

MOUNTAIN DOIN'S

Central Office Newsletter

OCTOBER 1994



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80). Address: 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Phone: Buncombe County: 254-8539. Elsewhere in WNC: 1-800-524-0465



N.C. Mtn. Central Office Meeting Set for Sunday October 9

The regular quarterly meeting of the N.C. Mountain Central Office is set for Sunday, October 9, in Franklin, NC, at the Franklin Community Center, Rte. 441S.

The meeting will begin at 3:30p.m. It is hoped that all Group Representatives or Alternates in Districts 70, 71, and 80 will make a particular effort to attend this important meeting.

As was noted in the minutes of the July Central Office Meeting, to help coordinate our three Districts, the DCMs are invited to attend all future Central Office meetings. And it is emphasized that input from all GSRs is vital for full coordination and cooperation in Central Office affairs.

Readers' Forum

LIVE LETTERS

Money In The Basket

We have plenty of money in the treasury—let's have a party! Sounds like a great idea, but let's think about it. . . .

First of all, why is there "plenty of money in the treasury"? We should have only a "prudent reserve" (generally three months' operating expenses—rent, A.A. Literature, coffee, travel expense for your General Service Representative to go to state assemblies in May and November.

Secondly, will this planned activity help A.A. as a whole, affect neighboring groups? when we put money in the basket, we help "carry the message."

The sole aim and purpose of A.A. is to carry the message, not just within our home group, but to the world beyond. And any service not related to A.A.'s purpose of carrying the message—where money diverted to it means money taken away from A.A. as a whole—contributions to Central Office in Asheville, to our District 80, and to General Service Office in New York. Perhaps if these offices did not exist, we would

Live Letters continued on next page

Important Notice

Group Service Numbers Change

All Group Service numbers have been changed, with effect from Group's next contribution.

Mountain Doin's is published monthly as an informational service to all A.A. members in Western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or by the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.

Live Letters continued from page 1
 not have gotten sober, and learned to love and serve A.A. Money in the basket belongs to A.A.

Are we thinking only of ourselves, of the fun we could have? Yes, *let's* have a party, if that is what the group wants to do, but let's take up a separate collection earmarked for the special occasion. And never let futile disputes over money divide us!

—RR

Honestly Surrender

I've been in and out of A.A. meetings since 1987. I've got a lot of relapses under my belt. I've spent many days wondering why I had to keep going back after I had gone out.

I thought I was never going to be able to conceive the understanding of A.A. that everyone else seemed to have, but most importantly, I kept on coming back till it clicked—honestly surrendering, *with no reservation*, was the key.

The inner door is now unlocked. —SB

Reader Miffed at Page 449

Everybody loves to quote the message of Acceptance on page 449 of the Big book. And I agree that there's a lot of value to that message and theory.

But the writer (Doctor, Alcoholic, Addict) ruins it all by his inane statement, on the same page: "Nothing, absolutely nothing, happens in God's world by accident."

Take it at its face value. That means that God planned and wanted certain people to starve to death

through poverty; planned for your wife to be killed by a drunk driver as she was walking home from an Al-Anon meeting; planned an airplane to crash, killing many on board, but not necessarily all; planned a bank robbery while you were in the bank and watched a handful of innocent people die by a crazed bank robber.

Come to think of it, I guess He planned the assassination of the Kennedys, Martin Luther King, as well as all the day-by-day murders and shootouts in this growingly violent world. And if they were all God's plan, why do we bother to put the "criminals" on trial? For remember, nothing in this world happens by accident. It's all part of God's plan for us. Page 449 tells us so.

—Anonymous



Calendar of Events

Events listed here are presented solely as a service to readers, not as an endorsement by the General Service Office or by the North Carolina Mountain Central Office. For any additional information please use the addresses or phone numbers provided.

Area Assembly at North Raleigh Hilton, Wake Forest Road, Raleigh N.C. on November 4, 5, and 6. Included on the agenda will be the election of Area officers. Further details will be published when received.

Twenty-Fifth Fellowship By the Sea, at The Myrtle Beach Convention Center, October 6, 7, 8, and 9, 1994.

