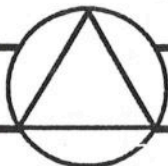


MOUNTAIN DOIN'S

Central Office Newsletter

SEPTEMBER 1996



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District 71 Eatin' Meeting Sunday, September 8

at *St. John In The Wilderness Church*
Greenville Highway (25S), Flat Rock

Eat at 4:00 p.m.

Speaker at 5:00 p.m.

Y'all come and join in
the fun and fellowship!



Central Office July Meeting Minutes

The N.C. Mountain Central Office held its July meeting at Warren Wilson College, Swannanoa, prior to the District 70 Eating Meeting. An important item on the agenda was the election of new officers.

Present were: John B., Treasurer, Black Mountain

Gp.; Bill G., District 70 Trustee, Black Mountain Gp.; K.G., Central Office Rep., Conscious Contact Gp.; Dave A., Central Office Rep., Acceptance Gp.; Jan H. Central Office Rep., Grace Gp.; JoAnn P., Central Office Rep., Midday Gp.; Bob V., Central Office Manager, Acceptance Gp.; Jack D., Group Rep., Grace Gp.; Asheville; Ron P., Central Office Rep., Hendersonville Gp.; Owen C., Central Office Chairman, Henderson-

(continued on next page)

Mountain Doin's is published monthly as an informational service to all A.A. members in Western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or by the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.



Fellowship News

Meeting cancellation: **The Asheville Women's Meeting**, which met on Sundays at 6 p.m. at the Jubilee Building, Patton Avenue, has been canceled.

New Meeting: A new meeting, as yet without name, has begun at Christian Love Ministries, 3 miles east of Murphy, across from Christian Love Ministries Market Place on route US64 (toward Hayesville). The meeting is on Wednesdays at 8 p.m., and is open, discussion.

New Meeting: The Lakeside Group of Waynesville has added an additional meeting to its schedule. The new meeting is at 8 p.m. on Fridays at Grace Episcopal Church, corner of Miller and Haywood Sts.

Meeting time change: The Maple Grove/Clyde Group of Waynesville now meets at 8 p.m. on Mondays, and not at 7 p.m. as listed in the *Where and When*.

Central Office Minutes (continued from page 1) ville Gp.; David T., G.S.R., Cumberland Gp.; Kelsey S., G.S.R., Back To Basics Gp.; Ray D., District 71 Trustee, Hendersonville Gp.; Alan W., Editor, *Mountain Doin's*, Happy Hour Gp.

Chairman Owen C. opened the meeting with the Serenity Prayer.

Central Office Phone Log



"I am responsible . . .
When anyone, anywhere,
reaches out for help, I
want the hand of A.A.
always to be there.
And, for that, I am
responsible."

Phone Log 7-8-96—8-2-96

Answering Service Calls	236
General Information	11
A.A. Help	12
Family Help (Al-Anon)	12
Meeting Information	65
Central Office Business	74
Medical Help (Hospital, Detox, etc.)	2
P.I. Calls	0
Others	12
Visitors	53



"Tell me all about your childhood—that is, up until now."

In the absence of the Secretary, Alan W. read the minutes of the previous meeting.

The minutes were passed as read.

Treasurer John B. handed out copies of the Treasurer's Report for the fiscal year ending June 30, 1996. He pointed out that the net income of \$1,396 was 46% lower than the income of \$2,573 for the previous year. This was an intended result by the Board to reduce net income. It was achieved by the reduction in literature prices.

In spite of price reduction, gross income from literature and chips sales rose 10%, reflecting increased A.A. activity in the three Districts. Though sales increased 12%, net income from literature declined 10%, as was intended.

Group contributions were about the same in 1996 as in 1995.

The reserve fund has been brought to the level of three months' operating expenses. No further growth is felt to be necessary at this time.

Bank balances for June, 1996 were: Reserve: \$3,978, Operating: \$3,981.

Asked if there was any old business to report, Bob V. stated that there have not been any complaints from
(continued on next page)

We want to hear from you. Do you have any thoughts to share with other members? Send your letters to The Editor, *Mountain Doin's*, 107 Park Place Offices, 70 Woodfin Place, Asheville NC 28801. Thanks, your Editor, Alan W.



Acceptance Group

John G.	9-10-91	5 years
Murri S.	9-12-84	12 years
Becky H.	9-21-94	2 years
Helena V.	9-29-80	16 years
Norma T.	9-30-94	2 years
Mike I	8-31-83	13 years

Back To Basics Group

Linda Mc	8-6-85	11 years
Dale N.	8-3-86	10 years
Amy B.	9-3-95	1 year

Franklin Group

Bob R.	9-7-69	27 years
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Hendersonville Group

Dean H.	9-23-94	2 years
George W.	9-13-82	14 years
Camille R.	9-9-79	17 years
Susan J.	9-16-85	11 years
H.C.O.	9-10-94	2 years

Marion Group

Pete T.	9-2-95	1 year
Chuck R.	9-11-94	2 years
Mark B.	9-16-90	6 years
Lou G.	9-21-90	6 years

