

# MOUNTAIN DOIN'S

Central Office Newsletter

JULY 1997



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80). Address: 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Phone: Buncombe County: 254-8539. Elsewhere in WNC: 1-800-524-0465

## Twelfth-Step Lists Need Updating

Included with each mailing of this July issue of *Mountain Doin's* is a sheet headed "Twelfth-Step Telephone List." Central Office asks that the lists be handed to the group's chairperson, G.S.R., or Central Office Representative so that the sheet can be passed around to ask all members who are willing to enter their first name, telephone number, and hours of availability for the purpose of accepting calls from suffering alcoholics who call our 800 number asking for help.

The reason for this is that our present list held by our 24-hour Answering Service is now becoming out of date.

Your Central Office thanks you for your readiness to become involved in this very important part of our program of service to the suffering alcoholic. This is in keeping with A.A.'s often-repeated statement: "When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And, for that, I am responsible."

Your Central Office thanks you for your cooperation.

## Central Office Meeting

Our North Carolina Mountain Central Office held its June meeting at the Council Building in Asheville on Sunday, June 8, in conjunction with the District 70 Eating Meeting.

The full Minutes of the Central Office meeting will be published in the August issue of *Mountain Doin's*.

## New A.A. Literature Prices in Effect

All Conference-approved literature prices are now as published below, if purchased from Central Office. Note: Central Office pays all sales taxes and mailing costs.

Alcoholics Anonymous (Hard Cover)	\$6.00
" (Soft Cover)	\$5.60
" (Large Print)	\$6.30
" (Pocket Edition)	\$3.50
Twelve & Twelve (Hard Cover)	\$5.40
" (Soft Cover)	\$5.00
" (Gift Edition)	\$5.25
" (Large Print)	\$5.75
" (Pocket Edition)	\$3.50
Daily Reflections	\$6.25
Came To Believe	\$2.75
Living Sober	\$2.75
A.A. In Prison—Inmate to Inmate	\$1.00
A.A. Comes of Age	\$6.50
As Bill Sees It (Hard Cover)	\$6.00
" (Soft Cover)	\$5.60
Dr. Bob and the Good Oldtimers	\$7.50
Pass It On	\$8.00
Language of the Heart	\$10.00

<i>Non-Conference Literature in Stock</i>	
Twenty Four Hours a Day	\$9.00

*Other Non-Conference literature not kept in stock but will be ordered upon request*

Each Day A New Beginning	\$10.00
The Little Red Book	\$10.00
Promise of a New Day	\$10.00
Touchstones for Men	\$10.00
Stools and Bottles	\$10.00

*Mountain Doin's* is published monthly as an informational service to all A.A. members in Western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or by the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.

## From Dr. Bob's Last Talk Sunday, July 30, 1950

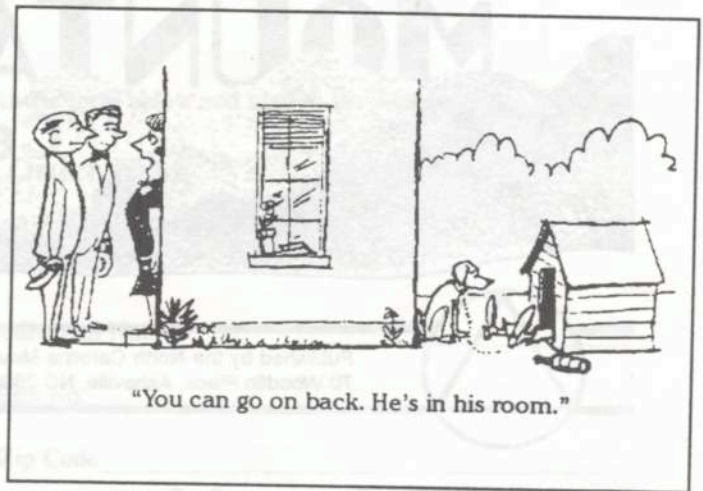
"My good friends in A.A. and of A.A., . . . I hope very much that the presence of so many people and the words that you have heard will prove an inspiration to you—not only to you, but may you be able to impart that inspiration to the boys and girls back home.

