

MOUNTAIN DOIN'S

Central Office Newsletter

JUNE 1996



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80). Address: 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Phone: Buncombe County: 254-8539. Elsewhere in WNC: 1-800-524-0465

North Carolina State Convention

July 18 to 21

at N. Raleigh Hilton, 3415 Wake Forest Road, Raleigh NC 27609

For reservations call 919-872-2323.

(For reduced rates be sure to mention that the reservations are for the N.C. State Convention)

Full details will be published in the July *Mountain Doin's*

District 71 Eatin' Meeting



Sunday, June 9

at The Good Shepherd Lutheran Church
in Brevard (across from Ingles).

GSR Mtg. 3 p.m. Eat 4 p.m. Speaker 5 p.m.

Y'all come!

Happy 61st Birthday!

As many of our readers know, June 10, 1996, is A.A.'s 61st Birthday, and we think a most timely and appropriate comment is to be found on page 563 of our *Big Book*.

"To those now in its fold, Alcoholics Anonymous has made the difference between misery and sobriety, and often the difference between life and death. A.A. can, of course, mean just as much to uncounted alcoholics not yet reached. Therefore, no society of men and women ever had a more urgent need for continuous effectiveness and permanent unity. We alcoholics see that we must work together and hang together, else most of us will finally die alone.

"The Twelve Traditions of Alcoholics Anonymous are, we A.A.s believe, the best answers that our experience has yet given to those ever urgent questions, 'How can A.A. best function?' and 'How can A.A. best stay whole and so survive?'"

Mountain Doin's is published monthly as an informational service to all A.A. members in Western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or by the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.

July Central Office Meeting

The Central Office July meeting will be held at 3 p.m. on Sunday, July 14 at Warren Wilson College, Swannanoa, at the District 70 Eatin' Meeting. A GSR meeting will follow the Eatin' Meeting's speaker. Full details of the meetings will be published in the July issue of *Mountain Doin's*.

Readers' Forum

Live Letters

What's Your Program?

I doubt whether I've been to a meeting when "the program" hasn't been mentioned by someone present—from comments about how our program helps us, to admissions that we haven't been working our program lately. But just what is meant by "the program?"

I suggested this once as a subject and not surprisingly, a number of us had difficulty in defining what our own program was.

There were a number of opinions, such as: daily meditations, working the Steps, going to meetings, praying, and so on.

So, I put it to *Mountain Doin's* readers—what is your definition of your own A.A. Program? —DA

Let's Stick to Alcohol Problems

It doesn't take more than a few minutes at the

Central Office Phone Log



"I am responsible . . .
When anyone, anywhere,
reaches out for help, I-
want the hand of A.A.
always to be there.
And, for that, I am
responsible."

Phone Log 4-8-96—5-3-96

Answering Service Calls	149
General Information	4
A.A. Help	16
Family Help (Al-Anon)	7
Meeting Information	68
Central Office Business	45
Medical Help (Hospital, Detox, etc.)	3
P.I. Calls	0
Others	12
Visitors	48



very beginning of each meeting to understand that our meetings are about alcoholism and that they are for alcoholics.

Those present who are also drug addicts are welcome provided they stick strictly to their problems as they relate to alcohol. Druggies just don't understand how disturbing it is for someone to share and to talk only about his or her problem with drugs other than alcohol.

Many of us have noticed that many old-timers tend to stop going to meetings where drug talk prevails. And we desperately need the input from those old-timers.

A.A. is for people who have a desire to stop drinking, says the Third Tradition. Let's remember to keep it that way.

I believe that we should all identify ourselves only as alcoholics at A.A. meetings. There's no need to say you're also a drug addict. Otherwise I'm afraid we are going to lose, one by one, many of our old-timers from whom we learn so much. Let's not lose them. One of the reasons A.A. works so well on alcoholics is because of the presence of old-timers who can offer help based on years of experience in the program. We need them among us.

So let's just identify ourselves as alcoholics, stick to alcohol related problems, or join a narcotics group whose job it is to concentrate on drug problems.—BJ



Fellowship News

New Meeting. The Double Trouble A.A. Meeting is a closed, nonsmoking meeting of A.A. for those also diagnosed with a mental illness. It meets on Thursdays from 12 p.m. to 1 p.m. in the Quitting Time building, at 811 Oakland Street, Hendersonville, opposite Hendersonville High School. Parking and meeting entrance is at the rear of the building.