Dance Saturday night, Golf tournament. For full details write, Fellowship By the Sea, P.O. Box 296, St. George, SC, 29477. For motel reservations, call toll free: 1-800-626-7477.

28th Annual Roudup of Alcoholics Anonymous, Las Vegas, Nevada, November 24, 25, 26, and 27. To be held at the Riviera Hotel. Marathon meetings, Roundup golf tournament, spanish speaking meetings. for information write: the Roundup Committee, P.O.Box 43177, Las Vegas, Nevada 89116.

Sandlapper Roundup III, at The Landmark Resort Hotel, Myrtle Beach., S.C., December 1, 2, 3, and 4, 1994. The Sandlapper Roundup is dedicated to bringing to the Grand Strand each year the finest A.A. and Al-Anon speakers available. Speakers include: Don C., Peggy M., Clancy I., Cricket R., Tom I., Martha Ann C., Don N..

For more information on the Sandlapper Roundup, call Dennis or Linda at (803) 238-2694, during normal business hours.

First Annual Native American S.S. Convention, Cherokee, North Carolina., November 10, 11, 12, 13, 1994. For information call (704)497-5255, 497-7103, or 497-2860.

Central Office Phone Log



"I am responsible . . .
 When anyone, anywhere,
 reaches out for help, I
 want the hand of A.A.
 always to be there.
 And, for that, I am
 responsible."

Phone Log 8-1-94—9-2-94

Answering Service calls	206
General Information	7
A.A. Help	6
Family Help (Al-Anon)	17
Meeting Information	91
Central Office Business	77
Medical Help (Hospital, Detox, etc.)	0
Others	7
Visitors	60



Acceptance Group

Dee D.	10-5-68	26 years
Chuck G.	10-12-91	3 years
Dottie S.G.	10-12-91	3 years
Toby B.	10-20-86	8 years
Dan G.	10-23-83	11 years
Paul Mc	10-27-81	13 years
Lee T.	10-21-84	10 years

Black Mountain Group

Bob S.	10-9-84	10 years
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Brevard Group

Lynn H.	8-18-93	1 year
Linda N.	?-10-80	14 years
Ginny D.	10-26-77	17 years

Marion Group

Gene B.	8-7-81	13 years
James H.	8-7-92	2 years
Roger C.	8-7-93	1 year

Midday Group

Jeb	10-2-93	1 year
Edward	10-22-93	1 year
Kim B.	10-24-86	8 years

Serenity Service Group

Neda H.	9-28-89	5 years
Milam W.	9-26-90	4 years
Amy S.	9-26-93	1 year
Kenneth L.	9-23-93	1 year
Walter M.	6-29-93	1 year
Wendy R.	9-7-93	1 year
Debbie C.	9-26-93	1 year
James T.	9-7-92	2 years
Chris H.	8-19-93	1 year
Tony P.	9-30-93	1 year
Janet S.	9-13-93	1 year
Sharon S.	9-3-92	2 years
Linda C.	9-19-93	1 year

There is no limit to what you can accomplish if you don't care who gets the credit

Word of Mouth

"In my view there isn't the slightest objection to groups who wish to remain strictly anonymous, or to people who think that they would not like their membership in A.A. known at all. That is their business, and this is a very natural reaction.

"However, most people find that anonymity to this degree is not necessary, or even desirable. Once one is fairly sober, and sure of this, there seems no reason for failing to talk about A.A. membership in the right places. This has a tendency to bring in other people. Word of mouth is one of our most important communications.."

From As Bill Sees It



Fellowship News

Meeting cancellation. The Saturday 10.30 a.m. Open Speaker Meeting at Appalachian Hall has been canceled.

Meeting changes. **The Ridgerunners Group** meetings held on Tuesdays and Fridays at 8 p.m. have been canceled.

The Black Mountain Group, on October 16 will hold its **17th Anniversary Pot Luck Dinner and Speaker Meeting**. Eating will be at 6:30 p.m., Speaker at 8 p.m. Please bring a covered dish.

New Meeting. **The Newcomers Group** now meets at St. John In The Wilderness Church in Flat Rock, on Rte. 25S. The meetings are held at 6:30 p.m. on Mondays.