"I get a big thrill out of looking over a vast area of faces like this with a feeling that possibly some small thing that I did a number of years ago played an infinitely small part in making this meeting possible. I also get quite a thrill when I think that we all had the same problem. We all did the same things. We all get the same results in proportion to our zeal and enthusiasm and stick-to-it-iveness.

"There are two or three things that flashed into my mind on which it would be fitting to lay a little emphasis. One is the **SIMPLICITY OF OUR PROGRAM**. Let's not louse it all up with Freudian complexes and things that are interesting to the scientific mind, but have very little to do with our actual A.A. work. Our Twelve Steps, when simmered down to the last, resolve themselves into the words **LOVE** and **SERVICE**. We understand what love is and we understand what service is. So let's bear those two things in mind.

"Let us also remember to guard that erring member—the tongue, and if we must use it, let's use it with kindness and consideration and tolerance.

"And one more thing: none of us would be here



today if somebody hadn't taken time to explain things to us, to give us a little pat on the back, to take us to a meeting or two, to have done numerous little kind and thoughtful acts in our behalf. So let us never get the degree of smug complacency so that we're not willing to extend, or attempt to extend, that help which has been so beneficial to us, to our less fortunate brothers.

"Thank you very much"



## Fellowship News

**New Meeting. The Beginners Group** has begun meetings at 7 p.m. Mondays in Bat Cave at the Church of Transfiguration. (The meetings are Discussion, for beginners).

## Central Office Phone Log



"I am responsible . . .  
When anyone, anywhere,  
reaches out for help, I  
want the hand of A.A.  
always to be there.  
And, for that, I am  
responsible."

### Phone Log 4-28-97—5-30-97

Answering Service Calls	180
General Information	12
A.A. Help	1
Family Help (Al-Anon)	8
Meeting Information	97
Central Office Business	93
Medical Help (Hospital, Detox, etc.)	4
P.I. Calls	0
Others	2
Visitors	54

## WORKSHOP DAY

Sponsored by District 80

**SATURDAY, JUNE 28**

**SYLVA N.C.**

**JACKSON COUNTY COMMUNITY CENTER**

**11 am: CPC/PI Workshop/Sharing session**

**Noon: Lunch: Bring covered dish**

**1-3 pm: Workshops**

**3 pm: Correctional Facilities Speaker**

**Use Exit 85 from US 74**

**The Civic Center Bldg. is behind Hospital**

**Call Helen R for infm. (704) 586-3039**



#### Acceptance Group

Gary P.	7-4-96	1 year
Ellie M.	7-4-83	14 years
Loretta C.	7-7-94	3 years
Billy G.	7-8-91	6 years
Otis K.	7-9-91	6 years
Ray S.	7-10-84	13 years
Les J.	7-17-81	16 years
Carry J.	7-19-79	18 years
John K.	7-27-93	4 years
Bart B.	7-29-82	15 years

#### Back to Basics Group

Liz H.	7-12-92	5 years
Judy M.	7-3-94	3 years
Emily N.	7-2-96	1 year

#### Black Mountain Group

Ed B.	7-18-90	7 years
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#### Brevard Group

Gene B.	7-26-90	7 years
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#### Happy Hour Group

Wayne B.	7-11-94	3 years
Don B.	7-3-96	1 year
Bill S.	7-11-95	2 years
Nancy G.	7-16-76	21 years

#### Maggie Group

Pete M.	7-7-90	7 years
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#### Midday Group

Shirley B.	7-5-92	5 years
Roxanne W.	7-6-92	5 years
Jerry G.	7-15-88	9 years
Jack C.	7-25-89	8 years
Janet R.	7-16-95	2 years

#### Traditional Group

Mike K.	7-29-84	13 years
Robin S.	7-3-94	3 years
Mike D.	7-17-94	3 years
Gary W.	7-28-92	5 years
Bobby M.	7-3-95	2 years
Larry C.	7-28-95	2 years
Terry K.	7-23-95	2 years
Kathy N.	7-25-92	5 years
Barbara B.	7-8-75	22 years
Donald B.	7-20-96	1 year
Michael C.	7-22-96	1 year

## "Crosstalk"—What Is It?

Just what is this thing called "Crosstalk"? What does it have to do with our primary purpose: "to stay sober and help other alcoholics to achieve sobriety"?

