

MOUNTAIN DOIN'S

Central Office Newsletter

AUGUST 1997



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80). Address: 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Phone: Buncombe County: 254-8539. Elsewhere in WNC: 1-800-524-0465

District 70 Eatin' Meeting

at St. James Episcopal Church

Black Mountain

Sunday, August 10, 1997



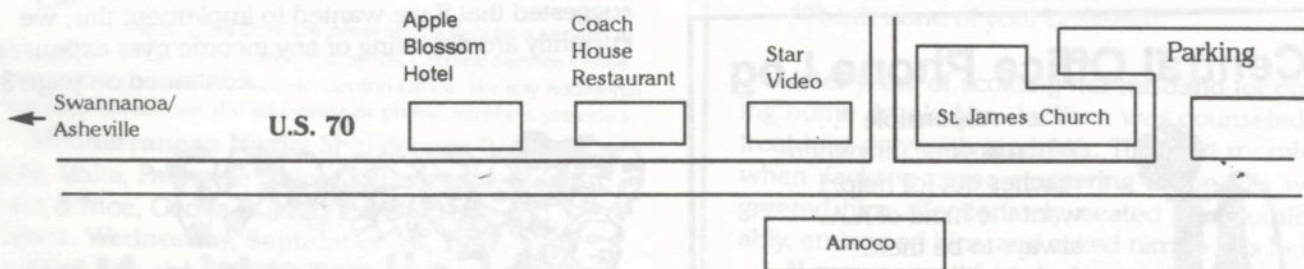
Eating at
4 p.m.

Please bring covered dish

District 70 GSR Mtg. 6 p.m.



Speaker at
5 p.m.



June 8, 1997 Central Office Meeting Minutes

The N.C. Mountain Central Office met on June 8 at the Community Center in Asheville.

Present were: Dave A., C.O. Chairman, Acceptance Gp.; Jack D., C.O. Treasurer, Grace Gp.; ; Bob V., C.O. Office Manager, Acceptance Gp.; Alan W., C.O. Secretary and Editor, *Mtn. Doin's*, Happy Hour Gp.; Owen C., Dist. 71 Trustee, Hendersonville Gp.; Becky H., C.O.

Rep., Grace Gp.; Rowan, C.O. Alternate Rep., Grace Gp.; Rita V., C.O. Alternate Rep., Conscious Contact Gp.; Ron P., C.O. Rep., Hendersonville Gp.; Karl S., C.O. Rep., Cumberland Gp.; Jack W., C.O. Acting Rep., Acceptance Gp.; JoAnn P., C.O. Rep., Midday Gp.
continued on page 2

Mountain Doin's is published monthly as an informational service to all A.A. members in Western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or by the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.

Central Office Meeting (continued from page 1)

The minutes of the March Central Office meeting were read and approved.

The Treasurer, Jack D., read his report and informed the meeting that the excess funds referred to in the previous meeting and published in the March *Mountain Doin's* were distributed as follows: \$250 was given to each District treasurer for use in PI/PCP activities; \$1,000 was reserved for Correctional Facilities meetings; \$311.50 was contributed to the G.S.O., and \$133.50 was contributed to the Area 51 Committee.

The treasurer also noted that an anonymous donation of \$2,000 was offered to Central Office, and in accordance with the A.A. custom of limiting any one donation to \$1,000 maximum in any one year, \$1,000 was accepted by Central Office and the remaining \$1,000 was donated to G.S.O.

The Treasurer's Report was accepted.

Treasurer Jack D. also asked that a motion be made for the regular issuance of funds to meet the required monthly costs of operating the Office copying machine. The motion was made, seconded and unanimously approved.

It was also unanimously agreed that the Central Office continues to support the program of literature to Correctional Facilities in the Districts 70, 71, and 80.

The March meeting request that our 800 number be printed on chips was discussed. Bob V. pointed out that it would not be economically feasible to carry out this request. He further pointed out that the vast majority of calls to Central Office were local calls and thus the 800 number would not be used by these

callers. Discussion resulted in the agreement that there would be little point in placing the 800 number on chips. Most newcomers receiving their white chips would be given a copy of *Where and When*, which carries lists of all meetings held within our three Districts.

