

MOUNTAIN DOIN'S

Central Office Newsletter
SEPTEMBER 1995



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80). Address: 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Phone: Buncombe County: 254-8539. Elsewhere in WNC: 1-800-524-0465

District 70
Eatin' Meeting Picnic
September 10, 1995
Carolina Hemlock Park
Sponsored by the Spruce Pine Group



Eatin' at 4 p.m.
Speaker at 5 p.m.
Dist. 70 GSR
Meeting at 6 p.m.



Hot Dogs and Hamburgers supplied. Bring salads, covered dishes, desserts

How to get there: Take 19/23 North to exit at Rte. 19 (to Burnsville). Travel about four miles past Burnsville then turn right on 80S—Micaville. Travel about ½ mile and make another right turn between the Barbershop and Micaville Grill (still on 80S). Travel about 9 miles from there—Carolina Hemlock Park is on the right. You're at the picnic!

(\$1 per car parking charge)

Come early—and enjoy a swim in the river!

Mountain Doin's is published monthly as an informational service to all A.A. members in Western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or by the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.

Minutes of Central Office meeting July 16, 1995

The N.C. Mountain Central Office held its quarterly meeting on July 16, 1995, in Asheville at Trinity Episcopal Church.

In attendance were Owen C., Hendersonville Gp., C.O. Chairman; Ray D., Hendersonville Gp., District 71 Rep.; John B., Tuesday Night Men's Gp., C.O. Treasurer; Bob V., Acceptance Gp., C.O. Office Manager; Alan W., Midday Gp., Editor *Mountain Doin's*; Kay G., Conscious Contact Gp., C.O. Rep.; JoAnn P., Midday Gp., C.O. Rep.; Terry M., Black Mountain Gp., C.O. Rep.; Dave A., Acceptance Gp., visitor; Joyce, Acceptance Gp., C.O. Rep.; Bob R. Area 51 Delegate.

John B. Treasurer, read the Central Office financial report. He noted that 1995 income was a little higher than 1994. Operating costs had declined somewhat. Group contributions had declined by 4.2%. Literature and Chips sales declined by 6.1%.

A copier for general use had been purchased for \$1,800 and is at Central Office available to all members.

Owen C., Chairman, pointed out that at some date we are going to need a new copier and that will cost about \$4,000. We need to develop a reserve account for the copier and for hard times.

Treasurer John B. commented that the 1995 money decreases may lead one to assume that there

is a decline in activity, but he thought we would have to wait another year before we decided if this was really a trend or if it was just a one-year-to-another situation. We are, in fact, in very good financial shape.

Owen C. mentioned that ten years ago the total income for Central Office (then known as Intergroup) was about \$12,000. So it has more than doubled in ten years. Owen thanked the Treasurer for the fine job he has done during the past year.

Owen C. also thanked Bob V. Office Manager, for the fine job he was doing. Owen pointed out that Bob saved the Central Office substantial postage fees by personally distributing copies of *Mountain Doin's* to many groups each month.

Bob V. Office Manager, reported that we have not received a bill for our 800 number system for about three months. So at some time the back payments will have to be made.

Owen C. mentioned that we try to hold the cost of literature absolutely as low as we can so that the still-suffering alcoholic can get a Big Book, etc., at as low a cost as possible.

It was agreed that Bob V. would attend the October Intergroup Seminar in Atlanta, which would cost attending members about \$250. A motion was made and passed to allow Bob V. to attend the seminar at Central Office expense.

Bob R., Area 51 Delegate, discussed the subject of how to start a new Group. He said that a letter was being forwarded to Central Offices regarding the recommendation that groups register through the Area rather than direct through the GSO, to make sure that the Area was aware of the new group formation.

continued on page 4

Central Office Phone Log



"I am responsible . . .
When anyone, anywhere,
reaches out for help, I
want the hand of A.A.
always to be there.
And, for that, I am
responsible."

Phone Log 7-3-95—8-4-95

| | |
|--------------------------------------|-----|
| Answering Service Calls | 220 |
| General Information | 5 |
| A.A. Help | 16 |
| Family Help (Al-Anon) | 16 |
| Meeting Information | 110 |
| Central Office Business | 89 |
| Medical Help (Hospital, Detox, etc.) | 1 |
| Others | 9 |
| Visitors | 72 |

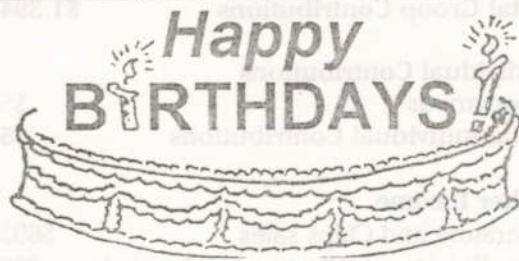


Fellowship News

New Meeting. Asheville Women's Meeting is now being held on Sundays at 6 p.m. at the Jubilee Bldg., Patton Avenue entrance. (Bring your own coffee.)

