

# MOUNTAIN DOIN'S

## Intergroup Newsletter

January 1991



Published by Intergroup of WNC(Districts 70&80).Address:107 Park Place Offices,  
70, Woodfin Place, Asheville, NC 28801. Phone: (704) 254-8539 or 1-800-287-5534

### Readers' Forum

## LIVE LETTERS

### The Only Requirement, the Only Subject

Tradition 3 states: The only requirement for AA membership is a desire to stop drinking. And we introduce ourselves with: " I'm So-and-so and I'm an alcoholic." And that's O.K. because that's what we're at the meeting for. I never add: "I'm also an addict." And I wish others wouldn't. Our "primary purpose is to stay sober and help other alcoholics to achieve sobriety."

We should therefore save our " and and addict" references to NA meetings. And when we talk at AA meetings, we should only discuss our alcohol problems. —JJ

### Go Easy On Newcomers

I just want to get this off my chest and hope that it helps someone out there in AA-land. I get really sick of those in our group and some others I attend who are constantly telling others, particularly newcomers, just what they are doing wrong.

We should talk to newcomers in a spirit of humility and use the "I" word instead of the "You" word. In addressing newcomers the speaker shouldn't say how wrong the newcomer's actions were but rather how wrong his own actions were when he was new in the program. He should speak openly about himself and what helped him, hoping that the newcomer could gain from the experience.

Otherwise, criticism of the newcomer directly could very easily turn him away forever. —Anonymous

### What Is The Program?

They keep talking about the Program, but nobody really defines it fully. Some just say that the "program" means the twelve steps. But some, including myself, thinks it means much more than that. And some talk of the program while others talk of my program—suggesting that one person's might be different from another's.

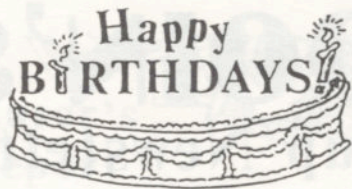
Personally, I bet if you asked most of us to describe the program, we'd find it difficult to put into words.

It's easy to generalize—we all have a certain list of "program" items that are common. Naturally, working the steps comes first to mind; then attending meetings; doing regular readings of AA literature; meditation; 12th step work. But is there really anything in writing that tells us exactly what the "program" is? A lot of us would like to know. —BF

### Sharing Helps Us All

Care to Share? We want to hear from you. Letters to *Mountain Doin's* help to bring your views to a wide audience. If you have questions, there's someone who might have the answers; your experiences could help many. Send your letters to: The Editor, *Mountain Doin's*, Intergroup of WNC, 107 Park Place Offices, 70, Woodfin Place, Asheville, NC 28801.





Black Mountain Group

Ann S.	1-13-74	17 years
Stuart C.	1-25-88	3 years
Sheryl W.	1-7-90	1 year
Beth D.	1-22-90	year
Jerry D.	1-30-87	4 years

Brevard Group

Woody P.	12-26-81	9 years
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Leicester Group

Darold A.	12-6-85	5 years
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Midday Group

Judy C.	1-22-82	9 years
Bert B.	1-23-87	4 years
Cindy C.	1-31-90	1 year

Note: We ask Frank R. to contact Intergroup--we have his birthday but need his year of sobriety and Group name.



**Calendar of Events**

27th Annual National AA Women's Conference.

To be held on February 14-17, 1991, at the Twin Towers Hotel, Orlando, FL. For Full information call Myrt R. (407) 644-5305, or Pat R. (407) 645-3857, or Kay P. (407) 898-4678.

24th Tar Heel Mid-Winter Conference

To be held on January 25, 26, 27, 1991, at North Raleigh Hilton & Convention Center, Raleigh, NC. For full details, see display advertisement on page 3.

**Intergroup's new 800 number**

If you live outside Buncombe County dial Intergroup free: 1-800-287-5543



**Intergroup Phone Log**

11-5-90—11-30-90

Answering Service Calls	157
General Information	14
AA Help	22
Family Help (Al-Anon)	11
Meeting Information	38
Intergroup Business	44
Others	26
Visitors to Office	36

**Women Wanted for 12-Step List**

Intergroup needs additional women who are available for Twelfth Step Work for daytime calls. If you are available to be added to the daytime list for this important work please call the Intergroup Office between 9:30 and 12:20 p.m. Monday to Friday. In Buncombe County, dial 254-8539. Outside Buncomb County, dial 1-800-287-5534.



**Fellowship News**

New Meeting. A new open discussion meeting has begun in the Kiwanis Building, Old Fort, NC., on Saturdays at 8 p.m. The meeting is sponsored by the Marion Group. The Kiwanis Building is across from the Police Station.

Celebration. The Black Mountain Group celebrates its annual candlelight dinner on Thursday, December 20. This is an open meeting, and everyone is invited. Please come at 7 p.m. and bring some finger food. The group will furnish refreshments. The meeting will start at 8 p.m. Bring a candle and a holder of some kind. We'd love to have you attend.