Brevard Group

Sandra P. 5-7-89 7 years

Back to Basics Group

Perry B. 4-15-86 10 years
 Vicky O. 4-29-90 6 years
 Kelsey S. 4-12-83 13 years
 Rusty McC. 5-10-83 13 years
 Leon . 5-8-83 13 years
 Marianne P. 5-3-86 10 years
 Chris P. 5-22-95 1 year
 Lee R. 5-8-92 4 years

Black Mountain Group

Cindy P. 6-10-79 17 years
 Mike T. 6-16-77 19 years

Common Sense Group

Bill D. 5-29-53 43 years
 Art D. 6-29-80 16 years

Hayesville Group

Jim K. 6-4-60 36 years

Hendersonville Group

Rick L. 6-4-93 3 years
 Fred J. 6-27-94 2 years
 Kenny S. 6-28-83 13 years

Ron P. 6-2-91 5 years
 Warren 6-15-92 4 years
 Jennifer B. 6-2-88 8 years
 Nadine M. 6-21-91 5 years
 Joel H. 6-25-82 14 years
 Anita S. 6-12-94 2 years
 Marshall D. 6-17-82 14 years
 Nancy McG. 6-15-88 8 years

Hendersonville Happy Hour Group

Gail H. 6-20-93 3 years
 Sandy C. 6-27-92 4 years

Maggie Valley Group

Pete M. 14 years

Marion Group

Damon B. 6-6-94 2 years

Midday Group

Irene H. 6-17-71 25 years
 Alan W. 6-20-88 8 years
 Bill S. 6-17-92 4 years
 Loretta B. 6-20-87 9 years
 Larry F. 6-28-76 20 years
 Nancy M. 6-17-95 1 year
 Barbara S. 6-13-83 13 years
 Bill B. 6-1-92 4 years

Traditional Group

Sally A. 6-18-74 22 years
 Kent P. 6-25-84 12 years
 Paul W. 6-29-93 3 years
 Tom H. 6-7-94 2 years
 Allen M. 6-5-95 1 year
 Joe H. 6-20-95 1 year
 Jerome R. 6-21-95 1 year

D.U.I. Worldwide

Just in case you think our drunk driving laws are tough, take a look at some other countries' laws.

Australia: The names of the drivers are sent to the local newspapers and are printed under the heading, "He's drunk and in Jail."

Bulgaria: A second conviction results in execution.

Egypt: Like most Moslem countries, alcohol usage is prohibited; drunk driving cases are rare.

El Salvador: The first offense is the last. Execution by firing squad.

Great Britain: Those convicted face automatic license suspension for one year. In addition, if the case is aggravated, lifetime banishment from the roadway is possible.

India: Arrests are rare, but those convicted face six months in prison, a \$112 fine, or both.

Israel: A convicted drunk driver is sentenced to a mandatory two-year jail term, making the problem of drunk driving virtually non-existent. An Israeli Embassy spokesman was quoted as saying that there is about one drunk driving case in Israel each year.

Japan: First offenders can face up to four months in jail and a \$200 fine. Licenses are also revoked and can be returned only upon successful completion of a driving test one year later.

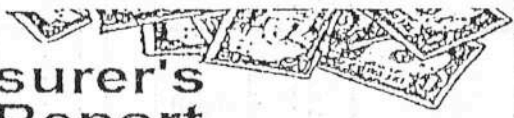
Malaysia: The convicted drunk driver is jailed, and if he's married, his wife is jailed, also.

Russia: First offenders are banned from the roadways for six months.

South Africa: A drunk driving conviction results in a 10-year prison sentence or the equivalent of a \$10,000 fine, or both.

South Korea: An arrest results in an automatic two-month license suspension, a conviction means a jail sentence of up to one year and a fine of \$700.

Treasurer's Report



N.C. Mountain Central Office, Inc. Financial Report
for the month of April, 1996

INCOME

Group Contributions	
Acceptance Group	\$60.00
Back To Basics Group	\$100.00
Bethel Up The River Group	\$25.00
Black Mountain Group	\$122.50
Brevard Group	\$35.00
Columbus Group	\$50.00
Cumberland Ave. Group	\$150.00
Day By Day Group	\$45.00
Early Bird Group	\$40.00
Edneyville Group	\$100.00
Fletcher Group	\$50.00
Franklin Group	\$30.00
Friday Night Peachtree Group	\$5.00
Hendersonville Happy Hour Group	\$50.00
Hendersonville Midday Group	\$100.00
Lakeside Group	\$60.00
Locked In Forward Group	\$87.20
Maple Grove Group	\$150.00
Mission Group	\$10.00

