, minister, sheriff, judge, or a counselor. Would you be here today if members of A.A. had not carried our message to these professionals? Won't you as members of Alcoholics Anonymous be participants in carrying the message of recovery through those that can reach so many, the professionals? C.P.C. committees can be formed at the group, district, and area levels. If you require any information on how to form a C.P.C. committee, talk to your area delegate or write to the C.P.C. desk at the General Service Office.

Readers' Forum
Live Letters

The Best Commitment

The best commitment I ever made in my life was the promise I made to myself that I would turn up to at least two A.A. meetings every week for a year. That commitment I truly believe saved my life. For it forced me to listen to everyone in the group even on



those days when I would really rather have just lazed around or maybe gone to the movies.

It resulted eventually in me treating A.A. meetings as habit, and something I truly came to look forward to. And that's where I learned so much about living that I had ignored. I became more friendly toward others, more tolerant to those I didn't agree with, more understanding of different points of view, more ready to accept that I couldn't change people or circumstances to suit myself. And I'm grateful beyond words for all it is doing for me. —BD

Central Office Phone Log



"I am responsible . . .
When anyone, anywhere,
reaches out for help, I
want the hand of A.A.
always to be there.
And, for that, I am
responsible."

Phone Log 6-30-96—8-1-97

Answering Service Calls	245
General Information	6
A.A. Help	0
Family Help (Al-Anon)	10
Meeting Information	102
Central Office Business	93
Medical Help (Hospital, Detox, etc.)	0
P.I. Calls	0
Others	12
Visitors	65



Fellowship News

New Meeting: **Big Book Study** Mars Hill Methodist Church, on Tuesdays at 8 P.M. The meetings are open, nonsmoking.

New Meeting. **The Beginners Group** has begun meetings at 7 P.M. Fridays in Bat Cave at the Church of Transfiguration. (The meetings are Discussion, for beginners).

Needed: **Women Speakers** with two years or more sobriety are needed to speak at the Black Mountain Women's Prison. Please contact Kitt Mc. (704) 255-9618.

There's a lot less drinking now than in 1988, because I gave up drinking in June of 1988



Acceptance Group

Jeff G.	9-6-89	8 years
Murri S.	9-12-84	13 years
Rachel Q.	9-20-92	5 years
Norma T.	9-30-94	3 years

Back To Basics Group

Amy B.	9-3-95	2 years
Kate M.	9-25-82	15 years

Black Mountain Group

Milam W.	9-28-90	7 years
----------	---------	---------

Happy Hour Group

Debbie M.	9-21-95	2 years
-----------	---------	---------

Hendersonville Group

Raymond F.	9-18-96	1 year
Paul K.	9-2-90	7 years
H.C. O.	9-6-94	3 years
Rita H.	9-23-96	1 year
Susan J.	9-16-85	12 years
George J.	9-13-82	15 years

H'ville Thursday Afternoon Women's Group

Ann F.	9-4-89	8 years
Maija G.	9-4-87	10 years
Carol H.	9-28-72	25 years

Midday Group

Beth H.	9-16-85	12 years
Allan H.	9-8-90	7 years
Louise F.	9-1-82	15 years
Larry W.	9-26-?	? years
Goody H.	9-4-79	18 years

Reaching Out Group

Scott G.	9-2-94	3 years
----------	--------	---------

Serenity Service Group

Angela P.	9-1-96	1 year
Calvin M.	9-21-94	3 years
Debra K.	9-26-93	4 years
Dottie S.	9-16-90	7 years
Patti B.	9-4-93	4 years
Bill K.	9-18-95	2 years
Linda C.	9-19-93	4 years

Traditional Group

Richard T.	9-7-84	13 years
Terri S.	9-5-93	4 years
Vivian S.	9-18-93	4 years
Dianne M.	9-17-94	3 years
Ray S.	9-8-95	2 years
Susan P.	9-3-95	2 years
Phillip S.	9-24-96	1 year
Melvin T.	9-10-96	1 year

A.A. Web Site is Available on the Internet

A number of our readers have asked us if A.A. has Web Site availability on the Internet. The answer is "yes," and here are the official details supplied to *Mountain Doin's* by the A.A. General Service Office.

