

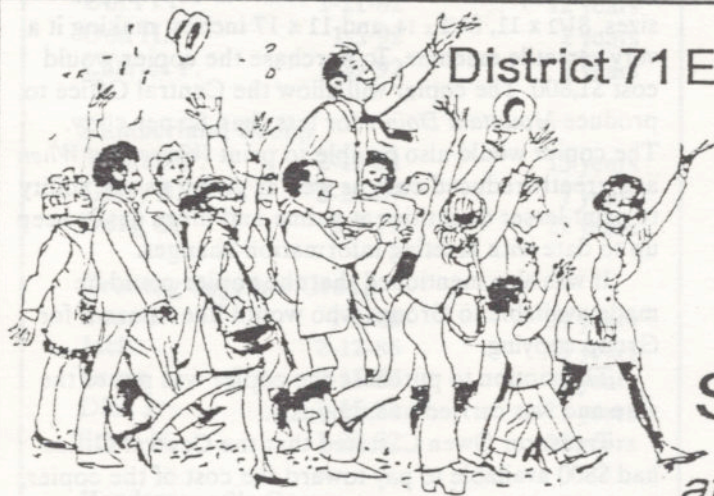
MOUNTAIN DOIN'S

Central Office Newsletter

March 1994



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80). Address: 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Phone: Buncombe County: 254-8539. Elsewhere in WNC: 1-800-524-0465



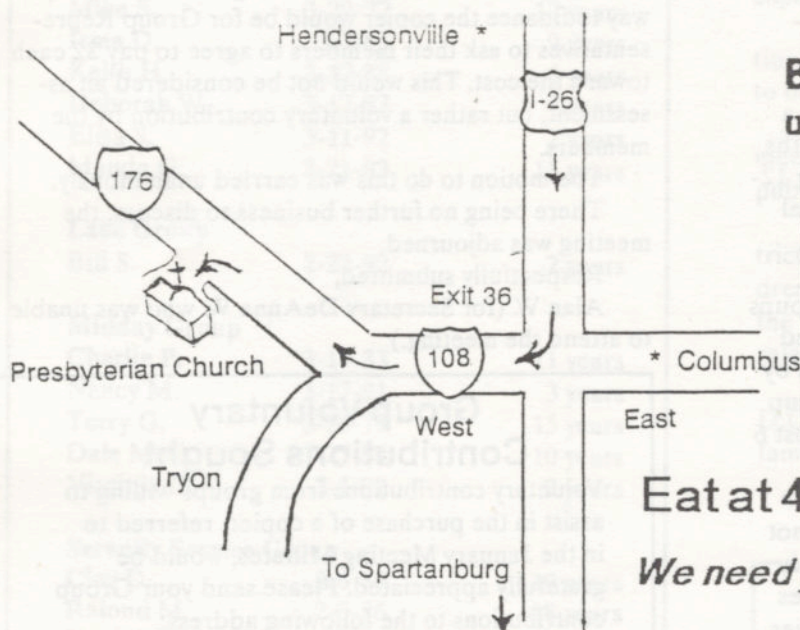
District 71 Eatin' Meeting

Come join us!

All groups in Henderson, Polk, and Transylvania Counties are welcome

Sunday, March 6, 1994

at Tryon Presbyterian Church



Bring a covered dish and join us for Fun and Fellowship.

From Hendersonville take I-26 toward Spartanburg. Go 17 miles to exit 36. Go West on Rte 108 toward Tryon for 2 1/2 miles. Right on Rte 176 toward Saluda for 3/10 mile. Stone Church on left across from Harmon Field.

Eat at 4 p.m. Speaker at 5 p.m.

We need your support to unify the District

Mountain Doin's is published monthly as an informational service to all A.A. members in Western North Carolina Districts 70, 71 and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or by the N.C. Mountain Central Office. Material reprinted from A.A. World Services, Incorporated, or from *The Grapevine* is published with permission.

N.C. Mountain Central Office January Meeting Minutes

The N.C. Mountain Central Office (formerly Inter-group of WNC) held its quarterly meeting on January 9, 1994, in Waynesville.