After discussion a motion was made that the 800 number would not be printed on future chips. The motion was seconded and carried unanimously.

The matter of our Answering Service brought up at our March meeting was introduced and Bob V. reported that the service had now been improved. It was agreed that the matter of using volunteers in our area was not practical in view of the area's wide coverage.

Bob V. reiterated that the Answering Service had now straightened itself out and was now performing satisfactorily. He has had feedback from a number of people, all of whom agreed that the service had improved. He pointed out that there were in the neighborhood of 200 calls a month for meeting information. He also pointed out that the professional Answering Service insured that there would always be somebody to answer calls 24 hours a day, whereas with volunteers in an area so broad as our three districts cover it could be expected that there would often be nobody present at a particular time to answer calls.

It was agreed that our Answering Service system should remain as it is.

New Business: The maintenance of a fund for literature in prisons. Central Office Chairman Dave A. suggested that if we wanted to implement this, we currently are disposing of any income over expenses
continued on page 3

Central Office Phone Log



"I am responsible . . .
When anyone, anywhere,
reaches out for help, I
want the hand of A.A.
always to be there.
And, for that, I am
responsible."

Phone Log 6-2-96—6-27-97

Answering Service Calls	193
General Information	7
A.A. Help	4
Family Help (Al-Anon)	11
Meeting Information	86
Central Office Business	81
Medical Help (Hospital, Detox, etc.)	3
P.I. Calls	0
Others	8
Visitors	52



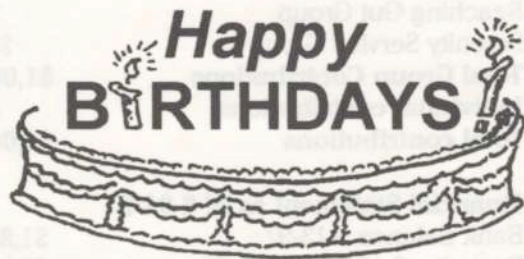
Fellowship News

New Meeting. Asheville. **Saturday Morning Men's Group.** The meetings are held at Justin Center, 92 Haywood St., at 9 a.m. on Saturdays (men only, discussion)

Location change: Highlands **Mountain View Group.** From July 7 to August 8 meetings will be held at United Methodist Church on Main Street.

New Meeting. **The Beginners Group** has begun meetings at 7 p.m. Mondays in Bat Cave at the Church of Transfiguration. (The meetings are Discussion, for beginners).

Needed: **Women Speakers** with two years or more sobriety are needed to speak at the Black Mountain Women's Prison. Please contact Kitt Mc. (704) 255-9618.



Acceptance Group

Harry S. 8-6-84 13 years
 Rebekah E. 8-17-88 9 years

Arden Monday Night Group

Mac M. 8-18-78 19 years

Brevard Group

Lynn H. 8-18-93 4 years
 Dale F. 8-31-76 21 years

Black Mountain Group

Bill G. 8-21-87 10 years
 Bob 8-8-81 16 years

Conscious Contact Group

Bobbi N. 8-10-83 14 years
 Frank W. 8-15-94 3 years
 Rita V. 8-17-92 5 years
 Pete M. 8-8-83 14 years
 Dale W. 8-30-86 11 years
 Liz D. 8-12-85 12 years

Cumberland Group

Steve H. 8-18-90 7 years
 Joal L. 8-29-88 9 years
 David T. 8-21-93 4 years
 Pam D. 8-4-95 2 years
 Billy G. 8-8-91 6 years

Grace Group

Lucy W. 8-1-94 3 years

Wayne F. 8-11-84 13 years
 Liz D. 8-12-85 12 years
 Dennis M. 8-15-89 8 years
 Jan B. 8-16-81 16 years
 Rita V. 8-17-92 5 years
 Larry S. 8-17-96 1 year
 Ray B. 8-27-95 2 years
 Dana J. 8-29-96 1 year