In October, 1995, the trustees' Public Information Committee recommended that the General Service Office implement an A.A. Web Site. With the approval of the General Service Board the A.A. Web Site became available on the Internet on December 22, 1995. The address:

<http://www.alcoholics-anonymous.org>

The A.A. Web Site is set up as a Public Information piece. Anyone visiting the A.A. Web Site will observe that the content is currently directed to the still-suffering alcoholic who wishes to know how to contact A.A., or to determine if his or her drinking is a problem. In addition, the contents are also to provide information to the general public, media, and professionals interested in A.A., and to provide consistent and accurate information about A.A. to Internet users. In 1996 the Web Site was visited 206,000 times

and currently there are approximately 550 hits daily (as of May, 1997).

The A.A. Web Site gives information about Alcoholics Anonymous in English, French, and Spanish. The contents of the Web Site are as follows:

- The General Service Conference-approved pamphlet *A.A. Fact File*.
- General Service Conference-approved pamphlet *Is A.A. For You?*
- List of Central Offices/Intergroups/Answering Services in U.S./Canada.
- List of International General Service Offices/Central Offices/Intergroups.
- Links to International General Service Office Sites.
- A Letter directed to professionals, including an E-mail response form for the professional to request additional information about A.A.

Everyone should go to college and get a degree and then spend a year in AA. Then they would be truly educated

Treasurer's Report

N.C. Mountain Central Office, Inc.
Financial Report
for the month of July, 1997

INCOME

Acceptance Group	\$463.27
Back To Basics Group	\$100.00
Black Mountain Group	\$46.00
Brevard Group	\$35.00
Candler KISS Group	\$25.00
Conscious Contact Group	\$82.62
Day By Day Group	\$45.00
Franklin Group	\$30.00
Happy Hour (Hendersonville)Group	\$50.00
Hendersonville Group	\$93.77
Lakeside Group	\$30.00
Leicester Group	\$25.00
Maggie Group	\$50.00
Midday (Hendersonville)Group	\$100.00
Monday Night Grace Group	\$23.00
Six O'Clock Group	\$18.00

Sylva Group	\$30.00
Tryon Group	\$50.00
Waynesville Group	\$200.00

Total Group Contributions **\$1,496.66**

Individual Contributions **\$00.00**

Financial Statement as of August 1, 1997

Bank Balance 7-13-97	\$2,584.03
Deposit 8-1-97	\$1,347.04
Cash on Hand	\$28.08
Accounts Receivable	\$371.85

Sub-Total	\$4,331.00
Outstanding checks	(\$2,219.41)
Reserve for Corr. Facilities	(\$37.05)
Reserve for Copy Machine Service	(\$300.00)
Reserve for S.S. Payments	(\$91.80)
Total	\$1,682.74

Note: To date, \$962.95 in literature has been supplied to groups bringing meetings to Correctional Facilities

More Forum Q's & A's

Here are more questions and answers brought up at the December S.E. Regional Forum to help individuals and groups seeking A.A. opinions and guidelines.

LITERATURE

What is the procedure for literature to become Conference-Approved?

The term "Conference-Approved" describes written or audio-visual material approved by the Conference for publication by G.S.O. This process assures that everything in such literature is in accord with A.A. principles. The term has no relation to material not published by G.S.O. It does not imply Conference disapproval of other material about A.A. Conference-approval assures us that a piece of literature represents solid A.A. experience. Any Conference-approved booklet or pamphlet goes through a lengthy and painstaking process, during which a variety of A.A.s from all over the United States and Canada read and express opinions at every stage of production.

What happened to the circle and triangle logo on Conference-approved literature?

Alcoholics Anonymous has relinquished the copyright on the circle and triangle logo as a registered mark. Conference-approved literature now carries the

statement, "This is A.A. General Service Conference-approved literature." Although the circle and triangle is no longer our legal symbol as a trademark, the Fellowship is still free to use it.

What about reading non-Conference-approved literature?

What you read is a personal decision. Conference-approval does not mean it is better literature. It refers to a process of developing literature. With regard to non-Conference-approved literature in A.A. groups, the 1986 General Service Conference recommended the suggestion that A.A. groups be encouraged to display only literature published and distributed by the General Service Office, the A.A. Grapevine, and other A.A. entities.

In the first edition of the Big Book, page 1 started with "The Doctor's Opinion" and the entire first part of the book consisted of 179 pages, not 164. When the second edition came out, Bill's Story was on page 1. Does anyone know why or how it was changed?

It was probably a decision that was made by Bill. Since Dr. Silkworth wasn't an alcoholic, it was decided to put "The Doctor's Opinion" in the preface.

This is the last of the series of Forum question and answer sessions to be published in *Mountain Doin's*.