Meetings canceled. **Waynesville Grace Group** has canceled its Wednesday and Thursday 8 p.m. meetings.

District 80 Eatin' Meeting Sunday, October 9

The District 80 Eatin' Meeting will be held on Sunday, October 9, at Franklin Community Center, on Rte. 441S. Eatin' begins at 1:30 p.m. Speaker at 2:30 p.m.

Following the Speaker the N.C. Mountain Central Office will hold its quarterly meeting at 3:30 p.m. (For details, see page 1.)



Treasurer's Report

N.C. Mountain Central Office, Inc.
Financial Report for the month
of August, 1994

INCOME

Group Contributions

Acceptance Group	\$60.00
Black Mountain Group	\$21.00
Brevard Group	\$35.00
Candler KISS Group	\$50.00
Clyde Sunday Night Group	\$50.00
Day By Day Group	\$45.00
Hendersonville Group	\$145.97
Hendersonville Happy Hour Group	\$50.00
Hendersonville Midday Group	\$50.00
Maggie Valley Group	\$50.00
Marion Group	\$50.00
Mountain View Group	\$37.28
Pathfinders Group	\$15.00
Six O'Clock Open Group	\$50.00
Sylvan Valley Group	\$50.00
Thursday Afternoon Ladies Group	\$50.00
Welcome Group	\$33.00
West Asheville Group	\$35.00
Women's First Step Group	\$28.80
Total Group Contributions	\$906.05

Total Individual Contributions \$0.00

Sales	\$943.13
Mountain Doin's subscriptions	\$10.00
Other Income	\$0.00
Total Income	\$1,859.18

Accounts Receivable* \$75.00

EXPENSES

Rent	\$105.00
Telephone	
Basic Service (Sou. Bell)	\$82.97
Toll Free Number (AT&T)	\$83.90
Answering Service	\$80.40
Payroll and Payroll Taxes	\$592.61
Cost of Mountain Doin's publication and distribution**	\$101.89
Cost of Literature and Chips Sales***	\$710.66
Postage	\$45.51

Other Expenses**** \$19.67

Total Expenses \$1,822.61

Net Income (Income minus expenses) \$36.57

Operating Account

Opening balance	\$2,871.20
Net Income	\$36.57
Taxes Accrued	\$84.22
Transferred to Reserve	\$0.00
Closing Balance	\$2,991.99

* Accounts Receivable: Literature which has been sold but for which your Central Office has not received payment.

** Includes all costs involved except coordinator's pay. Also includes cost of publishing *Where and When*.

*** Includes all costs involved except coordinator's pay.

**** Includes office supplies, petty cash and bank service charges

District 71 August Meeting Minutes and Treas. Report

GSRs from Groups in District 71 met at 123 S. Main Street for the District's August meeting on 8-21-94 at 123 Main Street, Hendersonville.

Present at the meeting were: Norma H., Hendersonville Group GSR; Marshall D., DCM, Hendersonville Group; Susan Alt. GSR Hendersonville Group; Gene B., visitor, Karen B., GSR Brevard Group; and Jeff Wellborn GSR, Edneyville Group.

Marshall D., DCM, opened the meeting with the Serenity Prayer.

Norma H. read the minutes of the June meeting and also the Treasurer's report. She reported that donations are going well.

Marshall D. reported that the next Area Assembly will be held on November 4 and 5, 1994.

A report was given on the September Eatin' Meeting at St. John In The Wilderness Church. Jerry B. of Cedar Mountain Group was the coordinator. GSRs were encouraged to publicize the meeting.

The final vote on the proposed publication of the Fourth Edition of the Big Book was unanimously in favor of 1. not changing the first 164 pages, and 2. adding appropriate new stories while retaining those already published in the Third Edition.

Under new business Marshall mentioned the receipt of a letter from Area 51 treasurer concerning the 1995 budget and GSRs were invited to submit comments. GSRs held a brief discussion and the budget was agreed upon.

The next District 71 GSR meeting was scheduled for 10-23-94 and the agenda would include the election of a new DCM, Alternate DCM, Secretary, and Treasurer.

The basket was passed for coffee donations and the meeting was closed with the Lord's prayer.

