

# MOUNTAIN DOIN'S

Intergroup Newsletter

August 1991



Published by Intergroup of WNC (Districts 70&80). Address: 107 Park Place Offices, 70, Woodfin Place, Asheville, NC 28801. Phone: (704) 254-8539 or 1-800-287-5534

## Readers' Forum

### LIVE LETTERS

*A Sobering Thought — To Help Others*

About four- and- a-half years ago I retired and moved to Western N.C. Within two weeks of moving to this area, I entered treatment and, by the grace of God, have been sober ever since.

Soon after treatment, the "old timers" told me that if I wanted to stay sober, I must get outside myself and do something for others. I didn't know why, and didn't know what to do. Finally, I visited the social director of a nearby nursing home and asked her if there was a lonely old man who would like to have a visitor to talk to from time to time. She was elated, and introduced me to a wonderful old fellow in his 90s.

Within a year, he died, and I moved to another nearby town where I visit another man in another nursing home.

I now know why the "old timers" suggested I do something like this. Prior to sobriety, I lived a life of self will, gave very little, and did not really know what gratitude was. Each time after I visit my friend, I have an attitude of gratitude for all the things God has given me, not the least of which is the gift of sobriety. My old friend is always so happy to see me, thanks me for coming, and asks me to be certain to come back again soon. Perhaps in some small way I am bringing some joy into the life of one of God's children whom He loves as He loves me. It pays back in some small way the gift God and AA have given me.

Visiting someone on a regular basis in a nursing home is a great way to get outside of oneself. It's not everyone's "cup of tea" but if you're wondering what to do, try it. You'll like it!

— RA

#### Big Book Changes — Forbidden Subject?

Some months ago there was a lot of talk in AA about rewriting portions of the Big Book. I never did hear about a final decision. I did hear a lot of criticism about the very

idea of suggesting making changes to our spiritually inspired "bible."

Personally I think that's a lot of nonsense. According to established record from Bill W. himself, the Big Book was the product of about one hundred people and was hotly argued about and changed so much that the printer had great difficulty in reading the final manuscript. But that's not my point.

My point is that times have changed during the last fifty or so years, and as it stands today the Big Book is far too male oriented. And I think that Chapter 8 "To Wives" is a disgrace to today's women. It typifies our double standard.

We have come to accept the use of such male dominant terms as the accepted reference to God as Him, to the reference to Chairman, fellowship, and so on — but since more and more women are coming into the program I think it's high time that some rewriting be carried out. And let's start with Chapter 8.

— EB

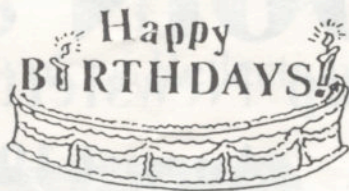
### Sharing Helps Us All

Care to share? We want to hear from you. Letters for publication in *Mountain Doin's* help to bring your views to a wide audience. If you have questions, there's someone who might have the answers; your experiences could help many. Sharing and caring — that's what *Mountain Doin's* is all about.

Send your letters to: The Editor, Mountain Doin's, Intergroup of WNC, 107 Park Place Offices, 70, Woodfin Place, Asheville NC 28801.

Please bear in mind that items of news that you'd like to see in the September newsletter must be received at the Intergroup Office by August 5.





**Andrews Group**

James W. 2-12-61 30 years

**Black Mountain Group**

Laura M 7-3-87 4 years  
 Lynn M. 7-17-88 3 years  
 Bill F. 7-17-68 23 years  
 Laura F. 7-14-68 23 years  
 Bill G. 8-21-87 4 years  
 Jane H. 8-20-85 6 years

**Brevard Group**

Eva P. 7-30-78 13 years  
 Elizabeth H. 7-5-87 4 years  
 Cecil Mc 7-5-87 4 years

**Cumberland Group**

Steve H 7-18-90 1 year  
 Joel L. 7-29-88 3 years

**Hendersonville Group**

Ray D. 8-21-80 11 years  
 Maurice W. 8-1-87 4 years  
 Tom H. 8-1-64 27 years  
 John G. 8-19-90 1 year