A useful quote to describe Crosstalk, taken from a 1992 A.A. newsletter, is: "Any comments, negative or positive, about another's share, experience, life, program or remarks are crosstalk—that is interference. The only appropriate comments about anyone else's sharing—a speaker's or another member's—is 'Thank you for sharing.' A member may talk about his or her own experience as it relates directly or indirectly to another's sharing, but should not refer to that person's sharing. Even comments such as 'When you talked about it, it reminded me of my own experience' are possibly inappropriate."

These comments did not emanate from the General Service Office but may have been adopted by some A.A. groups through members who attend other Twelve Step recovery groups.

For example: (1) In its literature, one fellowship includes a boxed item head, "Suggested Announcement Regarding Crosstalk and Feedback." It reads: "In sharing during meetings, we proceed in an orderly, respectful manner. The chairperson (or speaker) will call on people to share. We do not interrupt one another nor engage in discussion—this is called 'crosstalk.'"

(2) Another anonymous organization, in its "Suggested Meeting Format," asks attendees "to please not interrupt someone else's sharing, not to make comments about other people's statements . . . and to talk only about yourself."

Says Anne T. of Rome, New York, who belongs to A.A. and also attends meetings of a different fellowship; "From the very beginning, one drunk talking to another has made the A.A. program go round. But in meetings, I feel, it makes sense to refrain from crosstalk. People are trying to free themselves from extraordinary shame. When someone shares in response to something I've said, that's okay, but only so long as there's not even a hint of censure, belittlement, scolding, or preaching, all under the guise of sharing. Knowing there's no risk of judgment makes me feel safe."

Looking at the subject from an A.A.'s point of view, a G.S.O. staff member, says, "Comparing notes, many of us realized that non-judgmental suggestions we had received in meetings, in response to something we had shared, was very beneficial to our recovery. It is how we learn, and that's what 'sharing experience, strength, and hope' is all about."

Whether an individual A.A. group chooses to include crosstalk 'guidelines' in its meeting format is entirely up to its group's conscience to determine, of course.

Adapted from Box 4-5-9

# Treasurer's Report

N.C. Mountain Central Office, Inc.  
Financial Report  
for the month of May, 1997

## INCOME

Brevard Group	\$35.00
Conscious Contact Group	\$253.00
Day By Day Group	\$45.00
Grace Group	\$200.00
Happy Hour (Hendersonville)Group	\$50.00
Hendersonville Group	\$102.82
Maple Grove Group	\$70.00
Marshall Group	\$50.00
Midday (Hendersonville)Group	\$75.00
Monday Six O'Clock Group	\$67.00

Pathfinders Group	\$10.00
Reaching Out Group	\$5.00
Serenity Service Group	\$38.00
<b>Total Group Contributions</b>	<b>\$1,000.82</b>
<b>Individual contributions</b>	<b>\$0.00</b>
<b>Total contributions</b>	<b>\$1,000.82</b>

## Financial Statement as of 6-01-97

Bank Balance 5-13-97	\$1,834.88
Deposits 5-15-97 & 5-30-97	\$2,863.97
Cash on Hand	\$28.08
Accounts Receivable	\$497.50
<b>Sub-Total</b>	<b>\$5,224.43</b>
Outstanding checks	(\$2,694.15)
Reserve for Corr. Facilities	(\$172.15)
Accruals	(183.60)
<b>Total</b>	<b>\$2,174.53</b>

## S.E. Forum Q's and A's

Published below is the second in a series of columns to run in *Mountain Doin's* consisting of questions and answers from the S.E. Regional Forum held in Asheville in December. The selected Q's and A's are, we feel, of special interest to members and their Groups.