The following were in attendance: Bill G., C.O. Chairman, Black Mtn. Gp; Owen C., C.O. Treasurer, Hendersonville Gp.; Bob V., C.O. Coordinator, Acceptance Gp.; Alan W., Editor *Mountain Doin's*, Midday Gp.; Rod B., Dist. 70 Trustee, Acceptance Gp.; Ray D., Dist 71 Trustee, Hendersonville Gp.; Marvin M., Dist. 80 Trustee, Maggie Valley Gp.; Loraine B., Acceptance Group; Peter M., Lake Gp.; Beth H., Hendersonville Ladies Thurs. Afternoon Gp.; Cindy P., Black Mtn. Gp. (G.S.R.); Dan F., Franklin Gp., Richard O., Grace Gp.; Jerry B., Cedar Mtn. Gp.; Louise F., Hendersonville Gp.; Allynda A., Clyde Gp.; Joyce D., Acceptance Gp.; Nava M., Grace Gp. (Asheville), Allan H., Fletcher Gp.; Betty L., Black Mtn. Gp.; Sam G., Grace Gp.; Bob O., Candler KISS Gp.; Bob W., Welcome Gp.

The meeting centered around finances and action necessary to reduce the costs of printing *Mountain Doin's* and other publications.

Chairman Bill G. pointed out that the Central Office has no income whatsoever other than what is sent in by way of group contributions. Central Office Representatives were encouraged to ask their individual Groups for greater financial participation.

Treasurer Owen C. handed out copies of the Central Office financial statement, which included a listing of Group Contributions for the first six months of 1993/94 Fiscal Year beginning 7-1-93 and ending 12-31-93. The financial statement also included Central Office income and expenses for the same period.

It was noted that of the 79 Groups listed in the Central Office area (Districts 70, 71, and 80) 29 groups (or more that one third of the total) had contributed nothing at all during the six-month period covered by the report. Furthermore, of the \$7,188.04 total Group contributions, more than half was contributed by just 6 groups.

Coordinator Bob V. stated that *Mountain Doin's* was published at a loss because subscriptions did not equal the costs. Each Group received 3 free monthly copies at a cost of \$1,726 per year. Additional copies through subscriptions were — 5 copies \$257; 10 copies \$283.68; 15 copies \$889.56. This meant that we cannot afford subscriptions because they cost too much. Cost for the whole year was \$2,338.08.

The solution, it was suggested by Owen C., would be the purchase of a copying machine.

Lorraine B. (Acceptance Gp.) stated that she saw no reason for the letters column or the humor column and other "unnecessary" items in *Mountain Doin's* and that these should not be a part of *Mountain Doin's*.

Others were of the opinion that they were a valued part of the publication, and Louise F. (Hendersonville Gp.) thought that the humor added a lighthearted touch to the publication, which she treasured. It was pointed out by the chairman that the C.O. Steering Committee acted as an editorial committee regarding the contents of *Mountain Doin's*.

Treasurer Owen C. announced that as an experiment in reducing production costs, the Office had rented a copier — a used one — that will copy paper sizes, 8 1/2 x 11, 8 1/2 x 14, and 11 x 17 inches, making it a very versatile machine. To purchase the copier would cost \$1,800. The copier will allow the Central Office to produce *Mountain Doin's* for less than 8c per copy. The copier would also be able to print *Where and When* at a greatly reduced cost, as well as giving us the ability to print lesser quantities at a time and more easily keep up to date with meeting information changes.

It was also mentioned that the copier could be made available to Groups who would like to use it for Group copying.

The motion to purchase the copier was put to the vote and was carried unanimously.

Treasurer Owen C. stated that the Central Office had \$800 available to pay toward the cost of the copier, leaving \$1,000 to be raised. It was agreed that a proper way to finance the copier would be for Group Representatives to ask their members to agree to pay \$2 each toward the cost. This would not be considered an assessment, but rather a voluntary contribution by the members.

The motion to do this was carried unanimously.

There being no further business to discuss, the meeting was adjourned.

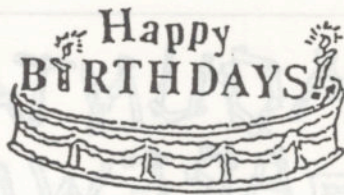
Respectfully submitted,

Alan W. (for Secretary DeAnna W. who was unable to attend the meeting.)