District 71 Financial Report

for period 6-28-94—8-30-94

Balance from 6-27-94	\$235.74
Group Contributions	
Brevard Group	\$35.00
Edneyville Group	\$15.00
Happy Hour Group	\$10.00
Hendersonville Group	\$20.00
Midday Group	\$20.00
Midway group	\$25.00
Roundtable Group	\$75.00
Thurs. Afternoon Ladies Group	\$25.00
Expenses	
Bank charges (7-94 only)	\$4.00
Postage	\$10.00
Ending Balance	\$446.74

Respectfully submitted, Norma H., Secretary.

Use *Mountain Doin's* as a Tool in Recovery

Mountain Doin's is designed as one of the tools that can be used in your recovery. And that means that your input through letters to the editor, articles, opinions, and, yes, even humor, can be considered as Twelfth-Step work and may certainly help many alcoholics who are still suffering.

Central Office information that brings news of events throughout Western North Carolina and conferences, seminars, and other A.A. activities around the nation are listed, as well as news of group meeting changes within our Districts covered by the N.C. Mountain Central Office—Districts 70, 71, and 80.

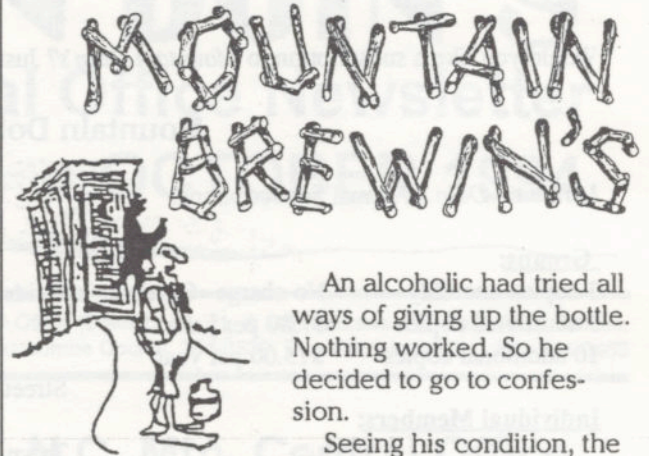
It's good to share anniversaries, just as it's good to share humor and ideas that could help us all. Sharing is indeed the cornerstone of recovery, and what better way is there to share among us all so that our thoughts can be expressed beyond the meeting rooms?

It is also important that you know where the money comes from and where it goes. That's why the Treasurer's Report is included each month.

We hope you will look upon *Mountain Doin's* as your newsletter. Many groups place their copies on a table and invite members to pick up a copy and take it home with them. Try it—share through our letters column your thoughts, hopes, experiences. You could help lots of us simply by airing your thoughts.

Yours in service.

The Editor



An alcoholic had tried all ways of giving up the bottle. Nothing worked. So he decided to go to confession.

Seeing his condition, the priest said, "Better put it off until another time. Just go home and go to bed and sleep it off. You haven't killed anyone, have you?"

"Of course not!" mumbled the drunk as he left.

On his way home, he met a friend, who was also on his way to confession.

"It's no use going tonight," said the alky. "He's only hearing murder cases tonight."

x x x

The problem with alcoholics is that they would rather be good livers than have them.

x x x

A wino got a job at a glass factory. On the first day the foreman asked him, "Did you remember to mark the top of all these crates with a 'This side up' notice?"

"Indeed I did," the wino replied, "and to make sure, I put it on the bottom, too!"

x x x

"You think you have problems," said the boozier to his barroom pal. "I lent a guy \$3,000 for plastic surgery, and now I don't know what he looks like."

x x x

A drunk was hunched over the bar, trying to spear the olive in his martini with a toothpick. A dozen times he poked, a dozen times the olive eluded him. Finally, another drunk who had been watching him from the next stool grabbed the toothpick. "Here, this is how you do it," he said, as he casually skewered the olive.

"Big deal," muttered the first drunk. "I already had him so tired he couldn't get away."

x x x

Said one alky to another, "What did the grape say when the elephant sat on him?"

"I dunno! What did 'e say?"

"Nothing. He just let out a little wine."

x x x

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