

MOUNTAIN DOIN'S

Intergroup Newsletter

December 1990



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Readers' Forum

LIVE LETTERS

Where Things Happen in AA

I don't suppose I'm the only one who hears about the lousy job some of our officers do in our groups. "We're always running out of coffee," "What happened to those 'Where and When' lists that were on the table a few weeks ago?" "Can't buy a 'Twelve and Twelve' because we sold the last one on Sunday."

My experience is that the complainers are always those who never attend business meetings. And it's at the business meetings that things get done. That's where we elect new officers; confront our problems; decide who's going to do the jobs we're complaining about; address our complaints to the appropriate people."

My message—if you want to get things changed, go to the next Group business meeting. Become Involved. —AMc

AA Different Everywhere

I'm a newcomer to this area and one of the first things I did was look in the local paper for a listing of AA meetings. I now have a new "home group." And I'm settling in happily. Isn't it wonderful that, wherever you move to—wherever you visit—AA is always there to greet you.

Wherever you go, AA is different. Some have the chip system; some don't. Some are more religion oriented than others. Some end with the Lord's Prayer, some with the Serenity Prayer. But the message is still the same. And the friendship, the caring, the loving.

Thank God for AA.

—PP

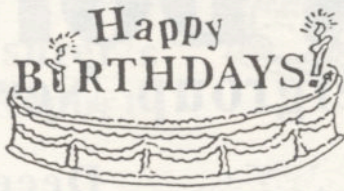
Editorial Commentary

A couple of months ago we were sunning ourselves at Myrtle Beach, scanning the weekly *USA Weekend*. On page 18 of the Sept. 28 issue we came upon an article entitled "No-buzz Brews." The subject was a discussion of the "non-alcoholic" beers on the market. It extolled the flavor of various top-selling brews and gave them high marks. Then, the article went on to explain that "technically these beverages can't be called beer, because they contain so little alcohol (less than .5%). That's the law.

But what the article didn't state was that just .5% alcohol is known to turn an alcoholic back to drinking.

A recent *Time* magazine full-page ad publicized the new brew with the heading: "Looks like a beer, smells like a beer, tastes like a beer." And then went on to add that the brew the company was introducing was a non-alcoholic brew.

Dr. Nicholas Pace, Medical Director of an alcoholism treatment center in New York City is reported to have stated that "a recovering alcoholic who drinks any of these products is playing with fire." He added that the brews pose a lethal threat to alcoholics taking antabuse.



Acceptance Group

Tim	12/7/77	13 years
Celia	12/15/88	2 years
Aly	12/24/88	2 years

Black Mountain Group

Kay G.	11/5/84	6 years
Edith P.	12/2/54	36 years
Mike M.	12/26/84	6 years
Karen C	12/23/87	3 years

Blue Ridge Group (Flat Rock)

Buck C.	12/26/72	18 years
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Grace Group (Asheville)

Doug M.	12/4/85	5 years
Nellie C.	10/28/84	6 years

Grace Group (Waynesville)

Harry D.	12/80	10 years
Marianne T.	12/11/89	1 year
Jack B.	12/14/88	2 years
Bill B.	12/15/88	2 years
Curley S.	12/31/87	3 years
Tom H.	12/31/88	2 years

Hendersonville Group

Tom H.	11/23/82	8 years
Dale N.	11/18/89	1 year
Ed G.	11/3/79	11 years
Woody O.	11/26/?	A Bunch!
Georgie G.	11/15/87	3 years
Darrell L.	11/18/88	2 years

Thursday Afternoon Ladies Group (Hendersonville)

Audrey R.		13 years
Lu Rae		2 years
Charlotte		19 years

Leicester Group

Nancy Jo.	11/14/87	3 years
Rick K.	11/15/89	1 year

Marion Group

Gene B.	8/25/81	9 years
James A.	11/6/84	6 years
Roger C.	8/7/89	1 year
Roger R.	8/9/88	2 years
Celia L.	12/15/88	2 years
Pete C.	9/15/78	12 years

Marshall Group

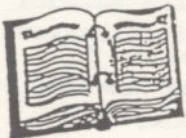
Anita P.	12/29/84	6 years
M.V.	12/3/78	12 years

Marsh Hill Group

Ruby H.	12/5/83	7 years
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Sylva Group

Barbara J.	12/2/85	5 years
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Calendar of Events

AA Spiritual Retreat. At Maggie Valley, November 30, December 1 and 2, 1990.

Cost—\$70 Private Room—all meals provided. For details, call:

Wayne 704-628-1635 (5:00 - 7:00 p.m.)

Mac 704-687-2324 (4:00 - 7:00 p.m.)

GSR Workshop. District 80 GSR Workshop will be held on Sunday, December 9, at 2:30 pm at the Presbyterian Church, Bryson City.

27th Annual National AA Women's Conference

To be held on February 14-17, 1991, at the Twin Towers Hotel, Orlando, FL.



Intergroup Phone Log

10/8/90--11/2/90

Answering Service Calls	140
General Information	11
AA Help	18
Family Help (Al-Anon)	13
Meeting Information	25
Intergroup Business	38
Others	25
Visitors to Office	28

Intergroup Meeting Minutes

The Third Quarterly Intergroup Meeting of Western Carolina was held on October 14, 1990, at Highlands, NC., following the 80th District "Eatin' Meeting." Attending were:

Ken F., I.G. Chairman, Black Mountain; Bob V., Coordinator; Gene B.H., District 80 DCM; Hub S., Cashiers "Serenity"; Gail A., Midday Group; Nancy Jo B., Leicester Group; Tom M., Hendersonville Group; Charles A., Waynesville Group; Alan W., *Mountain Doin's* Editor; Bill F., Black Mountain Group; and Rod B. Trustee.

