

# MOUNTAIN DOIN'S

Intergroup Newsletter

September 1991



Published by Intergroup of WNC (Districts 70, 71, and 80). Address: 107 Park Place  
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## Readers' Forum

### LIVE LETTERS

#### Eatin' Meeting Revival Plea

Let's hear it for eatin' meetings!

Through much of my AA sobriety, I have been attracted to, and found great fellowship and delicious dishes, at Eatin' Meetings. Recently, there has been a vacancy in this most enjoyable gathering, with a concurrent Intergroup Meeting. I understand that the Groups used to put on these covered dish dinners, but the practice was changed and Intergroup itself was supposed to be in charge. For rather obvious financial reasons, there was never enough money, nor were there any willing volunteers to "host" a dinner, and I, for one, miss these joyous events.

District 80 has been having some great Eatin' Meetings, (their groups have mastered the art of putting one of these dinners on with everyone's cooperation), and I'm hoping that enough individuals in District 70 will consult in their groups to find cooperation and willingness to get back to the good old custom of quarterly Eatin' Meetings for District 70.

If there are others who feel as I do, perhaps a few letters "to the Editor" will spark a revival of this heart-warming event.

—LF

#### The Power of Step One

I want to express my gratitude to Tom from Brevard who, at a speaker meeting in Hendersonville the other day, opened my eyes to a fact that surely must have escaped many of us.

He pointed out that Step One can be applied to many other aspects of our AA recovery program. He mentioned, for instance, that one of our character quirks often is anger.

"Admit that you are powerless over anger," said Tom, "just as you are powerless over alcohol." That seemed a pretty simple statement, but it opened my eyes to the fact that many of our character defects could benefit from this thought. By admitting our powerlessness over them, we

don't need to fight them as much as let go of them and hand them over to our Higher Power.

The idea puts a new perspective on my whole recovery program.

Thanks, Tom.

—JB

#### Everybody's Job That Nobody Did

I picked this up from a newsletter from my home state before I moved to this area. I think it applies here, too.

It is a story about four people named EVERYBODY, SOMEBODY, ANYBODY, and NOBODY. There was an important job to be done and EVERYBODY was asked to do it. EVERYBODY was sure that SOMEBODY would do it. SOMEBODY got angry about that because it was EVERYBODY's job. EVERYBODY thought that ANYBODY could do it, but NOBODY realized that EVERYBODY wouldn't do it. It ended up that EVERYBODY blamed SOMEBODY when NOBODY did what ANYBODY could have done.

I guess it's the same wherever you go! —Anon

#### A Puff of Paradise

Phew! AA meetings seem to have become a smoker's paradise. Smoking is now banned on most air flights, in a growing numbers of stores, municipal buildings, hospitals, public transport.

It seems the only places left where nobody dare ban smoking is in bars and at AA meetings.

That's a sad commentary. Smokers have the right to kill themselves, if they wish, but they have no right to kill others. Most AA meetings last one hour. Is that too much for a smoker to endure when he or she could be saving someone else's life by so doing?

In view of today's medical knowledge, those who insist on smoking at meetings are changing the slogan *Live and Let Live* to *Kill and Be Killed*.

—KT



## Intergroup Phone Log



"I am responsible . . .  
When anyone, anywhere,  
reaches out for help, I  
want the hand of AA  
always to be there.  
And, for that, I am  
responsible."

### Phone Log 7-15-91 - 8-2-91

Answering Service Calls	173
General Information	15
AA Help	8
Family Help (Al-Anon)	4
Meeting Information	42
Intergroup Business	33
P.I. Calls	1
Others	12
Visitors	32



## Fellowship News

**Correction.** The Brown Bag Group in Brevard now meets at 12 Noon on Wednesdays at St. Phillip's Episcopal Church, Main St. Brevard. (The information passed to *Mountain Doin's* and published in the August issue was incorrect.) The meetings are closed, Step Study meetings.

**New Meetings.** A Big Book Study meeting will be held on Sundays at 6 - 7.30 p.m. at Moore's Grove United Methodist Church, Highway 64.

Spring Mountain Group now meets at Community Ct. on Wednesdays at 8.00 p.m., at Fairview, NC. The meetings are closed, Big Book Study meetings.

District 80 Eatin' Meeting was hosted by the Grace Group of Waynesville, at Grace Episcopal Church, Waynesville, on Sunday, July 12, 1991. Approximately sixty people attended, and a sumptuous covered dish dinner, plus barbecued chicken quarters, was enjoyed by all. Following the meal, the speaker was David R., Director, First Step Farm, North Harmony Valley.