**When a group offers to sponsor a district "eating meeting" and receives money from the district and another group, if the total does not exceed the amount the sponsoring group decided to spend, should the money from the district and the outside group be returned? The sponsoring group keeps the basket.**

It was suggested that the host group pays for the meat and beverages. Other food is contributed. If the money is not used, it would be reimbursed to the District.

**Could you explain how money from sources other than registered A.A. groups is handled?**

The G.S.O. receives and accepts individual contributions from A.A. members up to \$1,000. Contributions from non-registered A.A. groups are accepted and acknowledged.

**Who publishes the Big Book and are Big Book monies mixed with other income?**

A.A. World Services, Inc., publishes the Big Book for A.A. in the U.S. and Canada. Big Book monies go into A.A. World Services, Inc. accounts and financial reports.

### GRAPEVINE MATTERS

**The calendars in the 1997 pocket planners run Monday through Sunday. Have you had negative comments about this and might it be changed back**

**to a Sunday through Saturday calendar?**

The thinking in putting a Monday through Sunday calendar in the pocket planner is that these calendars are essentially for the A.A. Fellowship and many members who use the pocket planners are involved in service. Since A.A. events are usually weekend get-togethers, the idea was to help them organize their time. A decision will be made later with regard to the calendar format and future pocket planners.

**What is the status on Grapevine back issues for correctional facilities?**

Fifty assorted back issues for \$10 are still available. The back issues are not listed in the Grapevine catalog but are available upon request.

**What procedure is used for listing events in the back of the Grapevine and Box 4-5-9?**

The Disclaimer explains the procedure.

More S.E. Regional Forum questions and answers will be published in the August edition of *Mountain Doin's*.

## Let's Hear from You

We welcome letters from our readers, and we encourage all to send the Editor letters about any aspect of A.A. that they like or that bothers them. Any questions, suggestions, thoughts? By voicing your thoughts through letters to the Editor you are, in fact, doing Twelfth-Step Work, for it is by sharing that our Fellowship gains.



# Calendar of Events

Events listed here are presented solely as a service to readers, not as an endorsement by the General Service Office or by the North Carolina Mountain Central Office. For any additional information please use the addresses or phone numbers provided.

**Choo-Choo Roundup.** At Chattanooga's Choo-Choo Holiday Inn Conference Center. **August 22-24, 1997.** Speakers, Ice Cream Social, Dance, and more. For reservations call 1-800-872-2529.

**Sobriety at Sea, Alaska.** 4th Year of Recovery Cruises. Ship departs Anchorage (Seward) for Hubbard Glacier, Skagway, Juneau, Tracy Arm Fjord, Wrangell and Ketchikan, **Monday, August 25, 1997.**

**The Spirit of San Francisco.** A.A. Convention with Al-Anon participation. **August 29-31, 1997.** A.A. and Al-Anon workshops, A.A. marathon meetings—Alateen. Cathedral Hill Hotel, 1101 Van Ness Ave. & Geary Blvd., San Francisco. Call 1-800-622-0855.

**Mediterranean Magic!** Ship departs Rome for Sicily, Malta, Palma de Majorca, Barcelona, Monte Carlo & Nice, Genoa & Portofino, Florence and Corsica. **Wednesday, September 10, 1997.**

(Call Bob at 1-800-650-7245 to reserve your cabin and receive your free brochure.)

**N.C. Conference of Young People in Alcoholics Anonymous.** 1st Annual NCCYPAA in Greensboro, NC, **September 4-7.** Events: Early Bird Meeting Thursday, 8 p.m. Speakers, marathon meetings, dances, panel discussions, banquet, and much more. For more information call: Dave B. (910) 274-1487, or Jobe S. (910) 854-7043.