Happy Hour Group

Ellen B. 8-19-92 5 years
 Marilyn T. 8-22-95 2 years
 Michaeline P. 8-4-96 1 year

Hendersonville Group

John E. 7-16-96 1 year
 Eric G. 7-30-93 4 years
 Bob G. 7-28-92 5 years
 Amy P. 7-1-96 1 year
 Ray D. 8-21-80 17 years
 Dan W. 8-23-87 10 years
 Carol L. 8-11-94 3 years
 Cindy C. 8-24-96 1 year
 Nancy S. 8-24-96 1 year
 Lisa T. 8-15-85 12 years

Lakeside Group

Wayne A. 8-8-80 17 years

Midday Group

Lou P. 8-24-92 5 years
 Bill F. 8-28-87 10 years
 Christine B. 8-14-94 3 years
 Ed. D. 8-19-92 5 years

Thursday Afternoon Women's Group

Beth H. 8-15-85 12 years
 Rose Mary M. 8-14-87 10 years
 Ellen B. 8-19-92 5 years
 Pamela P. 8-25-96 1 year

Central Office Meeting (continued from page 2)
 and we could also make a disposal to prisons. It was pointed out that the Grace Group has been funding A.A. books for the Buncombe County jail for a long time. With the creation of a new jail there is an opportunity for us to have ten meetings a week. At present we bring meetings there on Wednesdays and Saturdays.

The Grace Group always brought literature to the jail and always donated considerable amounts of money to the jail.

Motion was made that monies in Central Office over operating expenses determined by our treasurer be donated to prison literature funds—not to exceed \$1,000. The motion was made and seconded to establish the fund. The vote was unanimously in favor.

Discussion centered around the fact that all future Central Office meetings be nonsmoking, unless they are held in the open air. The motion was seconded

and carried.

The next Central Office meeting is to be held in Hendersonville in September. Full details will be published in the September *Mountain Doin's*.

Respectfully submitted, Alan W., Secretary

**District 70 Treasurer's
 Sixth Month Report**

Beginning balance 1997	\$1,142.79
Gp. contributions to June 30, 97	\$573.89
Total	\$1716.68
Expenses (copies and postage)	\$153.17
D.C.M. Expenses	\$300.00
Alternate D.C.M. expenses	\$300.00
Total Expenses	\$753.17
Balance as of June, 1997	\$963.51

Treasurer's Report

N.C. Mountain Central Office, Inc.
Financial Report
for the month of May, 1997

INCOME

Brevard Group	\$35.00
Conscious Contact Group	\$253.00
Day By Day Group	\$45.00
Grace Group	\$200.00
Happy Hour (Hendersonville) Group	\$50.00
Hendersonville Group	\$102.82
Maple Grove Group	\$70.00
Marshall Group	\$50.00
Midday (Hendersonville) Group	\$75.00
Monday Six O'Clock Group	\$67.00

Pathfinders Group	\$10.00
Reaching Out Group	\$5.00
Serenity Service Group	\$38.00
Total Group Contributions	\$1,000.82
Individual contributions	\$0.00
Total contributions	\$1,000.82

Financial Statement as of 6-01-97

Bank Balance 5-13-97	\$1,834.88
Deposits 5-15-97 & 5-30-97	\$2,863.97
Cash on Hand	\$28.08
Accounts Receivable	\$497.50
Sub-Total	\$5,224.43
Outstanding checks	(\$2,694.15)
Reserve for Corr. Facilities	(\$172.15)
Accruals	(183.60)
Total	\$2,174.53

S.E. Forum Q's and A's

Published below is the second in a series of columns to run in *Mountain Doin's* consisting of questions and answers from the S.E. Regional Forum held in Asheville in December. The selected Q's and A's are, we feel, of special interest to members and their Groups.

When a group offers to sponsor a district "eating meeting" and receives money from the district and another group, if the total does not exceed the amount the sponsoring group decided to spend, should the money from the district and the outside group be returned? The sponsoring group keeps the basket.