## Calendar of Events

**Serenity in the Smokies.** The Serenity in the Smokies Committee invites you to attend a weekend of 12 step fellowship and programs in the beautiful mountains of western North Carolina. The facilities of the Kanuga Conference Center are luxurious, the food is excellent, the atmosphere is warm, and the people are wonderful!

September 19 - 22, 1991, Kanuga, Hendersonville, NC.

For full information write to Serenity in the Smokies, P.O. Box 11071, Knoxville, TN 37939-1071.

**4th Annual Tri-County Conference.** October 4 - 6, 1991.

At Novi Hilton Hotel, Novi, Michigan. Sponsored by AA of Greater Detroit, Central Office. Speakers, Dance, Banquet. For information, phone (313)349-4000 (Hotel), or write Tri-County Conference, P.O. Box 92311, Warren, MI 48092-0311.

**9th Annual St. Cloud Roundup.** October 18 - 20, 1991.

At Holiday Inn Conference Rooms, St. Cloud, Minnesota. For information re. Registration and Accommodations phone (612)251-1112 or (612)259-6770. Or write to St. Cloud Roundup, P.O. Box 125, St. Cloud MN 56302.

**3rd Annual Hiawathaland Get-Together.** "Holding Fast to our Primary Purpose." October 18 - 20, 1991. At the Kahler Hotel, Rochester, Minnesota. For further information write Hiawathaland Get-Together, MN 55903. For toll-free reservations phone 1-800-533-1655.

**7th Annual Cruise Without Booze.** January 26 -

February 2, 1992. 7 days - 7 nights. This exciting "Gems of the Caribbean" cruise sails from San Juan, Puerto Rico, and visits the spectacular "nature island" of Dominica, followed by the lovely ports of St. Lucia, Martinique, and St. Kitts. A final port call in St. Thomas allows for last-minute sunning and shopping before returning to San Juan. Air/Sea information may be obtained from Cruise Chairpersons Phyllis McC (918)446-9707 or Bob C. (918)747-0165.

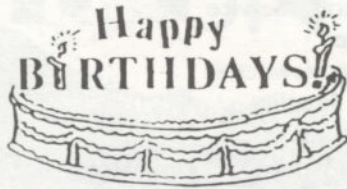
The cruise includes Singles Meeting, Big Book Study, Closed Meetings.

### Sharing Helps Us All

Care to share? We want to hear from you. Letters for publications in *Mountain Doin's* help to bring your views to a wide audience. If you have questions, there's someone who might have the answers, your experiences and thoughts could help many. Sharing and caring - that's what *Mountain Doin's* is all about.

Send your letters to: The Editor, *Mountain Doin's*, Intergroup of WNC, 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801.





**Brevard Group**

Nancy M. 8-26-90 1 year

**Cumberland Group**

Sue H. 9-4-90 1 year  
 Bob R. 9-7-83 8 years  
 Leslie H. 9-10-84 7 years  
 Keith L. 9-9-90 1 year

**Grace Group (Waynesville)**

Bob D. August 61 30 years  
 Vigil M. " " 89 2 years  
 Cindy D. " " 89 2 years  
 Richard O. " " 88 3 years  
 Ken T. " " 90 1 year

Eva M. " " 81 10 years  
 Martha I. " " 83 8 years  
 Hal N. " " 6 years  
 Bruce J. September 89 2 years  
 Dave W. " " 87 4 years  
 Loni K. " " 85 6 years  
 Joe R.H. " 89 2 years

**Hendersonville Group**

Cynthia E. 9-11-90 1 year  
 George W. 9-13-82 9 years  
 Pam E. 9-21-89 2 years  
 John H. 9-13-85 6 years  
 Susan J. 9-16-85 11 years  
 Louise F. 9-11-82 9 years

**Midday Group**

Allan H. 9-3-90 1 year  
 Beth H. 9-15-85 6 years  
 Louise F. 9-11-82 9 years  
 Ella Mae J. 9-23-87 4 years  
 Pam E. 9-23-89 2 years  
 Maija G. 9-4-87 3 years

## Intergroup July Meeting Minutes

Intergroup of WNC, serving Districts 70, 71, and 80, met at St. Luke's Church, Chunn's Cove Road, at 2:00 p.m. on Sunday, July 21, 1991.