Midday Group

Beth H.	9-16-85	11 years
Allan H.	9-8-90	6 years
Maija G.	9-4-87	9 years

Mission Group

Helen R.	6-7-75	21 years
Lorraine S.	7-7-81	15 years
Art A.	7-7-82	14 years
Fred F.	8-7-90	6 years
Drema C.	8-7-91	5 years
Laird O.	9-7-94	2 years

Serenity Service Group

Annette H.	Not stated	Not stated
Luther B.	8-9-90	6 years
Michelle I.	8-16-87	9 years
Renai H.	8-8-91	5 years
Velloene H.	8-6-94	2 years
Patricia C.	8-6-94	2 years
Jeff C.	8-21-93	3 years
Terry H.	8-1-95	1 year

Central Office Meeting (continued from page2) outside groups about the 800 Answering Service. regarding Twelfth Step calls since the last meeting. Owen reminded the Board and visitors that it had been reported about the Answering Service responding rudely to alcoholics calling for help.

Bob V. responded that during the last two weeks there were three different voices from those heard before, and hopefully we have had no problems because we have new people working in the Answering Service.

Under other Old Business, Bill G. reminded members that it was mentioned at a previous Central Office meeting that Central Office ought to assign dates for Eating Meetings to avoid conflicts.

Bob V. responded that District 80 has been having the second Sundays for Eating meetings. He suggested that the other groups be asked to pick other days for their eating meetings.

Following some discussion regarding this subject, Bob V. stated that he would get together with the three Districts' G.S.Rs. to agree upon dates for Eating Meetings that do not conflict.

Under New Business, Bob V. said that we are trying to delegate some of our funds to other sources, such as prisons, P.I., and money for the purchase of a new office copier. He would like to have the decisions regarding this delegated to a committee and have the new Board with the committee come up with a way to fund the objectives satisfactorily. He stated that he was hoping to learn what would be an appropriate amount to put into something like this.

After much discussion, a motion was made that a committee composed of old and new Board Chairmen and Treasurers come up with recommendations to the Board and submit them at our next meeting. The motion was seconded and carried.

Owen C. mentioned that it was suggested about three years ago that we put a *Mountain Doin's* in the home of every alcoholic who belongs to a group in W.N.C. We haven't met that objective yet, but he would like to try sometime.

Finally, came the election of new officers of the Board.

Bob V. announced that a slate of officers had been recommended by the Steering Committee. They were: Chairman, Dave A.; Vice Chairman, Bob K.; Treasurer, Jack D.; Secretary, Alan W.

Bill G. moved that the election of the slate as proposed be approved. Alan W. mentioned that the Articles of Association forbid the Editor of *Mountain Doin's* from holding office or voting. It was agreed that the Articles of Association would be amended to allow Alan W. to be Secretary as well as Editor, and have a vote on the Board.

There being no further business to discuss, the meeting was closed with the Lord's Prayer.

Respectfully submitted, Alan W., Secretary.

Treasurer's Report



*N.C. Mountain Central Office, Inc.
Financial Report
for the month of July, 1996*

INCOME

Group Contributions

Acceptance Group	\$60.00
Back To Basics Group	\$100.00
Brevard Group	\$35.00
Common Sense Group	\$100.00
Conscious Contact Group	\$180.00
Day By Day Group	\$45.00
Etowah Group	\$75.00
Fletcher Group	\$50.00
Franklin Group	\$30.00
Growing Together Group	\$50.00
Hendersonville Happy Hour Group	\$50.00
Hendersonville Midday Group	\$50.00
Lakeside Group	\$50.00
Maggie Valley Group	\$40.00
Marion Group	\$30.00
Marshall Group	\$50.00
Mission Group	\$20.00

New Hope Group	\$25.00
Pathfinders Group	\$10.00
Sylvan Valley Group	\$50.00
H'ville Thurs. Afternoon Women's Gp.	\$50.00
Traditional Group	\$30.00
Waynesville Group	\$480.00
Total Group Contributions	\$1,660.00

Expenses

Rent	\$128.00
Telephone (Inc. Ans. Service)	\$238.87
Payroll and Payroll Taxes	\$508.39
Cost of Mtn.Doin's & W & W publication and distribution	\$219.16
Cost of Literature & Chips	\$493.14
Other Expenses	\$50.77

Total Expenses \$1,638.33

Net Income \$896.42

Financial Status, end of June, 96 \$3,714.40

Operating Bank Balance July 31	\$3,121.16
Cash and Checks on hand	\$28.37
Accruals	(\$113.22)

Financial Status, end of July, 96 \$3,036.31

The A.A. Preamble —Its Origin

"Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Out primary purpose is to stay sober and help other alcoholics to achieve sobriety."

The Preamble was introduced in the June 1947 issue of *The Grapevine*. It was written by the then editor, who borrowed much of the phrasing from the Foreword to the original edition of *Alcoholics Anonymous*.

In those early years, the Grapevine had just begun to circulate among non-A.As. and the Preamble was intended primarily to describe for them what A.A. is

and is not. It is still often used for public information purposes. As time passed, it began appearing in all Conference-approved publications, and many groups now use it to open meetings.