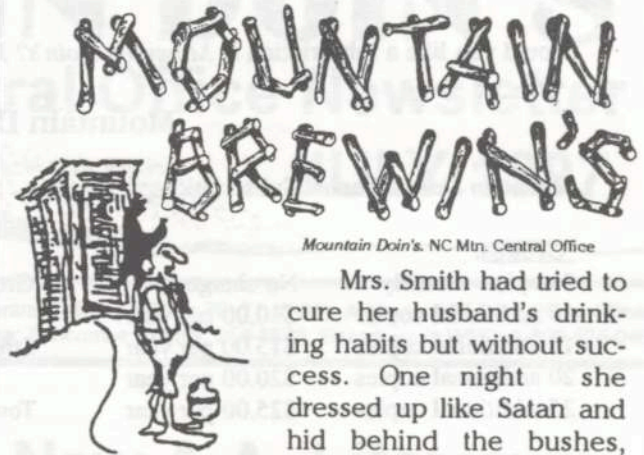
**San Antonio Roundup,** at the Camberly Gunter Hotel, San Antonio, Texas, **September 12-14, 1997.** Call Teri S. (210) 738-8286 or Rod B. (210) 826-8239. For more information write P.O. Box 15993, San Antonio, TX 78212.

**Sobriety In Paradise 1997.** 4th Annual Convention, Paradise Island, Bahamas. October 24-26. For information call Jill (242) 393-2015, after 5 p.m., or Keith (242) 327-5755, or Floyd (242) 3364-0124, or Dennis (242) 328-1567, or Henry (242) 341-5876.

## Fear and Faith

We finally saw that faith in some kind of God was a part of our makeup. sometimes we had to search persistently, but He was there. He was as much a fact as we were. We found the Great Reality deep down within us.

*From Daily Reflections*



Mountain Doin's, NC Mtn. Central Office

Mrs. Smith had tried to cure her husband's drinking habits but without success. One night she dressed up like Satan and hid behind the bushes. When Smith finally staggered home, she jumped. So did Smith.

"Who are you?" he asked.

"Satan!" she replied.

Smith shot out his hand in greeting. "Shake hands, you old sonofagun," he said. "I'm married to your sister."

x x x

The nun had a large bottle with her as she landed at the airport after a visit to Europe.

"What's that?" asked the customs officer with suspicion.

"It's Lourdes water, I'm bringing it home."

He took the bottle, tried some, and spluttered.

"Let me tell you," he said, "that's not Lourdes water. That's first-class French brandy."

"Lord bless us," she said. "It's a miracle."

x x x

A man dashed into a bar, ordered a double scotch, tossed down a \$5 bill, drank his drink and dashed out. The bartender picked up the bill and was tucking it into his pocket when he felt the eyes of the owner on him.

"Did you ever see a deadbeat like that?" the bartender said to the owner. "He runs in here, orders a double scotch, leaves a \$5 tip, and then leaves without paying for his drink."

x x x

A man was pulled over because he fitted the description from a recent burglary. The police opened his trunk and found a hacksaw, a crowbar, and a large flashlight.

"If you're not a burglar, what are you doing with these?" asked the police.

"I'm a juggler and I use them in my act," said the suspect. He then proceeded to put a pillow on his head and start juggling.

Just then two drunks walked by. One said to the other, "Wow, they're making that sobriety test harder all the time!"

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### Mountain Doin's Order Form

*Mountain Doin's* Annual Subscriptions:

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3 copies monthly	No charge
10 additional copies	\$10.00 per year
15 additional copies	\$15.00 per year
20 additional copies	\$20.00 per year
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**Individual Members:**

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Please circle which of the above you wish to receive and make out check or money order accordingly. Subscription rates are subject to change, dependent upon USPS rates.

Clip and mail with check or money order to:

**N.C. Mountain Central Office**  
**107 Park Place Offices**  
**70 Woodfin Place**  
**Asheville NC 28801**

North Carolina Mountain Central Office  
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70 Woodfin Place  
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