**Lake Group**

Viv L. 8-6-87 4 years

**Maggie Group**

Pete M. 5-?-82 9 years

**Marion Group**

Dave G. 7-1-86 5 years  
 Roger R. 8-9-88 3 years  
 Gene B. 8-25-81 10 years  
 Pete C. 9-15-78 13 years

**Marshall Group**

Vicky O. 4-29-90 1 year  
 Barbara N. 5-15-83 8 years  
 Pat O. 5-23-69 22 years  
 Malcolm O 7-9-85 6 years  
 Linda Mc 8-6-85 6 years  
 Harry B. 9-2-88 3 years

**Midday Group**

Bill T. 8-28-87 4 years  
 Otis T. 8-9-83 8 years  
 Travis G. 8-5-89 2 years

**Sylva Group**

Jeff M. 7-14-85 6 years  
 Marty D. 7-22-78 13 years  
 Ginny D. 7-22-78 13 years  
 Buddy L. 7-20-85 6 years  
 Maria 7-?-89 2 years  
 Ayer 8-18-85 6 years  
 Bobby 8-24-85 6 years

## Districts 70 and 71 to Hold August Picnics

August appears to be picnic month in Western North Carolina.

District 70's **Picnic and Fun Day**, on August 18 is being held in Patience Mullendore Park, Yancey County. The get-together begins at 2 p.m. with eating beginning at about 3 p.m. Members are invited to bring along covered dishes. Hamburgers, hot dogs, and coffee will be supplied by Madison, Mitchell, and Yancey AA Groups.

Among the activities will be volleyball, horseshoes, swimming (small charge), and a playground for kids.

Directions to the park are: From Asheville—take 19/23 to Exit 19E for Burnsville. At approximately 4 miles on the other side of Burnsville, take 80 South to sign on left for the park. From Marion—take 226 to Spruce Pine; left on 19 East to Micaville (80 South) to sign for the park.

Signs will be posted to indicate location of the picnic.

Districts 71 and 80 are also cordially invited to attend the day of Fun and Food.

The following week, August 25, at 2 p.m. District 71 will hold its picnic at Lake Julian in Skyland.

Guests are invited to bring along covered dishes—enough for the family—as well as paper supplies. And if anyone has bat and ball, horse shoes, etc., bring those along, too

As in the case of District 70's picnic, members from Districts 70 and 80 are cordially invited to attend.

There will be a very brief meeting of GSR's during the picnic.

## July Intergroup Meeting

The July meeting for Districts 70, 71, and 80 was held at the Acceptance Group Meeting Room, St. Luke's Church Chunn's Cover Road, Asheville, on July 21. A full report will be published in September's *Mountain Doin's*.



## Intergroup Phone Log



*"I am responsible . . .  
When anyone, anywhere,  
reaches out for help, I  
want the hand of AA al-  
ways to be there. And  
for that, I am responsible."*

Phone Log 6-3-91 - 7-14-91

Answering Service Calls	244
General Information	10
AA Help	7
Family Help (Al-Anon)	15
Meeting Information	64
Intergroup Business	29
Medical Help (Hospital, Detox, etc.)	2
Others	25
Visitors	52



## Fellowship News

**New Meetings.** A big Book Study Meeting will be held on Sundays at 7-7:30 p.m. at Moore's Grove United Methodist Church, Highway 64.

Spring Mountain Group now meets at Community Ct. on Wednesdays at 8:00 p.m., at Fairview, NC. The meetings are Closed, Big Book Study meetings.

The Brown Bag Group now meets at 8:00 p.m. on Wednesdays at St. Phillip's Episcopal Church, Main St., Brevard, NC. The meetings are Closed, Step Study meetings.

## District 71 Reminder

District 71 members are reminded that Barbara S. is the newly elected Secretary/Treasurer for District 71. Please send all contributions to DCM Fund, 404 Sky Lane, Hendersonville, NC 28739. We need your love and support.