It was suggested that the host group pays for the meat and beverages. Other food is contributed. If the money is not used, it would be reimbursed to the District.

Could you explain how money from sources other than registered A.A. groups is handled?

The G.S.O. receives and accepts individual contributions from A.A. members up to \$1,000. Contributions from non-registered A.A. groups are accepted and acknowledged.

Who publishes the Big Book and are Big Book monies mixed with other income?

A.A. World Services, Inc., publishes the Big Book for A.A. in the U.S. and Canada. Big Book monies go into A.A. World Services, Inc. accounts and financial reports.

GRAPEVINE MATTERS

The calendars in the 1997 pocket planners run Monday through Sunday. Have you had negative comments about this and might it be changed back

to a Sunday through Saturday calendar?

The thinking in putting a Monday through Sunday calendar in the pocket planner is that these calendars are essentially for the A.A. Fellowship and many members who use the pocket planners are involved in service. Since A.A. events are usually weekend get-togethers, the idea was to help them organize their time. A decision will be made later with regard to the calendar format and future pocket planners.

What is the status on Grapevine back issues for correctional facilities?

Fifty assorted back issues for \$10 are still available. The back issues are not listed in the Grapevine catalog but are available upon request.

What procedure is used for listing events in the back of the Grapevine and Box 4-5-9?

The Disclaimer explains the procedure.

More S.E. Regional Forum questions and answers will be published in the August edition of *Mountain Doin's*.

Let's Hear from You

We welcome letters from our readers, and we encourage all to send the Editor letters about any aspect of A.A. that they like or that bothers them. Any questions, suggestions, thoughts? By voicing your thoughts through letters to the Editor you are, in fact, doing Twelfth-Step Work, for it is by sharing that our Fellowship gains.

Let's put Alcohol Back in A.A.

Whatever happened to physical sobriety? You know, that principle where you don't pick up a drink, no matter what the reason? Whatever happened to those corny cliches that helped so many of us find sobriety? Like "one day at a time," or, "Don't take that first drink and you won't get drunk?" Where are those drinking stories that remind us of where we were? Are we all so relieved of our disease and restored to sanity that we don't have to, or need to, share our experience, strength and hope? Have we raised the bottom so high that many alcoholics now have a "social disease" and not that mental obsession coupled with a physical allergy that the Big Book speaks of? It seems like many of the meetings I go to have become a haven for psychobabble and other forms of self-help or self-awareness. In all fairness, I have to admit that I still find some good physical sobriety at these meetings. But where are all our teachers? Have all the old timers died, or just run away from these types of meetings? I don't know. The reasons why we drank are not as important as the fact that we drank. So, let's please put the alcohol back in Alcoholics Anonymous. Let's get the A.A. railroad back on track. Remember, there are literally millions of alcoholics in need of our help.

From the *Grapevine*



Calendar of Events

Events listed here are presented solely as a service to readers, not as an endorsement by the General Service Office or by the North Carolina Mountain Central Office. For any additional information please use the addresses or phone numbers provided.

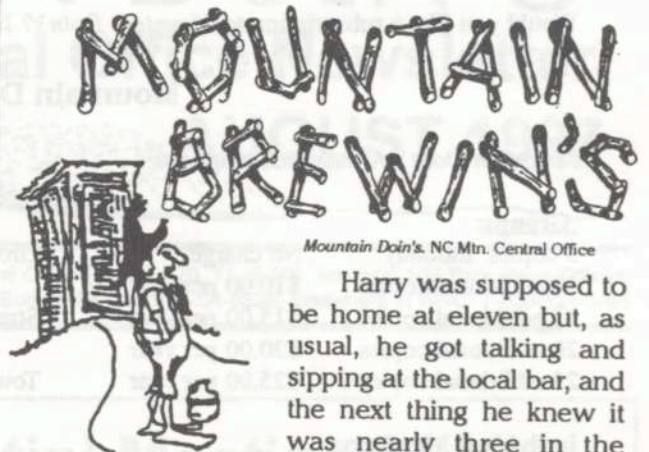
Mediterranean Magic! Ship departs Rome for Sicily, Malta, Palma de Majorca, Barcelona, Monte Carlo & Nice, Genoa & Portofino, Florence and Corsica. **Wednesday, September 10, 1997.**

(Call Bob at 1-800-650-7245 to reserve your cabin and receive your free brochure.)