Pathfinder Group	\$10.00
Serenity Service Group	\$20.00
Unity group	\$10.00
Total Group Contributions	\$1,309.70
Individual Contributions	
John B.	\$35.00
Total Individual Contributions	\$35.00
Other Income	
Literature and chips sales	\$1,336.35
Mountain Doin's and Where & When Sales	\$43.40
Total Income	\$2,724.45
Expenses	
Rent	\$113.00
Telephone	\$208.45
Payroll and Payroll Taxes	\$592.61
Cost of Mtn. Doin's & W & W publication and distribution	\$225.45
Cost of Literature & Chips sales	\$1,190.04
Other Expenses	\$89.04
Total Expenses	\$2,418.59
Net Income	(\$305.86)
Financial Status, end of March	\$3,664.57
Operating Bank Balance April 30	\$4,103.00
Cash and Checks on hand April 30	\$8.45
Accruals	(\$141.02)
Financial Status, end of April	\$3,970.43

District 71 GSR Meeting

The April 14 District 71 GSR meeting was held at Moore's Grove Church, Hendersonville..

DCM Jerry B. opened the meeting with the Serenity Prayer. the minutes of the previous meeting were read and approved and the Treasurer's Report was also read and approved.

Allan H. gave a report on the march Eating Meeting in Tryon.

Jerry B. asked for the group's thoughts on Area Rep. Bob R.'s plan for restructuring the Ad Hoc Committee. The consensus was that it was getting too political and structured. The majority did not care for it. Another item was whether LCMs should have a vote at the General Assembly Meeting. It was agreed that they should not.

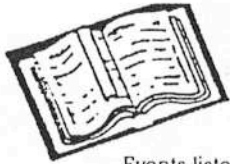
It was confirmed that the Flat Rock Living Sober Group had been canceled. *(This information had been published in the April Mountain Doin's. —Ed)*

An Eating Meeting was to be held on June 9 at the Good Shepherd Lutheran Church, across from Ingles, in Brevard. There will be a GSR meeting at 3 pm before the Eating Meeting. Eating is to be at 4 p.m. and Speaker at 5 p.m. The next Eating Meeting will be held in September at St. John In The Wilderness Church.

There being no further business to discuss the meeting was closed with the Lord's Prayer.

District 71 Treasurer's Report

	Credit	Debit	Blnce
			\$267.25
3/18/96			
Holy Cross Epis Ch.		20.00	
Ser. Charge Feb.		4.00	243.25
Eatin' Meeting	39.00		
Happy Hour Feb/Mar	20.00		
Hendersonville	10.00		312.25
4/8/96			
Ser. Charge Mar.		4.00	308.25
Brevard Gp.	35.00		
Midday Gp.	20.00		
Fletcher Gp.	25.00		
Edneyville Gp.	100.00		
Hendersonville Gp.	10.00		
Sylvan Valley Gp.	50.00		548.25
Karen B. (stamps)		6.40	541.85
4-19-96			
Beth H. (Eat. Meet.)		13.50	528.35
Midday Gp.	30.00		
Early Bird Gp.	40.00		598.35



Calendar of Events

Events listed here are presented solely as a service to readers, not as an endorsement by the General Service Office or by the North Carolina Mountain Central Office. For any additional information please use the addresses or phone numbers provided.

S.E. Regional Conference of Young People in A.A., Charlotte '96 will be held June 13-16 at the Sheraton Airport Plaza Hotel, 3315 South I-85 and Billy Graham Parkway, Charlotte, NC 28208 (Phone 704-392-1200). Participants are invited to bring bikes, or mountain bikes. Meetings, entertainment, fun and fellowship.

For full details, write to S.E.R.C.Y.P.A.A. '96 P.O. Box 1666 Matthews, N.C., 8106-1666.

Big Book, 12&12 Study. June 6-9 at Ramada Hotel at Oxon Hill, 6400 Oxon Road, Oxon Hill, Maryland, 20745. Registration fee: \$80. Special Seminar room rates: \$70 per person. Please call Hotel directory to reserve your room. Be sure to mention you are with the Big Book Seminar to receive Special Rate. Phone: (301) 630-4050 for reservation.