Meeting change. Clyde/Maple Grove Group Sunday 7 p.m. meeting has moved from Central Methodist Church to Waynesville Maple Grove Methodist Church, Delwood Road. The meetings are open.

Meeting changes: The **New Morning Meeting** has merged with the **Early Bird Meeting**. All meetings are now being held on Tuesday, Wednesday, and Thursday mornings at 7.30 a.m. to 8.30 a.m. at the Parish Hall, St. John In The Wilderness Church, Flat Rock (Rte. 25S). Meetings are open, discussion, non-smoking, and will be listed as **Early Bird Meetings**. For information, call Allan or Beth, (704) 693-5825.



Acceptance Group

| | | |
|-----------|---------|----------|
| Phil T. | 9-16-94 | 1 year |
| Anne I. | 9-22-92 | 3 years |
| Bill M. | 9-24-76 | 19 years |
| George D. | 9-30-88 | 6 years |
| John G. | 9-10-91 | 4 years |
| Jan S. | 9-17-89 | 6 years |
| Jeff G. | 9-6-89 | 6 years |
| Jeanea B. | 9-8-94 | 1 year |
| Murri S. | 9-12-84 | 11 years |
| Steve S. | 9-2-94 | 1 year |
| Ralph A. | 9-1-94 | 1 year |
| Jan M. | 9-27-94 | 1 year |
| Norma T. | 9-30-94 | 1 year |
| Kathy S. | 9-22-94 | 1 year |
| Becky H. | 9-21-94 | 1 year |

Arden Group

| | | |
|-----------|---------|----------|
| George M. | 7-18-78 | 17 years |
|-----------|---------|----------|

Black Mountain Group

| | | |
|----------|---------|----------|
| Kate M. | 8-5-94 | 1 year |
| Bob G. | 8-1-81 | 14 years |
| James S. | 8-15-94 | 1 year |
| Bo. B. | 9-11-94 | 1 year |

Bethel Up the River Group

| | | |
|-----------|--|----------|
| James S. | | 4 years |
| Roy W. | | 1 year |
| J.D.H. | | 1 year |
| Henry W. | | 10 years |
| Vernon R. | | 3 years |
| John C. | | 1 year |
| John W. | | 12 years |

Brevard Group

| | | |
|-------------|---------|----------|
| Evelyn B. | 9-13-84 | 11 years |
| Margaret H. | 9-6-86 | 9 years |

Cumberland Group

| | | |
|-----------|---------|----------|
| Bob R. | 9-7-83 | 12 years |
| Connie K. | 9-30-92 | 3 years |

| | | |
|-----------|---------|--------|
| Jackie S. | 9-11-94 | 1 year |
|-----------|---------|--------|

Hendersonville Group

| | | |
|-----------|---------|----------|
| George W. | 9-13-82 | 13 years |
| Louise F. | 9-11-82 | 13 years |
| Carl | 9-16-94 | 1 year |
| Dean | 9-23-94 | 1 year |

Midday Group

| | | |
|----------|---------|----------|
| Maija | 4-9-86 | 9 years |
| Beth H. | 9-16-85 | 10 years |
| Allan H. | 9-11-90 | 5 years |

Mars Hill Group

| | | |
|----------|--|----------|
| Steve W. | | 1 year |
| David C. | | 11 years |

New Hope Group

| | | |
|--------|--------|----------|
| Bob R. | 9-7-69 | 26 years |
|--------|--------|----------|

Serenity Service Group

| | | |
|-------------|---------|---------|
| Annette H. | 8-17-90 | 5 years |
| Jeff C. | 8-21-93 | 2 years |
| Samuel Jr. | 8-16-93 | 2 years |
| Sherry V. | 8-23-93 | 2 years |
| Michele I. | 8-16-87 | 8 years |
| Jústina C. | 8-2-93 | 2 years |
| Kevin S. | 8-28-93 | 2 years |
| Keith D. | 8-16-93 | 2 years |
| Luther B. | 8-9-90 | 5 years |
| Maryann C. | 8-24-93 | 2 years |
| Renair H. | 8-8-91 | 4 years |
| Valloere H. | 8-6-94 | 1 year |
| Patricia C. | 8-15-94 | 1 year |