The following members attended: Bill S., Conscious Contact Group, Dist. 70, I.G. Chairman; Betty L., Black Mountain Group, Dist. 70, I.G. Treasurer; Bob V., Acceptance Group, Dist. 70, I.G. Coordinator; Laura F., Black Mountain Group, Dist. 70, I.G. Secretary; Gene M., Leicester and Marshall, Dist. 70, P.I. Committee; Rod B., Acceptance Group, Dist. 70, I.G. Trustee; Alan W. Midday Group, Dist. 71, Editor, *Mountain Doin's*; Tom M. Midday Group, Dist. 71, I.G. Rep.; Laura J., Hendersonville, Dist. 71, I.G. Rep.; Keith LaK., New Horizons Group (UNCA), Dist. 70, I.G. Alternate; Marvin M., Maggie Valley Group, Trustee, Dist. 80, and Bill F., Black Mountain Group, Dist. 70.

The minutes of the last meeting were read and accepted, followed by the Treasurer's Report, presented by Betty L. With patience and persistence and good office management, the "prudent reserve fund" now shows an excess of some \$300.00, and there was considerable discussion of what should be done with the excess. For the time being, the extra dollars will be maintained in the interest-bearing prudent reserve fund, and further discussion will be held at the next Intergroup Meeting. Betty L. expressed

her concern about the need for a "Tax Number" and she will do the necessary research into how to acquire one, and will report at the next Board Meeting. She also suggested that the Treasurer might serve as an "Auditor of Bookkeeping" activities, to ease the requirements on finding a willing Treasurer, and some present Treasurer duties could be performed by the Coordinator.

Alan W., Editor of *Mountain Doin's*, repeated his plea that all material submitted for the newsletter must be in the office by the FIFTH of the month preceding publication. But he did say that he would take late news items by phone, and authorized Intergroup office to provide his phone number for this purpose.

It was announced that Hendersonville facilities will be used for the October Intergroup meeting, on the second or third Sunday in October. Laura J., Hendersonville Group, will inquire about availability.

Gene M., P.I. Committee, brought up the subject of providing pamphlets and meeting schedules at a booth at Bel Cher. There was heavy discussion, questioning the appropriateness of having literature for AA mixed with "Drug Council" literature, and a group conscience vote showed eleven No's, one affirmative. The P.I. Committee gave a report that Big Books have been placed in schools and libraries in Asheville.

The Intergroup Meeting adjourned after repeating the Lord's Prayer.

Respectfully submitted, Laura F., Secretary.



# Treasurer's Report



## Contributions, July, 1991

Acceptance Group	212.00
Back To Basics Group	100.00
Black Mountain Group	35.00
Brevard Group	30.84
Candler Kiss Group	15.00
Cumberland Group	50.00
Day By Day Group	40.00
Franklin Group	30.00
Grace Group	75.00
Hendersonville Group	105.44
Live and Let Live Group	5.00
Midday Group	100.00
New Horizons Group	100.00
Saluda Happy Hour Group	5.00
Serenity Service Group	40.00
Traditional Group	120.00
Turning Point Group	<u>10.00</u>

Total 1073.28

## Expenses

Rent, 107 Park Place	94.00
Phone - Basic Service	112.27

Answering Service	79.00
Postage	49.90
Printing Newsletter	98.00
Office Supplies	5.05
Petty Cash	30.00
Special Workers: Coordinator	414.00
Editor	46.00
Literature	474.73
Chips	<u>57.33</u>
Total	1460.28

## Summary

Balance 7-1-91 324.68

## Income

Group Contributions	1073.28
Individual Contributions	61.00
Sales - Literature and Chips	473.35
Subtotal (available)	1932.31

## Expenses

Office	928.22
Literature	474.73
Chips	<u>57.33</u>

Total 1460.28

Balance 472.03

Reserve Fund 2085.14

Mountain Doin's is your personal contact with other members in our area and with Intergroup of Western North Carolina. We encourage personal subscriptions as well as

group subscriptions to the newsletter. All you have to do is fill in the form below and mail it with your check or money order to the address shown below.

## MOUNTAIN DOIN'S ORDER FORM

### Mountain Doin's Annual Subscriptions

#### AA Groups

3 copies	No charge
5 Additional copies	\$7.80 per year
10 Additional copies	15.00 per year
15 Additional copies	19.80 per year

#### Individual Members

Single copy	10.00 per year
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Please circle which of the above you wish to receive and make out check or money order accordingly.

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107 Park Place Offices  
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