St. Francis Said it All

"Lord, make me a channel of thy peace—that where there is hatred, I may bring love—that where there is wrong I may bring the spirit of forgiveness—that where there is discord, I may bring harmony—that where there is error, I may bring truth—that where there is doubt, I may bring hope—that where there are shadows, I may bring light—that where there is sadness, I may bring joy. Lord, grant that I may seek rather to comfort than to be comforted—to understand, rather than to be understood—to love, rather than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to Eternal Life. Amen" *Twelve Steps and Twelve Traditions*, p.99

No matter where I am in my spiritual growth, the St. Francis prayer helps me improve my conscious contact with the God of my understanding. I think that one of the great advantages of my faith in God is that I do not understand Him, or Her, or It. It may be that my relationship with my Higher Power is so fruitful that I do not have to understand. All that I am certain of is that if I work the Eleventh Step regularly, as best I can, I will continue to improve my conscious contact, I will know His will for me, and I will have the power to carry it out. *Daily Reflections*, p. 334



Calendar of Events

Events listed here are presented solely as a service to readers, not as an endorsement by the General Service Office or by the North Carolina Mountain Central Office. For any additional information please use the addresses or phone numbers provided.

Mediterranean Magic! Ship departs Rome for Sicily, Malta, Palma de Majorca, Barcelona, Monte Carlo & Nice, Genoa & Portofino, Florence and Corsica. **Wednesday, September 10, 1997.**

(Call Bob at 1-800-650-7245 to reserve your cabin and receive your free brochure.)

San Antonio Roundup, at the Camberly Gunter Hotel, San Antonio, Texas, **September 12-14, 1997.** Call Teri S. (210) 738-8286 or Rod B. (210) 826-8239. For more information write P.O. Box 15993, San Antonio, TX 78212.

40th International Conference of Young People in A.A. **September 18—21, 1997** at Estes Park Center, YMCA, Colorado. Contact ICYPAA hotline: (303)333-4043 or TTY: (303) 666-7505. Workshops, speaker meetings, marathon meetings, meditation hikes, elk bugling.

Sobriety In Paradise 1997. 4th Annual Convention, Paradise Island, Bahamas. **October 24—26.** For information call Jill (242) 393-2015, after 5 p.m., or Keith (242)327-5755, or Floyd (242) 3364-0124, or Dennis (242) 328-1567, or Henry (242) 341-5876.

MOUNTAIN BREWING'S



Mountain Doin's, NC Mtn. Central Office

The millionaire decided to settle in a spacious dwelling in the mountains. He soon noticed that liquor started vanishing just after he hired a manservant.

He confronted the manservant, who said, "Sir, I come from a long line of honest Englishmen."

Smelling the manservant's breath, the millionaire said: "Frankly, it's not your English forebears that concern me. It's your Scotch extraction."

X X X

"Mama, do all angels fly?"

"Yes, Willie. Why do you ask?"

"Well., I heard Dad call the hired girl an angel the other day when she brought him another drink. Will she fly, too?"

"Yes, Willie, tomorrow!"

X X X

The tipsy customer staggered to the drugstore counter and asked, "Say, would you give me something for my head?"

The pharmacist looked at him. "Why? What would I do with it?"

X X X

Marg: "Liz's alcoholic husband didn't leave her much when he died, did he?"

Beth: "No, but he left her very often when he was alive."

X X X

Alky Fred loved watching races on TV while he boozed at the bar. Once, betting with another alky, he lost twenty dollars on a race, and then lost another twenty on the instant replay.

X X X

Would you like a subscription to *Mountain Doin's*? Just fill in the form below and mail to the address below

Mountain Doin's Order Form

Mountain Doin's Annual Subscriptions:

Groups:

3 copies monthly	No charge
10 additional copies	\$10.00 per year
15 additional copies	\$15.00 per year
20 additional copies	\$20.00 per year
25 additional copies	\$25.00 per year

Group or Individual Name _____

Street/PO Box No. _____

Town and Zip Code _____

Individual Members:

Single copy monthly \$5.00 per year

Please circle which of the above you wish to receive and make out check or money order accordingly. Subscription rates are subject to change, dependent upon USPS rates.

Clip and mail with check or money order to:

N.C. Mountain Central Office
107 Park Place Offices
70 Woodfin Place
Asheville NC 28801

North Carolina Mountain Central Office
107 Park Place Offices
70 Woodfin Place
Asheville NC 28801

Address correction requested

Place
Postage
Stamp
Here