The original version differed in two ways from the familiar form given above: (1) It stated that "The only requirement for membership is an *honest* desire to stop drinking," and (2) it contained only the very brief statement: "A.A. has no dues or fees."

We are often asked why the word *honest* was deleted. In 1958, the trustees voted to drop the word because many of us are not entirely honest when we come to A.A., but stay to achieve sobriety (and honesty).

The brief phrase "A.A. has no dues or fees" was expanded to clarify A.A.'s fundamental principle of self-support.

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**Gossip can turn friends into enemies;
forgiveness can change enemies
into friends.**



Calendar of Events

Events listed here are presented solely as a service to readers, not as an endorsement by the General Service Office or by the North Carolina Mountain Central Office. For any additional information please use the addresses or phone numbers provided.

Sobriety In Paradise. The Nassau Group 3rd Annual A.A. Convention. October 25, 26, and 27, Paradise Island, Bahamas. Main speaker, Clancy I. For further information, call Nassau Group 809-322-1685.

The Big Book Comes Alive, with Joe M. and Charlie P. November 15-17, Howard Johnson Hotel, 3600 34th Sq., St. Petersburg, FL. For information, call Dave D. 813-399-0647 or Mike M. 813-237-5542. All proceeds will be donated to the Founders Foundation in support of Dr. Bob's House and the Wilson Inn.

Sandlapper Roundup V. December 5-8, 1996, at The Landmark Best Western Resort Hotel, Myrtle Beach, S.C. Registration limited to first 1000 registrants. For more information on the Sandlapper Roundup call Dennis or Linda at (803) 238-2694 during normal business hours.

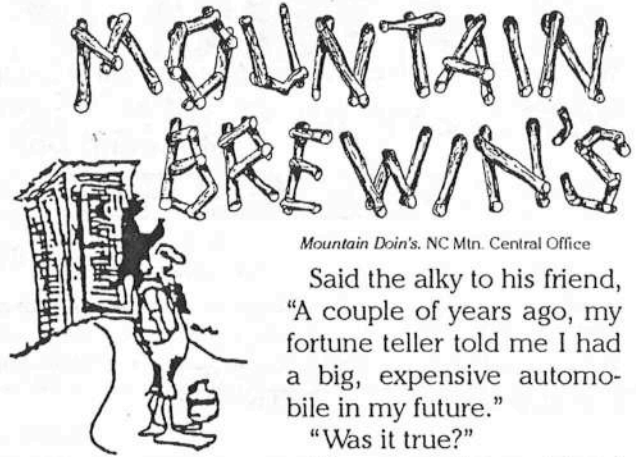
Southeast Regional Forum December 6-8, 1996 Radisson Hotel, Asheville

Full information will be published in *Mountain Doin's* as soon as it is available. The latest information is that registration for attendance at the Forum should be notified to the Radisson Hotel at the earliest opportunity. This applies to all who plan to attend the Forum meetings (though not necessarily staying at the Hotel), so that the Hotel management can gauge how many plan to be in attendance. It is essential that everyone registers in advance. To do so, simply phone 1-800-333-3333 and use the identification SERF so that your registration applies to the South East Regional Forum. A very large attendance is expected due to the central location of this 1996 Bi-Annual Forum.

A Regional Forum is planned and conducted by the General Service Office (GSO). Those participating in the presentations and workshops are members of the G.S.O. staff, the S.E. Area Delegates, and Trustees

An important aspect of the Forum is that all attending A.A. members may ask questions, which will be answered by the Manager, Staff, Trustees, and Delegates. It is a weekend of sharing at a level seldom experienced by most A.A. members.

If you are interested in helping in any way in any of the tasks which will require volunteer assistance, please give your name to your group G.S.R. for transmission to you District D.C.M.



Mountain Doin's. NC Mtn. Central Office

Said the alky to his friend, "A couple of years ago, my fortune teller told me I had a big, expensive automobile in my future."

"Was it true?"

"Sure was! the next day, I got hit by a Lincoln."

X X X

"Not having a job, and living off welfare like you do, do you ever have trouble getting the basic necessities of life?"

"I sure do. And half the time, when I do get it, it ain't fit to drink"

X X X

Said the girl to her drunken date, when they reached her front door: "Since we've been going dutch all evening, you kiss yourself and I'll kiss myself."

X X X

A local hospital refers to its accident cases as its bumper crop.

X X X

Two alkys were sitting at a bar. Said one, "Hey, Pete, where did you get that black eye?"

Replied Pete, "You know that pretty little woman who said she was a widow?"

"Yes."

"Well, she isn't."

X X X

Said Jane to her girl friend. "I have a new boy friend now."

"What's he like?"

Oh—whiskey—gin—anything."

X X X

Weight put on by over-indulgence of malted liquors can easily be taken off by simple reducing exercises—move the head firmly from side to side whenever somebody suggests a half-pint of beer.

X X X

"My brother fell down a flight of stairs with two glasses of gin."

"Did he spill the gin?"

"No, he kept his mouth closed."

X X X

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