Group Voluntary Contributions Sought

Voluntary contributions from groups willing to assist in the purchase of a copier, referred to in the January Meeting Minutes, would be gratefully appreciated. Please send your Group contributions to the following address:

N.C. Mountain Central Office,
107 Park Place Offices
70 Woodfin Place
Asheville NC 28801



Acceptance Group

Terry M.	3-6-87	7 years
Karla K.	3-7-92	2 years
Tom M.	3-8-87	7 years
Irene M.	3-18-83	11 years

Brevard Group

Dot P.	1-21-82	12 years
Don H.	1-5-92	2 years
Charles P.	1-29-92	2 years

Cumberland Group

Michael P.	2-12-81	13 years
Gerry B.	2-28-87	7 years
Doug O.	3-9-72	22 years

Growing Together Group

Tom C.	1-1-60	34 years
Jack	2-12-86	8 years
Susan	2-15-86	8 years
Dick J.	3-15-81	13 years
Steve N.	3-27-82	12 years

Hendersonville Group

Mike S.	3-29-77	17 years
Irma D.	3-7-85	9 years
Keith H.	3-17-88	6 years
Deborah W.	3-17-87	7 years
Elisa S.	3-11-92	2 years
Maude G.	3-21-83	11 years

Lake Group

Bill S.	2-22-92	2 years
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Midday Group

Charlie P.	3-17-83	11 years
Nancy M.	3-17-91	3 years
Terry G.	3-26-79	15 years
Dale McC.	3-27-84	10 years
Virginia O.	3-1-92	2 years

Serenity Service Group

Clay D.	2-6-84	10 years
Ralond M.	2-6-76	18 years
Tony	2-7-92	2 years
Wade	2-16-92	2 years
Cheryl R.	2-7-84	10 years
Kelly H.	2-15-92	2 years
Keary H.	2-22-93	1 year
Linda G.	2-10-93	1 year
Michelle D.	2-22-93	1 year

District 71 Elects New D.C.M.

District 71 G.S.R.s met on January 30, 1994, to discuss District matters and to elect new officers.

Present at the meeting were: Richard C., Hendersonville Gp., outgoing D.C.M.; Marshall D., Hendersonville Gp., Alternate D.C.M., Ray D., Hendersonville Gp. G.S.R.; Alan W., Midday Group, Editor *Mountain Doin's*; Bill L., Sylvan Valley Gp. G.S.R.; Jerry B., Cedar Mountain Gp. G.S.R.; Norma H., Hendersonville Gp.; Paul K., Cedar Mountain Gp.; Beth H., Women's Thursday Afternoon Gp. G.S.R.; Allan H., Roundtable Gp., G.S.R.; Artie H., Columbus Midway Gp., Alternate G.S.R.

The functions of a D.C.M. were briefly listed.

New officers elected are:

D.C.M. — Marshall D.

Alternate D.C.M. — Ray D.

Secretary — Norma H.

The treasurer's report indicated that the end of the year (1993) balance was only \$73.75.

It was pointed out that there was need for the District to become active in a Hospitals and Institutions Committee. A subcommittee exists, and it needs to be activated. A prisons committee was particularly vital. Paul K. was elected interim chairperson for this committee. Plans are that the committee functions will be explained to Groups in the near future.

Also necessary was CPC/PI Committee (Cooperation With the Community and Public Information) yet to be formed.

It was agreed that in future, minutes of District 71 meetings will be made available to *Mountain Doin's* for publication.

It was also agreed that all groups should notify District 71's new Chairperson the names and mailing addresses of Group G.S.Rs, so that the D.C.M. can keep the various G.S.Rs notified of meetings, activities, and relevant matters.

It was also agreed that the D.C.M. and Alternate D.C.M. would pay visits to Groups in order to familiarize Groups with the activities of the District.

District 71

New Address for contributions

Following the election of Marshall D. as new District 71 D.C.M., a new postal address has been named for Group contributions. It is:

D.C.M. District No. 71

P.O. Box 6224

Hendersonville NC 28793-6224

Central Office Phone Log



"I am responsible . . .
When anyone, anywhere,
reaches out for help, I
want the hand of A.A.
always to be there.
And, for that, I am
responsible."