Traditional Group

| | | |
|------------|---------|----------|
| Mike K. | 7-29-84 | 11 years |
| Robin S. | 7-3-94 | 1 year |
| Mike P. | 7-17-94 | 1 year |
| Gary H. | 7-28-92 | 2 years |
| Richard T. | 8-7-84 | 11 years |
| Terri S. | 8-5-93 | 2 years |
| Dennis L. | 8-10-93 | 2 years |
| Diane M. | 8-17-94 | 1 year |
| Vivian S. | 8-18-93 | 2 years |
| Stephen H. | 9-15-93 | 2 years |
| Allen L. | 9-10-94 | 1 year |
| Steve S. | 9-5-94 | 1 year |
| Tod L. | 9-6-92 | 3 years |

We want to hear from you. We and our readers in all of Western North Carolina—Districts 70, 71, and 80—need your input through letters to the Editor so that we can all share in each others' thoughts and opinions. It could be like a meeting in print. Write today. We look forward to hearing from you. Your Editor, Alan.



Treasurer's Report

N.C. Mountain Central Office, Inc.
Financial Report for the month
of July 1995

INCOME

Group Contributions

| | |
|---------------------------------|----------|
| Acceptance Group | \$60.00 |
| Black Mountain Group | \$21.00 |
| Brevard Group | \$35.00 |
| Bryson City Group | \$10.00 |
| Candler KISS Group | \$50.00 |
| Columbus Group | \$100.00 |
| Conscious Contact Group | \$180.00 |
| Day By Day Group | \$45.00 |
| Etowah Group | \$45.00 |
| Experience group | \$20.00 |
| Franklin Group | \$30.00 |
| Grace Group | \$390.50 |
| Hendersonville Group | \$102.71 |
| Hendersonville Happy Hour Group | \$50.00 |
| Hendersonville Midday Group | \$100.00 |
| Just For Today Group | \$3.00 |
| Mars Hill Group | \$50.00 |
| Marshall Group | \$30.00 |
| Pathfinders Group | \$10.00 |
| Traditional Group | \$62.00 |

Total Group Contributions \$1,394.21

Individual Contributions

Anonymous \$5.00
Total Individual Contributions \$5.00

Other Income

Literature and Chips sales \$693.40
Mtn. Doin's and Where and When sales \$38.20
Other Income \$8.51

Total Income \$2,139.32

EXPENSES

Rent \$109.00
Telephone \$166.24
Payroll and Payroll Taxes \$571.62
Cost of Mtn Doin's & Where & When
publication and distribution \$193.61
Cost of Literature and Chips Sales \$377.82
Other Expenses \$158.39
Total Expenses \$1,576.68

Net Income \$562.64

Financial Status, end of June \$3,618.26

Operating Bank Balance July 31
before transfer \$3,304.81
Cash and Checks on hand July 31 \$117.78
Accruals (\$241.69)

Financial Status, end of July \$3,180.90

Central Office Meeting Minutes (continued from page 2)

However, if groups preferred, they could apply for group formation and requisite literature direct from the GSO. He pointed out that when a new group forms it is customary to give a thirty-day waiting period to confirm that the group is able to function before assigning it a General Service Office number, and have the relative material forwarded to the group.

Bob. R. also reminded the members that there was going to be a Spanish edition of the *Grapevine* published.

Other information discussed at the meeting included:

1. Literature prices are again going to be cut in the near future.
2. The State assembly will be held in November.

Owen reminded members that as stated in the August *Mountain Doin's* Charlotte Metrolina Intergroup has donated a computer to us and we are very grateful for it.

Alan W., Editor, *Mountain Doin's*, announced that

we have revised the current *Where and When* and copies of the completely new edition are now available. The latest *Where and When* is listed as "Summer/Fall, 1995." Copies may be purchased from Central Office at 10¢ per copy.

There being no further business to discuss, the meeting was adjourned.

Respectfully submitted, Alan W. (for Secretary)

Why attend so many meetings?

Asked why he kept going to so many meetings, Dr. Bob replied:

"The first reason is that this is working so well. The second is that I don't want to deprive myself of meeting, greeting and visiting with fellow alcoholics. The third is that I belong at that meeting for the sake of the man or woman who might walk through that door. I am living proof that A.A. works as long as I work for A.A."

From Dr. Bob and the Good Oldtimers



Calendar of Events

Events listed here are presented solely as a service to readers, not as an endorsement by the General Service Office or by the North Carolina Mountain Central Office. For any additional information please use the addresses or phone numbers provided.

2nd Annual Sobriety At Sea. Recovery Cruise 1995. Three days of Fellowship/Fun/Sun, aboard Carnival Cruise Lines **Super Liner "Ecstasy."** Ship departs Miami for Nassau and a full day at Sea. Friday September 22, 1995, at 4 p.m.