Minutes of the July meeting were read and approved. The Treasurer's report was read and approved. The current balance reflects the new printing of *Where and When*, and the balance and reserve are not up to "prudent reserve" needs. No new directories will be printed until March or April.

Our directory has been donating approximately one-eighth of the printed space to Al Anon for announcement of their meetings. This topic has been in abeyance since January, and is now referred to the Steering Committee, to inform Al Anon that this space is needed for AA meeting announcements, as the number of meetings has escalated.

An exhaustive search for a Treasurer has been pursued and will continue. Any volunteers should contact the Intergroup Office, and all names will be gratefully reviewed and considered.

Alan W., Editor of *Mountain Doin's*, suggested that the new Intergroup 800 number be published in succeeding issues, and the decision was made that repetition for the next six months would be in order. All information (except for member contributions) should be in the Editor's hands by the 5th of each month for publication on the 15-20 of each month. Each DCM should notify the Editor of forthcoming committee meetings.

Bob V., Coordinator, investigated possible use of 2nd Class mailing privileges for the newsletter, and it was decided that this was not feasible. He announced that the price of literature is going up on the first of the year; the office may suffer a loss on pamphlets but will try to absorb the loss on these

gratis leaflets. It was discussed whether contributions might increase as the literature price goes up. The Coordinator will order 10 copies (at \$6 per year) of Box 459, after a motion to that effect was made and passed.

A Trustee from District 80 needs to be appointed. Representatives will please notify the Secretary of qualified applicants, who should be former Chairmen or members of long-standing sobriety.

The following appointments were made, according to Article VIB2, Art. of Assn. STEERING: Margie C., Jim H., Laura J.; PUBLIC INFO. & PROMOTION: Nancy Jo B., Alan W.; FINANCE: Cindy P., Robert R., Bob B. Additional appointments will be made at the January, 1991, meeting:

Respectfully submitted, Laura F., Sec



Fellowship News

New Meeting. A new open discussion meeting has begun in the Kiwanis Building, Old Fort, NC., on Saturdays at 8 p.m. The meeting is sponsored by the Marion Group. The Kiwanis Building is across from the Police Station.

Celebration. The Black Mountain Group celebrates its annual candlelight dinner on Thursday, December 20. This is an open meeting, and everyone is invited. Please come at 7 p.m. and bring some finger food. The group will furnish refreshments. The meeting will start at 8 p.m. Bring a candle and a holder of some kind. We'd love to have you attend.

P.I.P.C.P.C. A new committee has been formed for the Public Information Cooperation with Professional Community of Highway County officers for Haywood County. Committee members are: Tracy L., Chairperson; Cindy D., Secretary; Jill B., Treasurer. The next meeting will be held on November 19, 1990, at 6:30 p.m., at Lake Junaluska, Lake Group.

Intergroup's new 800 number

If you live outside Buncombe County dial Intergroup free: 1-800-287-5543

Treasurer's Report



Erratum, September 1990 Report:

SUMMARY, Income, following Individual Contributions, insert:

Sales - Lit. & Chips \$497.86

CONTRIBUTIONS

Acceptance	60.00
Black Mountain	35.00
Brevard	28.00
Canton Easy Does It	50.00
Clyde	50.00
Cumberland	50.00
Fletcher	25.00
Franklin	30.00
Hendersonville	104.87
Intergroup Meeting	15.00
Maggie	20.00
Marshall	15.00
Midday	135.00
Sapphire-Lake Toxaway	80.00
Serenity Service	40.00
Sylva	25.00
Sylvan Valley	30.00
Traditional	126.46
Tuesday Afternoon Ladies	50.00
Turning Point	10.00
Waynesville Grace	25.00

CONTRIBUTIONS (continued)

West Asheville	35.00
Individual Members	11.54
Total	1050.87

EXPENSES

Rent - 107 Park Place Meeting Room	94.00
Phone - Basic Service	136.10
Answer Service	65.40
Postage	39.15
Office Supplies	14.51
Meeting Supplies	5.00
Printing - Newsletter	84.50
Special Workers - Coord.	422.00
Editor	46.00
Literature - Publications	382.30
P.O. Box 459 (Sub)	6.00
Chips	104.55
Bank Services	2.00
Transfer to Reserve	299.30
Total	1710.81

SUMMARY

Balance 9-30-90	474.67
Income	
Group Contributions	1039.33
Individual Contributions	11.54
Sales - Lit. & Chips	680.63
Total	1731.50
Sub-Total (Available)	2206.17
Expenses	
Office	918.66
Literature	388.30
Chips	104.55
Transfer to Reserve	299.30
(Bal. 10-19-90: \$1206.93)	
Total	1710.81
Balance 10-31-90	\$ 495.36

MOUNTAIN DOIN'S ORDER FORM

MOUNTAIN DOIN'S ANNUAL SUBSCRIPTIONS

AA Groups

3 Copies	No Charge
5 Additional Copies	\$ 7.80 Per Yr.
10 Additional Copies	15.00 Per Yr.
15 Additional Copies	19.80 Per Yr.

Individual Members

Single Copy	\$ 10.00 Per Yr.
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Name _____

Group Reg No. _____

Street/POB No. _____

Town and ZIP _____

Please circle which of the above you wish to receive and make out check or Money Order accordingly.
Subscription rates are subject to change dependant upon USPS rates.

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