Phone Log 1-3-94-1-28-94

Answering Service Calls	137
General Information	4
A.A. Help	17
Family Help (Al-Anon)	9
Meeting Information	52
Central Office Business	75
Medical Help (Hospital, Detox, etc.)	2
Others	22
Visitors to Office	38



Fellowship News

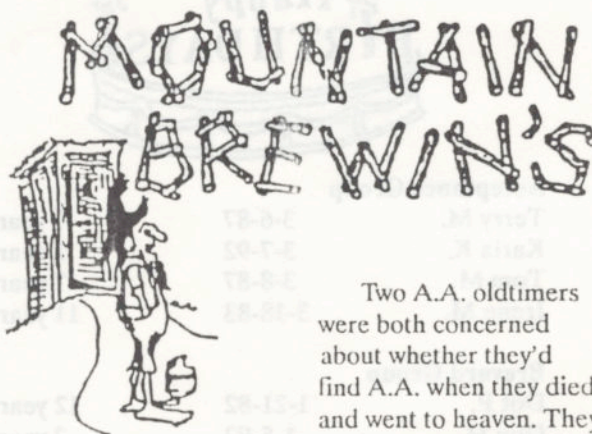
Group meeting information. The Cedar Mountain Group meets on Tuesdays and Fridays at 8 p.m. at the Cedar Mountain Community Center, Hwy. 276. The Tuesday evening meetings are closed, discussion meetings. The Friday evening meetings are open, discussion meetings. For information, call 692-2690.

Meeting address change. The Conscious Contact Group now meets in the Outpatient Building on Sweeten Creek Road, Asheville. The Group meets on Sundays at 11 am. (closed, nonsmoking), and on Wednesdays at 8 p.m. (open, nonsmoking, Big Book Study).

New Meeting. Meetings are now being held on Tuesdays and Thursdays in Swannanoa at Handy Skills. The meetings are at 11.30 a.m. and are closed. No name has been given by the Group.

New Meeting. The Welcome Group now holds meetings on Wednesdays at 8 p.m. in Waynesville on Rte. 276. For location directions, phone 926-9676. The meetings are open, nonsmoking.

Woman's First Step Farm Meeting. This meeting is now held at 7 p.m. on Tuesdays at 200 Pete Luther Road, Candler. The meeting is for women only and is closed, nonsmoking.



Two A.A. oldtimers were both concerned about whether they'd find A.A. when they died and went to heaven. They made a pact that the first

to die would return on the anniversary of her death. Anne died first, and exactly one year later she returned to her friend Mary with the message that she had some good news and some even better news from heaven.

"What's the good news?" asked Mary.

"There are meetings twenty-four hours a day in heaven," replied Anne.

"What could be better news than that?" asked Mary.

"You're speaking, this Sunday!" replied Anne.

x x x

This much is true about all A.A. motorists: Those with patience today are not patients tomorrow.

x x x

You can always size up a nice girl by the sweet nothing-doings she whispers in your ear.

x x x

"I had an accident in my car—the damn thing went from one side of the street to the other."

"Were the wheels loose?"

"No, they were tight, but so was I."

x x x

The alky boasted to his friend that the college he went to was a fountain of knowledge where everyone went to drink.

x x x

Fred: "I don't understand how you had an accident in the car. If, as you say, you were hugging the curves you should have been perfectly safe."

Jake: "Yes, but they weren't that kind of curves!"

x x x

Excess weight put on by overindulgence in malted liquors can be taken off by a simple exercise. Just move the head from side to side whenever somebody suggests another half-pint.

x x x

An alcoholic musician is someone who can't get past the first bar.