Third Annual Southeast "Woman To Woman" Seminar. Sept. 29-October 1, 1995. "Woman To Woman" adheres to the 12 Traditions of A.A. All meetings are closed, A.A. meetings. At Delta Orlando Resort, Maingate at Universal Studios, 5715 Major Blvd., Orlando, FL 32819. For more information call Christine S. (407) 647-1876 or Laura H. (407) 647-1768

2nd N.C. Native American A.A. Convention in Cherokee NC. Everyone welcome! You don't have to be a Native American to attend. **November 9-12, 1995.** To make room reservations: Boundary Tree Lodge 441 North, Cherokee, NC (704-497-2155). Activities include Marathon meetings, speakers, newcomers, raffles, sobriety pow-wow, dance, prizes.

Sobriety In Paradise, 1995. At the Holiday Inn, SunSpree Resort, Paradise Islands, Bahamas. Date: October 6-8, 1995. You are invited to the 2nd A.A. Convention of The Nassau Group, Nassau, Bahamas. Share experience, strength and hope as we celebrate Sobriety in Paradise. For reservations contact Agnes Smith. Phone: (809)362-2100. Or call Jill (809)325-1950 (W) or (809) 393-2015 (H)

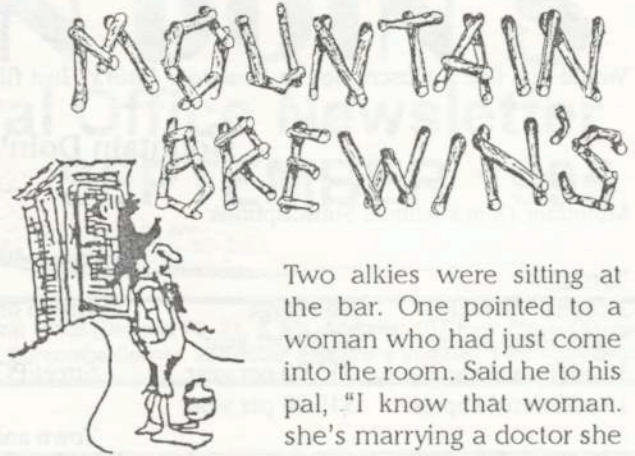
12 Step Study Weekend Camp Thunderbird, S.C., November 3, 4, and 5. Workshops, discussion groups, speakers, hands-on step work, fellowship, fun, and recovery. For infm. write: Camp Thunderbird Retreat, PO Box 240516, Charlotte, NC 28224.

9th Annual Las Vegas, Nevada, Roundup. November 12-26, Riviera Hotel. Thurs. and Fri. night dances, Sports events, Sat. night Banquet and Dance. Call A.A. Central Office (702) 368-1888. or write The Round-Up Committee, P.O. Box 43177, Las Vegas, Nevada 89116.

Sandlapper Roundup IV. The Landmark Resort Hotel, Myrtle Beach, SC, November 30-December 3, 1995. The Sandlapper Roundup is dedicated to bringing to the Grand Strand each year the finest A.A. and Al-Anon speakers available.

For more information, call Dennis or Linda at (803) 238-2694, during normal business hours.

A.A. has a tool that fits all nuts.



Two alxies were sitting at the bar. One pointed to a woman who had just come into the room. Said he to his pal, "I know that woman. she's marrying a doctor she met when she went in for X-

Rays."

Said his pal, "Him! I wonder what he saw in her."

x x x

The boozer held the girl close to him, a warm glow of happiness covering them both.

"Am I the first person you've ever made love to?" he asked.

She looked at him. "You might be," she said. "Your face looks very familiar."

x x x

The small mountain town had more than its share of drunks: Someone commented that the population for years seemed to have remained constant.

"Sure it does," responded another. "Every time a baby is born, some guy leaves town."

x x x

Said the alcoholic to his pal: "I'm so broke, if a robber was to rob me, all he'd get would be practice."

x x x

Two drunks came out of a bar and saw someone syphoning gas out of their car. One drunk nudged the other and said, "Man, I hope I never get *that* thirsty!"

x x x

Rose and Mary were two old-timers who were both concerned whether or not they'd find A.A. when they reached the promised land. they made a pact that the first one to die would return on the anniversary of her death.

Rose died first, and one year later she returned to Mary with the message that she had some good news and some bad news from heaven.

"What's the good news?" asked Mary.

"Heaven has meetings 24 hours a day," said Rose.

"What's the bad news?"

"You're speaking this Sunday."

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Mountain Doin's Order Form

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