N.C. Conference of Young People in Alcoholics Anonymous. 1st Annual NCCYPAA in Greensboro, NC, **September 4-7.** Events: Early Bird Meeting Thursday, 8 p.m. Speakers, marathon meetings, dances, panel discussions, banquet, and much more. For more information call: Dave B. (910) 274-1487, or Jobe S. (910) 854-7043.

San Antonio Roundup, at the Camberly Gunter Hotel, San Antonio, Texas, **September 12-14, 1997.** Call Teri S. (210) 738-8286 or Rod B. (210) 826-8239. For more information write P.O. Box 15993, San Antonio, TX 78212.

Sobriety In Paradise 1997. 4th Annual Convention, Paradise Island, Bahamas. October 24-26. For information call Jill (242) 393-2015, after 5 p.m., or Keith (242) 327-5755, or Floyd (242) 3364-0124, or Dennis (242) 328-1567, or Henry (242) 341-5876.



Mountain Dain's, NC Mtn. Central Office

Harry was supposed to be home at eleven but, as usual, he got talking and sipping at the local bar, and the next thing he knew it was nearly three in the morning. He hustled home and made it into his house just as the cuckoo clock chirped three times. Hoping to fool his wife, Harry cuckooed a few more times, then went to bed, proud of his cleverness.

In the morning, his wife said, "Joe, you'll have to do something about that cuckoo clock."

"What's the matter with it?" asked Joe.

"I don't know," said his wife. "Last night when you came home, it cuckooed three times, then it burped, then said '#@*-*!' and then it cuckooed eleven more times."

X X X

The lush called out to the waiter, "Hey, waiter, bring me a dish o' prunes."

Said the waiter: "Stewed, sir?"

"Thash none of your business!"

X X X

After years of scolding her husband for coming home drunk, Mrs. Jackson was counseled to treat him only with kindness. The next morning, when Jackson came staggering home, his wife greeted him affectionately, seated him comfortably, embraced him, and asked him to kiss her.

"I may as well," he muttered drunkenly, "I'll get hell when I get home, anyway."

X X X

The maid had been drinking when the phone rang. She picked it up and muttered something before slamming it down.

"Who was that, Mary?" asked her mistress.

"I'm expecting an overseas call."

"It was only some idiot, ma'am," answered the maid. "He said it was a long distance from England, and I told him we already knew that."

X X X

Two winos were employed on a construction site. One day, the foreman grabbed one of them and yelled, "How come you only carry four bricks and your buddy is carrying eight?" Said the wino "I dunno. Maybe he's too lazy to make two trips."

Would you like a subscription to *Mountain Doin's*? Just fill in the form below and mail to the address below

Mountain Doin's Order Form

Mountain Doin's Annual Subscriptions:

Groups:

3 copies monthly	No charge
10 additional copies	\$10.00 per year
15 additional copies	\$15.00 per year
20 additional copies	\$20.00 per year
25 additional copies	\$25.00 per year

Group or Individual Name _____

Street/PO Box No. _____

Town and Zip Code _____

Individual Members:

Single copy monthly \$5.00 per year

Please circle which of the above you wish to receive and make out check or money order accordingly. Subscription rates are subject to change, dependent upon USPS rates.

Clip and mail with check or money order to:
N.C. Mountain Central Office
107 Park Place Offices
70 Woodfin Place
Asheville NC 28801

North Carolina Mountain Central Office
107 Park Place Offices
70 Woodfin Place
Asheville NC 28801

Address correction requested

Place
Postage
Stamp
Here