Treasurer's Report

N.C. Mountain Central Office, Inc.
Financial Report for the month
of January, 1994

Income	
Group Contributions	\$1,504.82
Acceptance Group	\$150.00
Asheville Women's Group	\$33.72
Black Mountain Group	\$21.00
Blue Ridge Group	\$25.00
Brevard Group	\$25.00
Burnsville Group	\$1.02
Candler Kiss Group	\$25.00
Cashiers Valley Group	\$25.00
Columbus Midway Group	\$25.00
Conscious Contact Group	\$100.00
Cullowhee Valley Group	\$20.00
Cumberland Ave. Group	\$283.00
Day By Day Group	\$45.00
Edneyville Group	\$25.00
Franklin Group	\$30.00
Growing Together Group	\$75.00
Hendersonville Group	\$182.60
Hendersonville Happy Hour Group	\$50.00
Hendersonville Midday Group	\$100.00
Just For Today Group	\$3.00
Marshall Group	\$30.00
Roundtable Group	\$50.00
Thursday Afternoon Ladies Group	\$100.00
West Asheville Group	\$70.00
Total Group Contributions	\$1,504.82

Individual Contributions	
Jo. P	\$60.00

Total Individual Contributions	\$60.00
Sales	\$907.92
Mountain Doin's Subscriptions	\$0.00
Other Income	\$0.00

Total Income **\$2,472.74**

Accounts Receivable* **\$377.20**

Expenses	
Rent	\$101.00
Telephone	
Basic Service (Southern Bell)	\$53.34
Toll Free Number (AT&T)	\$54.30
Answering Service	\$79.00
Payroll and Payroll Taxes	\$571.62
Cost of Mountain Doin's	
Publication and Distribution**	\$184.92
Cost of Literature and Chips Sales***	\$584.65
Postage (Not including postage for Mountain Doin's)	\$12.96
Other Expenses****	\$0.00
Total Expenses	\$2,482.73
Net Loss (Income Minus Expense)	\$9.99

Operating Account	
Opening Balance	\$1,060.19
Net Loss	\$9.99
Transferred from Reserve	\$400.00
Closing Balance	\$1450.20

Reserve Account	
Opening Balance	-\$400.00
Interest	\$7.72
Closing Balance	\$1,033.65

- *Accounts Receivable: Literature which has been sold but for which your Central Office has not received payment.
- **Includes all costs involved except Coordinator's pay. Also includes cost of publishing *Where & When*.
- ***Includes all costs except Coordinator's pay.
- ****Includes Office Supplies, Petty Cash, and Bank Service Charges. Also includes amount paid on copier.

Treasurer's Comment. Please note: If you are someone who pays close attention to the financial report, you will find a discrepancy between the ending balance in the operating account reported last month and the beginning balance in the operating account reported in this edition. I anticipated that the company who sold us the copier would charge for the use of it, at 5¢ a copy. They declined to do so. I had to correct last month's financial report after it was published. I also failed to include the sales tax paid to the state and that was also corrected.

Changing Group Address? Please Let Us Know!

Important mail sent out to Groups is often returned by the Post Office undelivered, simply because some Groups fail to notify our Central Office when a change of Group address is made. Please be sure to notify us whenever a change of address is made. Thanks!

Would you like a subscription to *Mountain Doin's*? Just fill in the form below and mail to the address below

Mountain Doin's Order Form

Mountain Doin's Annual Subscriptions:

A.A. Groups:

3 copies monthly	No charge
5 additional copies	\$7.80 per year
10 additional copies	\$15.00 per year
15 additional copies	\$19.80 per year

Name _____

Group Reg. No. _____

(or Individual address)

Street/PO Box No. _____

Individual Members:

Single copy monthly \$10.00 per year

Town and Zip _____

Please circle which of the above you wish to receive and make out check or money order accordingly. Subscription rates are subject to change, dependent upon USPS rates.

Clip and mail with check or money order to:

N.C. Mountain Central Office
107 Park Place Offices
70 Woodfin Place
Asheville NC 28801

North Carolina Mountain Central Office
107 Park Place Offices
70 Woodfin Place
Asheville NC 28801

Address correction requested

Place
Postage
Stamp
Here

Changing Group Address
Please let us know if you are changing your address. Please provide the new address and phone number. Please allow 4-6 weeks for the change to take effect. Please do not change your address without notifying us. Please do not change your address without notifying us. Please do not change your address without notifying us.

Group Voluntary Contribution
Please indicate the amount of your contribution. Please allow 4-6 weeks for the contribution to be processed. Please do not contribute without notifying us. Please do not contribute without notifying us. Please do not contribute without notifying us.