## Important Intergroup Meeting January 20

The next Intergroup of WNC meeting will be held on January 20 at 2 p.m. at 161, Governor's View Road, Asheville. To those not familiar with Rod B's office address, here's how to find it: Travel south-west along Tunnel Road, as if you were traveling from the Tunnel toward Asheville Mall. When you see Pearlman's furniture store you'll notice the road divides—the Asheville Mall lies straight ahead, but take instead the left curve around Pearlman's and you'll be traveling still on Tunnel

Road (and also U.S. 70). Drive on until you come to a Shell Service station on your right. The Shell station stands on the corner of Tunnel Road and Governor's View Road. (On your left you will see the East Asheville Fire Station.) Well, you've arrived, really. Just past the Shell station you'll see a white house. It's at the very end of Governor's View Road. That's Number 161, and that's where the meeting will be held.

Park where you can—we'll be looking for you. And remember, although the address is 161 Governor's View Rd., you'd think it was on Tunnel Rd. because it's the last house in the block.

And if you're still confused, Bob V. has volunteered to remain in Intergroup's parking lot (at the corner of Woodfin Place and the Charlotte Street exit ramp off I.240) until 1.45pm in case you'd prefer to meet him there and follow him to the meeting.

If you need any further information, give Bob V. a call at Intergroup (1-800-287-5534).

It is important that all WNC Intergroup representatives attend the meeting. Among matters on the agenda will be the official announcement of Intergroup's new chairman, and, hopefully, the election of a new secretary and vice-chairman.

Other matters for discussion will concern all the many groups in Districts 70 and 80 (including news of the recent decision regarding District splitting).

All groups are urged to remind their Intergroup representatives to attend this important meeting.

## Twenty-Fourth TAR HEEL MID-WINTER CONFERENCE

January 25, 26, 27, 1991

North Raleigh Hilton & Convention Center  
Raleigh, North Carolina

### Tentative Program

January 24 — 8:00 p.m.  
Early Bird Meeting

January 25 — 8:00 p.m.  
KARL G.  
Johnston, OH

January 26 — 10:00 a.m.  
ROSE N.  
Laurel, MD

January 26 — 2:00 p.m.  
OLIVIA W.  
Midland, TX

January 26, 8:00 p.m.  
HAROLD W.  
Midland, TX

January 27 — 10:00 p.m.  
TOM W.  
Dana Point, CA

### Register Now!

#### Important Notice:

One nights room deposit required for all room reservations.

Mail hotel reservations and deposits to The North Raleigh Hilton.

Pre-Registration  
\$10.00

Register at Convention  
\$12.00

#### MID-WINTER CONFERENCE MAILING ADDRESS:

Conference Chairman  
P.O. Box 18412  
Raleigh, N.C. 27619

Early Bird Meeting Thursday  
January 24 at 8:00 p.m.



■ Plenty of Free Coffee

■ Outstanding Speakers

■ Saturday Night Dance (The Mickey Finn Band)



# Treasurer's Report



## CONTRIBUTIONS

Acceptance	\$60.00
Back to Basics	25.00
Black Mountain	88.00
Blue Ridge	25.00
Brevard	38.41
Cumberland	50.00
Day By Day	30.00
Fletcher	25.00
Grace (Oct-Nov)	60.00
Hendersonville	167.64
Leicester	25.00
Murphy	20.00
Ridgerunners	100.00
Serenity Service	40.00
Turning Point	10.00
Individual Members	13.00
<b>Total</b>	<b>777.05</b>

## EXPENSES

Rent - 107 Park Place	94.00
Phone - Basic Service	86.83
Answer Service	69.60

## EXPENSES (continued)

Postage	87.25
Printing Newsletter	84.50
Petty Cash	5.00
Special Workers - Coordinator	414.00
- Editor	46.00
Travel to Workshop	6.40
Literature	867.41
Chips	43.17
Bank Services	1.75
<b>Total</b>	<b>1805.91</b>

## SUMMARY

Balance 10-31-90	493.36
<u>Income</u>	
Contributions - Group	764.05
- Individual	13.00
Sales - Literature and Chips	780.00
<b>Total</b>	<b>1557.30</b>
 Sub-Total (Available)	 2052.66
<u>Expenses</u>	
Office	895.33
Literature	867.41
Chips	43.17
<b>Total</b>	<b>1805.91</b>
 Balance 11-30-90	 \$246.75

Mountain Doin's is your personal contact with other members in our area and with Intergroup of Western North Carolina. We encourage personal subscriptions as well

as group subscriptions to the newsletter. All you have to do is fill in the form below and mail it in with your check or money order to the address shown below.

## MOUNTAIN DOIN'S ORDER FORM

### MOUNTAIN DOIN'S ANNUAL SUBSCRIPTIONS

#### AA Groups

3 Copies	No Charge
5 Additional Copies	\$ 7.80 Per Yr.
10 Additional Copies	15.00 Per Yr.
15 Additional Copies	19.80 Per Yr.

#### Individual Members

Single Copy	\$ 10.00 Per Yr.
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Please circle which of the above you wish to receive and make out check or Money Order accordingly.

Subscription rates are subject to change dependent upon USPS rates.

Name \_\_\_\_\_

Group Reg No. \_\_\_\_\_

Street/POB No. \_\_\_\_\_

Town and ZIP \_\_\_\_\_

Clip and mail with check/M.O. to:

INTERGROUP OF WNC  
107 Park Place Offices  
70 Woodfin Place  
Asheville, N.C. 28801