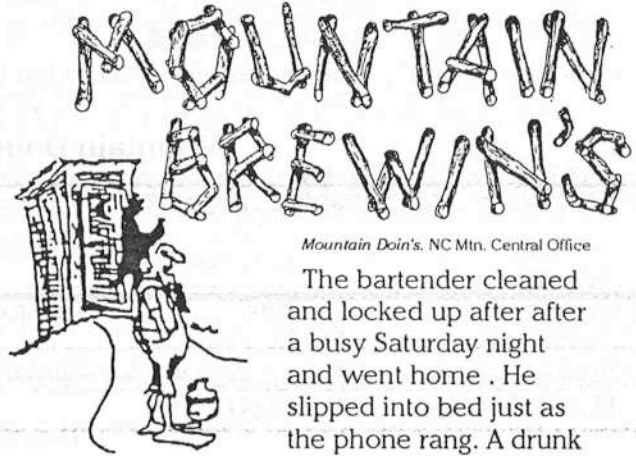
Our Key To Unity—The 12 Traditions. Mississippi Coast Coliseum & Convention Center, Biloxi, MS, August 14—18. (52nd Southeastern Conference & 50th Mississippi Area Convention. Holiday Inn/Express (Biloxi) 1-800-HOLIDAY (rate code ALC). For information call (601) 736-6660.

39th Annual I.C.Y.P.A.A. International Conference of Young People in A.A., with Al-Anon and Alateen participation. Anaheim, California, Hilton Hotel and Towers. September 5th—8th: Mail all pre-registration or inquiries to: 1996 I.C.Y.P.A.A., P.O. Box 775, Placentia, CA 92670. For information phone Rob C. (714) 744-2494.

3rd Annual Sobriety at Sea, Alaska! Recovery Cruise 1996. 7 days of Fellowship/Fun/Adventure aboard "Sky Princess." Ship departs Vancouver, BC on Monday, September 9, 1996, for Anchorage with stops at Ketchikan, Juneau & Skagway, plus Hubbard Glacier & College Fjords. Meetings at Sea! Call Bob at 1-800-650-7245 to reserve your cabin and receive your free brochure.

Sandlapper Roundup V. December 5—8, 1996, at The Landmark Best Western Resort Hotel, Myrtle Beach, S.C. Registration limited to first 1000 registrants. For more information on the Sandlapper Roundup call Dennis or Linda at (803) 238-2694 during normal business hours.

Close your eyes to the faults of others and watch how the doors of friendship swing open.



Mountain Doin's, NC Mtn. Central Office

The bartender cleaned and locked up after a busy Saturday night and went home. He slipped into bed just as the phone rang. A drunk on the other end

inquired: "What time do you open?"

"Ten o'clock," replied the bartender and hung up.

Thirty minutes later the bartender was awakened by the phone ringing.

"What time do you open," asked the same drunk.

"I told you," said the irate bartender. "I open at ten in the morning. I'll let you in then."

"In, hell," said the drunk. "I want out!"

x x x

Suffering a hangover, her hair in curlers, and a faded robe draped around her, the alcoholic woman rushed out and hailed the garbage truck. "Yoo hoo!" she called to the driver, "Am I too late for the garbage?"

The driver yelled back: "No, ma'am. Jump right in!"

x x x

A fellow and his new girl friend were out riding in the country when the car stopped on a lonely road. "We're out of gas!" exclaimed the guy.

The girl opened her purse and brought out a large flask.

"Wow! You've got a pint with you. What is it, Scotch or bourbon?"

"Gasoline," she replied.

x x x

The alky was amazed at the sight of his pal. "Hey, Jack, are you off to the North Pole?" he asked.

Said Jack: "No, I'm just going to paint the back door."

"But why are you wearing all those clothes?"

"Because it says on the can: 'To obtain best results, put on three or four coats'."

x x x

Would you like a subscription to *Mountain Doin's*? Just fill in the form below and mail to the address below

Mountain Doin's Order Form

Mountain Doin's Annual Subscriptions:

Groups:

3 copies monthly	No charge	Group or Individual Name _____
5 additional copies	\$7.80 per year	
10 additional copies	\$15.00 per year	Street/PO Box No. _____
15 additional copies	\$19.80 per year	
		Town and Zip Code _____

Individual Members:

Single copy monthly \$10.00 per year

Please circle which of the above you wish to receive and make out check or money order accordingly. Subscription rates are subject to change, dependent upon USPS rates.

Clip and mail with check or money order to:
N.C. Mountain Central Office
107 Park Place Offices
70 Woodfin Place
Asheville NC 28801

North Carolina Mountain Central Office
107 Park Place Offices
70 Woodfin Place
Asheville NC 28801

Address correction requested

Place
Postage
Stamp
Here