## Treasurer's Report



### Contributions, June 1991

Arden Step Group	50.00
Acceptance Group	120.00
Black Mountain Group	35.00
Brevard Group	32.85
Cumberland Hillside Group	50.00
Day By Day Group	40.00
Hayesville Group	25.00
Hendersonville Group	126.67
Live and Let Live Group	16.00
Maggie Group	24.00
Mars Hill Group	25.00
Midday Group	75.00
Ridge Runners Group	65.00
Serenity Service Group	40.00
Sylva Group	25.00
Tryon Group	120.00
West Asheville Group.	35.00
<b>Total</b>	<b>898.52</b>

### Expenses.

Rent 107 Park Place	94.06
Phone Basic Service	92.05
Answering Service	73.40

Postage	60.36
Printing Newsletter	98.00
Office Supplies	5.55
Special Workers - Office	366.00
Editor	46.00
Literature	812.09
Chips	101.00
<b>Total</b>	<b>1748.51</b>

### Summary

Balance 6-1-91 283.00

### Income

Group Contributions	898.52
Individual Contributions	54.00
Sales - Literature & Chips	837.67

Subtotal (Available) 2073.19

### Expenses

Office	835.36
Literature	812.09
Chips	101.06

**Total 1748.51**

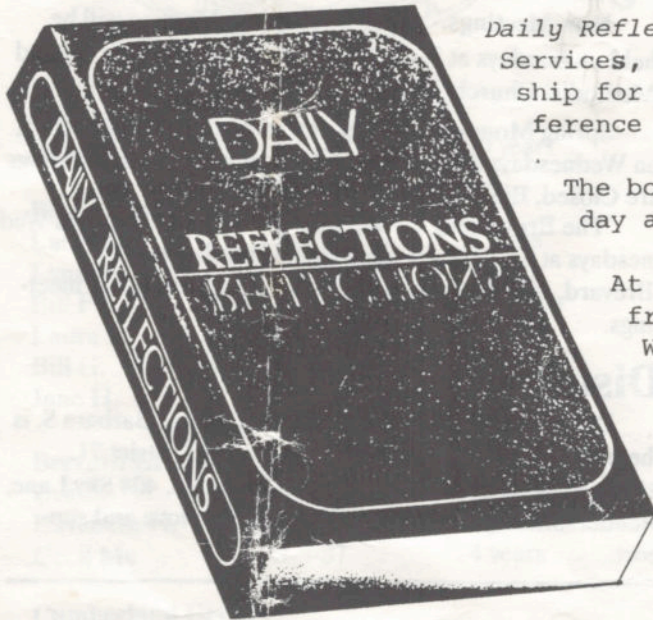
Balance 6-30-91 324.68

**Reserve Balance 2085.14**



# DAILY REFLECTIONS

A Book of Reflections by A.A. Members for A.A. Members



*Daily Reflections*, recently published by A.A. World Services, fulfills a long-felt need in the Fellowship for a book of daily readings that is A.A. Conference approved.

The book moves through the calendar year, one day at a time.

At the top of each dated page is a quotation from one of many A.A. sources, such as Bill W., Dr. Bob, *Alcoholics Anonymous*, *As Bill Sees It*, and other Conference approved literature. Following each quotation is a personal reflection on the quotation by an individual A.A. member. The daily reflections were selected from over 1,300 submissions.

**Now available from Intergroup at \$5:50 each**

*Mountain Doin's* is your personal contact with other members in our area and with Intergroup of Western North Carolina. We encourage personal subscriptions as well

as group subscriptions to the newsletter. All you have to do is fill in the form below and mail it in with your check or money order to the address shown below.

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## MOUNTAIN DOIN'S ORDER FORM

### MOUNTAIN DOIN'S ANNUAL SUBSCRIPTIONS

#### AA Groups

3 Copies	No Charge
5 Additional Copies	\$ 7.80 Per Yr.
10 Additional Copies	15.00 Per Yr.
15 Additional Copies	19.80 Per Yr.

#### Individual Members

Single Copy	\$ 10.00 Per Yr.
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